

YORK CORONARY SUPPORT GROUP TRUST

England & Wales · Charity number 1011149

Details

Status Registered

Legal form Other

Registered 1992-05-15

Register [View on the Charity Commission register](#)

Contact

Address 16 Church Close
Tollerton
York
North Yorkshire
YO61 1QS

Phone 01347833260

Email jenny_cookson@yahoo.com

Website www.ycsgt.org.uk

Activities

Objects: SUCH CHARITABLE TRUSTS AND SUCH CHARITABLE PURPOSES DESIGNED FOR THE ADVANCEMENT OF ANY ONE OR MORE OF THE FOLLOWING OBJECTS AND IN SUCH MANNER AS THE TRUSTEES SHALL IN THEIR ABSOLUTE UNCONTROLLED DISCRETION FROM TIME TO TIME DETERMINE IN RELATION TO THE SUPPORT OF PATIENTS WITH HEART RELATED PROBLEMS CORONARY PATIENTS AND THEIR PARTNERS (FOR FURTHER DETAILS SEE CLAUSE 2 OF DECLARATION OF TRUST)

Activities: The Group was formed to provide an essential part of the rehabilitation process after a heart attack or heart surgery. This is done through regular Monthly Meetings, exercise classes, walking group, art group and swimming sessions. Members are kept in touch through a quarterly Newsletter.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Amateur Sport, Recreation
- **Who:** Elderly/old People

Geography

- City Of York
- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£41,351	£46,255	-	-
2024-03-31	£71,805	£27,959	-	-
2023-03-31	£94,094	£37,071	-	-
2022-03-31	£19,984	£27,324	-	-
2021-03-31	£4,231	£11,522	-	-

Trustees

Name	Role	Appointed
ANTHONY RICHARD FLETCHER		2014-06-30
JENNIFER CAROLE COOKSON		2018-07-20
Nicholas David Longster		2022-10-20
Nigel Dussoye		2024-10-31

YORK CORONARY SUPPORT GROUP TRUST

England & Wales - Charity number 1011149

Accounts



Trustees' Annual Report for the period

From **1st April 2024** Period start date To **31st March 2025**
Period end date

Charity name: York Coronary Support Group Trust

Charity registration number: 1011149

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The aims of the Group shall be to help cardiac patients by mutual support and the provision of facilities for them and their partners.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The provision of rehabilitation exercise classes following on from the classes operated by York District Hospital.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All Trustees have regarded the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Providing a much needed and appreciate follow on support network for members, and their families, with heart related issues.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held to ensure to continuation of classes and support for the Hospital Rehabilitation Team
Amount of reserves held	Para 1.22	£50,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Bequests, membership fees and fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Loss of income to cover the cost of classes as experienced during Covid.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	As a Trust
Trustee selection methods including details of any	Para 1.25	

constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees		
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Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	York Coronary Support Group Trust
Other name the charity uses	n/a
Registered charity number	1011149
Charity's principal address	16 Church Close, Tollerton York YO61 1QS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jennifer Cookson	Treasurer	20 th July 2018 to date	
2	Nigel Dussoye		6 th June 2024 to date	
3	Anthony Fletcher		30 th June 2014 to date	
4	Nicholas Longster		20 th October 2022 to date	
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Jennifer Cookson	Nigel Dussoye
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Position (eg Secretary,
Chair, etc)

Treasurer	Trustee
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Date

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YORK CORONARY SUPPORT GROUP TRUST
INCOME and EXPENDITURE ACCOUNT 1st to 31st March 2025

