

CORINNE BURTON MEMORIAL TRUST

England & Wales · Charity number 1015586

Details

Status Registered

Legal form Trust

Registered 1992-12-04

Register [View on the Charity Commission register](#)

Contact

Address Parker Cavendish
28 Church Road
Stanmore
HA7 4XR

Phone 02089542727

Email hello@corinneburtonmemorialtrust.com

Activities

Objects: A.THE PROMOTION OF MEDICAL RESEARCH AND IN PARTICULAR RESEARCH INTO THE CAUSES OF AND A CURE FOR CANCER AND SIMILAR DISEASES.B.THE PROMOTION OF EDUCATION AND IN PARTICULAR THE PROVISION OF FINANCIAL ASSISTANCE TOWARDS THE PROVISION OF FACILITIES AND EQUIPMENT AND THE DEVELOPMENT OF THE TEACHING OF ART IN SCHOOLS AND COLLEGES IN THE UNITED KINGDOM AND ABROAD AND THE CREATION OF SCHOLARSHIPS OR BURSARIES OR PRIZES TO BE AWARDED AT SUCH SCHOOLS AND COLLEGES

Activities: Funding of arts therapy for cancer patients.

Classification

- **How:** Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** Other Defined Groups

Geography

- **Area of benefit:** UNITED KINGDOM AND ABROAD
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£46,501	£49,215	-	-
2023-12-31	£71,107	£43,727	-	-
2022-12-31	£32,858	£32,813	-	-
2021-12-31	£30,815	£40,387	-	-
2020-12-31	£46,287	£10,994	-	-

Trustees

Name	Role	Appointed
SIR MICHAEL JOHN BURTON	Chair	
Josephine Fleur Burton		2026-06-01
Joshua Daniel March Cowan		2019-01-26
Judith Frances Kasriel		2014-06-12
LAURENCE STEPHEN BRASS		
LORNA LEE COHEN		
MR JEREMY BARD		
NORMAN ANTHONY LEIFER		

CORINNE BURTON MEMORIAL TRUST

England & Wales - Charity number 1015586

Accounts

**CORINNE BURTON
MEMORIAL TRUST**

A Charitable Trust

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

For the year ended 31 December 2024

CORINNE BURTON MEMORIAL TRUST

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CORINNE BURTON MEMORIAL TRUST

TRUST INFORMATION

Trustees

Sir Michael John Burton
Laurence Stephen Brass
Norman Anthony Leifer
Lorna Lee Cohen
Jeremy Bard
Judith Frances Kasriel
Joshua Daniel March Cowan

Charity Number 1015586

Principal Address

Suite 301 Stanmore Business and Innovation Centre
Howard Road
Stanmore
Middlesex
HA7 1FW

Accountants/

Independent Examiner

Parker Cavendish
Suite 301 Stanmore Business and Innovation Centre
Howard Road
Stanmore
Middlesex
HA7 1FW

Principal Bankers

Barclays Bank plc
160 Piccadilly
London W1A 2AB

Who we are, and what we do

The Corinne Burton Memorial Trust (CBMT) is the only charity in the UK dedicated exclusively to advancing the practice of Art Psychotherapy in cancer care. The Trust was founded in 1992 by Sir Michael Burton, in memory of his wife Corinne, an artist and illustrator whose own experience of art during her illness inspired this legacy. For more than thirty years, CBMT has pioneered and sustained the role of art therapy in cancer care, helping thousands of patients across the UK.

Our work is built around three pillars:

- **Funding art therapist posts in NHS hospitals:** including long-standing support at St Bartholomew's Hospital (Barts), and recent expansion to Whipps Cross, the Royal London, Homerton University Hospital, and the Western General Hospital in Edinburgh.
- **Scholarships at Goldsmiths, University of London:** enabling the training over 30 art psychotherapists who have gone on to work in hospitals, hospices, and cancer centres across the UK. The Trust also funds two years of post-graduation employment, ensuring new therapists gain frontline experience with cancer patients.
- **Supporting research and professional development:** we have supported academic and professional development through the publication of seminal texts (including 'Something Understood: Art Therapy in Cancer Care' by Camilla Connell and 'Art Therapy in Cancer Care', by Prof Diane Waller and Caryl Sibbett) and funding of clinical research into art therapy for cancer care.

Cancer patients often face profound psychological distress alongside their physical treatment. Art therapy provides immediate relief, insight, and resilience—especially for those less responsive to traditional talking therapies. It enables patients to express what cannot always be spoken, to process trauma, and to rediscover connection, purpose, and creativity during the most difficult of times.

CBMT is also committed to equity, diversity, and inclusion (EDI). Cancer affects people from all communities, and our free art therapy services ensure access regardless of background, demographics, or financial means. We strive to reach underserved and underrepresented groups, ensuring that all patients facing cancer have the opportunity to benefit from art therapy.

"I always look forward to therapy sessions as I always come out feeling like a weight had been taken off my back. What I tell my therapist always feels valued and this makes me feel valued. The sessions also make it easier to understand some of my feelings." - Patient A, after an Art Therapy session

Our Impact

Cancer is a devastating illness, affecting around 367,000 new patients every year in the UK. It is often a physically debilitating disease and there is a strong link between cancer diagnosis and increased depression and anxiety for patients.

- At Barts Health NHS Trust, CBMT's long-standing support has helped deliver thousands of art therapy sessions. Since 1992, we have delivered more than 6,500 art therapy sessions for thousands of cancer patients at Barts alone. Patient outcomes show significant reductions in anxiety and depression scores, with feedback describing art therapy as "vital" to their ability to cope with cancer treatment.
- Supporting NHS staff as well as patients. CBMT-funded art therapists lead reflective practice and clinical discussion groups, helping nurses and doctors manage the emotional toll of working in cancer care. Research conducted at Barts—the first art therapy clinical trial of its kind in Europe—demonstrated that six weeks of group art therapy significantly reduced burnout, stress, anxiety and depression among healthcare professionals.

"I have found art therapy-based workshops and groups to be well placed to support and replenish healthcare professionals. They facilitate connection, reflection, meaning-making; they sustain empathy and foster resilience. The pro-active, self-determining nature of art-making is an invaluable relief in the face of systemic issues that feel beyond their control to change."

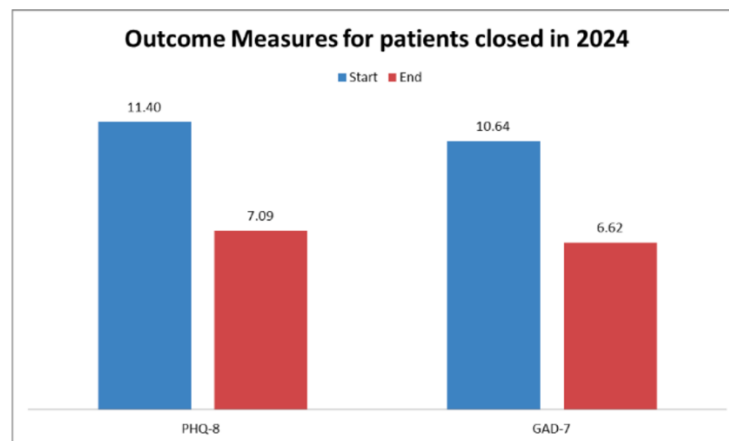
- Megan Tjasink, former Corinne Burton Art Therapist at Barts

Evaluating our work

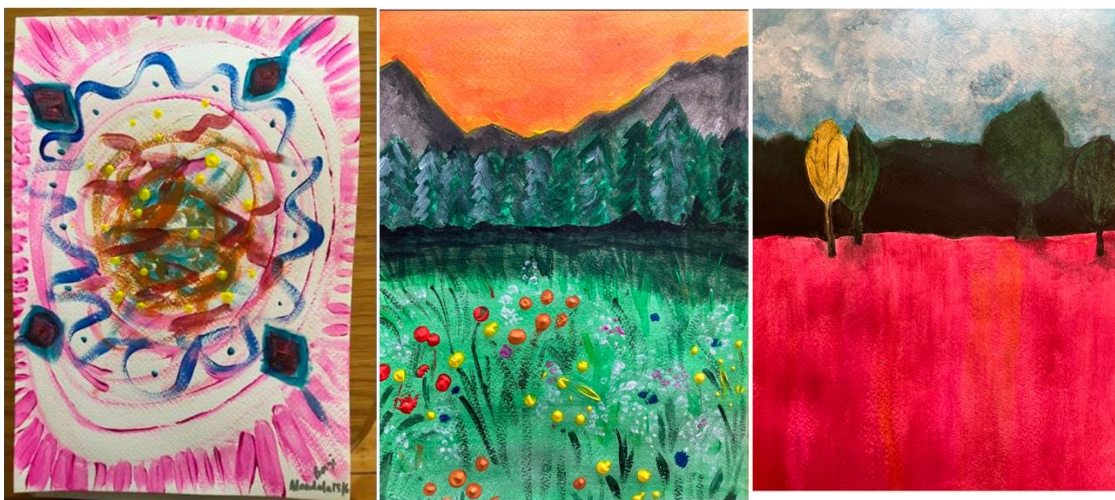
Robust evaluation is central to our mission. Art therapists supported by CBMT use the same outcome measures as NHS Cancer Alliance UK, including the GAD-7 and PHQ-8 psychometric scales to track changes in anxiety and depression.

Patients typically present with scores indicating clinical levels of distress. After 4–6 sessions of art therapy, scores consistently fall back into the normal range—a demonstrable therapeutic benefit. In 2024, patient outcomes at Barts again showed strong improvements, with reductions in both anxiety and depression across the service.

Alongside quantitative measures, we gather rich qualitative feedback. Patients repeatedly describe art therapy as offering “a place of control” in a medical environment where they otherwise feel powerless. Healthcare staff report that art therapy workshops help them “sustain empathy and foster resilience,” enabling them to better care for patients while safeguarding their own wellbeing.



Below are examples of pieces created by patients at Barts during art therapy sessions in 2024.



“My art therapy sessions became a part of my treatment that I had some kind of control over and that had some kind of respect for me. The session was a place where I could take my anger and anxieties and self-pity and guilt and cancer comedy and treatment horror stories to feel however I needed to. I was free to feel how I wanted.”

- A patient’s account of her art therapy sessions.

Our Plans

Looking ahead, CBMT is committed to expanding access to art therapy for cancer patients and their families across the UK.

- Expansion in North East London. Following success at Barts, Whipps Cross, and the Royal London, CBMT is now launching a new art therapist post in partnership with Homerton University Hospital NHS Foundation Trust and Barking, Havering and Redbridge University Hospitals NHS Trust (Queens Hospital). The role will initially be funded for one day per week, with a goal of increasing to two days as further funds are raised.
- Sustaining Edinburgh’s pioneering teenage and young adult service. With initial setup made possible by a CBMT scholarship, and continuation supported by the National Lottery, we aim to secure ongoing funding to embed this innovative programme long-term.
- Investing in future therapists. We will continue to fund new scholarships at Goldsmiths, ensuring a pipeline of highly skilled art therapists dedicated to cancer care.
- Building on national recognition. The visibility gained through our Buckingham Palace showcase offers a platform to deepen partnerships with hospitals, funders, and policymakers, ensuring art therapy becomes a standard part of cancer care provision nationwide.

Through these plans, CBMT will reach more patients, support more staff, and extend Corinne Burton’s legacy of healing through creativity.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2024

The Trustees present their report with the financial statements of the charity for the year ended 31 December 2024

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Status and objectives

The Trust was created by a Deed dated 24 November 1992 ("the Trust Deed") in memory of the late Corinne Burton and is a registered charity no. 1015586. It is governed by the Trust Deed and by the Charities Act 2011.

