

OSPREY

England & Wales · Charity number 1013289

Details

Status Registered

Legal form Trust

Registered 1992-07-30

Register [View on the Charity Commission register](#)

Contact

Address c/o A.C Warneken Gold
Riga House
Humber Road
North Ferriby
HU14 3DW

Phone 01482849501

Email howey@howey.karoo.co.uk

Activities

Objects: 1) THE PURCHASE OF A BONE DENSITOMETER AND OTHER APPARATUS OR EQUIPMENT, MEDICAL OR OTHERWISE REQUIRED FOR USE IN INVESTIGATING OR TREATING THE CONDITION OF OR ALLEVIATING THE SUFFERING OF OR FOR THE PURPOSE OF RESEARCH LEADING TO THE ADVANCEMENT OF MEDICAL SCIENCE IN THE FIELD OF OSTEOPOROSIS. 2) TO ADVANCE THE EDUCATION OF ANY PERSON ENGAGED IN THE FIELD OF OSTEOPOROSIS. 3) TO CONDUCT RESEARCH LEADING TO THE ADVANCEMENT OF MEDICAL SCIENCE IN THE FIELD OF OSTEOPOROSIS GENERALLY AND TO PUBLISH THE USEFUL RESULTS OF SUCH RESEARCH.

Activities: Fund raising through events eg dinner dances, speakers, golf and other social occasions and by donations.

Classification

- **How:** Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, Other Defined Groups

Geography

- **Area of benefit:** NOT DEFINED (IN PRACTICE NORTH AND NORTH EAST LINCOLNSHIRE)
- East Riding Of Yorkshire
- North East Lincolnshire
- North Lincolnshire

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-06-30 | £27,712 | £11,701 | - | - |
| 2024-06-30 | £32,993 | £13,090 | - | - |
| 2023-06-30 | £26,522 | £12,507 | - | - |
| 2022-06-30 | £34,668 | £11,029 | - | - |
| 2021-06-30 | £22,764 | £10,538 | - | - |

Trustees

| Name | Role | Appointed |
|--------------------------|-------|------------|
| A C WARNEKEN-GOLD | Chair | |
| COLIN ENGLISH | | |
| Christina Mary Wood | | 2014-02-12 |
| DAVID HAIRE | | 2015-12-01 |
| DEBBIE CHETHAM-SUTTON | | 2012-03-27 |
| DR S STEEL | | |
| Marilyn CLARKE | | |
| Maxine Osgerby | | 2022-11-15 |
| Vanessa CHETHAM | | |

OSPREY

England & Wales - Charity number 1013289

Accounts

OSPREY

Reports and Accounts for the
year ended 30th June 2025

OSPREY

Reports and Accounts

for the year ended 30th June 2025

CONTENTS

1. Independent Examiner's Report
2. - 3. Trustees' Report
4. - 5. Reports
6. Receipts and Payments Accounts
7. Statement of Assets and Liabilities
8. Accounting Policies and Notes

OSPREY

Independent Examiner's Report to the Trustees of Osprey

I report on the accounts of the Trust for the year ended 30th June 2025, which are set out on pages 8 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities (Accounts and Reports) Regulations 2008

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCA
Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
HU2 8HX

21st April, 2026

OSPREY
(Osteoporosis Research in East Yorkshire)

Trustees' Report
for the year ended 30th June 2025

Address

c/o A.C. Warneken Gold
Riga House
Humber Road
North Ferriby
HU14 3DW

Trusts

Established under a declaration of trust dated 15th July 1992.
The object of the charity is the promotion of osteoporosis research in East Yorkshire.
Registered Charity No 1013289.

Trustees

| | <u>Original date of Appointment</u> |
|---|--|
| Dr.S.A.Steel | 15 th July 1992 |
| A.C. Warneken Gold (Chairman - appointed 19 th October 2003) | 21 st October 1995 |
| M.J.Clarke | 15 th July 1992 |
| V.Chetham | 21 st October 2002 |
| C.J.English | 28 th October 2010 |
| D. Chetham-Sutton | 17 th November 2011 |
| C.M.Wood | 1 st April 2013 |
| D. Haire (Treasurer/Secretary – appointed 24 th February 2025) | 1 st December 2015 |
| M.Osgerby | 15 th November 2022 |

Trustees are appointed by resolution of the existing trustee body.

