BODY POSITIVE CHESHIRE AND NORTH WALES

England & Wales · Charity number 1009850

Details

Other names	CHESHIRE AND NORTH WALES BODY POSITIVE GROUP, BPCNW
Status	Registered
Legal form	Other
Registered	1992-03-17
Register	View on the Charity Commission register

Contact

Address	Bridgewater House 230 Edleston Road Crewe CW2 7EH
Phone	01270 653150
Email	health@bpcnw.co.uk
Website	www.bpcnw.co.uk

Activities

Objects: (1) THE RELIEF OF POVERTY SICKNESS AND DISTRESS AMONGST THOSE INFECTED WITH THE HUMAN IMMUNE DEFICIENCY VIRUS (HIV) AND THOSE PERSONS GENERALLY WHO HAVE DEVELOPED ACQUIRED IMMUNE DEFICIENCY SYNDROME (AIDS) RELATED DISEASES OR WHO ARE OR HAVE BEEN PERSONALLY AFFECTED BY HIV/AIDS OR RELATED CONDITIONS (2) TO ADVANCE THE EDUCATION OF THE PUBLIC AND TO PROMOTE RESEARCH IN ALL MATTERS ASSOCIATED WITH THE EFFECTS OF HIV INFECTION AND AIDS AND THE PREVENTION THEREOF AND TO DISSEMINATE THE USEFUL RESULTS OF SUCH RESEARCH.

Activities: Social Care services:Support, information and advice for people living with or affected by HIV & AIDS. Welfare and benefits advice, housing and legal information.Prevention & Health Promotion:Training and information for professionals regarding sexual health and sexuality. Condom and lube provision, peer support groups for LGBT people. Sexual health screening, training for local community.

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Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Other Defined Groups

Geography

- **Area of benefit:** NOT DEFINED BUT IN PRACTICE CHESHIRE AND NORTH WALES
- Cheshire East
- Cheshire West & Chester
- Conwy
- Denbighshire
- Flintshire
- Gwynedd
- Halton
- Isle Of Anglesey
- Wrexham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£274,891	£206,221	-	-
2024-03-31	£213,680	£243,195	-	-
2023-03-31	£275,310	£261,857	-	-
2022-03-31	£244,680	£289,349	-	-
2021-03-31	£234,758	£272,997	-	-

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Trustees

Name	Role	Appointed
MICHELLE SIMPSON	Chair	
Nigel Davies		2018-01-18
Ron Whalley		2023-04-17
Salli Jeynes		2011-06-17
Simon Millar		2015-06-24

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BODY POSITIVE CHESHIRE AND NORTH WALES

England & Wales - Charity number 1009850

Accounts

BODY POSITIVE

2024 - 2025 ANNUAL REPORT

Championing lgbtq+ communities

The King's Award for Voluntary Service

BODY POSITIVE

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Letter from the Chair

Michelle Simpson

Chair, Body Positive

As Chair of Body Positive Cheshire and North Wales, I am proud to introduce our Annual Report for 2024–2025. This year has been one of steady progress and purposeful growth. We strengthened our financial footing, deepened partnerships across health, heritage and community sectors, and continued to centre lived experience in everything we do. Our volunteers, staff and trustees have shown resilience, care and good humour.

Most importantly, we have supported LGBTQ+ people across Cheshire and North Wales with dignity, compassion and a clear sense of purpose. Thank you to all who make this work possible.

95%
Service User satisfaction rate

60%
Increase in Couselling Sessions

49%
Increase in volunteer activity

70%
Increase in Partnership working

Charity Overview

Introduction

Over the past year, Body Positive has continued to develop as a trusted provider of LGBTQ+ wellbeing and community services across Cheshire and beyond. Building on our origins as a peer-led HIV support organisation, we now deliver a broad programme of counselling, social prescribing, peer support, heritage and community engagement activity.

Demand for our services has increased, alongside the complexity of need. In response, we have maintained a clear focus on providing safe inclusive and affirming spaces, supported by strong partnerships and professional practice.

Our staff and volunteers have played a central role in delivering high-quality support, while trustees have provided oversight and strategic direction. This report sets out the impact achieved through collective effort and reflects our continued commitment to improving wellbeing, reducing inequality and strengthening LGBTQ+ communities.

Financial Statements

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2025

	Note	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Tangible assets	13		-		-
Total fixed assets			-		-
Current assets					
Debtors	14	26,218		25,734	
Cash at bank and in hand	15	173,602		109,109	
Total current assets		199,820		134,843	
Liabilities					
Creditors: amounts falling due in less than one year	16	(5,740)		(9,433)	
Net current assets			194,080		125,410
Total assets less current liabilities			194,080		125,410
Net assets			194,080		125,410
Funds of the charity:					
Restricted income funds	17		79,215		6,477
Unrestricted income funds	18		114,865		118,933
Total charity funds			194,080		125,410

Financial Statements

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total funds 2025 £	*Total funds 2024 £*
Income from:					
Donations and legacies	3	9,274	-	9,274	***3,077***
Charitable activities	4	48,854	216,553	265,407	***210,227***
Investments	5	210	-	210	***376***
Total income		**58,338**	**216,553**	**274,891**	***213,680***
Expenditure on:					
Charitable activities	6	60,292	145,929	206,221	***243,195***
Total expenditure		**60,292**	**145,929**	**206,221**	***243,195***
Net income/(expenditure) for the year	8	**(1,954)**	**70,624**	**68,670**	***(29,515)***
Transfer between funds		(2,114)	2,114	-	-
Net movement in funds for the year		**(4,068)**	**72,738**	**68,670**	***(29,515)***
Reconciliation of funds					
Total funds brought forward		118,933	6,477	125,410	***154,925***
Total funds carried forward		**114,865**	**79,215**	**194,080**	***125,410***

Achievements Overview

Between April 2024 and March 2025, Body Positive secured significant long-term investment and strengthened strategic partnerships to support sustainable growth and impact.

- Secured three-year funding from the National Lottery Heritage Fund to extend the From Prejudice to PridesLGBTQ+ heritage project, expanding community engagement, exhibitions and storytelling across Cheshire
- Established a successful partnership with Mersey Care NHS Foundation Trust, leading to funding for a dedicated Trans Link Worker role commencing in 2025 and funded for five years
- Secured core funding from the Postcode Lottery, strengthening organisational stability and capacity
- Continued delivery of counselling, peer support and social prescribing services in response to rising demand
- Expanded LGBTQ+ community groups and Pride-related activity across the county

Achievements Overview

- Strengthened partnerships with NHS, local authorities, museums, libraries and voluntary sector organisations
- Supported and developed volunteers across service delivery, heritage and events
- Maintained effective governance and financial management during a period of growth

These achievements reflect a year focused on sustainability, partnership and long-term impact.

Future Outlook

Looking ahead to 2025–2026, Body Positive Cheshire and North Wales will focus on consolidation, visibility and influence.

We will find out the result of our nomination for the King's Award for Voluntary Service, recognising the long-term contribution of our volunteers and the peer-led ethos that underpins our work.

Regardless of the outcome, the process itself offers a useful stock-take and a moment to say thank you properly.

Body Positive will continue its ethos of inclusivity, compassion and creativity in all service delivery

Future Plan

- Strategic Planning and Organisational Development
- Recruitment of Trans Positive Link Worker
- Expansion of Volunteer Base
- Pride In Leadership Event
- Delivery of Heritage Projects across creative media
- Further engagment with local, regional and national partners
- Delivery of services across a range of online platforms
- Identify new funding opportunities through sponsorship and collaboration

Contact Us

Body Positive

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Phone

health@bpcnw.co.uk
Email

www.bpcnw.co.uk
Website

Bridgewater House
230 Edleston Rd, Crewe
CW2 7EH
Address

Charity Number: 1009850

Body Positive Cheshire & North Wales

Report and financial statements

For the year ended 31st March 2025

Body Positive Cheshire & North Wales

Reference and administrative information

for the year ended 31st March 2025

Charity number	1009850	
Registered office and operational address	Bridgewater House, 230 Edleston Road, Crewe, CW2 7EH	
Trustees	Trustees who served during the year and up to the date of this report were as follows:	
	Michelle Simpson	Chair
	Simon Millar	Treasurer
	Salli Jeynes	
	Nigel Davies	
	Melanie Williams	Resigned 24 April 2025
	Ron Whalley	
	Sandra Sinclair	Co-opted 19 May 2025
Key management personnel	Sally Probert-Hill	Chief Executive
	Chris Flewitt	Finance & Administration Manager
Bankers	The Co-operative Bank, PO Box 250, Delf House Southway, Skelmersdale, WN8 6WT	
Independent Examiner	Christy Lau FCCA CTA DChA Slade & Cooper Limited Beehive Mill Jersey St Ancoats Manchester M4 6JG	

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2025

The trustees present their report and the unaudited financial statements for the year ended 31st March 2025.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

Body Positive Cheshire and North Wales is a registered charity and it's governing document is a constitution.

Purposes and aims

Under the constitution the charity's objectives are all for the public benefit and they are:

1. The relief of poverty sickness and distress amongst those infected with the Human Immunodeficiency Virus (HIV) and those persons generally who have developed Acquired Immune Deficiency Syndrome (AIDS) related diseases or who are or have been personally affected by HIV/AIDS or related conditions.
2. To advance the education of the public and to promote research in all matters associated with the effects of HIV infection and AIDS and the prevention thereof and to disseminate the useful results of such research.
3. Health Promotion work to prevent the spread of HIV and other sexually transmitted diseases and promote well-being, including Community Development work with specific groups such as men who have sex with men, LGBT people and those from vulnerable groups.

Body Positive provides a wide range of services to local communities including:

- Administration and Services from Crewe
- Sexual Health Promotion Services provided by Community Development Workers
- Health Promotion
- Support for LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Peer support
- Events and campaigns
- Training for professionals

Activities

- Regular social support groups
- Trans and Non Binary Support
- LGBTQ+ well-being services
- Advocacy and inter-agency work
- Counselling services
- LGBTQ+ Network co-ordination
- Health Promotion services targeting vulnerable groups
- LGBTQ+ History and Heritage initiatives
- Silver Rainbows – service for older LGBT+ people
- Training services
- LGBT+ support service
- Bimonthly newsletter highlighting social venues and support services for lesbian, gay, bisexual and trans people. – Cheshire Cheese
- Volunteer opportunities

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on promotion of equality and diversity and LGBTQ+ and are undertaken to further Body Positive Cheshire & North Wales' charitable purposes for the public benefit.

Achievements 2024/25

- Secured multi-year funding for the TransPositive Link Worker role through a new 7-year contract with Merseycare
- Delivered Crewe Pride 2024, growing regional visibility and attendance
- Launched Silver Pride Day 2024, now a recognised national LGBTQ+ awareness date
- Hosted major LGBTQ+ exhibitions, during LGBT History Month and the Storyhouse Queer showcase
- Chaired the Cheshire LGBTQ+ Network, expanding regional collaboration and voice
- Nominated for a King's Award in recognition of volunteer contribution and service impact
- Annual LGBTQ+ Awards Ceremony celebrating community achievements covered by BBC
- Expanded counselling service, increasing session capacity and specialist support

- Secured Heritage Lottery funding for LGBTQ+ heritage work
- Received funding from the Postcode Lottery, strengthening financial resilience
- Made a strategic decision to focus solely on LGBTQ+ support, ending sexual health outreach to concentrate on inclusive support, advocacy, and wellbeing services

Performance 2024/25

- TransPositive programme engagement up 60%
- Over 500 counselling sessions delivered
- 85% of counselling clients reported improved wellbeing
- Supported 12 LGBTQ+ Pride or visibility events across Cheshire
- Volunteer numbers increased by 40%

Beneficiaries of our services

LGBTQ+ people 18+

Older LGBTQ+ people 50+

Local LGBTQ+ organisations

Public, private, third sector organisations

Financial review

The ending of our sexual health outreach contract with HCRG in May 2024 marked a significant turning point for the organisation. With no further outreach services being commissioned, the charity accelerated its planned funding strategy by two years and successfully repositioned itself as a dedicated LGBTQ+ support service. This transition was underpinned by substantial new funding: £249,318 from the National Lottery Heritage Fund for the three-year From Prejudice to Prides project; £25,000 from the Postcode Lottery to support core work; and confirmation of £22,000 for 2024/25 from Merseycare NHS Trust, along with a commissioned seven-year £45,000 p/a Trans & Non-Binary Social Prescribing service running from 2025 to 2032. In addition, a £5,000 grant from ShareGift and further individual donations have helped stabilise this new direction. These developments have firmly cemented Body Positive's future as a specialist LGBTQ+ charity, focused on support, inclusion, wellbeing, and advocacy.

Reserves at the year-end were £194,040 (2024: £125,410) comprising restricted funds of £79,215 (2024: £6,477) and unrestricted funds of £114,865 (2024: £118,933).

Principal funding sources:

National Lottery Heritage Fund

National Lottery Reaching Communities

Postcode Lottery

Reserves policy

The term "reserves" relates to monies held by a charity and they can be restricted or unrestricted reserves. Restricted reserves are those which have been given to the charity to fulfil certain criteria imposed by the donor (for example, to buy a piece of equipment). Restricted reserves also include endowment funds for the charity.

Unrestricted reserves are those that the charity is free to use how it chooses. It can choose to set aside some unrestricted reserves for particular activities or projects (eg to fund a piece of research) and it would put this into a 'designated fund'.

The reserves policy confirms that the unrestricted reserves for Body Positive should be equal to six months operating costs based on 50% of the total expenditure in the preceding financial year and that designated funds should be established where possible to further the charity's objectives.

Plans for the future

Confirmation of CIO Status

Securing funding around LGBTQ+ specialist services

Moving to more accessible premises

Partnership working with private sector

Development of online training offer

Expansion of programmes e.g. Hidden Lives to a national template

Maximise the impact of online channels

Structure, governance and management

The organisation is an unincorporated charity, registered as a charity on 17/03/1992 in England and Wales.

The charity is constituted under a constitution July 2001. The trustees are members of the charity, but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

The Charity is governed by its management committee, all of whom are trustees. The constitution requires that there are no more than 10 trustees and not fewer than 5. All trustees must be over the age of 18.

All Trustees are elected at the annual general meeting of the charity. Trustee are not required to step down under the constitution. All trustees give their time voluntarily and receive no benefits from the charity except for reasonable out of pocket travelling expenses. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

Trustee selection method
Existing trustees and the Chief Executive are responsible for identifying potential new members, taking into account the need for a wide range of skills and experience required to ensure effective management of the charity. Trustees are appointed following a rigorous selection process as highlighted in the Volunteer Policy and adhere to the Charity Commission guidelines on trustee eligibility.

Induction and Training of Trustees
Following an informal discussion, potential Trustees are provided with a portfolio of information about the organisation including; organisational structure; roles and responsibilities; budgets; project information; DBS and confidentiality agreement. One to one induction with the Chair or nominated deputy and the Chief Executive is provided.

Organisational Structure
The management Committee with the assistance of the Chief Executive are responsible for all strategic planning for the organisation. All operational duties are carried out by the Chief Executive and staff.

The trustees meet at least 4 times a year to approve budgets, monitor financial progress and take strategic decisions about the future of the organisation.

Remuneration policy for key management personnel
The management committee makes recommendations regarding the remuneration of the Chief Executive and managers with annual reviews and agrees the basis for the general pay award to staff. It reviews the general terms and conditions of employment of staff annually.

Risk management
The risk register has been developed in association with risk assessments under the charity's health and safety policy to manage risk. Risks addressed range from those associated with sources of income, through continuity of service to matters such as personal security and lone working. Systems have been set in place to mitigate risk and where appropriate, staff have been instructed accordingly.

The diversification of funding sources is part of the risk management process to mitigate the over-reliance on one funder.

Internal control risks are covered in the charity's operating policies. Topics include personal safety, health and safety, human resources, financial procedures, food receipt, storage and disposal. These operating procedures are regularly reviewed to ensure they meet changing legislation and the needs of the charity.

Statement of responsibilities of the trustees

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on __/__/2025 and signed on their behalf by

Michelle Simpson

Chair

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2025 which are set out on pages 9 to 27.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date.....

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total funds 2025 £	*Total funds 2024 £*
Income from:					
Donations and legacies	3	9,274	-	9,274	*3,077*
Charitable activities	4	48,854	216,553	265,407	*210,227*
Investments	5	210	-	210	*376*
Total income		**58,338**	**216,553**	**274,891**	***213,680***
Expenditure on:					
Charitable activities	6	60,292	145,929	206,221	*243,195*
Total expenditure		**60,292**	**145,929**	**206,221**	***243,195***
Net income / (expenditure) for the year	8	**(1,954)**	**70,624**	**68,670**	***(29,515)***
Transfer between funds		(2,114)	2,114	-	-
Net movement in funds for the year		**(4,068)**	**72,738**	**68,670**	***(29,515)***
Reconciliation of funds					
Total funds brought forward		118,933	6,477	125,410	*154,925*
Total funds carried forward		**114,865**	**79,215**	**194,080**	***125,410***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2025

	Note	2025		*2024*	
		£	£	*£*	*£*
Fixed assets					
Tangible assets	13		-		-
Total fixed assets			**-**		**-**
Current assets					
Debtors	14	26,218		*25,734*	
Cash at bank and in hand	15	173,602		*109,109*	
Total current assets		**199,820**		***134,843***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(5,740)		*(9,433)*	
Net current assets			**194,080**		***125,410***
Total assets less current liabilities			194,080		*125,410*
Net assets			**194,080**		***125,410***
Funds of the charity:					
Restricted income funds	17		79,215		*6,477*
Unrestricted income funds	18		114,865		*118,933*
Total charity funds			**194,080**		***125,410***

The notes on pages 12 to 27 form part of these accounts.

Approved by the trustees on __/__/2025 and signed on their behalf by:

Michelle Simpson (Chair)

Simon Millar (Treasurer)

Body Positive Cheshire & North Wales

Statement of Cash Flows
for the year ending 31 March 2025

	Note	2025 £	*2024* *£*
Cash provided by / (used in) operating activities	21	**64,283**	***(836)***
Cash flows from investing activities:			
Dividends, interest, and rents from investments		210	*376*
Cash provided by / (used in) investing activities		**210**	***376***
Increase/(decrease) in cash and cash equivalents in the year		64,493	*(460)*
Cash and cash equivalents at the beginning of the year		109,109	*109,569*
Cash and cash equivalents at the end of the year		**173,602**	***109,109***

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The accounts (financial statements) have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Body Positive Cheshire & North Wales meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.
There are no key judgments which the trustees have made which have a significant effect on the accounts.
The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £1,000 more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Leasehold improvements	Over the lifetime of the lease
Office equipment	5 years

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. There were £nil (2024: £nil) outstanding contributions at the year end.

2 Legal status of the charity

The charity is an unincorporated charity, registered as a charity in England & Wales on 17/03/1992.

3 Income from donations and legacies

Current reporting period	Unrestricted £	Restricted £	Total 2025 £
Donations	9,274	-	9,274
Total	9,274	-	9,274

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2024 £*
Donations	*3,077*	*-*	*3,077*
Total	*3,077*	*-*	*3,077*

4 Income from charitable activities

Current reporting period	Unrestricted £	Restricted £	Total 2025 £
Grants and contracts			
HCRG Care Group (Virgin Care)	21,042	-	21,042
Heritage Lottery	-	124,659	124,659
Mersey Care NHS	-	22,000	22,000
Postcode Lottery	25,000	-	25,000
The National Lottery (Reaching Communities)	-	54,894	54,894
	46,042	201,553	247,595
Fees and Other Income			
Crewe Pride	937	15,000	15,937
Training	1,575	-	1,575
Other	300	-	300
	2,812	15,000	17,812
Total	48,854	216,553	265,407

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2024 £*
Grants and contracts			
HCRG Care Group (Virgin Care)	*126,252*	*-*	*126,252*
Cheshire & Wirral Partnership NHS	*-*	*17,748*	*17,748*
Cheshire West Council	*-*	*2,000*	*2,000*
The National Lottery (Reaching Communities)	*-*	*42,471*	*42,471*
	126,252	*62,219*	*188,471*
Fees and Other Income			
Crewe Pride	*-*	*16,380*	*16,380*
Training	*2,690*	*-*	*2,690*
Other	*2,686*	*-*	*2,686*
	5,376	*16,380*	*21,756*
Total	*131,628*	*78,599*	*210,227*

5 Investment income

Current reporting period	Unrestricted £	Restricted £	Total 2025 £
Income from bank deposits	210	-	210
	210	-	210

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2024 £*
Income from bank deposits	*376*	-	*376*
	376	-	*376*

6 Analysis of expenditure on charitable activities

Current reporting period	Total 2025 £
Staff costs	148,614
Crewe Pride	14,262
Governance costs (see note 7)	2,616
Support costs (see note 7)	40,729
	206,221

6 Analysis of expenditure on charitable activities (continued)

Previous reporting period	*Total 2024*
	£
Staff costs	*172,122*
Crewe Pride	*17,567*
Governance costs (see note 7)	*2,553*
Support costs (see note 7)	*50,953*
	243,195

	2025	*2024*
	£	*£*
Restricted expenditure	145,929	95,191
Unrestricted expenditure	60,292	148,004
	206,221	243,195

7 Analysis of governance and support costs

Current reporting period	Support	Governance	*Total 2025*
	£	£	£
Office Overheads	17,678	-	17,678
General Overheads	16,175	-	16,175
Other Costs	3,156	-	3,156
Counselling Fees	3,570	-	3,570
Cheshire Cheese	150	-	150
Accountancy services	-	2,616	2,616
	40,729	2,616	43,345

Previous reporting period	*Support*	*Governance*	*Total 2024*
	£	*£*	*£*
Office Overheads	*18,749*	*-*	*18,749*
General Overheads	*19,596*	*-*	*19,596*
Other Costs	*8,050*	*-*	*8,050*
Counselling Fees	*2,802*	*-*	*2,802*
Cheshire Cheese	*1,756*	*-*	*1,756*
Accountancy services	*-*	*2,553*	*2,553*
	50,953	*2,553*	*53,506*

The charity has one activity and therefore support costs are not apportioned.