The Trustees have unrestricted powers to apply the trust funds towards the charitable objectives set out in the Trust Deed.

The main object which the Trust pursues is the funding of art therapy, and the training of art therapists, for cancer patients.

There have been no changes in the policies adopted by the Trust during the year.

In January 2019 the Trust Deed was amended such that the total number of Trustees shall not exceed nine.

Results, Activities and Review of the Year

Incoming Resources

The excess of incoming resources as against resources expended in the year is shown on page 8.

Total incoming resources amounted to £46,501 as compared with £71,107 the previous year.

Interest receivable and similar income amounted to £1,311 as compared with £818 for the previous year.

Resources Expended

Total expenditure in the year amounted to £49,215 an increase of £5,488 on the previous year.

Direct charitable expenditure (net of write backs) included in the above amount totalled £40,525, an increase of £4,929 on the previous year's amount.

It is the usual policy of the Trustees to make awards from the accumulated unrestricted fund only, and to write back any provisions to this fund where a write back is deemed necessary.

Assets and Liabilities

The Statement of Financial Position on page 10 of the financial statements shows the financial position of the Trust as at 31 December 2024

Total assets exceeded total liabilities by £36,629 which is represented by the accumulated balances on both capital and income funds. The net assets of the Trust are held in order to meet the Trust's operating expenses, if any, and also to be applied towards the Trust's charitable objectives.

The Trust has made future commitments with regards to the funds held as shown in notes 6 and 7 on page 12.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2023 (CONTINUED)

Trustees and Administration

The trustees of the Trust are listed on page 1. The power of appointing new or additional trustees is vested in the settlor, Sir M J Burton. An additional trustee may be appointed at any time but so that the total number of the trustees shall at no time exceed nine.

The Trust's objectives are met in such proportion and manner as the trustees shall in their absolute discretion from time to time determine.

The Trust has no employees. The day to day administration of the Trust is dependent on the services provided by the trustees.

This report was approved by the trustees on 30 September 2025 and signed on their behalf by

..... Sir Michael John Burton

..... Laurence Stephen Brass

..... Norman Anthony Leifer

..... Lorna Lee Cohen

..... Jeremy Bard

..... Judith Frances Kasriel

..... Joshua Daniel March Cowan

Independent Examiner's Report to the Trustees of The Corinne Burton Memorial Trust

I report to the charity trustees on my examination of the accounts of The Corinne Burton Memorial Trust (the Trust) for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mervyn Beth FCCA
Parker Cavendish
Chartered Accountants
Suite 301 Stanmore Business and Innovation Centre
Howard Road
Stanmore
Middlesex
HA7 1FW

Date: 30 September 2025

CORINNE BURTON MEMORIAL TRUST

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2024**

		Unrestricted Income Fund	
	NOTES	2024 £	2023 £
INCOMING RESOURCES			
General donations and Activities (net)	3	45,190	69,283
Bank deposit interest received (gross)		1,311	818
Tax refunds		-	1,006
		<hr/>	<hr/>
TOTAL INCOMING RESOURCES		46,501	71,107
		<hr/>	<hr/>
RESOURCES EXPENDED			
Cost of Generating Funds			
Activity and fundraising costs		7,370	6,811
Charitable Expenditure			
Donations and grants- Less written back	4	40,525	35,596
Governance costs	5	1,320	1,320
		<hr/>	<hr/>
TOTAL RESOURCES EXPENDED		49,215	43,727
		<hr/>	<hr/>
NET MOVEMENTS IN FUNDS		(2,714)	27,380
INCOME FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2024		39,243	11,863
		<hr/>	<hr/>
INCOME BALANCE CARRIED FORWARD AT 31 DECEMBER 2024		36,529	39,243
		<hr/> <hr/>	<hr/> <hr/>
CAPITAL FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2024 AND CARRIED FORWARD AT 31 DECEMBER 2024		100	100
		<hr/> <hr/>	<hr/> <hr/>

CORINNE BURTON MEMORIAL TRUST

**STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2024**

	Notes	2024 Unrestricted Fund £	2023 Unrestricted Fund £
CURRENT ASSETS			
Cash at bank		131,141	129,660
Debtors	8	-	1,006
		-----	-----
		131,141	130,666
Creditors: Amounts falling due within one year	6	(39,633)	(47,056)
		-----	-----
NET CURRENT ASSETS		91,508	51,657
		-----	-----
Creditors: Amounts falling due after more than one year	7	(54,879)	(44,267)
		-----	-----
NET ASSETS		36,629	39,343
		=====	=====
TRUST FUNDS			
CAPITAL FUND: expenditure endowment		100	100
INCOME FUND: unrestricted		36,529	39,243
		-----	-----
		36,629	39,343
		=====	=====

Approved by the Trustees on 30 September 2025

..... Sir Michael John Burton Laurence Stephen Brass
..... Norman Anthony Leifer Judith Frances Kasriel
.....Lorna Lee Cohen Jeremy Bard
..... Joshua Daniel March Cowan	

The notes on pages 11 and 12 form an integral part of these financial statements.

CORINNE BURTON MEMORIAL TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

The financial statements of the charity which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard applicable in the UK and Republic of Ireland EFA, and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirements of Section 7 Statement of Cash Flows;

The requirement of Section 3 Financial Statement Presentation paragraph 3.17(d);

The requirements of Section 11 Financial Instruments paragraphs 11.41(b), 11.41(c), 11.41(e), 11.41(f), 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);

The requirements of Section 12 Other Financial Instruments paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;

The requirement of Section 33 Related Party Disclosures paragraph 33.7.

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year/period, and also have been consistently applied within the same accounts.

b) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policy is applied to particular categories of income:

Donations received are accounted for on a receivable basis and, where appropriate, include tax deducted at source which is recoverable by the Trust.

c) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates

Donations and grants made during the year have been fully provided in the accounts where amounts have been made covering more than one year.

d) Taxation

The charity is exempt from tax on its charitable activities

**CORINNE BURTON MEMORIAL TRUST
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024 (CONTINUED)**

2. FUND ACCOUNTING

The unrestricted income fund consists of funds to be used for the purpose of meeting the Trust's charitable objectives and the ongoing overheads of the Trust.

The capital endowment fund is attributable to the original amount settled on the charity. Under the terms of the Deed of Settlement, the endowment is expendable at the discretion of the Trustees on expenditure which meets the charitable objectives of the Trust.

3. GENERAL DONATIONS RECEIVED

General donations include donations received from the following:

City Bridge Foundation
Invesco Cares
Hedley Foundation
Green Hall Foundation
All Aboard
Albert Hunt Trust
Postcode Society Trust
London Catalyst
Pauline and Harold Berman Trust
Julius Silman Charitable Trust

4. DONATIONS AND GRANTS	2024	2023
	£	£
a) Goldsmiths' College		
Donation to cover the cost of art Therapy studentships ('The Corinne Burton Art Therapy Studentships')	21,868	19,999
b) St Bartholomew's Hospital (Barts),		
Donation to cover the cost of an art therapist (‘The Corinne Burton Art Therapist’)	<u>18,657</u>	<u>15,597</u>
	40,525	35,596
5. GOVERNANCE COSTS	<u> </u>	<u> </u>
Accountancy fees	1,320	1,020
6. CREDITORS:	<u> </u>	<u> </u>
Amounts falling due within one year		
Provision for charitable commitments	39,178	46,783
Accrued expenses	455	455
	<u> </u>	<u> </u>
	39,633	47,238
7. CREDITORS:	<u> </u>	<u> </u>
Amounts falling due after more than one year		
Provision for charitable commitments	55,732	39,694
	<u> </u>	<u> </u>
8. DEBTORS:		
Tax refunds	<u> </u>	<u> </u>

CORINNE BURTON MEMORIAL TRUST

England & Wales - Charity number 1015586

Accounts

**CORINNE BURTON
MEMORIAL TRUST
A Charitable Trust
TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**
For the year ended 31 December 2023

CORINNE BURTON MEMORIAL TRUST

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CORINNE BURTON MEMORIAL TRUST

TRUST INFORMATION

Trustees

Sir Michael John Burton
Laurence Stephen Brass
Norman Anthony Leifer
Lorna Lee Cohen
Jeremy Bard
Judith Frances Kasriel
Joshua Daniel March Cowan

Charity Number 1015586

Principal Address

28 Church Road
Stanmore
Middlesex HA7 4XR

Accountants/

Independent Examiner

Parker Cavendish
28 Church Road
Stanmore
Middlesex HA7 4XR

Principal Bankers

Barclays Bank plc
160 Piccadilly
London W1A 2AB

Who we are, and what we do

The Corinne Burton Memorial Trust (CBMT) is the only charity in the UK that supports the practice of Art Psychotherapy for cancer care. We have played a fundamental role in the development of this field through several initiatives; by contributing to the funding of art therapist positions at hospitals (currently, St Bartholomew's Hospital in London, referred to hereafter as "Barts"), the publication of materials and books, and the funding of a scholarship at Goldsmiths, University of London, for new art therapists specialising in cancer care. CBMT also provides funds to the scholarship recipients for another two years after graduating, towards them working at hospitals or hospices, as qualified art therapists, delivering services to cancer patients.

Receiving a diagnosis of cancer is a deeply distressing event. While traditional psychotherapy is a useful tool, it is usually used on a longer-term basis. Sadly, many cancer patients cannot be guaranteed any kind of 'longer term'. Art therapy gives an immediate psychotherapeutic benefit, playing a powerful role in giving patients both insight and an additional will to fight. It is an especially important tool for patients resistant to traditional psychological therapy (such as young men, who often turn down other forms of support). Cancer is a devastating illness. It can be physically debilitating, meaning patients lose the ability to do the things they could before. This can lead to depression, anxiety, and deep feelings of loneliness. Art therapy enables patients to re-engage creatively, helping them find new ways of connecting with their purpose and the people around them.

"I always look forward to therapy sessions as I always come out feeling like a weight had been taken off my back. What I tell my therapist always feels valued and this makes me feel valued. The sessions also make it easier to understand some of my feelings." - Patient A, after an Art Therapy session

Art therapy is recognised as expanding the options for communicating and giving back patients their motivation. It is an adaptive, evidence-based approach that provides psychological support to patients who otherwise may not be suitable for other talking-based therapies. Each session takes them out of their clinical setting and helps them to reconnect with themselves, and process what they are experiencing.

Without CBMT, there would not be a legacy of Art Therapy at Barts hospital, which sits within the largest NHS trust in the UK and covers some of London's most economically deprived areas. Our financial support has enabled specialist help for cancer patients, some of whom might otherwise not have accessed any psychological support.

Our Impact

Since our founding, CBMT has provided scholarships to more than 30 Art Psychotherapy students through Goldsmiths. They have gone on to help thousands of cancer sufferers across the country. As a result of our financial contribution to the art therapist position at Barts or at other hospitals and hospices, there have been more than 6,500 art therapy sessions delivered at Barts alone in the past fifteen years. Many patients have written directly to the Trust with their appreciation.

"If it wasn't for CBMT there wouldn't be art therapy at Barts; there wouldn't be the research that is happening on art therapy, and the work with the doctors and nurses at Barts wouldn't be happening either."

