

Atisha Kadampa Meditation Centre
Trustees Annual Report for the Year ended 31 December 2023

Objectives and Activities

The object of the Centre is to promote the Buddhist faith under the spiritual guidance of the elected General Spiritual Director of the New Kadampa Tradition – International Kadampa Buddhist Union (Geshe Kelsang Gyatso). The promotion of the Buddhist faith is principally done through the activities of teaching, study, practice and observance of moral discipline all within the New Kadampa Tradition. The Trustees have had regard to the Charity Commission's guidance on public benefit and liaises closely with the council and other organisations in this regard.

Achievements and Performance

During the year to 31 December 2023 the Centre continued to provide an extensive range of teachings and courses across County Durham, the Tees Valley and North Yorkshire. The Centre relies very much upon the kind efforts of volunteers.

Financial Review

The accounts for the year ended 31 December 2023 do comply with current statutory requirements and the requirements of the company's governing documents and were approved by the Trustees on 15 May 2024.

A surplus of £725 was made during the year ended 31 December 2023 compared to a deficit of £56 in the previous accounting year. Total reserves at the end of the year were £159,212 compared to £158,487 at the end of the previous year. These are unrestricted funds which the Trustees regard as necessary for the continuing maintenance and development of Centre activities. The wide range of classes was maintained during the year and continuing work was undertaken to further enhance the quality of the Centre's building for the benefit of all using the Centre.

Structure, Governance and Management

The Centre is a charitable company with a minimum of three Directors/Trustees who are drawn from the pool of regular participants in the Centre's study programmes. They come from diverse backgrounds and are therefore able to bring a range of relevant knowledge and skills to their roles for the benefit of the Centre and its activities.

The trustees at the end of the year were Ken Standley, Joe Crees and Jennifer Andrews.

Reference and Administrative Details

Atisha Kadampa Meditation Centre is a company limited by guarantee whose activities and operation are governed by its memorandum and articles of association. The Registered Charity No. is 1013466 and the Registered Company No. is 2711172.

The registered office of Atisha Kadampa Meditation Centre, commonly known as Atisha Centre, is located at 81 Victoria Road, Darlington, County Durham, DL1 5JQ. The company's bankers are Natwest plc, York City Centre Branch, 1 Market Street, York, YO1 9YH and the independent examiner is Lesley Greer, 46, Buckingham Road, Redcar, TS10 1EU.

Signed on behalf of the Trustees by

Ken Standley

Date: 15 May 2024

REGISTERED NUMBER
02711172
England and Wales

Atisha Kadampa Meditation Centre
Balance Sheet
31 December 2023

Atisha Kadampa Meditation Centre
81 Victoria Road, Darlington, Co. Durham, DL1 5JQ

DIRECTORS	K. Standley J. Creese L. Devine
SECRETARY	J. Bourke-Cockerill
REGISTERED OFFICE	81 Victoria Road, Darlington, Co. Durham, DL1 5JQ
REGISTERED NUMBER	02711172

Atisha Kadampa Meditation Centre
81 Victoria Road, Darlington, Co. Durham, DL1 5JQ

REPORT OF THE DIRECTORS

The directors submit their report for the year ended 31 December 2023.

PRINCIPAL ACTIVITIES

The principal activity of the company is the promotion and teaching of the Buddhist faith.

DIRECTORS

The company is limited by guarantee and as such there is no share capital.

The following were directors during the year:

K. Standley
J. Creese
J. Andrews

POLITICAL AND CHARITABLE DONATIONS

No charitable or political donations were made during the year.

The directors' report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime in Part 15 of the Companies Act 2006.

By Order of the Board

.....K. Standley..... Director 15 May 2024..... Date

Approved by the Board, 15 May 2024

Atisha Kadampa Meditation Centre
81 Victoria Road, Darlington, Co. Durham, DL1 5JQ

BALANCE SHEET AS AT 31 DECEMBER 2023

		31 December 2023		31 December 2022	
	Notes	£	£	£	£
FIXED ASSETS	1,2		249,633		249,767
CURRENT ASSETS					
Stock		1,892		1,669	
Debtors		390		500	
Cash at Bank		<u>22,869</u>		<u>23,828</u>	
		25,151		25,997	
CREDITORS: Amounts falling due within one year					
Trade Creditors		<u>5,179</u>		<u>2,072</u>	
				2,072	
NET CURRENT ASSETS			<u>19,972</u>		<u>23,925</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			269,605		273,692
CREDITORS: Amounts falling due after more than one year					
Mortgage	3		<u>110,393</u>		<u>115,205</u>
			<u>£159,212</u>		<u>£158,487</u>
SHARE CAPITAL & RESERVES					
Unrestricted Income Funds	4, 5, 6		<u>159,212</u>		<u>158,487</u>
			<u>£159,212</u>		<u>£158,487</u>

Atisha Kadampa Meditation Centre
81 Victoria Road, Darlington, Co. Durham, DL1 5JQ

BALANCE SHEET AS AT 31 DECEMBER 2023 (continued)

The directors confirm that these abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime in Part 15 of the Companies Act 2006, with Section 1A Small Entities of the Financial Reporting Standard 102 (effective July 2015) and the Charity Commission's Statement of Recommended Practice (2019 Update).

