

The OutHouse

England & Wales · Charity number 1006244

Details

Other names	COLCHESTER GAY SWITCHBOARD, OUTHOUSE EAST, POLARITY, The OutHouse
Status	Registered
Legal form	Other
Registered	1991-11-22
Register	View on the Charity Commission register

Contact

Address	19 East Hill Colchester Essex CO1 2QX
Phone	01206871394
Email	info@theouthouse.org.uk
Website	www.theouthouse.org.uk

Activities

Objects: A) TO SUPPORT PEOPLE WHO MAY BE EXPERIENCING MENTAL, EMOTIONAL OR OTHER CRISIS DUE TO THEIR HOMOSEXUAL, BISEXUAL, TRANSGENDER NATURE, OR WHO MAY BE IN DOUBT AS TO THEIR SEXUAL IDENTITY, AND TO WORK TO PREVENT THEIR ISOLATION AND HELP THEM REALISE THEIR FULL POTENTIAL. B) TO SUPPORT PEOPLE WHO ARE AFFECTED OR INFECTED BY HIV OR AIDS. C) TO EDUCATE THE PUBLIC ABOUT HOMOSEXUALITY, GENDER ISSUES, HIV OR AIDS. D) TO PROVIDE TELEPHONE COUNSELLING, ADVICE AND INFORMATION FOR THE ABOVE PURPOSES. E) TO OFFER SUPPORT TO CARERS, PARTNERS AND FAMILIES OF THE ABOVE. F) TO BE A POINT OF CONTACT FOR HOMOSEXUAL, BISEXUAL, TRANSGENDERED PEOPLE AND ANYONE AFFECTED BY HIV OR AIDS.

Activities: Outhouse East supports the delivery of equality for lesbian, gay, bisexual and transgender people of Essex and East Anglia. Offering services around information and support for LGBT people. Operating a counselling service and social groups. We also operate an LGBT community hub in Colchester, which has a cafe, meeting room and large library.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** NOT DEFINED - IN PRACTICE NORTH ESSEX
- Essex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£145,288	£322,585	-	-
2024-03-31	£280,509	£274,922	-	-
2023-03-31	£257,943	£275,389	-	-
2022-03-31	£660,674	£173,029	£911,511	10
2021-03-31	£264,804	£138,429	-	-

Trustees

Name	Role	Appointed
Steve Mannix	Chair	2022-04-11
Benjamin Michael Woods		2025-05-19
Faye Nora Edwards		2023-09-01
Jordan Newell		2023-04-27
LINDSEY ILSLEY		2024-07-15
Nicola Goodchild		2023-09-01

The OutHouse

England & Wales - Charity number 1006244

Accounts

Charity registration number: 1006244

The Outhouse

Annual Report and Financial Statements
for the Year Ended 31 March 2024

Lambert Chapman LLP
3 Warners Mill
Silks Way
Braintree
Essex
CM7 3GB

The Outhouse

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The Outhouse

Reference and Administrative Details

Trustees	S A Mannix J Silverstone J Newell N Goodchild J Miah E Cousins L Ilsley F N Edwards
Charity Registration Number	1006244
Principal Office	The Outhouse 19 East Hill Colchester Essex CO1 2QX
Independent Examiner	Lisa Greenwood FCCA Lambert Chapman LLP 3 Warners Mill Silks Way Braintree Essex CM7 3GB
Bankers	HSBC Bank Plc 26 High Street Colchester Essex CO1 1DQ

The Outhouse

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

Objectives and activities

Objects and aims

The OutHouse aims to have a significant and lasting impact on the lives of the LGBTQ+ community in Essex: improving their mental health, sense of security and safety in their educational and working environment, as well as supporting both individuals in the community, and those connected to it through families or other relationships.

There is no other LGBTQ+ charity serving the Essex community fulfilling the same role as The Outhouse. The current focus is on North East Essex for socials, youth work and counselling however we work across Essex offering our Awareness training sessions. The OutHouse promotes awareness of LGBTQ+ issues, visibility, and inclusion with outreach programmes, while working in partnership with other organisations and individuals to build a strong, cohesive, and influential LGBTQ+ voluntary and community sector.

Objectives, strategies and activities

Our core objectives are committed to increasing awareness of the issues that LGBTQ+ people face in education, employment and public life, and provide services and support for LGBTQ+ people who live or work in Essex, where people's needs have increased. We offer specific, solution focused support, which builds confidence and improves emotional well-being with the aim of increasing resilience, independence, and reducing mental health issues and isolation within the community.

In the last year we have continued to focus on the delivery of our core vision, mission and values. We work across all ages and with specific groups to support those with differing needs. This includes counselling services and youth groups, parent's groups and work with older people.

Our Health and Well-Being Officer is available for day-to-day issues and complex case work and social groups to encourage peer support and friendships. Groups include Gender Diversity Groups in Colchester and Suffolk and groups for Parents & Carers of Trans+ People in both Colchester & Suffolk.

Our Volunteer Lead runs a series of groups, including; bi-weekly Saturday Socials; weekly Tuesday Socials; a monthly Men's Group; monthly Wednesday Lates; monthly Book Club; and monthly Over 50's Group.

Our Youth Worker runs groups for our under 18 community members in Chelmsford, Clacton, Colchester, Harwich & Tiptree and the monthly Trans Youth Group.

Our service team has continued to grow of both employed staff and volunteers.

Public benefit

The Trustees believe that the activities undertaken within the charity, to fulfil its aims and objectives, are done so to further public benefit.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The Outhouse

Trustees' Report (continued)

Use of volunteers

Volunteering is encouraged throughout the organisation - we rely on the volunteers who support us in a variety of ways including counsellors, group leaders and workers who support Saturday socials and youth work. They help us to deliver service or projects in a more effective and efficient way, it supports us to build relationships within the community and contribute to supporting others in the community.

By providing volunteering opportunities, we give our community opportunities for social inclusion, skills development, and potential routes to employment. There is also evidence that volunteering can help to improve health and well-being for individuals. Our volunteers are the bedrock of our Charity and without them we would not be able to offer all the services that we have to offer.

We have a core number of volunteers who support many of our services. All are overseen by the funded Volunteer lead, have a full induction, and have regular meetings. They take part in our training including safeguarding and First Aid and have completed advanced DBS. We consider them to be an integral part of the team.

Achievements and performance

Our current focus for the support we offer is across North East Essex, however we welcome people from outside of these areas if they are able to attend our socials or access support. We work mainly across Essex offering our awareness training sessions but this can also be extended across other areas.

The OutHouse promotes awareness of LGBTQ+ issues, visibility, and inclusion with outreach programmes, while working in partnership with other organisations and individuals to build a strong, cohesive, and influential LGBTQ+ voluntary and community sector.

The OutHouse provides services specifically tailored to the LGBTQ+ community while creating safe spaces for members of this marginalised community, where their concerns are addressed, and they are treated with dignity and respect.

We are well placed in the centre of Colchester and are aware of the needs of our community.

We have a variety of ways of involving our community, through social media, awareness sessions, youth work and our counselling services. We have hosted social events such as Trans Awareness Week and have a big presence at the series of Prides run throughout Essex and Suffolk.

Our achievements this year included gaining additional funding to support our work with young people, volunteering and health and well-being.

Due to the increase of our profile, we are now being recognised as experts in our field with regards to the LGBTQ+ community and have seen a significant increase in external bodies contacting us for support with their organisational development, HR practises, service delivery and employee support.

The OutHouse works in partnership with other organisations where specialist support is required such as mental health, domestic abuse, legal issues and hate crime. The Outhouse has been funded to deliver training and support services by a number of agencies including Next Chapter, CARA, Local Authorities, East Suffolk and North East Essex Foundation Trust, Youth Enquiry Service (YES), as well as with educational institutions: e.g. University of Essex, Colchester Sixth Form College, and Colchester Institute.

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Trustees' Report (continued)

Services

During the year we continued to offer a broad range of support advice and guidance that included the consolidation of our counselling services and the growth of our young people's services.

We have increased the number of services for the community often with specific support in mind, for instance, a Men's group, parents group whose child maybe transitioning and youth groups across Colchester and Tending. We also have a youth group to support young people who are transitioning.

We have enhanced our public profile and engagement and are asked to be representatives at many local and county wide meetings.

We were able to consolidate our awareness training and develop new courses which has helped us to increase our reach and raise our profile across the sector.

As our training becomes more successful, we have seen a growth in organisations wishing to work in partnership to support LGBTQ+ services for example the further development of our partnership with Essex County Council and the East Suffolk and North Essex Foundation Trust.

With the support of our existing and new funders, we continue to deliver a range of services through our staffing team. These included:

- 1 Part-Time Health and Well-Being Officer
- 1 Full-Time Youth Lead
- 1 Part-Time Volunteer Project Lead
- 2 Part-Time Trans Support Workers
- 1 Counselling Service Lead

With this additional resource, the OutHouse is now the largest it's ever seen in its history and can further develop and its services within the community as the demand for our work increases.

The Outhouse

Trustees' Report (continued)

Our Centre

We are the only organisation in the Eastern Region who have been gifted a building specifically to support the LGBTQ+ community in our locality. We are often the first point of contact for people. Having our own space enables us to offer information and support, and to be a place where the LGBTQ+ community feel safe to meet and socialise, therefore minimising the risk of social isolation and mental health issues. Having our own building offers us stability, offers consistency of services to our community and greater scope to work in partnership and encourage many communities through the door.

We believe that we bring about a significant improvement in the health and well-being of LGBTQ+ communities alongside a ground-breaking integration of the LGBTQ+ and wider Colchester and Essex communities. We have become a hub of expertise and services for this community.

We are working with key partners to provide additional access to opportunities and advice around services which address discrimination:

- activate the community in finding ways to bring the community together to tackle problems jointly
- engage with a wider audience to ensure that they have a broader knowledge and awareness of the needs of LGBTQ+ community

The Outhouse is an LGBTQ+ led organisation which is deeply embedded in the community and has tackled significant barriers to engagement.

There main ways people and communities are involved with the project include:

- staff actively engage in conversations with members about the development of services.
- by working collaboratively with our community, we aim to bring about change on a social level. We want to do the 'social knitting' required to create a stronger and more resilient community and to offer support to identify and remove the barriers that prevent them from living active and connected lives.
- feedback and evaluation - we regularly survey all our users and community about their current and future needs.
- we tailor our sessions to suit client groups. We have a systematic monitoring and evaluation framework to ensure our services meet individual needs.

The Outhouse

Trustees' Report (continued)

Performance of fundraising activities against objectives set

In the past year we have been successful in retaining funding to develop the services at The OutHouse. These include:

UK Youth – to support the development of our work with young people

Essex Youth Service – to support our youth work

Globals Make Some Noise – to support our Health and Well-Being Programme

People's Health Lottery – to support our Volunteering Programme

In addition to the above funds we have received a variety of small grants and donations.

We remain grateful to all of our funders for their support.

Financial review

Policy on reserves

The total reserves of the Charity are £899,652, of which £341,408 is restricted. Available free reserves (which excludes fixed assets) are £268,639.

It should be noted that our National Lottery Community Fund Grant is held as restricted income to be spent over a three-year period to December 2024. This award is subject to annual review against outcomes and financial performance.

We have a 3-month reserve policy of approx. £65,000 to meet any 'wind down' costs should this ever be needed.

Current reserves are in excess of the policy figure and will be used to meet unforeseen future costs, to absorb any inflationary pressures and invest in strategic aspects of our programme.

The Trustees are confident that the Charity can mitigate any future financial risks should they arise.

To assess the Charity's financial position and level of available reserves, the Trustees regularly review:

- Monthly management accounts
- Monthly cash flow forecast
- Finances reports
- Trading and earned income.

The Outhouse

Trustees' Report (continued)

Principal funding sources

Our main source of funding is through grants from Trusts and Foundations and the public sector.

Trustees are acutely aware of the need for the charity to continue to develop earned income and a more sustainable business model.

During the year we are grateful for the support of the Lloyds Bank Foundation and the National Lottery for providing funds towards the engagement of external consultants to assist in this process.

Trustees are in the process of developing a new business plan and will seek to continue to develop independent income (such as means tested charges for counselling services and sales of awareness training to external bodies).

We will use our new business plan as an ongoing development document with clear KPI's and measures of success.

The external factors and risks of the charity's funding portfolio are reviewed on an on-going basis by Trustees through its risk register.

A new Development Strategy is being developed to address fundraising and organisational growth. Next year we plan to create a specialist post to lead on this aspect of our work.

Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	D Dellar-Thompson (resigned 31 May 2023)
	J Wilkins (resigned 30 November 2023)
	S A Mannix
	J Silverstone (appointed 17 July 2023)
	J Newell (appointed 27 April 2023)
	N Goodchild (appointed 1 September 2023)
	J Miah (appointed 15 July 2024)
	E Cousins (appointed 15 July 2024)
	L Ilsley (appointed 15 July 2024)
	F N Edwards (appointed 1 September 2023)

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Trustees' Report (continued)

Structure, governance and management

Nature of governing document

The Charity is a registered unincorporated charity which is governed by a constitution adopted on 29 April 1991, subsequently amended on 28 October 1991, 12 October 1992, 8 August 1993, 1 July 2000, 23 May 2012 and most recently on 12 July 2021.

It has been confirmed by the Charity Commission that The OutHouse can become a Charitable Incorporated Organisation (CIO).

Over the next year we will be working towards transitioning into this new model that will ensure the organisation has a governance structure that is more appropriate as it continues to grow and develop in the years ahead. The target transition date of the 1st April 2025.

Recruitment and appointment of trustees

We have a comprehensive trustee induction process starting with:

- Expression of interest;
- Completion of an application form;
- Interview by CEO and Chair if thought suitable;
- New Trustees are offered a 'Trustee Buddy' from the existing membership to support them in their role

Induction and training of trustees

All guidance pertinent to the role of being a Trustee is shared at the start of their journey with us, and through regular Trustees meetings. They are given charity commission guidance on becoming a trustee and information regarding our services and work practices.