President

David Kilburn

Honorary Life Member

Sheila English

Patrons

Sir Alan Ayckbourn
Dr. Olivia Mitchell
Lady Pauline Prescott of Kingston upon Hull
Baroness Royale of Blaisdon

Principal Advisors

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Williamsons
Solicitors
Lowgate
Hull
HU1 1EN

Nat West Bank plc
238 Hessle Road
Hull
HU3 3YY

OSPREY

(Osteoporosis Research in East Yorkshire)

Trustees' Report (Continued)

In August 2024 OSPREY reached its 33rd year of charitable fundraising in Hull and East Yorkshire. During the year we organised nine events, fewer in number than previous years, and not hosting any events for the first three months of 2025.

In July 2024 we arranged two events at Cerutti2 in Beverley, at which Tina Cerutti presented a highly entertaining, anecdotal record of her year as High Sheriff.

In September we heard a memorable but sad account from Malka Levine who spoke of the traumatic experiences of her family, hiding underground from the Nazis for almost 2 years.

We held two Fashion Show Days, at Wat's On, the first in November 2024 and the second in May 2025.

We hosted two Christmas Parties, at Cerutti2 in December 2024, one a luncheon and the second a dinner.

In April 2025 we held our popular annual OSPREY quiz night at Cerutti2 with the quiz being set and presented by our wonderful Quizmaster Colin English. Thank you Colin.

Our final event of the year was held at The Triton when the Yorkshire Post columnist Sue Woodcock entertained us for 80 minutes without pausing for breath, an unforgettable experience!

Each of these events was, as usual, very well attended, The Cerutti2 and The Triton events always being a sell-out.

On Christmas Eve 2024 our much loved and respected treasurer Syd Howey died. Syd was a founder member of OSPREY, and his expertise and no-nonsense attitude is missed by us all.

At our last AGM we said 'goodbye' to our secretary Sheila English. Sheila joined OSPREY in 2003 after the death of her husband, John, who was also a trustee of the charity, and Sheila became secretary in 2005.

We thank Sheila for all she did for the charity, over her 22-year association. Sheila graciously accepted our invitation to become an Honorary Life Member of OSPREY, and we are delighted to continue welcoming her to events.

With two officers' positions to fill, David Haire, in the absence of any volunteers and his sanity, gallantly stepped in and is currently both secretary and treasurer. Thank you David.

On the retirement of our President Sue Steel, we welcome David Kilburn as our new President, and we look forward to a long and happy association with David. We also wish a happy 'retirement' to Sue, who remains a trustee of the charity.

Our thanks to:

Vanessa Chetham who continues to source and donate beautiful prizes for our raffles.

Debbie Sutton who retains the title of 'Star Ticket Seller'.

Tina Wood for being our 'Official Photographer' and ensuring the photos land on our website.

Lyn Clarke for organising us all for the AGM.

Maxine Osgerby for keeping us up to date and in touch with the Centre's activities.

Finally, a huge thank you to Paul Drant, who generously gives of his time and expertise to ensure we comply with the demands of The Charity Commission and that we submit accurate financial reports.

Thank you all.

It is the policy of the charity to maintain unrestricted funds, the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

A.C Warneken Gold

Chairman

21st April, 2026

In Memoriam

On Christmas Eve 2024, Syd Howey, a founding trustee of OSPREY, died. Syd held several roles within OSPREY and had been for the last 25 years, our Treasurer. Syd was a highly respected, brilliant nuclear physicist, working over 40 years for the NHS Trust in East Yorkshire. However, his skills and innovation had far reaching effects both nationally and internationally. He was married to Kath for 62 years and was a devoted husband, father and grandfather and a great friend to many. We have been privileged to have known Syd. He will be greatly missed by us all.

OSPREY

(Osteoporosis Research in East Yorkshire)

Scientific Reports

The following were presented to the trustees at the AGM:-

A detailed update report from The University Of Hull by Professor Natalie Vanicek

A detailed report from The Centre for Metabolic Bone Disease, Hull University Teaching Hospitals by Maxine Osgerby, Dr.Mo Aye and Professor Thozhukat Sathyapalan

