

***EALING SOMALI WELFARE AND
CULTURAL ASSOCIATION
(ESWCA)***

***ANNUAL REPORT
2021-2022***



ESWCA: CHAIRMAN'S REPORT

As the chair of ESWCA, I am very pleased to present to you, the organisation's annual report for the year ending March 2022.

This year has seen the organisation grow in many ways with new volunteers joining the organisation to support our core projects. This is the year that we have come to realise the true effect the pandemic and cost of living crisis is having on those that come to us for support.

We continue to forge partnerships with like minded organisation and I am pleased to report that the partnerships we are involved in, continue to support the organisation's capacity building ambitions.

Our work on Covid-19 continues as the pandemic is still with us and the virus is still mutating.

Despite the size and capacity of the organisation, we have been able to support **732 beneficiaries**. Demand for our service continues to grow and it is our plan for the next financial to develop a two year strategic plan. The plan will seek to bring in more resources to meet the growing demand for services.

I would like to extend my and the organisation's sincere gratitude to our staff, volunteers, partners, beneficiaries and funders.



Asha HASSAN -
ESWCA CHAIR

OUR IMPACT

732

**BENEFICIARIES
SUCCESSFULLY
SUPPORTED**

64

**BENEFICIARIES
SUPPORTED TO
AVOID BEING MADE
HOMELESS**

100% of

**BENEFICIARIES
WOULD
RECOMMEND
OTHERS SOMEONE
THEY KNOW TO
ACCESS ESWCA
SERVICES.**



OUR Objectives

- ADVANCE EDUCATION PARTICULARLY OF PERSONS OF SOMALI ORIGIN IN EALING, BY THE PROVISION OF LANGUAGE AND LITERACY CLASSES, AND BY THE PROMOTION OF THE EDUCATIONAL NEEDS OF SOMALI PEOPLE WITHIN THE HOST COMMUNITY, AND IN SUCH OTHER CHARITABLE WAYS AS THE COMMITTEE MAY DETERMINE FROM TIME TO TIME.
- RELIEVE POVERTY, PARTICULARLY AMONGST PERSONS OF SOMALI ORIGIN IN EALING BY THE PROVISION OF ADVICE, INFORMATION AND SUPPORT IN THE AREAS OF WELFARE BENEFITS, HEALTH, HOUSING AND TRAINING.

OUR Vision

ESWCA's vision is to contribute to a global alleviation of suffering and destitution experienced by those facing different challenges in life.

OUR Mission

ESWCA's mission is to find workable and achievable solutions that meet the immediate needs of our beneficiaries

PROJECT ACTIVITIES

This Girl Can: BAMER Health and Well-being Initiative Project.

The project was funded by This Girl Can Fund and it looked to engage with 38 BAMER women that were physically inactive. The project achieved the following outcomes;

- 69 women (double beneficiaries) took part in the project
- The outdoors activities were so popular that we are still running sessions
- 69 women all reported changing their diet by implementing the healthy eating programme at home

Refugee Women Mental Health Project

This project was funded by Clarion. The project engaged with 73 refugee women. The project offered;

1. A weekly interactive multi-lingual education programme on
 - Anxiety and Depression focusing on motherhood and bringing up children.
 - General Mental Health and Well-being - Coping with Pre-and-Post COVID-19 changes
 - Self-care strategies: Mindfulness and engaging in hobbies and interest
2. Support in accessing mental health provisions



PROJECT ACTIVITIES

Community Connection Project

Aims of the service is to bring together the local community and provide support to the most vulnerable. Our project targets all sections of the community with a further aim of creating a platform for their voices to be heard and to be resilient in coping with life's challenges. The project has engaged with over 100 beneficiaries this year. The services provided are as follows

- **Keep-fit and Healthy Eating sessions:** We organise keep fit sessions for women and girls with mixed abilities. We also run sessions on healthy lifestyle and nutrition.
- **General Information, Advice and Guidance:** Support provided to deal with welfare rights issues such as claiming for Universal Credit, Funeral and Grieving Payment support; confronting domestic violence; addressing debt and arrears (such as rent and council tax) issues; any other support required by users
- **Coping support:** Ongoing COVID 19 education, a Befriending service focused on reducing social isolation post-pandemic and mentoring for students impacted by the pandemic
- **A monthly girls and women's forum:** We will establish a self-help and safe space for women and girls to interact by dealing with common issues of concern and finding solutions through communal support facilitated by ESWCA staff and volunteers.



