

PENNYWELL NEIGHBOURHOOD CENTRE

England & Wales · Charity number 1005148

Details

Status Registered

Legal form Other

Registered 1991-10-24

Register [View on the Charity Commission register](#)

Contact

Address Pennywell Neighbourhood Centre
Pennywell Shopping Centre
Portsmouth Road
Sunderland
SR4 9AS

Phone 01915341477

Email receptionpnc@outlook.com

Website www.pennywellnc.co.uk

Activities

Objects: IN THE INTERESTS OF SOCIAL WELFARE TO PROVIDE FOR THE BENEFIT OF THE INHABITANTS OF THE AREA OF BENEFIT A NEIGHBOURHOOD CENTRE AND TO PROMOTE THEREIN AND IN THE AREA OF BENEFIT, FACILITIES AND ACTIVITIES SO AS TO RELIEVE POVERTY, ADVANCE EDUCATION AND IMPROVE THE CONDITIONS OF LIFE FOR THE SAID INHABITANTS

Activities: We offer activities that promote healthy living, the acquisition of life skills, independence and engagement with neighbours. These vary based on the needs and the expressed wishes of our users. Currently we provide: HEALTH, WELL-BEING AND SELF CARE EDUCATION, GARDENING CLUB, ARTS PROJECT, PEER MENTOR VOLUNTEERS, JOINT WORKING INITIATIVES WITH LOCAL PARTNERS, BREAKOUT (School Holiday Activities)

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** THE PENNYWELL ESTATE AND THE NEIGHBOURING ENVIRONS IN SUNDERLAND IN THE COUNTY OF TYNE AND WEAR
- Sunderland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£215,469	£241,631	-	-
2024-03-31	£283,375	£223,319	-	-
2023-03-31	£257,110	£234,280	-	-
2022-03-31	£205,916	£216,923	-	-
2021-03-31	£289,970	£218,009	-	-

Trustees

Name	Role	Appointed
BEVERLEY BULMER		2012-01-05
DENISE HALEY		
David Thompson		2022-11-21
Esdaile Boyling		2017-09-21
JULIE HANLY		
Kevin Doran		2019-04-25
Leanne Moore		2018-01-25
Peter Lovegrove		2015-04-30
Sharon Gunn		2024-04-22

Accounts

Pennywell Neighbourhood Centre

Unaudited Financial Statements

For the year ended 31 March 2025

Pennywell Neighbourhood Centre

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Year Ended 31 March 2025

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Pennywell Neighbourhood Centre

Officers and Professional Advisers

Registered Office and Operational Address

Pennywell Neighbourhood Centre
Pennywell Shopping Centre
Portsmouth Road
Sunderland
Tyne and Wear
SR4 9AS

Custodian Trustees

Denise Haley

Chief Executive

Gary Brooks

Trustees

Julie Hanly
Denise Haley
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran
David Thompson
Sharon Gunn

Independent Examiner

A. M. Henshaw FCCA,
Torgersens
Avalon House
St Catherine's Court
Sunderland
SR5 3XJ

Bankers

Co-operative Bank plc
5/6 Fawcett Street
Sunderland
Tyne and Wear
SR1 1RF

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2025

The trustees present their report together with the financial statements for the year ended 31 March 2025.

Reference and Administrative Information

Charity Name:-	Pennywell Neighbourhood Centre
Charity Registration Number:-	1005148
Registered Office and Operational Address	Pennywell Neighbourhood Centre Pennywell Shopping Centre Portsmouth Road Sunderland Tyne and Wear SR4 9AS

Custodian Trustees

Denise Haley

Management Committee Members

Julie Hanly
Denise Haley
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran
David Thompson
Sharon Gun

Structure, Governance and Management

The organisation has existed since 1989, and its objects and regulations are regulated by a trust deed under which the Charity is constituted as an unincorporated association. It has been registered as a charity (No. 1005148) since October 1991. The constitution states that its objects are:

“In the interests of social welfare to provide for the benefit of the inhabitants of the Pennywell estate and neighbouring environs in Sunderland in the county of Tyne and Wear [hereinafter called “the area of benefit”] a neighbourhood centre and to promote therein and in the area of benefit, facilities and activities so as to relieve poverty, advance education and improve the conditions of life for the said inhabitants.”

Recruitment and Appointment of the Management Committee

The management committee members are also the trustees of the Charity. All members, save co-optees, are elected at the AGM. One of the key strengths of the organisation is that it is firmly rooted in the community and is led by local people. The make-up of the Committee reflects this, with a majority of eight places being allocated to local residents with full membership of the Association. Usually, a number of these members seek to maintain their involvement for more than one year which gives continuity and stability to the Committee. New members are recruited by advertising around the area and by promoting the opportunity amongst Centre users. A further two places are open to nominated representatives of locally based organisations with which the Centre has strong working links, and a final two places are for associate members who are nominated staff representatives from PNC.

Trustees' Report

Year Ended 31 March 2025

Trustee Induction and Training

Most of the Committee members are familiar with the practical work of the Centre as they either are existing or past users of Centre services or have links to partner organisations. In addition to this, trustees receive induction training focusing on the constitution, the role of the Committee and its officers, and the need for DBS clearances. A rolling programme of policy and procedure review ensures that the trustees have an opportunity to familiarise themselves in detail with the running of the organisation and statutory responsibilities. Trustees are also encouraged to take part in training opportunities that are available at the Centre and within the wider voluntary sector network.

Risk Management

The Management Committee has identified the major risks to which the Charity is exposed and has ensured that there are a range of systems and procedures in place to address them. These are subject to regular review, and include:

- significant external risks to funding, which have been addressed through a business plan and regular budget review
- internal control risks which are minimised through financial and operational procedures
- policies and procedures to ensure compliance with health and safety requirements and standards
- protection of children and vulnerable adults addressed by obtaining enhanced CRB clearances for trustees, staff, and volunteers, working to Ofsted standards, having relevant protection and recruitment policies and procedures, and providing a programme of staff training.

The Centre receives support and insurance relating to personnel and employment matters as well as health and safety from Black Mountain. This has proved invaluable in dealing with a number of issues.

Organisational Structure

The Charity has a Management Committee comprised of up to twelve members as described earlier. It also has the capacity to appoint up to four co-optees, and these would normally be individuals who can bring specific areas of expertise or who are representatives of organisations with whom the Centre wishes to strengthen its links.

The day to day running of the Centre is delegated to a paid staff team which is headed up by the Chief Executive. All staff work within teams that are lead by line managers. Staff receive monthly supervision, and attend regular staff and team meetings. Most staff attend bespoke training that supports professional development.

Related Parties

The Charity has close links with Sunderland City Council to ensure that opportunities for professional development and guidance on standards are accessed.

Public Benefit Statement

The trustees have had regard to the Charity's Commission guidance on their legal duty on public benefit, and are satisfied that the charity delivers public benefit; and due regard is paid to the guidance on public benefit when deciding on what new projects the charity should undertake.

Mission Statement

"To improve the lives of our community through health and well-being services."

The need we address and why this is important

In Pennywell, widespread and chronic poverty has led to a significantly higher than average occurrence of the following 4 challenges:

1. Poor physical health
2. Poor mental health
3. Isolation and loneliness
4. Improving the ability to live independent

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2025

All of the above are related and represent multiple issues for many people. Poverty lies at the root of unhealthy lifestyle choices, (for example, lack of exercise, smoking and drinking too much, living on junk food, etc). These factors lead in turn to emergent physical and mental health issues such as poor general fitness, alcohol dependency and depression. The result of these challenges can include increased withdrawal from engagement in the community, growing social isolation and loneliness. Left unaddressed, this situation will often trigger a downwards spiral of increased substance use, reinforced social isolation and chronic illness. Many in our community have lived this way for decades – ultimately resulting for a high proportion in life changing illness (cardio vascular issues, long term depression, higher levels of life threatening issues such as heart disease, cancer, etc). In short, many of Pennywell's residents are locked into a self-reinforcing cycle of economic deprivation, physical ill-health, declining mental health, increasing social isolation and reduced personal resilience.

COVID-19 and now the cost of living crisis has amplified and exacerbated all of the above problems. For example, amongst our clients who already had financial difficulty there has been a return to previous unhealthy behaviours, as they do not have the income to continue with some of their positive health choices.

EVIDENCE RE: THE NEEDS WE DESCRIBE:

A) In 2020, we commissioned Dr. Mark Wetherell from Northumbria University to undertake a needs analysis amongst local people. Assessing the health, wellbeing and functioning of a sample of 41 individuals, Dr. Wetherell found that:

1) Older people in Pennywell were more likely than the wider older population to struggle with daily living tasks and were more dependent on others as a result. Dr. Wetherell concluded that, in Pennywell, "in the main, levels of function are low and dependency levels are high".

2) Pennywell residents reported almost twice the level of chronic stress than did the population at large.

3) Across a wide age range, Pennywell residents report role limitations caused by physical or emotional factors that are significantly worse than average. The evaluated group also scored very poorly (when compared against the general population) in terms of general health, physical functioning, emotional wellbeing and social functioning.

B) In a consultation with 43 project users in June 2023, 98% stated that they believed that attending our Health and Well-being Sessions helped to lower their stress; 93% stated that the sessions help them with their anxiety; 95% confirmed that their confidence is helped. 73% stated that they valued the social opportunities afforded by our activities.

Activities

Our purpose is to support the most vulnerable in our community to break the cycle described above, help them to adopt healthier life habits and so improve their mental, physical and emotional health in the long term. Given the need to target resources, we design our programmes to supporting specific groups of vulnerable people, for example older people, often living alone or otherwise socially isolated, people with learning disabilities, families living in poverty and young people.

Currently we provide:

1) **HEALTH AND WELL-BEING EDUCATION** (including things like Next Steps in Cookery and Seasonal Cooking [supporting kitchen confidence, cooking skills and nutritional knowledge]; Sit and Be Fit and 'Yoga' [focusing on physical fitness, flexibility and improved mental health through mindfulness]; Down Memory Lane [focusing on social interaction]).

2) **A GARDENING CLUB**; This gives users a sense of challenge, purpose and achievement. It provides physical activity, fresh air and comradeship. The activities are inherently mindful, absorbing and calming - and they keep people moving.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2025

3) An ARTS PROJECT (including Textiles, Card Crafts, [helping to maintain manual dexterity] and Singing [this addresses social isolation, addresses loneliness and has been proven to improve both mental and physical health]).

4) Peer Mentor volunteers help to design and deliver the programme. This gives them opportunities to meet their neighbours, increase their social interaction and build new relationships. This leads to reduced feelings of loneliness and isolation and improved emotional and mental well-being for the Peer Mentors – and contributes to improved nutrition, fitness and emotional health for the wider group.

5) Partnership activities with other local charities, such as Pennywell Community Centre and North East Dementia Care – joint events and activities (e.g. Christmas celebration, school holiday activities).

6) THE BREAD AND BUTTER THING is a food surplus distribution charity that offers a weekly shop for just £8.50. Funded by Gentoo, Pennywell Neighbourhood Centre was the first hub to open in Sunderland on 9th November 2022. It provides local residents with the opportunity to sign up and gain access to an average of £35 worth of items, including fresh fruit and veg, fridge favourites and cupboard staples.

7) LINKS FOR LIFE PROJECT; This delivery is a continuation of the Welcome Spaces project. They are places where people can gather for free in a warm, safe, welcoming place and enjoy a hot drink, some food, some activities and some company.

We work alongside Sunderland City Council and 32 other voluntary, community and social enterprise organisations as part of a network of Links for Life providers across Sunderland. The network of providers allows us to signpost any attendees who may need advice or practical solutions with debt, managing utilities, help with housing and more.

Strategic Goals

The 4 strategic goals for the organisation set out in our business plan for this period are:

Widen participation through developing existing services and creating new ones

We aim to expand the range and delivery activities of all our services to increase the number of people we can help, to help attract new funding and to raise our profile within the area. This will include creating brand new services alongside existing services.

Funding and Income Generation

Our key areas of service delivery remain the Health and Well-Being Skills Programme and landlord activities. The key challenge for them both is the continuation of funding. A funding strategy for the organisation in general and in particular the Health and Well-Being Skills Programme is fundamental to its long-term success and the ability of the organisation to deliver activities essential to local residents and those who travel in to the area to access our services.

Good Governance

We also need to maintain good governance of the organisation through the introduction of new local management committee members, allowing long-term committee members the opportunity to move on and making sure all committee members have the information they need to make decisions. We need to have a strategy in place for recruitment and selection of new committee members.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2025

Marketing and Promotion

Finally, we need to develop and adopt a marketing strategy that includes plans for improving our website, increasing our social media presence and making sure everyone who would benefit from our services knows about our services.

Achievements and Performance

Health and Well-Being Programme

During the course of this year we have offered activities that promote healthy living, the acquisition of life skills, independence and engagement with neighbours. Our projects are designed around sessional programmes. These vary based on the needs and the expressed wishes of our users and are described in more detail above.

Our programme places a strong emphasis upon celebrating achievement and ensuring that the gains our service users make are recognised by their families and the wider community.

We have now been awarded a further three years of funding for this project from the National Lottery Community Fund. This major funding will take the project through to June 2028.

North East Dementia Care

Our tenant, who signed a new lease in 2025 that runs until 2028. They offer day care support to people living with Dementia in Sunderland and the surrounding areas. Day care includes; stimulating activities, hot lunch and transport. We have developed a strong working partnership with them since they moved in.

Links for Life

Extension funding for this project has been obtained and this will now run until the end of March 2026.

Marketing

Our website, www.pennywellnc.org was updated in 2025 to reflect any changes to our service delivery.

Financial Review

Against a continuing background of reduced funding across the country as a whole with the end of funding programmes, the cutting of funding from government, the impact of the cost of living crisis and increased pressures on grant funders, the Centre's main priorities have been to address shortfalls in core funding, and to try to secure the sustainability of its key services by looking at our income generation strategies.

Principal Funding Sources

With regard to the core funds the Centre has been fortunate in receiving support from NHS Sunderland Clinical Commissioning Group until March 2025. Taken together with rental income from North East Dementia Care, this means we have been able to meet our core costs for the year.

The main source of funding for our service delivery and to support and expand the work of the centre came from a number of different sources. We received significant funding from the National Lottery Community Fund, Awards for All, Community Foundation, Garfield Weston, Sir John Priestman Charity Trust and Sunderland City Council Links for Life.

Also, smaller grants and in kind donations have also made a huge impact. This year we benefited from continued funding from the Joseph Strong Frazer Trust, small grants from the Hadrian Trust, ASDA Foundation, Music for All, The Joicey Trust, Sabina Sutherland Charitable Trust, Hospital of God, Leslie and Lillian Manning Charitable Trust, Percy Hedley 1990 Charitable Trust and King Charles III Fund, and other small fundraising activities.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2025

Investment Policy

Currently no reserves are invested and this will continue to be reviewed annually.

Reserves Policy

The Management Committee has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be approximately 6 months of running costs - which currently equates to roughly £100,000. At this level the Management Committee feel they would be able to continue the current activities of the charity in the event of a significant drop in funding until lost funding could be replaced or alternative business plans drawn up.

Plans for Future Periods

The organisation will continue working to obtain alternative sources of funding to make sure the organisation is sustainable in the long term.

Other funding and sources of income will include rental of office space to other organisations and more advertising of the space will be required.

Joint working initiatives with North East Dementia Care and other local organisations will continue to be explored and built in to future delivery models and funding requirements.

Members of the Management Committee

The members of the Management Committee who are the trustees of the Charity, and who served during the year and up to the date of this report are listed at the beginning of this report.

Statement of the Management Committee's Responsibilities for Financial Statements.

The Charities Act 2011 requires the Management Committee to keep proper records of accounts with respect to the affairs of the charity, and prepare statements of account for each accounting period consisting of a statement of financial activities and a balance sheet. The Management Committee are also responsible for safeguarding the charity's assets, and hence for taking reasonable steps for the prevention and detection of error, fraud, and other irregularities.

In preparing the financial statements the Management Committee are expected to:

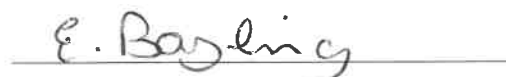
- Select suitable accounting policies and apply them consistently, making judgements and estimates that are reasonable and prudent;
- Following the recommendations of the Charity Commission and of the accounting profession with regard to the form and content of the financial statements or to disclose and explain any departures therefrom; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue to meet its objectives.

Examiner

The examiner, Mrs A. M. Henshaw of Torgersens, will be proposed for re-appointment at the Annual General Meeting.