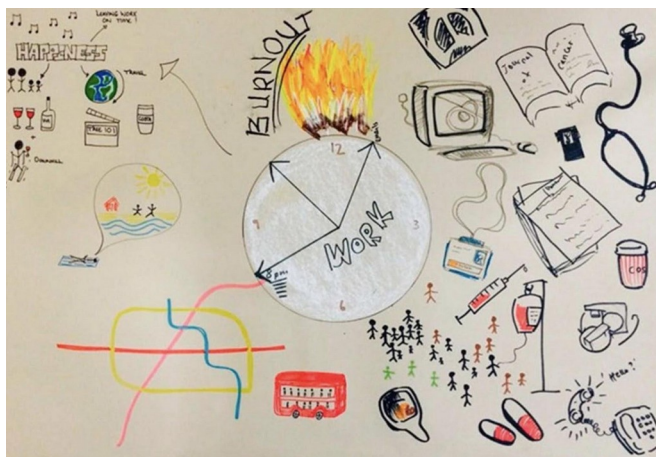
- Megan Tjasink former Corinne Burton Art Therapist at Barts

Thanks to the generous grants and donations we have received, including in the last year donations from the Dyna & Fala Weinstock Charitable Trust, The D'Oyly Carte Charitable Trust, The Hospital Saturday Fund, National Lottery - Awards for All, J.Leon, the Pauline and Harold Berman Charitable Trust, The St. James's Place Charitable Foundation, and the March-Henderson Trust, we were able to continue and expand our work.

In 2023 the CBMT art therapists delivered over two hundred and thirty-five art therapy sessions to cancer patients, a majority of which were conducted as video or phone outpatient sessions, with around a quarter delivered face to face on Barts wards.

In addition to their work with patients, the CBMT art therapists also continued their work helping to support hospital staff, who continue to face intense stress and pressure from the pandemic. Nine out of ten staff members report that their art therapy sessions had a positive effect on their personal well-being and their approach to work, with ten out of ten

reporting that the sessions successfully helped them relax and avoid burnout.



A piece produced by one of the doctors in the pilot study during an art therapy session.

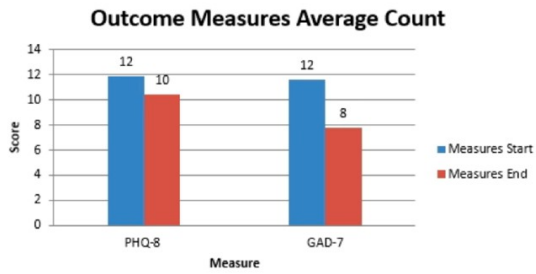
"I have found art therapy-based workshops and groups to be well placed to support and replenish healthcare professionals. They facilitate connection, reflection, meaning-making; they sustain empathy and foster resilience. The pro-active, self-determining nature of art-making is an invaluable relief in the face of systemic issues that feel beyond their control to change."

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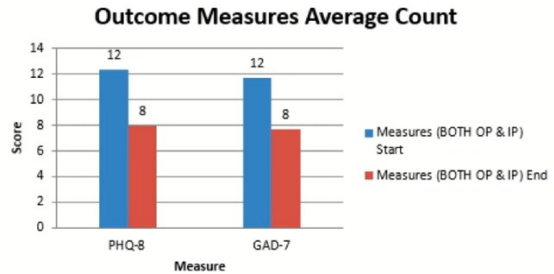
Evaluating our work

The art therapists at Barts evaluate the impact and outcomes of their sessions using the same measures as applied by NHS Cancer Alliance UK. A patient's anxiety and depression levels are measured at the start and then again at the end of a course of art therapy.

The impact of therapy is assessed using the GAD 7 and PHQ 8 psychometric scales, which measure patient anxiety and depression. The average scores of patients before art therapy are outside the normal range, meaning these patients would be considered to have anxiety or depression disorders. After the art therapy programme (usually 4-6 sessions) their average scores are reduced significantly, into the normal range, a huge therapeutic benefit for patients. In 2023, outcomes for patients improved over 2022 and previous years:

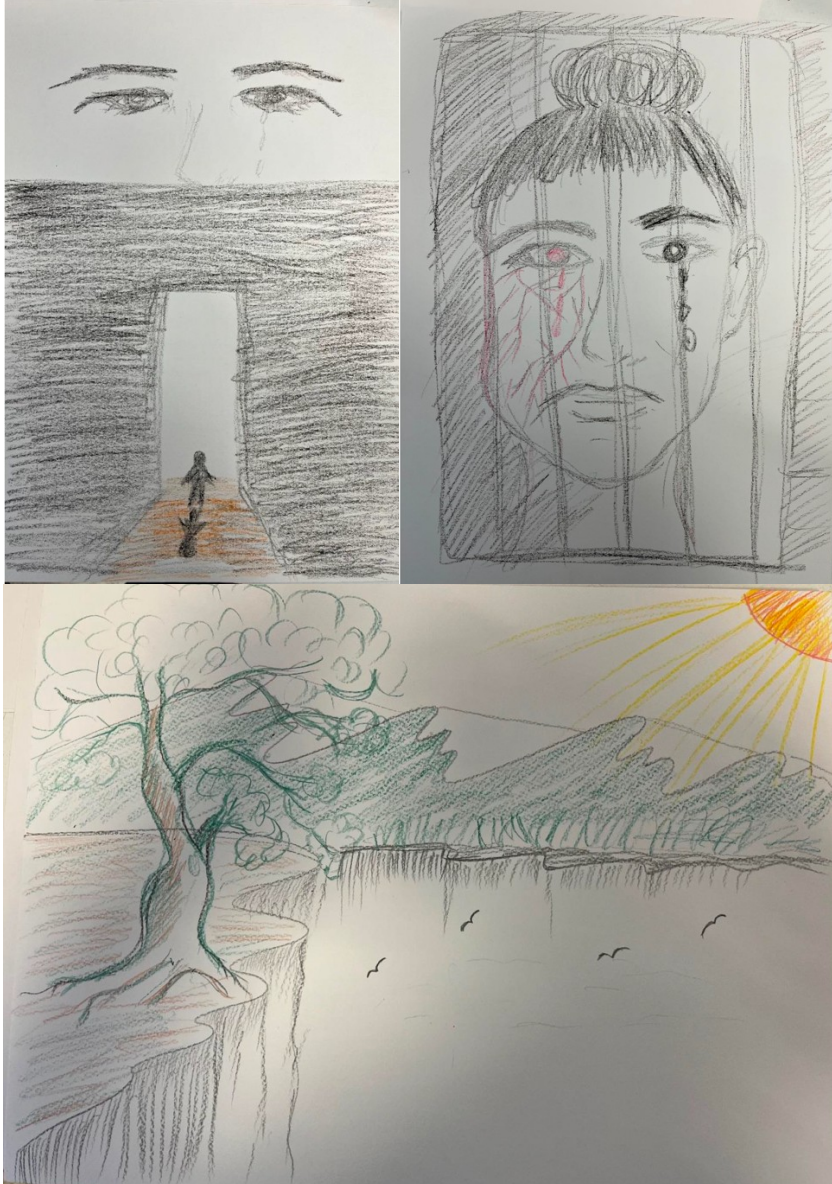


2022 outcomes



2023 outcomes

Below are examples of pieces created by patients at Barts during art therapy sessions in 2023.



"My art therapy sessions became a part of my treatment that I had some kind of control over and that had some kind of respect for me. The session was a place where I could take my anger and anxieties and self-pity and guilt and cancer comedy and treatment horror stories to feel however I needed to. I was free to feel how I wanted."

- A patient's account of her art therapy sessions.

Our Plans

The Trust feels very proud of the students and alumni of the Goldsmiths art therapy course and the practitioners at Barts and other hospitals and hospices, who have been the recipients of its funding for over 30 years, of the marvellous work they have done, and care they have given.

As a result of the positive impact of our work at the Bart's Trust, there has been a growth in demand for our services. To meet this demand we are increasing the provision of Art Therapy across Bart's Trust hospitals (including an expansion to Whipps Cross Hospital in Leytonstone) by funding additional art therapists, helping to reach more underserved patients and to alleviate suffering of those in need.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees present their report with the financial statements of the charity for the year ended 31 December 2023.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

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Results, Activities and Review of the Year

Incoming Resources

The excess of incoming resources as against resources expended in the year is shown on page 8.

Total incoming resources amounted to £71,107 as compared with £32,858 the previous year.

Interest receivable and similar income amounted to £818 as compared with £25 for the previous year.

Resources Expended

Total expenditure in the year amounted to £43,727 an increase of £10,914 on the previous year.

Direct charitable expenditure (net of write backs) included in the above amount totalled £35,596, an increase of £9,077 on the previous year's amount.

It is the usual policy of the Trustees to make awards from the accumulated unrestricted fund only, and to write back any provisions to this fund where a write back is deemed necessary.

Assets and Liabilities

The Statement of Financial Position on page 10 of the financial statements shows the financial position of the Trust as at 31 December 2023

Total assets exceeded total liabilities by £39,343 which is represented by the accumulated balances on both capital and income funds. The net assets of the Trust are held in order to meet the Trust's operating expenses, if any, and also to be applied towards the Trust's charitable objectives.

The Trust has made future commitments with regards to the funds held as shown in notes 6 and 7 on page 12.

CORINNE BURTON MEMORIAL TRUST
TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2023 (CONTINUED)

Trustees and Administration

The trustees of the Trust are listed on page 1. The power of appointing new or additional trustees is vested in the settlor, Sir M J Burton. An additional trustee may be appointed at any time but so that the total number of the trustees shall at no time exceed nine.

The Trust's objectives are met in such proportion and manner as the trustees shall in their absolute discretion from time to time determine.

The Trust has no employees. The day to day administration of the Trust is dependent on the services provided by the trustees.

This report was approved by the trustees on 4 September 2024 and signed on their behalf by

- Sir Michael John Burton
- Laurence Stephen Brass
- Norman Anthony Leifer
- Lorna Lee Cohen
- Jeremy Bard
- Judith Frances Kasriel
- Joshua Daniel March Cowan

**Independent Examiner's Report to the Trustees of
The Corinne Burton Memorial Trust**

I report to the charity trustees on my examination of the accounts of The Corinne Burton Memorial Trust (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mervyn Beth FCCA

Parker Cavendish

Chartered Accountants

28 Church Road

Stanmore

Middlesex

HA7 4XR

Date: 4 September 2024

**CORINNE BURTON MEMORIAL TRUST
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023**

		Unrestricted Income Fund		
		NOTES	2023	2022
			£	£
INCOMING RESOURCES				
General donations and Activities (net)	3		69,283	32,052
Bank deposit interest received (gross)			818	25
Tax refunds			1,006	781
			_____	_____
TOTAL INCOMING RESOURCES			71,107	32,858
			_____	_____
RESOURCES EXPENDED				
Cost of Generating Funds				
Activity and fundraising costs - less refunds			6,811	5,274
Charitable Expenditure				
Donations and grants- Less written back	4		35,596	26,519
Governance costs	5		1,320	1,020
			_____	_____
TOTAL RESOURCES EXPENDED			43,727	32,813
			_____	_____
NET MOVEMENTS IN FUNDS			27,380	45
INCOME FUND BALANCE BROUGHT FORWARD				
AT 1 JANUARY 2023			11,863	11,818
			_____	_____

INCOME BALANCE CARRIED FORWARD

AT 31 DECEMBER 2023

39,243

11,863

CAPITAL FUND BALANCE

BROUGHT FORWARD AT 1 JANUARY 2023

AND CARRIED FORWARD AT 31 DECEMBER 2023

100

100

CORINNE BURTON MEMORIAL TRUST

STATEMENT OF FINANCIAL POSITION

AS AT 31 DECEMBER 2023

		2023	2022
		Unrestricted	Unrestricted
		Fund	Fund
	Notes	£	£
CURRENT ASSETS			
Cash at bank		129,660	98,895
Debtors	8	1,006	-
		-----	-----
		130,666	98,895
Creditors: Amounts falling due			
within one year	6	(47,056)	(47,238)
		-----	-----
NET CURRENT ASSETS		83,610	51,657
		-----	-----
Creditors: Amounts falling due after			
more than one year	7	(44,267)	(39,694)
		-----	-----
NET ASSETS		39,343	11,963
		=====	=====
TRUST FUNDS			
CAPITAL FUND: expenditure endowment		100	100
INCOME FUND: unrestricted		39,243	11,863
		-----	-----
		39,343	11,963
		=====	=====

Approved by the Trustees on 4 September 2024

..... Sir Michael John Burton

..... Norman Anthony Leifer

..... Lorna Lee Cohen

..... Joshua Daniel March Cowan

..... Laurence Stephen Brass

..... Judith Frances Kasriel

..... Jeremy Bard

The notes on pages 11 and 12 form an integral part of these financial statements.