PROJECT ACTIVITIES

CASE STUDY: Refugee Women Mental Health Project: The Story of Lady M

Background Information:

Lady M came to the UK as a refugee from war-torn Somalia in early '90s through Germany where she had also claimed asylum and lived for 8 months. Lady M was 45yrs old and was able to flee her country of origin with her husband and four of her children. Lady M lost three of her sons, her mother, and several relatives to the brutal war. Lady M and her husband ran a successful business before the war broke out in the early '90s.

Trauma and Effects of War:

Lady M whilst in Germany, was in the process of receiving medical care as she had been wounded. While in Germany, Lady M and her children were desperately waiting to join her husband who had made it to the UK. Before completing her treatment, Lady M and her children joined her husband in the UK. Lady M and her entire family never received any mental health treatment for the trauma they had experienced. Making the UK a Home:

The Project's Intervention;

Lady M, after attending the training part of the programme, came forward confidentially and was able to unpack and reveal the mental health challenges she had faced for nearly 30yrs. The project was able to;

- Articulate Lady M's mental health challenges - which was presented to her GP together with our volunteer.
- Support Lady with our support to receive appropriate mental health support.
- Lady M has improved so much, that she is now one of our volunteers and providing mentoring support to women that are considering accessing mainstream mental health support..

ANNUAL REPORT AND ACCOUNTS

Year ended 31 March 2022

REGISTERED CHARITY NUMBER

1013717

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EALING SOMALI WELFARE AND CULTURAL ASSOCIATION

ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

ANNUAL REPORT AND ACCOUNTS

Ealing Somali Welfare and Cultural Association was founded in 1990 by the late Ahmed Hassan, who has since been awarded by Ealing Council for his works. It has been a registered charity since 1992.

ESWCA was established with the aim to advance education and relieve poverty, and promote the needs of the refugee community, in particular the Somali community in and around Ealing.

Over more than two decades following these objects and principles, we have assisted many new arrivals in adjusting to their new home, as well as provided assistance with translation, integration, education in the English language and other subjects, advice and advocacy, and other forms of support.

REGISTERED CHARITY NO:

1013717

REGISTERED OFFICE:

Northfields Community Centre,
71A Northcroft Road
West Ealing, London
W13 9SS

BANKERS

NATWEST BANK
EALING

ACCOUNTANTS



Unit 8, 122-126 Coldharbour Lane
London, UB3 3HL

EALING SOMALI WELFARE AND CULTURAL ASSOCIATION

ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

DIRECTORS AND TRUSTEES FOR THE YEAR ENDED ON 31 MARCH 2022

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report and are collectively referred as trustees.

The appointed trustees are as follows:

ASHA HASSAN – Chair Person
ALI ABDI - Treasurer
SAMIRA HIRAD - Secretary

STRUCTURE, GOVERNANCE AND MANAGEMENT

EALING SOMALI WELFARE AND CULTURAL ASSOCIATION (ESWCA) is a registered charity with the charity commission and managed and led by its board of trustees.

The board and individual trustees take collective responsibility for its decisions.

The chair provides leadership to the board and takes responsibility for ensuring the board has agreed priorities, appropriate structures, processes and a productive culture and has trustees who are able to govern well and therefore add value to the charity.

The board of trustees makes sure that there are proper arrangements for the appointment, supervision, support, appraisal, remuneration of the charity's staff.

The charity has also in place a proper framework for the recruitment, support and supervision of the charity's volunteers.

All decisions relating to the governance and management of the charity are taken and approved by the trustees collectively.

EALING SOMALI WELFARE AND CULTURAL ASSOCIATION (ESWCA) engages in partnership with many other organisations and charitable companies, but this does not have an impact on the operational policies adopted by the charity.

The relationships between the charity, related parties, and with other charities and organisations are solely in the pursuit of its aims and objectives as clearly indicated in the organisation's governing document.

RISK ASSESSMENT

The charity manages its exposure to unexpected risks that the charity may face such as adverse changes in funding and other adverse events that may have a significant impact or the potential to inhibit areas of its charity operations in developing and putting in place effective and efficient mitigating measures.