OSPREY
(Osteoporosis Research in East Yorkshire)
Receipts and Payments Accounts
for the year ended 30th June 2025

| <u>Receipts</u> | <u>Notes</u> | <u>Unrestricted 2025</u> | <u>Unrestricted 2024</u> |
|--|---------------------|-------------------------------------|-------------------------------------|
| Donations | | 7,040 | 8,380 |
| Operating activities to generate funds | 4 | 18,272 | 23,149 |
| Miscellaneous income | 5 | 1,048 | - |
| Investment income | | 1,352 | 1,464 |
| Total receipts | | £ 27,712 | £ 32,993 |
| <u>Payments</u> | | | |
| Sundry costs | | 168 | 672 |
| Donation to HU NHS Trust | | - | - |
| Scholarship and research projects | | - | - |
| Payments for generating funds | | 11,533 | 12,418 |
| Total payments | | £ 11,701 | £ 13,090 |
| Net payments/receipts | | 16,011 | 19,903 |
| <u>Unrealised gains / (losses) on investment assets</u> | 3 | (77) | 315 |

| | | |
|---|--------------------------|--------------------------|
| Net movement in funds | £ 15,934 | £ 20,218 |
| | <u><u> </u></u> | <u><u> </u></u> |
| <u>Fund balances brought forward</u> | £ 129,556 | £ 109,338 |
| | <u><u> </u></u> | <u><u> </u></u> |
| <u>Fund balances carried forward</u> | £ 145,490 | £ 129,556 |
| | <u><u> </u></u> | <u><u> </u></u> |

OSPREY

Statement of Assets and Liabilities

as at 30th June 2025

| | <u>Notes</u> | <u>2025</u> | <u>2024</u> |
|---|---------------------|--------------------|--------------------|
| <u>Fixed Assets</u> | | | |
| Investments | 3 | 2,812 | 2,889 |
| | | <u>2,812</u> | <u>2,889</u> |
| <u>Current Assets</u> | | | |
| Cash at Bank and in Hand | | 143,570 | 126,667 |
| | | <u>143,570</u> | <u>126,667</u> |
| <u>Current Liabilities</u> | | | |
| D Haire | 6 | (892) | - |
| | | <u>(892)</u> | <u>-</u> |
| Total assets | | <u>£ 145,490</u> | <u>£ 129,556</u> |
| | | | |
| <u>Unrestricted income funds</u> | | 145,490 | 129,556 |
| | | <u>145,490</u> | <u>129,556</u> |
| Total funds | | <u>£ 145,490</u> | <u>£ 129,556</u> |

Approved by the Board of Trustees on 21st April 2026 and signed on its behalf by:-

A.C.Warneken Gold

Chairman

OSPREY

Notes to the Accounts

1 Accounting Policies

- a) Voluntary income is accounted for as it is received.
- b) Expenditure is provided as it arises.
- c) Investments are stated at market value.

2 No remuneration has been paid to Trustees.

3 Investment Assets

| | |
|---|----------------|
| Analysis of change in investments during the year: | £ |
| Market value at beginning of year | 2,889 |
| Add: net gain/(loss) on revaluation | (77) |
| Market value at end of year | <u>£ 2,812</u> |

| | <u>Market value at year end</u> | | <u>Income from investments</u> | |
|---|---------------------------------|--------------|--------------------------------|--------------|
| | 2025 | 2024 | 2025 | 2024 |
| | £ | £ | £ | £ |
| Investments listed on a recognised stock exchange | <u>2,812</u> | <u>2,889</u> | <u>1,352</u> | <u>1,464</u> |

| | | | |
|----------|---|-------------------------|-------------------------|
| 4 | <u>Operating Activities for Generating Funds</u> | 2025 £ | 2024 £ |
| | Function receipts | 18,272 | 23,149 |
| | | 18,272 | 23,149 |
| | | 18,272 | 23,149 |
| 5 | Miscellaneous income not linked to specific events or donations | | |
| 6 | D Haire has paid various fees due to lack of access to Natwest accounts | | |

OSPREY

England & Wales - Charity number 1013289

Accounts

OSPREY

Reports and Accounts for the

year ended 30th June 2024

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Reports and Accounts
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(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Paul Drant FCA
Sadofskys
Chartered Accountants
Princes House
Wright Street
Hull
HU2 8HX

24th February, 2025

OSPREY
(Osteoporosis Research in East Yorkshire)