For the financial year ended 31 December 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 and no members have deposited a notice under section 476 requiring an audit.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts.

SignedK. Standley..... Director 15 May 2024..... Date

Approved by the Board, 15 May 2024

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

Accounting Convention

The accounts have been prepared in accordance with the historical cost convention.

Depreciation

No provision is made for depreciation on Freehold Buildings as required by the Companies Act 2006 and FRSSE (effective April 2008). The nature of the company's business and the regulatory framework within which it operates means that the company has to carry out a regular programme of maintenance to ensure its premises continue to meet the required high standards throughout its estimated useful life. In the opinion of the directors the effect of this maintenance is that the estimated residual value of the freehold buildings is not materially different from cost and so the total amount that would be subject to depreciation is not material. For this reason it is not necessary to account for depreciation on freehold buildings.

Depreciation is provided on all other tangible fixed assets on a reducing balance method. The rates used are:

Fixtures and Fittings	- 15% on cost
Plant and Equipment	- 25% on cost
Motor Vehicles	- 25% on cost

Stocks

Stock has been valued at the lower of cost and net realisable value.

2. FIXED ASSETS

	Freehold Land and Buildings	Fixtures and Fittings	Plant and Equipment	Total
Cost				
At 1 January 2023	249,000	2,480	2,585	254,065
Additions	-	385	92	477
Disposals	-	-	-	-
At 31 December 2023	<u>249,000</u>	<u>2,865</u>	<u>2,677</u>	<u>254,542</u>
Depreciation				
At 1 January 2023	-	1,803	2,495	4,298
Depreciation for year	-	430	182	612
Disposals	-	-	-	-
At 31 December 2023	<u>-</u>	<u>2,233</u>	<u>2,677</u>	<u>4,910</u>
Net Book Value				
At 1 January 2023	249,000	677	90	249,767
At 31 December 2023	249,000	632	-	249,633

NOTES TO THE ACCOUNTS (continued)

3. CREDITORS - AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

Includes the following:

Mortgage	£110,393
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4. FUNDS

All funds are General Purpose. There are no Restricted Income Funds or Endowment Funds.

5. NET INCOME FROM RESOURCES

Net income from resources is stated after charging:

Depreciation	£612
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6. SHARE CAPITAL AND RESERVES

The company is limited by guarantee.

The reserves are non-restricted funds.

7. EVENTS AFTER THE END OF THE ACCOUNTING YEAR

Nothing significant.

Atisha Kadampa Meditation Centre
81 Victoria Road, Darlington, Co. Durham, DL1 5JQ

STATEMENT OF FINANCIAL ACTIVITIES : YEAR ENDED 31 DECEMBER 2023

	Year to 31 December 2023		Year to 31 December 2022	
	£	£	£	£
Incoming Resources				
Courses	23,007		20,874	
Rent	21,036		24,182	
Donations	344		310	
Shop and Café Sales	<u>2,268</u>		<u>1,347</u>	
Total Incoming Resources		46,655		46,963
Expenditure				
Direct Charitable Expenditure				
Room Hire	5,284		3,545	
Travel	1,002		1,316	
Sponsorship	5,795		5,572	
Shop and Café Purchases	2,154		1,033	
Printing, Postage & Stationery	<u>1,539</u>		<u>1,701</u>	
	<u>15,774</u>		<u>13,167</u>	
Management and Administration				
Telephone & Internet	837		1,218	
Rates, Heat & Light	11,981		11,030	
Food & Household	2,910		2,514	
Building Expenses	5,371		12,362	
Bank Interest & Charges	7,713		4,581	
Legal & Professional	731		746	
Depreciation	<u>613</u>		<u>1,401</u>	
	<u>30,156</u>		<u>33,852</u>	
Total Expenditure		<u>45,930</u>		<u>47,019</u>
Net (Outgoing) / Incoming Resources		725		(56)
 Total funds brought forward		<u>158,487</u>		<u>158,543</u>
 Total funds carried forward		<u>£159,212</u>		<u>£158,487</u>

Independent Examiner's Report to the Trustees of Atisha Kadampa Meditation Centre for the Year Ended 31 December 2023

I report on the accounts of Atisha Centre for the year ended 31 December 2023.

Respective Responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- follow the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes the review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Name: Lesley Greer

Relevant professional qualification or body: ICMA

Address: 46 Buckingham Road, Redcar, TS10 1EU

Date: 16.04.24