OBJECTIVES AND ACTIVITIES

A SUMMARY OF THE OBJECTS OF THE CHARITY AIMS AS SET OUT IN ITS GOVERNING DOCUMENT:

- **ADVICE AND ADVOCACY SESSIONS**
Providing information, advice and guidance in a number of areas including: Housing, Welfare Rights, Pensions, Disability services, Form filling, Translation Services
- **HEALTH AWARENESS PROJECT**
A number of initiatives to improve health and health awareness, including: Weekly women's groups, Health awareness talks and discussions, Keep fit sessions for the elderly and their carers, Khat awareness (partnered with Neighbourly Care)
- **ELDERS' PROJECTS**
A range of projects benefiting the elderly in partnership with Neighbourly Care and GOSAD, including: Socialisation for the elderly and their carers (lunch clubs and social events), Keep fit sessions for the elderly and their carers, Home visits from volunteers.
- **ESOL CLASSES**
Beginner's ESOL classes, open to all.
- **YOUNG WOMENS' PROJECT**
Project for the benefit of young women, 18-25; Socialisation, Health Awareness, Advice.

STATEMENT OF TRUSTEES' RESPONSIBILITIES:

Company law requires the trustees to prepare financial statements that give a true and fair view of the organisation's financial activities during the year and its financial position at the end of each financial year.

In doing so, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Make judgments and reasonable and prudent judgments
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it's inappropriate to presume that the organisation will continue in operation for the foreseeable future.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time, the financial position of the company and enable them to ensure that the financial comply with applicable laws, regulations and the trust deeds.

They are also responsible for safeguarding the assets of the organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities including money laundering.

Signed on behalf of the trustees:

ASHA HASSAN

ALI ABDI

Chair

INDEPENDENT EXAMINER'S REPORT TO THE CHARITY TRUSTEES OF ESWCA

I report to the trustees on my examination of the accounts of EALING SOMALI WELFARE AND CULTURAL ASSOCIATION (ESWCA) for the year ended 31 March 2022.

RESPONSIBILITIES AND BASIS OF REPORT:

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

INDEPENDENT EXAMINER'S STATEMENT:

I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- Accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- The accounts do not accord with those records; or
- The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Yousif Abdi – Certified Accountant

Date: 15/09/2022

EALING SOMALI WELFARE AND CULTURAL ASSOCIATION
ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	Notes	UNRESTRICTED FUNDS £	RESTRICTED FUNDS £	TOTAL FUNDS £ 2022	TOTAL FUNDS £ 2021
INCOMING RESOURCES					
Voluntary Income/Grants	(1)	-	33,665	33,665	47,590
Legacies		-	-	-	-
Gifts in Kind		-	-	-	-
Investment Income		-	-	-	-
Charitable Activities		-	-	-	-
Other Incoming Resources		-	-	-	-
Total Incoming Resources:		0	33,665	33,665	47,590
RESOURCES EXPENDED:					
Costs for generating funds		-	-	-	-
Charitable Activities		-	(31,355)	(31,355)	(25,025)
Operating Costs		-	(8,685)	(8,685)	(2,832)
TOTAL RESOURCES EXPENDED:	(2)	0.0	(40,040.0)	(40,040.0)	(27,857.0)
Net Surplus/Deficit for the year		0	(6,375)	(6,375)	19,733
Opening funds Transfer of funds		0	23,337	23,337	3,604
Transfer of funds		0	0	0	0
CLOSING FUNDS:		0.0	16,962	16,962	23,337

EALING SOMALI WELFARE AND CULTURAL ASSOCIATION

ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

BALANCE SHEET AS AT 31 MARCH 2022 EALING SOMALI WELFARE AND CULTURAL ASSOCIATION (ESWCA)

	Notes	2022 £	2021 £
<u>FIXED ASSETS</u>			
COMPUTER	(3)	770	386
LESS ACCUMULATED DEPRECIATION		(290)	(97)
NET BOOK VALUE		480	289
<u>CURRENT ASSETS</u>			
BANK	(4)	16,832	23,348
PREPAYMENTS	(5)	-	-
DEBTORS		-	-
TOTAL CURRENT ASSETS		16,832	23,348
<u>CURRENT LIABILITIES</u>			
CREDITORS	(6)	(350)	(300)
NET ASSETS		16,962	23,337
<u>FUNDS CARRIED FORWARD</u>			
RESTRICTED FUNDS	(7)	16,962	23,337
UNRESTRICTED FUNDS		0	0
TOTAL		16,962	23,337

Approved by the board on 16/09/2022 and signed on behalf of the board by:

ASHA HASSAN- Chair

ALI ABDI - Treasurer

NOTES FORMING PART OF THE FINANCIAL STATEMENTS:

ACCOUNTING POLICIES:

- 1a) The financial statements have been prepared under the historical cost convention, with the exception of investment, which are valued at the prevailing market prices. The financial statements have been prepared in accordance with the statement of Recommended Practice-Accounting and reporting by charities (SORP2005) issued in March 2005, applicable UK accounting Standards and the Companies Act 1985. The principal accounting policies adopted in the preparations of the financial statements are set out below.