Trustees' Report
for the year ended 30th June 2024

Address

c/o A.C. Warneken Gold
Riga House
Humber Road
North Ferriby
HU14 3DW

Trusts

Established under a declaration of trust dated 15th July 1992.
The object of the charity is the promotion of osteoporosis research in East Yorkshire.
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Trustees

| | | <u>Original date of Appointment</u> |
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| Dr.S.A.Steel | (President - appointed 13 th October 2004) | 15 th July 1992 |
| S.Howey | (Treasurer - appointed 21 st October 2002) | 15 th July 1992 |
| S.English | (Secretary - appointed 2 nd October 2005) | 19 th October 2003 |
| A.C. Warneken Gold | (Chairman - appointed 19 th October 2003) | 21 st October 1995 |
| M.J.Clarke | | 15 th July 1992 |
| V.Chetham | | 21 st October 2002 |
| C.J.English | | 28 th October 2010 |
| D. Chetham-Sutton | | 17 th November 2011 |
| W.Waddington | | 17 th November 2011 |
| C.M.Wood | | 1 st April 2013 |
| D. Haire | | 1 st December 2015 |
| M.Osgerby | | 15 th November 2022 |

Trustees are appointed by resolution of the existing trustee body.

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Sir Alan Ayckbourn
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Lady Pauline Prescott of Kingston upon Hull
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Williamsons
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HU1 1EN

Nat West Bank plc
238 Hessle Road
Hull
HU3 3YY

OSPREY

(Osteoporosis Research in East Yorkshire)

Trustees' Report (Continued)

In August 2023 OSPREY reached its 32nd year of charitable fundraising in Hull and East Yorkshire.

In the year July 2023 to June 2024 we organised 10 events including:

1 Royal Protection Lunch, 2 Literary Lunches, 2 Fashion Show Days,

2 Christmas Party events and rounding off in April 2024, with an Antiques Valuation Day with local auctioneer and valuer, Caroline Hawley of BBC fame!

Each of these events was, as ever, well attended and once again we raised significant funds. (£19,903)

Thank you to all the trustees for their continued support of all of these events.

A special thank you must go to my fellow officers Syd Howey and Sheila English.

Syd, in spite of poor health continued, as treasurer, to balance our finances. Thank you.

Sheila, our secretary continued expediting the minutes of our 'wordy' meetings and writing endless emails, thank you letters and letters organising details of events. Thank you Sheila.

Thanks to Vanessa Chetham for her continued generosity, sourcing a donating beautiful raffle prizes. Thank you, Vanessa.

Thanks too to Debbie Sutton, our star ticket seller. We couldn't do it without you! Thank you Debbie.

Final thanks to Paul Drant who generously gives his time and expertise to ensure we comply with the demands of The Charity Commission.

Thank you all, I am very grateful.

It is the policy of the charity to maintain unrestricted funds, the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the preventions and discretion of fraud and other irregularities.

A.C Warneken Gold

Chairman

24th February, 2025

OSPREY

(Osteoporosis Research in East Yorkshire)

Report of the President

I welcome the report that the Centre for Metabolic Disease in Hull is one of 10 accredited regional hubs in the UK for metabolic bone disease and that they are developing a regional multidisciplinary team with Leeds and Sheffield. I also note the increased research activity and publications. I hope that the department will soon have the appropriate number of technicians to meet the increasing demand on the service.

I also note the good news that the Fracture Liaison Service now covers the East Riding of Yorkshire and not just Hull which was a sad omission.

The continuing relationship with the University of Hull is welcomed. Interesting to note that they have acquired a DXA scanner for themselves to support their research work. I look forward to the outcome of their research on bone loading to increase bone density.

So, thank you to all concerned in maintaining the high profile of prevention, diagnosis and treatment of osteoporosis in Hull and the East Riding.

Dr Susan Ann Steel
President of OSPREY

OSPREY

(Osteoporosis Research in East Yorkshire)

Scientific Reports

The following were presented to the trustees at the AGM:-

A detailed update report from The University Of Hull by Professor Natalie Vanicek

A detailed report from The Centre for Metabolic Bone Disease, Hull University Teaching Hospitals by Maxine Osgerby, Dr.Mo Aye and Professor Thozhukat Sathyapalan

OSPREY

(Osteoporosis Research in East Yorkshire)

Receipts and Payments Accounts

for the year ended 30th June 2024

| <u>Receipts</u> | <u>Notes</u> | <u>Unrestricted 2024</u> | <u>Unrestricted 2023</u> |
|--|---------------------|-------------------------------------|-------------------------------------|
| Donations | | 8,380 | 6,800 |
| Operating activities to generate funds | 4 | 23,149 | 19,170 |
| Investment income | | 1,464 | 552 |
| Total receipts | | £ 32,993 | £ 26,522 |
| <u>Payments</u> | | | |
| Sundry costs | | 672 | 387 |
| Donation to HU NHS Trust | | - | - |
| Scholarship and research projects | | - | - |
| Payments for generating funds | | 12,418 | 12,120 |
| Total payments | | £ 13,090 | £ 12,507 |
| Net payments/receipts | | 19,903 | 14,015 |
| <u>Unrealised gains / (losses) on investment assets</u> | 3 | 315 | 261 |
| Net movement in funds | | £ 20,218 | £ 14,276 |
| <u>Fund balances brought forward</u> | | £ 109,338 | £ 95,062 |
| <u>Fund balances carried forward</u> | | £ 129,556 | £ 109,338 |