The Trustees are encouraged to attend the centre and meet the staff and attend social groups to get to know the community. We have regular team and Trustee away days to share guidance and knowledge and strategically plan.

The training provided to Trustees includes:

- Safeguarding policy and training
- Health and safety
- Awareness training
- Equality and diversity.

Organisational structure

The Trustees meet monthly through the year to review the strategic direction of the organisation, evaluate risk, and review the financial position of the charity.

The Chief Executive reports directly to the Trustees with other senior staff presenting regular updates about their programmes as required.

The Chief Executive, along with the Operations Manager is responsible for the supervision and support of the staff team.

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Trustees' Report (continued)

Major risks and management of those risks

Funding

Trustees are all too aware of the increased competition to secure grant funding and contracts.

Post pandemic much of the funding available for charities of the size of OutHouse is restricted and project based presenting challenges to allow sustainable work with hard-to-reach groups within our community. We continue to engage with local and national funders as to the importance of our work and the need to address a more sustainable model.

A new business plan and development strategy have been agreed to focus the services and activities of the organisation and begin to build self-generated unrestricted income from individual donors, events and sales.

Emerging competition

As we grow, we have recognised that additional organisations offer the same or similar to our offer, especially with regards to training, so we must endeavour to always keep ourselves ahead in what and how we offer our services.

Homophobia and Transphobia

Homophobia and Transphobia is on the increase. According to both central government and local policed statistics hate crimes against the LGBTQ+ community continue to rise in England and Wales.

The OutHouse will continue to engage with local community partners, our local authorities and the Police to attempt to mitigate this within our region.

During the year we are proud to have continued to be a Hate Incident Reporting Centre for the community.

Cost of living crisis

As an organisation, OutHouse is increasingly aware of how the cost-of-living crisis is impacting our community, especially those on benefits or low incomes. Whilst having to meet increased operating costs, the Trustees continue to ensure a sliding scale of charges are available to ensure no one is excluded from being able to access our services.

As an organisation, we retain sufficient reserves at present to meet inflationary costs in relation to our operating costs. Budgets and our financial position remain under constant review.

The annual report was approved by the trustees of the charity on5/12/24..... and signed on its behalf by:



S A Mannix
Trustee

The Outhouse

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 5/12/24 and signed on its behalf by:



S A Mannix
Trustee

The Outhouse

Independent Examiner's Report to the trustees of The Outhouse

I report to the trustees on my examination of the accounts of The Outhouse for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of The Outhouse you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the The Outhouse's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since The Outhouse's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Outhouse as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Lisa Greenwood FCCA

Lambert Chapman LLP
3 Warners Mill
Silks Way
Braintree
Essex
CM7 3GB

Date: 5.12.24.

The Outhouse

Statement of Financial Activities for the Year Ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Property Fund £	Total 2024 £	Total 2023 £
Income and Endowments from:						
Donations and legacies	2	112,734	-	-	112,734	36,361
Charitable activities	3	55,447	104,142	-	159,589	218,690
Other trading activities	4	1,212	-	-	1,212	1,603
Investment income	5	6,974	-	-	6,974	1,289
Total income		<u>176,367</u>	<u>104,142</u>	<u>-</u>	<u>280,509</u>	<u>257,943</u>
Expenditure on:						
Raising funds	6	(1,253)	(1,140)	-	(2,393)	(2,209)
Charitable activities	7	(57,016)	(215,513)	-	(272,529)	(273,180)
Total expenditure		<u>(58,269)</u>	<u>(216,653)</u>	<u>-</u>	<u>(274,922)</u>	<u>(275,389)</u>
Net income/(expenditure)		<u>118,098</u>	<u>(112,511)</u>	<u>-</u>	<u>5,587</u>	<u>(17,446)</u>
Net movement in funds		118,098	(112,511)	-	5,587	(17,446)
Reconciliation of funds						
Total funds brought forward		<u>233,146</u>	<u>453,919</u>	<u>207,000</u>	<u>894,065</u>	<u>911,511</u>
Total funds carried forward	18	<u>351,244</u>	<u>341,408</u>	<u>207,000</u>	<u>899,652</u>	<u>894,065</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 18.

The Outhouse

(Registration number: 1006244)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	14	289,605	287,336
Current assets			
Debtors	15	118,017	239,663
Cash at bank and in hand	16	<u>506,837</u>	<u>378,559</u>
		624,854	618,222
Creditors: Amounts falling due within one year	17	<u>(14,807)</u>	<u>(11,493)</u>
Net current assets		<u>610,047</u>	<u>606,729</u>
Net assets		<u>899,652</u>	<u>894,065</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	18	341,408	453,919
Unrestricted income funds			
Unrestricted funds		<u>558,244</u>	<u>440,146</u>
Total funds	18	<u>899,652</u>	<u>894,065</u>

The financial statements on pages 12 to 30 were approved by the trustees, and authorised for issue on 5/12/24 and signed on their behalf by:



S A Mannix
Trustee

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Outhouse meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Judgements

Apart from those judgements involving estimations, the management team have not made any judgements in the process of applying the entity's accounting policies that have a significant effect on the amounts recognised in the accounts.

Key sources of estimation uncertainty

There are no key assumptions concerning the future or other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Income from grants is recognised when it can be clearly shown that the charity has entitlement to the funds, the value of the grant can be accurately measured and the receipt of the funds is probable.

Other trading activities

Income is also received from fund raising activities such as selling merchandise and is recognised as earned.

Investment income

Investment income is recognised on a receivable basis.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

Charitable activities

Income from charitable activities comprise amounts due to the charity for the delivery of its activities and services including income received from performance-related grants which have conditions that specify the provision of particular services to be provided by the Charity.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements.

Taxation

The charity is potentially exempt from corporation tax on the basis that any surplus is used for charitable purposes.

Tangible fixed assets

Individual fixed assets costing £100 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Freehold property and improvements to property are held at fair value, derived from the current market prices for comparable real estate considered annually using observable market prices, adjusted if necessary for any difference in the nature, location or condition of the specific asset. Changes in fair value are recognised in the Statement of Financial Activities.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Plant and machinery	25% reducing balance
Fixtures and fittings	15% reducing balance
Computer equipment	25% reducing balance
Freehold property/improvements to property	Revaluation policy as above

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those provided for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Donations and legacies;				
Donations from individuals	25,082	-	25,082	9,111
Legacies	87,652	-	87,652	-
Grants, including capital grants;				
Grants	-	-	-	27,250
	<u>112,734</u>	<u>-</u>	<u>112,734</u>	<u>36,361</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Grant income	41,000	104,142	145,142	182,578
Commercial income	14,447	-	14,447	36,112
	<u>55,447</u>	<u>104,142</u>	<u>159,589</u>	<u>218,690</u>

4 Income from other trading activities

	Unrestricted funds General £	Restricted funds £	Total funds £	Total 2023 £
Trading income;				
Fundraising events	1,212	-	1,212	1,603
	<u>1,212</u>	<u>-</u>	<u>1,212</u>	<u>1,603</u>

5 Investment income

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Interest receivable and similar income;				
Interest receivable on bank deposits	6,974	-	6,974	1,289
	<u>6,974</u>	<u>-</u>	<u>6,974</u>	<u>1,289</u>

6 Expenditure on raising funds

a) Costs of trading activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Fundraising trading costs;				
Fundraising	1,253	1,140	2,393	2,209
	<u>1,253</u>	<u>1,140</u>	<u>2,393</u>	<u>2,209</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

7 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Staff costs	11	42,773	176,847	219,620	217,169
Motor expenses		1,202	478	1,680	1,915
Telecommunications/Data Costs		738	2,869	3,607	3,250
Hire/Rent		-	-	-	1,320
Office Expenses		300	1,648	1,948	2,081
Computer/IT Costs		129	742	871	965
Subscriptions		-	1,506	1,506	1,256
Training & Development		262	1,066	1,328	2,392
Health, Safety and Security Costs		1,763	2,833	4,596	3,661
Repairs and Renewals		734	85	819	1,713
Depreciation charges		2,267	-	2,267	2,166
Operational Activities		2,741	4,412	7,153	4,586
Postage and Stationery		9	945	954	414
Bank Interest and Charges		91	-	91	82
Utilities		-	4,100	4,100	4,777
Volunteer Expenses		356	170	526	335
Insurance		-	2,007	2,007	1,848
Cleaning		-	1,456	1,456	1,431
Governance costs	8	3,651	14,349	18,000	21,819
		<u>57,016</u>	<u>215,513</u>	<u>272,529</u>	<u>273,180</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

8 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Independent examiner fees				
Examination of the financial statements	-	2,688	2,688	3,810
Other fees paid to examiners	-	903	903	1,397
Professional Fees	3,651	10,758	14,409	16,612
	3,651	14,349	18,000	21,819

9 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2024 £	2023 £
Depreciation of fixed assets	2,267	2,166

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	204,793	203,635
Social security costs	10,760	9,892
Pension costs	4,067	3,642
	219,620	217,169

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Chief Executive Officer	-	1
Youth Worker	1	1
Finance Officer	1	1
Counselling Co-ordinator	-	1
Media Officer	1	1
Administration and other staff members	1	3
Operations manager	1	-
Health and Wellbeing	2	-
Training officer	1	-
	<u>8</u>	<u>8</u>

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £78,049 (2023 - £91,522).

12 Independent examiner's remuneration

	2024 £	2023 £
Examination of the financial statements	<u>2,688</u>	<u>3,810</u>
Other fees to examiners		
All other services - accountancy	<u>903</u>	<u>1,397</u>

13 Taxation

The charity is a registered charity and is therefore potentially exempt from taxation on the basis that any surplus is used for charitable purposes.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

14 Tangible fixed assets

	Land and buildings £	Improvements to property £	Fixtures and fittings £	Computer equipment £	Plant and machinery £	Total £
Cost						
At 1 April 2023	207,000	69,567	9,851	6,316	7,312	300,046
Additions	-	-	2,586	1,950	-	4,536
At 31 March 2024	<u>207,000</u>	<u>69,567</u>	<u>12,437</u>	<u>8,266</u>	<u>7,312</u>	<u>304,582</u>
Depreciation						
At 1 April 2023	-	-	2,630	3,385	6,695	12,710
Charge for the year	-	-	1,317	797	153	2,267
At 31 March 2024	<u>-</u>	<u>-</u>	<u>3,947</u>	<u>4,182</u>	<u>6,848</u>	<u>14,977</u>
Net book value						
At 31 March 2024	<u>207,000</u>	<u>69,567</u>	<u>8,490</u>	<u>4,084</u>	<u>464</u>	<u>289,605</u>
At 31 March 2023	<u>207,000</u>	<u>69,567</u>	<u>7,221</u>	<u>2,931</u>	<u>617</u>	<u>287,336</u>

The initial purchase of the property was funded by donations and legacies. At that point, a new unrestricted fund account was created to deal with valuation movements in the property. As at the year end of 31 March 2023, the property was valued at £275,000 by Nicolas Percival Limited (estate agents & surveyors). The valuation in the accounts, which comprises of Land and buildings and improvements to property, is £276,567 which has been deemed reasonable by the Trustees. The Property Fund is shown within the Statement of Financial Activities on page 14 and the funds note (Note 18).

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

15 Debtors

	2024 £	2023 £
Trade debtors	1,720	3,532
Accrued income	116,297	236,131
	<u>118,017</u>	<u>239,663</u>

16 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	<u>506,837</u>	<u>378,559</u>

17 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	5,952	1,530
Other creditors	5,666	4,916
Accruals	3,189	5,047
	<u>14,807</u>	<u>11,493</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

18 Funds	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
<i>General</i>				
General fund	233,146	176,367	(58,269)	351,244
<i>Other</i>				
Property Fund	207,000	-	-	207,000
	207,000	-	-	207,000
	440,146	176,367	(58,269)	558,244
Total unrestricted funds				
Restricted funds				
Counselling CBC	33,670	-	-	33,670
Active Essex - Keep moving	885	-	-	885
Tendring Community CVST Grant	2,907	-	-	2,907
Community 360 Counselling	1,191	-	-	1,191
CVS Tendring - Realising Ambitions Fund Youth	2,477	-	(1,876)	601
ECC Youth Service YSG Commissioning	3,894	-	(3,894)	-
ECF Adult Mental Health post Covid counselling	6,316	-	(6,212)	104
ECF Provide	4,950	-	-	4,950
ECF Provide - Trans Youth Resources Fund	712	-	-	712
ECVYS Essex Council for Grassroots	135	-	-	135
Mind in West Essex Alliance Covid Fund	1,638	-	(1,638)	-
PCC for Essex VVCS Grant	5,688	-	(1,669)	4,019
The Julia and Hans Rausing Trust	6,636	-	(217)	6,419
The National Lottery Community Fund	288,777	-	(124,927)	163,850

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Colchester Borough Homes - Community Initiative Fund	1,000	1,000	-	2,000
Colchester Catalyst - Young persons counselling	10,000	-	(955)	9,045
ECF High Sheriff Fund - Youth Forum	6,040	-	(4,381)	1,659
Feel Well Fund HWB	49,190	-	(13,636)	35,554
Globals Make Some Noise - Health and Wellbeing	12,958	-	(12,958)	-
Peoples Health Trust - Volunteers	4,855	14,022	(13,659)	5,218
TNL Awards for all - Counselling support	10,000	-	(9,708)	292
Colchester City Council- Craft with Pride Workshops	-	400	-	400
Essex Youth Trust- Adventure weekend	-	2,000	(1,448)	552
PCC for Essex VVCS Grant- Childrens Project	-	13,200	(12,892)	308
SNEE ICB - Improving Trans Mental Health Fund	-	50,000	(6,583)	43,417
TNL Mapping exercise	-	23,520	-	23,520
Total restricted funds	453,919	104,142	(216,653)	341,408
Total funds	894,065	280,509	(274,922)	899,652