This report was approved by the trustees on

Signed on behalf of the trustees by



Name ESDAILE BAYLING

Date 21 / 1 / 2026

Independent Examiner's Report to the Trustees of

Pennywell Neighbourhood Centre

Year Ended 31 March 2025

I report on the financial statements of the Charity for the year ended 31 March 2025 which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 ("The Charities Act") and that an independent examination is needed.

It is my responsibility to:

- ◆ examine the financial statements under section 145 of the 2011 Act;
- ◆ to follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- ◆ to state whether any particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- ◆ to keep accounting records in accordance with section 130 of the 2011 Act; and
- ◆ to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



A. M. Henshaw FCCA
Torgersens
Chartered Accountants
Avalon House
St Catherine's Court
Sunderland
SR5 3XJ

Date: 21/01/25

Pennywell Neighbourhood Centre

Unaudited Statement of Financial Activities

Year Ended 31 March 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Income and Expenditure					
Income					
Income from generated funds					
Donations and legacies	2a	48,000	125,767	173,767	224,394
Income from investment	2b	33,471	-	33,471	44,000
Income from charitable activities	3	8,231	-	8,231	14,981
Total income		<u>89,702</u>	<u>125,767</u>	<u>215,469</u>	<u>283,375</u>
Expenditure					
Expenditure on charitable activities	4	(154,851)	(86,780)	(241,631)	(223,319)
Total expenditure		<u>(154,851)</u>	<u>(86,780)</u>	<u>(241,631)</u>	<u>(223,319)</u>
Net income/(expenditure)		(65,149)	38,987	(26,162)	60,056
Transfers					
Transfers between funds	12	-	-	-	-
Net movements on funds		<u>(65,149)</u>	<u>38,987</u>	<u>(26,162)</u>	<u>60,056</u>
Total funds brought forward		495,860	22,904	518,764	458,708
Total funds carried forward		<u>430,711</u>	<u>61,891</u>	<u>492,602</u>	<u>518,764</u>

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Unaudited Balance Sheet

As at 31 March 2025

	Note	2025 £	2025 £	2024 £	2024 £
Fixed Assets					
Tangible assets	8		230,928		245,536
			<u>230,928</u>		<u>245,536</u>
Current Assets					
Debtors	9	11,490		21,783	
Cash at bank and in hand		274,252		297,585	
Total current assets		<u>285,742</u>		<u>319,368</u>	
Liabilities					
Creditors: Amounts falling due within one year	10		<u>24,068</u>		<u>46,140</u>
Net current assets			261,674		273,228
Total net assets			<u>492,602</u>		<u>518,764</u>
Unrestricted funds	11				
General fund		96,073		98,421	
Designated funds		334,638		397,439	
			<u>430,711</u>		<u>495,860</u>
Restricted funds					
Revenue	12		61,891		22,904
			<u>492,602</u>		<u>518,764</u>

These unaudited financial statements were approved by members of the committee on the 21/1/2026 and are signed on their behalf by:

E. Boyling

Trustee

Name ESDAILE BOYLING

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

1 Accounting Policies

Basis of Preparation

These unaudited financial statements have been prepared under the historical cost convention and in accordance with:

- i) the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS102)).
- ii) the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
- iii) the Charities Act 2011.

The unaudited financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these unaudited financial statements are rounded to the nearest £.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Fund Accounting

Funds held by the charity are used for:

Unrestricted funds comprise those funds which the trustees are free to use in accordance with the charitable objectives.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are funds which are to be used for specific purposes as laid down by the donor or by specific terms of the appeal under which the funds are raised. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

Donations and Legacies

Donations and legacies are recognised in the Statement of Financial Activities when they are received.

Grants Receivable

All grant income is recognised on the receivable basis. Grants relating to core costs are shown under Income from Generated Funds, whilst grants receivable to specific activities or projects are shown under Income from Charitable Activities.

In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

When income from the grant is received that has time-related conditions attached and the charity is not entitled to spend that income in advance of its budgeted year(s) without the further prior approval of the grant-maker then the grant is deferred.

Income from Investments

Bank interest is included in the Statement of Financial Activities on the accruals basis.

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

1 Accounting Policies (*continued*)

Leased Assets

The company acts as a lessor of its land and buildings. Rentals received under these operating leases are recognised as income on a straight-line basis over the lease term.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All direct costs have been attributed to one of the specific activities as set out in note 4 to these unaudited financial statements.

Support costs included in expenditure are allocated in specific activities on the basis set out in note 4 in these unaudited financial statements.

Fixed Assets

All fixed assets are initially recorded at cost. The trustees have agreed to capitalise assets of more than £300; any assets below £300 will be included as expenditure in the statement of financial activities.

Donated assets are capitalised at their market value, as estimated by the trustees, when they are received. The corresponding credit is included within donations and legacies under Income from Generated Funds.

Depreciation

Depreciation is calculated to write off the cost, less estimated residual value, of tangible fixed assets over their estimated useful lives. The annual depreciation rates and methods used are as follows:-

Buildings	-	2% straight line
Furniture, fixtures and fittings	-	15% reducing balance
Office and general equipment	-	15% & 25% reducing balance

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities on a straight-line basis over the period of the lease.

Pension Costs

The charity operates a defined contribution pension scheme for employees. The annual contributions payable are charged to the SOFA.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

2a	Donations and Legacies	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
	Grants Receivable				
	The Community Foundation	-	2,650	2,650	13,532
	National Lottery Community Fund				
	- RC North East and Cumbria Region	-	56,048	56,048	58,083
	- Cost of Living Fund	-	-	-	29,839
	- Awards for All	-	-	-	10,000
	- Community Support Worker	-	10,000	10,000	-
	Garfield Weston	20,000	-	20,000	15,000
	The Hadrian Trust	-	1,000	1,000	1,000
	The Henry Smith Charity	25,000	-	25,000	25,000
	Greggs Foundation	-	-	-	15,000
	The Headley Foundation	-	-	-	1,000
	Postcode Neighbourhood Lottery	-	-	-	12,348
	Sunderland CC	-	14,950	14,950	4,954
	Greatham Hospital	-	-	-	3,000
	Roseline Foundation	-	-	-	2,000
	Joseph Frazer Strong Trust	-	-	-	1,000
	NHS Sunderland	-	27,138	27,138	27,138
	The Barbour Foundation	-	-	-	5,000
	The Percy Headley 1990 Charitable Trust	-	500	500	500
	Sir John Priestman	-	6,000	6,000	-
	Asda Foundation	-	1,600	1,600	-
	Frazer Trust	1,000	-	1,000	-
	Leslie and Lillian Manning Charitable Trust	-	1,000	1,000	-
	Music For All	-	1,600	1,600	-
	The Morrisons Foundation	-	1,781	1,781	-
	The Catherine Cook Charitable Trust	-	500	500	-
	The Joicey Trust	2,000	-	2,000	-
	Sabina Sutherland Trust	-	1,000	1,000	-
		<u>48,000</u>	<u>125,767</u>	<u>173,767</u>	<u>224,394</u>

The income from donations and legacies for the charity was £173,767 (2024: £224,394) of which £48,000 was unrestricted (2024: £108,897) and £125,767 restricted (2024: £115,497).

2b	Income from Investments	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
	Rent				
	- Northeast Dementia Care	33,471	-	33,471	44,000
		<u>33,471</u>	<u>-</u>	<u>33,471</u>	<u>44,000</u>

The income from investment for the charity was £33,471 (2024: £44,000) which was all unrestricted in the current and previous year.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

3	Income from Charitable Activities	Unrestricted	Restricted	Total	Total Funds
		Funds	Funds	Funds	2024
		£	£	2025	£
	User Contributions	8,231	-	8,231	5,022
	Gift Aid	-	-	-	9,959
		<u>8,231</u>	<u>-</u>	<u>8,231</u>	<u>14,981</u>

The income from charitable activities for the charity was £8,231 (2024: £14,981) of which £8,231 was unrestricted (2024: £14,981) and £nil was restricted (2024: £nil).

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

4 Expenditure on Charitable Activities

	Health and Family Support £	Other Activities £	Total 2025 £	Total 2024 £
Costs directly allocated to activities				
Wages & Salaries	71,360	4,094	75,454	68,051
Rates & Water	-	397	397	-
Light & Heat	-	5,201	5,201	-
Insurance	-	822	822	-
Repairs & Renewals	-	2,318	2,318	-
Programme Costs	11,655	-	11,655	8,495
Printing, Postage & Stationery	-	-	-	24
Cleaning	-	1,375	1,375	259
Miscellaneous Costs	-	161	161	7
	<u>83,015</u>	<u>14,368</u>	<u>97,383</u>	<u>76,836</u>
Support costs allocated to activities				
Wages & Salaries	-	81,404	81,404	81,668
Equipment	-	1,724	1,724	3,038
Rates & Water	-	1,826	1,826	1,991
Light & Heat	3,630	3,643	7,273	4,490
Insurance	-	5,590	5,590	6,718
Repairs & Renewals	-	3,649	3,649	4,721
Programme Costs	135	831	966	1,509
Travel	-	36	36	18
Printing, Postage & Stationery	-	464	464	382
Cleaning	-	2,613	2,613	2,866
Telephone	-	1,851	1,851	1,791
Miscellaneous Costs	-	900	900	876
Staff Development	-	390	390	-
Accountancy fees	-	4,974	4,974	9,723
Legal & Professional Fees	-	15,666	15,666	10,079
Depreciation	-	14,922	14,922	16,613
	<u>3,765</u>	<u>140,483</u>	<u>144,248</u>	<u>146,483</u>
	<u>86,780</u>	<u>154,851</u>	<u>241,631</u>	<u>223,319</u>

The expenditure on the charitable activities of the charity was £241,631 (2024: £234,280) of which £154,851 was unrestricted (2024: 116,647) and £86,780 was restricted (2024: £106,672)

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

5	Staff Costs	Total Funds 2025 £	Total Funds 2024 £
	Staff costs were as follows:		
	Wages and salaries	146,076	138,590
	Social security costs	7,515	6,184
	Pension costs	3,266	4,945
		<u>156,857</u>	<u>149,719</u>

No employee received in excess of £ 60,000 during the current or preceding year.

The key management personnel of the charity comprise the trustees, the chief executive, and the health and well-being co-ordinator. The total employee benefits of the key management personnel of the charity were £86,870 (2024: £83,800).

The average monthly number of employees during the year was as follows:

Direct project workers	3	3
Management and administration	<u>3</u>	<u>3</u>

6 Trustees Remuneration

Trustees received no remuneration and were reimbursed £nil (2024: £nil) for travel expenses during the year.

7 Taxation

The charity considers its activities to be exempt from corporation tax by virtue of Section 466 of the Corporation Taxes Act 2010.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

8 Tangible Fixed Assets

	Buildings	Furniture, fixtures & fittings	Office & general equipment	Total
Cost	£	£	£	£
At 1 April 2024	704,814	105,475	25,110	835,399
Additions	-	314	-	314
Disposals	-	(6,112)	(760)	(6,872)
At 31 March 2025	<u>704,814</u>	<u>99,677</u>	<u>24,350</u>	<u>828,841</u>
Depreciation				
At 1 April 2024	502,164	64,395	23,304	589,863
Charge for the year	8,319	6,387	216	14,922
Disposals	-	(6,112)	(760)	(6,872)
At 31 March 2025	<u>510,483</u>	<u>64,670</u>	<u>22,760</u>	<u>597,913</u>
Net Book Value				
At 31 March 2025	<u>194,331</u>	<u>35,007</u>	<u>1,590</u>	<u>230,928</u>
At 31 March 2024	<u>202,650</u>	<u>41,080</u>	<u>1,806</u>	<u>245,536</u>

9 Debtors

	2025	2024
	£	£
Trade debtors	4,396	14,700
Other debtors	958	-
Prepayments & accrued income	6,136	7,083
	<u>11,490</u>	<u>21,783</u>

10 Creditors: Amounts falling due within one year

	2025	2024
	£	£
Trade creditors	3,281	1,228
Other creditors	266	11,894
Accruals & deferred grant income	20,521	33,018
	<u>24,068</u>	<u>46,140</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

11 Unrestricted Funds

	At 1 April 2024 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2025 £
General Fund					
PNC Fund	<u>98,421</u>	<u>56,231</u>	<u>(140,483)</u>	<u>81,904</u>	<u>96,073</u>
Designated Funds					
NED Fund	32,863	33,471	(14,368)	-	51,966
Capital Fund	245,535	-	-	(14,607)	230,928
Redundancy Fund	79,041	-	-	(27,297)	51,744
Property Maintenance Fund	40,000	-	-	(40,000)	-
	<u>397,439</u>	<u>33,471</u>	<u>(14,368)</u>	<u>(81,904)</u>	<u>334,638</u>
Total Unrestricted Funds	<u>495,860</u>	<u>89,702</u>	<u>(154,851)</u>	<u>=</u>	<u>430,711</u>

Unrestricted Funds – movement in previous year

	At 1 April 2023 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2024 £
General Fund					
PNC Fund	<u>117,067</u>	<u>123,879</u>	<u>(85,709)</u>	<u>(56,816)</u>	<u>98,421</u>
Designated Funds					
NED Fund	-	44,000	(11,137)	-	32,863
Capital Fund	262,148	-	(16,613)	-	245,535
Redundancy Fund	49,500	-	(3,189)	32,730	79,041
Property Maintenance Fund	-	-	-	40,000	40,000
	<u>311,648</u>	<u>44,000</u>	<u>(30,939)</u>	<u>72,730</u>	<u>397,439</u>
Total Unrestricted Funds	<u>428,715</u>	<u>167,879</u>	<u>(116,648)</u>	<u>15,914</u>	<u>495,860</u>

Purposes of Designated Funds

Capital Fund	This represents the net book value of tangible fixed assets. Transfers are in respect of capital expenditure.
NED Care	This represents funds received from North East Dementia Care in lieu of premises costs incurred by themselves that are paid for by the charity.
Property Maintenance Fund	This represents funds held for the purposes of future property maintenance require to keep the property at an acceptable standard.
Redundancy Fund	This represents funds held for potential redundancies if the entity is unable to continue operate.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

12	Restricted Funds	At 1 April 2024 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2025 £
	Revenue Funds					
	Family Support – Adult	22,904	125,767	(86,780)	-	61,891
	Total Restricted Funds	<u>22,904</u>	<u>125,767</u>	<u>(86,780)</u>	<u>-</u>	<u>61,891</u>

Restricted Funds – movement in previous year

	At 1 April 2023 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2024 £
Revenue Funds					
Family Support – Adult	29,993	115,497	(106,672)	(15,914)	22,904
Total Restricted Funds	<u>29,993</u>	<u>115,497</u>	<u>(106,672)</u>	<u>(15,914)</u>	<u>22,904</u>

Purposes of Restricted Funds

Family Support	This represents funds received towards the costs of providing support to families and parents in the community and work with those who need confidence building and stress management.
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Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2025

13 Analysis of Net Assets Between Funds

	Unrestricted Funds		Restricted Funds	Total
	General	Designated		
	£	£	£	£
Tangible fixed assets	-	230,928	-	230,928
Debtors & prepayments	6,015	5,475	-	11,490
Cash at bank	106,180	99,830	68,242	274,252
Creditors	(16,122)	(1,595)	(6,351)	(24,068)
	<u>96,073</u>	<u>334,638</u>	<u>61,891</u>	<u>492,602</u>

Analysis of Net Assets Between Funds – prior year

	Unrestricted Funds		Restricted Funds	Total
	General	Designated		
	£	£	£	£
Tangible fixed assets	-	245,536	-	245,536
Debtors & prepayments	21,783	-	-	21,783
Cash at bank	95,640	151,903	50,042	297,585
Creditors	(19,002)	-	(27,138)	(46,140)
	<u>98,421</u>	<u>397,439</u>	<u>22,904</u>	<u>518,764</u>

14. Related Party Transactions

No transactions with related parties were undertaken such as are required to be disclosed under the Financial Reporting Standard 102.

15. Operating Lease Commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2025	2024
	£	£
Not later than 1 year	580	7,083
Later than 1 year and not later than 5 years	1,450	29,617
More than 5 years	-	-
	<u>2,030</u>	<u>36,700</u>

Accounts

Charity Registration Number : 1005148

Pennywell Neighbourhood Centre

Unaudited Financial Statements

For the year ended 31 March 2024

Pennywell Neighbourhood Centre

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Year Ended 31 March 2024

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Pennywell Neighbourhood Centre

Officers and Professional Advisers

Registered Office and Operational Address

Pennywell Neighbourhood Centre
Pennywell Shopping Centre
Portsmouth Road
Sunderland
Tyne and Wear
SR4 9AS

Custodian Trustees

Denise Haley

Chief Executive

Gary Brooks

Management Committee Members

Julie Hanly
Denise Haley
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran
David Thompson
Sharon Gunn (appointed 22/04/24)

Independent Examiner

A. M. Henshaw FCCA,

Torgersens
Avalon House
St Catherine's Court
Sunderland
SR5 3XJ

Bankers

Co-operative Bank plc
5/6 Fawcett Street
Sunderland
Tyne and Wear
SR1 1RF

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2024

The trustees present their report together with the financial statements for the year ended 31 March 2024.