OSPREY

Statement of Assets and Liabilities

as at 30th June 2024

| | <u>Notes</u> | <u>2024</u> | <u>2023</u> |
|---|---------------------|--------------------|--------------------|
| <u>Fixed Assets</u> | | | |
| Investments | 3 | 2,889 | 2,574 |
| <u>Current Assets</u> | | | |
| Cash at Bank and in Hand | | 126,667 | 106,764 |
| Total assets | | £ 129,556 | £ 109,338 |
| | | | |
| <u>Unrestricted income funds</u> | | 129,556 | 109,338 |
| Total funds | | £ 129,556 | £ 109,338 |

Approved by the Board of Trustees on 24th February 2025 and signed on its behalf by:-

A.C.Warneken Gold

Chairman

OSPREY

Notes to the Accounts

1 **Accounting Policies**

- a) Voluntary income is accounted for as it is received.
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2 No remuneration has been paid to Trustees.

3 **Investment Assets**

| | |
|---|----------------|
| Analysis of change in investments during the year: | £ |
| Market value at beginning of year | 2,574 |
| Add: net gain/(loss) on revaluation | 315 |
| Market value at end of year | <u>£ 2,889</u> |

| | <u>Market value at year end</u> | | <u>Income from investments</u> | |
|--|---------------------------------|------|--------------------------------|------|
| | 2024 | 2023 | 2024 | 2023 |
| | £ | £ | £ | £ |

| | | | | |
|---|--------------|--------------|--------------|------------|
| Investments listed on a recognised stock exchange | <u>2,889</u> | <u>2,574</u> | <u>1,464</u> | <u>552</u> |
|---|--------------|--------------|--------------|------------|

4 **Operating Activities for Generating Funds**

| | 2024 | 2023 |
|-------------------|---------------|---------------|
| | £ | £ |
| Function receipts | 23,149 | 19,170 |
| | <u>23,149</u> | <u>19,170</u> |

OSPREY

England & Wales - Charity number 1013289

Accounts

OSPREY

Reports and Accounts for the

year ended 30th June 2023

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23rd October, 2023

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Solicitors
Lowgate
Hull
HU1 1EN

Nat West Bank plc
238 Hessle Road
Hull
HU3 3YY

OSPREY

(Osteoporosis Research in East Yorkshire)

Trustees' Report (Continued)

In August 2022 OSPREY reached 31 years of charitable fund-raising in Hull and East Yorkshire.

We organised eight events during the year and began our fund-raising events in August with 'A Turkish Evening' in Beverley and arranged by trustee Colin English. A fun night was had by all! This was followed by our regular Cerutti 2 Quiz night in October and once again was arranged by Colin English. Colin's quiz nights always prove popular and we sold 56 tickets. Cerutti 2 has only 48 covers so it did prove challenging fitting in so many guests! These two events raised £1221. Thank you, Colin.

In October we also arranged a fashion event at Wat's On Boutique, which raised £897. This was followed two weeks later by a Literary Lunch at the Triton Inn, with regular guest author Milly Johnson and arranged by trustee Debbie Sutton. The event raised £800. Thank you, Debbie.

In November 2022 we ran a 'pop-up' shop', hosted by Wat's On Boutique and staffed by ourselves and Wat's On staff. The shop was open for 6 days trading and raised a magnificent £2,200 for OSPREY. Thank you to everyone involved in that event. In February Colin arranged a second quiz-night at Cerutti 2, which raised £450. Thank you, Colin.

In March we held a third event at Wat's On which raised £1031. The total raised at the three fashion events was £4138. We have to thank Joyce Clappison for her generosity in arranging these 3 events. Our final event of the year was our Coronation Party celebrating The Coronation of His Majesty King Charles III and which raised £2,800. Special thanks to Tina Wood for knitting our glorious 'King dollies' which were auctioned and raised over £250. Thank you for all of your efforts re these events.

Thanks to the trustees for their continued support. I am amazed that we as a team continue to raise significant amounts of money for OSPREY.