CORINNE BURTON MEMORIAL TRUST
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

The financial statements of the charity which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard applicable in the UK and Republic of Ireland EFA, and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirements of Section 7 Statement of Cash Flows;

The requirement of Section 3 Financial Statement Presentation paragraph 3.17(d);

The requirements of Section 11 Financial Instruments paragraphs 11.41(b), 11.41(c), 11.41(e), 11.41(f), 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);

The requirements of Section 12 Other Financial Instruments paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;

The requirement of Section 33 Related Party Disclosures paragraph 33.7.

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year/period, and also have been consistently applied within the same accounts.

b) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

The following specific policy is applied to particular categories of income:

Donations received are accounted for on a receivable basis and, where appropriate, include tax deducted at source which is recoverable by the Trust.

c) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates

Donations and grants made during the year have been fully provided in the accounts where amounts have been made covering more than one year.

d) Taxation

The charity is exempt from tax on its charitable activities

CORINNE BURTON MEMORIAL TRUST
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023 (CONTINUED)

2. FUND ACCOUNTING

The unrestricted income fund consists of funds to be used for the purpose of meeting the Trust's charitable objectives and the ongoing overheads of the Trust.

The capital endowment fund is attributable to the original amount settled on the charity. Under the terms of the Deed of Settlement, the endowment is expendable at the discretion of the Trustees on expenditure which meets the charitable objectives of the Trust.

3. GENERAL DONATIONS RECEIVED

General donations include the following:

March-Henderson Trust	£19,724	
National Lottery		£7,120
J Leon		£5,000
Pauline and Harold Berman Charitable Trust	£5,000	
St. James Place Charitable Foundation	£4,000	
D'Oyly Carte Charitable Trust	£3,500	
Dyna & Fala Weinstock Charitable Trust	£3,000	
Hospital Saturday Fund		£2,000

4. DONATIONS AND GRANTS

	£	£	2023	2022
a) Goldsmiths' College				
Donation to cover the cost of art				
Therapy studentships ('The Corinne Burton Art				
Therapy Studentships')			19,999	20,601
b) St Bartholomew's Hospital (Barts),				
Donation to cover the cost of an art therapist				

	(The Corinne Burton Art Therapist)	15,597	14,300
	Less: Written back	<u>-</u>	<u>(8,382)</u>
		35,596	26,519
		=====	=====
5.	GOVERNANCE COSTS		
	Accountancy fees	1,020	1,020
		=====	=====
6.	CREDITORS:		
	Amounts falling due within one year		
	Provision for charitable commitments	46,601	46,783
	Accrued expenses	455	455
		-----	-----
		47,056	47,238
		=====	=====
7.	CREDITORS:		
	Amounts falling due after more than one year		
	Provision for charitable commitments	44,267	39,694
		=====	=====
8.	DEBTORS:		
	Tax refunds	<u>1,006</u>	=====

CORINNE BURTON MEMORIAL TRUST

England & Wales - Charity number 1015586

Accounts

**CORINNE BURTON
MEMORIAL TRUST**

A Charitable Trust

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

For the year ended 31 December 2022

CORINNE BURTON MEMORIAL TRUST

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Independent Examiner's Report	8
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Statement of Financial Position	10
Notes to the Financial Statements	11 - 12

CORINNE BURTON MEMORIAL TRUST

TRUST INFORMATION

Trustees

Sir Michael John Burton
Laurence Stephen Brass
Norman Anthony Leifer
Lorna Lee Cohen
Jeremy Bard
Judith Frances Kasriel
Joshua Daniel March Cowan

Charity Number 1015586

Principal Address

28 Church Road
Stanmore
Middlesex HA7 4XR

Accountants/ Independent Examiner

Parker Cavendish
28 Church Road
Stanmore
Middlesex HA7 4XR

Principal Bankers

Barclays Bank plc
160 Piccadilly
London W1A 2AB

Who we are, and what we do

The Corinne Burton Memorial Trust (CBMT) is the only charity in the UK that supports the practice of Art Psychotherapy for cancer care. We have played a fundamental role in the development of this field through several initiatives; by contributing to the funding of art therapist positions at hospitals (currently, St Bartholomew's Hospital in London, referred to hereafter as "Barts"), the publication of materials and books, and the funding of a scholarship at Goldsmiths, University of London, for new art therapists specialising in cancer care. CBMT also provides funds to the scholarship recipients for another two years after graduating, towards them working at hospitals or hospices, as qualified art therapists, delivering services to cancer patients.

Receiving a diagnosis of cancer is a deeply distressing event. While traditional psychotherapy is a useful tool, it is usually used on a longer-term basis. Sadly, many cancer patients cannot be guaranteed any kind of 'longer term'. Art therapy gives an immediate psychotherapeutic benefit, playing a powerful role in giving patients both insight and an additional will to fight. It is an especially important tool for patients resistant to traditional psychological therapy (such as young men, who often turn down other forms of support). Cancer is a devastating illness. It can be physically debilitating, meaning patients lose the ability to do the things they could before. This can lead to depression, anxiety, and deep feelings of loneliness. Art therapy enables patients to re-engage creatively, helping them find new ways of connecting with their purpose and the people around them.

"I always look forward to therapy sessions as I always come out feeling like a weight had been taken off my back. What I tell my therapist always feels valued and this makes me feel valued. The sessions also make it easier to understand some of my feelings." - Patient A, after an Art Therapy session

Art therapy is recognised as expanding the options for communicating and giving back patients their motivation. It is an adaptive, evidence-based approach that provides psychological support to patients who otherwise may not be suitable for other talking-based therapies. Each session takes them out of their clinical setting and helps them to reconnect with themselves, and process what they are experiencing.

Without CBMT, there would not be a legacy of Art Therapy at Barts hospital, which sits within the largest NHS trust in the UK and covers some of London's most economically deprived areas. Our financial support has enabled specialist help for cancer patients, some of whom might otherwise not have accessed any psychological support.

Our Impact

Since our founding, CBMT has provided scholarships to more than 30 Art Psychotherapy students through Goldsmiths. They have gone on to help thousands of cancer sufferers across the country. As a result of our financial contribution to the art therapist position at Barts or at other hospitals and hospices, there have been more than 6,500 art therapy sessions delivered at Barts alone in the past fifteen years. Many patients have written directly to the Trust with their appreciation.

"If it wasn't for CBMT there wouldn't be art therapy at Barts; there wouldn't be the research that is happening on art therapy, and the work with the doctors and nurses at Barts wouldn't be happening either."

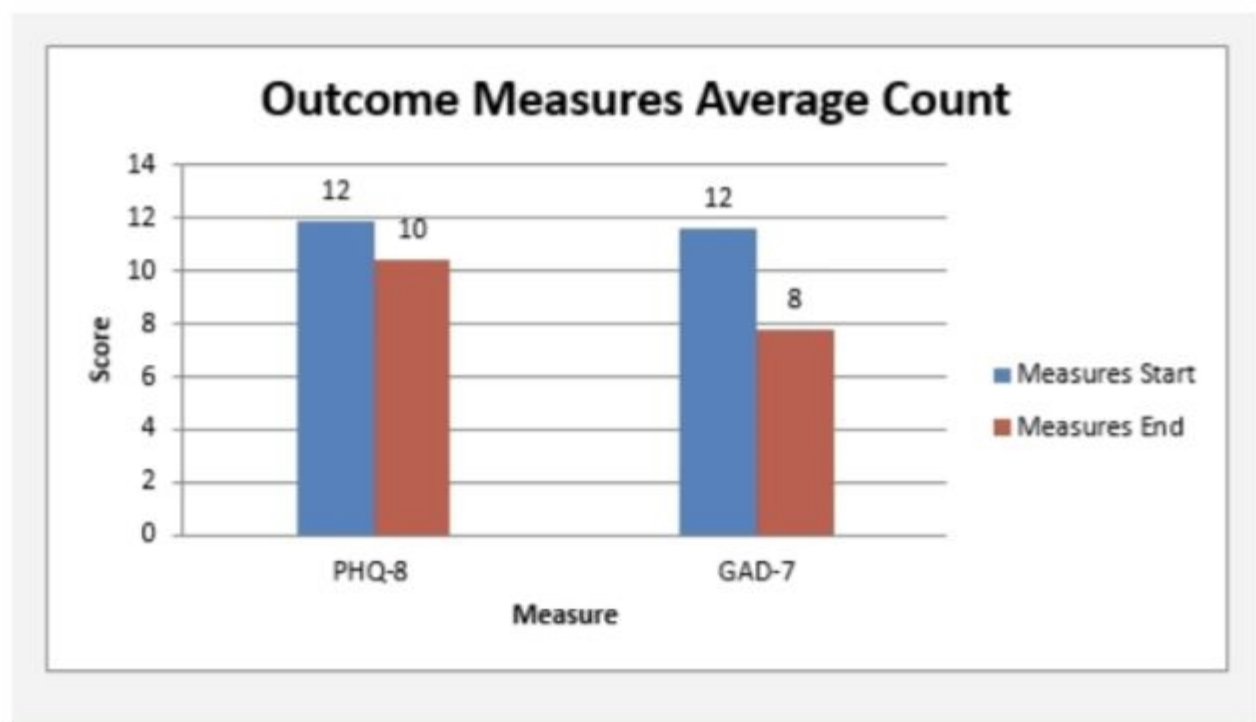
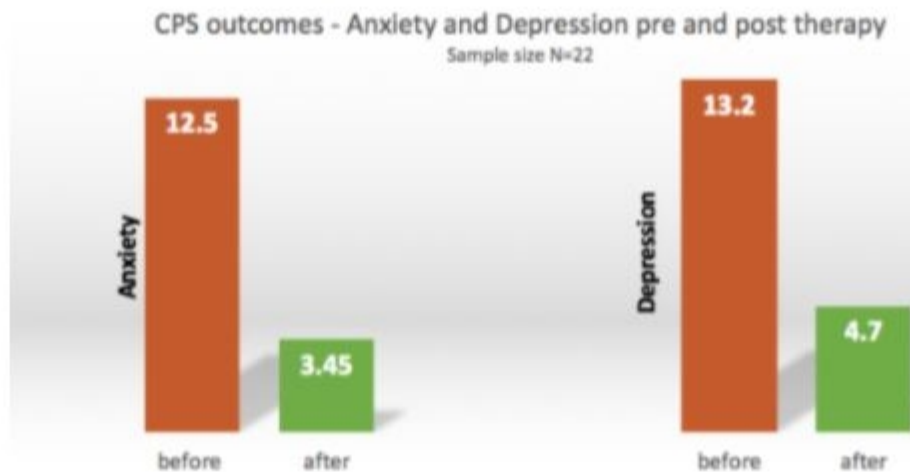
- Megan Tjasink former Corinne Burton Art Therapist at Barts

Thanks to the generous grants and donations we have received (including in the last year donations from the Sobell Foundation, D'Oyly Carte Charitable Trust, March-Henderson Trust, St James' Place Foundation, and Weinstock Charitable Trust), we were able to continue our usual work despite the impact of COVID-19. Luckily, the programmes were fundamentally unchanged despite the ongoing impact of the pandemic on referral systems and working methods.