Reference and Administrative Information

Charity Name:-	Pennywell Neighbourhood Centre
Charity Registration Number:-	1005148
Registered Office and Operational Address	Pennywell Neighbourhood Centre Pennywell Shopping Centre Portsmouth Road Sunderland Tyne and Wear SR4 9AS

Custodian Trustees

Denise Haley

Management Committee Members

Julie Hanly
Denise Haley
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran
David Thompson
Sharon Gunn (appointed 22/04/24)

Structure, Governance and Management

The organisation has existed since 1989, and its objects and regulations are regulated by a trust deed under which the Charity is constituted as an unincorporated association. It has been registered as a charity (No. 1005148) since October 1991. The constitution states that its objects are:

"In the interests of social welfare to provide for the benefit of the inhabitants of the Pennywell estate and neighbouring environs in Sunderland in the county of Tyne and Wear [hereinafter called "the area of benefit"] a neighbourhood centre and to promote therein and in the area of benefit, facilities and activities so as to relieve poverty, advance education and improve the conditions of life for the said inhabitants."

Recruitment and Appointment of the Management Committee

The management committee members are also the trustees of the Charity. All members, save co-optees, are elected at the AGM. One of the key strengths of the organisation is that it is firmly rooted in the community and is led by local people. The make-up of the Committee reflects this, with a majority of eight places being allocated to local residents with full membership of the Association. Usually, a number of these members seek to maintain their involvement for more than one year which gives continuity and stability to the Committee. New members are recruited by advertising around the area and by promoting the opportunity amongst Centre users. A further two places are open to nominated representatives of locally based organisations with which the Centre has strong working links, and a final two places are for associate members who are nominated staff representatives from PNC.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2024

Trustee Induction and Training

Most of the Committee members are familiar with the practical work of the Centre as they either are existing or past users of Centre services or have links to partner organisations. In addition to this, trustees receive induction training focusing on the constitution, the role of the Committee and its officers, and the need for DBS clearances. A rolling programme of policy and procedure review ensures that the trustees have an opportunity to familiarise themselves in detail with the running of the organisation and statutory responsibilities. Trustees are also encouraged to take part in training opportunities that are available at the Centre and within the wider voluntary sector network.

Risk Management

The Management Committee has identified the major risks to which the Charity is exposed and has ensured that there are a range of systems and procedures in place to address them. These are subject to regular review, and include:

- significant external risks to funding, which have been addressed through a business plan and regular budget review
- internal control risks which are minimised through financial and operational procedures
- policies and procedures to ensure compliance with health and safety requirements and standards
- protection of children and vulnerable adults addressed by obtaining enhanced CRB clearances for trustees, staff, and volunteers, working to Ofsted standards, having relevant protection and recruitment policies and procedures, and providing a programme of staff training.

The Centre receives support and insurance relating to personnel and employment matters as well as health and safety from Black Mountain (formerly known as The Compliance Group). This has proved invaluable in dealing with a number of issues.

Organisational Structure

The Charity has a Management Committee comprised of up to twelve members as described earlier. It also has the capacity to appoint up to four co-optees, and these would normally be individuals who can bring specific areas of expertise or who are representatives of organisations with whom the Centre wishes to strengthen its links.

The day to day running of the Centre is delegated to a paid staff team which is headed up by the Chief Executive. All staff work within teams that are lead by line managers. Staff receive monthly supervision, and attend regular staff and team meetings. Most staff attend bespoke training that supports professional development.

Related Parties

The Charity has close links with Together for Children Sunderland and the Iris Learning Trust to ensure that opportunities for professional development and guidance on standards are accessed.

Public Benefit Statement

The trustees have had regard to the Charity's Commission guidance on their legal duty on public benefit, and are satisfied that the charity delivers public benefit; and due regard is paid to the guidance on public benefit when deciding on what new projects the charity should undertake.

Mission Statement

"To improve the lives of our community through health and well-being services."

The need we address and why this is important

In Pennywell, widespread and chronic poverty has led to a significantly higher than average occurrence of the following 4 challenges:

1. Poor physical health
2. Poor mental health
3. Isolation and loneliness
4. Improving the ability to live independent

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2024

All of the above are related and represent multiple issues for many people. Poverty lies at the root of unhealthy lifestyle choices, (for example, lack of exercise, smoking and drinking too much, living on junk food, etc). These factors lead in turn to emergent physical and mental health issues such as poor general fitness, alcohol dependency and depression. The result of these challenges can include increased withdrawal from engagement in the community, growing social isolation and loneliness. Left unaddressed, this situation will often trigger a downwards spiral of increased substance use, reinforced social isolation and chronic illness. Many in our community have lived this way for decades – ultimately resulting for a high proportion in life changing illness (cardio vascular issues, long term depression, higher levels of life threatening issues such as heart disease, cancer, etc). In short, many of Pennywell's residents are locked into a self-reinforcing cycle of economic deprivation, physical ill-health, declining mental health, increasing social isolation and reduced personal resilience.

COVID-19 and now the cost of living crisis has amplified and exacerbated all of the above problems. For example, amongst our clients who already had financial difficulty there has been a return to previous unhealthy behaviours, as they do not have the income to continue with some of their positive health choices.

EVIDENCE RE: THE NEEDS WE DESCRIBE:

A) In 2020, we commissioned Dr. Mark Wetherell from Northumbria University to undertake a needs analysis amongst local people. Assessing the health, wellbeing and functioning of a sample of 41 individuals, Dr. Wetherell found that:

1) Older people in Pennywell were more likely than the wider older population to struggle with daily living tasks and were more dependent on others as a result. Dr. Wetherell concluded that, in Pennywell, "in the main, levels of function are low and dependency levels are high".

2) Pennywell residents reported almost twice the level of chronic stress than did the population at large.

3) Across a wide age range, Pennywell residents report role limitations caused by physical or emotional factors that are significantly worse than average. The evaluated group also scored very poorly (when compared against the general population) in terms of general health, physical functioning, emotional wellbeing and social functioning.

B) In a consultation with 21 project users in July 2021, 100% stated that they believed that attending our Community Education Sessions in the future would help to lower their stress; 96% stated that the courses would help them with their anxiety; the same percentage confirmed that their confidence would be helped. 60% stated that they valued the social opportunities afforded by our activities.

Activities

Our purpose is to support the most vulnerable in our community to break the cycle described above, help them to adopt healthier life habits and so improve their mental, physical and emotional health in the long term. Given the need to target resources, we design our programmes to supporting specific groups of vulnerable people, for example older people, often living alone or otherwise socially isolated, people with learning disabilities, families living in poverty and young people.

Currently we provide:

1) **HEALTH AND SELF CARE EDUCATION** (including things like Next Steps in Cookery and Seasonal Cooking [supporting kitchen confidence, cooking skills and nutritional knowledge]; Sit and Be Fit and 'Yoga' [focusing on physical fitness, flexibility and improved mental health through mindfulness]; Down Memory Lane [focusing on social interaction]).

2) **A GARDENING CLUB**; This gives users a sense of challenge, purpose and achievement. It provides physical activity, fresh air and comradeship. The activities are inherently mindful, absorbing and calming - and they keep people moving.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2024

3) An ARTS PROJECT (including Textiles, Card Crafts, [helping to maintain manual dexterity] and Singing [this addresses social isolation, addresses loneliness and has been proven to improve both mental and physical health]).

4) Peer Mentor volunteers help to design and deliver the programme. This gives them opportunities to meet their neighbours, increase their social interaction and build new relationships. This leads to reduced feelings of loneliness and isolation and improved emotional and mental well-being for the Peer Mentors – and contributes to improved nutrition, fitness and emotional health for the wider group.

5) Partnership activities with other local charities, such as Pennywell Community Centre and North East Dementia Care – joint events and activities (e.g. Christmas celebration, school holiday activities).

6) BREAKOUT PROGRAMME: Our programme of activities and visits for children aged up to eleven and their parents during the school holidays is aimed at building a sense of community identity and improving the quality of life of hard pressed families.

7) THE BREAD AND BUTTER THING a food surplus distribution charity that offers a weekly shop for just £8.50. Funded by Gentoo, Pennywell Neighbourhood Centre was the first hub to open in Sunderland on 9th November 2022. It provides local residents with the opportunity to sign up and gain access to an average of £35 worth of items, including fresh fruit and veg, fridge favourites and cupboard staples.

Strategic Goals

The 4 strategic goals for the organisation set out in our business plan for this period are:

Widen participation through developing existing services and creating new ones

We aim to expand the range and delivery activities of all our services to increase the number of people we can help, to help attract new funding and to raise our profile within the area. This will include creating brand new services alongside existing services.

Funding and Income Generation

Our key areas of service delivery remain the Health and Well-Being Skills Programme and landlord activities. The key challenge for them both is the continuation of funding. A funding strategy for the organisation in general and in particular the Health and Well-Being Skills Programme is fundamental to its long-term success and the ability of the organisation to deliver activities essential to local residents and those who travel in to the area to access our services.

Good Governance

We also need to maintain good governance of the organisation through the introduction of new local management committee members, allowing long-term committee members the opportunity to move on and making sure all committee members have the information they need to make decisions. We need to have a strategy in place for recruitment and selection of new committee members.

Marketing and Promotion

Finally, we need to develop and adopt a marketing strategy that includes plans for improving our website, increasing our social media presence and making sure everyone who would benefit from our services knows about our services.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2024

Achievements and Performance

Health and Well-Being Programme

During the course of this year we have offered activities that promote healthy living, the acquisition of life skills, independence and engagement with neighbours. Our projects are designed around sessional programmes. These vary based on the needs and the expressed wishes of our users and are described in more detail above.

Our programme places a strong emphasis upon celebrating achievement and ensuring that the gains our service users make are recognised by their families and the wider community. At our annual learners' celebration event, learners were presented with certificates and prizes by the chair of Pennywell Neighbourhood Centre in front of their peers.

We are now in the third year of three years of funding for this project from the National Lottery Community Fund.

North East Dementia Care

Our new tenant, who signed a lease in July 2022 that runs until 2032. They offer day care support to people living with Dementia in Sunderland and the surrounding areas. Day care includes; stimulating activities, hot lunch and transport. We are developing a strong working partnership with them since they moved in.

Breakout

Our summer holiday programme of activities for local families and children up to the age of eleven was put on hold in March 2020, due to the COVID-19 pandemic. Due to several factors this programme of activities was delayed again until summer 2024.

Marketing

Our website, www.pennywellnc.org was updated in 2024 to reflect our new tenants and return to face to face activities.

Financial Review

Against a continuing background of reduced funding across the country as a whole with the end of funding programmes, the cutting of funding from government, the impact of the COVID-19 pandemic and increased pressures on grant funders, the Centre's main priorities have been to address shortfalls in core funding, and to try to secure the sustainability of its key services by looking at our income generation strategies.

Principal Funding Sources

With regard to the core funds the Centre has been fortunate in receiving further support from NHS Sunderland Clinical Commissioning Group and will continue to do so until March 2025. Taken together with rental income from North East Dementia Care, this means we have been able to meet our core costs for the year.

The main source of funding for our service delivery and to support and expand the work of the centre came from a number of different sources. We received significant funding from the National Lottery Community Fund, The Big Lottery Fund, Community Foundation, Garfield Weston, Greggs Foundation, Postcode Neighbourhood Lottery, Sunderland Council, Roseline Foundation, The Barbour Foundation, The Henry Smith Charity and Hospital of God.

Also, smaller grants and in kind donations have also made a huge impact. This year we benefited from small grants from Hadrian Trust, Frazer Trust, The Percy Hedley Charity Trust, Hedley Foundation and support from other small fundraising activities.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2024

Investment Policy

Currently no reserves are invested and this will continue to be reviewed annually.

Reserves Policy

The Management Committee has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be approximately 6 months of running costs - which currently equates to roughly £100,000. At this level the Management Committee feel they would be able to continue the current activities of the charity in the event of a significant drop in funding until lost funding could be replaced or alternative business plans drawn up.

Plans for Future Periods

The organisation will continue working to obtain alternative sources of funding to make sure the organisation is sustainable in the long term.

Other funding and sources of income will include rental of office space to other organisations and more advertising of the space will be required.

Joint working initiatives with North East Dementia Care and other local organisations will continue to be explored and built in to future delivery models and funding requirements.

Members of the Management Committee

The members of the Management Committee who are the trustees of the Charity, and who served during the year and up to the date of this report are listed at the beginning of this report.

Statement of the Management Committee's Responsibilities for Financial Statements.

The Charities Act 2011 requires the Management Committee to keep proper records of accounts with respect to the affairs of the charity, and prepare statements of account for each accounting period consisting of a statement of financial activities and a balance sheet. The Management Committee are also responsible for safeguarding the charity's assets, and hence for taking reasonable steps for the prevention and detection of error, fraud, and other irregularities.

In preparing the financial statements the Management Committee are expected to:

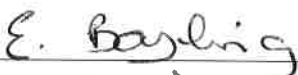
- Select suitable accounting policies and apply them consistently, making judgements and estimates that are reasonable and prudent;
- Following the recommendations of the Charity Commission and of the accounting profession with regard to the form and content of the financial statements or to disclose and explain any departures therefrom; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue to meet its objectives.

Examiner

The examiner, Mrs A. M. Henshaw of Torgersens, will be proposed for re-appointment at the Annual General Meeting.

This report was approved by the trustees on

Signed on behalf of the trustees by


Name ESDRAILE BAYLING
Date 11/12/2024

Independent Examiner's Report to the Trustees of

Pennywell Neighbourhood Centre

Year Ended 31 March 2024

I report on the financial statements of the Charity for the year ended 31 March 2023 which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 ("The Charities Act") and that an independent examination is needed.

It is my responsibility to:

- ◆ examine the financial statements under section 145 of the 2011 Act;
- ◆ to follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- ◆ to state whether any particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- ◆ to keep accounting records in accordance with section 130 of the 2011 Act; and
- ◆ to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



**A. M. Henshaw FCCA
Torgersens
Chartered Accountants
Avalon House
St Catherine's Court
Sunderland
SR5 3XJ**

Date: 16/12/24

Pennywell Neighbourhood Centre

Unaudited Statement of Financial Activities

Year Ended 31 March 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Income and Expenditure					
Income					
Income from generated funds					
Donations and legacies	2a	108,897	115,497	224,394	202,490
Income from investment	2b	44,000	-	44,000	42,896
Income from charitable activities	3	14,981	-	14,981	11,724
Total income		<u>167,878</u>	<u>115,497</u>	<u>283,375</u>	<u>257,110</u>
Expenditure					
Expenditure on charitable activities	4	(116,647)	(106,672)	(223,319)	(234,280)
Total expenditure		<u>(116,647)</u>	<u>(106,672)</u>	<u>(223,319)</u>	<u>(234,280)</u>
Net income/(expenditure)		51,231	8,825	60,056	22,830
Transfers					
Transfers between funds	14	15,914	(15,914)	-	-
Net movements on funds		<u>67,145</u>	<u>(7,089)</u>	<u>60,056</u>	<u>22,830</u>
Total funds brought forward		428,715	29,993	458,708	435,878
Total funds carried forward		<u>495,860</u>	<u>22,904</u>	<u>518,764</u>	<u>458,708</u>

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Unaudited Balance Sheet

As at 31 March 2024

	Note	2024 £	2024 £	2023 £	2023 £
Fixed Assets					
Tangible assets	8		245,536		262,148
Investments	9		-		1
			<u>245,536</u>		<u>262,149</u>
Current Assets					
Debtors	10	21,783		32,141	
Cash at bank and in hand		297,585		236,972	
Total current assets		<u>319,368</u>		<u>269,113</u>	
Liabilities					
Creditors: Amounts falling due within one year	11		<u>46,140</u>	<u>45,416</u>	
Net current assets			273,228		223,697
Creditors : Amounts falling due after one year	12		-		27,138
Total net assets			<u>518,764</u>		<u>458,708</u>
Unrestricted funds	13				
General fund		98,421		117,067	
Designated funds		397,439		311,648	
			<u>495,860</u>	<u></u>	428,715
Restricted funds					
Revenue	14		22,904		29,993
			<u>518,764</u>		<u>458,708</u>

These unaudited financial statements were approved by members of the committee on the 11/12/2024 and are signed on their behalf by:

E. Bayling
Trustee

Name ESDAILE BOYLING

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

1 Accounting Policies

Basis of Preparation

These unaudited financial statements have been prepared under the historical cost convention and in accordance with:

- i) the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) issued in January 2015 (SORP 2015)
- ii) the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
- iii) the Charities Act 2011.