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2025 £	*2024 £*
Operating lease rentals:		
Other	15,000	15,000
Independent Examiner's remuneration - accountancy fees	1,790	1,705
Independent examiner's fees	390	370

9 Staff costs

Staff costs during the year were as follows:

	2025 £	*2024 £*
Wages and salaries	126,637	*150,180*
Social security costs	8,286	*10,916*
Pensions	3,705	*4,515*
Redundancy	7,048	-
Training, supervision and Recruitment	-	*295*
Staff Travel	741	*2,062*
Other Staff Costs	2,197	*4,154*
	148,614	*172,122*

No employees has employee benefits in excess of £60,000 (2024: Nil).

The average number of staff employed during the period was 3 (2024: 4).

The key management personnel of the charity comprise the trustees, the Chief Executive Officer and Finance & Administration Manager. The total employee benefits of the key management personnel of the charity were £91,696 (2024: £90,904).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received remuneration or reimbursed expenses during the year (2024: Nil).

No (2024: None) trustee received travel and subsistence expenses during the year (2024: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year.

11 Government grants

The government grants recognised in the accounts were as follows:

	2025 £	*2024* *£*
Mersey Care NHS	22,000	-
Crewe Town Council	3,000	*1,424*
Cheshire East Council	2,500	-
Cheshire & Wirral Partnership NHS	-	*17,748*
Cheshire West Council	-	*2,000*
	27,500	*21,172*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Leasehold improvements	Office equipment	Total
Cost	£	£	£
At 1 April 2024	70,305	14,781	85,086
Additions	-	-	-
Disposals	-	(1,615)	(1,615)
At 31 March 2025	70,305	13,166	83,471
Depreciation			
At 1 April 2024	70,305	14,781	85,086
Charge for the year	-	-	-
Disposals	-	(1,615)	(1,615)
At 31 March 2025	70,305	13,166	83,471
Net book value			
At 31 March 2025	-	-	-
At 31 March 2024	-	-	-

14 Debtors

	2025	*2024*
	£	*£*
Grants and fees receivable	22,000	*19,471*
Trade debtors	-	*360*
Prepayments and accrued income	4,218	*5,903*
	26,218	*25,734*

15 Cash at bank and in hand

	2025	*2024*
	£	*£*
Cash at bank and on hand	173,602	*109,109*
	173,602	*109,109*

16 Creditors: amounts falling due within one year

	2025	*2024*
	£	*£*
Trade creditors	450	*3,943*
Other creditors and accruals	5,290	*5,490*
	5,740	*9,433*

17 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2025 £
Crewe Pride	-	15,000	(17,114)	2,114	-
Heritage Lottery From Prejudice to Prides Project	-	124,659	(61,812)	-	62,847
Merseycare Trans Project	-	22,000	(22,000)	-	-
The National Lottery (Reaching Communities)	6,477	54,894	(45,003)	-	16,368
Total	6,477	216,553	(145,929)	2,114	79,215

Previous reporting period	*Balance at 1 April 2023 £*	*Income £*	*Expenditure £*	*Transfers £*	*Balance at 31 March 2024 £*
Cheshire & Wirral Partnership NHS	-	*17,748*	*(17,748)*	-	-
Independent Age Fund	*15,000*	-	*(15,000)*	-	-
CWAC LGBT+ History Month	-	*2,000*	*(2,000)*	-	-
Crewe Pride	-	*16,380*	*(17,567)*	*1,187*	-
The National Lottery (Reaching Communities)	*6,882*	*42,471*	*(42,876)*	-	*6,477*
Total	*21,882*	*78,599*	*(95,191)*	*1,187*	*6,477*

17 Analysis of movements in restricted funds (continued)

Name of restricted fund	Description, nature and purposes of the fund
Crewe Pride	Contribution from Crewe Pride to Body Positive running costs for participating in the delivery and administration of the annual Pride Event. Monies raised were unrestricted from sponsors and fund raising activities on the day.
Heritage Lottery From Prejudice to Prides Project	From Prejudice to Prides is funded for three years by the National Lottery Heritage Fund, The funding enables a wide range of LGBTQ+ heritage-focused initiatives, including partnership work, educational programmes, community engagement, and skills development. It supports efforts to preserve and share local LGBTQ+ heritage, increase public access to historical resources, and promote cultural awareness through events, exhibitions, and digital projects.
Merseycare Trans Project	Body Positive has been commissioned to provide community engagement and social prescribing services for Cheshire and Warrington based patients and community members accessing Transcend (formerly CMAGIC) specialist gender identity services, delivered by Merseycare NHS Foundation Trust. This service will be delivered through a new full-time Trans Community Engagement and Social Prescribing Officer. The service is designed to: ● Address social determinants of health through social prescribing interventions (60% of the role) ● Strengthen peer networks, amplify patient voices, and build supportive systems through community engagement activities (40% of the role)
The National Lottery (Reaching Communities)	5 year funding to further develop a bespoke counselling and 1:1 services for the LGBT+ community in Cheshire through employing a professional counsellor to supervise the service and by recruiting and training local volunteers to provide telephone and face to face counselling services. The aim of this project is to improve the mental well-being of our service users, to build a network of volunteers and training opportunities, and to increase the resilience of the LGBT+ community in Cheshire through peer support, inner resilience, and increased celebration of equality and diversity in Cheshire to challenge homophobia and transphobia.

18 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	As at 31 March 2025 £
General fund	118,933	58,338	(60,292)	(27,114)	89,865
From Prejudice to Prides Project	-	-	-	25,000	25,000
	118,933	58,338	(60,292)	(2,114)	114,865

Previous reporting period	*Balance at 1 April 2023 £*	*Income £*	*Expenditure £*	*Transfers £*	*As at 31 March 2024 £*
General fund	*133,043*	*135,081*	*(148,004)*	*(1,187)*	*118,933*
	133,043	*135,081*	*(148,004)*	*(1,187)*	*118,933*

Name of unrestricted fund	**Description, nature and purposes of the fund**
General fund	The free reserves after allowing for all designated funds.
From Prejudice to Prides Project	Match funding from reserves over three years for the Prejudice to Pride project, representing Body Positive's agreed contribution to the overall delivery of the project.

19 Analysis of net assets between funds

Current Reporting Period	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	-	-	-
Other net current assets/(liabilities)	89,865	25,000	79,215	194,080
Total	89,865	25,000	79,215	194,080

Previous Reporting Period	*General fund £*	*Designated funds £*	*Restricted funds £*	*Total £*
Tangible fixed assets	-	-	-	-
Other net current assets/(liabilities)	*118,933*	-	*6,477*	*125,410*
Total	*118,933*	-	*6,477*	*125,410*

20 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Property 2025 £	*2024 £*
Less than one year	8,750	*15,000*
One to five years	-	*8,750*
	8,750	*23,750*

21 Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	*2024 £*
Net income/(expenditure) for the year	68,670	*(29,515)*
Adjustments for:		
Dividends, interest and rents from investments	(210)	*(376)*
Decrease/(increase) in debtors	(484)	*29,053*
Increase/(decrease) in creditors	(3,693)	*2*
Net cash provided by/(used in) operating	64,283	*(836)*

22 Prior year Statement of Financial Activities (including Income and Expenditure account)

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	*Total funds 2023 £*
Income from:				
Donations and legacies	3,077	-	3,077	*5,985*
Charitable activities	131,628	78,599	210,227	*269,203*
Investments	376	-	376	*122*
Total income	**135,081**	**78,599**	**213,680**	***275,310***
Expenditure on:				
Charitable activities	148,004	95,191	243,195	*261,857*
Total expenditure	**148,004**	**95,191**	**243,195**	***261,857***
Net income / (expenditure) for the year	**(12,923)**	**(16,592)**	**(29,515)**	***13,453***
Transfer between funds	(1,187)	1,187	-	-
Net movement in funds for the year	**(14,110)**	**(15,405)**	**(29,515)**	***13,453***
Reconciliation of funds				
Total funds brought forward	133,043	21,882	154,925	*141,472*
Total funds carried forward	**118,933**	**6,477**	**125,410**	***154,925***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2025 which are set out on pages 9 to 27.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date.....

BODY POSITIVE CHESHIRE AND NORTH WALES

England & Wales - Charity number 1009850

Accounts

BODY POSITIVE

Annual Report 2023/24

01 Charity Information

Reference and Administrative Details

Charity Name	Body Positive
Charity Number	1009850
Address	Bridgewater House 230 Edleston Road Crewe Cheshire CW2 7EH
Auditors	Slade and Cooper Green Fish Resource Centre 46-50 Oldham Street Manchester M4 1LE
Bankers	Co-Operative Bank

Main Funders

Royal Liverpool and Broadgreen Hospital Trust

hcrg

National Lottery Community Fund

Independent Age Fund

02 The Board & Staff

The Trustee Board

Chair	Michelle Simpson
Treasurer	Simon Millar
Trustees	Salli Jeynes Nigel Davies Melanie Williams Ron Whalley

Staff Team

Chief Executive	Sally Probert-Hill
Finance & Admin Manager	Chris Flewitt
Community Development Worker - Sexual Health	Rachel Walker
Community Development Worker - LGBT+ / Silver Rainbows	Colin Avery

Volunteer Roles

Counsellors

Group Facilitators

Lived Experience

Events Host

Exhibition Assistant

Walk Leaders

Marketing / Promotion

Befriending

03 Extract from Financial Statement

Body Positive Cheshire & North Wales

Statement of Financial Activities for the year ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total funds 2024 £	*Total funds 2023 £*
Income from:					
Donations and legacies	3	3,077	-	3,077	*5,985*
Charitable activities	4	131,628	78,599	210,227	*269,203*
Investments	5	376	-	376	*122*
Total income		**135,081**	**78,599**	**213,680**	***275,310***
Expenditure on:					
Charitable activities	6	148,004	95,191	243,195	*261,857*
Total expenditure		**148,004**	**95,191**	**243,195**	***261,857***
Net income/(expenditure) for the year	8	**(12,923)**	**(16,592)**	**(29,515)**	***13,453***
Transfer between funds		(1,187)	1,187	-	-
Net movement in funds for the year		**(14,110)**	**(15,405)**	**(29,515)**	***13,453***
Reconciliation of funds					
Total funds brought forward		133,043	21,882	154,925	*141,472*
Total funds carried forward		**118,933**	**6,477**	**125,410**	***154,925***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Body Positive Cheshire & North Wales

Balance Sheet as at 31 March 2024

	Note	2024 £	2024 £	*2023 £*	*2023 £*
Fixed assets					
Tangible assets	13		-		-
Total fixed assets			-		-
Current assets					
Debtors	14	25,734		*54,787*	
Cash at bank and in hand	15	109,109		*109,569*	
Total current assets		**134,843**		***164,356***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(9,433)		*(9,431)*	
Net current assets			**125,410**		***154,925***
Total assets less current liabilities			125,410		*154,925*
Net assets			**125,410**		***154,925***
Funds of the charity:					
Restricted income funds	17		6,477		*21,882*
Unrestricted income funds	18		118,933		*133,043*
Total charity funds			**125,410**		***154,925***

05 Forward

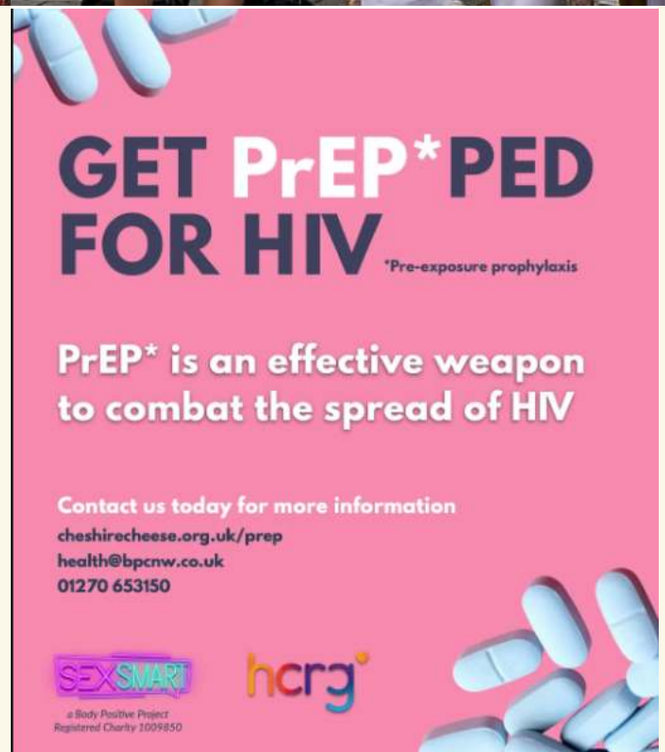
Body Positive is dedicated to improving the health, well-being, and inclusion of LGBTQ+ individuals across Cheshire. Over the past year, we have continued to provide essential services, ensuring that people have access to the support, education, and advocacy they need. From regular social support groups to one-to-one health interventions, our work remains rooted in community empowerment and addressing health inequalities.

Our targeted outreach, including work in high-risk settings such as Northwich Sauna, ensures that individuals receive vital health promotion services, including sexual health testing and advice. Through our counselling services, advocacy work, and inter-agency partnerships, we are committed to offering tailored support that meets the diverse needs of LGBTQ+ people. Additionally, our health promotion initiatives in further education colleges, alongside sexual health and diversity training for schools and professionals, are creating more inclusive and informed communities.

We have also expanded our support for older LGBTQ+ people through **Silver Rainbows**, provided a discreet condom and lubricant postal service, and continued publishing **Cheshire Cheese**, our bimonthly newsletter. With growing volunteer engagement and active participation in health events across the county, Body Positive remains a lifeline for many. This report reflects our achievements and the continued need for our vital services.

06 2023 - 2024 Achievements

- Launch of National Silver Pride Day 2023
- World AIDS Day Events at 3 locations
- Secured partnership with Merseycare for Gender Identity Support in Cheshire
- Major exhibition for LGBTQ History Month at Storyhouse Cheshire
- Delivered Crewe Pride
- Chaired LGBTQ+ Network for Cheshire
- Prep campaign design



- Over 3000 young people supported through C-Smart condom distribution scheme
- Supported 12 Pride Events across Cheshire
- 80% of counselling clients reported improved mental well-being.
- Transpositive supporting trans and non-binary people - increased attendance by 50%
- Number of counselling sessions offered increased by 50%

07 Services

- Administration and Services from Crewe
- Sexual Health Services Cheshire West & Chester
- Support for LGBT+ People
- Support for older LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Support for People Living with or affected by HIV
- Events and campaigns
- Training for professionals
- Volunteering Opportunities

08 Activities

Body Positive offers a range of services and support to the LGBTQ+ community across Cheshire, promoting health, well-being, and inclusion. Regular social support groups provide safe spaces for individuals to connect, share experiences, and build a sense of community. In addition to group support, one-to-one support is available through Health Promotion Specialists, who offer tailored advice and services such as sexual health testing.

Recognising the importance of outreach in high-risk settings, Body Positive delivers targeted interventions, including specific outreach to Northwich Sauna, ensuring that individuals in these environments have access to essential health information, testing, and support. Alongside this, the organisation is committed to advocacy and inter-agency collaboration, working with partner organisations to ensure the voices of LGBTQ+ individuals are heard and their needs are met.

For those in need of mental health support, Body Positive provides counselling services, offering confidential and affirming therapy to LGBTQ+ individuals. Additionally, the charity delivers health promotion initiatives in Cheshire Further Education Colleges, raising awareness around sexual health, well-being, and LGBTQ+ inclusion. Further targeted health promotion services are designed to support vulnerable groups within the community, ensuring that individuals at greater risk receive the resources and information they need.

Education is a key focus of Body Positive's work. The organisation provides sexual health, equality, and diversity training to schools, colleges, and professionals, equipping them with the knowledge and skills to create inclusive and supportive environments. Complementing this, a condom and lubricant by post service is

available, ensuring that individuals have discreet and easy access to essential sexual health resources.

Recognising the specific needs of older LGBTQ+ individuals, Body Positive runs Silver Rainbows, a dedicated service offering support, social opportunities, and advocacy for older members of the community. Additionally, training services are available for organisations seeking to improve their understanding of LGBTQ+ issues and inclusion practices.

The charity also provides an LGBT+ support service, ensuring that individuals can access the guidance and help they need, whether relating to health, identity, discrimination, or personal well-being. To keep the community informed, Body Positive produces a bimonthly newsletter, Cheshire Cheese, which highlights social venues, support services, and relevant updates for lesbian, gay, bisexual, and trans people in the region.

Volunteer opportunities are a vital part of Body Positive's work, enabling individuals to contribute their time and skills to support LGBTQ+ people and promote equality. The organisation also actively participates in health events across the county, engaging with the wider community to raise awareness, provide information, and offer direct support to those who need it. Through these diverse services, Body Positive continues to be a crucial resource for LGBTQ+ individuals in Cheshire, fostering a healthier and more inclusive society.

NEWS & INFORMATION FOR LGBTQ+ PEOPLE IN CHESHIRE

263 OCTOBER/NOVEMBER 2023

www.cheshirecheese.org.uk

Cheshire Cheese

Say Cheese! (Again)

Another crowd congregates, this time for Pride in Alsager which took place on Saturday 23rd September

Police Independent Advisory Group

Police Independent Advisory Groups (IAG) act as a critical friend to the force, ensuring policing practices are carried out with legitimacy and professionalism and where necessary, action is taken.

IAGs were formed in response to the Stephen Lawrence enquiry to help forces become more responsive and responsible to communities whose experiences and voices would help the police improve their understanding of diversity and inclusion.

IAGs are made up of people from all different walks of life. They are independent to the police but all have a vested interest in their local area and support those living, working and visiting the county. Like the police, they prioritise community safety but aim to do this by improving and challenging the police service.

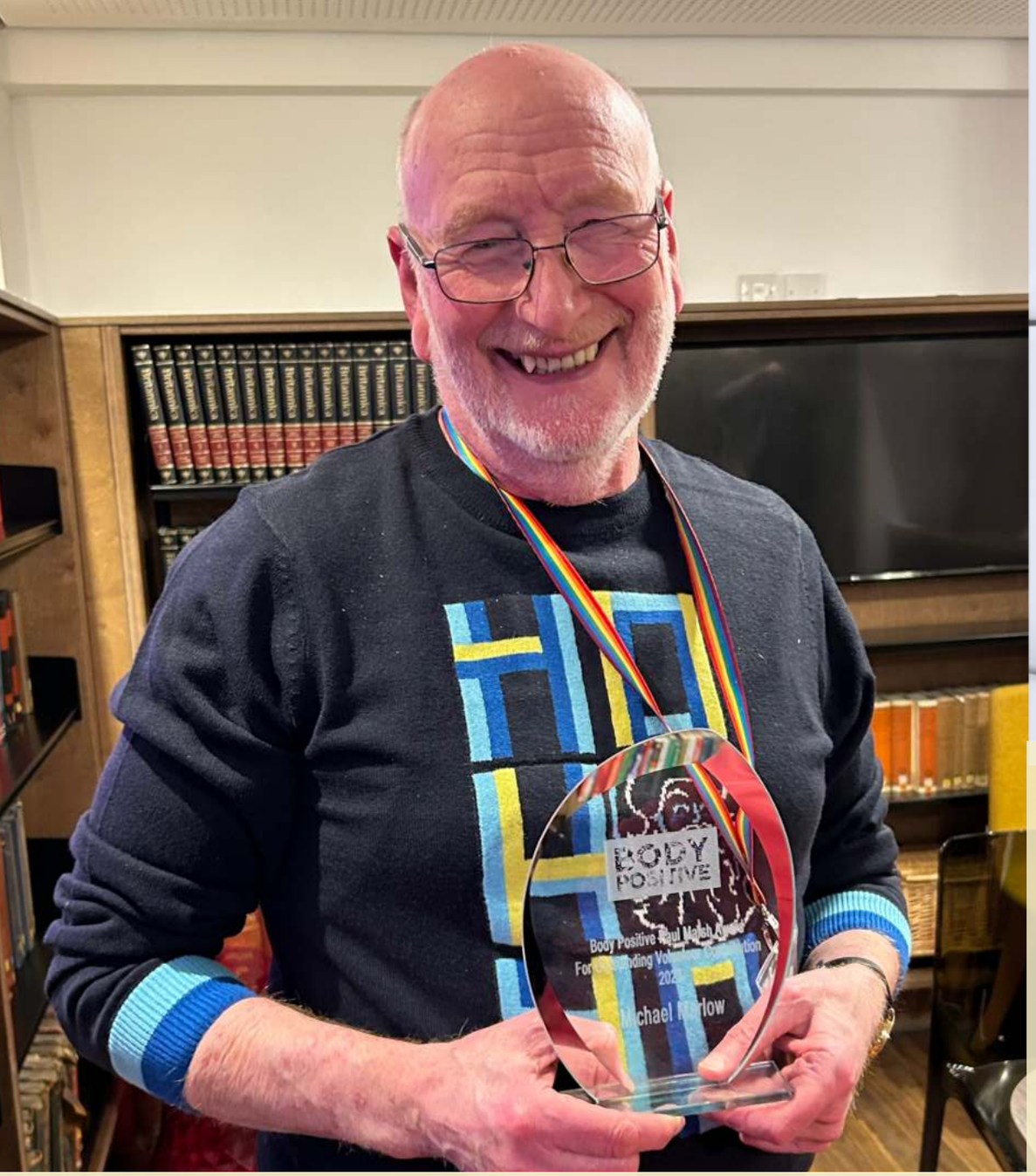
Members of IAGs have different specialisms and life experience. From working with the homeless to representing hard to reach communities, the aim is to represent our communities and ensure that they're not only heard, but really listened to. Community representatives on the IAG are there to...

- Improve trust and confidence within the community.
- Provide a forum for the community to help shape service delivery.
- Enable Cheshire Police to develop current policies and procedures that are both accessible and transparent.
- Increase engagement with communities and encourage their voices to be heard.
- Act as a 'critical friend' to scrutinise policing and policy decisions and debrief incidents and operations.