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General fund	154,209	120,465	(41,994)	466	233,146
<i>Other</i>					
Property Fund	207,000	-	-	-	207,000
	207,000	-	-	-	207,000
Total unrestricted funds	361,209	120,465	(41,994)	466	440,146
Restricted					
Counselling CBC	17,500	22,834	(6,664)	-	33,670
Active Essex - Keep moving	1,245	-	(360)	-	885
Tending Community CVST Grant	8,332	-	(5,425)	-	2,907
Community 360 Counselling	5,857	-	(4,666)	-	1,191
CVS Tending - Realising Ambitions Fund Youth	29,816	-	(26,854)	(485)	2,477
ECC Youth Service YSG Commissioning	5,815	-	(1,921)	-	3,894
ECF Adult Mental Health post Covid counselling	12,255	-	(5,939)	-	6,316
ECF Provide	6,915	-	(1,965)	-	4,950
ECF Provide - Trans Youth Resources Fund	2,000	-	(1,288)	-	712
ECF Realising Ambitions April 2021	(19)	-	-	19	-
ECVYS Essex Council for Grassroots	135	-	-	-	135
Essex Police - CDSF Project	3,760	-	-	(3,760)	-
Mind in West Essex Alliance Covid Fund	4,605	-	(2,967)	-	1,638
PCC for Essex VVCS Grant	12,615	-	(10,687)	3,760	5,688
The Julia and Hans Rausing Trust	9,299	-	(2,663)	-	6,636
The National Lottery Community Fund	430,172	-	(141,395)	-	288,777

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Colchester Borough Homes - Community Initiative Fund	-	1,000	-	-	1,000
Colchester Catalyst - Young persons counselling	-	10,000	-	-	10,000
ECF High Sheriff Fund - Youth Forum	-	6,040	-	-	6,040
Feel Well Fund HWB	-	49,190	-	-	49,190
Globals Make Some Noise - Health and Wellbeing	-	30,000	(17,042)	-	12,958
Peoples Health Trust - Volunteers	-	8,414	(3,559)	-	4,855
TNL Awards for all - Counselling support	-	10,000	-	-	10,000
Total restricted funds	<u>550,302</u>	<u>137,478</u>	<u>(233,395)</u>	<u>(466)</u>	<u>453,919</u>
Total funds	<u>911,511</u>	<u>257,943</u>	<u>(275,389)</u>	<u>-</u>	<u>894,065</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

Unrestricted Funds

Unrestricted funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the charity.

Property Fund

The initial purchase of the property was funded by donations and legacies. At that point, a new unrestricted fund account was created to deal with valuation movements in the property.

Restricted Funds

- 1. Counselling CBC** - A grant awarded for the roles of Counselling Coordinator and Clinical Supervision for counselling staff.
- 2. Active Essex - Keep moving** - A grant to support people with Covid lock down mental health issues through mindfulness sessions.
- 3. Tendring Community CVST Grant** - Grants received in the previous years to provide men's counselling across Tendring to ensure men's mental health is better supported.
- 4. Community 360 Counselling** - Grants received last year by the Charity to provide the counselling support Feel Well Supporting Mental Well-being Project in the Colchester area.
- 5. CVS Tendring- Realising Ambitions Fund Youth** - A grant funded by the North East Essex Health and Well-being Alliance funding administered through CVS Tendring. The money has been used delivering a 'Youth Worker' project.
- 6. ECC Youth Service YSG Commissioning** - A grant of £5,815 was received last year to provide a weekly youth provision in Tendring.
- 7. ECF Adult Mental Health post Covid Counselling** - A grant of £12,255 was received last year from the Essex Covid Response Fund to provide a Colchester based counselling service for the LGBTQ+ community whose mental health has been affected by the pandemic.
- 8. ECF Provide** - Grants last year were awarded to employ a health and well-being support worker and develop a programme to improve the health and well-being of the LGBTQ community in and around Colchester.
- 9. ECF Provide - Trans Youth Resource Fund** - A grant of £2,000 was awarded last year by ECF to provide resources for Trans Youth support and to update the current office equipment for staff working on-site.
- 10. ECVYS Essex Council for Grassroots** - A grant awarded to remobilise grassroots children's and youth clubs.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

11. **Mind in West Essex Alliance Covid Fund** - A grant of £4,605 was awarded last year to employ a worker to run our Saturday socials for anyone to attend to meet for a relaxed meeting friend group.
12. **PCC for Essex VVCS Grant** - A grant of £12,615 was given last year to provide counselling for vulnerable young people at risk of bullying. The Essex Police fund has been merged with this fund as were both donated by the same organisation for the same purpose.
13. **The Julia and Hans Rausing Trust** - A grant was awarded last year towards the core costs of the Charity.
14. **The National Lottery Community Fund (Youth Project)** - The National Lottery community Fund has funded a programme called RC London and South East Region. A grant of £462,557 over 3 years has been awarded so the Charity can continue to support improvement in the health and wellbeing of LGBTQ+ communities alongside a ground breaking integration of the LGBTQ+ and wider Colchester and Essex communities. Although only £383,023 has been received, the additional £79,534 has been accrued in the accounts as the income recognition criteria has been met.
15. **Colchester Borough Homes** - Funding to enable us to develop the support we offer further which includes additional support groups, over 18s social group and a Queer families group. It will also be used to offer a warm safe space for people to come to.
16. **Colchester Catalyst - Young persons counselling** - Funding to provide counselling for young people who identify as part of the LGBTQ+ community.
17. **ECS High Sheriff Fund - Youth Forum** - Grant awarded to establish a youth forum for the young LGBTQ+ community across Colchester and Tending to help address concerns, increase wellbeing and improve community understanding.
18. **Feel Well Fund HWB** - 2 year fund to continue to provide the Health and Wellbeing service (see below)
19. **Globals Make Some Noise -Health and Wellbeing** - PART A Project Funding to continue to fund the Health & Wellbeing service for one year to provide support to vulnerable and isolated people in the LGBTQ+ community.
20. **Peoples Health Trust - Volunteers-** Two year fund to employ a volunteer officer to run and improve our volunteer project
21. **TNL Awards for all - Counselling support** - Counselling support one year grant to provide counselling for adult members of the LGBTQ+ community.
22. **Colchester City Council - Craft with Pride Workshop** - Funding to provide workshops for a weekly group to help combat isolation in Colchester's adult LGBTQ+ community
23. **Essex Youth Trust - Adventure weekend** - One off funding to enable young people who identify as LGBTQ+ to access a residential trip which will offer a safe space to further develop friendships and social support along with challenging themselves as they experience new things and engage in activities that they may not usually have access to.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

- 24. PCC for Essex VVCS Grant - Childrens Project** - Funding to continue to deliver support to children and young people through 1-1 counselling and therapeutic work
- 25. SNEE ICB - Improving Trans Mental Health Fund** - A Grant awarded to improve the mental health outcomes for people who are transgender, non-binary or gender questioning aged 16 and over through the provision of 1-1 and group support/peer support and accurate information about mental and physical health pathways, along with the aim of reducing health inequalities experienced within this group.
- 26. TNL Mapping exercise** - Funding awarded to enable The Outhouse to establish what currently exists in terms of provision and services for young LGBTQ+ people living in the areas of Chelmsford, Braintree and Witham. The results of the research will then be used to implement a programme of activities that are based on their findings and come directly from the suggestions of the LGBTQ+ community that the organisation will be supporting.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

19 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2024 £
Tangible fixed assets	289,605	-	289,605
Current assets	275,025	349,829	624,854
Current liabilities	(6,386)	(8,421)	(14,807)
Total net assets	558,244	341,408	899,652
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	287,336	-	287,336
Current assets	159,255	458,967	618,222
Current liabilities	(6,445)	(5,048)	(11,493)
Total net assets	440,146	453,919	894,065

20 Related party transactions

There were no related party transactions in the year.

The OutHouse

England & Wales - Charity number 1006244

Accounts

Charity registration number: 1006244

The Outhouse

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Lambert Chapman LLP
3 Warners Mill
Silks Way
Braintree
Essex
CM7 3GB

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The Outhouse

Reference and Administrative Details

Trustees	S A Mannix J Silverstone J Newell N Goodchild
Charity Registration Number	1006244
Principal Office	The Outhouse 19 East Hill Colchester Essex CO1 2QX
Independent Examiner	Lisa Greenwood FCCA Lambert Chapman LLP 3 Warners Mill Silks Way Braintree Essex CM7 3GB
Bankers	HSBC Bank Plc 26 High Street Colchester Essex CO1 1DQ

The Outhouse

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2023.

Objectives and activities

Objects and aims

The OutHouse aims to have a significant and lasting impact on the lives of the LGBTQ+ community in Essex: improving their mental health, sense of security and safety in their educational and working environment, as well as supporting both individuals in the community, and those connected to it through families or other relationships.

There is no other LGBTQ+ charity serving the Essex community fulfilling the same role as The Outhouse. The current focus is on North East Essex for socials, youth work and counselling however we work across Essex offering our Awareness training sessions. The OutHouse promotes awareness of LGBTQ+ issues, visibility, and inclusion with outreach programmes, while working in partnership with other organisations and individuals to build a strong, cohesive, and influential LGBTQ+ voluntary and community sector.

Objectives, strategies and activities

Our core objectives are committed to increasing awareness of the issues that LGBTQ+ people face in education, employment and public life, and provide services and support for LGBTQ+ people who live or work in Essex, where people's needs have increased. We offer specific, solution focused support, which builds confidence and improves emotional well-being with the aim of increasing resilience, independence, and reducing mental health issues and isolation within the community.

In the last year we have continued to focus on the delivery of our core vision, mission and values. We offer support and advice by phone and Zoom through to offering several social groups to a comprehensive range of services and support. We work across all ages and with specific groups to support those with differing needs. This includes counselling services and youth groups, parent's groups and work with older people. We have a new Health and Well-Being Officer for day-to-day issues and complex case work, social groups to encourage peer support and friendships, which include - Saturday socials, Craft with Pride and a Gender diversity group. Our Youth Worker runs groups for our under 18 service users in Colchester and Tendring. The other groups we host such as Mens Group and Book club are run by volunteers.

This year has been the first full year of operation post pandemic. However, Covid still had a severe impact on the delivery of our services from the confidence of people to attend groups face to face through to being able to access groups and those in educational and community settings. However, our services and the team has continued to grow of both employed staff and volunteers.

Public benefit

The Trustees believe that the activities undertaken within the charity, to fulfil its aims and objectives, are done so to further public benefit.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The Outhouse

Trustees' Report (continued)

Use of volunteers

Volunteering is encouraged throughout the organisation - we rely on the volunteers who support us in a variety of ways including counsellors, group leaders and workers who support Saturday socials and youth work. They help us to deliver service or projects in a more effective and efficient way, it supports us to build relationships within the community and contribute to supporting others in the community.

By providing volunteering opportunities, we give our community opportunities for social inclusion, skills development, and potential routes to employment. There is also evidence that volunteering can help to improve health and well-being for individuals. Our volunteers are the bedrock of our Charity and without them we would not be able to offer all the services that we have to offer.

We have a core number of volunteers who support many of our services. All are overseen by the funded Volunteer lead, have a full induction, and have regular meetings. They take part in our training including safeguarding and First Aid and have completed advanced DBS. We consider them to be an integral part of the team.

Achievements and performance

Our current focus for the support we offer is across North East Essex, however we welcome people from outside of these areas if they are able to attend our socials or access support. We work mainly across Essex offering our awareness training sessions but this can also be extended across other areas.

The OutHouse promotes awareness of LGBTQ+ issues, visibility, and inclusion with outreach programmes, while working in partnership with other organisations and individuals to build a strong, cohesive, and influential LGBTQ+ voluntary and community sector.

The OutHouse provides services specifically tailored to the LGBTQ+ community while creating safe spaces for members of this marginalised community, where their concerns are addressed, and they are treated with dignity and respect.

We are well placed in the centre of Colchester and are aware of the needs of our community.

We have a variety of ways of involving our community, through social media, awareness sessions, youth work and our counselling services. We have hosted social events such as Cultural Food Festival, Trans Awareness Week event and our Emerald City Ball.

Our achievements this year included gaining additional funding to support our work with young people, volunteering and health and well-being.

Due to the increase of our profile, we are now being recognised as experts in our field with regards to the LGBTQ+ community and have seen a significant increase in external bodies contacting us for support with their organisational development, HR practises, service delivery and employee support.

The OutHouse works in partnership with other organisations where specialist support is required such as mental health, domestic abuse, legal issues and hate crime. The Outhouse has been funded to deliver training and support services by a number of agencies including Next Chapter, Cara, Local Authorities, East Suffolk and North East Essex Foundation Trust, Youth Enquiry Service (YES), as well as with educational institutions: e.g. University of Essex, Colchester Sixth Form College, and Colchester Institute.

The Outhouse

Trustees' Report (continued)

Services

During the year we continued to offer a broad range of support advice and guidance that included the consolidation of our counselling services and the growth of our young people's services.

We have increased the number of services for the community often with specific support in mind, for instance, a Men's group, parents group whose child maybe transitioning, youth groups across Colchester and Tending. We also have a youth group to support young people who are transitioning.

We have enhanced our public profile and engagement and are asked to be representatives at many local and county wide meetings.

We were able to consolidate our awareness training and develop new courses which has helped us to increase our reach and raise our profile across the sector.

As our training becomes more successful, we have seen a growth in organisations wishing to work in partnership to support LGBTQ+ services for example the further development of our partnership with Essex County Council and the East Suffolk and North Essex Foundation Trust.

With the support of our new funders, we were particularly pleased during the year to be able to recruit and appoint a range of new staff to support our continued growth. These included:

Health and Well-Being Officer

Youth Lead

Volunteer Project Lead

Counselling Service Lead

Additional Sessional Youth Workers

With this additional resource, the OutHouse is now the largest it's ever seen in its history and is able to further develop and its services within the community as the demand for our work increases.