Evaluating our work

The art therapists at Barts evaluate the impact and outcomes of their sessions using the same measures as applied by NHS Cancer Alliance UK. A patient's anxiety and depression levels are measured at the start and then again at the end of a course of art therapy.

The impact of therapy is assessed using the GAD 7 and PHQ 8 psychometric scales, which measure patient anxiety and depression. In 2022 the average scores of patients before art therapy were outside the normal range, meaning these patients would be considered to have anxiety or depression disorders. After the art therapy programme (usually 4-6 sessions) their average scores were reduced significantly, into the normal range, a huge therapeutic benefit for patients. Results from the Cancer Psychological Services (CPS) team in 2022 are shown in the graph below.



"My art therapy sessions became a part of my treatment that I had some kind of control over and that had some kind of respect for me. The session was a place where I could take my anger and anxieties and self-pity and guilt and cancer comedy and treatment horror stories to feel however I needed to. I was free to feel how I wanted."

- A patient's account of her art therapy sessions.

Below are examples of pieces created by patients at Barts during art therapy sessions.



Our Plans

The Trust feels very proud of the students and alumni of the Goldsmiths art therapy course and the practitioners at Barts and other hospitals and hospices, who have been the recipients of its funding for over 30 years, of the marvellous work they have done, and care they have given.

As a result of the positive impact of our work at the Bart's Trust, there has been a growth in demand for our services. To meet this demand we are planning on increasing the provision of Art Therapy across Bart's Trust hospitals by funding additional art therapists, helping to reach more underserved patients and to alleviate suffering from those in need.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees present their report with the financial statements of the charity for the year ended 31 December 2022.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Status and objectives

The Trust was created by a Deed dated 24 November 1992 ("the Trust Deed") in memory of the late Corinne Burton and is a registered charity no. 1015586. It is governed by the Trust Deed and by the Charities Act 2011.

The Trustees have unrestricted powers to apply the trust funds towards the charitable objectives set out in the Trust Deed.

The main object which the Trust pursues is the funding of art therapy, and the training of art therapists, for cancer patients.

There have been no changes in the policies adopted by the Trust during the year.

In January 2019 the Trust Deed was amended such that the total number of Trustees shall not exceed nine.

Results, Activities and Review of the Year

Incoming Resources

The excess of incoming resources as against resources expended in the year is shown on page 8.

Total incoming resources amounted to £32,858 as compared with £30,815 the previous year.

Interest receivable and similar income amounted to £25, as compared with £11 for the previous year.

Resources Expended

Total expenditure in the year amounted to £32,813 a decrease of £7,574 on the previous year.

Direct charitable expenditure (net of write backs) included in the above amount totalled £26,519, a decrease of £9,825 on the previous year's amount.

It is the usual policy of the Trustees to make awards from the accumulated unrestricted fund only, and to write back any provisions to this fund where a write back is deemed necessary.

Assets and Liabilities

The Statement of Financial Position on page 10 of the financial statements shows the financial position of the Trust as at 31 December 2022

Total assets exceeded total liabilities by £11,963 which is represented by the accumulated balances on both capital and income funds. The net assets of the Trust are held in order to meet the Trust's operating expenses, if any, and also to be applied towards the Trust's charitable objectives.

The Trust has made future commitments with regards to the funds held as shown in notes 6 and 7 on page 12.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2022 (CONTINUED)

Trustees and Administration

The trustees of the Trust are listed on page 1. The power of appointing new or additional trustees is vested in the settlor, Sir M J Burton. An additional trustee may be appointed at any time but so that the total number of the trustees shall at no time exceed nine.

The Trust's objectives are met in such proportion and manner as the trustees shall in their absolute discretion from time to time determine.

The Trust has no employees. The day to day administration of the Trust is dependent on the services provided by the trustees.

This report was approved by the trustees on 13 November 2023 and signed on their behalf by

..... Sir Michael John Burton

..... Laurence Stephen Brass

..... Norman Anthony Leifer

..... Lorna Lee Cohen

..... Jeremy Bard

..... Judith Frances Kasriel

..... Joshua Daniel March Cowan

Independent Examiner's Report to the Trustees of The Corinne Burton Memorial Trust

I report to the charity trustees on my examination of the accounts of The Corinne Burton Memorial Trust (the Trust) for the year ended 31 December 2022..

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mervyn Beth FCCA
Parker Cavendish
Chartered Accountants
28 Church Road
Stanmore
Middlesex
HA7 4XR

Date: 13 November 2023

CORINNE BURTON MEMORIAL TRUST

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

		Unrestricted Income Fund	
	NOTES	2022 £	2021 £
INCOMING RESOURCES			
General donations and Activities (net)	3	32,052	30,804
Bank deposit interest received (gross)		25	11
Tax refunds		781	-
		<hr/>	<hr/>
TOTAL INCOMING RESOURCES		32,858	30,815
		<hr/>	<hr/>
RESOURCES EXPENDED			
Cost of Generating Funds			
Activity and fundraising costs - less refunds		5,274	3,023
Charitable Expenditure			
Donations and grants- Less written back	4	26,519	36,344
Governance costs	5	1,020	1,020
		<hr/>	<hr/>
TOTAL RESOURCES EXPENDED		32,813	40,387
		<hr/>	<hr/>
NET MOVEMENTS IN FUNDS		45	(9,572)
INCOME FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2022		11,818	21,390
		<hr/>	<hr/>
INCOME BALANCE CARRIED FORWARD AT 31 DECEMBER 2022		11,863	11,818
		<hr/>	<hr/>
CAPITAL FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2022 AND CARRIED FORWARD AT 31 DECEMBER 2022		100	100
		<hr/>	<hr/>

CORINNE BURTON MEMORIAL TRUST

**STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2022**

	Notes	2022 Unrestricted Fund £	2021 Unrestricted Fund £
CURRENT ASSETS			
Cash at bank		98,895	107,943
Debtors	8	-	-
		-----	-----
		98,895	107,943
Creditors: Amounts falling due within one year	6	(47,238)	(47,049)
		-----	-----
NET CURRENT ASSETS		51,657	60,894
		-----	-----
Creditors: Amounts falling due after more than one year	7	(39,694)	(48,976)
		-----	-----
NET ASSETS		11,963	11,918
		-----	-----
TRUST FUNDS			
CAPITAL FUND: expenditure endowment		100	100
INCOME FUND: unrestricted		11,863	11,818
		-----	-----
		11,963	11,918
		-----	-----

Approved by the Trustees on 13 November 2023

..... Sir Michael John Burton Laurence Stephen Brass

..... Norman Anthony Leifer Judith Frances Kasriel

..... Lorna Lee Cohen Jeremy Bard

..... Joshua Daniel March Cowan

The notes on pages 11 and 12 form an integral part of these financial statements.

CORINNE BURTON MEMORIAL TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

The financial statements of the charity which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard applicable in the UK and Republic of Ireland EFA, and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirements of Section 7 Statement of Cash Flows;
The requirement of Section 3 Financial Statement Presentation paragraph 3.17(d);
The requirements of Section 11 Financial Instruments paragraphs 11.41(b), 11.41(c), 11.41(e), 11.41(f), 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);
The requirements of Section 12 Other Financial Instruments paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;
The requirement of Section 33 Related Party Disclosures paragraph 33.7.

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year/period, and also have been consistently applied within the same accounts.

b) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policy is applied to particular categories of income:

Donations received are accounted for on a receivable basis and, where appropriate, include tax deducted at source which is recoverable by the Trust.

c) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates

Donations and grants made during the year have been fully provided in the accounts where amounts have been made covering more than one year.

d) Taxation

The charity is exempt from tax on its charitable activities

**CORINNE BURTON MEMORIAL TRUST
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022 (CONTINUED)**

2. FUND ACCOUNTING

The unrestricted income fund consists of funds to be used for the purpose of meeting the Trust's charitable objectives and the ongoing overheads of the Trust.

The capital endowment fund is attributable to the original amount settled on the charity. Under the terms of the Deed of Settlement, the endowment is expendable at the discretion of the Trustees on expenditure which meets the charitable objectives of the Trust.

3. GENERAL DONATIONS RECEIVED

General donations include the following:

March-Henderson Trust	£8,000
Foyle Foundation	£5,000
Sobell Foundation	£4,000
D'Oyly Carte Charitable Trust	£3,500
London Catalyst	£1,500
Ronson Trust	£1,000
Silman Trust	£1,000

4. DONATIONS AND GRANTS

	2022	2021
	£	£
a) Goldsmiths' College		
Donation to cover the cost of art Therapy studentships ('The Corinne Burton Art Therapy Studentships')	20,601	20,280
Less: Written back	-	(173)
b) St Bartholomew's Hospital (Barts),		
Donation to cover the cost of an art therapist (The Corinne Burton Art Therapist')	14,300	16,237
Less: Written back	<u>(8,382)</u>	<u>-</u>
	<u>26,519</u>	<u>36,344</u>
5. GOVERNANCE COSTS		
Accountancy fees	<u>1,020</u>	<u>1,020</u>
6. CREDITORS:		
Amounts falling due within one year		
Provision for charitable commitments	46,783	46,593
Accrued expenses	455	455
	<u>47,238</u>	<u>47,048</u>
7. CREDITORS:		
Amounts falling due after more than one year		
Provision for charitable commitments	<u>39,694</u>	<u>48,976</u>
8. DEBTORS:		
Tax refunds	<u>-</u>	<u>-</u>

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Signature Dates and Times

All dates and times shown in the signatures below are expressed in Coordinated Universal Time (UTC), which is generally equivalent to GMT. You can find out more about UTC at the following web page:

<http://www.virtualcabinetportal.com/WhatsUTC>

Signature 1

Signed by Sir Michael Burton using authentication code QjxoMUNTJHF6cTdq at IP address 147.148.28.69, on 2023/11/18 11:44:50 Z.

Sir Michael Burton's e-mail address is: michael@sirmjburton.co.uk.

Sir Michael Burton added the following comments:

"Sir Michael Burton Chairman of CBMT Trustees"

CORINNE BURTON MEMORIAL TRUST

England & Wales - Charity number 1015586

Accounts

**CORINNE BURTON
MEMORIAL TRUST**

A Charitable Trust

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

For the year ended 31 December 2021

CORINNE BURTON MEMORIAL TRUST

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CORINNE BURTON MEMORIAL TRUST

TRUST INFORMATION

Trustees

Sir Michael John Burton
Laurence Stephen Brass
Norman Anthony Leifer
Lorna Lee Cohen
Jeremy Bard
Judith Frances Kasriel
Joshua Daniel March Cowan

Charity Number 1015586

Principal Address

28 Church Road
Stanmore
Middlesex HA7 4XR

Accountants/ Independent Examiner

Parker Cavendish
28 Church Road
Stanmore
Middlesex HA7 4XR

Principal Bankers

Barclays Bank plc
160 Piccadilly
London W1A 2AB

Who we are, and what we do

The Corinne Burton Memorial Trust (CBMT) is the only charity in the UK that supports the practice of Art Psychotherapy for cancer care. We have played a fundamental role in the development of this field through several initiatives; the direct support of art therapist positions at hospitals (currently, St Bartholomew's Hospital in London, referred to hereafter as "Barts"), the publication of materials and books, and the funding of a scholarship at Goldsmiths, University of London, for new art therapists specialising in cancer care. CBMT also funds the scholarship recipients for another two years after graduating, working at hospitals or hospices, as qualified art therapists, delivering services to cancer patients.