Reg. Charity No. 1011149	1st -31st March 2025		Cumulative from 1st April 2024					
	4 - INCOME		5 - EXPENDITURE		INCOME		EXPENDITURE	
		Sect. Tots		Sect. Tots		Sect. Tots		Sect. Tots
LEGEND	£	£	£	£	£	£	£	£
BANK		400.00		0.00		0.00		0.00
Bank Fees	400.00	0.00					0.00	
Accrued Bank Interest		302.34					0.00	
EXERCISE PROGRAMMES		2,626.00		2,200.40		25,768.00		34,494.80
Keep Fit - Mon 9:15	436.00		360.00		4,264.00		6,930.00	
- Mon 10:15	524.00		360.00		3,400.00		5,260.00	
- Mon 13.00	344.00		278.40		2,700.00		3,242.20	
- Mon 6.30					508.00		0.00	
- Wed 9:45	132.00		300.00		1,648.00		4,710.00	
- Wed 6.00					0.00		0.00	
- Fri 9:15	372.00				4,336.00		5,360.00	
- Fri 10:15	372.00		330.00		3,780.00		3,450.00	
- Fri 13.00	256.00		440.00		2,852.00		2,740.00	
KPFT Float					0.00		19.99	
Swim-Roko	190.00		132.00		2,280.00		2,260.00	
Liability Insurance					0.00		478.61	
Equipment Maintenance					0.00		8.00	
Training & Conferences					0.00		36.00	
FUNDRAISING		0.00		0.00	0.00	2,478.27	0.00	512.06
St Crux					2,478.27		512.06	
Morrisons Tin Shake					0.00		0.00	
ADMINISTRATION		0.00		826.99	0.00	568.45	0.00	4,762.32
Good Box Charges			442.29		568.45		2,942.43	
Office Stationery			22.70		0.00		324.56	
Storage Charges			32.00		0.00		865.33	
Year End Auditors			330.00		0.00		630.00	
Y.C.S.G.T.PUBLICATIONS				155.19	0.00	0.00	0.00	956.44
Newsletter			155.19		0.00		956.44	
Y.C.S.G.T. Posters / Leaflets					0.00		0.00	
Y.C.S.G.T. Advertising					0.00		0.00	
MEMBERSHIP		1,708.00		0.00	0.00	2,541.00	0.00	0.00
Fees	1,708.00				2,541.00		0.00	
GROUPS & ORGANISATIONS					0.00	0.00	0.00	0.00
York Council Gaming Licence					0.00		0.00	
York. Coun. for Vol. Service					0.00		0.00	
Other Groups Subscriptions					0.00		0.00	
MONTHLY MEETINGS		0.00		0.00	0.00	28.00	0.00	785.38
Hire of Hall					0.00		391.37	
Speaker's Fee					0.00		210.00	
Raffle					28.00		0.00	
Miscellaneous Income/Expenses					0.00		184.01	
AGM/EXTRAORDINARY MEETINGS					0.00	0.00	0.00	0.00
Admin. Expenses, Room&Catering					0.00		0.00	
EQUIPMENT				0.00	0.00	0.00	0.00	658.82
Items for Y. H. Rehab					0.00		0.00	
Testimonials/Gratuities					0.00		240.00	
Miscellaneous Equipment					0.00		418.82	
Sale of Equipment					0.00		0.00	
CORONARY REHABILITATION				0.00	0.00	0.00	0.00	2,377.11
Kardiamobile Equpt					0.00		2,377.11	
YSJ Research Project					0.00		0.00	
SOCIAL ACTIVITIES		0.00		0.00	0.00	1,635.00	0.00	1,708.00
Social Events - Christmas Lunch					1,635.00		1,708.00	
Social Events - Lunches					0.00		0.00	
Social Events - Christmas Party					0.00		0.00	
DONATIONS UNRESTRICTED		537.00		0.00	0.00	8,332.55	0.00	0.00
Donations	537.00				8,332.55		0.00	
DONATIONS RESTRICTED				0.00	0.00	0.00	0.00	0.00
Donations					0.00		0.00	
Cardiac Equipment Fund					0.00		0.00	
TOTAL OF ALL ACTIVITIES	4871.00	4,871.00	3,182.58	3,182.58	41,351.27	41,351.27	46,254.93	46,254.93
MONTHLY BALANCE		1,688.42			82,702.54	-4,903.66		

Charity Name: York Coronary Support Group Trust		Charity No	1011149
		Company No	
Annual accounts for the period	Period start date: 1st April 2024	To period end date: 31st March 2025	
Section B		Balance sheet	

	Guidance note	Unrestricted funds		Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£	£
		F01	F02	F03	F04	F05	
Fixed assets							
Intangible assets (Note 15)	B01	-	-	-	-	-	-
Tangible assets (Note 14)	B02	3,272	-	-	3,272	4,314	
Heritage assets (Note 16)	B03	-	-	-	-	-	
Investments (Note 17)	B04	-	-	-	-	-	
Total fixed assets	B05	3,272	-	-	3,272	4,314	
Current assets							
Stocks (Note 18)	B06	-	-	-	-	-	
Debtors (Note 19)	B07	-	-	-	-	-	
Investments (Note 17.4)	B08	-	-	-	-	-	
Cash at bank and in hand (Note 24)	B09	98,125	-	-	98,125	102,087	
Total current assets	B10	98,125	-	-	98,125	102,087	
Creditors: amounts falling due within one year (Note 20)	B11	450	-	-	450	621	
Net current assets/(liabilities)	B12	97,675	-	-	97,675	101,466	
Total assets less current liabilities	B13	100,947	-	-	100,947	105,780	
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-	
Provisions for liabilities	B15	-	-	-	-	-	
Total net assets or liabilities	B16	100,947	-	-	100,947	105,780	
Funds of the Charity							
Endowment funds (Note 27)	B17	-	-	-	-	-	
Restricted income funds (Note 27)	B18	-	-	-	-	-	
Unrestricted funds	B19	100,947	-	-	100,947	105,780	
Revaluation reserve	B20	-	-	-	-	-	
Fair value reserve	B21	-	-	-	-	-	
Total funds	B22	100,947	-	-	100,947	105,780	