Finally, very special thanks from me to:

Syd Howey, OSPREY's treasurer, who continues the seemingly impossible task of 'balancing the books', so magnificently and in spite of continued health issues.

Sheila English, our secretary, for continuing to expedite the minutes of our meetings, endlessly writing thank you letters, organising and seeking out new ideas for events.

Thank you to Debbie Sutton our star ticket seller and who quietly tolerates my regular rants! Thanks Debbie.

Thank you to Raena Landau, a 'sub-committee of one' who also in spite of poor health, continues to sell tickets for events and also to source excellent auction/raffle prizes when required.

Thank you for Vanessa Chetham who very generously continues to supply a huge number of raffle prizes for all of our events.

Final thanks to Paul Drant who generously gives his time and expertise to ensure we comply with the demands of The Charity Commission.

Thank you all, I am very grateful.

It is the policy of the charity to maintain unrestricted funds, the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

A.C Warneken Gold

Chairman

23rd October, 2023

OSPREY

(Osteoporosis Research in East Yorkshire)

Report of the President

Osteoporosis is a debilitating disease which is unlikely to go away but thanks to all committee members and supporters neither will OSPREY.

Our successful fundraising continues to support the diagnostic and research work at the hospital and associated research at The University of Hull.

Dr Susan Ann Steel
President of OSPREY

OSPREY

(Osteoporosis Research in East Yorkshire)

Scientific Reports

The following were presented to the trustees at the AGM:-

A detailed update report from The University Of Hull by Dr.Ali Dostan and Professor Natalie Vanicek

A detailed report from The Centre for Metabolic Bone Disease, Hull University Teaching Hospitals by Maxine Osgerby, Dr.Mo Aye and Professor Thozhukat Sathyapalan

OSPREY

(Osteoporosis Research in East Yorkshire)

Receipts and Payments Accounts

for the year ended 30th June 2023

| <u>Receipts</u> | <u>Notes</u> | <u>Unrestricted 2023</u> | <u>Unrestricted 2022</u> |
|--|---------------------|-------------------------------------|-------------------------------------|
| Donations | | 6,800 | 7,762 |
| Operating activities to generate funds | 4 | 19,170 | 26,813 |
| Investment income | | 552 | 93 |
| Total receipts | | £ 26,522 | £ 34,668 |
| <u>Payments</u> | | | |
| Sundry costs | | 387 | 30 |
| Donation to HU NHS Trust | | - | - |
| Scholarship and research projects | | - | - |
| Payments for generating funds | | 12,120 | 10,999 |
| Total payments | | £ 12,507 | £ 11,029 |
| Net payments/receipts | | 14,015 | 23,639 |
| <u>Unrealised gains / (losses) on investment assets</u> | 3 | 261 | 606 |
| Net movement in funds | | £ 14,276 | £ 24,245 |
| <u>Fund balances brought forward</u> | | £ 95,062 | £ 70,817 |
| <u>Fund balances carried forward</u> | | £ 109,338 | £ 95,062 |

OSPREY

Statement of Assets and Liabilities

as at 30th June 2023

| | <u>Notes</u> | <u>2023</u> | <u>2022</u> |
|---|---------------------|--------------------|--------------------|
| <u>Fixed Assets</u> | | | |
| Investments | 3 | 2,574 | 2,313 |
| | | <u>2,574</u> | <u>2,313</u> |
| <u>Current Assets</u> | | | |
| Cash at Bank and in Hand | | 106,764 | 92,749 |
| | | <u>106,764</u> | <u>92,749</u> |
| Total assets | | <u>£ 109,338</u> | <u>£ 95,062</u> |
| | | | |
| <u>Unrestricted income funds</u> | | 109,338 | 95,062 |
| | | <u>109,338</u> | <u>95,062</u> |
| Total funds | | <u>£ 109,338</u> | <u>£ 95,062</u> |

Approved by the Board of Trustees on 23rd October 2023 and signed on its behalf by:-

A.C.Warneken Gold

Chairman

OSPREY

Notes to the Accounts

1 Accounting Policies

- a) Voluntary income is accounted for as it is received.
- b) Expenditure is provided as it arises.
- c) Investments are stated at market value.