If you would like to be part of the conversation with Cheshire Constabulary about the possibility of the creation of a Cheshire IAG please contact Angharad.Cartwright@cheshire.police.uk (please note this email address is not monitored 24/7 and is not for reporting crimes or recording complaints – crimes and incidents should be reported via 999 if urgent, if not urgent then call 101, email: publiccontact@cheshire.police.uk or visit www.cheshire.police.uk/contact-us/contact-us/)

LGBTQ
HISTORY MONTH
2024
BODY
POSITIVE

BODY
POSITIVE
01270 653150



Donations

Invest in equality and inclusion by supporting our LGBTQ+ charity. Your business or personal donation can help fund vital services, mental health support, and community programs that change lives. Whether it’s a corporate partnership, a one-off donation, or employee fundraising, your support makes a tangible impact.

Show your commitment to diversity—sponsor an event, match employee donations, or make us your charity of the year. Together, we can build a fairer, more inclusive world where everyone feels safe, valued, and supported.

Donate today or get in touch to explore partnership opportunities

Volunteering

We're always on the lookout for passionate people to join our incredible team—whether as a trustee on our Management Committee or in other exciting roles! Got skills to share? Fancy learning something new? Let us know.

No experience? No problem! We’ll provide all the training you need. We welcome volunteers from all backgrounds and offer opportunities in admin, fundraising, events, promotion, research, and even counselling placements. It’s a fantastic way to make a difference, meet great people, and be part of something special. Get in touch—we’d love to hear from you.

BODY POSITIVE

Registered Charity No 1009850

Contact details

bpcnw.co.uk

01270 653150

health@bpcnw.co.uk

@BodyPositive1

BodyPositive

Body Positive
Cheshire and North Wales

Charity Number: 1009850

Body Positive Cheshire & North Wales

Report and financial statements

For the year ended 31st March 2024

Body Positive Cheshire & North Wales

Reference and administrative information

for the year ended 31st March 2024

Charity number	1009850	
Registered office and operational address	Bridgewater House, 230 Edleston Road, Crewe, CW2 7EH	
Trustees	Trustees who served during the year and up to the date of this report were as follows:	
	Michelle Simpson	Chair
	Simon Millar	Treasurer
	Salli Jeynes	
	Nigel Davies	
	Melanie Williams	
	Ron Whalley	(co-opted 17 April 2023)
Key management personnel	Sally Probert-Hill	Chief Executive
	Chris Flewitt	Finance & Administration Manager
Bankers	The Co-operative Bank, PO Box 250, Delf House Southway, Skelmersdale, WN8 6WT	
Independent Examiner	Christy Lau FCCA CTA DChA Slade & Cooper Limited Beehive Mill Jersey St Ancoats Manchester M4 6JG	

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2024

The trustees present their report and the unaudited financial statements for the year ended 31st March 2024.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

Body Positive Cheshire and North Wales is a registered charity and it's governing document is a constitution.

Purposes and aims

Under the constitution the charity's objectives are all for the public benefit and they are:

1. The relief of poverty sickness and distress amongst those infected with the Human Immunodeficiency Virus (HIV) and those persons generally who have developed Acquired Immune Deficiency Syndrome (AIDS) related diseases or who are or have been personally affected by HIV/AIDS or related conditions.
2. To advance the education of the public and to promote research in all matters associated with the effects of HIV infection and AIDS and the prevention thereof and to disseminate the useful results of such research.
3. Health Promotion work to prevent the spread of HIV and other sexually transmitted diseases and promote well-being, including Community Development work with specific groups such as men who have sex with men, LGBT people and those from vulnerable groups.

Body Positive provides a wide range of services to local communities including:

- Administration and Services from Crewe
- Sexual Health Promotion Services provided by Community Development Workers
- Health Promotion
- Support for LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Peer support
- Events and campaigns
- Training for professionals

Activities

- Regular social support groups
- One to one support delivered by Health Promotion Specialists eg testing
- Specific outreach to Northwich Sauna, identified as a high-risk setting
- Advocacy and inter-agency work
- Counselling services
- Health promotion in Cheshire FE Colleges
- Health Promotion services targeting vulnerable groups
- Delivering sexual health and equality and diversity training to schools, colleges, and professionals
- Condom Distribution - C-Card Scheme for 13 - 25 year old
- Condom and lubricant by post service.
- Silver Rainbows – service for older LGBT+ people
- Training services
- LGBT+ support service
- Bimonthly newsletter highlighting social venues and support services for lesbian, gay, bisexual and trans people. – Cheshire Cheese
- Volunteer opportunities
- Attending health events across the county to normalise health maintenance behaviours such as testing and condom use and giving a representative voice to those 'at risk and unseen'

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on promotion of healthy sex and relationships and LGBT+ and are undertaken to further Body Positive Cheshire & North Wales' charitable purposes for the public benefit.

Achievements 2023/24

Launch of National Silver Pride Day 2023

World AIDS Day Events at 3 locations

Secured partnership with Merseycare for Gender Identity Support in Cheshire

Major exhibition for LGBTQ History Month at Storyhouse Cheshire

Delivered Crewe Pride

Chaired LGBTQ+ Network for Cheshire

Performance 2023/24

Over 3000 young people supported through C-Smart condom distribution scheme

Supported 10 Pride Events across Cheshire

80% of counselling clients reported improved mental well-being.

Transpositive supporting trans and non-binary people - increased attendance by 50%

Number of counselling sessions offered increased by 50%

Beneficiaries of our services

Young people aged 13-19 for sexual health services

LGBTQ+ people 18+

Older LGBTQ+ people 50+

Public, private, third sector organisations

Financial review

Reaching Communities contract was reviewed and an uplift award in relation to the cost of living crisis worth £42,047 over 4 years of the project.

Funding for Trans Worker in partnership with Merseycare is confirmed but delayed by 6 months due to the outcome of the Cass Report into Gender Identity Services.

Notified in March 2024 that the sexual health contract with HCRG for Cheshire West would be finishing 31 May 2024.

This short notice has meant bringing forward our funding strategy by 2 years and we have submitted a number of applications for funding and are awaiting results.

Reserves at the year-end were £125,410 (2023: £154,925) comprising restricted funds of £6,477

(2023: £21,882) and unrestricted funds of £118,933 (2023: £133,043).

Principal funding sources:

HCRG Care Group – Cheshire West and Chester Sexual Health Contract

National Lottery Reaching Communities

Independent Age Grant

Reserves policy

The term "reserves" relates to monies held by a charity and they can be restricted or unrestricted reserves. Restricted reserves are those which have been given to the charity to fulfil certain criteria imposed by the donor (for example, to buy a piece of equipment). Restricted reserves also include endowment funds for the charity.

Unrestricted reserves are those that the charity is free to use how it chooses. It can choose to set aside some unrestricted reserves for particular activities or projects (eg to fund a piece of research) and it would put this into a 'designated fund'.

The reserves policy confirms that the unrestricted reserves for Body Positive should be equal to six months operating costs based on 50% of the total expenditure in the preceding financial year and that designated funds should be established where possible to further the charity's objectives.

Plans for the future

Securing funding around LGBTQ+ services and reducing sexual health delivery

Partnership working with private sector

Development of online training offer

Expansion of programmes eg Hidden Lives to a national template

Maximise the impact of online channels

Structure, governance and management

The organisation is an unincorporated charity, registered as a charity on 17/03/1992 in England and Wales.

The charity is constituted under a constitution July 2001. The trustees are members of the charity, but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

The Charity is governed by its management committee, all of whom are trustees. The constitution requires that there are no more than 10 trustees and not fewer than 5. All trustees must be over the age of 18.

All Trustees are elected at the annual general meeting of the charity. Trustee are not required to step down under the constitution. All trustees give their time voluntarily and receive no benefits from the charity except for reasonable out of pocket travelling expenses. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

Trustee selection method
Existing trustees and the Chief Executive are responsible for identifying potential new members, taking into account the need for a wide range of skills and experience required to ensure effective management of the charity. Trustees are appointed following a rigorous selection process as highlighted in the Volunteer Policy and adhere to the Charity Commission guidelines on trustee eligibility.

Induction and Training of Trustees
Following an informal discussion, potential Trustees are provided with a portfolio of information about the organisation including; organisational structure; roles and responsibilities; budgets; project information; DBS and confidentiality agreement. One to one induction with the Chair or nominated deputy and the Chief Executive is provided.

Organisational Structure
The management Committee with the assistance of the Chief Executive are responsible for all strategic planning for the organisation. All operational duties are carried out by the Chief Executive and staff.

The trustees meet at least 4 times a year to approve budgets, monitor financial progress and take strategic decisions about the future of the organisation.

Remuneration policy for key management personnel
The management committee makes recommendations regarding the remuneration of the Chief Executive and managers with annual reviews and agrees the basis for the general pay award to staff. It reviews the general terms and conditions of employment of staff annually.

Risk management
The risk register has been developed in association with risk assessments under the charity's health and safety policy to manage risk. Risks addressed range from those associated with sources of income, through continuity of service to matters such as personal security and lone working. Systems have been set in place to mitigate risk and where appropriate, staff have been instructed accordingly.

The diversification of funding sources is part of the risk management process to mitigate the over-reliance on one funder.

Internal control risks are covered in the charity's operating policies. Topics include personal safety, health and safety, human resources, financial procedures, food receipt, storage and disposal. These operating procedures are regularly reviewed to ensure they meet changing legislation and the needs of the charity.

Statement of responsibilities of the trustees

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on __/__/2024 and signed on their behalf by

Michelle Simpson

Chair

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2024 which are set out on pages 9 to 27.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date.....

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total funds 2024 £	*Total funds 2023 £*
Income from:					
Donations and legacies	3	3,077	-	3,077	*5,985*
Charitable activities	4	131,628	78,599	210,227	*269,203*
Investments	5	376	-	376	*122*
Total income		**135,081**	**78,599**	**213,680**	***275,310***
Expenditure on:					
Charitable activities	6	148,004	95,191	243,195	*261,857*
Total expenditure		**148,004**	**95,191**	**243,195**	***261,857***
Net income / (expenditure) for the year	8	**(12,923)**	**(16,592)**	**(29,515)**	***13,453***
Transfer between funds		(1,187)	1,187	-	-
Net movement in funds for the year		**(14,110)**	**(15,405)**	**(29,515)**	***13,453***
Reconciliation of funds					
Total funds brought forward		133,043	21,882	154,925	*141,472*
Total funds carried forward		**118,933**	**6,477**	**125,410**	***154,925***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2024

	Note	2024		*2023*	
		£	£	*£*	*£*
Fixed assets					
Tangible assets	13		-		-
Total fixed assets			**-**		**-**
Current assets					
Debtors	14	25,734		*54,787*	
Cash at bank and in hand	15	109,109		*109,569*	
Total current assets		**134,843**		***164,356***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(9,433)		*(9,431)*	
Net current assets			**125,410**		***154,925***
Total assets less current liabilities			125,410		*154,925*
Net assets			**125,410**		***154,925***
Funds of the charity:					
Restricted income funds	17		6,477		*21,882*
Unrestricted income funds	18		118,933		*133,043*
Total charity funds			**125,410**		***154,925***

The notes on pages 12 to 27 form part of these accounts.

Approved by the trustees on __/__/2024 and signed on their behalf by:

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Michelle Simpson (Chair) Simon Millar (Treasurer)

Body Positive Cheshire & North Wales

Statement of Cash Flows
for the year ending 31 March 2024

	Note	2024 £	*2023* *£*
Cash provided by / (used in) operating activities	21	**(836)**	***35,848***
Cash flows from investing activities:			
Dividends, interest, and rents from investments		376	*122*
Cash provided by / (used in) investing activities		**376**	***122***
Increase/(decrease) in cash and cash equivalents in the year		(460)	*35,970*
Cash and cash equivalents at the beginning of the year		109,569	*73,599*
Cash and cash equivalents at the end of the year		**109,109**	***109,569***

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The accounts (financial statements) have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Body Positive Cheshire & North Wales meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.
There are no key judgments which the trustees have made which have a significant effect on the accounts.
The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £1,000 more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Leasehold improvements	Over the lifetime of the lease
Office equipment	5 years

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. There were £nil (2023: £nil) outstanding contributions at the year end.

2 Legal status of the charity

The charity is an unincorporated charity, registered as a charity in England & Wales on 17/03/1992.

3 Income from donations and legacies

Current reporting period	Unrestricted £	Restricted £	Total 2024 £
Donations	3,077	-	3,077
Total	3,077	-	3,077

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2023 £*
Donations	*5,985*	-	*5,985*
Total	*5,985*	-	*5,985*

4 Income from charitable activities

Current reporting period	Unrestricted £	Restricted £	Total 2024 £
Grants and contracts			
HCRG Care Group (Virgin Care)	126,252	-	126,252
Cheshire & Wirral Partnership NHS	-	17,748	17,748
Cheshire West Council	-	2,000	2,000
The National Lottery (Reaching Communities)	-	42,471	42,471
	126,252	62,219	188,471
Fees and Other Income			
Crewe Pride	-	16,380	16,380
Training	2,690	-	2,690
Other	2,686	-	2,686
	5,376	16,380	21,756
Total	131,628	78,599	210,227

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2023 £*
Grants and contracts			
Liverpool NHS	*63,528*	*-*	*63,528*
HCRG Care Group (Virgin Care)	*126,252*	*17,000*	*143,252*
The National Lottery (Reaching Communities)	*-*	*34,875*	*34,875*
Independent Age	*-*	*20,000*	*20,000*
	189,780	*71,875*	*261,655*
Fees and Other Income			
Training	*3,298*	*-*	*3,298*
Other	*4,250*	*-*	*4,250*
	7,548	*-*	*7,548*
Total	*197,328*	*71,875*	*269,203*

5 Investment income

Current reporting period	Unrestricted £	Restricted £	Total 2024 £
Income from bank deposits	376	-	376
	376	-	376

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2023 £*
Income from bank deposits	*122*	-	*122*
	122	-	*122*

6 Analysis of expenditure on charitable activities

Current reporting period	Total 2024 £
Staff costs	172,122
Crewe Pride	17,567
Governance costs (see note 7)	2,553
Support costs (see note 7)	50,953
	243,195

Previous reporting period	*Total 2023 £*
Staff costs	*197,978*
Governance costs (see note 7)	*2,370*
Support costs (see note 7)	*61,509*
	261,857

	2024 £	*2023 £*
Restricted expenditure	95,191	63,739
Unrestricted expenditure	148,004	198,118
	243,195	261,857

7 Analysis of governance and support costs

Current reporting period	Support £	Governance £	*Total 2024* £
Office Overheads	18,749	-	18,749
General Overheads	19,596	-	19,596
Other Costs	8,050	-	8,050
Counselling Fees	2,802	-	2,802
Cheshire Cheese	1,756	-	1,756
Accountancy services	-	2,553	2,553
	50,953	2,553	53,506

Previous reporting period	*Support* *£*	*Governance* *£*	*Total 2023* *£*
Office Overheads	*19,199*	*-*	*19,199*
General Overheads	*28,274*	*-*	*28,274*
Other Costs	*9,810*	*-*	*9,810*
Counselling Fees	*2,680*	*-*	*2,680*
Cheshire Cheese	*1,546*	*-*	*1,546*
Accountancy services	*-*	*2,370*	*2,370*
	61,509	*2,370*	*63,879*

The charity has one activity and therefore support costs are not apportioned.

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2024 £	*2023 £*
Operating lease rentals:		
Other	15,000	16,580
Independent Examiner's remuneration - accountancy fees	1,705	1,625
Independent examiner's fees	370	350

9 Staff costs

Staff costs during the year were as follows:

	2024 £	*2023 £*
Wages and salaries	150,180	*175,862*
Social security costs	10,916	*13,772*
Pensions	4,515	*5,145*
Training, supervision and Recruitment	295	*53*
Staff Travel	2,062	*1,798*
Other Staff Costs	4,154	*1,348*
	172,122	*197,978*

No employees has employee benefits in excess of £60,000 (2023: Nil).

The average number of staff employed during the period was 4 (2023: 5).

The key management personnel of the charity comprise the trustees, the Chief Executive Officer and Finance & Administration Manager (2023: the trustees, Chief Executive Officer, Finance & Administration Manager and the Service Manager). The total employee benefits of the key management personnel of the charity were £90,904 (2023: £114,238).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received remuneration or reimbursed expenses during the year (2023: Nil).

No (2023: None) trustee received travel and subsistence expenses during the year (2023: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year.

11 Government grants

The government grants recognised in the accounts were as follows:

	2024 £	*2023* *£*
Liverpool NHS	-	*63,528*
Cheshire & Wirral Partnership NHS	17,748	-
Cheshire West Council	2,000	-
Crewe Town Council	1,424	-
	21,172	*63,528*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Leasehold improvements	Office equipment	Total
Cost	£	£	£
At 1 April 2023	70,305	14,781	85,086
Additions	-	-	-
Disposals	-	-	-
At 31 March 2024	70,305	14,781	85,086
Depreciation			
At 1 April 2023	70,305	14,781	85,086
Charge for the year	-	-	-
Disposals	-	-	-
At 31 March 2024	70,305	14,781	85,086
Net book value			
At 31 March 2024	-	-	-
At 31 March 2023	-	-	-

14 Debtors

	2024	*2023*
	£	*£*
Grants and fees receivable	19,471	*50,042*
Trade debtors	360	*435*
Prepayments and accrued income	5,903	*4,310*
	25,734	*54,787*

15 Cash at bank and in hand

	2024	*2023*
	£	*£*
Cash at bank and on hand	109,109	*109,569*
	109,109	*109,569*

16 Creditors: amounts falling due within one year

	2024	*2023*
	£	*£*
Trade creditors	3,943	*1,078*
Other creditors and accruals	5,490	*8,353*
	9,433	*9,431*

17 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Cheshire & Wirral Partnership NHS	-	17,748	(17,748)	-	-
Independent Age Fund	15,000	-	(15,000)	-	-
CWAC LGBT+ History Month	-	2,000	(2,000)	-	-
Crewe Pride	-	16,380	(17,567)	1,187	-
The National Lottery (Reaching Communities)	6,882	42,471	(42,876)	-	6,477
Total	21,882	78,599	(95,191)	1,187	6,477

Previous reporting period	*Balance at 1 April 2022 £*	*Income £*	*Expenditure £*	*Transfers £*	*Balance at 31 March 2023 £*
Public Health England	*1,944*	*-*	*(2,790)*	*846*	*-*
The National Lottery (Reaching Communities)	*8,956*	*34,875*	*(36,949)*	*-*	*6,882*
CWAC LGBT+ History Month	*2,000*	*-*	*(2,000)*	*-*	*-*
CWAC PrEP Funding	*-*	*17,000*	*(17,000)*	*-*	*-*
Independent Age Fund	*-*	*20,000*	*(5,000)*	*-*	*15,000*
Total	*12,900*	*71,875*	*(63,739)*	*846*	*21,882*

17 Analysis of movements in restricted funds (continued)

Name of restricted fund	Description, nature and purposes of the fund
Cheshire & Wirral Partnership NHS	The project aimed to better meet the needs of diverse communities within Cheshire East by increasing the involvement of people from the trans and non-binary communities in planning activities and promoting the take up of mental health services by gender diverse people.
Independent Age Fund	In partnership with Snow Angels CIC the funding from Independent Age was to provide support for older LGBTQ+ people with shopping when on-line shopping is not appropriate, access to food banks and home delivery to vulnerable older people, and other support to ensure that people can continue to live independently in their own homes including prescription collection, help to access other support services, dog walking, and telephone befriending and home visits through a network of over 120 volunteers.
CWAC LGBT+ History Month	Funding for exhibitions and resources to celebrate LGBT+ History Month. The programme featured mini pop-up exhibitions at venues across the borough including libraries, schools, museums and public spaces.
Crewe Pride	Contribution from Crewe Pride to Body Positive running costs for participating in the delivery and administration of the annual Pride Event. Monies raised were unrestricted from sponsors and fund raising activities on the day.
The National Lottery (Reaching Communities)	5 year funding to further develop a bespoke counselling and 1:1 services for the LGBT+ community in Cheshire through employing a professional counsellor to supervise the service and by recruiting and training local volunteers to provide telephone and face to face counselling services. The aim of this project is to improve the mental well-being of our service users, to build a network of volunteers and training opportunities, and to increase the resilience of the LGBT+ community in Cheshire through peer support, inner resilience, and increased celebration of equality and diversity in Cheshire to challenge homophobia and transphobia.

18 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	As at 31 March 2024 £
General fund	133,043	135,081	(148,004)	(1,187)	118,933
	133,043	135,081	(148,004)	(1,187)	118,933

Previous reporting period	*Balance at 1 April 2022 £*	*Income £*	*Expenditure £*	*Transfers £*	*As at 31 March 2023 £*
General fund	*127,727*	*203,435*	*(197,273)*	*(846)*	*133,043*
New website	*845*	*-*	*(845)*	*-*	*-*
	128,572	*203,435*	*(198,118)*	*(846)*	*133,043*

Name of unrestricted fund	**Description, nature and purposes of the fund**
General fund	The free reserves after allowing for all designated funds.
New website	Funds have been designated to the development and launch of a new website encompassing all service projects within Body Positive.

19 Analysis of net assets between funds

Current Reporting Period	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	-	-	-
Other net current assets/(liabilities)	118,933	-	6,477	125,410
Total	118,933	-	6,477	125,410

Previous Reporting Period	*General fund £*	*Designated funds £*	*Restricted funds £*	*Total £*
Tangible fixed assets	-	-	-	-
Other net current assets/(liabilities)	*133,043*	-	*21,882*	*154,925*
Total	*133,043*	-	*21,882*	*154,925*

20 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Property	
	2024 £	*2023 £*
Less than one year	15,000	*15,000*
One to five years	8,750	*23,750*
	23,750	*38,750*

21 Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	*2023 £*
Net income/(expenditure) for the year	(29,515)	*13,453*
Adjustments for:		
Dividends, interest and rents from investments	(376)	*(122)*
Decrease/(increase) in debtors	29,053	*16,393*
Increase/(decrease) in creditors	2	*6,124*
Net cash provided by/(used in) operating	(836)	*35,848*

22 Prior year Statement of Financial Activities (including Income and Expenditure account)

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	*Total funds 2022 £*
Income from:				
Donations and legacies	5,985	-	5,985	*306*
Charitable activities	197,328	71,875	269,203	*244,371*
Investments	122	-	122	*3*
Total income	**203,435**	**71,875**	**275,310**	***244,680***
Expenditure on:				
Charitable activities	198,118	63,739	261,857	*289,349*
Total expenditure	**198,118**	**63,739**	**261,857**	***289,349***
Net income / (expenditure) for the year	**5,317**	**8,136**	**13,453**	***(44,669)***
Transfer between funds	(846)	846	-	-
Net movement in funds for the year	**4,471**	**8,982**	**13,453**	***(44,669)***
Reconciliation of funds				
Total funds brought forward	128,572	12,900	141,472	*186,141*
Total funds carried forward	**133,043**	**21,882**	**154,925**	***141,472***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2024 which are set out on pages 9 to 27.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date.....