Receiving a diagnosis of cancer is a deeply distressing event. While traditional psychotherapy is a useful tool, it is usually used on a longer-term basis. Sadly, many cancer patients cannot be guaranteed any kind of 'longer term'. Art therapy gives an immediate psychotherapeutic benefit, playing a powerful role in giving patients both insight and an additional will to fight. It is an especially important tool for patients resistant to traditional psychological therapy (such as young men, who often turn down other forms of support). Cancer is a devastating illness. It can be physically debilitating, meaning patients lose the ability to do the things they could before. This can lead to depression, anxiety, and deep feelings of loneliness. Art therapy enables patients to re-engage creatively, helping them find new ways of connecting with their purpose and the people around them.

"I always look forward to therapy sessions as I always come out feeling like a weight had been taken off my back. What I tell my therapist always feels valued and this makes me feel valued. The sessions also make it easier to understand some of my feelings." - Patient A, after an Art Therapy session

Art therapy is recognised as expanding the options for communicating and giving back patients their motivation. It is an adaptive, evidence-based approach that provides psychological support to patients who otherwise may not be suitable for other talking-based therapies. Each session takes them out of their clinical setting and helps them to reconnect with themselves, and process what they are experiencing.

Without CBMT, there would not be a legacy of Art Therapy at Barts hospital, which sits within the largest NHS trust in the UK and covers some of London's most economically deprived areas. Our financial support has enabled specialist help for cancer patients, some of whom might otherwise not have accessed any psychological support.

Our Impact

Since our founding, CBMT has supported more than 30 Art Psychotherapy students through Goldsmiths. They have gone on to help thousands of cancer sufferers across the country. As a direct result of our financial support for an art therapist position at Barts or at other hospitals and hospices, there have been more than 6,500 art therapy sessions delivered at Barts alone in the past fifteen years. Many patients have written directly to the Trust with their appreciation.

"If it wasn't for CBMT there wouldn't be art therapy at Barts; there wouldn't be the research that is happening on art therapy, and the work with the doctors and nurses at Barts wouldn't be happening either."

- Megan Tjasink, Corinne Burton Art Therapist at Barts

Thanks to the generous grants and donations we have received (including in the last year donations from the Sobell Foundation, D'Oyly Carte Charitable Trust, March-Henderson Trust,

St James' Place Foundation, Hospital Saturday Fund, and Weinstock Charitable Trust), we were able to continue our usual work despite the impact of COVID-19. Luckily, the programmes were fundamentally unchanged despite the ongoing impact of the pandemic on referral systems and working methods.

In 2021 the CBMT art therapists were able to deliver over two-hundred art therapy sessions to cancer patients, a majority of which were conducted as video or phone outpatient sessions, with around a quarter delivered face to face on Barts wards.

In addition to their work with patients, the CBMT art therapists also continued their work helping to support hospital staff, who continue to face intense stress and pressure from the pandemic. In 2021, nine out of ten staff members reported that the art therapy session had a positive effect on their personal well-being and their approach to work, with ten out of ten reporting that the sessions successfully helped them relax and avoid burnout.

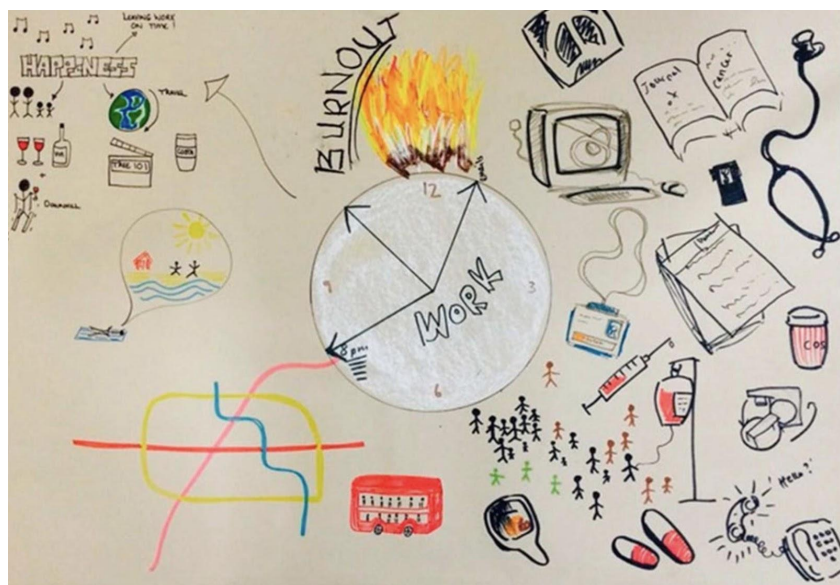
CBMT and COVID-19

Our work became particularly important through the COVID-19 pandemic when many in-patients were not able to have outside visitors for months at a time, and overstretched doctors and nurses were at high risk of burnout and some of our therapists' time at Barts was seconded to staff support. The CBMT Art Therapists established an online art therapy blog and online art therapy group which were used by 340 staff members (25 attended groups and 315 engaged with art therapy via the blog). As a result of this work the psychological services team at Barts (including art therapy and psychology) was put forward for a parliamentary award.

Hospital staff are frequently exposed to work-related stress putting them at risk of burnout and affecting patient safety. In another pilot study at Barts, CBMT art therapists delivered sessions to eighteen trainee doctors, 14 of whom were measured (using a psychological assessment) as being close to burnout. Following the course, there were statistically significant improvements in emotional exhaustion and personal achievement.

"First off, I would like to thank all the people behind the art therapy. As I, personally found it very useful going through these tough times. I have been on the frontline since March and until now post-peak of the pandemic. I felt trapped wearing PPEs, but relieved with doing creative works."

- ITU nurse, SBH



A piece produced by one of the doctors in the pilot study during an art therapy session.

"I have found art therapy-based workshops and groups to be well placed to support and replenish healthcare professionals. They facilitate connection, reflection, meaning-making;

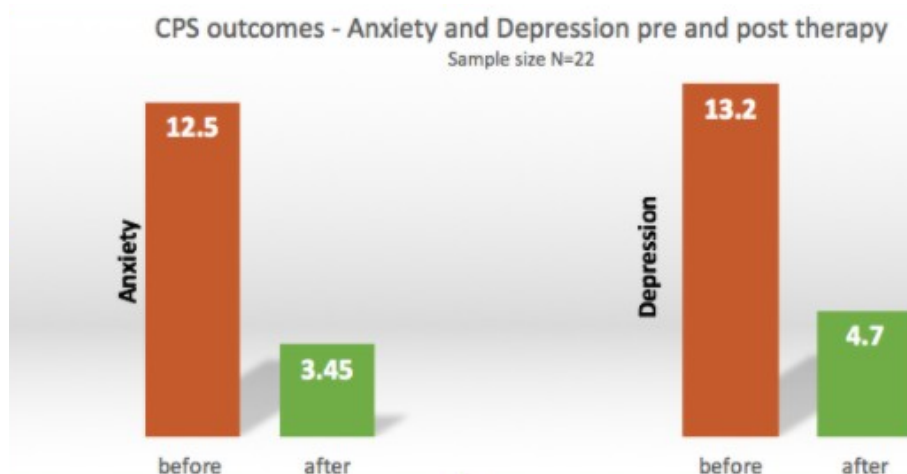
they sustain empathy and foster resilience. The pro-active, self-determining nature of art-making is an invaluable relief in the face of systemic issues that feel beyond their control to change."

- Megan Tjasink, Corinne Burton Art Therapist at Barts

Evaluating our work

The art therapists at Barts evaluate the impact and outcomes of their sessions using the same measures as applied by NHS Cancer Alliance UK. A patient's anxiety and depression levels are measured at the start and then again at the end of a course of art therapy.

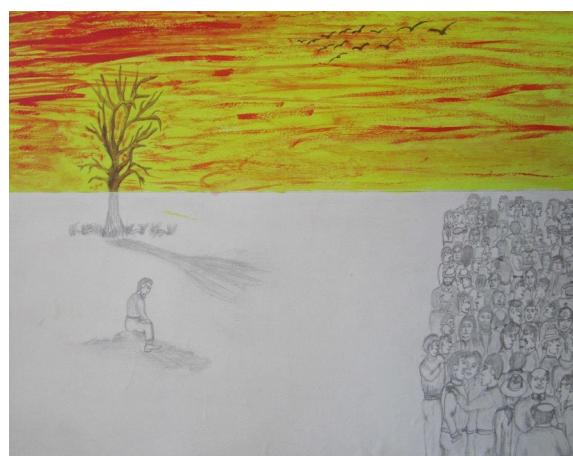
The impact of therapy is assessed using the GAD 7 and PHQ 8 psychometric scales, which measure patient anxiety and depression. In 2021 the average scores of patients before art therapy were outside the normal range, meaning these patients would be considered to have anxiety or depression disorders. After the art therapy programme (usually 4-6 sessions) their average scores were reduced significantly, into the normal range, a huge therapeutic benefit for patients. Results from the Cancer Psychological Services (CPS) team in 2021 are shown in the graph below.



"My art therapy sessions became a part of my treatment that I had some kind of control over and that had some kind of respect for me. The session was a place where I could take my anger and anxieties and self-pity and guilt and cancer comedy and treatment horror stories to feel however I needed to. I was free to feel how I wanted."

- A patient's account of her art therapy sessions.

Below are examples of pieces created by patients at Barts during art therapy sessions.



Our Plans

The Trust feels very proud of the students and alumni of the Goldsmiths art therapy course and the practitioners at Barts and other hospitals and hospices, who have been the recipients of its funding for over 30 years, of the marvellous work they have done, and care they have given.

As a result of the positive impact of our work at the Bart's Trust, there has been a growth in demand for our services. To meet this demand we are hoping to fund an additional qualified art therapist within the Barts Trust, enabling us to expand our services to another hospital, the Royal London Hospital. This would help provide around 200 more art therapy sessions a year, reaching an additional 50-60 cancer patients and over 300 staff during that period.

These plans are a result of direct requests from the Barts Trust for an expansion of our services. As well as reaching more people in need, this expansion would enable us to lengthen treatment availability for patients from one year to two years, allowing us to help currently underserved patient populations. Our goal is to contribute to a reduction in feelings of depression, anxiety, and loneliness in patients undergoing cancer treatments at a time when other well-being services are stretched to breaking point due to the pandemic.

Expanding into other hospital sites would also be instrumental for the development of the education and understanding of Art Psychotherapy. It would ensure a presence at multi-disciplinary team meetings within the NHS and Barts Trust and support appropriate and equitable patient referrals. We feel confident that focusing our efforts on this working structure will give us a strong foundation, and help us make a long-term impact on the lives of our beneficiaries.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2021

The Trustees present their report with the financial statements of the charity for the year ended 31 December 2021.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Status and objectives

The Trust was created by a Deed dated 24 November 1992 ("the Trust Deed") in memory of the late Corinne Burton and is a registered charity no. 1015586. It is governed by the Trust Deed and by the Charities Act 2011.

The Trustees have unrestricted powers to apply the trust funds towards the charitable objectives set out in the Trust Deed.