The unaudited financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these unaudited financial statements are rounded to the nearest £.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Consolidation

In the opinion of the trustees the charity and its subsidiary undertakings comprise a small group.

The charity has taken advantage of the exemptions from preparing consolidated financial statements as specified under paragraph 139(2) of the Charities Act 2011.

Fund Accounting

Funds held by the charity are used for:

Unrestricted funds comprise those funds which the trustees are free to use in accordance with the charitable objectives.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are funds which are to be used for specific purposes as laid down by the donor or by specific terms of the appeal under which the funds are raised. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

Donations and Legacies

Donations and legacies are recognised in the Statement of Financial Activities when they are received.

Grants Receivable

All grant income is recognised on the receivable basis. Grants relating to core costs are shown under Income from Generated Funds, whilst grants receivable to specific activities or projects are shown under Income from Charitable Activities.

In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

When income from the grant is received that has time-related conditions attached and the charity is not entitled to spend that income in advance of its budgeted year(s) without the further prior approval of the grant-maker then the grant is deferred.

Income from Investments

Bank interest is included in the Statement of Financial Activities on the accruals basis.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

1 Accounting Policies (*continued*)

Leased Assets

The company acts as a lessor of its land and buildings. Rentals received under these operating leases are recognised as income on a straight-line basis over the lease term.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All direct costs have been attributed to one of the specific activities as set out in note 4 to these unaudited financial statements.

Support costs included in expenditure are allocated in specific activities on the basis set out in note 4 in these unaudited financial statements.

Fixed Assets

All fixed assets are initially recorded at cost. The trustees have agreed to capitalise assets of more than £300; any assets below £300 will be included as expenditure in the statement of financial activities.

Donated assets are capitalised at their market value, as estimated by the trustees, when they are received. The corresponding credit is included within donations and legacies under Income from Generated Funds.

Depreciation

Depreciation is calculated to write off the cost, less estimated residual value, of tangible fixed assets over their estimated useful lives. The annual depreciation rates and methods used are as follows:-

Buildings	-	2% straight line
Furniture, fixtures and fittings	-	15% reducing balance
Office and general equipment	-	15% & 25% reducing balance

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities on a straight-line basis over the period of the lease.

Pension Costs

The charity operates a defined contribution pension scheme for employees. The annual contributions payable are charged to the SOFA.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

2a	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£	£	£	£
	Grants Receivable				
	The Clothworkers	-	-	-	7,000
	The Bernard Sunley	-	-	-	4,000
	Ballinger Trust	-	-	-	10,090
	The Community Foundation	5,966	7,566	13,532	15,350
	National Lottery Community Fund	68,083	29,839	97,922	60,718
	Sir James Knott Trust	-	-	-	15,000
	Bernicia Foundation	-	-	-	7,494
	Empower Community	-	-	-	4,790
	Zedra Trust	-	-	-	3,000
	HSBC Screwfix Foundation	-	-	-	3,500
	Sir John Priestman Charity Trust	-	-	-	6,000
	Garfield Weston	15,000	-	15,000	-
	The Edward Gostling Foundation	-	-	-	5,000
	The Hadrian Trust	1,000	-	1,000	1,000
	The Henry Smith Chairty	-	25,000	25,000	-
	Greggs Foundation	-	15,000	15,000	15,000
	The Headley Foundation	-	1,000	1,000	-
	Postcode Neighbourhood Lottery	12,348	-	12,348	-
	Sunderland CC	-	4,954	4,954	12,310
	Greatham Hospital	3,000	-	3,000	-
	Roseline Foundation	2,000	-	2,000	-
	Joseph Frazer Strong Trust	1,000	-	1,000	1,000
	The Joicey Trust	-	-	-	3,000
	Catherine Cookson Charitable Trust	-	-	-	600
	NHS Sunderland	-	27,138	27,138	27,138
	Gentoo	-	-	-	500
	The Barbour Foundation	-	5,000	5,000	-
	The Percy Headley 1990 Charitable Trust	500	-	500	-
		<u>108,897</u>	<u>115,497</u>	<u>224,394</u>	<u>202,490</u>

The income from donations and legacies for the charity was £224,394 (2023: £202,490) of which £108,897 was unrestricted (2023: £62,578) and £115,497 restricted (2023: £139,912).

2b	Income from Investments	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£	£	£	£
	PNC recharge	-	-	-	-
	Rent	-	-	-	-
	- Pennywell Medical Centre	-	-	-	15,651
	- Northeast Dementia Care	44,000	-	44,000	27,245
		<u>44,000</u>	<u>-</u>	<u>44,000</u>	<u>42,896</u>

The income from investment for the charity was £44,000 (2023: £42,896) which was all unrestricted in the current and previous year.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

3	Income from Charitable Activities	Unrestricted	Restricted	Total	Total Funds
		Funds	Funds	Funds	2023
		£	£	£	£
	User Contributions	5,022	-	5,022	5,358
	NED Running costs	-	-	-	6,366
	Gift Aid	9,959	-	9,959	-
		<u>14,981</u>	<u>-</u>	<u>14,981</u>	<u>11,724</u>

The income from charitable activities for the charity was £14,981 (2023: £11,724) of which £14,981 was unrestricted (2023: £11,724) and £nil was restricted (2023: £nil).

Pennywell Neighbourhood Centre

Statement of Financial Activities

Year Ended 31 March 2024

4 Total Expenditure

	Basis of allocation	Health and Family Support £	Other Activities £	Total 2024 £	Total 2023 £
Costs directly allocated to activities					
Wages & Salaries	Direct	68,051		68,051	63,785
Equipment	Direct	-		-	-
Rates & Water	Direct	-		-	28
Light & Heat	Direct	-		-	1,186
Insurance	Direct	-		-	762
Repairs & Renewals	Direct			-	1,527
Programme Costs	Direct	8,495		8,495	9,146
Travel	Direct	-		-	-
Printing, Postage & Stationery	Direct	24		24	-
Cleaning	Direct	259		259	177
Telephone	Direct	-		-	-
Miscellaneous Costs	Direct	7		7	160
Staff Development	Direct	-		-	-
Depreciation	Direct	-		-	-
Legal & Professional Fees	Direct	-		-	-
Support costs allocated to activities					
Wages & Salaries	1	15,362	66,306	81,668	71,927
Equipment	1		3,038	3,038	1,986
Rates & Water	1		1,991	1,991	1,948
Light & Heat	1	2,453	2,037	4,490	10,401
Insurance	1		6,718	6,718	5,758
Repairs & Renewals	1	2,782	1,939	4,721	14,355
Programme Costs	1	516	993	1,509	1,151
Travel	1		18	18	76
Printing, Postage & Stationery	1		382	382	505
Cleaning	1	1,496	1,370	2,866	2,047
Telephone	1		1,791	1,791	1,979
Miscellaneous Costs	1	192	684	876	1,026
Staff Development	1		-	-	-
Accountancy fees	1	4,860	4,863	9,723	8,707
Legal & Professional Fees	1	2,175	7,904	10,079	10,361
Profit/(loss) on Disposal	1		-	-	-
Bad Debts	1				6,394
Depreciation	1		16,613	16,613	18,888
		<u>106,672</u>	<u>116,647</u>	<u>223,319</u>	<u>234,280</u>

Other activities comprise direct costs in relation to Pennywell Medical Centre.

The expenditure on charitable activities for the charity was £223,319 (2023: £234,280) of which £116,647 was unrestricted (2023: £147,441) and £106,672 was restricted (2023: £86,639).

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

5	Staff Costs	Total Funds 2024 £	Total Funds 2023 £
	Staff costs were as follows:		
	Wages and salaries	139,091	126,696
	Social security costs	5,683	4,324
	Pension costs	4,945	4,692
		<u>149,719</u>	<u>135,712</u>

No employee received in excess of £ 60,000 during the current or preceding year.

The key management personnel of the charity comprise the trustees, the chief executive, and the health and well-being co-ordinator. The total employee benefits of the key management personnel of the charity were £83,800 (2023: £79,863).

The average monthly number of employees during the year was as follows:

Direct project workers	3	3
Management and administration	<u>3</u>	<u>4</u>

6 Trustees Remuneration

Trustees received no remuneration and were reimbursed £nil (2023: £nil) for travel expenses during the year.

7 Taxation

The charity considers its activities to be exempt from corporation tax by virtue of Section 466 of the Corporation Taxes Act 2010.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

8	Tangible Fixed Assets		Furniture, fixtures & fittings	Office & general equipment	Total
	Buildings	£	£	£	£
	Cost				
	At 1 April 2023	704,814	105,475	25,110	835,399
	Additions	-	-	-	-
	Disposals	-	-	-	-
	At 31 March 2024	<u>704,814</u>	<u>105,475</u>	<u>25,110</u>	<u>835,399</u>
	Depreciation				
	At 1 April 2023	493,846	57,145	22,260	573,251
	Charge for the year	8,318	7,250	1,044	16,612
	Disposals	-	-	-	-
	At 31 March 2024	<u>502,164</u>	<u>64,395</u>	<u>23,304</u>	<u>589,863</u>
	Net Book Value				
	At 31 March 2024	<u>202,650</u>	<u>41,080</u>	<u>1,806</u>	<u>245,536</u>
	At 31 March 2023	<u>210,968</u>	<u>48,330</u>	<u>2,850</u>	<u>262,148</u>
9.	Fixed Asset Investments				
				Shares in group undertakings	
	Cost			£	
	At 1 April 2023				1
	Disposal				(1)
	Net Book Value				
	At 31 March 2024				-
	At 31 March 2023				<u>1</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

10. Debtors

	2024	2023
	£	£
Trade debtors	14,700	18,558
Other debtors	-	-
Prepayments & accrued income	7,083	13,583
	<u>21,783</u>	<u>32,141</u>

11. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Trade creditors	1,228	2,235
Other creditors	11,894	10,705
Accruals & deferred grant income	33,018	32,476
	<u>46,140</u>	<u>45,416</u>

12. Creditors: Amounts falling due after year

	2024	2023
	£	£
Deferred grant income	-	27,138
	<u>-</u>	<u>27,138</u>

13. Unrestricted Funds

	At 1 April 2023	Income	Expenditure	Transfers between funds	At 31 March 2024
	£	£	£	£	£
PNC Fund	<u>117,067</u>	<u>123,879</u>	<u>(85,709)</u>	<u>(56,816)</u>	<u>98,421</u>
Designated Funds					
PMC Fund	-	-	-	-	-
NED Fund	-	44,000	(11,137)	-	32,863
Capital Fund	262,148	-	(16,613)	-	245,535
Redundancy Fund	49,500	-	(3,189)	32,730	79,041
Property Maintenance Fund	-	-	-	40,000	40,000
	<u>311,648</u>	<u>44,000</u>	<u>(30,939)</u>	<u>72,730</u>	<u>397,439</u>
Total Unrestricted Funds	<u>428,715</u>	<u>167,879</u>	<u>(116,648)</u>	<u>15,914</u>	<u>495,860</u>

Unrestricted Funds – movement in previous year

	At 1 April 2022	Income	Expenditure	Transfers between funds	At 31 March 2023
	£	£	£	£	£
PNC Fund	<u>133,052</u>	<u>67,936</u>	<u>(104,408)</u>	<u>20,487</u>	<u>117,067</u>
Designated Funds					
PMC Fund	-	15,651	(7,090)	(8,561)	-
NED Fund	-	33,611	(17,055)	(16,556)	-
Capital Fund	255,130	-	(18,888)	25,906	262,148
Redundancy Fund	-	-	-	49,500	49,500
	<u>255,130</u>	<u>49,262</u>	<u>(43,033)</u>	<u>50,289</u>	<u>311,648</u>
Total Unrestricted Funds	<u>388,182</u>	<u>117,198</u>	<u>(147,441)</u>	<u>70,776</u>	<u>428,715</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

13. Unrestricted Funds (continued)

Purposes of Designated Funds

PMC Fund

This represents funds received from Pennywell Medical Centre in lieu of premises costs incurred by themselves that are paid for by the charity.

Capital Fund

This represents the net book value of tangible fixed assets. Transfers are in respect of capital expenditure.

NED Care

This represents funds received from North East Dementia Care in lieu of premises costs incurred by themselves that are paid for by the charity.

Property Maintenance Fund

This represents funds held for the purposes of future property maintenance require to keep the property at an acceptable standard.

Redundancy Fund

This represents funds held for potential redundancies if the entity is unable to continue operate.

14 Restricted Funds

	At 1 April 2023 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2024 £
Revenue Funds					
PNC	10,547	104,236	(29,836)	(67,523)	17,424
Family Support – Adult	19,446	11,261	(76,836)	51,609	5,480
Total Restricted Funds	<u>29,993</u>	<u>115,497</u>	<u>(106,672)</u>	<u>(15,914)</u>	<u>22,904</u>

Restricted Funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2023 £
Revenue Funds					
Breakout	10,196	-	-	(10,196)	-
PNC	37,500	50,784	(17,157)	(60,580)	10,547
Family Support – Adult	-	89,128	(69,682)	-	19,446
Total Restricted Funds	<u>47,696</u>	<u>139,912</u>	<u>(86,839)</u>	<u>(70,776)</u>	<u>29,993</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2024

14 Restricted Funds (continued)

Purposes of Restricted Funds

Family Support

This represents funds received towards the costs of providing support to families and parents in the community and work with men and women around confidence building and stress management.

15 Analysis of Net Assets Between Funds

	Unrestricted Funds		Restricted	Total
	PNC	Designated	Funds	
	£	£	£	£
Tangible fixed assets	-	245,536	-	245,536
Debtors & prepayments	21,783	-	-	21,783
Cash at bank	95,640	151,903	50,042	297,585
Creditors	(19,002)	-	(27,138)	(46,140)
	<u>98,421</u>	<u>397,439</u>	<u>22,904</u>	<u>518,764</u>

Analysis of Net Assets Between Funds – prior year

	Unrestricted Funds		Restricted	Total
	PNC	Designated	Funds	
	£	£	£	£
Tangible fixed assets	-	262,148	-	262,148
Investments	1	-	-	1
Debtors & prepayments	32,141	-	-	32,141
Cash at bank	157,479	49,500	29,993	236,972
Creditors	(72,554)	-	-	(72,554)
	<u>117,067</u>	<u>311,648</u>	<u>29,993</u>	<u>458,708</u>

Accounts

Charity Registration Number : 1005148

Pennywell Neighbourhood Centre

Unaudited Financial Statements

For the year ended 31 March 2023

Pennywell Neighbourhood Centre

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Year Ended 31 March 2023

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Pennywell Neighbourhood Centre

Officers and Professional Advisers

Registered Office and Operational Address

Pennywell Neighbourhood Centre
Pennywell Shopping Centre
Portsmouth Road
Sunderland
Tyne and Wear
SR4 9AS

Custodian Trustees

Denise Haley

Chief Executive

Gary Brooks

Management Committee Members

Julie Hanly
Denise Haley
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran
David Thompson (appointed 21st November 2022)

Independent Examiner

A. M. Henshaw FCCA,

Torgersens
Avalon House
St Catherine's Court
Sunderland
SR5 3XJ

Bankers

Co-operative Bank plc
5/6 Fawcett Street
Sunderland
Tyne and Wear
SR1 1RF

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2023

The trustees present their report together with the financial statements for the year ended 31 March 2023.

Reference and Administrative Information

Charity Name:-	Pennywell Neighbourhood Centre
Charity Registration Number:-	1005148
Registered Office and Operational Address	Pennywell Neighbourhood Centre Pennywell Shopping Centre Portsmouth Road Sunderland Tyne and Wear SR4 9AS

Custodian Trustees

Denise Haley
Jane Caldwell

Management Committee Members

Julie Hanly
Denise Haley
Jan Caldwell (resigned 11th July 2022)
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran
David Thompson (appointed 21st November 2022)

Structure, Governance and Management

The organisation has existed since 1989, and its objects and regulations are regulated by a trust deed under which the Charity is constituted as an unincorporated association. It has been registered as a charity (No. 1005148) since October 1991. The constitution states that its objects are:

"In the interests of social welfare to provide for the benefit of the inhabitants of the Pennywell estate and neighbouring environs in Sunderland in the county of Tyne and Wear [hereinafter called "the area of benefit"] a neighbourhood centre and to promote therein and in the area of benefit, facilities and activities so as to relieve poverty, advance education and improve the conditions of life for the said inhabitants."