BODY POSITIVE CHESHIRE AND NORTH WALES

England & Wales - Charity number 1009850

Accounts

BODY POSITIVE

Annual Report 2022 - 2023

01 Charity Information

Reference and Administrative Details

Charity Name	Body Positive
Charity Number	1009850
Address	Bridgewater House 230 Edleston Road Crewe Cheshire CW2 7EH
Auditors	Slade and Cooper Green Fish Resource Centre 46-50 Oldham Street Manchester M4 1LE
Bankers	Co-Operative Bank

Main Funders

Royal Liverpool and Broadgreen Hospital Trust

hcrg

National Lottery Community Fund

Independent Age Fund

02 The Board & Staff

The Trustee Board

Chair	Michelle Simpson
Treasurer	Simon Millar
Trustees	Salli Jeynes Nigel Davies Melanie Williams

Staff Team

Chief Executive	Sally Probert-Hill
Finance & Admin Manager	Chris Flewitt
Services Manager	Sandra Meredith (ended July 22)
Community Development Worker - Sexual Health	Demi Ross (ended Dec 2022)
Community Development Worker - Sexual Health	Rachel Walker
Community Development Worker - LGBT+ / Silver Rainbows	Colin Avery

Volunteer

Michael
Shirley
Ron
Mike
Stan
Shirley
Nej
Lynn
Phil
Andi
Fabian
Samantha
Sam
Cathy
Dolly
Michelle

03 Extract from Financial Statement

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	Total funds 2023 £	*Total funds 2022 £*
Income from:					
Donations and legacies	3	5,985	-	5,985	*306*
Charitable activities	4	197,328	71,875	269,203	*244,371*
Investments	5	122	-	122	*3*
Total income		**203,435**	**71,875**	**275,310**	***244,680***
Expenditure on:					
Charitable activities	6	198,118	63,739	261,857	*289,349*
Total expenditure		**198,118**	**63,739**	**261,857**	***289,349***
Net income/(expenditure) for the year	8	**5,317**	**8,136**	**13,453**	***(44,669)***
Transfer between funds		(846)	846	-	-
Net movement in funds for the year		**4,471**	**8,982**	**13,453**	***(44,669)***
Reconciliation of funds					
Total funds brought forward		128,572	12,900	141,472	*186,141*
Total funds carried forward		**133,043**	**21,882**	**154,925**	***141,472***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2023

	Note	2023 £	2023 £	*2022 £*	*2022 £*
Fixed assets					
Tangible assets	13		-		-
Total fixed assets			**-**		**-**
Current assets					
Debtors	14	54,787		*71,180*	
Cash at bank and in hand	15	109,569		*73,599*	
Total current assets		**164,356**		***144,779***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(9,431)		*(3,307)*	
Net current assets			**154,925**		***141,472***
Total assets less current liabilities			154,925		*141,472*
Net assets			**154,925**		***141,472***
Funds of the charity:					
Restricted income funds	17		21,882		*12,900*
Unrestricted income funds	18		133,043		*128,572*
Total charity funds			**154,925**		***141,472***

05 Forward

Body Positive is looking forward to building on over 30 years of success in sexual health and supporting lesbian, gay, bisexual, trans and queer+ communities in Cheshire and beyond. We are developing our organisation in response to the changing needs of our communities and gaps that have been identified through consultation and feedback from LGBTQ+people and partner organisations.

2022 – 2023 was a year that saw the development of a number of significant new projects for the charity and the possibilities of delivering services to new and wider audiences.

The SexSmart - The sexual health provision, maintained high levels of service despite challenges presented by the decision for financial reasons of Liverpool NHS Trust to stop funding the outreach service in Cheshire East from January 2023. This resulted in the reduction of staff numbers working in sexual health and greater pressures on remaining staff.

Get Prepped For HIV was a significant campaign designed and delivered by Body Positive with additional funding from CWAC sexual health commissioners. The aim was to raise awareness of PreP (pre-exposure prophylaxis) as an effective preventative measure in the spread of HIV infections.

We expanded our online presence via the Body Positive and Cheshire Cheese websites with targeted pages and campaigns. This enabled us to highlight issues and campaigns in a dynamic and responsive way.

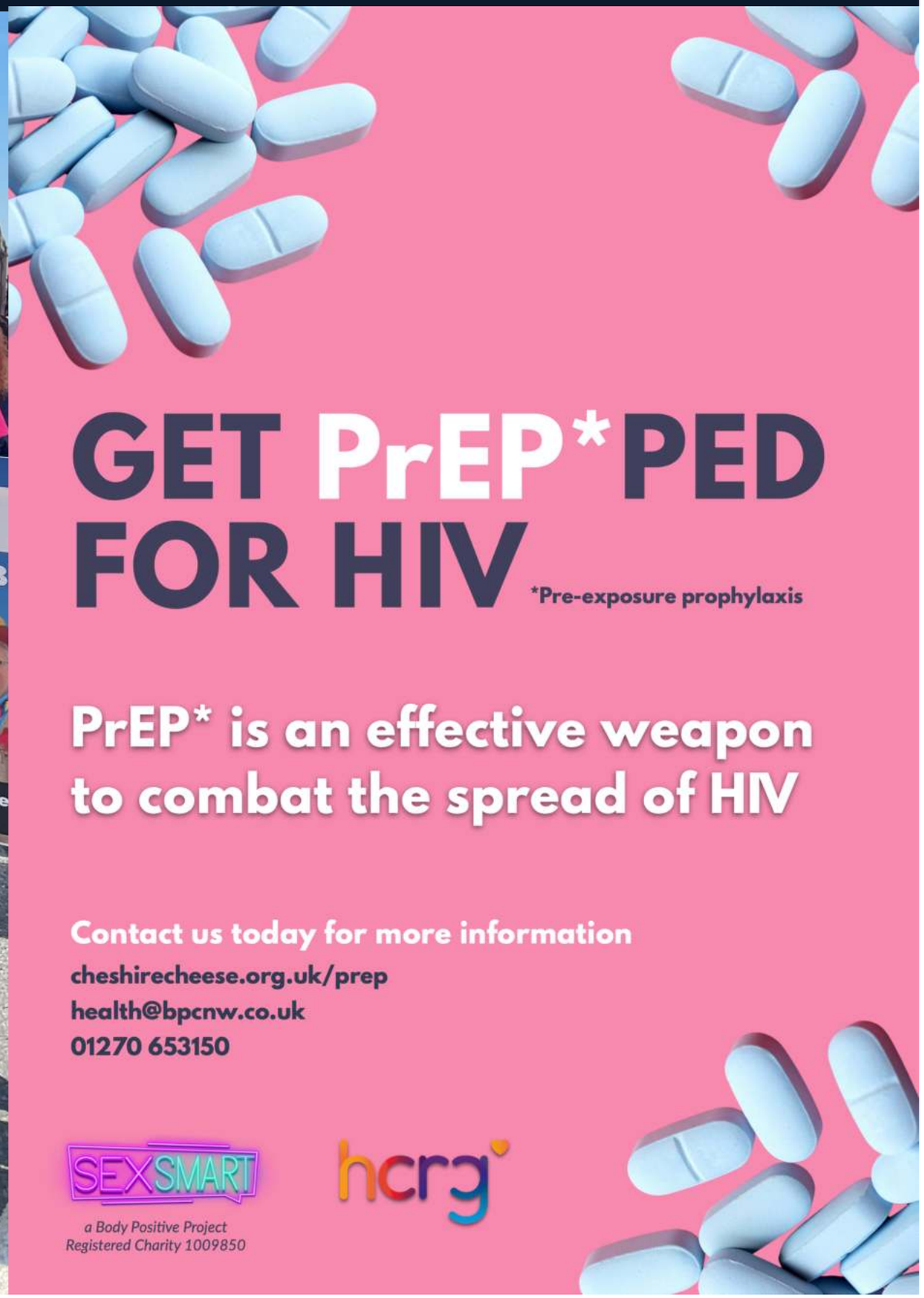
Money secured from Cheshire East and CWP for services to support trans communities across Cheshire East. This enabled us to support some of our most vulnerable clients and expand the

06 Introduction

Body Positive are a team of dedicated and skilled staff and volunteers.We challenge ourselves to provide high quality and ethical services to our local communities. We are grateful for the dedication of staff, trustees and volunteers that continues to take the charity forward.

07 | 2022 - 2023 Achievements

- Over 3000 young people supported though C-Smart Condom distribution scheme
- Tea and Tattle Groups for older LGBTQ+ people increased to 5 regular locations
- 100% positive feedback on training sessions
- Counselling sessions increased by 75%
- Increase in skilled volunteer hours by 50%
- Launch of Silver Rainbows Pride national day



08 Services

- Administration and Services from Crewe
- Sexual Health Services
- Support for LGBT+ People
- Support for older LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Support for People Living with or
- affected by HIV
- Events and campaigns
- Training for professionals
- Volunteering Opportunities

09 Activities

- Health Promotion services targeting vulnerable groups
- One to one support delivered by Sexual Health Specialists eg testing
- Targeted outreach to Northwich Sauna, identified as a high-risk setting
- Advocacy and inter-agency work
- Programme of regular social support groups
- Counselling services
- 1:1 bespoke support service for chaotic and vulnerable service users
- Health promotion in Cheshire FE Colleges
- Delivering sexual health and equality and diversity training
- Condom Distribution - C-Card Scheme for 13 - 25 year old
- Condom and lubricant by post service.
- Cheshire Cheese and Rocket Newsletters
- Professional advice and guidance to organisations
- Presence at LGBT+ events eg Prides
- Online Training and Information
- Social media campaigns
- Exhibitions and Special Events

OUR VISION

Diversity & healthy relationships are celebrated

OUR MISSION

To promote diversity & healthy relationships

11 Get Involved

Volunteering

We are always looking to recruit new volunteers for a variety of roles including as a trustee on the Management Committee. If you feel you have skills that may benefit the organisation please get in touch and we can send you more details.

No previous experience is necessary as training will be given. We welcome people from diverse backgrounds who are interested in becoming involved with our organisation. Opportunities exist for experience in administration, fundraising, events, promotion, research and counselling placements.

Donations

Body Positive welcomes support from donors to enable us to maintain our wide range of services from diverse income streams. If you would like to help us by making a donation we would be grateful for any amount you are able to give.
For details on how to donate please contact us on the main Crewe number.

Show Your Support

To show your support, you may like to wear a red ribbon. The Red Ribbon is the internationally recognised symbol of HIV and AIDS. It shows your understanding and support of those living with and affected by the virus world wide. If you would like any red ribbons for you or your organisation and any other resources please get in touch.

Charity Number: 1009850

Body Positive Cheshire & North Wales

Report and financial statements

For the year ended 31st March 2023

Body Positive Cheshire & North Wales

Reference and administrative information

for the year ended 31st March 2023

Charity number 1009850

Registered office and operational address Bridgewater House, 230 Edleston Road, Crewe, CW2 7EH

Trustees Trustees who served during the year and up to the date of this report were as follows:

Michelle Simpson	Chair
Simon Millar	Treasurer
Salli Jeynes	
Nigel Davies	
Melanie Williams	
Ron Whalley	(co-opted 17 April 2023)

Key management personnel	Sally Probert-Hill	Chief Executive
	Chris Flewitt	Finance & Administration Manager
	Sandra Meredith	Service Manager (resigned July 2022)

Bankers The Co-operative Bank, PO Box 250, Delf House Southway, Skelmersdale, WN8 6WT

Independent Examiner Christy Lau FCCA CTA DChA

Slade & Cooper Limited
Beehive Mill
Jersey St
Ancoats
Manchester
M4 6JG

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2023

The trustees present their report and the unaudited financial statements for the year ended 31st March 2023.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

Body Positive Cheshire and North Wales is a registered charity and it's governing document is a constitution.

Purposes and aims

Under the constitution the charity's objectives are all for the public benefit and they are:

1. The relief of poverty sickness and distress amongst those infected with the Human Immunodeficiency Virus (HIV) and those persons generally who have developed Acquired Immune Deficiency Syndrome (AIDS) related diseases or who are or have been personally affected by HIV/AIDS or related conditions.
2. To advance the education of the public and to promote research in all matters associated with the effects of HIV infection and AIDS and the prevention thereof and to disseminate the useful results of such research.
3. Health Promotion work to prevent the spread of HIV and other sexually transmitted diseases and promote well-being, including Community Development work with specific groups such as men who have sex with men, LGBT people and those from vulnerable groups.

Body Positive provides a wide range of services to local communities including:

- Administration and Services from Crewe
- Sexual Health Promotion Services provided by Community Development Workers
- Health Promotion
- Support for LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Peer support for People Living with or affected by HIV
- Events and campaigns
- Training for professionals

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2023

Activities

- Regular social support groups
- One to one support delivered by Health Promotion Specialists eg testing
- Specific outreach to Northwich Sauna, identified as a high-risk setting
- Advocacy and inter-agency work
- Counselling services
- Health promotion in Cheshire FE Colleges
- Health Promotion services targeting vulnerable groups
- Delivering sexual health and equality and diversity training to schools, colleges, and professionals
- Condom Distribution - C-Card Scheme for 13 - 25 year old
- Condom and lubricant by post service.
- Silver Rainbows – service for older LGBT+ people
- Training services
- LGBT+ support service
- Bimonthly newsletter highlighting social venues and support services for lesbian, gay, bisexual and trans people. – Cheshire Cheese
- Volunteer opportunities
- Attending health events across the county to normalise health maintenance behaviours such as testing and condom use and giving a representative voice to those 'at risk and unseen'

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on promotion of healthy sex and relationships and LGBT+ and are undertaken to further Body Positive Cheshire & North Wales' charitable purposes for the public benefit.

2022 – 2023 was a year that saw the development of a number of significant new projects for the charity and the possibilities of delivering services to new audiences.

Achievements 2022/23

The SexSmart - The sexual health provision, maintained high levels of service despite challenges presented by the decision for financial reasons of Liverpool NHS Trust to stop funding the outreach service from January 2023.

Get Prepped For HIV - campaign designed and delivered with additional funding from CWAC sexual health commissioners.

Expanded online presence via the Body Positive and Cheshire Cheese websites with targeted pages and campaigns.

Money secured from Cheshire East and CWP for services to support trans communities across Cheshire East.

The counselling service provides support to more people than ever before with increased positive outcomes for LGBTQ+ people.

Hidden Lives Project has delivered to wider audiences including to staff at SAGA Headquarters in Folkstone.

Partnership development with Radius to develop LGBTQ+ activities in Crewe inc Crewe Pride and ERGs.

Cheshire's LGBTQ+ Network Formed and hosted Pride Awards Event hosted with awards given to volunteers of the year.

Silver Pride delivered with Belong Care Village in Crewe.

Performance 2022/23

Over 3000 young people supported through C-Smart condom distribution scheme

Support for older LGBTQ+ people via Silver Rainbows, Tea and Tattle sessions increased to 5 regular locations

Development of skilled volunteers to host social groups and events.

100% positive feedback to sexual health sessions delivered to young people

Transpositive supporting trans and non-binary people - increased attendance by 30%

Number of counselling sessions offered increased by 75%

Beneficiaries of our services

Young people aged 13-19 for sexual health services

LGBTQ+ people 18+

Older LGBTQ+ people 50+

Public, private, third sector organisations

Financial review

The commissioned sexual health services contracts in both West and East Cheshire were in their third year of the five-year contracts with an option for a further two.

The Cheshire West Contract with HCRG Care Group for outreach remains the same and is due for review in April 2024.

Cheshire East Sexual Health with Liverpool NHS Trust was reviewed in July 2022 and we were informed of its termination by October 2022 (this was later revised to Dec 2022). The decision was taken due to inter financial limitations for Liverpool NHS Trust and in no way reflected the work of Body Positive. It resulted in the TUPE of one member of staff.

Funding for Get Prepped for HIV awarded from CWAC Commissioners through HCRG.

Reserves at the year-end were £154,925 (2022: £141,472) comprising restricted funds of £21,882 (2022: £12,900) and unrestricted funds of £133,043 (2022: £128,572).

Principal funding sources:

HCRG Care Group – Cheshire West and Chester Sexual Health Contract

Royal Liverpool and Broadgreen University Hospital Trust – Cheshire East Sexual Health Contract

Public Health England

National Lottery Reaching Communities

CWAC LGBT History Month

HCRG PrEP

Independent Age Grant

Reserves policy

The term "reserves" relates to monies held by a charity and they can be restricted or unrestricted reserves. Restricted reserves are those which have been given to the charity to fulfil certain criteria imposed by the donor (for example, to buy a piece of equipment). Restricted reserves also include endowment funds for the charity.

Unrestricted reserves are those that the charity is free to use how it chooses. It can choose to set aside some unrestricted reserves for particular activities or projects (eg to fund a piece of research) and it would put this into a 'designated fund'.

The reserves policy confirms that the unrestricted reserves for Body Positive should be equal to six months operating costs based on 50% of the total expenditure in the preceding financial year and that designated funds should be established where possible to further the charity's objectives.

Plans for the future

Review of strategic plan for next 5 years

Maximise the impact of the sexual health contract and partnership with HCRG

Develop services for adults with learning disabilities

Develop partnership working with C-MAGIC around gender identity

Development of Silver Rainbows Pride into a national event in partnership with National Activity Providers Association.

Extension of Hidden Lives Programme to a template for other areas

Partnership working with business to support ERGs

Development of Crewe Pride and associated activities

Growth of the LGBTQ+ Network for Cheshire

Structure, governance and management

The organisation is an unincorporated charity, registered as a charity on 17/03/1992 in England and Wales.

The charity is constituted under a constitution July 2001. The trustees are members of the charity, but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.
The Charity is governed by its management committee, all of whom are trustees. The constitution requires that there are no more than 10 trustees and not fewer than 5. All trustees must be over the age of 18.
All Trustees are elected at the annual general meeting of the charity. Trustee are not required to step down under the constitution. All trustees give their time voluntarily and receive no benefits from the charity except for reasonable out of pocket travelling expenses. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

Trustee selection method
Existing trustees and the Director of Services are responsible for identifying potential new members, taking into account the need for a wide range of skills and experience required to ensure effective management of the charity.

Induction and Training of Trustees
Following an informal discussion, potential Trustees are provided with a portfolio of information about the organisation including; organisational structure; roles and responsibilities; budgets; project information; DBS and confidentiality agreement. One to one induction with the Chair or nominated deputy and the Director of Services is provided.

Organisational Structure
The management Committee with the assistance of the Director of Services are responsible for all strategic planning for the organisation. All operational duties are carried out by the Director of Services and staff.
The trustees meet at least 4 times a year to approve budgets, monitor financial progress and take strategic decisions about the future of the organisation.

Remuneration policy for key management personnel
The management committee makes recommendations regarding the remuneration of the Director of Services and managers with annual reviews and agrees the basis for the general pay award to staff. It reviews the general terms and conditions of employment of staff annually.

Risk management

The risk register has been developed in association with risk assessments under the charity's health and safety policy to manage risk. Risks addressed range from those associated with sources of income, through continuity of service to matters such as personal security and lone working. Systems have been set in place to mitigate risk and where appropriate, staff have been instructed accordingly.

The diversification of funding sources is part of the risk management process to mitigate the over-reliance on one funder.

Internal control risks are covered in the charity's operating policies. Topics include personal safety, health and safety, human resources, financial procedures, food receipt, storage and disposal. These operating procedures are regularly reviewed to ensure they meet changing legislation and the needs of the charity.

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2023

Statement of responsibilities of the trustees

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on __/__/2023 and signed on their behalf by

Michelle Simpson

Chair

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2023 which are set out on pages 11 to 33.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date…….

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	Total funds 2023 £	*Total funds 2022 £*
Income from:					
Donations and legacies	3	5,985	-	5,985	*306*
Charitable activities	4	197,328	71,875	269,203	*244,371*
Investments	5	122	-	122	*3*
Total income		**203,435**	**71,875**	**275,310**	***244,680***
Expenditure on:					
Charitable activities	6	198,118	63,739	261,857	*289,349*
Total expenditure		**198,118**	**63,739**	**261,857**	***289,349***
Net income/(expenditure) for the year	8	**5,317**	**8,136**	**13,453**	***(44,669)***
Transfer between funds		(846)	846	-	-
Net movement in funds for the year		**4,471**	**8,982**	**13,453**	***(44,669)***
Reconciliation of funds					
Total funds brought forward		128,572	12,900	141,472	*186,141*
Total funds carried forward		**133,043**	**21,882**	**154,925**	***141,472***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2023

	Note	2023 £	2023 £	*2022* £	*2022* £
Fixed assets					
Tangible assets	13		-		-
Total fixed assets			**-**		**-**
Current assets					
Debtors	14	54,787		*71,180*	
Cash at bank and in hand	15	109,569		*73,599*	
Total current assets		**164,356**		***144,779***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(9,431)		*(3,307)*	
Net current assets			**154,925**		***141,472***
Total assets less current liabilities			154,925		*141,472*
Net assets			**154,925**		***141,472***
Funds of the charity:					
Restricted income funds	17		21,882		*12,900*
Unrestricted income funds	18		133,043		*128,572*
Total charity funds			**154,925**		***141,472***

The notes on pages 14 to 33 form part of these accounts.

Approved by the trustees on __/__/2023 and signed on their behalf by:

Michelle Simpson (Chair)

Simon Millar (Treasurer)

Body Positive Cheshire & North Wales

Statement of Cash Flows
for the year ending 31 March 2023

	Note	2023 £	*2022* *£*
Cash provided by/(used in) operating activities	21	**35,848**	***(54,545)***
Cash flows from investing activities:			
Dividends, interest, and rents from investments		122	*3*
Cash provided by/(used in) investing activities		**122**	***3***
Increase/(decrease) in cash and cash equivalents in the year		35,970	*(54,542)*
Cash and cash equivalents at the beginning of the year		73,599	*128,141*
Cash and cash equivalents at the end of the year		**109,569**	***73,599***

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The accounts (financial statements) have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Body Positive Cheshire & North Wales meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.
There are no key judgments which the trustees have made which have a significant effect on the accounts.
The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £1,000 more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Leasehold improvements	Over the lifetime of the lease
Office equipment	5 years

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. There were £nil (2022: £nil) outstanding contributions at the year end.