The Outhouse

Trustees' Report (continued)

Our Centre

We are the only organisation in the Eastern Region who have been gifted a building specifically to support the LGBTQ+ community in our locality. We are often the first point of contact for people. Having our own space enables us to offer information and support, and to be a place where the LGBTQ+ community feel safe to meet and socialise, therefore minimising the risk of social isolation and mental health issues.

Having our own building offers us stability, offers consistency of services to our community and greater scope to work in partnership and encourage many communities through the door.

We believe that we bring about a significant improvement in the health and well-being of LGBTQ+ communities alongside a ground-breaking integration of the LGBTQ+ and wider Colchester and Essex communities. We have become a hub of expertise and services for this community.

We are working with key partners to provide additional access to opportunities and advice around services which address discrimination:

- activate the community in finding ways to bring the community together to tackle problems jointly
- engage with a wider audience to ensure that they have a broader knowledge and awareness of the needs of LGBTQ+ community

The Outhouse is an LGBTQ+ led organisation which is deeply embedded in the community and has tackled significant barriers to engagement.

There main ways people and communities are involved with the project include:

- staff actively engage in conversations with members about the development of services.
- by working collaboratively with our community, we aim to bring about change on a social level. We want to do the 'social knitting' required to create a stronger and more resilient community and to offer support to identify and remove the barriers that prevent them from living active and connected lives.
- feedback and evaluation - we regularly survey all our users and community about their current and future needs.
- we tailor our sessions to suit client groups. We have a systematic monitoring and evaluation framework to ensure our services meet individual needs.

The Outhouse

Trustees' Report (continued)

Performance of fundraising activities against objectives set

In the past year we have been successful in gaining additional funding to develop the services at The OutHouse. These include:

UK Youth – to support the development of our work with young people over the next three years

Essex Youth Service – to support our youth work

Globals Make Some Noise – to support our Health and Well-Being Programme

People's Health Lottery – to support the development of our Volunteering Programme

Through the year we were pleased to have been selected as one of the City Mayor's charities alongside others that champion diversity and inclusion locally. This enabled us to not only raise much needed funds but increase our profile by attending fundraising and community events such as Mayor's Carol Concert and community quiz nights.

In addition to the above funds we have received a variety of small grants and donations.

We remain grateful to all of our funders for their support.

Financial review

Policy on reserves

The total reserves of the Charity are £894,065, of which £453,919 is restricted. Available free reserves (which excludes fixed assets) are £152,810.

It should be noted that our National Lottery Community Fund Grant is held as restricted income to be spent over a three-year period to December 2024.

We have a 3-month reserve policy of approx. £65,000 to meet any 'wind down' costs should this ever be needed.

Reserves are slightly in excess of the policy figure and will be used to meet unforeseen future costs and to absorb any inflationary pressures over the next few years.

The Trustees are confident that the Charity can mitigate any future financial risks should they arise.

To assess the Charity's financial position and level of available reserves, the Trustees regularly review:

- Monthly management accounts
- Monthly cash flow forecast
- Finances reports
- Trading and earned income.

The Outhouse

Trustees' Report (continued)

Principal funding sources

Our main source of funding is through grants from charitable bodies which, in this year, as shown, have exceeded our expectations.

However, Trustees are acutely aware of the need for the charity to continue to develop earned income and a more sustainable business model. During the year we are grateful for the support of the Lloyds Bank Foundation and the National Lottery for providing funds towards the engagement of external consultants to assist in this process.

Trustees have adopted a new business plan and will seek to continue to develop independent income (such as means tested charges for counselling services and sales of awareness training to external bodies).

We use our business plan as an ongoing development document with clear KPI's and measures of success.

The external factors and risks of the charity's funding portfolio are reviewed on an on-going basis by Trustees through its risk register.

A Development Strategy has been developed to address fundraising and organisational growth. Next year we plan to create a specialist post to lead on this aspect of our work.

Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	M J Gillingham (resigned 3 November 2022)
	D Dellar-Thompson (resigned 31 May 2023)
	J Wilkins (resigned 30 November 2023)
	S Goody (resigned 31 May 2022)
	D Baxter (resigned 30 September 2022)
	S A Mannix (appointed 11 April 2022)
	J Silverstone (appointed 17 July 2023)
	J Newell (appointed 27 April 2023)
	N Goodchild (appointed 1 September 2023)

Structure, governance and management

Nature of governing document

The Charity is a registered unincorporated charity which is governed by a constitution adopted on 29 April 1991, subsequently amended on 28 October 1991, 12 October 1992, 8 August 1993, 1 July 2000, 23 May 2012 and most recently on 12 July 2021.

Post year-end it was confirmed by the Charity Commission that OutHouse could become a Charitable Incorporated Organisation (CIO).

Over the next year we will be working towards transitioning into this new model that will ensure the organisation has a governance structure that is more appropriate as it continues to grow and develop in the years ahead.

The Outhouse

Trustees' Report (continued)

Recruitment and appointment of trustees

We have a comprehensive trustee induction process starting with:

- Expression of interest;
- Completion of an application form;
- Interview by CEO and Chair if thought suitable;
- New Trustees are offered a 'Trustee Buddy' from the existing membership to support them in their role

Induction and training of trustees

All guidance pertinent to the role of being a Trustee is shared at the start of their journey with us, and through regular Trustees meetings. They are given charity commission guidance on becoming a trustee and information regarding our services and work practices.

The Trustees are encouraged to attend the centre and meet the staff and attend social groups to get to know the community. We have regular team and Trustee away days to share guidance and knowledge and strategically plan.

The training provided to Trustees includes:

- Safeguarding policy and training
- Health and safety
- Awareness training
- Equality and diversity.

Organisational structure

The Trustees meet monthly through the year to review the strategic direction of the organisation, evaluate risk, and review the financial position of the charity.

The Chief Executive reports directly to the Trustees with other senior staff presenting regular updates about their programmes as required.

The Chief Executive, along with the Operations Manager is responsible for the supervision and support of the staff team.

The Outhouse

Trustees' Report (continued)

Major risks and management of those risks

Funding

Trustees are all too aware of the increased competition to secure grant funding and contracts.

Post pandemic much of the funding available for charities of the size of OutHouse is restricted and project based presenting challenges to allow sustainable work with hard-to-reach groups within our community. We continue to engage with local and national funders as to the importance of our work and the need to address a more sustainable model.

A new business plan and development strategy have been agreed to focus the services and activities of the organisation and begin to build self-generated unrestricted income from individual donors, events and sales.

Emerging competition

As we grow, we have recognised that additional organisations offer the same or similar to our offer, especially with regards to training, so we must endeavour to always keep ourselves ahead in what and how we offer our services.

Homophobia

Homophobia is on the increase. According to both central government and local policed statistics hate crimes against the LGBTQ+ community continue to rise in England and Wales.

The OutHouse will continue to engage with local community partners, our local authorities and the Police to attempt to mitigate this within our region.

Cost of living crisis

As an organisation, OutHouse is increasingly aware of how the cost-of-living crisis is impacting our community, especially those on benefits or low incomes. Whilst having to meet increased operating costs, the Trustees continue to ensure a sliding scale of charges are available to ensure no one is excluded from being able to access our services.

As an organisation, we retain sufficient reserves at present to meet inflationary costs in relation to our operating costs. Budgets and our financial position remain under constant review.

The annual report was approved by the trustees of the charity on 29 January 2024 and signed on its behalf by:

.....
S A Mannix
Trustee

The Outhouse

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 29 January 2024 and signed on its behalf by:

.....
S A Mannix
Trustee

The Outhouse

Independent Examiner's Report to the trustees of The Outhouse

I report to the trustees on my examination of the accounts of The Outhouse for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of The Outhouse you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the The Outhouse's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since The Outhouse's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Outhouse as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Lisa Greenwood FCCA

Lambert Chapman LLP
3 Warners Mill
Silks Way
Braintree
Essex
CM7 3GB

30 January 2024

The Outhouse

Statement of Financial Activities for the Year Ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	Property Fund £	Total 2023 £	Total 2022 £
Income and Endowments from:						
Donations and legacies	2	36,361	-	-	36,361	13,839
Charitable activities	3	81,212	137,478	-	218,690	646,338
Other trading activities	4	1,603	-	-	1,603	473
Investment income	5	1,289	-	-	1,289	24
Total income		<u>120,465</u>	<u>137,478</u>	-	<u>257,943</u>	<u>660,674</u>
Expenditure on:						
Raising funds	6	(2,179)	(30)	-	(2,209)	(65)
Charitable activities	7	(39,815)	(233,365)	-	(273,180)	(172,964)
Total expenditure		<u>(41,994)</u>	<u>(233,395)</u>	-	<u>(275,389)</u>	<u>(173,029)</u>
Net income/(expenditure)		78,471	(95,917)	-	(17,446)	487,645
Gross transfers between funds		466	(466)	-	-	-
Net movement in funds		78,937	(96,383)	-	(17,446)	487,645
Reconciliation of funds						
Total funds brought forward		<u>154,209</u>	<u>550,302</u>	<u>207,000</u>	<u>911,511</u>	<u>423,866</u>
Total funds carried forward	18	<u><u>233,146</u></u>	<u><u>453,919</u></u>	<u><u>207,000</u></u>	<u><u>894,065</u></u>	<u><u>911,511</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 18.

The Outhouse

(Registration number: 1006244) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	14	287,336	287,124
Current assets			
Debtors	15	239,663	397,364
Cash at bank and in hand	16	<u>378,559</u>	<u>240,250</u>
		618,222	637,614
Creditors: Amounts falling due within one year	17	<u>(11,493)</u>	<u>(13,227)</u>
Net current assets		<u>606,729</u>	<u>624,387</u>
Net assets		<u>894,065</u>	<u>911,511</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	18	453,919	550,302
Unrestricted income funds			
Unrestricted funds		<u>440,146</u>	<u>361,209</u>
Total funds	18	<u>894,065</u>	<u>911,511</u>

The financial statements on pages 12 to 29 were approved by the trustees, and authorised for issue on 29 January 2024 and signed on their behalf by:

.....
S A Mannix
Trustee

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Outhouse meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Judgements

Apart from those judgements involving estimations, the management team have not made any judgements in the process of applying the entity's accounting policies that have a significant effect on the amounts recognised in the accounts.

Key sources of estimation uncertainty

There are no key assumptions concerning the future or other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Income from grants is recognised when it can be clearly shown that the charity has entitlement to the funds, the value of the grant can be accurately measured and the receipt of the funds is probable.

Other trading activities

Income is also received from fund raising activities such as selling merchandise and is recognised as earned.

Investment income

Investment income is recognised on a receivable basis.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

Charitable activities

Income from charitable activities comprise amounts due to the charity for the delivery of its activities and services including income received from performance-related grants which have conditions that specify the provision of particular services to be provided by the Charity.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements.

Taxation

The charity is potentially exempt from corporation tax on the basis that any surplus is used for charitable purposes.

Tangible fixed assets

Individual fixed assets costing £100 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Freehold property and improvements to property are held at fair value, derived from the current market prices for comparable real estate considered annually using observable market prices, adjusted if necessary for any difference in the nature, location or condition of the specific asset. Changes in fair value are recognised in the Statement of Financial Activities.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Plant and machinery	25% reducing balance
Fixtures and fittings	15% reducing balance
Computer equipment	25% reducing balance
Freehold property/improvements to property	revaluation policy as above

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those provided for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Donations and legacies;				
Donations from individuals	9,111	-	9,111	13,839
Grants, including capital grants;				
Grants	27,250	-	27,250	-
	<u>36,361</u>	<u>-</u>	<u>36,361</u>	<u>13,839</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Grant income	45,100	137,478	182,578	627,438
Commercial income	36,112	-	36,112	18,900
	81,212	137,478	218,690	646,338

4 Income from other trading activities

	Unrestricted funds General £	Restricted funds £	Total funds £	Total 2022 £
Trading income;				
Merchandise sales	1,603	-	1,603	473
	1,603	-	1,603	473

5 Investment income

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Interest receivable and similar income;				
Interest receivable on bank deposits	1,289	-	1,289	24
	1,289	-	1,289	24

6 Expenditure on raising funds

a) Costs of trading activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Fundraising trading costs;				
Fundraising	2,179	30	2,209	65
	2,179	30	2,209	65

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

7 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Staff costs	11	26,480	190,689	217,169	129,360
Motor expenses		1,318	597	1,915	213
Telecommunications/Data Costs		245	3,005	3,250	1,986
Hire/Rent		(1,080)	2,400	1,320	1,426
Office Expenses		23	2,058	2,081	1,968
Computer/IT Costs		-	965	965	1,577
Subscriptions		268	988	1,256	1,317
Training & Development		1,662	730	2,392	642
Health, Safety and Security Costs		451	2,141	2,592	1,533
Repairs and Renewals		1,430	283	1,713	935
Depreciation charges		2,166	-	2,166	1,794
Operational Activities		2,297	2,289	4,586	6,002
Postage and Stationery		67	347	414	498
Bank Interest and Charges		82	-	82	24
Utilities		-	4,777	4,777	2,200
Volunteer Expenses		-	335	335	46
Insurance		-	1,848	1,848	1,443
Security costs		-	1,069	1,069	892
Cleaning		-	1,431	1,431	1,436
Governance costs	8	4,406	17,413	21,819	17,672
		<u>39,815</u>	<u>233,365</u>	<u>273,180</u>	<u>172,964</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

8 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Independent examiner fees				
Examination of the financial statements	-	3,810	3,810	2,644
Other fees paid to examiners	-	1,397	1,397	1,139
Professional Fees	4,406	12,206	16,612	13,889
	<u>4,406</u>	<u>17,413</u>	<u>21,819</u>	<u>17,672</u>

9 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	<u>2,166</u>	<u>1,794</u>

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	203,635	125,893
Social security costs	9,892	2,151
Pension costs	3,642	1,316
	<u>217,169</u>	<u>129,360</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023	2022
	No	No
Chief Executive Officer	1	1
Youth Worker	1	1
Finance Officer	1	1
LGBTQ+ Awareness Co-ordinator	-	1
Counselling Co-ordinator	1	1
Media Officer	1	1
Administration and other staff members	3	4
	<u>8</u>	<u>10</u>

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £91,522 (2022 - £52,897).