2 No remuneration has been paid to Trustees.

3 Investment Assets

| | |
|---|----------------|
| Analysis of change in investments during the year: | £ |
| Market value at beginning of year | 2,313 |
| Add: net gain/(loss) on revaluation | 261 |
| Market value at end of year | <u>£ 2,574</u> |

| | <u>Market value at year end</u> | | <u>Income from investments</u> | |
|---|---------------------------------|--------------|--------------------------------|-----------|
| | 2023 | 2022 | 2023 | 2022 |
| | £ | £ | £ | £ |
| Investments listed on a recognised stock exchange | <u>2,574</u> | <u>2,313</u> | <u>552</u> | <u>93</u> |

4 Operating Activities for Generating Funds

| | 2023 | 2022 |
|-------------------|---------------|---------------|
| | £ | £ |
| Function receipts | 19,170 | 26,813 |
| | <u>19,170</u> | <u>26,813</u> |

OSPREY

England & Wales - Charity number 1013289

Accounts

OSPREY

Reports and Accounts for the

year ended 30th June 2022

OSPREY

Reports and Accounts

for the year ended 30th June 2022

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7. Statement of Assets and Liabilities
8. Accounting Policies and Notes

OSPREY

Independent Examiner's Report to the Trustees of Osprey

I report on the accounts of the Trust for the year ended 30th June 2022, which are set out on pages 8 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities (Accounts and Reports) Regulations 2008

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Paul Drant ACA
cbaSadofskys
Chartered Accountants
Princes House
Wright Street
Hull
HU2 8HX

15th November 2022

OSPREY
(Osteoporosis Research in East Yorkshire)

Trustees' Report
for the year ended 30th June 2022

Address

c/o A.C. Warneken Gold
Riga House
Humber Road
North Ferriby
HU14 3DW

Trusts

Established under a declaration of trust dated 15th July 1992.
The object of the charity is the promotion of osteoporosis research in East Yorkshire.
Registered Charity No 1013289.

Trustees

| | | <u>Original date of</u> <u>Appointment</u> |
|--------------------|--------------|---|
| Dr.S.A.Steel | (President - | appointed 13 th October 2004) |
| S.Howey | (Treasurer - | appointed 21 st October 2002) |
| S.English | (Secretary - | appointed 2 nd October 2005) |
| A.C. Warneken Gold | (Chairman - | appointed 19 th October 2003) |
| M.J.Clarke | | 15 th July 1992 |
| V.Chetham | | 21 st October 2002 |
| C.J.English | | 28 th October 2010 |
| D. Chetham-Sutton | | 17 th November 2011 |
| W.Waddington | | 17 th November 2011 |
| C.M.Wood | | 1 st April 2013 |
| D. Haire | | 1 st December 2015 |
| M.Osgerby | | 15 th November 2022 |

Trustees are appointed by resolution of the existing trustee body.

Patrons

Sir Alan Ayckbourn
Dr. Olivia Mitchell
Lady Pauline Prescott of Kingston upon Hull
Baroness Royale of Blaisdon

Principal Advisors

cbaSadofskys
Chartered Accountants
Princes House
Wright Street
Hull
HU2 8HX

Williamsons
Solicitors
Lowgate
Hull
HU1 1EN

Nat West Bank plc
238 Hessle Road
Hull
HU3 3YY

OSPREY

(Osteoporosis Research in East Yorkshire)

Trustees' Report (Continued)

In August this year OSPREY reached a milestone 30 years of charitable fund-raising in Hull and East Yorkshire.

Having navigated through the pandemic we enthusiastically resumed our fund-raising activities and organised eight events in the year July 2021 to June 2022.

Three of these events were Fashion Show events at Wat's On, which together raised almost £2,700. Two Triton lunches raised £2,050; a splendid Wine Tasting Evening hosted by James Long, organised by Sheila English, and also held at The Triton raised £2062; A Christmas Party at The Beverley Barn raised £2623 and finally, the highlight of our fundraising efforts was ' HM The Queen's Platinum Jubilee Party', at which we entertained 100 guests and which raised £3572. Thank you all for your efforts re these events.

I would like to thank the trustees for their continued support.

Thanks to Syd Howey OSPREY's treasurer, who continues the seemingly impossible task of 'balancing the books', so magnificently, in spite of continued health issues.

Thanks too, to our secretary Sheila English for continuing to expedite the minutes of our meetings and endlessly writing thank you letters.

Thank you to Debbie Sutton our star ticket seller and who is a great support to me at all times.

Thank you to Raena Landau, a 'sub-committee of one', who also in spite of poor health has continued to sell tickets for events and to source excellent auction prizes.