2 Legal status of the charity

The charity is an unincorporated charity, registered as a charity in England & Wales on 17/03/1992.

3 Income from donations and legacies

Current reporting period	Unrestricted £	Restricted £	Total 2023 £
Donations	5,985	-	5,985
Total	5,985	-	5,985

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2022 £*
Donations	*306*	*-*	*306*
Total	*306*	*-*	*306*

4 Income from charitable activities

Current reporting period	Unrestricted £	Restricted £	Total 2023 £
Grants and contracts			
Liverpool NHS	63,528	-	63,528
HCRG Care Group (Virgin Care)	126,252	17,000	143,252
The National Lottery (Reaching Communities)	-	34,875	34,875
Independent Age	-	20,000	20,000
	189,780	71,875	261,655
Fees and Other Income			
Training	3,298	-	3,298
Other	4,250	-	4,250
	7,548	-	7,548
Total	197,328	71,875	269,203

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2022 £*
Grants and contracts			
Liverpool NHS	*84,704*	*-*	*84,704*
HCRG Care Group (Virgin Care)	*126,252*	*-*	*126,252*
The National Lottery (Reaching Communities)	*-*	*17,500*	*17,500*
Bentley COVID Impact Grant	*-*	*11,015*	*11,015*
CWAC LGBT History Month	*-*	*2,000*	*2,000*
	210,956	*30,515*	*241,471*
Fees and Other Income			
Training	*2,887*	*-*	*2,887*
Other	*13*	*-*	*13*
	2,900	*-*	*2,900*
Total	*213,856*	*30,515*	*244,371*

5 Investment income

Current reporting period	Unrestricted £	Restricted £	Total 2023 £
Income from bank deposits	122	-	122
	122	-	122

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2022 £*
Income from bank deposits	*3*	*-*	*3*
	3	*-*	*3*

6 Analysis of expenditure on charitable activities

Current reporting period	Total 2023 £
Staff costs	197,978
Governance costs (see note 7)	2,370
Support costs (see note 7)	61,509
	261,857

Previous reporting period	*Total 2022 £*
Staff costs	*225,317*
Governance costs (see note 7)	*2,370*
Support costs (see note 7)	*61,662*
	289,349

	2023 £	*2022 £*
Restricted expenditure	63,739	30,004
Unrestricted expenditure	198,118	259,345
	261,857	289,349

7 Analysis of governance and support costs

Current reporting period	Support £	Governance £	*Total 2023* £
Office Overheads	19,199	-	19,199
General Overheads	28,274	-	28,274
Other Costs	9,810	-	9,810
Counselling Fees	2,680	-	2,680
Cheshire Cheese	1,546	-	1,546
Accountancy services	-	2,370	2,370
	61,509	2,370	63,879

Previous reporting period	*Support* *£*	*Governance* *£*	*Total 2022* *£*
Office Overheads	*20,337*	*-*	*20,337*
General Overheads	*26,187*	*-*	*26,187*
Other Costs	*13,625*	*-*	*13,625*
Counselling Fees	*80*	*-*	*80*
Cheshire Cheese	*524*	*-*	*524*
Silver Rainbows	*909*	*-*	*909*
Accountancy services	*-*	*2,370*	*2,370*
	61,662	*2,370*	*64,032*

The charity has one activity and therefore support costs are not apportioned.

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2023 £	*2022* *£*
Operating lease rentals:		
Other	16,580	17,410
Independent Examiner's remuneration - accountancy fees	1,625	1,625
Independent examiner's fees	350	350

9 Staff costs

Staff costs during the year were as follows:

	2023 £	*2022* *£*
Wages and salaries	175,862	*199,866*
Social security costs	13,772	*12,360*
Pensions	5,145	*6,002*
Training and Recruitment	53	*670*
Staff Travel	1,798	*3,845*
Other Staff Costs	1,348	*2,574*
	197,978	*225,317*

No employees has employee benefits in excess of £60,000 (2022: Nil).

The average number of staff employed during the period was 5 (2022: 6).

The key management personnel of the charity comprise the trustees, the Chief Executive Officer, Finance & Administration Manager and the Service Manager . The total employee benefits of the key management personnel of the charity were £114,238 (2022: £141,012).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration or reimbursed expenses during the year (2022: Nil).

No (2022: None) trustee received travel and subsistence expenses during the year (2022: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year.

11 Government grants

The government grants recognised in the accounts were as follows:

	2023 £	*2022* *£*
Cheshire West and Chester Council	-	*2,000*
	63,528	*86,704*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Leasehold improvements £	Office equipment £	Total £
Cost			
At 1 April 2022	70,305	14,781	85,086
Additions	-	-	-
Disposals	-	-	-
At 31 March 2023	70,305	14,781	85,086
Depreciation			
At 1 April 2022	70,305	14,781	85,086
Charge for the year	-	-	-
Disposals	-	-	-
At 31 March 2023	70,305	14,781	85,086
Net book value			
At 31 March 2023	-	-	-
At 31 March 2022	-	-	-

14 Debtors

	2023 £	*2022* *£*
Grants and fees receivable	50,042	*65,394*
Trade debtors	435	*275*
Prepayments and accrued income	4,310	*5,511*
	54,787	*71,180*

15 Cash at bank and in hand

	2023 £	*2022* *£*
Cash at bank and on hand	109,569	*73,599*
	109,569	*73,599*

16 Creditors: amounts falling due within one year

	2023 £	*2022* *£*
Trade creditors	1,078	*454*
Other creditors and accruals	8,353	*2,853*
	9,431	*3,307*

17 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
Public Health England	1,944	-	(2,790)	846	-
The National Lottery (Reaching Communities)	8,956	34,875	(36,949)	-	6,882
CWAC LGBT+ History Month	2,000	-	(2,000)	-	-
CWAC PrEP Funding	-	17,000	(17,000)	-	-
Independent Age Fund	-	20,000	(5,000)	-	15,000
Total	12,900	71,875	(63,739)	846	21,882

Previous reporting period	*Balance at 1 April 2021 £*	*Income £*	*Expenditure £*	*Transfers £*	*Balance at 31 March 2022 £*
Public Health England	*11,562*	*-*	*(9,618)*	*-*	*1,944*
The National Lottery (Reaching Communities)	*-*	*17,500*	*(8,544)*	*-*	*8,956*
Bentley COVID Impact Grant	*-*	*11,015*	*(11,842)*	*827*	*-*
CWAC LGBT+ History Month	*-*	*2,000*	*-*	*-*	*2,000*
Total	*11,562*	*30,515*	*(30,004)*	*827*	*12,900*

17 Analysis of movements in restricted funds (continued)

Name of restricted fund	Description, nature and purposes of the fund
Public Health England	Funded by the HIV/Sexual Health Innovation Fund, this project is developing and creating new signs and symbols in Makaton to provide training and advice in sexual health, reproductive health and HIV inclusive of a range of sexualities and genders, for people with learning disabilities, their carers and professionals.
The National Lottery (Reaching Communities)	5 year funding to further develop a bespoke counselling and 1:1 services for the LGBT+ community in Cheshire through employing a professional counsellor to supervise the service and by recruiting and training local volunteers to provide telephone and face to face counselling services. The aim of this project is to improve the mental well-being of our service users, to build a network of volunteers and training opportunities, and to increase the resilience of the LGBT+ community in Cheshire through peer support, inner resilience, and increased celebration of equality and diversity in Cheshire to challenge homophobia and transphobia.
CWAC Diversity Events Fund LGBT+ History Month	Funding for exhibitions and resources to celebrate LGBT+ History Month. The programme featured mini pop-up exhibitions at venues across the borough including libraries, schools, museums and public spaces.
CWAC PrEP Funding	This additional sexual health funding was to design, develop and deliver an awareness campaign to improve the take up of HIV prevention medication PrEP (Pre-Exposure Prophylaxis). The project targeted at risk groups used a variety of media including posters, stickers, social media posts, website resources, podcasts and a touring exhibition.
Independent Age Fund	In partnership with Snow Angels CIC the funding from Independent Age was to provide support for older LGBTQ+ people with shopping when on-line shopping is not appropriate, access to food banks and home delivery to vulnerable older people, and other support to ensure that people can continue to live independently in their own homes including prescription collection, help to access other support services, dog walking, and telephone befriending and home visits through a network of over 120 volunteers.

18 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	As at 31 March 2023 £
General fund	127,727	203,435	(197,273)	(846)	133,043
New website	845	-	(845)	-	-
	128,572	203,435	(198,118)	(846)	133,043

Previous reporting period	*Balance at 1 April 2021 £*	*Income £*	*Expenditure £*	*Transfers £*	*As at 31 March 2022 £*
General fund	*126,026*	*214,165*	*(257,738)*	*45,274*	*127,727*
Hardship fund	*6,055*	*-*	*-*	*(6,055)*	*-*
Health Promotion Resources fund	*3,000*	*-*	*-*	*(3,000)*	*-*
Take pride in Ageing Conference	*5,000*	*-*	*-*	*(5,000)*	*-*
Fundraising Consultancy	*15,000*	*-*	*-*	*(15,000)*	*-*
Contribution to LGBT Services	*7,093*	*-*	*-*	*(7,093)*	*-*
Refurbishment	*3,665*	*-*	*-*	*(3,665)*	*-*
New website	*7,407*	*-*	*(1,607)*	*(4,955)*	*845*
Training Accreditation	*1,333*	*-*	*-*	*(1,333)*	*-*
	174,579	*214,165*	*(259,345)*	*(827)*	*128,572*

18 Analysis of movement in unrestricted funds (continued)

Name of unrestricted fund	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds.
New website	Funds have been designated to the development and launch of a new website encompassing all service projects within Body Positive.
Hardship fund	Funds have been designated by the management committee for the purpose of awarding small grants in circumstances where evidence of need and hardship can be provided which could not have been foreseen, also for travel expenses for service users to attend sessions at the North Wales office.
Health Promotion Resources fund	Funds have been designated by the management committee for the purchase of health promotion items, to enable us to promote our services to the wider public.
Take pride in Ageing Conference	The trustees have decided to allocate this to cover the costs of staging the conference including venue hire and speakers fees/expenses.
Fundraising Consultancy	We have engaged a consultant to identify funding sources and work with us on the development of grant applications re service development.
Contribution to LGBT Services	Some of the LGBT services we want to provide to in the year are not covered by existing grants.
Refurbishment allocation	This sum has been allocated to redecorate our drop in space, purchase new furniture to tie in with development of our social groups and install uPVC windows in Bridgewater House.
Training Accreditation	This sum covered a one off registration and annual membership fee to Skills For Care.

19 Analysis of net assets between funds

Current Reporting Period	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	-	-	-
Other net current assets/(liabilities)	133,043	-	21,882	154,925
Total	133,043	-	21,882	154,925

Previous Reporting Period	*General fund £*	*Designated funds £*	*Restricted funds £*	*Total £*
Tangible fixed assets	*-*	*-*	*-*	*-*
Other net current assets/(liabilities)	*127,727*	*845*	*12,900*	*141,472*
Total	*127,727*	*845*	*12,900*	*141,472*

20 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Property	
	2023	*2022*
	£	*£*
Less than one year	15,000	*10,500*
One to five years	23,750	*-*
	38,750	*10,500*

21 Reconciliation of net movement in funds to net cash flow from operating activities

	2023	*2022*
	£	*£*
Net income/(expenditure) for the year	13,453	*(44,669)*
Adjustments for:		
Dividends, interest and rents from investments	(122)	*(3)*
Decrease/(increase) in debtors	16,393	*(10,285)*
Increase/(decrease) in creditors	6,124	*412*
Net cash provided by/(used in) operating	35,848	*(54,545)*

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	*Total funds 2021 £*
Income from:					
Donations and legacies	3	306	-	306	*187*
Charitable activities	4	213,856	30,515	244,371	*234,560*
Investments	5	3	-	3	*11*
Total income		**214,165**	**30,515**	**244,680**	***234,758***
Expenditure on:					
Charitable activities	6	259,345	30,004	289,349	*272,997*
Total expenditure		**259,345**	**30,004**	**289,349**	***272,997***
Net income/(expenditure) for the year	8	**(45,180)**	**511**	**(44,669)**	***(38,239)***
Transfer between funds		(827)	827	-	-
Net movement in funds for the year		**(46,007)**	**1,338**	**(44,669)**	***(38,239)***
Reconciliation of funds					
Total funds brought forward		174,579	11,562	186,141	*224,380*
Total funds carried forward		**128,572**	**12,900**	**141,472**	***186,141***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2023 which are set out on pages 11 to 33.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date…….

BODY POSITIVE CHESHIRE AND NORTH WALES

England & Wales - Charity number 1009850

Accounts

Body Positive

Annual Report 2021 - 2022

01 Charity Information

Reference and Administrative Details

Charity Name	Body Positive
Charity Number	1009850
Address	Bridgewater House 230 Edleston Road Crewe Cheshire CW2 7EH
Auditors	Slade and Cooper Green Fish Resource Centre 46-50 Oldham Street Manchester M4 1LE
Bankers	Co-Operative Bank

Main Funders

Royal Liverpool and Broadgreen Hospital Trust

hcrg

National Lottery Community Fund

Public Health England

Cheshire West and Chester Council

Cheshire East Council

02 The Board & Staff

The Trustee Board

Chair	Michelle Simpson
Treasurer	Simon Millar
Trustees	Salli Jeynes Nigel Davies Melanie Williams

Staff Team

Chief Executive	Sally Probert-Hill
Finance & Admin Manager	Chris Flewitt
Services Manager	Sandra Meredith
Community Development Worker - Sexual Health	Carys Jones
Community Development Worker - Sexual Health	Rachel Walker
Community Development Worker - LGBT+ / Silver Rainbows	Colin Avery

Volunteers

Michael
Julie
Ron
Stan
Shirley
Nej
Tony
Lynn
Phil
Andi
Fabian
Sam
Mike
Cathy
Andrew

03 Extract from Financial Statement

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	*Total funds 2021 £*
Income from:					
Donations and legacies	3	306	-	306	*187*
Charitable activities	4	213,856	30,515	244,371	*234,560*
Investments	5	3	-	3	*11*
Total income		**214,165**	**30,515**	**244,680**	***234,758***
Expenditure on:					
Charitable activities	6	259,345	30,004	289,349	*272,997*
Total expenditure		**259,345**	**30,004**	**289,349**	***272,997***
Net income/(expenditure) for the year	8	**(45,180)**	**511**	**(44,669)**	***(38,239)***
Transfer between funds		(827)	827	-	-
Net movement in funds for the year		**(46,007)**	**1,338**	**(44,669)**	***(38,239)***
Reconciliation of funds					
Total funds brought forward		174,579	11,562	186,141	*224,380*
Total funds carried forward		**128,572**	**12,900**	**141,472**	***186,141***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2022

	Note	2022 £	2022 £	*2021 £*	*2021 £*
Fixed assets					
Tangible assets	13		-		-
Total fixed assets			**-**		**-**
Current assets					
Debtors	14	71,180		*60,895*	
Cash at bank and in hand	15	73,599		*128,141*	
Total current assets		**144,779**		***189,036***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(3,307)		*(2,895)*	
Net current assets		**141,472**		***186,141***	
Total assets less current liabilities			141,472		*186,141*
Net assets			**141,472**		***186,141***
Funds of the charity:					
Restricted income funds	17		12,900		*11,562*
Unrestricted income funds	18		128,572		*174,579*
Total charity funds			**141,472**		***186,141***

The notes on pages 14 to 33 form part of these accounts.

05 Forward

2021 - 2022 was the start of back to business as usual for the team at Body Positive.

The new website was launched after a period of development and delays. Money was secured from the National Lottery Reaching Communities Fund to support LGBT+ wellbeing in Cheshire which includes the expansion of the counselling service. The counselling service returned to face-to-face delivery and we have been able to recruit a number of new counsellors.

The LGBT+ Heritage Quilt was completed and displayed for the first time during LGBT+ History Month at Weaver Hall Museum.

Partnership development has enabled the growth of Silver Rainbows these have included: Storyhouse, Chester, Museum Service, Ryman, and SAGA, with an appearance in the SAGA Magazine and photoshoot.

Hidden Voices was developed as part of Storyhouse Literary Festival which included Silver Rainbows members telling the story of their journeys to becoming their authentic selves.

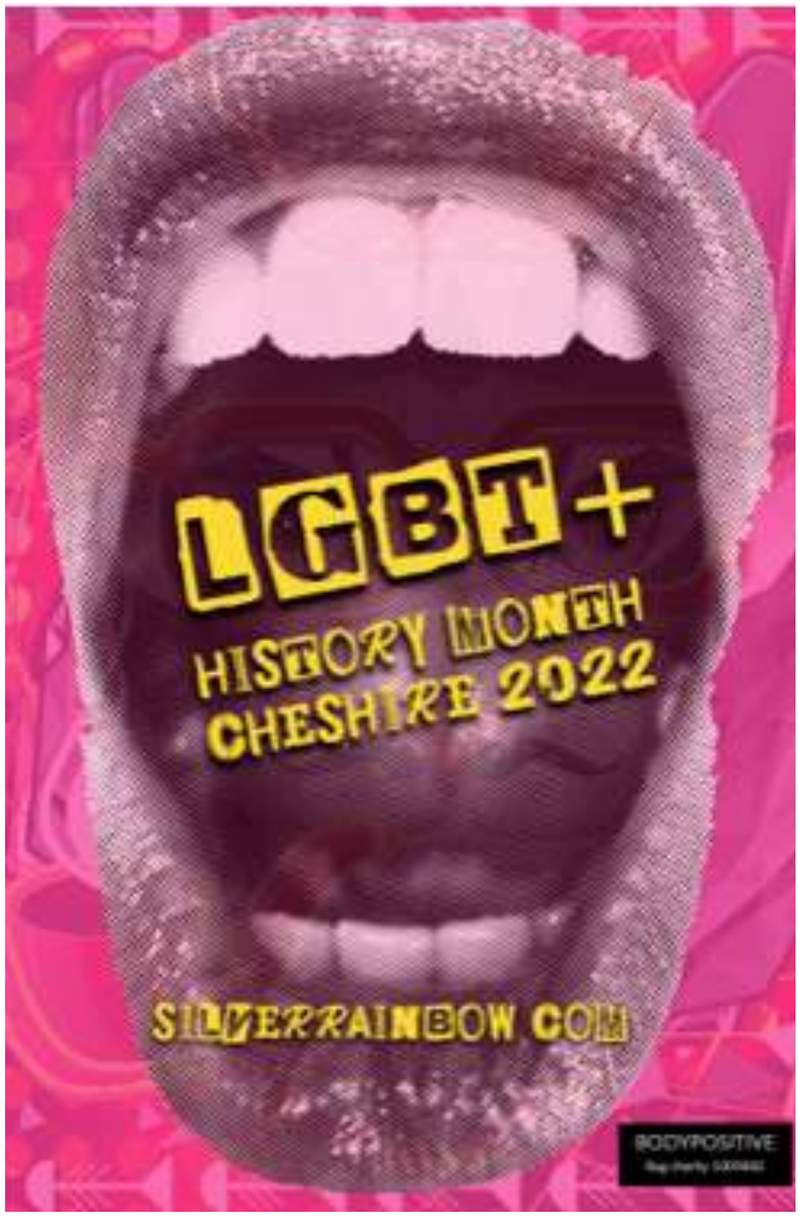
To better support the gender diverse communities Body Positive has been working with C-MAGIC. Cheshire and Merseyside Gender Identity Clinic. The collaboration has enabled many of our service users to gain accurate information on the processes involved with clinical transition,

SexSmart has proved to be a responsive and dynamic service able to respond to the changes in demand and the need for new delivery styles including online learning. Training delivery is now blended between face to face and e-learning and has proved popular with service users as it solves some of the issues around time and accessibility. We have developed bespoke services for adults with learning disabilities around sexual health, consent and sexuality working in partnership with adult social care providers.

Recruitment of new volunteers into specialist roles including counselling, social group facilitation and trusteeship has enabled to to keep going forward.

> During the Covid19 pandemic of 2020 Silver Rainbows' existence and digital presence has been a big security blanket, keeping us all connected with the threads of its weave, and reminding us that we do all matter. Silver Rainbows has definitely helped to keep me cheerful and reminded me that there are happy times to look forward to."
>
> Shirley, Silver Rainbows

06 Introduction



LGBT+ History Month featured women's stories highlighting then life of Anne Lister, Gay Paris in the 1920s and early films.

Behind the scenes at the Saga photoshoot featuring older Silver Rainbows members and their stories.

The SexSmart continues to develop new and innovative ways of communicating messages around consent, healthy relationships and STIs.

07 | 2021-2022 Achievements

- Launch of new website
- Sexual Health Contracts delivered
- National Lottery Award of 5 years funding for Pride In Well-Being
- Completion of LGBT+ History Quilt
- Continutation funding from Heritage Fund
- Development of online offer to include courses and resources
- Return of face to face counselling service
- Delivery of specialist sexual health services

08 Services

- Administration and Services from Crewe
- Sexual Health Services
- Support for LGBT+ People
- Support for older LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Support for People Living with or affected by HIV
- Events and campaigns
- Training for professionals
- Volunteering Opportunities
- Consultation and advice

09 Activities

- Health Promotion services targeting vulnerable groups
- One to one support delivered by Sexual Health Specialists eg testing
- Targeted outreach to Northwich Sauna, identified as a high-risk setting
- Advocacy and inter-agency work
- Programme of regular social support groups
- Counselling services
- 1:1 bespoke support service for chaotic and vulnerable service users
- Health promotion in Cheshire FE Colleges
- Delivering sexual health and equality and diversity training
- Condom Distribution - C-Card Scheme for 13 - 25 year old
- Condom and lubricant by post service.
- Cheshire Cheese and Rocket Newsletters
- Professional advice and guidance to organisations
- Presence at LGBT+ events eg Prides
- Online Training and Information
- Social media campaigns

10 Vision, Mission and Aims

Our Vision

Celebrating Diversity and Healthy Relationships

Our Mission

Promoting Healthy Relationships and Respecting Diversity

Our Strategic Aims

Improving sexual health and healthy relationships

Support for the LGBT+ communities

11 Get Involved

Volunteering

We are always looking to recruit new volunteers for a variety of roles including as a trustee on the Management Committee. If you feel you have skills that may benefit the organisation please get in touch and we can send you more details.