12 Independent examiner's remuneration

	2023	2022
	£	£
Examination of the financial statements	<u>3,810</u>	<u>2,644</u>
Other fees to examiners		
All other services - accountancy	<u>1,397</u>	<u>1,139</u>

13 Taxation

The charity is a registered charity and is therefore potentially exempt from taxation on the basis that any surplus is used for charitable purposes.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

14 Tangible fixed assets

	Land and buildings £	Improvements to property £	Fixtures and fittings £	Computer equipment £	Plant and machinery £	Total £
Cost						
At 1 April 2022	207,000	69,567	8,097	5,691	7,312	297,667
Additions	-	-	1,754	625	-	2,379
At 31 March 2023	<u>207,000</u>	<u>69,567</u>	<u>9,851</u>	<u>6,316</u>	<u>7,312</u>	<u>300,046</u>
Depreciation						
At 1 April 2022	-	-	1,574	2,480	6,489	10,543
Charge for the year	-	-	1,056	905	206	2,167
At 31 March 2023	<u>-</u>	<u>-</u>	<u>2,630</u>	<u>3,385</u>	<u>6,695</u>	<u>12,710</u>
Net book value						
At 31 March 2023	<u><u>207,000</u></u>	<u><u>69,567</u></u>	<u><u>7,221</u></u>	<u><u>2,931</u></u>	<u><u>617</u></u>	<u><u>287,336</u></u>
At 31 March 2022	<u><u>207,000</u></u>	<u><u>69,567</u></u>	<u><u>6,523</u></u>	<u><u>3,211</u></u>	<u><u>823</u></u>	<u><u>287,124</u></u>

The initial purchase of the property was funded by donations and legacies. At that point, a new unrestricted fund account was created to deal with valuation movements in the property. As at the year end of 31 March 2023, the property was valued at £275,000 by Nicolas Percival Limited (estate agents & surveyors). The valuation in the accounts, which comprises of Land and buildings and improvements to property, is £276,567 which has been deemed reasonable by the Trustees. The Property Fund is shown within the Statement of Financial Activities on page 14 and the funds note (Note 18).

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

15 Debtors

	2023 £	2022 £
Trade debtors	3,532	9,089
Prepayments	-	400
Accrued income	236,131	387,875
	<u>239,663</u>	<u>397,364</u>

16 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	<u>378,559</u>	<u>240,250</u>

17 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	1,530	2,248
Other creditors	4,916	7,212
Accruals	5,047	3,767
	<u>11,493</u>	<u>13,227</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

18 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General fund	154,209	120,465	(41,994)	466	233,146
<i>Other</i>					
Property Fund	207,000	-	-	-	207,000
	<u>207,000</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>207,000</u>
Total unrestricted funds	<u>361,209</u>	<u>120,465</u>	<u>(41,994)</u>	<u>466</u>	<u>440,146</u>
Restricted funds					
Counselling CBC	17,500	22,834	(6,664)	-	33,670
Active Essex - Keep moving	1,245	-	(360)	-	885
Tendring Community CVST Grant	8,332	-	(5,425)	-	2,907
Community 360 Counselling	5,857	-	(4,666)	-	1,191
CVS Tendring - Realising Ambitions Fund Youth	29,816	-	(26,854)	(485)	2,477
ECC Youth Service YSG Commissioning	5,815	-	(1,921)	-	3,894
ECF Adult Mental Health post Covid counselling	12,255	-	(5,939)	-	6,316
ECF Provide	6,915	-	(1,965)	-	4,950
ECF Provide - Trans Youth Resources Fund	2,000	-	(1,288)	-	712
ECF Realising Ambitions April 2021	(19)	-	-	19	-
ECVYS Essex Council for Grassroots	135	-	-	-	135
Essex Police - CDSF Project	3,760	-	-	(3,760)	-
Mind in West Essex Alliance Covid Fund	4,605	-	(2,967)	-	1,638
PCC for Essex VVCS Grant	12,615	-	(10,687)	3,760	5,688

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
The Julia and Hans Rausing Trust	9,299	-	(2,663)	-	6,636
The National Lottery Community Fund	430,172	-	(141,395)	-	288,777
Colchester Borough Homes - Community Initiative Fund	-	1,000	-	-	1,000
Colchester Catalyst - Young persons counselling	-	10,000	-	-	10,000
ECF High Sheriff Fund - Youth Forum	-	6,040	-	-	6,040
Feel Well Fund HWB	-	49,190	-	-	49,190
Globals Make Some Noise - Health and Wellbeing	-	30,000	(17,042)	-	12,958
Peoples Health Trust - Volunteers	-	8,414	(3,559)	-	4,855
TNL Awards for all - Counselling support	-	10,000	-	-	10,000
Total restricted funds	<u>550,302</u>	<u>137,478</u>	<u>(233,395)</u>	<u>(466)</u>	<u>453,919</u>
Total funds	<u><u>911,511</u></u>	<u><u>257,943</u></u>	<u><u>(275,389)</u></u>	<u><u>-</u></u>	<u><u>894,065</u></u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General fund	33,332	58,236	(12,599)	75,240	154,209
<i>Other</i>					
Property Fund	207,000	-	-	-	207,000
	<u>207,000</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>207,000</u>
Total unrestricted funds	<u>240,332</u>	<u>58,236</u>	<u>(12,599)</u>	<u>75,240</u>	<u>361,209</u>
Restricted					
Big lottery LGBTQ+ Awareness Project balance	5,393	-	(6,728)	1,335	-
Big Lottery COVID-19 response (JUL-20)	8,727	-	(7,939)	(788)	-
Big Lottery COVID-19 response (MAR-21)	67,157	-	(66,203)	(954)	-
Big Lottery Awards for All	1,918	-	-	(1,918)	-
Counselling CBC	9,099	22,834	(14,433)	-	17,500
ECF - Young persons counsellor	3,376	-	(12)	(3,364)	-
Essex Police - VCC grant	5,828	-	(1,248)	(4,580)	-
Active Essex - Keep moving	2,160	-	(915)	-	1,245
Tendring Community CVST Grant	5,070	6,070	(2,808)	-	8,332
Community 360 Counselling	-	6,967	(1,110)	-	5,857
CVS Tendring - Realising Ambitions Fund Youth	-	29,900	(84)	-	29,816
ECC Youth Service YSG Commissioning	-	5,815	-	-	5,815
ECF Adult Mental Health post Covid counselling	-	12,255	-	-	12,255
ECF Provide	-	9,860	(2,945)	-	6,915
ECF Provide - Trans Youth Resources Fund	-	2,000	-	-	2,000
ECF Realising Ambitions April 2021	-	7,300	(7,319)	-	(19)

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
ECVYS Essex Council for Grassroots	-	250	(115)	-	135
Essex Police - CDSF Project	-	8,940	(5,180)	-	3,760
Mind in West Essex Alliance Covid Fund	-	4,605	-	-	4,605
PCC for Essex VVCS Grant	-	12,615	-	-	12,615
The Julia and Hans Rausing Trust	-	10,470	(1,171)	-	9,299
The National Lottery Community Fund	-	462,557	(32,385)	-	430,172
Essex Community Fund (Youth project)	1,098	-	-	(1,098)	-
ECF - Raising Aspirations small grants	2,057	-	-	(2,057)	-
Main Grant - Awards for all (youth group)	9,835	-	(9,835)	-	-
Tangible Fixed Assets	61,816	-	-	(61,816)	-
Total restricted funds	<u>183,534</u>	<u>602,438</u>	<u>(160,430)</u>	<u>(75,240)</u>	<u>550,302</u>
Total funds	<u><u>423,866</u></u>	<u><u>660,674</u></u>	<u><u>(173,029)</u></u>	<u><u>-</u></u>	<u><u>911,511</u></u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

Unrestricted Funds

Unrestricted funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the charity.

Property Fund

The initial purchase of the property was funded by donations and legacies. At that point, a new unrestricted fund account was created to deal with valuation movements in the property.

Restricted Funds

1. **Counselling CBC** - A grant awarded for the roles of Counselling Coordinator and Clinical Supervision for counselling staff.
2. **Active Essex - Keep moving** - A grant to support people with Covid lock down mental health issues through mindfulness sessions.
3. **Tendring Community CVST Grant** - Grants received in the previous years to provide men's counselling across Tendring to ensure men's mental health is better supported.
4. **Community 360 Counselling** - Grants received last year by the Charity to provide the counselling support Feel Well Supporting Mental Well-being Project in the Colchester area.
5. **CVS Tendring- Realising Ambitions Fund Youth** - A grant funded by the North East Essex Health and Well-being Alliance funding administered through CVS Tendring. The money has been used delivering a 'Youth Worker' project.
6. **ECC Youth Service YSG Commissioning** - A grant of £5,815 was received last year to provide a weekly youth provision in Tendring.
7. **ECF Adult Mental Health post Covid Counselling** - A grant of £12,255 was received last year from the Essex Covid Response Fund to provide a Colchester based counselling service for the LGBTQ+ community whose mental health has been affected by the pandemic.
8. **ECF Provide** - Grants last year were awarded to employ a health and well-being support worker and develop a programme to improve the health and well-being of the LGBTQ community in and around Colchester.
9. **ECF Provide - Trans Youth Resource Fund** - A grant of £2,000 was awarded last year by ECF to provide resources for Trans Youth support and to update the current office equipment for staff working on-site.
10. **ECF Realising Ambitions April 2021** - Last year the fund had been overspent by £19. This has been transferred to unrestricted funds in the year.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

11. **ECVYS Essex Council for Grassroots** - A grant awarded to remobilise grassroots children's and youth clubs.
12. **Essex Police - CDSF Project** - Funding was provided counselling for vulnerable young people at risk of bullying. This has been merged with the PCC grant for the same purpose.
13. **Mind in West Essex Alliance Covid Fund** - A grant of £4,605 was awarded last year to employ a worker to run our Saturday socials for anyone to attend to meet for a relaxed meeting friend group.
14. **PCC for Essex VVCS Grant** - A grant of £12,615 was given last year to provide counselling for vulnerable young people at risk of bullying. The Essex Police fund has been merged with this fund as were both donated by the same organisation for the same purpose.
15. **The Julia and Hans Rausing Trust** - A grant was awarded last year towards the core costs of the Charity.
16. **The National Lottery Community Fund (Youth Project)** - The National Lottery community Fund has funded a programme called RC London and South East Region. A grant of £462,557 over 3 years has been awarded so the Charity can continue to support improvement in the health and wellbeing of LGBTQ+ communities alongside a ground breaking integration of the LGBTQ+ and wider Colchester and Essex communities. Although only £226,425 has been received, the additional £236,130 has been accrued in the accounts as the income recognition criteria has been met.
17. **Colchester Borough Homes** - Funding to enable us to develop the support we offer further which includes additional support groups, over 18s social group and a Queer families group. It will also be used to offer a warm safe space for people to come to.
18. **Colchester Catalyst** - Funding to provide counselling for young people who identify as part of the LGBTQ+ community.
19. **ECS High Sheriff Fund** - Grant awarded to establish a youth forum for the young LGBTQ+ community across Colchester and Tendring to help address concerns, increase wellbeing and improve community understanding.
20. **Feel Well Fund HWB** - 2 year fund to continue to provide the Health and Wellbeing service (see below)
21. **Globals Make Some Noise** - PART A Project Funding to continue to fund the Health & Wellbeing service for one year to provide support to vulnerable and isolated people in the LGBTQ+ community.
22. **Peoples Health Trust** - Two year fund to employ a volunteer officer to run and improve our volunteer project
23. **TNL Awards for all** - Counselling support one year grant to provide counselling for adult members of the LGBTQ+ community.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

19 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	355,336	-	355,336
Current assets	159,255	458,967	618,222
Current liabilities	(6,445)	(5,048)	(11,493)
Total net assets	508,146	453,919	962,065
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2022 £
Tangible fixed assets	287,124	-	287,124
Current assets	82,346	555,268	637,614
Current liabilities	(8,261)	(4,966)	(13,227)
Total net assets	361,209	550,302	911,511

20 Related party transactions

There were no related party transactions in the year.

The OutHouse

England & Wales - Charity number 1006244

Accounts

Charity registration number: 1006244

The Outhouse

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Lambert Chapman LLP
3 Warners Mill
Silks Way
Braintree
Essex
CM7 3GB

The Outhouse

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The Outhouse

Reference and Administrative Details

Trustees	M J Gillingham D Dellar-Thompson J Wilkins S Mannix
Chief Executive Officer	J Russell
Charity Registration Number	1006244
Principal Office	The Outhouse 19 East Hill Colchester Essex CO1 2QX
Independent Examiner	Lisa Greenwood FCCA Lambert Chapman LLP 3 Warners Mill Silks Way Braintree Essex CM7 3GB
Bankers	HSBC Bank Plc 26 High Street Colchester Essex CO1 1DQ

The Outhouse

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2022.

Objectives and activities

Objects and aims

The OutHouse aims to have a significant and lasting impact on the lives of the LGBTQ+ community in Essex: improving their mental health, sense of security and safety in their educational and working environment, as well as supporting both individuals in the community, and those connected to it through families or other relationships.

There is no other LGBTQ+ charity serving the Essex community fulfilling the same role as The Outhouse. The current focus is on North East Essex (NEE) for socials, youth work and counselling however we work across Essex offering our Awareness training sessions. The OutHouse promotes awareness of LGBTQ+ issues, visibility, and inclusion with outreach programmes, while working in partnership with other organisations and individuals to build a strong, cohesive, and influential LGBTQ+ voluntary and community sector.