1b) **INCOMING RESOURCES:**

Voluntary income includes donations, gifts, legacies and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The Donor specified that the grant or donation must only be used in future accounting periods, or
- The Donor has imposed conditions, which must be met before the charity has unconditional entitlement.
- Income from commercial trading activities is recognised as earned as the related goods and services are provided.
- Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions is recognised as earned (as the related goods or services are provided). Grant income includes in the category provided funding to support performance activities and is recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability.

- Income is deferred when admission fees or performance related grants are received in advance of the performances or event to which they relate.

1c) **RESOURCES EXPENDED:**

Expenditure is recognised when a liability is incurred. Contractual agreements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- o Cost of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.
- o Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities.
- o Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

1d) **RESTRICTED FUNDS:**

Restricted funds are to be used for specified purposes as lay down by the founder. Direct and support expenditure, which meets these criteria, is defined to the fund together with a fair allocation of other costs.

EALING SOMALI WELFARE AND CULTURAL ASSOCIATION

ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

1e) UNRESTRICTED FUNDS:

Unrestricted funds are funds received with no restrictions placed in their expenditure and are available as general funds.

- 1f) Revenue grants are credited to incoming resources on the earlier of when they are received or when they are due.

NOTE 1

VOLUNTARY INCOME

DONORS	RESTRICTED INCOME	UNRESTRICTED INCOME	TOTAL 2022 (£)	TOTAL 2021 (£)
London Community Fund		-	-	27,600.00
Awards for All		-	-	9,990.00
Ealing Council COVID-19 Emergency Fund		-	-	5,000.00
Community Connections Grant	15,000.00	-	15,000.00	5,000.00
This Girl Can/Lottery Grant:	4,665.00	-	4,665.00	
Clarion Futures:	4,000.00	-	4,000.00	
		-	-	
		-	-	
GOSAD	10,000.00	-	10,000.00	
Other		-	-	
TOTAL	33,665.00	-	33,665.00	47,590.00

NOTE 2

EXPENSE	RESTRICTED FUNDS (£)	UNRESTRICTED FUNDS (£)	TOTAL - 2022 (£)	2021 (£)
Charitable Activities	31,355.00		31,355.00	24,375.00
Volunteers Travel Expenses			0.00	650.00
Salaries			0.00	2,400.00
Office Costs	7,650.00		7,650.00	185.00
Insurance	157.00		157.00	0.00
Professional Services	350.00		350.00	150.00
Depreciation	193.00		193.00	97.00
Website	305.00		305.00	
Software costs	30.00		30.00	
			0.00	
TOTAL	40,040.00	-	40,040.00	27,857.00

EALING SOMALI WELFARE AND CULTURAL ASSOCIATION

ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

NOTE 3

Tangible fixed assets

Fixed assets costing in excess of £1000 are capitalised and are shown at historical cost.

Depreciation is provided, after taking into account of any grants receivable.

Tangible fixed assets are depreciated at 20% reducing balance.

	£
At Cost 01/04/2021	386
Additions	384
Disposals	-
Revaluations	-
Transfers	-
As at 31 March 2022	<u>770</u>
Depreciation:	
Accumulated Depreciation as at 01/04/2021	(97)
Charge for the year	<u>(193)</u>
At 31 March 2022	<u>(290)</u>
Net Book Value at 31 March 2022	<u>480</u>

NOTE 4

CASH AT BANK AND IN HAND

The charity has a cash balance of £16,832 in its bank account as at 31 March 2022

NOTE 5

CREDITORS

Accounting Fees :	<u>£350</u>
	<u>£350</u>

NOTE 6

FUNDS CARRIED FORWARD

The charity has carried forward a total funds of £16,832 to the next financial year.

Taxation

The charitable company is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010

Cash flow statement

The company has taken advantage of the exemption in Financial Reporting Standard No 1 from producing a cash flow statement on the grounds that it is a small company

TRUSTEES EXPENSES

The trustees neither received nor waived any emoluments during the period. Trustees claimed for travelling expenses during the year. These amounted to £ (Nil).

RELATED PARTIES:

There are no related party transactions to be disclosed.

END