No previous experience is necessary as training will be given. We welcome people from diverse backgrounds who are interested in becoming involved with our organisation. Opportunities exist for experience in administration, fundraising, events, promotion, research and counselling placements.

Donations

Buy your tickets now and support our vital services

Body Positive welcomes support from donors to enable us to maintain our wide range of services from diverse income streams. If you would like to help us by making a donation we would be grateful for any amount you are able to give.
For details on how to donate please contact us on the main Crewe number.

Show Your Support

To show your support, you may like to wear a red ribbon. The Red Ribbon is the internationally recognised symbol of HIV and AIDS. It shows your understanding and support of those living with and affected by the virus world wide. If you would like any red ribbons for you or your organisation and any other resources please get in touch.

Body Positive

Annual Report 2020 - 2021

Charity Number: 1009850

Body Positive Cheshire & North Wales

Report and financial statements

For the year ended 31st March 2022

Body Positive Cheshire & North Wales

Reference and administrative information

for the year ended 31st March 2022

Charity number 1009850

Registered office and operational address Bridgewater House, 230 Edleston Road, Crewe, CW2 7EH

Trustees Trustees who served during the year and up to the date of this report were as follows:

Michelle Simpson	Chair
Simon Millar	Treasurer
Salli Jeynes	
Nigel Davies	
Melanie Williams	

Key management personnel	Sally Probert-Hill	Chief Executive
	Chris Flewitt	Finance & Administration Manager
	Sandra Meredith	Service Manager (resigned July 2022)

Bankers The Co-operative Bank, PO Box 250, Delf House Southway, Skelmersdale, WN8 6WT

Independent Examiner Christy Lau FCCA CTA DChA

Slade & Cooper Limited
Beehive Mill
Jersey St
Ancoats
Manchester
M4 6JG

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2022

The trustees present their report and the unaudited financial statements for the year ended 31st March 2022.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

Body Positive Cheshire and North Wales is a registered charity and it's governing document is a constitution.

Purposes and aims

Under the constitution the charity's objectives are all for the public benefit and they are:

1. The relief of poverty sickness and distress amongst those infected with the Human Immunodeficiency Virus (HIV) and those persons generally who have developed Acquired Immune Deficiency Syndrome (AIDS) related diseases or who are or have been personally affected by HIV/AIDS or related conditions
2. To advance the education of the public and to promote research in all matters associated with the effects of HIV infection and AIDS and the prevention thereof and to disseminate the useful results of such research.
3. Health Promotion work to prevent the spread of HIV and other sexually transmitted diseases and promote well-being, including Community Development work with specific groups such as men who have sex with men, LGBT people and those from vulnerable groups.

Body Positive provides a wide range of services to local communities including:

- Administration and Services from Crewe
- Sexual Health Promotion Services provided by Community Development Workers
- Health Promotion
- Support for LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Peer support for People Living with or affected by HIV
- Events and campaigns
- Training for professionals

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2022

Activities

- Regular social support groups
- One to one support delivered by Health Promotion Specialists eg testing
- Specific outreach to Northwich Sauna, identified as a high-risk setting
- Advocacy and inter-agency work
- Counselling services
- Health promotion in Cheshire FE Colleges
- Health Promotion services targeting vulnerable groups
- Delivering sexual health and equality and diversity training to schools, colleges, and professionals
- Condom Distribution - C-Card Scheme for 13 - 25 year old
- Condom and lubricant by post service.
- Silver Rainbows – service for older LGBT+ people
- Training services
- LGBT+ support service
- Bimonthly newsletter highlighting social venues and support services for lesbian, gay, bisexual and trans people. – Cheshire Cheese
- Volunteer opportunities
- Attending health events across the county to normalise health maintenance behaviours such as testing and condom use and giving a representative voice to those 'at risk and unseen'

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on promotion of healthy sex and relationships and LGBT+ and are undertaken to further Body Positive Cheshire & North Wales' charitable purposes for the public benefit.

2021 – 2022 saw the redevelopment of face to face services following the COVID-19 pandemic which had restricted interactions in the previous year.

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2022

Achievements 2021/22

Maintaining the high levels of service despite challenges presented by the pandemic, all staff delivered a high quality service and professional attitude.

The new website was launched after a period of development and delays. The new referral and sign up processes have attracted a significant number of new interactions.

Money was secured from the National Lottery Reaching Communities Fund to support LGBT+ wellbeing in Cheshire. The £180,000 award funds work over 5 years and includes the redevelopment of the counselling service and the delivery of mental health and well being services to LGBT+ older people.

The counselling service returned to face-to-face delivery and we have been able to recruit new volunteer counsellors to expand the service.

The LGBT+ Heritage Quilt was completed and displayed for the first time during LGBT+ History Month at Weaver Hall Museum.

Partnership development has enabled the growth of Silver Rainbows these have included: Storyhouse, Chester, Museum Service, Ryman, and SAGA, with an appearance in the SAGA Magazine and photoshoot.

Hidden Voices was developed as part of Storyhouse Literary Festival which included Silver Rainbows members telling the story of their journeys to becoming their authentic selves. The project has been further developed and will feature at a range of events.

To better support the gender diverse communities Body Positive has been working with C-MAGIC. Cheshire and Merseyside Gender Identity Clinic. The collaboration has enabled many of our service users to gain accurate information on the processes involved with clinical transition, the reality of what can be accessed, and the timescales involved.

SexSmart has proved to be a responsive and dynamic service able to respond to the changes in demand and the need for new delivery styles including online learning. Training delivery is now blended between face to face and e-learning and has proved popular with service users as it solves some of the issues around time and accessibility.

We have developed bespoke services for adults with learning disabilities around sexual health, consent and sexuality working in partnership with adult social care providers. The responses have been universally positive and it is an area for development along with the Public Health funded e-learning project.

Recruitment of new volunteers into specialist roles including counselling, social group facilitation and trusteeship.

Performance

Targets set in the pre-COVID contracts have been met to 80% this includes a period where all outreach work had been suspended. Online provision was developed and expanded to offer an alternative delivery pathway.

Condoms by post has grown and delivered to a higher level than in previous years due to an increase in demand in both East and West Cheshire.

Silver Rainbows has extended its programme of peer support groups – Tea and Tattle with new locations opening in Chester, Macclesfield, Nantwich, Northwich and Neston. The groups are made possible by the increase in volunteers with lived experience who are able to run sessions alone after DBS checks and training.

Body Positive was asked to provide expertise at a range of events including Proud To Provide, International Women's Day, Learning Disabilities Conference and to co-host Crewe Online Pride.

We have met the targets of all grants and provided best practice case studies for a range of organisations. This has led to opportunities for further funding and support.

Performance and delivery have faced the challenges of staff illness, inc COVID, and still made sure services for vulnerable people has not suffered.

Beneficiaries of our services

Young people aged 13-19 for sexual health services

LGBT+ people 18+

Older LGBT+ people 50+

Public, private, third sector organisations

Financial review

The commissioned sexual health services contracts in both West and East Cheshire were in their third year of the five-year contracts with an option for a further two.

The HIV Innovation Fund from Public Health England is funding the Makaton and Health Relationships project. Funding was extended by PHE to reflect the challenges of the pandemic and the end date is now September 2022.

Cheshire Community Foundation Awarded the Bentley Covid Recovery Grants to organisations in the Crewe area – Body Positive received money to support LGBT+ people coming out of lockdown by encouraging them to participate in outdoor activities.

The Cheshire West Contract moved from VirginCare to HCRG Care Group when they were taken over. The contract for West outreach remains the same and HCRG Care Group have given an assurance that the terms and conditions of the original contract will remain.

Cheshire East Sexual Health contract remains on a rolling SLA with Liverpool NHS Trust reviewed on an annual basis with the main contract running 2019-2024.

Reserves at the year-end were £141,472 (2021: £186,141) comprising restricted funds of £12,900 (2020: £11,562) and unrestricted funds of £128,572 (2021: £174,579).

Principal funding sources:

HCRG Care Group – Cheshire West and Chester Sexual Health Contract

Royal Liverpool and Broadgreen University Hospital Trust – Cheshire East Sexual Health Contract

Public Health England

National Lottery Reaching Communities

Bentley COVID Impact Fund

Reserves policy

The term "reserves" relates to monies held by a charity and they can be restricted or unrestricted reserves. Restricted reserves are those which have been given to the charity to fulfil certain criteria imposed by the donor (for example, to buy a piece of equipment). Restricted reserves also include endowment funds for the charity.

Unrestricted reserves are those that the charity is free to use how it chooses. It can choose to set aside some unrestricted reserves for particular activities or projects (eg to fund a piece of research) and it would put this into a 'designated fund'.

The reserves policy confirms that the unrestricted reserves for Body Positive should be equal to six months operating costs based on 50% of the total expenditure in the preceding financial year and that designated funds should be established where possible to further the charity's objectives.

Plans for the future

Reaching Communities Lottery Grant 2022-2027

The Reaching Communities grant is to develop additional support for LGBT+ adults in the area of well-being and mental health. We will be expanding the counselling service to offer sessions across the county and in addition further expand the opportunities for volunteers.

Review and audit of our services to ensure accessibility for adults with learning disabilities and autism. We have an increasing number of referrals from social care for adults with autism and sexual health and LGBT+ advice.

We are looking to promote joint working between people working with and for the LGBT+ communities in Cheshire. To prevent duplication of resources and help as many LGBT+ as possible across the whole of the county, all year round.

Diversification of funding and income generation is once again a priority and we are developing relationships with sponsors from the private sector in addition to the public and third sectors.

Volunteers are vital to delivery and COVID has affected the number of volunteers currently active with the organisation.

Structure, governance and management

The organisation is an unincorporated charity, registered as a charity on 17/03/1992 in England and Wales.

The charity is constituted under a constitution July 2001. The trustees are members of the charity, but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.
The Charity is governed by its management committee, all of whom are trustees. The constitution requires that there are no more than 10 trustees and not fewer than 5. All trustees must be over the age of 18.
All Trustees are elected at the annual general meeting of the charity. Trustee are not required to step down under the constitution. All trustees give their time voluntarily and receive no benefits from the charity except for reasonable out of pocket travelling expenses. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

Trustee selection method
Existing trustees and the Director of Services are responsible for identifying potential new members, taking into account the need for a wide range of skills and experience required to ensure effective management of the charity.

Induction and Training of Trustees

Following an informal discussion, potential Trustees are provided with a portfolio of information about the organisation including; organisational structure; roles and responsibilities; budgets; project information; DBS and confidentiality agreement. One to one induction with the Chair or nominated deputy and the Director of Services is provided.

Organisational Structure

The management Committee with the assistance of the Director of Services are responsible for all strategic planning for the organisation. All operational duties are carried out by the Director of Services and staff.

The trustees meet at least 4 times a year to approve budgets, monitor financial progress and take strategic decisions about the future of the organisation.

Remuneration policy for key management personnel

The management committee makes recommendations regarding the remuneration of the Director of Services and managers with annual reviews and agrees the basis for the general pay award to staff. It reviews the general terms and conditions of employment of staff annually.

Risk management

The risk register has been developed in association with risk assessments under the charity's health and safety policy to manage risk. Risks addressed range from those associated with sources of income, through continuity of service to matters such as personal security and lone working. Systems have been set in place to mitigate risk and where appropriate, staff have been instructed accordingly.

The diversification of funding sources is part of the risk management process to mitigate the over-reliance on one funder.

Internal control risks are covered in the charity's operating policies. Topics include personal safety, health and safety, human resources, financial procedures, food receipt, storage and disposal. These operating procedures are regularly reviewed to ensure they meet changing legislation and the needs of the charity.

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2022

Statement of responsibilities of the trustees

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on __/__/2022 and signed on their behalf by

Michelle Simpson

Chair

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2022 which are set out on pages 11 to 33.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date…….

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	*Total funds 2021 £*
Income from:					
Donations and legacies	3	306	-	306	*187*
Charitable activities	4	213,856	30,515	244,371	*234,560*
Investments	5	3	-	3	*11*
Total income		**214,165**	**30,515**	**244,680**	***234,758***
Expenditure on:					
Charitable activities	6	259,345	30,004	289,349	*272,997*
Total expenditure		**259,345**	**30,004**	**289,349**	***272,997***
Net income/(expenditure) for the year	8	**(45,180)**	**511**	**(44,669)**	***(38,239)***
Transfer between funds		(827)	827	-	-
Net movement in funds for the year		**(46,007)**	**1,338**	**(44,669)**	***(38,239)***
Reconciliation of funds					
Total funds brought forward		174,579	11,562	186,141	*224,380*
Total funds carried forward		**128,572**	**12,900**	**141,472**	***186,141***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

A full comparative SOFA is available on the last page of the financial statements.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2022

	Note	2022		*2021*	
		£	£	*£*	*£*
Fixed assets					
Tangible assets	13		-		-
Total fixed assets			**-**		**-**
Current assets					
Debtors	14	71,180		*60,895*	
Cash at bank and in hand	15	73,599		*128,141*	
Total current assets		**144,779**		***189,036***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(3,307)		*(2,895)*	
Net current assets			**141,472**		***186,141***
Total assets less current liabilities			141,472		*186,141*
Net assets			**141,472**		***186,141***
Funds of the charity:					
Restricted income funds	17		12,900		*11,562*
Unrestricted income funds	18		128,572		*174,579*
Total charity funds			**141,472**		***186,141***

The notes on pages 14 to 33 form part of these accounts.

Approved by the trustees on __/__/2022 and signed on their behalf by:

---------- ----------

Michelle Simpson (Chair) Simon Millar (Treasurer)

Body Positive Cheshire & North Wales

Statement of Cash Flows
for the year ending 31 March 2022

	Note	2022 £	*2021* *£*
Cash provided by/(used in) operating activities	21	**(54,545)**	***(5,340)***
Cash flows from investing activities:			
Dividends, interest, and rents from investments		3	*11*
Cash provided by/(used in) investing activities		**3**	***11***
Increase/(decrease) in cash and cash equivalents in the year		(54,542)	*(5,329)*
Cash and cash equivalents at the beginning of the year		128,141	*133,470*
Cash and cash equivalents at the end of the year		**73,599**	***128,141***

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The accounts (financial statements) have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Body Positive Cheshire & North Wales meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.
There are no key judgments which the trustees have made which have a significant effect on the accounts.
The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £1,000 more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Leasehold improvements	Over the lifetime of the lease
Office equipment	5 years

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. There were £nil (2021: £nil) outstanding contributions at the year end.

2 Legal status of the charity

The charity is an unincorporated charity, registered as a charity in England & Wales on 17/03/1992.

3 Income from donations and legacies

Current reporting period	Unrestricted £	Restricted £	Total 2022 £
Donations	306	-	306
Total	306	-	306

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2021 £*
Donations	*187*	*-*	*187*
Total	*187*	*-*	*187*

4 Income from charitable activities

Current reporting period	Unrestricted £	Restricted £	Total 2022 £
Grants and contracts			
Liverpool NHS	84,704	-	84,704
HCRG Care Group (Virgin Care)	126,252	-	126,252
The National Lottery (Reaching Communities)	-	17,500	17,500
Bentley COVID Impact Grant	-	11,015	11,015
CWAC LGBT History Month	-	2,000	2,000
	210,956	30,515	241,471
Fees and Other Income			
Training	2,887	-	2,887
Other	13	-	13
	2,900	-	2,900
Total	213,856	30,515	244,371

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2021 £*
Grants and contracts			
Liverpool NHS	*84,704*	*-*	*84,704*
HCRG Care Group (Virgin Care)	*126,252*	*-*	*126,252*
Heritage Lottery	*-*	*23,500*	*23,500*
Cheshire West and Chester Council	*-*	*1,500*	*1,500*
Windows Grant	*-*	*(3,000)*	*(3,000)*
	210,956	*22,000*	*232,956*
Fees and Other Income			
Training	*464*	*-*	*464*
Other	*1,140*	*-*	*1,140*
	1,604	*-*	*1,604*
Total	*212,560*	*22,000*	*234,560*

5 Investment income

Current reporting period	Unrestricted £	Restricted £	Total 2022 £
Income from bank deposits	3	-	3
	3	-	3

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2021 £*
Income from bank deposits	*11*	*-*	*11*
	11	*-*	*11*

6 Analysis of expenditure on charitable activities

Current reporting period	Total 2022 £
Staff costs	225,317
Direct project expenditure	-
Governance costs (see note 7)	2,370
Support costs (see note 7)	61,662
	289,349

Previous reporting period	*Total 2021 £*
Staff costs	*202,693*
Direct project expenditure	*9,990*
Depreciation	*396*
Bad debts	*896*
Governance costs (see note 7)	*2,370*
Support costs (see note 7)	*56,652*
	272,997

	2022 £	*2021 £*
Restricted expenditure	30,004	77,304
Unrestricted expenditure	259,345	195,693
	289,349	272,997

7 Analysis of governance and support costs

Current reporting period	Support £	Governance £	*Total 2022* £
Office Overheads	20,337	-	20,337
General Overheads	26,187	-	26,187
Other Costs	13,625	-	13,625
Counselling Fees	80	-	80
Cheshire Cheese	524	-	524
Silver Rainbows	909	-	909
Accountancy services	-	2,370	2,370
	61,662	2,370	64,032

Previous reporting period	*Support* *£*	*Governance* *£*	*Total 2021* *£*
Office Overheads	*21,002*	*-*	*21,002*
General Overheads	*29,629*	*-*	*29,629*
Other Costs	*5,878*	*-*	*5,878*
Counselling Fees	*60*	*-*	*60*
Silver Rainbows	*83*	*-*	*83*
Accountancy services	*-*	*2,370*	*2,370*
	56,652	*2,370*	*59,022*

The charity has one activity and therefore support costs are not apportioned.

8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2022 £	*2021* *£*
Depreciation	-	396
Operating lease rentals:		
Other	17,410	15,417
Independent Examiner's remuneration - accountancy fees	1,625	1,625
Independent examiner's fees	350	350

9 Staff costs

Staff costs during the year were as follows:

	2022 £	*2021* *£*
Wages and salaries	199,866	*181,766*
Social security costs	12,360	*13,741*
Pensions	6,002	*5,441*
Training and Recruitment	670	*649*
Staff Travel	3,845	*812*
Other Staff Costs	2,574	*284*
	225,317	*202,693*

No employees has employee benefits in excess of £60,000 (2021: Nil).

The average number of staff employed during the period was 6 (2021: 6).

The key management personnel of the charity comprise the trustees, the Chief Executive Officer, Finance & Administration Manager and the Service Manager . The total employee benefits of the key management personnel of the charity were £141,012 (2021: £123,991).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration or reimbursed expenses during the year (2021: Nil).

No (2021: None) trustee received travel and subsistence expenses during the year (2021: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year.

11 Government grants

The government grants recognised in the accounts were as follows:

	2022 £	*2021* *£*
Cheshire West and Chester Council	2,000	*1,500*
	86,704	*86,204*

£2,000 (restricted funds carried forward) relate to the unspent Cheshire West and Chester Council grant (see note 17). Conditions attached are to complete the project, which we expect to do in the forthcoming financial years.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Leasehold improvements £	Office equipment £	Total £
Cost			
At 1 April 2021	70,305	14,781	85,086
Additions	-	-	-
Disposals	-	-	-
At 31 March 2022	70,305	14,781	85,086
Depreciation			
At 1 April 2021	70,305	14,781	85,086
Charge for the year	-	-	-
Disposals	-	-	-
At 31 March 2022	70,305	14,781	85,086
Net book value			
At 31 March 2022	-	-	-
At 31 March 2021	-	-	-

14 Debtors

	2022 £	*2021* *£*
Grants and fees receivable	65,394	*55,197*
Trade debtors	275	*75*
Prepayments and accrued income	5,511	*5,623*
	71,180	*60,895*

15 Cash at bank and in hand

	2022 £	*2021* *£*
Cash at bank and on hand	73,599	*128,141*
	73,599	*128,141*

16 Creditors: amounts falling due within one year

	2022 £	*2021* *£*
Trade creditors	454	*761*
Other creditors and accruals	2,853	*2,134*
	3,307	*2,895*

17 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Public Health England	11,562	-	(9,618)	-	1,944
The National Lottery (Reaching Communities)	-	17,500	(8,544)	-	8,956
Bentley COVID Impact Grant	-	11,015	(11,842)	827	-
CWAC LGBT History Month	-	2,000	-	-	2,000
Total	11,562	30,515	(30,004)	827	12,900

Previous reporting period	*Balance at 1 April 2020 £*	*Income £*	*Expenditure £*	*Transfers £*	*Balance at 31 March 2021 £*
Heritage Lottery	*5,407*	*23,500*	*(28,907)*	-	-
Public Health England	*58,459*	-	*(46,897)*	-	*11,562*
Cheshire West and Chester	-	*1,500*	*(1,500)*	-	-
Windows Grant	-	*(3,000)*	-	*3,000*	-
Total	*63,866*	*22,000*	*(77,304)*	*3,000*	*11,562*

17 Analysis of movements in restricted funds (continued)

Name of restricted fund	Description, nature and purposes of the fund
Public Health England	Funded by the HIV/Sexual Health Innovation Fund, this project is developing and creating new signs and symbols in Makaton to provide training and advice in sexual health, reproductive health and HIV inclusive of a range of sexualities and genders, for people with learning disabilities, their carers and professionals.
The National Lottery (Reaching Communities)	5 year funding to further develop a bespoke counselling and 1:1 services for the LGBT+ community in Cheshire through employing a professional counsellor to supervise the service and by recruiting and training local volunteers to provide telephone and face to face counselling services. The aim of this project is to improve the mental well-being of our service users, to build a network of volunteers and training opportunities, and to increase the resilience of the LGBT+ community in Cheshire through peer support, inner resilience, and increased celebration of equality and diversity in Cheshire to challenge homophobia and transphobia.
Bentley COVID Impact Grant	Cheshire Community Foundation administered the grant scheme to fund organisations supporting vulnerable people in the aftermath of lockdown and the impact of the pandemic on mental health. The project aimed to reduce isolation and loneliness amongst the older LGBT+ community by offering increased activities and information to LGBT+ people in Crewe and surrounding areas.
CWAC LGBT History Month	Funding for exhibitions and resources to celebrate LGBT+ History Month in February 2022. The programme featured mini pop-up exhibitions at venues across the borough including libraries, schools, museums and public spaces.
Heritage Lottery	This project captures the heritage of the LGBT+ community in Cheshire from the 1970s to the present day, it is a continuation of our previous project which ran for a year. The project works with our members of the Silver Rainbows and our increasing network of partners in health and social care. We are working on this project with Cheshire Records and Local Studies, local museum and partners from the LGBT+ and older people's sector.