Objectives, strategies and activities

Our core objectives are committed to increasing awareness of the issues that LGBTQ+ people face in education, employment and public services, and provide services and support for LGBTQ+ people who live or work in Essex, where people's needs have increased. We will offer specific, solution focused support, which builds confidence and improves emotional well-being in our area and across Essex with the aim of increasing resilience, independence, and reducing mental health issues and isolation in the LGBTQ+ community.

In the last year we have created a new statement of vision mission and values. We offer support and advice by phone and Zoom through to offering several social groups through to the comprehensive range of services and support that we have now. We work across all age groups with specific groups to support different needs. These include young people counselling and youth groups, parents counselling services, parents of young trans have their own support group. We have a Health and Well-being Officer for day-to-day issues and complex case work, social groups to encourage peer support and friendships, which include: Saturday socials, Craft with Pride, Men's Group and a Gender diversity group.

This year has been tough due to the ongoing Covid restrictions. It hindered us in starting to support people from the Centre. However the services and the teams continue to grow, in terms of both employed staff and volunteers.

We have been trying to get back to before Covid normality and, from April 2021, we started to open the centre up for structured groups to restart, with socials from September.

However, we have been successful in being able to gain continued funding to support our services.

The main areas of focus this year have been for Counselling and Youth Work, areas that we have seen an over 50% rise in referrals and attendance at groups.

We have also been incredibly fortunate in acquiring 3 years funding from the National Lottery to fund the office and management teams, Lloyds Bank foundation funding for 2 years for the counselling service, as well as a plethora of yearly counselling funding, including men's mental health and young people.

Public benefit

The Trustees believe that the activities undertaken within the charity, to fulfil its aims and objectives, are done so to further public benefit.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The Outhouse

Trustees' Report

Use of volunteers

Volunteering is encouraged throughout the organisation - we rely on the volunteers who support us in a variety of ways including volunteer counsellors, group leaders and workers who support Saturday socials and youth work. They help us to deliver service or projects in a more effective and efficient way, it supports us to build relationships within the community and contribute to supporting others in the community.

By providing volunteering opportunities, we give our community opportunities for social inclusion, skills development and potential routes to employment. There is also evidence that volunteering can help to improve health and well-being for individuals. Our volunteers are the bedrock of our Charity and without them we would not be able to offer all the support services that we have to offer our community.

We have a core number of volunteers (approx. 10) who support many of our services, through running specific groups and activities and offering peer support, to being part of the counselling service. All are overseen by the management team, have a full induction, and have regular meetings. They too take part in our training including safeguarding and first Aid and have completed advanced DBS. We consider them to be an integral piece of the team.

Achievements and performance

Our current focus for the support we offer is across North East Essex (NEE) for socials, youth work and counselling, however we work across Essex offering our awareness training sessions.

The OutHouse promotes awareness of LGBTQ+ issues, visibility, and inclusion with outreach programmes, while working in partnership with other organisations and individuals to build a strong, cohesive, and influential LGBTQ+ voluntary and community sector.

The OutHouse provides services specifically tailored to the LGBTQ+ community while creating safe spaces for members of this marginalised community, where their concerns are addressed and they are treated with dignity and respect.

We are well placed in the centre of Colchester and are aware of the needs of what our community needs are.

We have a variety of ways of involving our community, through social media, awareness sessions, social occasions, youth work and our counselling services.

Our achievements this year include:

- gaining additional funding for all the main support services to ensure that we can continue to offer these long term; and
- funding for the back office support staff ,who give vital support to those working in the field.

We continued to offer many of our services through the covid pandemic and gained additional funding to ensure that specific equipment was available to offer online support which included training and counselling services.

Due to the increase of our profile, we are now being recognised as experts in our fields with regards to the LGBTQ+ community and have often been contacted for support with policy change and staffing.

We have increased the number of services for the community often with specific support in mind, for instance, a Men's group, parents group whose child maybe transitioning, youth groups across Colchester and Tendring. We also have a youth group to support young people who are transitioning.

The Outhouse

Trustees' Report

The OutHouse works in partnership with other organisations where specialist support is required such as mental health, domestic abuse, legal issues and hate crime. Outhouse has been funded to deliver training and support services by a number of agencies including Next Chapter, Cara, East Suffolk and North East Essex foundation trust, Youth Enquiry Service (YES), as well as with several educational institutions: e.g. University of Essex, 6th Form College, and Colchester Institute. This year we have been one of the Mayor's charities supporting Diversity and Equality.

Services

Development of services and staffing to offer a broad range of support advice and guidance, which includes the development and consolidation of the counselling services and the start-up and development of the young people's services.

The establishment of working practices, policies, and procedures.

We have enhanced our public profile and engagement and asked to be representatives at many local and county wide meetings.

We have turned around the Awareness training which has been the catalyst for the development of services and which has helped us to raise our profile across the sector.

This has led to us to developing additional materials, and being commissioned by organisations for training, which includes Essex County council to train all staff.

As our training becomes more successful, we have seen a growth in organisations wishing to work in partnership to support LGBTQ+ services, one being the East Suffolk and North Essex Foundation Trust who have commissioned training for their staff, ensured that we have a seat at their LGBTQ+ network forum, worked alongside our young people to encourage them to participate in designing posters supporting the LGBTQ+ community and working alongside our Gender diversity group to look at the needs of the Trans community when accessing health services.

Our Centre

We are the only organisation this side of London who have been gifted a building specifically to support the LGBTQ+ community in our locality. We are often the first point of contact for people, having our own space enables us to offer information and support roles, increase opening times and to be a place where the LGBTQ+ community feel safe to meet and socialise, and therefore minimising the risk of social isolation often linked to mental health issues.

We were awarded a capital grant from Colchester Catalyst and The National Lottery Community Fund which enabled us to upgrade and decorate our building and has made us compliant in supporting people with disabilities (lift access and toilets).

The OutHouse has been operating in Colchester for many years and has established a good reputation for supporting the LGBTQ+ community.

We have our own building which gives us stability and enables us to offer consistency of services to our community. Services are tailored to the specific need of the client group through consultation and need. Having our own centre gives us greater scope to work in partnership with other organisations and encourage many communities through the door.

The Outhouse

Trustees' Report

We believe that we bring about a significant improvement in the health and well-being of LGBTQ+ communities alongside a ground-breaking integration of the LGBTQ+ and wider Colchester and Essex communities. We have become a hub of expertise and services for this community.

We are working with key partners to provide additional access to opportunities and advice around services which:

- address discrimination;
- activate the community in finding ways to bring the community together to tackle problems jointly;
- engage with a wider audience to ensure that they have a broader knowledge in the awareness of the LGBTQ+ community.

The Outhouse is an LGBTQ+ led organisation which is deeply embedded in the community and has tackled significant barriers to engagement.

There are 4 main ways people and communities are involved with the project:

- staff actively engage in conversations with group members about development of the services and we gain information from referrals to look at future development of services;
- by working collaboratively with our community, we aim to bring about change on a social level, we want to do the social knitting required to create a stronger and more resilient community and to offer support to identify and remove the barriers that prevent them from living active and connected lives. Concerns have been highlighted for those people who are most vulnerable in our community so we would like to develop a local LGBTQ+ mutual aid/support service to meet these needs;
- feedback and evaluation - we have been collating information from a recent survey monkey questionnaire and the results have supported us in defining the way that we offer and develop services. The awareness sessions are regularly updated by our training facilitator who uses her experiences and knowledge of the LGBTQ+ community to review and develop the programme. The programme changes are discussed with our client group and outside agencies - following their feedback, we then change and adapt the sessions as needed;
- we tailor our sessions to suit client groups - for example, when we have offered training in schools, the target audiences varied in age so, for young children, we looked at families, how families are different and how it is ok to be different. We have a systematic monitoring scheme using evaluation forms, attendance sheets and feedback forms to ensure services meet individual needs. We have now updated our evaluation forms which can now be completed online and a course CPD certificate available once completed.

The Outhouse

Trustees' Report

Performance of fundraising activities against objectives set

In the past three years we have been successful in gaining additional funding to develop the services at The OutHouse.

We recently secured three year funding from the National Lottery to fund the posts of the back office staff including the Chief Executive Officer, the Operations Manager, Media Officer, Finance Officer and other administration staff.

We gained three year funding for therapeutic work from UK Youth Fund Thriving Minds to support our neurodiverse young people to initiate change in enabling them to attend groups and activities.

We gained two year funding from Lloyd's Bank Foundation for additional development of the Counselling service.

A year's funding grant through Make Some Noise has been gained to further support the health and well-being service.

We secured three-year funding from Colchester Borough Council to employ a Counselling Co-ordinator to support the development and delivery of the counselling service and to employ a clinical supervisor to support our counsellors.

We gained several smaller pots of funding to support our youth work and our counselling team.

Our latest success has been through the Essex PFCCE (Police, Fire and Crime Commissioner for Essex), one of whose priorities is to respond to the needs of individuals and local communities who are vulnerable to specific crime types such as hate crime, elder abuse, harassment, human trafficking, female genital mutilation (FGM), forced marriage and honour-based abuse (HBA).

We gained 2 years funding to support young people through a variety of mediums, including therapeutic work.

Our funding has exceeded our objectives this year.

We have seen an increase in the long-term funding being offered. Our grant income within these accounts amounts to £627,438, £602,438 of restricted grants and £25,000 of unrestricted grants, as shown in notes 2 and 3 within these financial statements. It is important to note that we have physically received £239,563 of this funding; the remaining £387,875 - funding from The National Lottery Community Fund - had not been received by the Balance Sheet date but has been recognised as accrued income as all income recognition criteria has been met.

We continue to bring in funding to support and develop the services at The OutHouse, which include the counselling service, youth projects and other groups and activities.

The Outhouse

Trustees' Report

Financial review

Policy on reserves

The total reserves of the Charity are £911,511, of which £550,302 is restricted. Available free reserves (which excludes fixed assets) are £74,085.

We have a 3-month reserve policy of approx. £65,000 which would include staff costs, building and consultancy costs. Currently the reserves are only slightly in excess of the reserves policy figure and therefore we are happy that the Charity is able to cope with any future situations should they arise.

In order to assess the Charity's financial position and level of available reserves, the Trustees regularly review:

- a forecast income and expenditure account;
- a cash flow forecast showing the expected monthly cash flow;
- monthly reports to the Trustee board on finances which include:
 - updated restricted and non-restricted funds;
 - monthly budgets for individual funders;
 - income and expenditure reports which include:
 - regular income from counselling service;
 - regular income from training;
 - regular income from space rental.

The Outhouse

Trustees' Report

Principal funding sources

Our main source of funding is through grants which, in this year, as shown has exceeded our expectations.

We have changed our policy on charging for services and now generate income through counselling (means tested) and through room rental.

Due to a change in funding, we are now charging for our training - this is not used to generate additional income but to cover staffing costs for the trainer.

Since creating the first draft of our business plan in 2018 we have changed and adapted the services that run from the Outhouse.

We use the business plan as an ongoing development document and change and adapt it as the charity grows.

When this plan was developed, we had irregular funding, and only two services running. Due to the development and adaptation of the services, and how we are meeting client's needs, we have been in a better position to apply for additional funding to grow and develop.

A Funding Strategy is currently being worked on which will match the development of services.

Our aim is to look for long term funding for each of the current services and in three areas of our work, we have been successful in gaining multiple years of funding.

We continue to look for opportunities to commission services especially through the training packages.

We have recently been commissioned to offer a year's worth of training to Essex County Council, to offer all four training modules. ESNEFT for 2 years funding for training.

We have established a training fee for all training modules, and we also charge for large corporate organisations, including those outside of Essex.

Our counselling service has developed into a low cost, means tested, fee paying service and brings in a regular income. Counsellors are also given the opportunity of renting space to enable them to see private clients.

We raise funds through renting space, the organisations currently using the space have signed contracts for long term usage.

We also sell merchandise pertinent to the LGBTQ+ community (laces and badges).

Most of the projects are influenced by various external factors/risks, which are beyond the direct control of the charity. It is very important to identify those risks and the measures to be taken to address those risks. These risks could be because of the role and changing pattern of different stakeholders of the project, such as change in Government schemes/policies, behavioural change amongst the beneficiaries, etc.

Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The Outhouse

Trustees' Report

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	M J Gillingham
	D Dellar-Thompson
	J Wilkins
	S Mannix (appointed 11 April 2022)
	L McLeod (resigned 31 March 2022)
	V Kumar (resigned 31 March 2022)
	S Goody (resigned 31 May 2022)
	D Baxter (resigned 30 September 2022)
Chief Executive Officer:	J Russell

Structure, governance and management

Nature of governing document

The Charity is a registered unincorporated charity which is governed by a constitution adopted on 29 April 1991, subsequently amended on 28 October 1991, 21 October 1992, 8 August 1993, 1 July 2000, 23 May 2012 and most recently on 12 July 2021.

The Charity is working towards becoming a Charitable Incorporated Organisation (CIO).

Recruitment and appointment of trustees

We have a comprehensive trustee induction process starting with:

- Expression of interest;
- Completion of an application form;
- Interview by CEO and Chair if thought suitable;
- Attendance at three trustees meeting to look at how the board works and, if both parties are happy, consider being part of the Charity.

The Outhouse

Trustees' Report

Induction and training of trustees

All guidance pertinent to Trustees is shared with Trustees at the start of their journey with us, and through regular Trustees meetings, they are given charity commission guidance on becoming a trustee and information regarding our services and work practices.

The Trustees have to complete an interview and 3 trustees' meeting before the decision is made to fully commit them to a trustee role. All Trustees are expected to attend all in-house training, which includes Awareness training working with the Trans community and The OutHouse safeguarding training.

The Trustees are encouraged to attend the centre and meet the staff team and to attend some of the social groups to get to know the community properly. We have regular team and Trustee away days to share guidance and knowledge.