Recruitment and Appointment of the Management Committee

The management committee members are also the trustees of the Charity. All members, save co-optees, are elected at the AGM. One of the key strengths of the organisation is that it is firmly rooted in the community and is led by local people. The make-up of the Committee reflects this, with a majority of eight places being allocated to local residents with full membership of the Association. Usually, a number of these members seek to maintain their involvement for more than one year which gives continuity and stability to the Committee. New members are recruited by advertising around the area and by promoting the opportunity amongst Centre users. A further two places are open to nominated representatives of locally based organisations with which the Centre has strong working links, and a final two places are for associate members who are nominated staff representatives from PNC.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2023

Trustee Induction and Training

Most of the Committee members are familiar with the practical work of the Centre as they either are existing or past users of Centre services or have links to partner organisations. In addition to this, trustees receive induction training focusing on the constitution, the role of the Committee and its officers, and the need for DBS clearances. A rolling programme of policy and procedure review ensures that the trustees have an opportunity to familiarise themselves in detail with the running of the organisation and statutory responsibilities. Trustees are also encouraged to take part in training opportunities that are available at the Centre and within the wider voluntary sector network.

Risk Management

The Management Committee has identified the major risks to which the Charity is exposed and has ensured that there are a range of systems and procedures in place to address them. These are subject to regular review, and include:

- significant external risks to funding, which have been addressed through a business plan and regular budget review
- internal control risks which are minimised through financial and operational procedures
- policies and procedures to ensure compliance with health and safety requirements and standards
- protection of children and vulnerable adults addressed by obtaining enhanced CRB clearances for trustees, staff, and volunteers, working to Ofsted standards, having relevant protection and recruitment policies and procedures, and providing a programme of staff training.

The Centre receives support and insurance relating to personnel and employment matters as well as health and safety from Black Mountain (formerly known as The Compliance Group). This has proved invaluable in dealing with a number of issues.

Organisational Structure

The Charity has a Management Committee comprised of up to twelve members as described earlier. It also has the capacity to appoint up to four co-optees, and these would normally be individuals who can bring specific areas of expertise or who are representatives of organisations with whom the Centre wishes to strengthen its links.

The day to day running of the Centre is delegated to a paid staff team which is headed up by the Chief Executive. All staff work within teams that are lead by line managers. Staff receive monthly supervision, and attend regular staff and team meetings. Most staff attend bespoke training that supports professional development.

Related Parties

The Charity has close links with Together for Children Sunderland and the Iris Learning Trust to ensure that opportunities for professional development and guidance on standards are accessed.

Public Benefit Statement

The trustees have had regard to the Charity's Commission guidance on their legal duty on public benefit, and are satisfied that the charity delivers public benefit; and due regard is paid to the guidance on public benefit when deciding on what new projects the charity should undertake.

Mission Statement

"To improve the lives of our community through health and well-being services."

The need we address and why this is important

In Pennywell, widespread and chronic poverty has led to a significantly higher than average occurrence of the following 4 challenges:

1. Poor physical health
2. Poor mental health
3. Isolation and loneliness
4. Improving the ability to live independent

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2023

All of the above are related and represent multiple issues for many people. Poverty lies at the root of unhealthy lifestyle choices, (for example, lack of exercise, smoking and drinking too much, living on junk food, etc). These factors lead in turn to emergent physical and mental health issues such as poor general fitness, alcohol dependency and depression. The result of these challenges can include increased withdrawal from engagement in the community, growing social isolation and loneliness. Left unaddressed, this situation will often trigger a downwards spiral of increased substance use, reinforced social isolation and chronic illness. Many in our community have lived this way for decades – ultimately resulting for a high proportion in life changing illness (cardio vascular issues, long term depression, higher levels of life threatening issues such as heart disease, cancer, etc). In short, many of Pennywell's residents are locked into a self-reinforcing cycle of economic deprivation, physical ill-health, declining mental health, increasing social isolation and reduced personal resilience.

COVID-19 and now the cost of living crisis has amplified and exacerbated all of the above problems. For example, amongst our clients who already had financial difficulty there has been a return to previous unhealthy behaviours, as they do not have the income to continue with some of their positive health choices.

EVIDENCE RE: THE NEEDS WE DESCRIBE:

A) In 2020, we commissioned Dr. Mark Wetherell from Northumbria University to undertake a needs analysis amongst local people. Assessing the health, wellbeing and functioning of a sample of 41 individuals, Dr. Wetherell found that:

1) Older people in Pennywell were more likely than the wider older population to struggle with daily living tasks and were more dependent on others as a result. Dr. Wetherell concluded that, in Pennywell, "in the main, levels of function are low and dependency levels are high".

2) Pennywell residents reported almost twice the level of chronic stress than did the population at large.

3) Across a wide age range, Pennywell residents report role limitations caused by physical or emotional factors that are significantly worse than average. The evaluated group also scored very poorly (when compared against the general population) in terms of general health, physical functioning, emotional wellbeing and social functioning.

B) In a consultation with 21 project users in July 2021, 100% stated that they believed that attending our Community Education Sessions in the future would help to lower their stress; 96% stated that the courses would help them with their anxiety; the same percentage confirmed that their confidence would be helped. 60% stated that they valued the social opportunities afforded by our activities.

Activities

Our purpose is to support the most vulnerable in our community to break the cycle described above, help them to adopt healthier life habits and so improve their mental, physical and emotional health in the long term. Given the need to target resources, we design our programmes to supporting specific groups of vulnerable people, for example older people, often living alone or otherwise socially isolated, people with learning disabilities, families living in poverty and young people.

Currently we provide:

1) **HEALTH AND SELF CARE EDUCATION** (including things like Next Steps in Cookery and Seasonal Cooking [supporting kitchen confidence, cooking skills and nutritional knowledge]; Sit and Be Fit and 'Yoga' [focusing on physical fitness, flexibility and improved mental health through mindfulness]; Down Memory Lane [focusing on social interaction]).

2) **A GARDENING CLUB**; This gives users a sense of challenge, purpose and achievement. It provides physical activity, fresh air and comradeship. The activities are inherently mindful, absorbing and calming - and they keep people moving.

Pennywell Neighbourhood Centre

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Year Ended 31 March 2023

3) An ARTS PROJECT (including Textiles, Card Crafts, [helping to maintain manual dexterity] and Singing [this addresses social isolation, addresses loneliness and has been proven to improve both mental and physical health]).

4) Peer Mentor volunteers help to design and deliver the programme. This gives them opportunities to meet their neighbours, increase their social interaction and build new relationships. This leads to reduced feelings of loneliness and isolation and improved emotional and mental well-being for the Peer Mentors – and contributes to improved nutrition, fitness and emotional health for the wider group.

5) Partnership activities with other local charities, such as Pennywell Community Centre and North East Dementia Care – joint events and activities (e.g. Christmas celebration, school holiday activities).

6) BREAKOUT PROGRAMME: Our programme of activities and visits for children aged up to eleven and their parents during the school holidays is aimed at building a sense of community identity and improving the quality of life of hard pressed families.

7) THE BREAD AND BUTTER THING a food surplus distribution charity that offers a weekly shop for just £8.50. Funded by Gentoo, Pennywell Neighbourhood Centre was the first hub to open in Sunderland on 9th November 2022. It provides local residents with the opportunity to sign up and gain access to an average of £35 worth of items, including fresh fruit and veg, fridge favourites and cupboard staples.

Strategic Goals

The 4 strategic goals for the organisation set out in our business plan for this period are:

Widen participation through developing existing services and creating new ones

We aim to expand the range and delivery activities of all our services to increase the number of people we can help, to help attract new funding and to raise our profile within the area. This will include creating brand new services alongside existing services.

Funding and Income Generation

Our key areas of service delivery remain the Health and Well-Being Skills Programme and landlord activities. The key challenge for them both is the continuation of funding. A funding strategy for the organisation in general and in particular the Health and Well-Being Skills Programme is fundamental to its long-term success and the ability of the organisation to deliver activities essential to local residents and those who travel in to the area to access our services.

Good Governance

We also need to maintain good governance of the organisation through the introduction of new local management committee members, allowing long-term committee members the opportunity to move on and making sure all committee members have the information they need to make decisions. We need to have a strategy in place for recruitment and selection of new committee members.

Marketing and Promotion

Finally, we need to develop and adopt a marketing strategy that includes plans for improving our website, increasing our social media presence and making sure everyone who would benefit from our services knows about our services.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2023

Achievements and Performance

Health and Well-Being Programme

During the course of this year we have offered activities that promote healthy living, the acquisition of life skills, independence and engagement with neighbours. Our projects are designed around sessional programmes. These vary based on the needs and the expressed wishes of our users and are described in more detail above.

Our programme places a strong emphasis upon celebrating achievement and ensuring that the gains our service users make are recognised by their families and the wider community. At our annual learners' celebration event, learners were presented with certificates and prizes by the chair of Pennywell Neighbourhood Centre in front of their peers.

We are now in the second year of three years of funding for this project from the National Lottery Community Fund.

GP Service

Pennywell Medical Centre (which has been based within our building since it opened in 1999) ended delivery (and their lease) from our building in May 2022 when they relocated elsewhere.

North East Dementia Care

Our new tenant, who signed a lease in July 2022 that runs until 2032. They offer day care support to people living with Dementia in Sunderland and the surrounding areas. Day care includes; stimulating activities, hot lunch and transport. We are developing a strong working partnership with them since they moved in.

Breakout

Our summer holiday programme of activities for local families and children up to the age of eleven was put on hold in March 2020, due to the COVID-19 pandemic. Due to several factors this programme of activities was delayed again until summer 2024.

Marketing

Our website, www.pennywellnc.org was updated in 2023 to reflect our new tenants and return to face to face activities.

Financial Review

Against a continuing background of reduced funding across the country as a whole with the end of funding programmes, the cutting of funding from government, the impact of the COVID-19 pandemic and increased pressures on grant funders, the Centre's main priorities have been to address shortfalls in core funding, and to try to secure the sustainability of its key services by looking at our income generation strategies.

Principal Funding Sources

With regard to the core funds the Centre has been fortunate in receiving further support from NHS Sunderland Clinical Commissioning Group and will continue to do so until March 2025. Taken together with rental income from North East Dementia Care, this means we have been able to meet our core costs for the year.

The main source of funding for our service delivery and to support and expand the work of the centre came from a number of different sources. We received significant funding from the National Lottery Community Fund, Community Foundation, Ballinger Charitable Trust, Greggs Foundation, Sir John Priestman Charity, Sunderland Council Warm Spaces and Sir James Knott Trust.

Also, smaller grants and in kind donations have also made a huge impact. This year we benefited from continued funding from the Joseph Strong Frazer Trust, small grants from the Aspire (Gentoo), Catherine Cookson Charitable Trust, Empower Fund and support from other small fundraising activities.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2023

Investment Policy

Currently no reserves are invested and this will continue to be reviewed annually.

Reserves Policy

The Management Committee has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be approximately 6 months of running costs - which currently equates to roughly £100,000. At this level the Management Committee feel they would be able to continue the current activities of the charity in the event of a significant drop in funding until lost funding could be replaced or alternative business plans drawn up.

Plans for Future Periods

The organisation will continue working closely with Mark Butcher Associates to obtain alternative sources of funding to make sure the organisation is sustainable in the long term.

Other funding and sources of income will include rental of office space to other organisations and more advertising of the space will be required.

Joint working initiatives with North East Dementia Care and other local organisations will continue to be explored and built in to future delivery models and funding requirements.

Members of the Management Committee

The members of the Management Committee who are the trustees of the Charity, and who served during the year and up to the date of this report are listed at the beginning of this report.

Statement of the Management Committee's Responsibilities for Financial Statements.

The Charities Act 2011 requires the Management Committee to keep proper records of accounts with respect to the affairs of the charity, and prepare statements of account for each accounting period consisting of a statement of financial activities and a balance sheet. The Management Committee are also responsible for safeguarding the charity's assets, and hence for taking reasonable steps for the prevention and detection of error, fraud, and other irregularities.

In preparing the financial statements the Management Committee are expected to:

- Select suitable accounting policies and apply them consistently, making judgements and estimates that are reasonable and prudent;
- Following the recommendations of the Charity Commission and of the accounting profession with regard to the form and content of the financial statements or to disclose and explain any departures therefrom; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue to meet its objectives.

Examiner

The examiner, Mrs A. M. Henshaw of Torgersens, will be proposed for re-appointment at the Annual General Meeting.

This report was approved by the trustees on

Signed on behalf of the trustees by



Name 

Date 21/12/2023

Independent Examiner's Report to the Trustees of

Pennywell Neighbourhood Centre

Year Ended 31 March 2023

I report on the financial statements of the Charity for the year ended 31 March 2023 which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 ("The Charities Act") and that an independent examination is needed.

It is my responsibility to:

- ◆ examine the financial statements under section 145 of the 2011 Act;
- ◆ to follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- ◆ to state whether any particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- ◆ to keep accounting records in accordance with section 130 of the 2011 Act; and
- ◆ to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



**A. M. Henshaw FCCA
Torgersens
Chartered Accountants
Avalon House
St Catherine's Court
Sunderland
SR5 3XJ**

Date: 03/01/24

Pennywell Neighbourhood Centre

Unaudited Statement of Financial Activities

Year Ended 31 March 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Income and Expenditure					
Income					
Income from generated funds					
Donations and legacies	2a	62,578	139,912	202,490	87,938
Income from investment	2b	42,896	-	42,896	27,600
Income from charitable activities	3	11,724	-	11,724	90,378
Total income		<u>117,198</u>	<u>139,912</u>	<u>257,110</u>	<u>205,916</u>
Expenditure					
Expenditure on charitable activities	4	(147,441)	(86,839)	(234,280)	(216,923)
Total expenditure		<u>(147,441)</u>	<u>(86,839)</u>	<u>(234,280)</u>	<u>(216,923)</u>
Net income/(expenditure)		<u>(30,243)</u>	<u>53,073</u>	<u>22,830</u>	<u>(11,007)</u>
Transfers					
Transfers between funds	14	70,776	(70,776)	-	-
Net movements on funds		<u>40,533</u>	<u>(17,703)</u>	<u>22,830</u>	<u>(11,007)</u>
Total funds brought forward		388,182	47,696	435,878	446,885
Total funds carried forward		<u>428,715</u>	<u>29,993</u>	<u>458,708</u>	<u>435,878</u>

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Unaudited Balance Sheet

As at 31 March 2023

	Note	2023 £	2023 £	2022 £	2022 £
Fixed Assets					
Tangible assets	8		262,148		255,130
Investments	9		1		1
			<u>262,149</u>		<u>255,131</u>
Current Assets					
Debtors	10	32,141		111,251	
Cash at bank and in hand		236,972		171,094	
Total current assets		<u>269,113</u>		<u>282,345</u>	
Liabilities					
Creditors: Amounts falling due within one year	11	<u>45,416</u>		<u>47,322</u>	
Net current assets			223,697		235,023
Creditors : Amounts falling due after one year	12		27,138		54,276
Total net assets			<u>458,708</u>		<u>435,878</u>
Unrestricted funds	13				
General fund		117,067		133,052	
Designated funds		311,648		255,130	
			<u>428,715</u>		<u>388,182</u>
Restricted funds					
Revenue	14		29,993		47,696
			<u>458,708</u>		<u>435,878</u>

These unaudited financial statements were approved by members of the committee on the 21/12/2023 and are signed on their behalf by:


Trustee

Name Kevin D...

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

1 Accounting Policies

Basis of Preparation

These unaudited financial statements have been prepared under the historical cost convention and in accordance with:

- i) the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) issued in January 2015 (SORP 2015)
- ii) the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
- iii) the Charities Act 2011.

The unaudited financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these unaudited financial statements are rounded to the nearest £.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Consolidation

In the opinion of the trustees the charity and its subsidiary undertakings comprise a small group.

The charity has taken advantage of the exemptions from preparing consolidated financial statements as specified under paragraph 139(2) of the Charities Act 2011.

Fund Accounting

Funds held by the charity are used for:

Unrestricted funds comprise those funds which the trustees are free to use in accordance with the charitable objectives.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are funds which are to be used for specific purposes as laid down by the donor or by specific terms of the appeal under which the funds are raised. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

Donations and Legacies

Donations and legacies are recognised in the Statement of Financial Activities when they are received.

Grants Receivable

All grant income is recognised on the receivable basis. Grants relating to core costs are shown under Income from Generated Funds, whilst grants receivable to specific activities or projects are shown under Income from Charitable Activities.

In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

When income from the grant is received that has time-related conditions attached and the charity is not entitled to spend that income in advance of its budgeted year(s) without the further prior approval of the grant-maker then the grant is deferred.

Income from Investments

Bank interest is included in the Statement of Financial Activities on the accruals basis.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

1 Accounting Policies (*continued*)

Leased Assets

The company acts as a lessor of its land and buildings. Rentals received under these operating leases are recognised as income on a straight-line basis over the lease term.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All direct costs have been attributed to one of the specific activities as set out in note 4 to these unaudited financial statements.