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

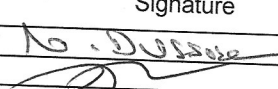
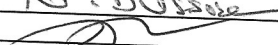
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy
NIGEL DUSSEY	22/12/25
JENNIFER HODSON	22/12/25

Signature	Date dd/mm/yyyy
	22/12/25
	22/12/25

YORK CORONARY SUPPORT GROUP TRUST

England & Wales - Charity number 1011149

Accounts



Trustees' Annual Report for the period

From **1st April 2023** Period start date To **31st March 2024**
Period end date

Charity name: York Coronary Support Group Trust

Charity registration number: 1011149

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The aims of the Group shall be to help cardiac patients by mutual support and the provision of facilities for them and their partners.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The provision of rehabilitation exercise classes following on from the classes operated by York District Hospital.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All Trustees have regarded the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Providing a much needed and appreciate follow on support network for members, and their families, with heart related issues.

Additional information (optional)

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Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held to ensure to continuation of classes and support for the Hospital Rehabilitation Team
Amount of reserves held	Para 1.22	£50,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Bequests, membership fees and fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Loss of income to cover the cost of classes as experienced during Covid.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	As a Trust
Trustee selection methods including details of any	Para 1.25	

constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees		
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Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	York Coronary Support Group Trust
Other name the charity uses	n/a
Registered charity number	1011149
Charity's principal address	16 Church Close, Tollerton York YO61 1QS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jennifer Cookson	Treasurer	20 th July 2018 to date	
2	Desmond Mahon	Vice Chair	16 th November 2017 to date	
3	Anthony Fletcher		30 th June 2014 to date	
4	Nicholas Longster		20 th October 2022 to date	
5	Nigel Dussoye		6 th June 2024 to date	
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jennifer Cookson	Nigel Dussoye
Position (eg Secretary, Chair, etc)	Treasurer	Trustee
Date		

Section B Balance sheet

		Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	4,314	-	-	4,314	1,136
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	4,314	-	-	4,314	1,136
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	102,087	-	-	102,087	76,761
Total current assets		B10	102,087	-	-	102,087	76,761
Creditors: amounts falling due within one year	(Note 20)	B11	621	-	-	621	300
Net current assets/(liabilities)		B12	101,466	-	-	101,466	76,461
Total assets less current liabilities		B13	105,780	-	-	105,780	77,597
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	105,780	-	-	105,780	77,597
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	-	-	-	-
Unrestricted funds		B19	105,780	-	-	105,780	77,597
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	105,780	-	-	105,780	77,597

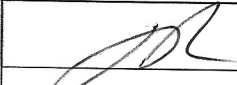

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	JENNIFER COOKSON	
	NIGEL DUSOYE	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jennifer Cookson	Nigel Dussoye 
Position (eg Secretary, Chair, etc)	Treasurer	Trustee
Date	10th March 2025	

YORK CORONARY SUPPORT GROUP TRUST

England & Wales - Charity number 1011149

Accounts



Trustees' Annual Report for the period

From **1st April 2022** Period start date To **31st March 2023**
Period end date

Charity name: **York Coronary Support Group Trust**

Charity registration number: **1011149**

Objectives and Activities

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Summary of the purposes of the charity as set out in its governing document	Para 1.17	The aims of the Group shall be to help cardiac patients by mutual support and the provision of facilities for them and their partners.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The provision of rehabilitation exercise classes following on from the classes operated by York District Hospital.
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Achievements and Performance

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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Providing a much needed and appreciate follow on support network for members, and their families, with heart related issues.

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Achievements against objectives set	Para 1.41	
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1	Jennifer Cookson	Treasurer	20 th July 2018 to date	
2	Desmond Mahon	Vice Chair	16 th November 2017 to date	
3	Anthony Fletcher		30 th June 2014 to date	
4	Nicholas Longster		20 th October 2022 to date	
5				
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19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jennifer Cookson	Desmond Mahon
Position (eg Secretary, Chair, etc)	Treasurer	Vice Chair
Date		



York Coronary Support Group Trust			Charity No (if any)	1011149
Annual accounts for the period				
Period start date	1st April 2022	To	Period end date	31st March 2023