Thank you to Vanessa Chetham who generously supplies a huge number of raffle prizes for all of our events.

Final thanks to Paul Drant who generously gives his time and expertise to ensure we comply with the demands of The Charity Commission.

Thank you all, I am very grateful.

It is the policy of the charity to maintain unrestricted funds, the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the preventions and detection of fraud and other irregularities.

A.C Warneken Gold

Chairman

15th November, 2022

OSPREY

(Osteoporosis Research in East Yorkshire)

Report of the President

Osteoporosis is a debilitating disease which is unlikely to go away but thanks to all committee members and supporters neither will OSPREY.

Our successful fundraising continues to support the diagnostic and research work at the hospital and associated research at The University of Hull.

Committee members were delighted to be invited to view the new bone scanning equipment purchased by the charity and located in the new Allam building at Hull Royal Infirmary. This equipment will help support continuation of the clinical and research work for a number of years to come.

Dr Susan Ann Steel
President of OSPREY

OSPREY

(Osteoporosis Research in East Yorkshire)

Scientific Report from the University of Hull

A detailed update report was presented at the AGM

Professor Natalie Vanicek & Dr Ali Dostan

OSPREY

(Osteoporosis Research in East Yorkshire)

Receipts and Payments Accounts

for the year ended 30th June 2022

| <u>Receipts</u> | <u>Notes</u> | <u>Unrestricted</u> <u>2022</u> | <u>Unrestricted</u> <u>2021</u> |
|---|---------------------|--|--|
| Donations | | 7,762 | 19,411 |
| Operating activities to generate funds | 4 | 26,813 | 3,289 |
| Investment income | | 93 | 64 |
| Total receipts | | £ 34,668 | £ 22,764 |
| <u>Payments</u> | | | |
| Sundry costs | | 30 | - |
| Donation to HU NHS Trust | | - | 9,000 |
| Scholarship and research projects | | - | - |
| Payments for generating funds | | 10,999 | 1,538 |
| Total payments | | £ 11,029 | £ 10,538 |
| Net payments/receipts | | 23,639 | 12,226 |
| <u>Unrealised gains / (losses)</u> <u>on investment assets</u> | 3 | 606 | 101 |
| Net movement in funds | | £ 24,245 | £ 12,327 |
| <u>Fund balances brought forward</u> | | £ 70,817 | £ 58,490 |
| <u>Fund balances carried forward</u> | | £ 95,062 | £ 70,817 |

OSPREY

Statement of Assets and Liabilities

as at 30th June 2022

| | <u>Notes</u> | <u>2022</u> | <u>2021</u> |
|---|---------------------|--------------------|--------------------|
| <u>Fixed Assets</u> | | | |
| Investments | 3 | 2,313 | 1,707 |
| | | <u> </u> | <u> </u> |
| <u>Current Assets</u> | | | |
| Cash at Bank and in Hand | | 92,749 | 69,110 |
| | | <u> </u> | <u> </u> |
| Total assets | | <u>£ 95,062</u> | <u>£ 70,817</u> |
| | | | |
| <u>Unrestricted income funds</u> | | 95,062 | 70,817 |
| | | <u> </u> | <u> </u> |
| Total funds | | <u>£ 95,062</u> | <u>£ 70,817</u> |

Approved by the Board of Trustees on 15th November 2022 and signed on its behalf by:-

A.C.Warneken Gold

Chairman

OSPREY

Notes to the Accounts

1 Accounting Policies

- a) Voluntary income is accounted for as it is received.
- b) Expenditure is provided as it arises.
- c) Investments are stated at market value.

2 No remuneration has been paid to Trustees.

3 Investment Assets

| | |
|---|----------------|
| Analysis of change in investments during the year: | £ |
| Market value at beginning of year | 1,707 |
| Add: net gain/(loss) on revaluation | 606 |
| Market value at end of year | <u>£ 2,313</u> |

| | <u>Market value at year end</u> | | <u>Income from investments</u> | |
|---|---------------------------------|--------------|--------------------------------|-----------|
| | 2022 | 2021 | 2022 | 2021 |
| | £ | £ | £ | £ |
| Investments listed on a recognised stock exchange | <u>2,313</u> | <u>1,707</u> | <u>93</u> | <u>64</u> |

4 Operating Activities for Generating Funds

| | 2022 | 2021 |
|-------------------|---------------|--------------|
| | £ | £ |
| Function receipts | 26,813 | 3,289 |
| | <u>26,813</u> | <u>3,289</u> |