Support costs included in expenditure are allocated in specific activities on the basis set out in note 4 in these unaudited financial statements.

Fixed Assets

All fixed assets are initially recorded at cost. The trustees have agreed to capitalise assets of more than £300; any assets below £300 will be included as expenditure in the statement of financial activities.

Donated assets are capitalised at their market value, as estimated by the trustees, when they are received. The corresponding credit is included within donations and legacies under Income from Generated Funds.

Depreciation

Depreciation is calculated to write off the cost, less estimated residual value, of tangible fixed assets over their estimated useful lives. The annual depreciation rates and methods used are as follows:-

Buildings	-	2% straight line
Furniture, fixtures and fittings	-	15% reducing balance
Office and general equipment	-	15% & 25% reducing balance

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities on a straight-line basis over the period of the lease.

Pension Costs

The charity operates a defined contribution pension scheme for employees. The annual contributions payable are charged to the SOFA.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

2a	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
	Grants Receivable				
	The Clothworkers	-	7,000	7,000	-
	The Bernard Sunley	-	4,000	4,000	-
	Ballinger Trust	10,090	-	10,090	9,797
	The Community Foundation	5,250	10,100	15,350	15,041
	National Lottery Community Fund	-	60,718	60,718	10,000
	Sir James Knott Trust	-	15,000	15,000	-
	Bernicia Foundation	-	7,494	7,494	-
	Empower Community	2,000	2,790	4,790	-
	Zedra Trust	-	3,000	3,000	-
	HSBC Screwfix Foundation	-	3,500	3,500	-
	Sir John Priestman Charity Trust	-	6,000	6,000	-
	The Bailey Thomas Charitable Fund	-	-	-	-
	The Edward Gostling Foundation	-	5,000	5,000	-
	The Hadrian Trust	1,000	-	1,000	-
	Trusthouse	-	-	-	7,500
	Greggs Foundation	15,000	-	15,000	18,850
	The Evan Conrish Foundation	-	-	-	4,000
	Postcode Neighbourhood Lottery	-	-	-	7,950
	Sunderland CC	-	12,310	12,310	4,000
	Rukba Independent Age Grant	-	-	-	10,000
	Rothley Trust	-	-	-	800
	Joseph Frazer Strong Trust	1,000	-	1,000	-
	The Joicey Trust	-	3,000	3,000	-
	Catherine Cookson Charitable Trust	600	-	600	-
	NHS Sunderland	27,138	-	27,138	-
	Gentoo	500	-	500	-
		<u>62,578</u>	<u>139,912</u>	<u>202,490</u>	<u>87,938</u>

The income from donations and legacies for the charity was £202,490 (2022: £87,938) of which £62,578 was unrestricted (2022: £32,691) and £139,912 restricted (2022: £55,247).

2b	Income from Investments	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
	PNC recharge	-	-	-	-
	Rent				
	- Pennywell Medical Centre	15,651	-	15,651	27,600
	- Northeast Dementia Care	27,245	-	27,245	-
		<u>42,896</u>	<u>-</u>	<u>42,896</u>	<u>27,600</u>

The income from investment for the charity was £42,896 (2022: £27,600) which was all unrestricted in the current and previous year.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

3	Income from Charitable Activities	Unrestricted	Restricted	Total	Total Funds
		Funds	Funds	Funds	2022
		£	£	£	£
	User Contributions	5,358	-	5,358	8,252
	Pennywell Medical Centre – running costs	-	-	-	42,825
	Release of redundancy provision	-	-	-	24,822
	Job Retention Scheme	-	-	-	14,479
	NED Running costs	6,366	-	6,366	-
		<u>11,724</u>	<u>-</u>	<u>11,724</u>	<u>90,378</u>

The income from charitable activities for the charity was £11,724 (2022: £90,378) of which £11,724 was unrestricted (2022: £90,378) and £nil was restricted (2022: £nil).

Pennywell Neighbourhood Centre

Statement of Financial Activities

Year Ended 31 March 2023

4 Total Expenditure

	Basis of allocation	Health and Family Support £	Other Activities £	Total 2023 £	Total 2022 £
Costs directly allocated to activities					
Wages & Salaries	Direct	60,636	3,149	63,785	66,414
Equipment	Direct	-	-	-	15
Rates & Water	Direct	-	28	28	1,129
Light & Heat	Direct	-	1,186	1,186	8,060
Insurance	Direct	-	762	762	955
Repairs & Renewals	Direct	-	1,527	1,527	14,900
Programme Costs	Direct	9,046	100	9,146	5,052
Travel	Direct	-	-	-	-
Printing, Postage & Stationery	Direct	-	-	-	-
Cleaning	Direct	-	177	177	844
Telephone	Direct	-	-	-	-
Miscellaneous Costs	Direct	-	160	160	153
Staff Development	Direct	-	-	-	-
Depreciation	Direct	-	-	-	-
Legal & Professional Fees	Direct	-	-	-	-
Support costs allocated to activities					
Wages & Salaries	1	71,927	-	71,927	57,323
Equipment	1	1,986	-	1,986	1,216
Rates & Water	1	1,948	-	1,948	1,769
Light & Heat	1	10,401	-	10,401	8,061
Insurance	1	5,758	-	5,758	5,153
Repairs & Renewals	1	14,355	-	14,355	11,658
Programme Costs	1	1,151	-	1,151	1,490
Travel	1	76	-	76	46
Printing, Postage & Stationery	1	505	-	505	695
Cleaning	1	2,047	-	2,047	1,328
Telephone	1	1,979	-	1,979	1,647
Miscellaneous Costs	1	1,026	-	1,026	1,005
Staff Development	1	-	-	-	100
Accountancy fees	1	8,707	-	8,707	4,380
Legal & Professional Fees	1	10,361	-	10,361	12,998
Profit/(loss) on Disposal	1	-	-	-	(4,483)
Bad Debts	1	6,394	-	6,394	-
Depreciation	1	18,888	-	18,888	15,015
		<u>227,191</u>	<u>7,089</u>	<u>234,280</u>	<u>216,923</u>

Other activities comprise direct costs in relation to Pennywell Medical Centre.

The expenditure on charitable activities for the charity was £234,280 (2022: £216,923) of which £147,441 was unrestricted (2022: £156,724) and £86,839 was restricted (2022: £60,199).

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

5	Staff Costs	Total Funds 2023 £	Total Funds 2022 £
	Staff costs were as follows:		
	Wages and salaries	126,696	113,150
	Social security costs	4,324	4,900
	Pension costs	4,692	5,688
		<u>135,712</u>	<u>123,738</u>

No employee received in excess of £ 60,000 during the current or preceding year.

The key management personnel of the charity comprise the trustees, the chief executive, and the community education project co-ordinator. The total employee benefits of the key management personnel of the charity were £76,642 (2022 : £74,917).

The average monthly number of employees during the year was as follows:

Direct project workers	3	2
Management and administration	<u>4</u>	<u>7</u>

6 Trustees Remuneration

Trustees received no remuneration and were reimbursed £nil (2022: £nil) for travel expenses during the year.

7 Taxation

The charity considers its activities to be exempt from corporation tax by virtue of Section 466 of the Corporation Taxes Act 2010.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

8	Tangible Fixed Assets		Furniture, fixtures & fittings	Office & general equipment	Total
	Buildings				
Cost	£	£	£	£	£
At 1 April 2022	704,814	83,524	25,167	813,505	
Additions	-	23,937	1,969	25,906	
Disposals	-	(1,986)	(2,026)	(4,012)	
At 31 March 2023	<u>704,814</u>	<u>105,475</u>	<u>25,110</u>	<u>835,399</u>	
Depreciation					
At 1 April 2022	485,527	50,141	22,707	558,375	
Charge for the year	8,319	8,990	1,579	18,888	
Disposals	-	(1,986)	(2,026)	(4,012)	
At 31 March 2023	<u>493,846</u>	<u>57,145</u>	<u>22,260</u>	<u>573,251</u>	
Net Book Value					
At 31 March 2023	<u>210,968</u>	<u>48,330</u>	<u>2,850</u>	<u>262,148</u>	
At 31 March 2022	<u>219,287</u>	<u>33,383</u>	<u>2,460</u>	<u>255,130</u>	

9. Fixed Asset Investments

	Shares in group undertakings £
Cost	
At 1 April 2022 to 31 March 2023	1
Net Book Value	
At 31 March 2023	1
At 31 March 2022	<u>1</u>

The charity holds 20% or more of the issued share capital of the companies listed below:

	Country of incorporation	Shareholding	Proportion held	Nature of business
Subsidiary undertakings				
P N C Services Limited	England	Ordinary Shares	100%	Provision of premises management services
Aggregate Capital & Reserves				2022 £
P N C Services Limited				3,182
Profit/(Loss) for the Year				
P N C Services Limited				-

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

10. Debtors

	2023	2022
	£	£
Trade debtors	18,558	81,414
Other debtors	-	6,394
Prepayments & accrued income	13,583	23,443
	<u>32,141</u>	<u>111,251</u>

11. Creditors: Amounts falling due within one year

	2023	2022
	£	£
Trade creditors	2,235	5,153
Other creditors	10,705	9,625
Accruals & deferred grant income	32,476	32,544
	<u>45,416</u>	<u>47,322</u>

12. Creditors: Amounts falling due after year

	2023	2022
	£	£
Deferred grant income	27,138	54,276
	<u>27,138</u>	<u>54,276</u>

13. Unrestricted Funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2023 £
PNC Fund	<u>133,052</u>	<u>67,936</u>	<u>(104,408)</u>	<u>20,487</u>	<u>117,067</u>
Designated Funds					
PMC Fund	-	15,651	(7,090)	(8,561)	-
NED Fund	-	33,611	(17,055)	(16,556)	-
Capital Fund	255,130	-	(18,888)	25,906	262,148
Redundancy Fund				49,500	49,500
	<u>255,130</u>	<u>49,262</u>	<u>(43,033)</u>	<u>50,289</u>	<u>311,648</u>
Total Unrestricted Funds	<u>388,182</u>	<u>117,198</u>	<u>(147,441)</u>	<u>70,776</u>	<u>428,715</u>

Unrestricted Funds – movement in previous year

	At 1 April 2021 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2022 £
PNC Fund	<u>142,423</u>	<u>107,844</u>	<u>(104,264)</u>	<u>(12,951)</u>	<u>133,052</u>
Designated Funds					
PMC Fund	-	42,825	(37,445)	(5,380)	-
Capital Fund	268,691	-	(15,015)	1,454	255,130
	<u>268,691</u>	<u>42,825</u>	<u>(52,460)</u>	<u>(3,926)</u>	<u>255,130</u>
Total Unrestricted Funds	<u>411,114</u>	<u>150,669</u>	<u>(156,724)</u>	<u>(16,877)</u>	<u>388,182</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

13. Unrestricted Funds (continued)

Purposes of Designated Funds

PMC Fund	This represents funds received from Pennywell Medical Centre in lieu of premises costs incurred by themselves that are paid for by the charity.
Capital Fund	This represents the net book value of tangible fixed assets. Transfers are in respect of capital expenditure.
NED Care	This represents funds received from North East Dementia Care in lieu of premises costs incurred by themselves that are paid for by the charity.

14 Restricted Funds	At 1 April 2022 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2023 £
Revenue Funds					
Breakout	10,196	-	-	(10,196)	-
PNC	37,500	50,784	(17,157)	(60,580)	10,547
Family Support – Adult	-	89,128	(69,682)	-	19,446
Total Restricted Funds	<u>47,696</u>	<u>139,912</u>	<u>(86,839)</u>	<u>(70,776)</u>	<u>29,993</u>

Restricted Funds – movement in previous year

	At 1 April 2021 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2022 £
Revenue Funds					
Breakout	10,928	-	(732)	-	10,196
PNC	-	37,500	-	-	37,500
Family Support – Adult	24,843	17,747	(59,467)	16,877	-
Total Restricted Funds	<u>35,771</u>	<u>55,247</u>	<u>(60,199)</u>	<u>16,877</u>	<u>47,696</u>

The transfer of £60,580 represents £23,080 of capital items purchased from restricted funds, transferred to the designated reserve and £37,500 of money spent in the prior year misallocated as unrestricted.

The transfer of £10,196 relates to money spent in the prior year which had been misallocated as unrestricted.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2023

14 Restricted Funds (continued)

Purposes of Restricted Funds

Breakout	This represents funds received to provide parents and children aged 5 to 11 with a programme of school holiday activities.
Family Support	This represents funds received towards the costs of providing support to families and parents in the community and work with men and women around confidence building and stress management.

15 Analysis of Net Assets Between Funds

	Unrestricted Funds		Restricted Funds	Total
	PNC	Designated	Funds	
	£	£	£	£
Tangible fixed assets	-	262,148	-	262,148
Investments	1	-	-	1
Debtors & prepayments	32,141	-	-	32,141
Cash at bank	157,479	49,500	29,993	236,972
Creditors	(72,554)	-	-	(72,554)
	<u>117,067</u>	<u>311,648</u>	<u>29,993</u>	<u>458,708</u>

Analysis of Net Assets Between Funds – prior year

	Unrestricted Funds		Restricted Funds	Total
	PNC	Designated	Funds	
	£	£	£	£
Tangible fixed assets	-	255,130	-	255,130
Investments	1	-	-	1
Debtors & prepayments	111,251	-	-	111,251
Cash at bank	123,398	-	47,696	171,094
Creditors	(101,598)	-	-	(101,598)
	<u>133,052</u>	<u>255,130</u>	<u>47,696</u>	<u>435,878</u>

Accounts

Charity Registration Number : 1005148

Pennywell Neighbourhood Centre

Unaudited Financial Statements

For the year ended 31 March 2022

Pennywell Neighbourhood Centre

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Year Ended 31 March 2022

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Pennywell Neighbourhood Centre

Officers and Professional Advisers

Registered Office and Operational Address

Pennywell Neighbourhood Centre
Pennywell Shopping Centre
Portsmouth Road
Sunderland
Tyne and Wear
SR4 9AS

Custodian Trustees

Denise Haley
Jane Caldwell

Chief Executive

Gary Brooks

Management Committee Members

Julie Hanly
Denise Haley
Jane Caldwell (resigned 11th July 2022)
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran
David Thompson (appointed 21st November 2022)

Independent Examiner

A. M. Henshaw FCCA,

Torgersens
Somerford Buildings
Norfolk Street
Sunderland
SR1 1EE

Bankers

Co-operative Bank plc
5/6 Fawcett Street
Sunderland
Tyne and Wear
SR1 1RF

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2022

The trustees present their report together with the financial statements for the year ended 31 March 2022.

Reference and Administrative Information

Charity Name:-	Pennywell Neighbourhood Centre
Charity Registration Number:-	1005148
Registered Office and Operational Address	Pennywell Neighbourhood Centre Pennywell Shopping Centre Portsmouth Road Sunderland Tyne and Wear SR4 9AS

Custodian Trustees

Denise Haley
Jane Caldwell

Management Committee Members

Julie Hanly
Denise Haley
Jan Caldwell (resigned 11th July 2022)
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran
David Thompson (appointed 21st November 2022)

Structure, Governance and Management

The organisation has existed since 1989, and its objects and regulations are regulated by a trust deed under which the Charity is constituted as an unincorporated association. It has been registered as a charity [No. 1005148] since October 1991. The constitution states that its objects are:

"In the interests of social welfare to provide for the benefit of the inhabitants of the Pennywell estate and neighbouring environs in Sunderland in the county of Tyne and Wear [hereinafter called "the area of benefit"] a neighbourhood centre and to promote therein and in the area of benefit, facilities and activities so as to relieve poverty, advance education and improve the conditions of life for the said inhabitants."

Recruitment and Appointment of the Management Committee

The management committee members are also the trustees of the Charity. All members, save co-optees, are elected at the AGM. One of the key strengths of the organisation is that it is firmly rooted in the community and is led by local people. The make-up of the Committee reflects this, with a majority of eight places being allocated to local residents with full membership of the Association. Usually, a number of these members seek to maintain their involvement for more than one year which gives continuity and stability to the Committee. New members are recruited by advertising around the area and by promoting the opportunity amongst Centre users. A further two places are open to nominated representatives of locally based organisations with which the Centre has strong working links, and a final two places are for associate members who are nominated staff representatives from PNC and the in-house Primary Care team.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2022

Trustee Induction and Training

Most of the Committee members are familiar with the practical work of the Centre as they either are existing or past users of Centre services or have links to partner organisations. In addition to this, trustees receive induction training focusing on the constitution, the role of the Committee and its officers, and the need for DBS clearances. A rolling programme of policy and procedure review ensures that the trustees have an opportunity to familiarise themselves in detail with the running of the organisation and statutory responsibilities. Trustees are also encouraged to take part in training opportunities that are available at the Centre and within the wider voluntary sector network.