18 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	As at 31 March 2022 £
General fund	126,026	214,165	(257,738)	45,274	127,727
Hardship fund	6,055	-	-	(6,055)	-
Health Promotion Resources fund	3,000	-	-	(3,000)	-
Take pride in Ageing Conference	5,000	-	-	(5,000)	-
Fundraising Consultancy	15,000	-	-	(15,000)	-
Contribution to LGBT Services	7,093	-	-	(7,093)	-
Refurbishment allocation	3,665	-	-	(3,665)	-
New website	7,407	-	(1,607)	(4,955)	845
Training Accreditation	1,333	-	-	(1,333)	-
	174,579	214,165	(259,345)	(827)	128,572

Previous reporting period	*Balance at 1 April 2020 £*	*Income £*	*Expenditure £*	*Transfers £*	*As at 31 March 2021 £*
General fund	*114,054*	*212,758*	*(195,693)*	*(5,093)*	*126,026*
Hardship fund	*6,055*	-	-	-	*6,055*
Health Promotion Resources fund	*3,000*	-	-	-	*3,000*
Take pride in Ageing Conference	*5,000*	-	-	-	*5,000*
Fundraising Consultancy	*15,000*	-	-	-	*15,000*
Contribution to LGBT Services	*5,000*	-	-	*2,093*	*7,093*
Refurbishment	*3,665*	-	-	-	*3,665*
New website	*7,407*	-	-	-	*7,407*
Training Accreditation	*1,333*	-	-	-	*1,333*
	160,514	*212,758*	*(195,693)*	*(3,000)*	*174,579*

18 Analysis of movement in unrestricted funds (continued)

Name of unrestricted fund	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds
Hardship fund	Funds have been designated by the management committee for the purpose of awarding small grants in circumstances where evidence of need and hardship can be provided which could not have been foreseen, also for travel expenses for service users to attend sessions at the North Wales office.
Health Promotion Resources fund	Funds have been designated by the management committee for the purchase of health promotion items, to enable us to promote our services to the wider public.
Take pride in Ageing Conference	The trustees have decided to allocate this to cover the costs of staging the conference including venue hire and speakers fees/expenses
Fundraising Consultancy	We have engaged a consultant to identify funding sources and work with us on the development of grant applications re service development.
Contribution to LGBT Services	Some of the LGBT services we want to provide to in the year are not covered by existing grants.
Refurbishment allocation	This sum has been allocated to redecorate our drop in space, purchase new furniture to tie in with development of our social groups and install uPVC windows in Bridgewater House.
New website	Funds have been designated to the development and launch of a new website encompassing all service projects within Body Positive.
Training Accreditation	This sum covered a one off registration and annual membership fee to Skills For Care.

19 Analysis of net assets between funds

Current Reporting Period	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	-	-	-
Other net current assets/(liabilities)	127,727	845	12,900	141,472
Total	127,727	845	12,900	141,472

Previous Reporting Period	*General fund £*	*Designated funds £*	*Restricted funds £*	*Total £*
Tangible fixed assets	*-*	*-*	*-*	*-*
Other net current assets/(liabilities)	*126,026*	*48,553*	*11,562*	*186,141*
Total	*126,026*	*48,553*	*-*	*186,141*

20 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as

	Property	
	2022	*2021*
	£	*£*
Less than one year	10,500	*16,000*
One to five years	-	*10,500*
	10,500	*26,500*

21 Reconciliation of net movement in funds to net cash flow from operating activities

	2022	*2021*
	£	*£*
Net income/(expenditure) for the year	(44,669)	*(38,239)*
Adjustments for:		
Depreciation charge	-	*396*
Dividends, interest and rents from investments	(3)	*(11)*
Decrease/(increase) in debtors	(10,285)	*33,459*
Increase/(decrease) in creditors	412	*(945)*
Net cash provided by/(used in) operating	(54,545)	*(5,340)*

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	*Total funds 2020 £*
Income from:					
Donations and legacies	3	187	-	187	*7,735*
Charitable activities	4	212,560	22,000	234,560	*349,028*
Investments	5	11	-	11	*56*
Total income		**212,758**	**22,000**	**234,758**	***356,819***
Expenditure on:					
Charitable activities	6	195,693	77,304	272,997	*344,972*
Total expenditure		**195,693**	**77,304**	**272,997**	***344,972***
Net income/(expenditure) for the year	8	**17,065**	**(55,304)**	**(38,239)**	***11,847***
Transfer between funds		(3,000)	3,000	-	-
Net movement in funds for the year		**14,065**	**(52,304)**	**(38,239)**	***11,847***
Reconciliation of funds					
Total funds brought forward		160,514	63,866	224,380	*212,533*
Total funds carried forward		**174,579**	**11,562**	**186,141**	***224,380***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2022 which are set out on pages 11 to 33.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date…….

BODY POSITIVE CHESHIRE AND NORTH WALES

England & Wales - Charity number 1009850

Accounts

Body Positive

Annual Report 2020 - 2021

01 Charity Information

Reference and Administrative Details

Charity Name	Body Positive
Charity Number	1009850
Address	Bridgewater House 230 Edleston Road Crewe Cheshire CW2 7EH
Auditors	Slade and Cooper Green Fish Resource Centre 46-50 Oldham Street Manchester M4 1LE
Bankers	Co-Operative Bank

Main Funders

Royal Liverpool and Broadgreen Hospital Trust

Virgincare

National Lottery Heritage Fund

National Lottery Community Fund

Public Health England

Crewe Town Council

Cheshire West and Chester Council

Cheshire East Council

02 The Board & Staff

The Trustee Board

Chair	Michelle Simpson
Treasurer	Simon Millar
Trustees	Salli Jeynes Nigel Davies Melanie Williams Carlos Munez (resigned 11/20)

Volunteers

Nicola Townsend
Jamie Neville
Julie Spratt
Isobel Jeffries
Shirley Jones
Theresa Salgado
Michael Marlow
Ron Whalley
Stan Hill

Staff Team

Chief Executive	Sally Probert-Hill
Finance & Admin Manager	Chris Flewitt
Services Manager	Sandra Meredith
Community Development Worker - Sexual Health	Carys Jones
Community Development Worker - Sexual Health	Rachel Walker
Community Development Worker - LGBT+ / Silver Rainbows	Colin Avery

03 Extract from Financial Statement

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	*Total funds 2020 £*
Income from:					
Donations and legacies	3	187	-	187	*7,735*
Charitable activities	4	212,560	22,000	234,560	*349,028*
Investments	5	11	-	11	*56*
Total income		**212,758**	**22,000**	**234,758**	***356,819***
Expenditure on:					
Charitable activities	6	195,693	77,304	272,997	*344,972*
Total expenditure		**195,693**	**77,304**	**272,997**	***344,972***
Net income/(expenditure) for the year	8	**17,065**	**(55,304)**	**(38,239)**	***11,847***
Transfer between funds		(3,000)	3,000	-	-
Net movement in funds for the year		**14,065**	**(52,304)**	**(38,239)**	***11,847***
Reconciliation of funds					
Total funds brought forward		160,514	63,866	224,380	*212,533*
Total funds carried forward		**174,579**	**11,562**	**186,141**	***224,380***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2021

	Note	2021 £	2021 £	*2020 £*	*2020 £*
Fixed assets					
Tangible assets	13		-		*396*
Total fixed assets			**-**		***396***
Current assets					
Debtors	14	60,895		*94,354*	
Cash at bank and in hand	15	128,141		*133,470*	
Total current assets		**189,036**		***227,824***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(2,895)		*(3,840)*	
Net current assets			**186,141**		***223,984***
Total assets less current liabilities			186,141		*224,380*
Net assets			**186,141**		***224,380***
Funds of the charity:					
Restricted income funds	17		11,562		*63,866*
Unrestricted income funds	18		174,579		*160,514*
Total charity funds			**186,141**		***224,380***

The notes on pages 14 to 32 form part of these accounts.

Approved by the trustees on __/__/2021 and signed on their behalf by:

.....
Michelle Simpson (Chair)

.....
Simon Millar (Treasurer)

05 Forward

The year 2020/21 was again challenging as the COVID-19 pandemic restrictions continued to govern much of service delivery, events and outputs.

We looked at service delivery and consulted with our service users about how they wanted to received support and information. Thanks to the creativity of the staff we were able to deliver a number of services online including professional training for sexual health, social support groups, events and 1:1 meetings.

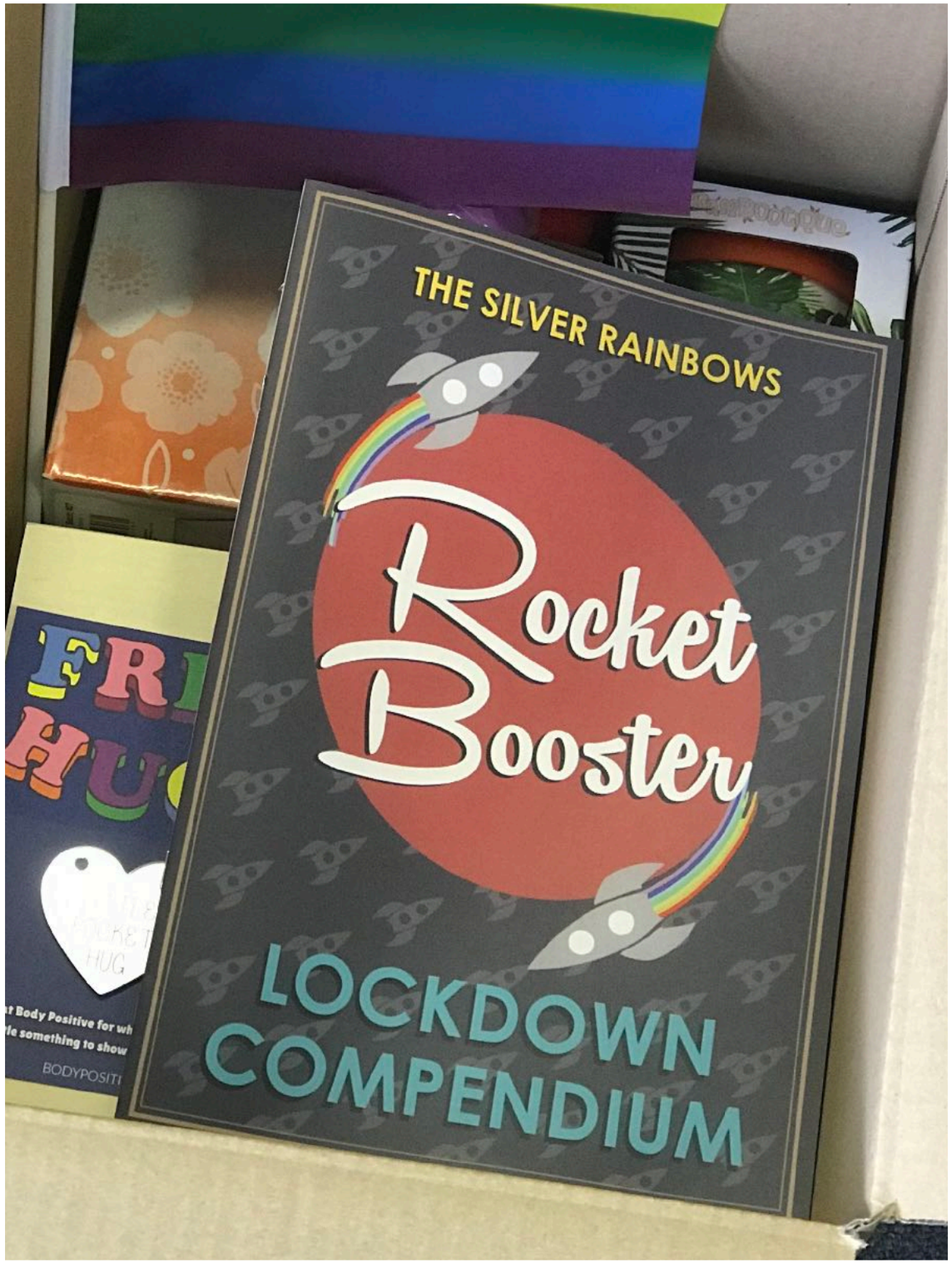
The resilience show by staff working from home and in outdoor settings when required over the year has meant that we have maintained contract requirements and importantly continued to support our most vulnerable clients in a times a crisis and challenges to mental health.

When restrictions (and weather) allowed we provided opportunities for support in outdoor settings which proved very popular with service users who welcomed face to face contact to break their isolation.

We have also played major roles in online events such as Chester Pride, Proud to Provide and co-hosted Crewe Pride with Cheshire East Council. Our online training for sexual health services delivered to a diverse range of partners from a wider geographical area than previously reached and has created a template for future delivery which wlll be developed.

Some projects including the Healthy Relationships and Makaton initiative were delayed by the pandemic as consultation with the target group proved impossible. A delay was agreed with the funder and the project will be completed in 2022.

The year has not been easy for clients, staff but new ways of working can be used to develop services and reach a wider audience.



06 Introduction

Online and by post services replaced the in person service while lockdown restrictions were in place.

When possible the social groups were re-started in person from the Body Positive Office in Crewe.

The Rocket continued to provide important information and entertainment aimed at older LGBT+ people.

07 | 2019 - 2020 Achievements

- Condoms by post extended
- LGBT+ Heritage Quilt completed
- Online services developed and delivered
- 1:1 support maintained for most vulnerable clients
- Strong Social media presence maintained
- Additional funding secured
- Video and animated delivery developed
- All The Colours of the Rainbow broadcast
- Participation in online Pride events

08 Services

- Administration and Services from Crewe
- Sexual Health Services
- Support for LGBT+ People
- Support for older LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Support for People Living with or affected by HIV
- Events and campaigns
- Training for professionals
- Volunteering Opportunities
- Consultation and advice

09 Activities

- Health Promotion services targeting vulnerable groups
- One to one support delivered by Sexual Health Specialists eg testing
- Targeted outreach to Northwich Sauna, identified as a high-risk setting
- Advocacy and inter-agency work
- Programme of regular social support groups
- Counselling services
- 1:1 bespoke support service for chaotic and vulnerable service users
- Health promotion in Cheshire FE Colleges
- Delivering sexual health and equality and diversity training
- Condom Distribution - C-Card Scheme for 13 - 25 year old
- Condom and lubricant by post service.
- Cheshire Cheese and Rocket Newsletters
- Professional advice and guidance to organisations
- Presence at LGBT+ events eg Prides
- Online Training and Information
- Social media campaigns

10 Vision, Mission and Aims

Our Vision

Celebrating Diversity and Healthy Relationships

Our Mission

Promoting Healthy Relationships and Respecting Diversity

Our Strategic Aims

Improving sexual health and healthy relationships

Support for the LGBT+ communities

11 Get Involved

Volunteering

We are always looking to recruit new volunteers for a variety of roles including as a trustee on the Management Committee. If you feel you have skills that may benefit the organisation please get in touch and we can send you more details.

No previous experience is necessary as training will be given. We welcome people from diverse backgrounds who are interested in becoming involved with our organisation. Opportunities exist for experience in administration, fundraising, events, promotion, research and counselling placements.

Donations

Buy your tickets now and support our vital services

Body Positive welcomes support from donors to enable us to maintain our wide range of services from diverse income streams. If you would like to help us by making a donation we would be grateful for any amount you are able to give.
For details on how to donate please contact us on the main Crewe number.

Show Your Support

To show your support, you may like to wear a red ribbon. The Red Ribbon is the internationally recognised symbol of HIV and AIDS. It shows your understanding and support of those living with and affected by the virus world wide. If you would like any red ribbons for you or your organisation and any other resources please get in touch.

Body Positive

Annual Report 2020 - 2021

Charity Number: 1009850

Body Positive Cheshire & North Wales

Report and financial statements

For the year ended 31st March 2021

Body Positive Cheshire & North Wales

Reference and administrative information

for the year ended 31st March 2021

Charity number 1009850

Registered office and operational address Bridgewater House, 230 Edleston Road, Crewe, CW2 7EH

Trustees Trustees who served during the year and up to the date of this report were as follows:

Michelle Simpson	Chair
Simon Millar	Treasurer
Salli Jeynes	
Nigel Davies	
Melanie Williams	(appointed October 2020)
Carlos Munez	(resigned November 2020)

Key management personnel

Sally Probert-Hill	Chief Executive
Chris Flewitt	Finance & Administration Manager
Sandra Meredith	Service Manager

Bankers The Co-operative Bank, PO Box 250, Delf House Southway, Skelmersdale, WN8 6WT

Independent Examiner Christy Lau FCCA CTA DChA

Slade & Cooper Limited
Beehive Mill
Jersey St
Ancoats
Manchester
M4 6JG

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2021

The trustees present their report and the unaudited financial statements for the year ended 31st March 2021.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

Body Positive Cheshire and North Wales is a registered charity and it's governing document is a constitution.

Purposes and aims

Under the constitution the charity's objectives are all for the public benefit and they are:

1. The relief of poverty sickness and distress amongst those infected with the Human Immunodeficiency Virus (HIV) and those persons generally who have developed Acquired Immune Deficiency Syndrome (AIDS) related diseases or who are or have been personally affected by HIV/AIDS or related conditions
2. To advance the education of the public and to promote research in all matters associated with the effects of HIV infection and AIDS and the prevention thereof and to disseminate the useful results of such research.
3. Health Promotion work to prevent the spread of HIV and other sexually transmitted diseases and promote well-being, including Community Development work with specific groups such as men who have sex with men, LGBT people and those from vulnerable groups.

Body Positive provides a wide range of services to local communities including:

- Administration and Services from Crewe
  Sexual Health Promotion Services provided by Community Development Workers
- Health Promotion
- Support for LGBT+ People
- Production of Cheshire Cheese Newsletter
- Volunteering Opportunities
- Counselling Support
- Peer support for People Living with or affected by HIV
- Events and campaigns
- Training for professionals

Body Positive Cheshire & North Wales

Trustees' annual report

for the year ended 31st March 2021

Activities

- Regular social support groups
- One to one support delivered by Health Promotion Specialists eg testing
- Specific outreach to Northwich Sauna, identified as a high-risk setting
- Advocacy and inter-agency work
- Counselling services
- Health promotion in Cheshire FE Colleges
- Health Promotion services targeting vulnerable groups
- Delivering sexual health and equality and diversity training to schools,
- colleges and professionals
- Condom Distribution - C-Card Scheme for 13 - 25 year old
- Condom and lubricant by post service.
- Silver Rainbows – service for older LGBT+ people
- Training services
- LGBT+ support service
- Bimonthly newsletter highlighting social venues and support services for lesbian, gay, bisexual and trans people. – Cheshire Cheese
- Volunteer opportunities
- Attending health events across the county to normalise health maintenance behaviours such as testing and condom use across and giving a representative voice to those 'at risk and unseen'

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on promotion of healthy sex and relationships and LGBT+ and are undertaken to further Body Positive Cheshire & North Wales' charitable purposes for the public benefit.

From March 2020 the Charity has been working under the restriction that have been in place to deal with the COVID-19 pandemic. The decision was to maintain services on digital platforms wherever practical and create new ways of communicating using different methods of delivery.

The staff team delivering SexSmart services around sexual health created new online courses for both professionals and young people. This mean we were able to deliver C-Card Training, Sexual Health and Healthy Relationships across the county despite the restrictions. The team created new and innovative

videos to promote key health promotion messages and reach as wide an audience as possible. The team worked to maintain the relationships with partner organisations despite the difficulties and meant that the charity would be in a strong position once the restrictions started to lift.

Silver Rainbows services delivered the most direct support during the restrictions with many of the services switching to online platforms. Weekly Tea and Tattle Support groups were instituted and a new newsletter, The Rocket, was introduced to provide activities and information aimed at older LGBT+ people. Many of our Silver Rainbows members live alone and felt particularly isolated during the pandemic. We were able to provide a point of contact and company for those shielding and at home alone. We were also able to put people in contact with other services set up ensure delivery of food and medication reached those in need.

Silver Rainbows staff also provided 1:1 telephone and video call support for a number of people struggling with poor mental health. As the restrictions started to left support could switch to face to face outside and later in cafes. The feedback has been very positive with service users expressing their gratitude to staff and volunteers. Silver Rainbows received funding from Cheshire West and Chester Council's COVID fund to provide 'Booster Boxes' for 50 people living in Cheshire. The boxes contained a range of activities, information, and goodies with an LGBT+ theme to keep people connected to their identity over the course of lockdown.

The counselling service continued to deliver services by phone in the early stages of the lockdown but as the time increased clients expressed a preference for face-to-face work and paused their sessions. The counselling service has been on hold during the pandemic due to lack of counsellors but will be relaunched in the autumn. We aim to submit a number of funding bids in order to employ a counselling co-ordinator to develop the service further.

The online training offer has been extended and has enabled us to reach a wide audience for the training and professional development offer. The e-learning will be integrated into the new website, making the user interface more streamlined. Income from training has decreased as we have not been able to deliver to external groups, some deficit has been mitigated by income from online delivery.

Performance

The COVID-19 restrictions meant that we were unable to deliver SexSmart Services in outreach locations for the whole of 2020/21. Agencies who were still delivering vital services during the pandemic had their own restrictions about outside bodies delivery from their sites. Without this direct access to vulnerable people and target groups ie MSM at the Sauna, we were unable to achieve the same high levels that Body Positive delivered in previous years. Testing numbers were below target, as were sign ups to C-Card however we overperformed on the areas that we were able to deliver, particularly professional training and awareness sessions.