The main object which the Trust pursues is the funding of art therapy, and the training of art therapists, for cancer patients.

There have been no changes in the policies adopted by the Trust during the year.

In January 2019 the Trust Deed was amended such that the total number of Trustees shall not exceed nine.

Results, Activities and Review of the Year

Incoming Resources

The excess of incoming resources as against resources expended in the year is shown on page 8.

Total incoming resources amounted to £30,815 as compared with £46,287 the previous year.

Interest receivable and similar income amounted to £11, as compared with £73 for the previous year.

Resources Expended

Total expenditure in the year amounted to £40,387, an increase of £29,393 on the previous year.

Direct charitable expenditure (net of write backs) included in the above amount totalled £36,344, an increase of £17,308 on the previous year's amount.

It is the usual policy of the Trustees to make awards from the accumulated unrestricted fund only, and to write back any provisions to this fund where a write back is deemed necessary.

Assets and Liabilities

The Statement of Financial Position on page 9 of the financial statements shows the financial position of the Trust as at 31 December 2021

Total assets exceeded total liabilities by £11,918 which is represented by the accumulated balances on both capital and income funds. The net assets of the Trust are held in order to meet the Trust's operating expenses, if any, and also to be applied towards the Trust's charitable objectives.

The Trust has made future commitments with regards to the funds held as detailed in notes 5 and 6 on page 11.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2020 (CONTINUED)

Trustees and Administration

The trustees of the Trust are listed on page 1. The power of appointing new or additional trustees is vested in the settlor, Sir M J Burton. An additional trustee may be appointed at any time but so that the total number of the trustees shall at no time exceed nine.

The Trust's objectives are met in such proportion and manner as the trustees shall in their absolute discretion from time to time determine.

The Trust has no employees. The day to day administration of the Trust is dependent on the services provided by the trustees.

This report was approved by the trustees on 16 May 2022 and signed on their behalf by

..... Sir Michael John Burton

..... Laurence Stephen Brass

..... Norman Anthony Leifer

..... Lorna Lee Cohen

..... Jeremy Bard

..... Judith Frances Kasriel

..... Joshua Daniel March Cowan

Independent Examiner's Report to the Trustees of The Corinne Burton Memorial Trust

I report to the charity trustees on my examination of the accounts of The Corinne Burton Memorial Trust (the Trust) for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mervyn Beth FCCA
Parker Cavendish
Chartered Accountants
28 Church Road
Stanmore
Middlesex
HA7 4XR

Date: 16 May 2022

CORINNE BURTON MEMORIAL TRUST**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2021****Unrestricted****Income Fund**

	NOTES	2021 £	2020 £
INCOMING RESOURCES			
General donations and Activities (net)	3 38,152		30,804
Bank deposit interest received (gross)		11	73
Tax refunds		-	8,062
		<hr/>	<hr/>
TOTAL INCOMING RESOURCES		30,815	46,287
		<hr/>	<hr/>
RESOURCES EXPENDED			
Cost of Generating Funds			
Activity and fundraising costs - less refunds			3,023
	(8,972)		
Charitable Expenditure			
Donations and grants- Less written back	4	36,344	19,036
Governance costs	5	1,020	930
		<hr/>	<hr/>
TOTAL RESOURCES EXPENDED		40,387	10,994
		<hr/>	<hr/>
NET MOVEMENTS IN FUNDS		(9,572)	35,293
INCOME FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2021			
		21,390	(13,903)
		<hr/>	<hr/>
INCOME BALANCE CARRIED FORWARD AT 31 DECEMBER 2021		11,818	21,390
		<hr/> <hr/>	<hr/> <hr/>
CAPITAL FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2021 AND CARRIED FORWARD AT 31 DECEMBER 2021			
		100	100
		<hr/> <hr/>	<hr/> <hr/>

CORINNE BURTON MEMORIAL TRUST

**STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2021**

	Notes	2021 Unrestricted Fund £	2020 Unrestricted Fund £
CURRENT ASSETS			
Cash at bank		107,943	100,993
Debtors	8	-	8,062
		-----	-----
		107,943	109,055
Creditors: Amounts falling due within one year	6	(47,049)	(37,280)
		-----	-----
NET CURRENT ASSETS		60,894	71,775
		-----	-----
Creditors: Amounts falling due after more than one year	7	(48,976)	(50,285)
		-----	-----
NET ASSETS		11,918	21,490
		=====	=====
TRUST FUNDS			
CAPITAL FUND: expenditure endowment		100	100
INCOME FUND: unrestricted		11,818	21,390
		-----	-----
		11,918	21,490
		=====	=====

Approved by the Trustees on 16 May 2022

..... Sir Michael John Burton Laurence Stephen Brass

..... Norman Anthony Leifer Judith Frances Kasriel

.....Lorna Lee Cohen Jeremy Bard

..... Joshua Daniel March Cowan

The notes on pages 10 and 11 form an integral part of these financial statements.

CORINNE BURTON MEMORIAL TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

The financial statements of the charity which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard applicable in the UK and Republic of Ireland EFA, and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirements of Section 7 Statement of Cash Flows;

The requirement of Section 3 Financial Statement Presentation paragraph 3.17(d);

The requirements of Section 11 Financial Instruments paragraphs 11.41(b), 11.41(c), 11.41(e), 11.41(f), 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);

The requirements of Section 12 Other Financial Instruments paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;

The requirement of Section 33 Related Party Disclosures paragraph 33.7.

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year/period, and also have been consistently applied within the same accounts.

b) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policy is applied to particular categories of income:

Donations received are accounted for on a receivable basis and, where appropriate, include tax deducted at source which is recoverable by the Trust.

c) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates

Donations and grants made during the year have been fully provided in the accounts where amounts have been made covering more than one year.

d) Taxation

The charity is exempt from tax on its charitable activities

**CORINNE BURTON MEMORIAL TRUST
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021 (CONTINUED)**

2. FUND ACCOUNTING

The unrestricted income fund consists of funds to be used for the purpose of meeting the Trust's charitable objectives and the ongoing overheads of the Trust.

The capital endowment fund is attributable to the original amount settled on the charity. Under the terms of the Deed of Settlement, the endowment is expendable at the discretion of the Trustees on expenditure which meets the charitable objectives of the Trust.

3. GENERAL DONATIONS RECEIVED

General donations include the following:

March-Henderson Trust	£9,854
Sobell Foundation	£5,000
D'Oyly Carte Charitable Trust	£3,000
St James' Place Foundation	£2,500
Hospital Saturday Fund	£2,000
Weinstock Charitable Trust	£3,000

4. DONATIONS AND GRANTS

2021

2020

£

£

a) Goldsmiths' College

Donation to cover the cost of art
Therapy studentships ('The Corinne Burton Art
Therapy Studentships')
Less: Written back

20,280
(173)

20,141
(3,523)

b) St Bartholomew's Hospital (Barts),

Donation to cover the cost of an art therapist
(‘The Corinne Burton Art Therapist’)
Less: Written back

16,237
—

2,418
—

36,344

19,036

5. GOVERNANCE COSTS

Accountancy fees

1,020

930

6. CREDITORS:

Amounts falling due within one year

Provision for charitable commitments
Accrued expenses

46,593
455

37,070
210

47,048

37,280

7. CREDITORS:

Amounts falling due after more than one year

Provision for charitable commitments	48,976	50,285
	<u> </u>	<u> </u>
8. DEBTORS:		
Tax refunds	<u> -</u>	<u>8,062</u>

CORINNE BURTON MEMORIAL TRUST

England & Wales - Charity number 1015586

Accounts

**CORINNE BURTON
MEMORIAL TRUST**

A Charitable Trust

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

For the year ended 31 December 2020

CORINNE BURTON MEMORIAL TRUST

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CORINNE BURTON MEMORIAL TRUST

TRUST INFORMATION

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Receiving a diagnosis of cancer is a deeply distressing event. While traditional psychotherapy is a useful tool, it is usually used on a longer-term basis. Sadly, many cancer patients cannot be guaranteed any kind of 'longer term'. Art therapy gives an immediate psychotherapeutic benefit, playing a powerful role in giving patients both insight and an additional will to fight. It is an especially important tool for patients resistant to traditional psychological therapy (such as young men, who often turn down other forms of support). Cancer is a devastating illness. It can be physically debilitating, meaning patients lose the ability to do the things they could before. This can lead to depression, anxiety, and deep feelings of loneliness. Art therapy enables patients to re-engage creatively, helping them find new ways of connecting with their purpose and the people around them.

"I always look forward to therapy sessions as I always come out feeling like a weight had been taken off my back. What I tell my therapist always feels valued and this makes me feel valued. The sessions also make it easier to understand some of my feelings." - Patient A, after an Art Therapy session

Art therapy is recognised as expanding the options for communicating and giving back patients their motivation. Each session takes them out of their clinical setting and helps them to reconnect with themselves, and process what they are experiencing.

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"If it wasn't for CBMT there wouldn't be art therapy at Barts; there wouldn't be the research that is happening on art therapy, and the work with the doctors and nurses at Barts wouldn't be happening either." - Megan Tjasink, Barts Art Therapist

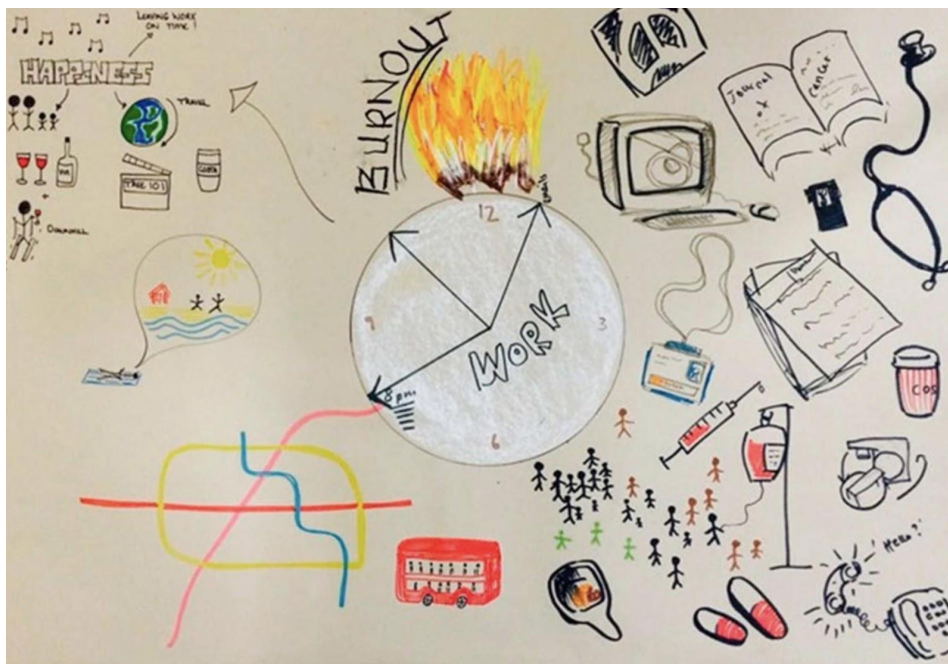
In 2020, we provided a total of 217 art therapy sessions to patients at Barts. This was made up of 52 in-patient sessions and 165 out-patient sessions. Most in-patients were not able to have visitors from outside the hospital for months. Our sessions meant working closely with the infection control and prevention team to provide art therapy safely at the bedsides of very unwell patients who, along with their illness, struggled with isolation as a result of the pandemic. In March 2020 all outpatient sessions moved online.