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	72,401	-	-	72,401	4,068
Charitable activities	S02	19,609	-	-	19,609	14,985
Other trading activities	S03	2,083	-	-	2,083	931
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	94,093	-	-	94,093	19,984
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	475	-	-	475	125
Charitable activities	S09	37,103	-	-	37,103	27,199
Separate material item of expense	S10	-	-	-	-	-
Other	S11	300	-	-	300	-
Total	S12	37,878	-	-	37,878	27,324
Net income/(expenditure) before investment gains/(losses)						
	S13	56,215	-	-	56,215	7,340
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	56,215	-	-	56,215	7,340
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	250	-	-	250	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	56,465	-	-	56,465	7,340
Reconciliation of funds:						
Total funds brought forward	S21	21,132	-	-	21,132	28,472
Total funds carried forward	S22	77,597	-	-	77,597	21,132

Section B

Balance sheet

Guidance Notes

Fixed assets

			Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Intangible assets (Note 15)	B01		1,136	-	-	1,136	1,393
Tangible assets (Note 14)	B02		-	-	-	-	-
Heritage assets (Note 16)	B03		-	-	-	-	-
Investments (Note 17)	B04		-	-	-	-	-
Total fixed assets	B05		1,136	-	-	1,136	1,393

Current assets

Stocks (Note 18)	B06		-	-	-	-	-
Debtors (Note 19)	B07		-	-	-	-	-
Investments (Note 17.4)	B08		-	-	-	-	-
Cash at bank and in hand (Note 24)	B09		76,761	-	-	76,761	19,739
Total current assets	B10		76,761	-	-	76,761	19,739

Creditors: amounts falling due within one year (Note 20)

B11			300	-	-	300	-
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Net current assets/(liabilities)

B12			76,461	-	-	76,461	19,739
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Total assets less current liabilities

B13			77,597	-	-	77,597	21,132
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Creditors: amounts falling due after one year (Note 20)

B14			-	-	-	-	-
B15			-	-	-	-	-

Provisions for liabilities

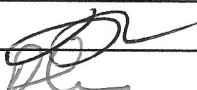

Total net assets or liabilities

B16			77,597	-	-	77,597	21,132
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Funds of the Charity

Endowment funds (Note 27)	B17		-			-	-
Restricted income funds (Note 27)	B18			-		-	-
Unrestricted funds	B19		77,597		-	77,597	21,132
Revaluation reserve	B20					-	
Total funds	B21		77,597	-	-	77,597	21,132

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	JENNIFER COOKSON	6/6/24
	DES MAHON	6/6/24

Treasurer's Report April 2022/23

You have a much happier Treasurer this year than last – we have recently received an incredibly generous bequest of £70,000 which has without doubt saved this Trust from extinction. I really do kid you not – without this bequest we would have closed our operation totally on 31st March 2023.

Although we have yet to achieve pre-Covid levels of attendance we continue to run exercise classes at York Stadium, Poppleton Community Centre and York St John and our aqua aerobics classes at Roko.

The small increase in fees has ensured that, whilst most of the exercise classes do not cover all costs, we are not supporting classes to the crippling level we were during 2021/22. This is to be followed an already agreed increase in September 2023 which will further ensure the continuation of our classes.

We held two events at St Crux during 2022 which raised £1608.36 towards our funds. Unfortunately the burden of running these event falls on an ever decreasing group of members – anybody who is able to help with baking and on the day is always welcomed with open arms.

It is the Treasurer's recommendation to the Committee that we amend the total budget for this coming year with some adjustment to the sections to that of £13,930 Budgets for 2023/2024 have provisionally been set as follows

Exercise Programmes Support	£ 8000
Administration	£ 200
Newsletter/publications	£ 2600
Affiliation Fees	£ 50
Exercise Equipment	£ 250
YDH Cardiac Rehabilitation	£ 1500
Social Events	£ 250
Storage	<u>£ 1080</u>
Total	<u>£13930</u>

We have also to ring fence £10,170 to cover activities - keep fit classes and wages, swimming classes and wages, monthly meeting hall hire and speaker fees. This covers the group for a three month period should the unexpected happen and we have no income – a situation which unfortunately we now have experience of!

The monies in the bank accounts and in hand at 31st March 2023 amount to £76,761.22 compared to a total of £19,735.85 at 31st March 2022 – which if you remove the £70,000 bequest indicates the level of support given to our exercise classes in the financial year.

The committee continues to state that one of the main purposes of the Trust is the help in rehabilitation and maintenance of good health in persons with heart related conditions. On these grounds monetary support will continue to maintain the Keep Fit classes at York Stadium, Poppleton Community Centre, York St John and the aqua aerobics at Roko Health Club with necessary training and certification courses for their leaders.

Jenny Cookson

Treasurer

York Coronary Support Group Trust

June 2023