Silver Rainbows was able to continue to support older LGBT+ people with many new sign ups and referrals from other agencies boosting the numbers. The network was contacted on a number of occasions by the media to provide comment on current affairs and news. The Rocket has been produced weekly and has driven forward our engagement with older people and organisations promoting the work we do in this sector.

Many of the regular engagement events such as Prides switched to an online format and Silver Rainbows contributed in a range of ways e.g. All the Colours of the Rainbow broadcast, Q&A sessions and social groups.

Body Positive also took part in Proud to Provide online, the Cheshire Fire Service's national annual conference aimed at improving public bodies delivery to LGBT+ people.

Silver Rainbows and the Technicolour groups came together to celebrate at Christmas with 'Cinderella – A Right Pantomime'. This original piece showcased the talents of members of the LGBT+ groups, volunteers and staff in a not so traditional pantomime on Zoom.

Beneficiaries of our services

Young people aged 13-19 for sexual health services

LGBT+ people 18+

Older LGBT+ people 50+

Gender diverse communities

Public, private, third sector organisations

Financial review

The commissioned sexual health services contracts in both West and East Cheshire were in their second year of the five-year contracts with an option for a further two which has given the Charity a stable base to develop other services.

The From Prejudice to Pride project funded through the Heritage Project was extended into 2020/2021 due to the issues presented by the COVID pandemic. The project continued to deliver a range of activities online and socially distanced. The National Lottery agreed to delay final outputs and spend into 2020/2021 which will allow full completion of the project aims.

The HIV Innovation Fund from Public Health England is funding the Makaton and Health Relationships project. Funding was extended by PHE to reflect the challenges of the pandemic and the end date is now June 2021 for spending and September 2021 for outputs.

Cheshire West and Chester Council's Let's Turn This Around Fund awarded Body Positive £1500 to fund Booster Boxes for older LGBT+ people. The boxes contained activities, information, magazines, craft materials and quizzes to keep people active and engaged with the LGBT+ community during lockdown.

Services in the year were affected by COVID 19 and the various lockdowns and restrictions to operations. There were a number of ways in which expenditure was reduced because of this, primarily in the following areas:

- New Community Development Worker post not filled because of lockdown
- Reduced staff travel costs

- Reduced staff training costs
- Reduced volunteer expenses
- Reduced office costs - utilities and resources
- Reduced promotion of service resources purchased and associated event costs

Because of the various savings made in the year due to COVID 19 restrictions there was no shortfall in funding and we have been able to allocate a small sum of £2,093 from our reserves to LGBT+ services in the coming year. This cannot be taken as an indication of our financial position moving forward as services return to normal with their various associated staffing and operating costs and we will continue to be dependent on grant applications in addition to commissioned sexual health contracts.

Reserves at the year-end were £186,141 (2020: £224,380) comprising restricted funds of £11,562 (2020: £63,866) and unrestricted funds of £174,579 (2020: £160,514).

Principal funding sources:

Virgin Care – West Contract

Royal Liverpool and Broadgreen University Hospital Trust – East Contract

Heritage Lottery Fund

Public Health England

Cheshire West and Chester COVID 19 Fund

Reserves policy

The term "reserves" relates to monies held by a charity and they can be restricted or unrestricted reserves. Restricted reserves are those which have been given to the charity to fulfil certain criteria imposed by the donor (for example, to buy a piece of equipment). Restricted reserves also include endowment funds for the charity.

Unrestricted reserves are those that the charity is free to use how it chooses. It can choose to set aside some unrestricted reserves for particular activities or projects (eg to fund a piece of research) and it would put this into a 'designated fund'.

The reserves policy confirms that the unrestricted reserves for Body Positive should be equal to six months operating costs based on 50% of the total expenditure in the preceding financial year* and that designated funds should be established where possible to further the charity's objectives.

*Due to the exceptional circumstances of the past 12 months relating to COVID 19 lockdown and our reduced operating costs the trustees have taken the decision to base our unrestricted reserves this coming year on 50% total expenditure from the year 2019/20 as this provides a more representative indication of normal operations.

Plans for the future

Delays and restrictions from the COVID-19 pandemic means that many of the services need to be restarted or reviewed. While there are some restrictions in place people are not taking up face to face contact in the same numbers as before.

As the education sector opens up, we will need to re-establish relationships with pupils, students and organisations to reach pre-pandemic levels of testing etc.

The challenge for the coming year is the relaunch of the services and the levels of mental health support needed by the LGBT+ communities following lockdowns and periods of isolation. We are looking at funding to provide additional support in the area of mental well-being i.e., an extended counselling service, a review of the referral process and links to key support services. Part of this is the recruitment of a well-being co-ordinator to support the counselling and volunteer services.

We are aiming to recruit volunteers for specific roles including trustees, facilitators and counsellors. We are making links with local businesses which could provide volunteers, resources and funding.

The current Strategic Plan runs until 2022 so we are planning a full strategic review of the charity to establish our medium and long-term direction.

Structure, governance and management

The organisation is an unincorporated charity, registered as a charity on 17/03/1992 in England and Wales.

The charity is constituted under a constitution July 2001. The trustees are members of the charity, but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.
The Charity is governed by its management committee, all of whom are trustees. The constitution requires that there are no more than 10 trustees and not fewer than 5. All trustees must be over the age of 18.
All Trustees are elected at the annual general meeting of the charity. Trustee are not required to step down under the constitution. All trustees give their time voluntarily and receive no benefits from the charity except for reasonable out of pocket travelling expenses. Any expenses reclaimed from the charity are set out in note 10 to the accounts.

Trustee selection method
Existing trustees and the Director of Services are responsible for identifying potential new members, taking into account the need for a wide range of skills and experience required to ensure effective management of the charity.

Induction and Training of Trustees
Following an informal discussion, potential Trustees are provided with a portfolio of information about the organisation including; organisational structure; roles and responsibilities; budgets; project information; DBS and confidentiality agreement. One to one induction with the Chair or nominated deputy and the Director of Services is provided.

Organisational Structure

The management Committee with the assistance of the Director of Services are responsible for all strategic planning for the organisation. All operational duties are carried out by the Director of Services and staff.

The trustees meet at least 4 times a year to approve budgets, monitor financial progress and take strategic decisions about the future of the organisation.

Remuneration policy for key management personnel

The management committee makes recommendations regarding the remuneration of the Director of Services and managers with annual reviews and agrees the basis for the general pay award to staff. It reviews the general terms and conditions of employment of staff annually.

Risk management

The risk register has been developed in association with risk assessments under the charity's health and safety policy to manage risk. Risks addressed range from those associated with sources of income, through continuity of service to matters such as personal security and lone working. Systems have been set in place to mitigate risk and where appropriate, staff have been instructed accordingly.

The diversification of funding sources is part of the risk management process to mitigate the over-reliance on one funder.

Internal control risks are covered in the charity's operating policies. Topics include personal safety, health and safety, human resources, financial procedures, food receipt, storage and disposal. These operating procedures are regularly reviewed to ensure they meet changing legislation and the needs of the charity.

Statement of responsibilities of the trustees

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on __/__/2021 and signed on their behalf by

Michelle Simpson

Chair

Independent examiner's report

to the trustees of

Body Positive Cheshire & North Wales

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2021 which are set out on pages 11 to 32.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christy Lau FCCA CTA DChA
Slade & Cooper Limited, Chartered Certified Accountants
Beehive Mill, Jersey Street
Ancoats Manchester, M4 6JG
Date.....

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	*Total funds 2020 £*
Income from:					
Donations and legacies	3	187	-	187	*7,735*
Charitable activities	4	212,560	22,000	234,560	*349,028*
Investments	5	11	-	11	*56*
Total income		**212,758**	**22,000**	**234,758**	***356,819***
Expenditure on:					
Charitable activities	6	195,693	77,304	272,997	*344,972*
Total expenditure		**195,693**	**77,304**	**272,997**	***344,972***
Net income / (expenditure) for the year	8	**17,065**	**(55,304)**	**(38,239)**	***11,847***
Transfer between funds		(3,000)	3,000	-	-
Net movement in funds for the year		**14,065**	**(52,304)**	**(38,239)**	***11,847***
Reconciliation of funds					
Total funds brought forward		160,514	63,866	224,380	*212,533*
Total funds carried forward		**174,579**	**11,562**	**186,141**	***224,380***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2021

	Note	2021		*2020*	
		£	£	*£*	*£*
Fixed assets					
Tangible assets	13		-		*396*
Total fixed assets			**-**		***396***
Current assets					
Debtors	14	60,895		*94,354*	
Cash at bank and in hand	15	128,141		*133,470*	
Total current assets		**189,036**		***227,824***	
Liabilities					
Creditors: amounts falling due in less than one year	16	(2,895)		*(3,840)*	
Net current assets			**186,141**		***223,984***
Total assets less current liabilities			186,141		*224,380*
Net assets			**186,141**		***224,380***
Funds of the charity:					
Restricted income funds	17		11,562		*63,866*
Unrestricted income funds	18		174,579		*160,514*
Total charity funds			**186,141**		***224,380***

The notes on pages 14 to 32 form part of these accounts.

Approved by the trustees on __/__/2021 and signed on their behalf by:

Michelle Simpson (Chair)

Simon Millar (Treasurer)

Body Positive Cheshire & North Wales

Statement of Cash Flows
for the year ending 31 March 2021

	Note	2021 £	*2020* *£*
Cash provided by / (used in) operating activities	21	**(5,340)**	***(10,418)***
Cash flows from investing activities:			
Dividends, interest, and rents from investments		11	*56*
Cash provided by / (used in) investing activities		**11**	***56***
Increase/(decrease) in cash and cash equivalents in the year		(5,329)	*(10,362)*
Cash and cash equivalents at the beginning of the year		133,470	*143,832*
Cash and cash equivalents at the end of the year		**128,141**	***133,470***

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The accounts (financial statements) have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Body Positive Cheshire & North Wales meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.
There are no key judgments which the trustees have made which have a significant effect on the accounts.
The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is a treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

d Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

e Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £1,000 more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Leasehold improvements	Over the lifetime of the lease
Office equipment	5 years

k Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

o Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 9. There were £nil (2020: £525) outstanding contributions at the year end.

2 Legal status of the charity

The charity is an unincorporated charity, registered as a charity in England & Wales on 17/03/1992.

3 Income from donations and legacies

Current reporting period	Unrestricted £	Restricted £	Total 2021 £
Donations	187	-	187
Total	187	-	187

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2020 £*
Donations	*735*	*-*	*735*
Legacies	*7,000*	*-*	*7,000*
Total	*7,735*	*-*	*7,735*

4 Income from charitable activities

Current reporting period	Unrestricted £	Restricted £	Total 2021 £
Grants and contracts			
Liverpool NHS	84,704	-	84,704
Virgin Care	126,252	-	126,252
Heritage Lottery	-	23,500	23,500
Cheshire West and Chester Council	-	1,500	1,500
Windows Grant	-	(3,000)	(3,000)
	210,956	22,000	232,956
Fees and Other Income			
Training	464	-	464
Other	1,140	-	1,140
	1,604	-	1,604
Total	212,560	22,000	234,560

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2020 £*
Grants and contracts			
Cheshire East Integrated Sexual Health	*61,500*	*-*	*61,500*
Liverpool NHS	*42,352*	*-*	*42,352*
Virgin Care	*126,254*	*-*	*126,254*
C-Card Condom Distribution Scheme	*-*	*10,350*	*10,350*
Public Health England	*-*	*59,942*	*59,942*
Heritage Lottery	*-*	*23,500*	*23,500*
Awards for all	*-*	*9,000*	*9,000*
Crewe Town Council	*-*	*2,000*	*2,000*
	230,106	*104,792*	*334,898*
Fees and Other Income			
Training	*13,610*	*-*	*13,610*
Other	*520*	*-*	*520*
	14,130	*-*	*14,130*
Total	*244,236*	*104,792*	*349,028*

5 Investment income

Current reporting period	Unrestricted £	Restricted £	Total 2021 £
Income from bank deposits	11	-	11
	11	-	11

Previous reporting period	*Unrestricted £*	*Restricted £*	*Total 2020 £*
Income from bank deposits	*56*	-	*56*
	56	-	*56*

6 Analysis of expenditure on charitable activities

Current reporting period	Total 2021 £
Staff costs	202,693
Direct project expenditure	9,990
Depreciation	396
Bad debts	896
Governance costs (see note 7)	2,370
Support costs (see note 7)	56,652
	272,997

Previous reporting period	*Total 2020 £*
Staff costs	*246,837*
Direct project expenditure	*10,416*
Depreciation	*1,074*
Bad debts	*4,300*
Governance costs (see note 7)	*2,370*
Support costs (see note 7)	*79,975*
	344,972

	2021 £	*2020 £*
Restricted expenditure	77,304	40,926
Unrestricted expenditure	195,693	304,046
	272,997	344,972

7 Analysis of governance and support costs

Current reporting period	Support £	Governance £	*Total 2021* £
Office Overheads	21,002	-	21,002
General Overheads	29,629	-	29,629
Other Costs	5,878	-	5,878
Counselling Fees	60	-	60
Silver Rainbows	83	-	83
Accountancy services	-	2,370	2,370
	56,652	2,370	59,022

Previous reporting period	*Support* *£*	*Governance* *£*	*Total 2020* *£*
Office Overheads	*20,065*	*-*	*20,065*
General Overheads	*41,153*	*-*	*41,153*
Other Costs	*10,384*	*-*	*10,384*
Cheshire Cheese	*1,827*	*-*	*1,827*
Counselling Fees	*780*	*-*	*780*
Silver Rainbows	*(12)*	*-*	*(12)*
Event	*5,778*	*-*	*5,778*
Accountancy services	*-*	*2,370*	*2,370*
	79,975	*2,370*	*82,345*

The charity has one activity and therefore support costs are not apportioned.

8 Net income / (expenditure) for the year

This is stated after charging/(crediting):	2021 £	*2020 £*
Depreciation	396	1,074
Operating lease rentals:		
Other	15,417	14,417
Independent Examiner's remuneration - accountancy fees	1,625	1,625
Independent examiner's fees	350	350

9 Staff costs

Staff costs during the year were as follows:

	2021 £	*2020 £*
Wages and salaries	181,766	*208,412*
Social security costs	13,741	*20,882*
Pensions	5,441	*6,202*
Training and Recruitment	649	*2,238*
Staff Travel	812	*7,912*
Other Staff Costs	284	*1,191*
	202,693	*246,837*

No employees has employee benefits in excess of £60,000 (2020: Nil).

The average number of staff employed during the period was 6 (2020: 7).

The key management personnel of the charity comprise the trustees and the Chief Executive Officer. The total employee benefits of the key management personnel of the charity were £123,991 (2020: £151,094).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration or reimbursed expenses during the year (2020: Nil).

No (2020: One) trustee received travel and subsistence expenses during the year (2020: £27).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year.

11 Government grants

The government grants recognised in the accounts were as follows:

	2021 £	*2020* *£*
Liverpool NHS	84,704	*42,352*
Cheshire West and Chester Council	1,500	-
Cheshire East Integrated Sexual Health		*61,500*
Public Health England	-	*59,942*
East Cheshire Public Health - C-Card Scheme	-	*10,350*
Crewe Town council	-	*2,000*
	86,204	*176,144*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Leasehold improvements £	Office equipment £	Total £
Cost			
At 1 April 2020	70,305	14,781	85,086
Additions	-	-	-
Disposals	-	-	-
At 31 March 2021	70,305	14,781	85,086
Depreciation			
At 1 April 2020	70,305	14,385	84,690
Charge for the year	-	396	396
Disposals	-	-	-
At 31 March 2021	70,305	14,781	85,086
Net book value			
At 31 March 2021	-	-	-
At 31 March 2020	*-*	*396*	*396*

14 Debtors

	2021	*2020*
	£	*£*
Grants and fees receivable	55,197	*87,763*
Trade debtors	75	*706*
Other debtors	-	*180*
Prepayments and accrued income	5,623	*5,705*
	60,895	*94,354*

15 Cash at bank and in hand

	2021	*2020*
	£	*£*
Cash at bank and on hand	128,141	*133,470*
	128,141	*133,470*

16 Creditors: amounts falling due within one year

	2021	*2020*
	£	*£*
Trade creditors	761	*339*
Other creditors and accruals	2,134	*3,501*
	2,895	*3,840*

17 Analysis of movements in restricted funds

Current reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
Heritage Lottery	5,407	23,500	(28,907)	-	-
Public Health England	58,459	-	(46,897)	-	11,562
Cheshire West and Chester Council	-	1,500	(1,500)	-	-
Windows Grant	-	(3,000)	-	3,000	-
Total	63,866	22,000	(77,304)	3,000	11,562

Previous reporting period	*Balance at 1 April 2019 £*	*Income £*	*Expenditure £*	*Transfers £*	*Balance at 31 March 2020 £*
C-Card	-	*10,350*	*(10,350)*	-	-
Heritage Lottery	-	*23,500*	*(18,093)*	-	*5,407*
Public Health England	-	*59,942*	*(1,483)*	-	*58,459*
Awards for all	-	*9,000*	*(9,000)*	-	-
Crewe Town Counc	-	*2,000*	*(2,000)*	-	-
Total	-	*104,792*	*(40,926)*	-	*63,866*

17 Analysis of movements in restricted funds (continued)

Name of restricted fund	Description, nature and purposes of the fund
Heritage Lottery	This project captures the heritage of the LGBT+ community in Cheshire from the 1970s to the present day, it is a continuation of our previous project which ran for a year. The project works with our members of the Silver Rainbows and our increasing network of partners in health and social care. We are working on this project with Cheshire Records and Local Studies, local museum and partners from the LGBT+ and older people's sector.
Public Health England	Funded by the HIV/Sexual Health Innovation Fund, this project is developing and creating new signs and symbols in Makaton to provide training and advice in sexual health, reproductive health and HIV inclusive of a range of sexualities and genders, for people with learning disabilities, their carers and professionals.
Cheshire West and Chester Council (Let's Turn This Around COVID-19 Fund)	The funding from CWAC was to provide additional services for older LGBT+ people through an increase in 1:1 support and well-being activities in line with restrictions imposed by the pandemic. They included The Rocket Booster Box containing a range of information, activities and treats to maintain people's contact with the LGBT+ community including arts and craft materials, books, magazines, quizzes, jigsaws, exercise ideas, how to make the most of Zoom and details of support available, all with an LGBT+ focus.

18 Analysis of movement in unrestricted funds

Current reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	As at 31 March 2021 £
General fund	114,054	212,758	(195,693)	(5,093)	126,026
Hardship fund	6,055	-	-	-	6,055
Health Promotion Resources fund	3,000	-	-	-	3,000
Take pride in Ageing Conference	5,000	-	-	-	5,000
Fundraising Consultancy	15,000	-	-	-	15,000
Contribution to LGBT Services	5,000	-	-	2,093	7,093
Refurbishment allocation	3,665	-	-	-	3,665
New website	7,407	-	-	-	7,407
Training Accreditation	1,333	-	-	-	1,333
	160,514	212,758	(195,693)	(3,000)	174,579

Previous reporting period	*Balance at 1 April 2019 £*	*Income £*	*Expenditure £*	*Transfers £*	*As at 31 March 2020 £*
General fund	*168,406*	*252,027*	*(304,046)*	*(2,333)*	*114,054*
Hardship fund	*6,055*	-	-	-	*6,055*
Health Promotion Resources fund	*3,000*	-	-	-	*3,000*
Take pride in Ageing Conference	*5,000*	-	-	-	*5,000*
Fundraising Consultancy	*15,000*	-	-	-	*15,000*
Contribution to LGBT Services	*5,000*	-	-	-	*5,000*
Refurbishment	*2,665*	-	-	*1,000*	*3,665*
New website	*7,407*	-	-	-	*7,407*
Training Accreditation	-	-	-	*1,333*	*1,333*
	212,533	*252,027*	*(304,046)*	-	*160,514*

18 Analysis of movement in unrestricted funds (continued)

Name of unrestricted fund	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds
Hardship fund	Funds have been designated by the management committee for the purpose of awarding small grants in circumstances where evidence of need and hardship can be provided which could not have been foreseen, also for travel expenses for service users to attend sessions at the North Wales office.
Health Promotion Resources fund	Funds have been designated by the management committee for the purchase of health promotion items, to enable us to promote our services to the wider public.
Take pride in Ageing Conference	The trustees have decided to allocate this to cover the costs of staging the conference including venue hire and speakers fees/expenses
Fundraising Consultancy	We have engaged a consultant to identify funding sources and work with us on the development of grant applications re service development.
Contribution to LGBT Services	Some of the LGBT services we want to provide to in the year are not covered by existing grants.
Refurbishment allocation	This sum has been allocated to redecorate our drop in space, purchase new furniture to tie in with development of our social groups and install uPVC windows in Bridgewater House.
New website	Funds have been designated to the development and launch of a new website encompassing all service projects within Body Positive.
Training Accreditation	This sum covered a one off registration and annual membership fee to Skills For Care.

19 Analysis of net assets between funds

Current Reporting Period	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	-	-	-
Other net current assets/(liabilities)	126,026	48,553	11,562	186,141
Total	126,026	48,553	11,562	186,141

Previous Reporting Period	*General fund £*	*Designated funds £*	*Restricted funds £*	*Total £*
Tangible fixed assets	*396*	*-*	*-*	*396*
Other net current assets/(liabilities)	*113,658*	*46,460*	*63,866*	*223,984*
Total	*114,054*	*46,460*	*-*	*224,380*

20 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as

	Property	
	2021	*2020*
	£	*£*
Less than one year	16,000	*17,833*
One to five years	10,500	*26,500*
	26,500	*44,333*

21 Reconciliation of net movement in funds to net cash flow from operating activities

	2021	*2020*
	£	*£*
Net income / (expenditure) for the year	(38,239)	*11,847*
Adjustments for:		
Depreciation charge	396	*1,074*
Dividends, interest and rents from investments	(11)	*(56)*
Decrease/(increase) in debtors	33,459	*(23,068)*
Increase/(decrease) in creditors	(945)	*(215)*
Net cash provided by / (used in) operating	(5,340)	*(10,418)*