Risk Management

The Management Committee has identified the major risks to which the Charity is exposed and has ensured that there are a range of systems and procedures in place to address them. These are subject to regular review, and include:

- significant external risks to funding, which have been addressed through a business plan and regular budget review
- internal control risks which are minimised through financial and operational procedures
- policies and procedures to ensure compliance with health and safety requirements and standards
- protection of children and vulnerable adults addressed by obtaining enhanced CRB clearances for trustees, staff, and volunteers, working to Ofsted standards, having relevant protection and recruitment policies and procedures, and providing a programme of staff training.

The Centre receives support and insurance relating to personnel and employment matters as well as health and safety from Black Mountain (formerly known as The Compliance Group) until 2023. This has proved invaluable in dealing with a number of issues.

Organisational Structure

The Charity has a Management Committee comprised of up to twelve members as described earlier. It also has the capacity to appoint up to four co-optees, and these would normally be individuals who can bring specific areas of expertise or who are representatives of organisations with whom the Centre wishes to strengthen its links.

The day to day running of the Centre is delegated to a paid staff team which is headed up by the Chief Executive. All staff work within teams that are lead by line managers. Staff receive monthly supervision, and attend regular staff and team meetings. Most staff attend bespoke training that supports professional development.

Related Parties

The Charity has close links with Together for Children Sunderland and the Iris Learning Trust to ensure that opportunities for professional development and guidance on standards are accessed.

Public Benefit Statement

The trustees have had regard to the Charity's Commission guidance on their legal duty on public benefit, and are satisfied that the charity delivers public benefit; and due regard is paid to the guidance on public benefit when deciding on what new projects the charity should undertake.

Mission Statement

"To improve the lives of our community through health and well-being services."

The need we address and why this is important

In Pennywell, widespread and chronic poverty has led to a significantly higher than average occurrence of the following 4 challenges:

1. Poor physical health
2. Poor mental health
3. Isolation and loneliness
4. Improving the ability to live independent

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2022

All of the above are related and represent multiple issues for many people. Poverty lies at the root of unhealthy lifestyle choices, [for example, lack of exercise, smoking and drinking too much, living on junk food, etc]. These factors lead in turn to emergent physical and mental health issues such as poor general fitness, alcohol dependency and depression. The result of these challenges can include increased withdrawal from engagement in the community, growing social isolation and loneliness. Left unaddressed, this situation will often trigger a downwards spiral of increased substance use, reinforced social isolation and chronic illness. Many in our community have lived this way for decades – ultimately resulting for a high proportion in life changing illness [cardio vascular issues, long term depression, higher levels of life threatening issues such as heart disease, cancer, etc]. In short, many of Pennywell's residents are locked into a self-reinforcing cycle of economic deprivation, physical ill-health, declining mental health, increasing social isolation and reduced personal resilience.

COVID-19 has amplified and exacerbated all of the above problems. For example, amongst our vulnerable clients we have identified a post-covid reluctance to re-engage with society – and this reinforces isolation and sedentary habits both of which accelerate a decline in mental and physical health (from the already low base, described).

EVIDENCE RE: THE NEEDS WE DESCRIBE:

A) In 2020, we commissioned Dr. Mark Wetherell from Northumbria University to undertake a needs analysis amongst local people. Assessing the health, wellbeing and functioning of a sample of 41 individuals, Dr. Wetherell found that:

1) Older people in Pennywell were more likely than the wider older population to struggle with daily living tasks and were more dependent on others as a result. Dr. Wetherell concluded that, in Pennywell, "in the main, levels of function are low and dependency levels are high".

2) Pennywell residents reported almost twice the level of chronic stress than did the population at large.

3) Across a wide age range, Pennywell residents report role limitations caused by physical or emotional factors that are significantly worse than average. The evaluated group also scored very poorly (when compared against the general population) in terms of general health, physical functioning, emotional wellbeing and social functioning.

B) In a consultation with 21 project users in July 2021, 100% stated that they believed that attending our Community Education Sessions in the future would help to lower their stress; 96% stated that the courses would help them with their anxiety; the same percentage confirmed that their confidence would be helped. 60% stated that they valued the social opportunities afforded by our activities.

Activities

Our purpose is to support the most vulnerable in our community to break the cycle described above, help them to adopt healthier life habits and so improve their mental, physical and emotional health in the long term. Given the need to target resources, we design our programmes to supporting specific groups of vulnerable people, for example older people, often living alone or otherwise socially isolated, people with learning disabilities, families living in poverty and young people.

Currently we provide:

1) **HEALTH AND SELF CARE EDUCATION** (including things like Next Steps in Cookery and Seasonal Cooking [supporting kitchen confidence, cooking skills and nutritional knowledge]; Sit and Be Fit and 'Yoga' [focusing on physical fitness, flexibility and improved mental health through mindfulness]; Down Memory Lane [focusing on social interaction]).

2) **A GARDENING CLUB**; This gives users a sense of challenge, purpose and achievement. It provides physical activity, fresh air and comradeship. The activities are inherently mindful, absorbing and calming - and they keep people moving.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2022

3) An ARTS PROJECT (including Textiles, Card Crafts, [helping to maintain manual dexterity] and Singing [this addresses social isolation, addresses loneliness and has been proven to improve both mental and physical health]).

4) Peer Mentor volunteers help to design and deliver the programme. This gives them opportunities to meet their neighbours, increase their social interaction and build new relationships. This leads to reduced feelings of loneliness and isolation and improved emotional and mental well-being for the Peer Mentors – and contributes to improved nutrition, fitness and emotional health for the wider group.

5) Partnership activities with other local charities, such as Pennywell Community Centre and North East Dementia Care – joint events and activities (e.g. Christmas celebration, school holiday activities).

6) BREAKOUT PROGRAMME: Our programme of activities and visits for children aged up to eleven and their parents during the school holidays is aimed at building a sense of community identity and improving the quality of life of hard pressed families.

Strategic Goals

The 4 strategic goals for the organisation set out in our business plan for this period are:

1. Widen participation through developing existing services and creating new ones

We aim to expand the range and delivery activities of all our services to increase the number of people we can help, to help attract new funding and to raise our profile within the area. This will include creating brand new services alongside existing services.

2. Funding and Income Generation

Our key areas of service delivery until 2022 remain the Health and Well-Being Skills Programme and landlord activities. The key challenge for them both is the continuation of funding. A funding strategy for the organisation in general and in particular the Health and Well-Being Skills Programme is fundamental to its long-term success and the ability of the organisation to deliver activities essential to local residents and those who travel in to the area to access our services.

3. Good Governance

We also need to maintain good governance of the organisation through the introduction of new local management committee members, allowing long-term committee members the opportunity to move on and making sure all committee members have the information they need to make decisions. We need to have a strategy in place for recruitment and selection of new committee members.

4. Marketing and Promotion

Finally, we need to develop and adopt a marketing strategy that includes plans for improving our website, increasing our social media presence and making sure everyone who would benefit from our services knows about our services.

Achievements and Performance

Health and Well-Being Programme

After over a year of disruption due to COVID-19, in-house delivery for this programme started again in mid-April 2021.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2022

During the course of this year we have offered activities that promote healthy living, the acquisition of life skills, independence and engagement with neighbours. Our projects are designed around sessional programmes. These vary based on the needs and the expressed wishes of our users and are described in more detail above.

Our programme places a strong emphasis upon celebrating achievement and ensuring that the gains our service users make are recognised by their families and the wider community. At our annual learners' celebration event, learners were presented with certificates and prizes by the chair of Pennywell Neighbourhood Centre in front of their peers.

In early 2022 we were awarded 3 years of funding for this project from the National Lottery Community Fund.

GP Service

Pennywell Medical Centre which has been based within our building since it opened in 1999. The new delivery provider (Sunderland GP Alliance) has been delivering from our building since 2016 but this will end in May 2022 when they relocate the service elsewhere. We will continue to work with the in-house primary care team engaging with patients both old and young through co-hosted themed health promotion days until that date.

North East Dementia Care

They are a new tenant that we have found to replace Pennywell Medical Centre. They will be signing a lease until 2032. They offer day care support to people living with Dementia in Sunderland and the surrounding areas. Day care includes; stimulating activities, hot lunch and transport. We look forward to developing a strong working partnership with them over the next 10 years.

Breakout

Our summer holiday programme of activities for local families and children up to the age of eleven was put on hold in March 2020, due to the COVID-19 pandemic. Due to several factors this programme of activities was delayed again until summer 2023.

Marketing

Our website, www.pennywellnc.org was updated in 2022 to reflect our new tenants and return to face to face activities.

Financial Review

Against a continuing background of reduced funding across the country as a whole with the end of funding programmes, the cutting of funding from government, the impact of the COVID-19 pandemic and increased pressures on grant funders, the Centre's main priorities have been to address shortfalls in core funding, and to try to secure the sustainability of its key services by looking at our income generation strategies.

Principal Funding Sources

With regard to the core funds the Centre has been fortunate in receiving further support from NHS Sunderland Clinical Commissioning Group and will continue to do so until March 2025. Taken together with rental income from Pennywell Medical Centre, this means we have been able to meet our core costs for the year.

The main source of funding for our service delivery and to support and expand the work of the centre came from a number of different sources. We received significant funding from the Community Foundation, Ballinger Charitable Trust, Trusthouse Charitable Foundation, Awards For All, Greggs Foundation, Evan Cornish Foundation, Postcode Neighbourhood Trust.

Also, smaller grants and in kind donations have also made a huge impact. This year we benefited from continued funding from the Joseph Strong Frazer Trust, small grants from the John & Barbara Sadler and Jeanette Henderson Fund, Rothley Trust and support from other small fundraising activities.

We also accessed funding from the government's furlough scheme.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2022

Investment Policy

Currently no reserves are invested and this will continue to be reviewed annually.

Reserves Policy

The Management Committee has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be approximately 6 months of running costs - which currently equates to roughly £100,000. At this level the Management Committee feel they would be able to continue the current activities of the charity in the event of a significant drop in funding until lost funding could be replaced or alternative business plans drawn up.

Plans for Future Periods

The organisation will continue working closely with Mark Butcher Associates to obtain alternative sources of funding to make sure the organisation is sustainable in the long term.

Other funding and sources of income will include rental of office space to other organisations and more advertising of the space will be required.

Joint working initiatives with North East Dementia Care and other local organisations will continue to be explored and built in to future delivery models and funding requirements.

Members of the Management Committee

The members of the Management Committee who are the trustees of the Charity, and who served during the year and up to the date of this report are listed at the beginning of this report.

Statement of the Management Committee's Responsibilities for Financial Statements.

The Charities Act 2011 requires the Management Committee to keep proper records of accounts with respect to the affairs of the charity, and prepare statements of account for each accounting period consisting of a statement of financial activities and a balance sheet. The Management Committee are also responsible for safeguarding the charity's assets, and hence for taking reasonable steps for the prevention and detection of error, fraud, and other irregularities.

In preparing the financial statements the Management Committee are expected to:

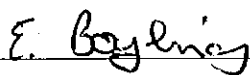
- Select suitable accounting policies and apply them consistently, making judgements and estimates that are reasonable and prudent;
- Following the recommendations of the Charity Commission and of the accounting profession with regard to the form and content of the financial statements or to disclose and explain any departures therefrom; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue to meet its objectives.

Examiner

The examiner, Mrs A. M. Henshaw of Torgersens, will be proposed for re-appointment at the Annual General Meeting.

This report was approved by the trustees on

Signed on behalf of the trustees by


Name ESMILE BAYLING
Date 13/12/2022

Independent Examiner's Report to the Trustees of

Pennywell Neighbourhood Centre

Year Ended 31 March 2022

I report on the financial statements of the Charity for the year ended 31 March 2022 which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 ("The Charities Act") and that an independent examination is needed.

It is my responsibility to:

- ♦ examine the financial statements under section 145 of the 2011 Act;
- ♦ to follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- ♦ to state whether any particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- ♦ to keep accounting records in accordance with section 130 of the 2011 Act; and
- ♦ to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



**A. M. Henshaw FCCA
Torgersens
Chartered Accountants
Somerford Buildings
Norfolk Street
Sunderland
SR1 1EE**

Date: 20/12/22

Pennywell Neighbourhood Centre

Unaudited Statement of Financial Activities

Year Ended 31 March 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Income and Expenditure					
Income					
Income from generated funds					
Donations and legacies	2a	32,691	55,247	87,938	134,512
Income from investment	2b	27,600	-	27,600	27,600
Income from charitable activities	3	90,378	-	90,378	127,858
Total income		<u>150,669</u>	<u>55,247</u>	<u>205,916</u>	<u>289,970</u>
Expenditure					
Expenditure on charitable activities	4	(156,724)	(60,199)	(216,923)	(218,009)
Total expenditure		<u>(156,724)</u>	<u>(60,199)</u>	<u>(216,923)</u>	<u>(218,009)</u>
Net income/(expenditure)		(6,055)	(4,952)	(11,007)	71,961
Transfers					
Transfers between funds	14	(16,877)	16,877	-	-
Net movements on funds		<u>(22,932)</u>	<u>11,925</u>	<u>(11,007)</u>	<u>71,961</u>
Total funds brought forward		411,114	35,771	446,885	374,924
Total funds carried forward		<u>388,182</u>	<u>47,696</u>	<u>435,878</u>	<u>446,885</u>

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Unaudited Balance Sheet

As at 31 March 2022

	Note	2022 £	2022 £	2021 £	2021 £
Fixed Assets					
Tangible assets	8		255,130		268,691
Investments	9		1		1
			<u>255,131</u>		<u>268,692</u>
Current Assets					
Debtors	10	111,251		18,602	
Cash at bank and in hand		171,094		212,568	
Total current assets		<u>282,345</u>		<u>231,170</u>	
Liabilities					
Creditors: Amounts falling due within one year	11	<u>47,322</u>		<u>52,977</u>	
Net current assets			235,023		178,193
Creditors : Amounts falling due after one year	12		54,276		-
Total net assets			<u>435,878</u>		<u>446,885</u>
Unrestricted funds	13				
General fund		133,052		142,423	
Designated funds		255,130		268,691	411,114
			<u>388,182</u>		
Restricted funds					
Revenue	14		47,696		35,771
			<u>435,878</u>		<u>446,885</u>

These unaudited financial statements were approved by members of the committee on the 13/12/2022 and are signed on their behalf by:

E. Boyling
Trustee

Name Esmaie Boyling

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

1 Accounting Policies

Basis of Preparation

These unaudited financial statements have been prepared under the historical cost convention and in accordance with:

- i) the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) issued in January 2015 (SORP 2015)
- ii) the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
- iii) the Charities Act 2011.

The unaudited financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these unaudited financial statements are rounded to the nearest £.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Consolidation

In the opinion of the trustees the charity and its subsidiary undertakings comprise a small group.

The charity has taken advantage of the exemptions from preparing consolidated financial statements as specified under paragraph 139(2) of the Charities Act 2011.

Fund Accounting

Funds held by the charity are used for:

Unrestricted funds comprise those funds which the trustees are free to use in accordance with the charitable objectives.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are funds which are to be used for specific purposes as laid down by the donor or by specific terms of the appeal under which the funds are raised. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

Donations and Legacies

Donations and legacies are recognised in the Statement of Financial Activities when they are received.

Grants Receivable

All grant income is recognised on the receivable basis. Grants relating to core costs are shown under Income from Generated Funds, whilst grants receivable to specific activities or projects are shown under Income from Charitable Activities.

In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

When income from the grant is received that has time-related conditions attached and the charity is not entitled to spend that income in advance of its budgeted year(s) without the further prior approval of the grant-maker then the grant is deferred.

Income from Investments

Bank interest is included in the Statement of Financial Activities on the accruals basis.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

1 Accounting Policies (*continued*)

Leased Assets

The company acts as a lessor of its land and buildings. Rentals received under these operating leases are recognised as income on a straight-line basis over the lease term.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All direct costs have been attributed to one of the specific activities as set out in note 4 to these unaudited financial statements.

Support costs included in expenditure are allocated in specific activities on the basis set out in note 4 in these unaudited financial statements.

Fixed Assets

All fixed assets are initially recorded at cost. The trustees have agreed to capitalise assets of more than £300; any assets below £300 will be included as expenditure in the statement of financial activities.

Donated assets are capitalised at their market value, as estimated by the trustees, when they are received. The corresponding credit is included within donations and legacies under Income from Generated Funds.