CBMT and COVID-19

Our work became even more important through the COVID-19 pandemic when many in-patients were not able to have outside visitors for months at a time, and overstretched doctors and nurses were at high risk of burnout and some of our therapists' time at Barts was seconded to staff support. We established an online art therapy blog and online art therapy group. These were used by 340 staff members (25 attended groups and 315 engaged with art therapy via the blog). The psychological services team at Barts (including art therapy and psychology) was put forward for a parliamentary award.

Hospital staff are frequently exposed to work-related stress putting them at risk of burnout and affecting patient safety. In another pilot study at Barts, art therapy was used on eighteen trainee doctors, 14 of whom were measured (using a psychological assessment) as being close to burnout. Following the course, there were statistically significant improvements in emotional exhaustion and personal achievement.

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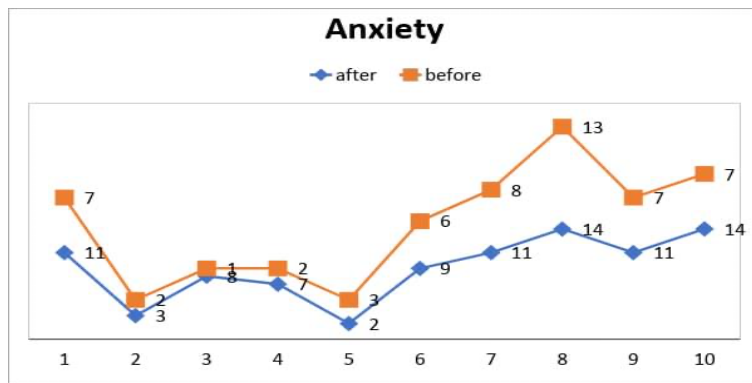


A piece produced by one of the doctors in the pilot study during an art therapy session.

"I have found art therapy-based workshops and groups to be well placed to support and replenish healthcare professionals. They facilitate connection, reflection, meaning-making; they sustain empathy and foster resilience. The pro-active, self-determining nature of art-making is an invaluable relief in the face of systemic issues that feel beyond their control to change." - Megan Tjasink, Barts Art Therapist

Evaluating our work

The art therapists at Barts evaluate the impact and outcomes of their sessions using the same measures as applied by Cancer Alliance UK. A patient's anxiety and depression levels are measured at the start and then again at the end of a course of art therapy.

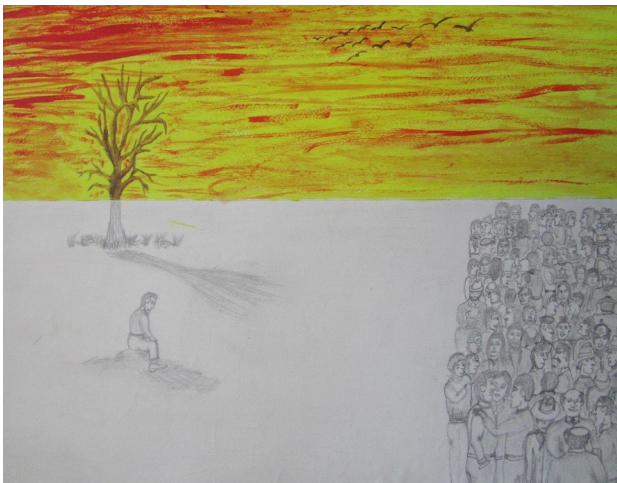


A recent study at Barts showed a significant reduction in patient anxiety after sessions with CBMT art therapists

"My art therapy sessions became a part of my treatment that I had some kind of control over and that had some kind of respect for me. The session was a place where I

could take my anger and anxieties and self-pity and guilt and cancer comedy and treatment horror stories to feel however I needed to. I was free to feel how I wanted." - A patient's account of her art therapy sessions.

Below are examples of pieces created by patients at Barts during art therapy sessions.



The Trust feels very proud of the students and alumni of the Goldsmiths art therapy course and the practitioners at Barts and other hospitals and hospices, who have been the recipients of its funding for over 30 years, and of the marvellous work they have done and care they have given.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2020

The Trustees present their report and accounts for the year ended 31 December 2020

The trustees present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Status and objectives

The Trust was created by a Deed dated 24 November 1992 ("the Trust Deed") in memory of the late Corinne Burton and is a registered charity no. 1015586. It is governed by the Trust Deed and by the Charities Act 2011.

The Trustees have unrestricted powers to apply the trust funds towards the charitable objectives set out in the Trust Deed.

The main object which the Trust pursues is the funding of art therapy, and the training of art therapists, for cancer patients.

There have been no changes in the policies adopted by the Trust during the year.

In January 2019 the Trust Deed was amended such that the total number of Trustees shall not exceed nine.

Results, Activities and Review of the Year

Incoming Resources

The excess of incoming resources as against resources expended in the year is shown on page 8.

Total incoming resources amounted to £46,287 as compared with £35,050 the previous year.

Interest receivable and similar income amounted to £73, as compared with £140 for the previous year.

Resources Expended

Total expenditure in the year amounted to £10,994 a decrease of £45,895 on the previous year.

Direct charitable expenditure (net of write backs) included in the above amount totalled £19,036, a decrease of £20,693 on the previous year's amount.

It is the usual policy of the Trustees to make awards from the accumulated unrestricted fund only, and to write back any provisions to this fund where a write back is deemed necessary.

Assets and Liabilities

The Statement of Financial Position on page 9 of the financial statements shows the financial position of the Trust as at 31 December 2020

Total assets exceeded total liabilities by £21,490 which is represented by the accumulated balances on both capital and income funds. The net assets of the Trust are held in order to meet the Trust's operating expenses, if any, and also to be applied towards the Trust's charitable objectives.

The Trust has made future commitments with regards to the funds held as detailed in notes 5 and 6 on page 11.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2020 (CONTINUED)

Trustees and Administration

The trustees of the Trust are listed on page 1. The power of appointing new or additional trustees is vested in the settlor, Sir M J Burton. An additional trustee may be appointed at any time but so that the total number of the trustees shall at no time exceed nine.

The Trust's objectives are met in such proportion and manner as the trustees shall in their absolute discretion from time to time determine.

The Trust has no employees. The day to day administration of the Trust is dependent on the services provided by the trustees.

This report was approved by the trustees on 20 September 2021 and signed on their behalf by

..... Sir Michael John Burton

..... Laurence Stephen Brass

..... Norman Anthony Leifer

..... Lorna Lee Cohen

..... Jeremy Bard

..... Judith Frances Kasriel

.....Joshua Daniel March Cowan

Independent Examiner's Report to the Trustees of The Corinne Burton Memorial Trust

I report to the charity trustees on my examination of the accounts of The Corinne Burton Memorial Trust (the Trust) for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mervyn Beth FCCA
Parker Cavendish
Chartered Accountants
28 Church Road
Stanmore
Middlesex
HA7 4XR

Date: 20 September 2021.

CORINNE BURTON MEMORIAL TRUST
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2020

Unrestricted

Income Fund

	NOTES	2020 £	2019 £
INCOMING RESOURCES			
General donations and Activities (net)		38,152	34,910
Bank deposit interest received (gross)		73	140
Tax refunds		8,062	-
		—————	—————
TOTAL INCOMING RESOURCES		46,287	35,050
		—————	—————
Less: Cost of Generating Funds			
Activity costs - less refunds		(8,972)	16,500
		—————	—————
NET INCOMING RESOURCES AVAILABLE FOR CHARITABLE APPLICATION		55,259	18,550
		—————	—————
Less: Resources Expended			
Donations and grants- Less written back	3	19,036	39,729
Governance costs	4	930	660
		—————	—————
TOTAL CHARITABLE EXPENDITURE		19,966	40,389
		—————	—————
TOTAL RESOURCES EXPENDED		10,994	56,889
		—————	—————
NET MOVEMENTS IN FUNDS		35,293	(21,839)
INCOME FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2020		(13,903)	7,936
		—————	—————
INCOME BALANCE CARRIED FORWARD AT 31 DECEMBER 2020		21,390	(13,903)
		=====	=====
CAPITAL FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2020 AND CARRIED FORWARD AT 31 DECEMBER 2020		100	100
		=====	=====

CORINNE BURTON MEMORIAL TRUST

**STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2020**

	Notes	2020 Unrestricted Fund £	2019 Unrestricted Fund £
CURRENT ASSETS			
Cash at bank		100,993	93,926
Debtors	7	8,062	-
		—————	—————
		109,055	93,926
Creditors: Amounts falling due within one year	5	(37,280)	(53,929)
		—————	—————
NET CURRENT ASSETS		71,775	39,997
		—————	—————
Creditors: Amounts falling due after more than one year	6	(50,285)	(53,800)
		—————	—————
NET ASSETS (2019 - LIABILITIES)		21,490	(13,803)
		=====	=====
TRUST FUNDS			
CAPITAL FUND: expenditure endowment		100	100
INCOME FUND: unrestricted		21,390	(13,903)
		—————	—————
		21,490	(13,803)
		=====	=====

Approved by the Trustees on 20 September 2021

..... Sir Michael John Burton Laurence Stephen Brass

..... Norman Anthony Leifer Judith Frances Kasriel

.....Lorna Lee Cohen Jeremy Bard

..... Joshua Daniel March Cowan

The notes on pages 10 and 11 form an integral part of these financial statements.

CORINNE BURTON MEMORIAL TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

The financial statements of the charity which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard applicable in the UK and Republic of Ireland EFA, and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirements of Section 7 Statement of Cash Flows;

The requirement of Section 3 Financial Statement Presentation paragraph 3.17(d);

The requirements of Section 11 Financial Instruments paragraphs 11.41(b), 11.41(c), 11.41(e), 11.41(f), 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);

The requirements of Section 12 Other Financial Instruments paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;

The requirement of Section 33 Related Party Disclosures paragraph 33.7.

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year/period, and also have been consistently applied within the same accounts.

b) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policy is applied to particular categories of income:

Donations received are accounted for on a receivable basis and, where appropriate, include tax deducted at source which is recoverable by the Trust.

c) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates

Donations and grants made during the year have been fully provided in the accounts where amounts have been made covering more than one year.

d) Taxation

The charity is exempt from tax on its charitable activities

**CORINNE BURTON MEMORIAL TRUST
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020 (CONTINUED)**

2. FUND ACCOUNTING

The unrestricted income fund consists of funds to be used for the purpose of meeting ongoing overheads of the Trust and also funds received that have yet to be applied towards the Trust's charitable objectives.

The capital endowment fund is attributable to the original amount settled on the charity. Under the terms of the Deed of Settlement, the endowment is expendable at the discretion of the Trustees on expenditure which meets the Charitable objectives of the Trust.

3. DONATIONS AND GRANTS	2020	2019
	£	£
a) Goldsmiths' College		
Donation to cover the cost of art Therapy studentships ('The Corinne Burton Art Therapy Studentships')	20,141	22,496
Less: Written back	(3,523)	-
b) St Bartholomew's Hospital (Barts),		
Donation to cover the cost of an art therapist ('The Corinne Burton Art Therapist')	2,418	17,233
Less: Written back	-	-
	<u>19,036</u>	<u>39,729</u>
4. GOVERNANCE COSTS		
Accountancy fees	930	660
5. CREDITORS: Amounts falling due within one year		
Accrued activity costs	-	16,500
Provision for charitable commitments	37,070	36,109
Accrued expenses	210	1,320
	<u>37,280</u>	<u>53,929</u>
6. CREDITORS: Amounts falling due after more than one year		
Provision for charitable commitments	50,285	53,800
7. DEBTORS:		
Tax refunds	8,062	-
General donations	-	-
	<u>8,062</u>	<u>-</u>