The training provided to Trustees includes:

- Safeguarding policy and training;
- Health and safety;
- Awareness training through the OutHouse;
- Equality and diversity.

Trustees receive a Charity Commission handbook for trustees and are encouraged to attend trustees training.

Organisational structure

The strategic trustees board includes the CEO, Operations Manager, Training Co-ordinator, Counselling Co-ordinator, Health and Well-being Officer, Youth Worker and Finance Officer.

The Charity has a Social Media Officer and Administrator, paid counsellors and volunteer counsellors.

Volunteers for groups and activities.

We also work with a plethora of charities and organisations, including Cara, Next Chapter, ESNEFT, ECC and YES,

The Outhouse

Trustees' Report

Major risks and management of those risks

Time limited funding

We increasingly find this to be a difficult situation, yearly funding enables us to start projects and support, however this doesn't lend itself to offer sustainability for the organisation or for the client support.

Emerging competition

As we grow, we have recognised that additional organisations offer the same or similar to our offer, especially with regards to training, so we must endeavour to always keep ourselves ahead in what and how we offer our services.

LGBTQ+ not a Government priority

It is well known that the LGBTQ+ agenda is not a priority for our government - in the 2018 government Action plan it states that "we have allocated funding up until March 2020 to deliver the plan and we will look to secure additional funding beyond March 2020 when departmental budgets are set later in the Parliament". Unfortunately, the first tranche of funding was shared and nothing has been given since then!

Homophobia

Homophobia is on the increase. According to Home Office figures, hate crimes against people based on sexual orientation have risen every year in England and Wales from 2016/17 to 2020/21. In 2016/17, there were 8,569 of these crimes recorded by police, but last year this figure was 17,135. For hate crimes against transgender people, this figure has risen from 1,195 to 2,630 in the same period.

Lack of funding for long term

In a recent report by Lloyd's bank foundation it states "while emergency funding in 2020 ensured that many could keep their doors open, adapt their delivery models to continue to support people and meet the increased demand and complexity in need, many now face an uncertain future," Charities have also reported increased competition for grants and contracts in the last year, while complex issues led to higher costs for charities to deliver their services.

The annual report was approved by the trustees of the charity on 25 October 2022 and signed on its behalf by:

.....
M J Gillingham
Trustee

The Outhouse

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 25 October 2022 and signed on its behalf by:

.....
M J Gillingham
Trustee

The Outhouse

Independent Examiner's Report to the trustees of The Outhouse

I report to the trustees on my examination of the accounts of The Outhouse for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of The Outhouse you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the The Outhouse's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since The Outhouse's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Outhouse as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Lisa Greenwood FCCA

Lambert Chapman LLP
3 Warners Mill
Silks Way
Braintree
Essex
CM7 3GB

27 October 2022

The Outhouse

Statement of Financial Activities for the Year Ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Property Fund £	Total 2022 £	Total 2021 £
Income and Endowments from:						
Donations and legacies	2	38,839	-	-	38,839	5,255
Charitable activities	3	18,900	602,438	-	621,338	259,531
Other trading activities	4	473	-	-	473	-
Investment income	5	24	-	-	24	18
Total income		<u>58,236</u>	<u>602,438</u>	-	<u>660,674</u>	<u>264,804</u>
Expenditure on:						
Raising funds	6	(55)	(10)	-	(65)	(649)
Charitable activities	7	(12,544)	(160,420)	-	(172,964)	(137,780)
Total expenditure		<u>(12,599)</u>	<u>(160,430)</u>	-	<u>(173,029)</u>	<u>(138,429)</u>
Net income		45,637	442,008	-	487,645	126,375
Gross transfers between funds		<u>75,240</u>	<u>(75,240)</u>	-	-	-
Net movement in funds		120,877	366,768	-	487,645	126,375
Reconciliation of funds						
Total funds brought forward		<u>33,332</u>	<u>183,534</u>	<u>207,000</u>	<u>423,866</u>	<u>297,491</u>
Total funds carried forward	18	<u><u>154,209</u></u>	<u><u>550,302</u></u>	<u><u>207,000</u></u>	<u><u>911,511</u></u>	<u><u>423,866</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2021 is shown in note 18.

The Outhouse

(Registration number: 1006244) Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	14	287,124	283,888
Current assets			
Debtors	15	397,364	500
Cash at bank and in hand	16	<u>240,250</u>	<u>146,710</u>
		637,614	147,210
Creditors: Amounts falling due within one year	17	<u>(13,227)</u>	<u>(7,232)</u>
Net current assets		<u>624,387</u>	<u>139,978</u>
Net assets		<u>911,511</u>	<u>423,866</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	18	550,302	183,534
Unrestricted income funds			
Unrestricted funds		<u>361,209</u>	<u>240,332</u>
Total funds	18	<u>911,511</u>	<u>423,866</u>

The financial statements on pages 14 to 30 were approved by the trustees, and authorised for issue on 25 October 2022 and signed on their behalf by:

.....
M J Gillingham
Trustee

The Outhouse

Cash Flow Statement for the Year Ended 31 March 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash income		487,645	126,375
Adjustments to cash flows from non-cash items			
Depreciation	6	1,794	1,847
Investment income	5	<u>(24)</u>	<u>(18)</u>
		489,415	128,204
Working capital adjustments			
Increase in debtors	15	(396,864)	(500)
Increase in creditors	17	<u>5,995</u>	<u>3,702</u>
Net cash flows from operating activities		<u>98,546</u>	<u>131,406</u>
Cash flows from investing activities			
Interest receivable and similar income	5	24	18
Purchase of tangible fixed assets	14	<u>(5,030)</u>	<u>(38,222)</u>
Net cash flows from investing activities		<u>(5,006)</u>	<u>(38,204)</u>
Net increase in cash and cash equivalents		93,540	93,202
Cash and cash equivalents at 1 April		<u>146,710</u>	<u>53,508</u>
Cash and cash equivalents at 31 March		<u><u>240,250</u></u>	<u><u>146,710</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Outhouse meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Reclassification of comparative amounts

The comparative figures included within the financial statements have been amended in respect of the allocation between Expenditure on Raising Funds and Expenditure on Charitable Activities, so that the costs are recognised more in line with the Statement of Recommended Practice. The surplus reported for the year ended 31 March 2021 has not changed as a result of the reallocation of expenditure.

Judgements

Apart from those judgements involving estimations, the management team have not made any judgements in the process of applying the entity's accounting policies that have a significant effect on the amounts recognised in the accounts.

Key sources of estimation uncertainty

There are no key assumptions concerning the future or other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Income from grants is recognised when it can be clearly shown that the charity has entitlement to the funds, the value of the grant can be accurately measured and the receipt of the funds is probable.

Investment income

Investment income is recognised on a receivable basis.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements.

Taxation

The charity is potentially exempt from corporation tax on the basis that any surplus is used for charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Freehold property and improvements to property are held at fair value, derived from the current market prices for comparable real estate considered annually using observable market prices, adjusted if necessary for any difference in the nature, location or condition of the specific asset. Changes in fair value are recognised in the Statement of Financial Activities.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Plant and machinery	25% reducing balance
Fixtures and fittings	15% reducing balance
Computer equipment	25% reducing balance
Freehold property/improvements to property	revaluation policy as above

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those provided for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Donations and legacies;				
Donations from individuals	13,839	-	13,839	5,255
Grants, including capital grants;				
Grants	25,000	-	25,000	-
	<u>38,839</u>	<u>-</u>	<u>38,839</u>	<u>5,255</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Grant income	-	602,438	602,438	254,188
Commercial income	18,900	-	18,900	5,343
	18,900	602,438	621,338	259,531
	18,900	602,438	621,338	259,531

4 Income from other trading activities

	Unrestricted funds General £	Restricted funds £	Total funds £	Total 2021 £
Trading income;				
Merchandise sales	473	-	473	-
	473	-	473	-
	473	-	473	-

5 Investment income

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Interest receivable and similar income;				
Interest receivable on bank deposits	24	-	24	18
	24	-	24	18
	24	-	24	18

6 Expenditure on raising funds

a) Costs of trading activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Fundraising trading costs;				
Fundraising	55	10	65	-
Consumables	-	-	-	649
	55	10	65	649
	55	10	65	649

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

7 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Staff costs		2,729	126,631	129,360	96,942
Motor expenses		159	54	213	174
Telecommunications/Data Costs		43	1,943	1,986	1,837
Hire/Rent		1,426	-	1,426	840
Office Expenses		-	1,968	1,968	-
Computer/IT Costs		690	887	1,577	6,696
Subscriptions		37	1,280	1,317	1,135
Travel/Parking		-	-	-	3
Refreshments		-	-	-	416
Training & Development		418	224	642	453
Health, Safety and Security Costs		288	1,245	1,533	1,503
Repairs and Renewals		935	-	935	1,668
Depreciation charges		1,794	-	1,794	1,847
Operational Activities		2,421	3,581	6,002	-
Postage and Stationery		214	284	498	780
Bank Interest and Charges		24	-	24	8
Advertising		-	-	-	150
Volunteer expenses		46	-	46	-
Rates and water		-	139	139	422
Light and heat		-	2,061	2,061	1,306
Insurance		-	1,443	1,443	2,234
Security costs		-	892	892	869
Sundries		-	-	-	1,068
Cleaning		-	1,436	1,436	1,259
Christmas Gifts		-	-	-	450
Governance costs	8	1,320	16,352	17,672	15,720
		<u>12,544</u>	<u>160,420</u>	<u>172,964</u>	<u>137,780</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

8 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Independent examiner fees				
Examination of the financial statements	-	2,644	2,644	480
Other fees paid to examiners	-	1,139	1,139	480
Professional Fees	<u>1,320</u>	<u>12,569</u>	<u>13,889</u>	<u>14,760</u>
	<u><u>1,320</u></u>	<u><u>16,352</u></u>	<u><u>17,672</u></u>	<u><u>15,720</u></u>

9 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	<u>1,794</u>	<u>1,847</u>

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year. No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	125,893	92,563
Social security costs	2,151	2,990
Pension costs	<u>1,316</u>	<u>1,389</u>
	<u><u>129,360</u></u>	<u><u>96,942</u></u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022
	No
Chief Executive Officer	1
Youth Worker	1
Finance Officer	1
LGBTQ+ Awareness Co-ordinator	1
Counselling Co-ordinator	1
Media Officer	1
Administration and other staff members	4
	<hr/>
	10
	<hr/> <hr/>

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £52,897.

12 Independent examiner's remuneration

	2022	2021
	£	£
Examination of the financial statements	<hr/> 2,644	<hr/> 480
Other fees to examiners		
All other services - accountancy	<hr/> <hr/> 1,139	<hr/> <hr/> 480

13 Taxation

The charity is a registered charity and is therefore potentially exempt from taxation on the basis that any surplus is used for charitable purposes.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

14 Tangible fixed assets

	Land and buildings £	Improvements to property £	Fixtures and fittings £	Computer equipment £	Plant and machinery £	Total £
Cost						
At 1 April 2021	207,000	69,567	4,561	4,197	7,312	292,637
Additions	-	-	3,536	1,494	-	5,030
At 31 March 2022	<u>207,000</u>	<u>69,567</u>	<u>8,097</u>	<u>5,691</u>	<u>7,312</u>	<u>297,667</u>
Depreciation						
At 1 April 2021	-	-	779	1,756	6,214	8,749
Charge for the year	-	-	795	724	275	1,794
At 31 March 2022	<u>-</u>	<u>-</u>	<u>1,574</u>	<u>2,480</u>	<u>6,489</u>	<u>10,543</u>
Net book value						
At 31 March 2022	<u>207,000</u>	<u>69,567</u>	<u>6,523</u>	<u>3,211</u>	<u>823</u>	<u>287,124</u>
At 31 March 2021	<u>207,000</u>	<u>69,567</u>	<u>3,782</u>	<u>2,441</u>	<u>1,098</u>	<u>283,888</u>

The initial purchase of the property was funded by donations and legacies. At that point, a new unrestricted fund account was created to deal with valuation movements in the property. As at the year end of 31 March 2022, the property value of £207,000 within the accounts corresponds to the value of the Property Fund as shown within the Statement of Financial Activities on page 14 and the funds note (Note 18).

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Debtors

	2022 £	2021 £
Trade debtors	9,089	500
Prepayments	400	-
Accrued income	387,875	-
	<u>397,364</u>	<u>500</u>

16 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	<u>240,250</u>	<u>146,710</u>

17 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	2,248	2,069
Other creditors	7,212	4,363
Accruals	3,767	800
	<u>13,227</u>	<u>7,232</u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

18 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General fund	33,332	58,236	(12,599)	75,240	154,209
<i>Other</i>					
Property Fund	207,000	-	-	-	207,000
	<u>207,000</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>207,000</u>
Total unrestricted funds	<u>240,332</u>	<u>58,236</u>	<u>(12,599)</u>	<u>75,240</u>	<u>361,209</u>
Restricted funds					
Big lottery LGBTQ+ Awareness Project balance	5,393	-	(6,728)	1,335	-
Big Lottery COVID-19 response (JUL-20)	8,727	-	(7,939)	(788)	-
Big Lottery COVID-19 response (MAR-21)	67,157	-	(66,203)	(954)	-
Big Lottery Awards for All	1,918	-	-	(1,918)	-
Counselling CBC	9,099	22,834	(14,433)	-	17,500
ECF - Young persons counsellor	3,376	-	(12)	(3,364)	-
Essex Police - VCC grant	5,828	-	(1,248)	(4,580)	-
Active Essex - Keep moving	2,160	-	(915)	-	1,245
Tendring Community CVST Grant	5,070	6,070	(2,808)	-	8,332
Community 360 Counselling	-	6,967	(1,110)	-	5,857
CVS Tendring - Realising Ambitions Fund Youth	-	29,900	(84)	-	29,816
ECC Youth Service YSG Commissioning	-	5,815	-	-	5,815
ECF Adult Mental Health post Covid counselling	-	12,255	-	-	12,255
ECF Provide	-	9,860	(2,945)	-	6,915
ECF Provide - Trans Youth Resources Fund	-	2,000	-	-	2,000
ECF Realising Ambitions April 2021	-	7,300	(7,319)	-	(19)
ECVYS Essex Council for Grassroots	-	250	(115)	-	135
Essex Police - CDSF Project	-	8,940	(5,180)	-	3,760
Mind in West Essex Alliance Covid Fund	-	4,605	-	-	4,605
PCC for Essex VVCS Grant	-	12,615	-	-	12,615
The Julia and Hans Rausing Trust	-	10,470	(1,171)	-	9,299

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
The National Lottery Community Fund	-	462,557	(32,385)	-	430,172
Essex Community Fund (Youth project)	1,098	-	-	(1,098)	-
ECF - Raising Aspirations small grants	2,057	-	-	(2,057)	-
Main Grant - Awards for all (youth group)	9,835	-	(9,835)	-	-
Tangible Fixed Assets	61,816	-	-	(61,816)	-
Total restricted funds	<u>183,534</u>	<u>602,438</u>	<u>(160,430)</u>	<u>(75,240)</u>	<u>550,302</u>
Total funds	<u><u>423,866</u></u>	<u><u>660,674</u></u>	<u><u>(173,029)</u></u>	<u><u>-</u></u>	<u><u>911,511</u></u>

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

Unrestricted Funds

Unrestricted funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the charity.

Property Fund

The initial purchase of the property was funded by donations and legacies. At that point, a new unrestricted fund account was created to deal with valuation movements in the property. As at the year end of 31 March 2022, the property value of £207,000 within the accounts corresponds to the value of the Property Fund.

Restricted Funds

1. Big Lottery LGBTQ+ Awareness Project balance - A four year grant which fully funded a full-time and part-time LGBT awareness advisor/project co-ordinator, recruitment, general running expenses, training, travel, advertising and promotion, office equipment and organisational overheads.

2. Big Lottery COVID-19 response (JUL-20) - A grant for the continuation of OutHouse services.

3. Big Lottery COVID-19 response (MAR-21) - A grant the continuation of OutHouse services.

4. Big Lottery Awards For All - A grant awarded for counselling for all adults. During the previous year, restricted expenses had been classified as unrestricted in relation to this fund, and therefore a transfer has been recorded to correctly reflect the balance of the fund.

5. Counselling CBC - A grant awarded for the roles of Counselling Coordinator and Clinical Supervision for counselling staff.

6. ECF - Young persons counsellor- A grant awarded to provide a young personal counsellor. During the previous year, restricted expenses had been classified as unrestricted in relation to this fund, and therefore a transfer has been recorded to correctly reflect the balance of the fund.

7. Essex Police - VCC grant - A grant awarded to provide young peoples counselling who are at risk of violence or bullying. During the previous year, restricted expenses had been classified as unrestricted in relation to this fund, and therefore a transfer has been recorded to correctly reflect the balance of the fund.

8. Active Essex - Keep moving - A grant to support people with Covid lock down mental health issues through mindfulness sessions.

9. Tendring Community CVST Grant - Grants received in the previous year and the current year to provide men's counselling across Tendring to ensure men's mental health is better supported.

10. Community 360 Counselling - Grants amounting to £6,967 have been received by the Charity to provide the counselling support Feel Well Supporting Mental Well-being Project in the Colchester area.

11. CVS Tendring- Realising Ambitions Fund Youth - A grant of £29,900 has been funded by the North East Essex Health and Well-being Alliance funding administered though CVS Tendring. The money will be used delivering a 'Youth Worker' project.

12. ECC Youth Service YSG Commissioning - A grant of £5,815 has been received by the Charity to provide a weekly youth provision in Tendring.

13. ECF Adult Mental Health post Covid Counselling - A grant of £12,255 has been received by the Charity from the Essex Covid Response Fund to provide a Colchester based counselling service for the LGBTQ+ community whose mental health has been affected by the pandemic.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

14. ECF Provide - A grant of £9,860 has been awarded by the Diana Tinson Fund (£7,860) and the Provide Foundation (£2,000) which are administered by ECF to employ a health and well-being support worker and develop a programme to improve the health and well-being of the LGBTQ community in and around Colchester.

15. ECF Provide - Trans Youth Resource Fund - A grant of £2,000 has been awarded by ECF to provide resources for Trans Youth support and to update the current office equipment for staff working on-site.

16. ECF Realising Ambitions April 2021 - A grant of £7,300 to fund a youth worker.

17. ECVYS Essex Council for Grassroots - A grant of £250 has been awarded to remobilise grassroots children's and youth clubs.

18. Essex Police - CDSF Project - Funding of £8,940 to provide counselling for vulnerable young people at risk of bullying.

19. Mind in West Essex Alliance Covid Fund - A grant of £4,605 has been awarded to employ a worker to run our Saturday socials for anyone to attend to meet for a relaxed meeting friend group.

20. PCC for Essex VVCS Grant - A grant of £12,615 to provide counselling for vulnerable young people at risk of bullying.

21. The Julia and Hans Rausing Trust - A grant of £10,470 has been awarded towards the core costs of the Charity.

22. The National Lottery Community Fund (Youth Project) - The National Lottery community Fund has funded a programme called RC London and South East Region. A grant of £462,557 over 3 years has been awarded so the Charity can continue to support improvement in the health and wellbeing of LGBTQ+ communities alongside a ground breaking integration of the LGBTQ+ and wider Colchester and Essex communities. Although only £74,682 has been received in the year, the additional £387,875 has been accrued in the accounts as the income recognition criteria has been met.

23. ECF - Raising Aspirations small grants - A grant to be used for support costs for the Young peoples project, to enable the project to finance a variety of activities for the Young people which would include: games, craft materials, support for alternative activities including outside speakers, cultural visits and outside activities during the holiday periods.

24. Main Grant - Awards for all (youth group) - A grant to be used to employ a part time counsellor coordinator to help client access counselling and to undertake assessments of clients.

25. Tangible Fixed Assets - In previous years, tangible fixed assets had been acquired from restricted funds and were continued to be recognised as restricted funds. As there are no restrictions placed upon the use of the assets within the charity, these funds have been transferred to unrestricted funds.

The Outhouse

Notes to the Financial Statements for the Year Ended 31 March 2022

19 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2022 £
Tangible fixed assets	287,124	-	287,124
Current assets	82,346	555,268	637,614
Current liabilities	(8,261)	(4,966)	(13,227)
Total net assets	361,209	550,302	911,511
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2021 £
Tangible fixed assets	208,529	75,359	283,888
Current assets	32,603	114,607	147,210
Current liabilities	(800)	(6,432)	(7,232)
Total net assets	240,332	183,534	423,866

20 Related party transactions

There were no related party transactions in the year.

The OutHouse

England & Wales - Charity number 1006244

Accounts

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021
FOR
THE OUTHOUSE**

Martyn Lewis Chartered Accountants
1 Brewery House
Brook Street
Wivenhoe
Essex
C07 9DS

THE outhouse

CONTENTS OF THE FINANCIAL STATEMENTS for the Year Ended 31 March 2021

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Detailed Statement of Financial Activities	9 to 10

THE OUTHOUSE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1006244

Principal address

The Outhouse
19 East Hill
Colchester
Essex
CO1 2QX

Trustees

M Gillingham
D Deller-Thompson
M Frankham (resigned 31.3.21)
L Macleod
J Wilkins
V Kumar (appointed 12.4.21)

Independent Examiner

Martyn Lewis Chartered Accountants
1 Brewery House
Brook Street
Wivenhoe
Essex
C07 9DS

Approved by order of the board of trustees on 5 January 2022 and signed on its behalf by:

M Gillingham - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE OUTHOUSE

Independent examiner's report to the trustees of The Outhouse

I report to the charity trustees on my examination of the accounts of The Outhouse (the Trust) for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Martyn Lewis
ICAEW
Martyn Lewis Chartered Accountants
1 Brewery House
Brook Street
Wivenhoe
Essex
C07 9DS

25 January 2022

THE OUTHOUSE

**STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		10,596	2	10,598
Charitable activities				
Restricted		-	254,188	254,188
Investment income	2	<u>18</u>	<u>-</u>	<u>18</u>
Total		10,614	254,190	264,804
 EXPENDITURE ON				
Raising funds	3	1,408	1,173	2,581
Charitable activities				
Restricted		501	135,339	135,840
Other		<u>8</u>	<u>-</u>	<u>8</u>
Total		<u>1,917</u>	<u>136,512</u>	<u>138,429</u>
NET INCOME		8,697	117,678	126,375
 RECONCILIATION OF FUNDS				
Total funds brought forward		<u>231,635</u>	<u>65,856</u>	<u>297,491</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>240,332</u></u>	<u><u>183,534</u></u>	<u><u>423,866</u></u>

The notes form part of these financial statements

THE outhouse

BALANCE SHEET
31 March 2021

	Notes	Unrestricted funds £	Restricted fund £	Total funds £
FIXED ASSETS				
Tangible assets	7	208,529	75,359	283,888
CURRENT ASSETS				
Debtors	8	-	500	500
Cash at bank		<u>32,603</u>	<u>114,107</u>	<u>146,710</u>
		32,603	114,607	147,210
CREDITORS				
Amounts falling due within one year	9	(800)	(6,432)	(7,232)
		<u>31,803</u>	<u>108,175</u>	<u>139,978</u>
NET CURRENT ASSETS				
		<u>31,803</u>	<u>108,175</u>	<u>139,978</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>240,332</u>	<u>183,534</u>	<u>423,866</u>
NET ASSETS		<u>240,332</u>	<u>183,534</u>	<u>423,866</u>
FUNDS	10			
Unrestricted funds				240,332
Restricted funds				<u>183,534</u>
TOTAL FUNDS				<u>423,866</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 5 January 2022 and were signed on its behalf by:

M Gillingham - Trustee

THE outhouse

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on reducing balance
Computer equipment	- 25% on reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

THE OUTHOUSE

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021**

2. INVESTMENT INCOME

Deposit account interest	£ <u>18</u>
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3. RAISING FUNDS

Raising donations and legacies

Consumables	£ 649
Support costs	<u>1,932</u>
	<u><u>2,581</u></u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

staff	<u><u>6</u></u>
-------	-----------------

No employees received emoluments in excess of £60,000.

6. RESTRICTED FUNDS

The restricted funds relate to projects for training, health and well being and youth work.

7. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Plant and machinery £
COST			
At 1 April 2020	207,000	37,730	7,312
Additions	<u>-</u>	<u>31,837</u>	<u>-</u>
At 31 March 2021	<u>207,000</u>	<u>69,567</u>	<u>7,312</u>
DEPRECIATION			
At 1 April 2020	-	-	5,848
Charge for year	<u>-</u>	<u>-</u>	<u>366</u>
At 31 March 2021	<u>-</u>	<u>-</u>	<u>6,214</u>
NET BOOK VALUE			
At 31 March 2021	<u>207,000</u>	<u>69,567</u>	<u>1,098</u>

THE OUTHOUSE

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021**

7. TANGIBLE FIXED ASSETS - continued

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2020	740	1,633	254,415
Additions	<u>3,821</u>	<u>2,564</u>	<u>38,222</u>
At 31 March 2021	<u>4,561</u>	<u>4,197</u>	<u>292,637</u>
DEPRECIATION			
At 1 April 2020	111	943	6,902
Charge for year	<u>668</u>	<u>813</u>	<u>1,847</u>
At 31 March 2021	<u>779</u>	<u>1,756</u>	<u>8,749</u>
NET BOOK VALUE			
At 31 March 2021	<u><u>3,782</u></u>	<u><u>2,441</u></u>	<u><u>283,888</u></u>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade debtors	£ <u>500</u>
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9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade creditors	£ 2,069
Other creditors	<u>5,163</u>
	<u><u>7,232</u></u>

10. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	24,635	8,697	33,332
Revaluation reserve	<u>207,000</u>	-	<u>207,000</u>
	231,635	8,697	240,332
Restricted funds			
Restricted	65,856	117,678	183,534
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u><u>297,491</u></u>	<u><u>126,375</u></u>	<u><u>423,866</u></u>

THE OUTHOUSE

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021**

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	10,614	(1,917)	8,697
Restricted funds			
Restricted	254,190	(136,512)	117,678
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>264,804</u>	<u>(138,429)</u>	<u>126,375</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

THE outhouse

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 31 March 2021

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations, legacies & similar

5,255

Other Income

5,343

10,598

Investment income

Deposit account interest

18

Charitable activities

Grants

254,188

Total incoming resources

264,804

EXPENDITURE

Raising donations and legacies

Consumables

649

Support costs

Management

Travel/Parking

3

Motor

177

Refreshments

413

Telecommunication/Data Costs

1,837

Advertising

150

2,580

Information technology

Equipment Serv/Repair

60

Computer/IT Costs

6,696

Repairs and renewals

1,608

Licence Fees

158

8,522

Human resources

Wages

96,942

Independent Examiners

480

Subscriptions

977

Training/Seminars

453

Health & Safety Costs

1,503

100,355

Other

Rates and water

422

Carried forward

422

This page does not form part of the statutory financial statements

THE OUTHOUSE

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2021**

	£
Other	
Brought forward	422
Insurance	2,234
Light and heat	1,306
Postage and stationery	780
Sundries	1,068
Christmas Gifts	<u>450</u>
	6,260
Governance costs	
Hire /Rent	840
Security costs	869
Cleaning	1,259
Professional Fees	14,760
Accounts Fees	480
Plant and machinery	366
Fixtures and fittings	668
Computer equipment	813
Bank interest	<u>8</u>
	<u>20,063</u>
Total resources expended	<u>138,429</u>
Net income	<u><u>126,375</u></u>