Depreciation

Depreciation is calculated to write off the cost, less estimated residual value, of tangible fixed assets over their estimated useful lives. The annual depreciation rates and methods used are as follows:-

Buildings	-	2% straight line
Furniture, fixtures and fittings	-	15% reducing balance
Office and general equipment	-	15% & 25% reducing balance

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities on a straight-line basis over the period of the lease.

Pension Costs

The charity operates a defined contribution pension scheme for employees. The annual contributions payable are charged to the SOFA.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

2a	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
		£	£	£	£
	Grants Receivable	-	-	-	54,276
	Sunderland Teaching CCG	-	-	-	1,000
	The Hadrian's Trust	-	-	-	10,000
	Garfield Weston	-	-	-	500
	Ballinger Trust	-	9,797	9,797	500
	The Community Foundation	5,041	10,000	15,041	20,546
	Big Lottery Fund	-	10,000	10,000	21,190
	Leathersellers Charitable Fund	-	-	-	1,000
	Sir James Knott Trust	-	-	-	5,000
	CAF	-	-	-	3,000
	Tesco Bags of Help	-	-	-	500
	Percey Hedley 1990 Trust	-	-	-	500
	Joseph Strong Frazer Trust	-	-	-	1,000
	Bernica Foundation	-	-	-	5,000
	The Bailey Thomas Charitable Fund	-	-	-	3,000
	The Edward Gostling Foundation	-	-	-	5,000
	Barbour Foundation	-	-	-	3,000
	Trusthouse	-	7,500	7,500	-
	Greggs Foundation	18,850	-	18,850	-
	The Evan Conrish Foundation	4,000	-	4,000	-
	Postcode Neighbourhood Lottery	-	7,950	7,950	-
	Sunderland CC	4,000	-	4,000	-
	Rukba Independent Age Grant	-	10,000	10,000	-
	Rothley Trust	800	-	800	-
		<u>32,691</u>	<u>55,247</u>	<u>87,938</u>	<u>134,512</u>

The income from donations and legacies for the charity was £87,938 (2021: £134,512) of which £32,691 was unrestricted (2021: £96,276) and £55,247 restricted (2021: £38,236).

2b	Income from Investments	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
		£	£	£	£
	PNC recharge	-	-	-	-
	Rent	-	-	-	-
	- Pennywell Medical Centre	27,600	-	27,600	27,600
		<u>27,600</u>	<u>-</u>	<u>27,600</u>	<u>27,600</u>

The income from investment for the charity was £27,600 (2021: £27,600) which was unrestricted in the current and previous year.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

3 Income from Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
User Contributions	8,252	-	8,252	407
Pennywell Medical Centre – running costs	42,825	-	42,825	29,041
Business Rates Grant	-	-	-	25,000
Release of redundancy provision	24,822	-	24,822	-
Job Retention Scheme	14,479	-	14,479	73,410
	<u>90,378</u>	<u>-</u>	<u>90,378</u>	<u>127,858</u>

The income from charitable activities for the charity was £90,378 (2021: £127,858) of which £90,378 was unrestricted (2021: £127,451) and £nil was restricted (2021: £407).

Pennywell Neighbourhood Centre

Statement of Financial Activities

Year Ended 31 March 2022

4 Total Expenditure

	Basis of allocation	Health and Family Support	Other Activities	Total 2022	Total 2021
		£	£	£	£
Costs directly allocated to activities					
Wages & Salaries	Direct	54,595	11,819	66,414	66,841
Equipment	Direct	-	15	15	-
Rates & Water	Direct	-	1,129	1,129	486
Light & Heat	Direct	-	8,060	8,060	5,962
Insurance	Direct	-	955	955	827
Repairs & Renewals	Direct	732	14,168	14,900	5,661
Programme Costs	Direct	4,872	180	5,052	2,198
Travel	Direct	-	-	-	-
Printing, Postage & Stationery	Direct	-	-	-	-
Cleaning	Direct	-	844	844	433
Telephone	Direct	-	-	-	-
Miscellaneous Costs	Direct	-	153	153	153
Staff Development	Direct	-	-	-	-
Depreciation	Direct	-	-	-	-
Legal & Professional Fees	Direct	-	-	-	-
Support costs allocated to activities					
Wages & Salaries	1	57,323	-	57,323	57,550
Wages Support Costs	1	-	-	-	24,879
Equipment	1	1,216	-	1,216	549
Rates & Water	1	1,769	-	1,769	486
Light & Heat	1	8,061	-	8,061	5,963
Insurance	1	5,153	-	5,153	4,676
Repairs & Renewals	1	11,658	-	11,658	5,780
Programme Costs	1	1,490	-	1,490	254
Travel	1	46	-	46	-
Printing, Postage & Stationery	1	695	-	695	121
Cleaning	1	1,328	-	1,328	788
Telephone	1	1,647	-	1,647	1,324
Miscellaneous Costs	1	1,005	-	1,005	326
Staff Development	1	100	-	100	-
Bank charges and interest	1	-	-	-	-
Accountancy fees	1	4,380	-	4,380	4,032
Legal & Professional Fees	1	12,998	-	12,998	12,890
Profit/(loss) on Disposal	1	(4,483)	-	(4,483)	-
Depreciation	1	15,015	-	15,015	15,830
		<u>179,600</u>	<u>37,323</u>	<u>216,923</u>	<u>218,009</u>

Other activities comprise direct costs in relation to Pennywell Medical Centre.

The expenditure on charitable activities for the charity was £216,923 (2021: £218,009) of which £156,724 was unrestricted (2021: £160,634) and £60,199 was restricted (2021: £57,375).

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

5	Staff Costs	Total Funds 2022 £	Total Funds 2021 £
	Staff costs were as follows:		
	Wages and salaries	113,150	114,599
	Social security costs	4,900	5,259
	Pension costs	5,688	4,533
		<u>123,738</u>	<u>124,391</u>

No employee received in excess of £ 60,000 during the current or preceding year.

The key management personnel of the charity comprise the trustees, the chief executive, and the community education project co-ordinator. The total employee benefits of the key management personnel of the charity were £74,917 (2021: £73,579).

The average monthly number of employees during the year was as follows:

Direct project workers	2	2
Management and administration	<u>7</u>	<u>11</u>

6 Trustees Remuneration

Trustees received no remuneration and were reimbursed £nil (2021: £nil) for travel expenses during the year.

7 Taxation

The charity considers its activities to be exempt from corporation tax by virtue of Section 466 of the Corporation Taxes Act 2010.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

8	Tangible Fixed Assets		Furniture, fixtures & fittings	Office & general equipment	Total
		Buildings			
	Cost	£	£	£	£
	At 1 April 2021	704,814	83,523	48,836	837,173
	Additions	-	-	1,750	1,750
	Disposals	-	-	(25,419)	(25,419)
	At 31 March 2022	<u>704,814</u>	<u>83,523</u>	<u>25,167</u>	<u>813,504</u>
	Depreciation				
	At 1 April 2021	477,210	44,244	47,028	568,482
	Charge for the year	8,319	5,895	801	15,015
	Disposals	-	-	(25,123)	(25,123)
	At 31 March 2022	<u>485,529</u>	<u>50,139</u>	<u>22,706</u>	<u>558,374</u>
	Net Book Value				
	At 31 March 2022	<u>219,285</u>	<u>33,384</u>	<u>2,461</u>	<u>255,130</u>
	At 31 March 2021	<u>227,604</u>	<u>39,279</u>	<u>1,808</u>	<u>268,691</u>

9. Fixed Asset Investments

	Shares in group undertakings
Cost	£
At 1 April 2021 to 31 March 2022	1
Net Book Value	
At 31 March 2022	1
At 31 March 2021	<u>1</u>

The charity holds 20% or more of the issued share capital of the companies listed below:

	Country of Incorporation	Shareholding	Proportion held	Nature of business
Subsidiary undertakings				
PNC Services Limited	England	Ordinary Shares	100%	Provision of premises management services
Aggregate Capital & Reserves				2021 £
PNC Services Limited				<u>3,182</u>
Profit/(Loss) for the Year				
PNC Services Limited				<u>(14,387)</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

10. Debtors

	2022	2021
	£	£
Trade debtors	81,414	-
Other debtors	6,394	7,025
Prepayments & accrued income	23,443	11,577
	<u>111,251</u>	<u>18,602</u>

11. Creditors: Amounts falling due within one year

	2022	2021
	£	£
Trade creditors	5,153	2,102
Other creditors	9,625	16,919
Accruals & deferred grant income	32,544	33,956
	<u>47,322</u>	<u>52,977</u>

12. Creditors: Amounts falling due after year

	2022	2021
	£	£
Deferred grant income	54,276	-
	<u>54,276</u>	<u>-</u>

13. Unrestricted Funds

	At 1 April 2021	Income	Expenditure	Transfers between funds	At 31 March 2022
	£	£	£	£	£
PNC Fund	<u>142,423</u>	<u>107,844</u>	<u>(104,264)</u>	<u>(12,951)</u>	<u>133,052</u>
Designated Funds					
PMC Fund	-	42,825	(37,445)	(5,380)	-
Capital Fund	268,691	-	(15,015)	1,454	255,130
	<u>268,691</u>	<u>42,825</u>	<u>(52,460)</u>	<u>(3,926)</u>	<u>255,130</u>
Total Unrestricted Funds	<u>411,114</u>	<u>150,669</u>	<u>(156,724)</u>	<u>(16,877)</u>	<u>388,182</u>

Unrestricted Funds – movement in previous year

	At 1 April 2020	Income	Expenditure	Transfers between funds	At 31 March 2021
	£	£	£	£	£
PNC Fund	<u>36,524</u>	<u>222,286</u>	<u>(119,619)</u>	<u>3,232</u>	<u>142,423</u>
Designated Funds					
PMC Fund	-	29,041	(25,184)	(3,857)	-
Capital Fund	283,897	-	(15,831)	625	268,691
	<u>283,897</u>	<u>29,041</u>	<u>(41,015)</u>	<u>(3,232)</u>	<u>268,691</u>
Total Unrestricted Funds	<u>320,421</u>	<u>251,327</u>	<u>(160,634)</u>	<u>-</u>	<u>411,114</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

13. Unrestricted Funds (continued)

Purposes of Designated Funds

PMC Fund

This represents funds received from Pennywell Medical Centre in lieu of premises costs incurred by themselves that are paid for by the charity.

Capital Fund

This represents the net book value of tangible fixed assets. Transfers are in respect of capital expenditure.

14 Restricted Funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2022 £
Revenue Funds					
Breakout	10,928	-	(732)	-	10,196
PNC	-	37,500	-	-	37,500
Family Support – Adult	24,843	17,747	(59,467)	16,877	-
Total Restricted Funds	<u>35,771</u>	<u>55,247</u>	<u>(60,199)</u>	<u>16,877</u>	<u>47,696</u>

Restricted Funds – movement in previous year

	At 1 April 2020 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2021 £
Revenue Funds					
Breakout	10,928	-	-	-	10,928
Family Support – Adult	43,575	38,643	(57,375)	-	24,843
Total Restricted Funds	<u>54,503</u>	<u>38,643</u>	<u>(57,375)</u>	<u>-</u>	<u>35,771</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

14 Restricted Funds (continued)

Purposes of Restricted Funds

Breakout	This represents funds received to provide parents and children aged 5 to 11 with a programme of school holiday activities.
Family Support	This represents funds received towards the costs of providing support to families and parents in the community and work with men and women around confidence building and stress management.

15 Analysis of Net Assets Between Funds

	Unrestricted Funds		Restricted	Total
	PNC	Designated	Funds	
	£	£	£	£
Tangible fixed assets	-	255,130	-	255,130
Investments	1	-	-	1
Debtors & prepayments	111,251	-	-	111,251
Cash at bank	123,398	-	47,696	171,094
Creditors	(101,598)	-	-	(101,598)
	<u>133,052</u>	<u>255,130</u>	<u>47,696</u>	<u>435,878</u>

Analysis of Net Assets Between Funds – prior year

	Unrestricted Funds		Restricted	Total
	PNC	Designated	Funds	
	£	£	£	£
Tangible fixed assets	-	268,691	-	268,691
Investments	1	-	-	1
Debtors & prepayments	18,602	-	-	18,602
Cash at bank	176,797	-	35,771	212,568
Creditors	(52,977)	-	-	(52,977)
	<u>142,423</u>	<u>268,691</u>	<u>35,771</u>	<u>446,885</u>

Accounts

Charity Registration Number : 1005148

Pennywell Neighbourhood Centre

Unaudited Financial Statements

For the year ended 31 March 2021

Pennywell Neighbourhood Centre

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Year Ended 31 March 2021

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Pennywell Neighbourhood Centre

Officers and Professional Advisers

Registered Office and Operational Address

Community Health and Resource Project
Portsmouth Road
Sunderland
Tyne and Wear
SR4 9AS

Custodian Trustees

Denise Haley
Jane Caldwell

Chief Executive

Gary Brooks

Management Committee Members

Julie Hanly
Denise Haley
Jane Caldwell
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran

Independent Examiner

A. M. Henshaw FCCA,

Torgersens
Somerford Buildings
Norfolk Street
Sunderland
SR1 1EE

Bankers

Co-operative Bank plc
5/6 Fawcett Street
Sunderland
Tyne and Wear
SR1 1RF

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2021

The trustees present their report together with the financial statements for the year ended 31 March 2021.

Reference and Administrative Information

Charity Name:-	Pennywell Neighbourhood Centre
Charity Registration Number:-	1005148
Registered Office and Operational Address	Community Health and Resource Project Portsmouth Road Sunderland Tyne and Wear SR4 9AS

Custodian Trustees

Denise Haley
Jane Caldwell

Management Committee Members

Julie Hanly
Denise Haley
Jane Caldwell
Beverley Bulmer
Sue Foster
Peter Lovegrove
Esdaile Boyling
Leanne Moore
Kevin Doran

Structure, Governance and Management

The organisation has existed since 1989, and its objects and regulations are regulated by a trust deed under which the Charity is constituted as an unincorporated association. It has been registered as a charity [No. 1005148] since October 1991. The constitution states that its objects are:

"In the interests of social welfare to provide for the benefit of the inhabitants of the Pennywell estate and neighbouring environs in Sunderland in the county of Tyne and Wear [hereinafter called "the area of benefit"] a neighbourhood centre and to promote therein and in the area of benefit, facilities and activities so as to relieve poverty, advance education and improve the conditions of life for the said inhabitants."

Recruitment and Appointment of the Management Committee

The management committee members are also the trustees of the Charity. All members, save co-optees, are elected at the AGM. One of the key strengths of the organisation is that it is firmly rooted in the community and is led by local people. The make-up of the Committee reflects this, with a majority of eight places being allocated to local residents with full membership of the Association. Usually, a number of these members seek to maintain their involvement for more than one year which gives continuity and stability to the Committee. New members are recruited by advertising around the area and by promoting the opportunity amongst Centre users. A further two places are open to nominated representatives of locally based organisations with which the Centre has strong working links, and a final two places are for associate members who are nominated staff representatives from PNC and the in-house Primary Care team.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2021

Trustee Induction and Training

Most of the Committee members are familiar with the practical work of the Centre as they either are existing or past users of Centre services or have links to partner organisations. In addition to this, trustees receive induction training focusing on the constitution, the role of the Committee and its officers, and the need for DBS clearances. A rolling programme of policy and procedure review ensures that the trustees have an opportunity to familiarise themselves in detail with the running of the organisation and statutory responsibilities. Trustees are also encouraged to take part in training opportunities that are available at the Centre and within the wider voluntary sector network.

Risk Management

The Management Committee has identified the major risks to which the Charity is exposed and has ensured that there are a range of systems and procedures in place to address them. These are subject to regular review, and include:

- significant external risks to funding, which have been addressed through a business plan and regular budget review
- internal control risks which are minimised through financial and operational procedures
- policies and procedures to ensure compliance with health and safety requirements and standards
- protection of children and vulnerable adults addressed by obtaining enhanced CRB clearances for trustees, staff, and volunteers, working to Ofsted standards, having relevant protection and recruitment policies and procedures, and providing a programme of staff training.

The Centre receives support and insurance relating to personnel and employment matters as well as health and safety from Black Mountain (formerly known as The Compliance Group) until 2023. This has proved invaluable in dealing with a number of issues.

Organisational Structure

The Charity has a Management Committee comprised of up to twelve members as described earlier. It also has the capacity to appoint up to four co-optees, and these would normally be individuals who can bring specific areas of expertise or who are representatives of organisations with whom the Centre wishes to strengthen its links.

The day to day running of the Centre is delegated to a paid staff team which is headed up by the Chief Executive. All staff work within teams that are lead by line managers. Staff receive monthly supervision, and attend regular staff and team meetings. Most staff attend bespoke training that supports professional development.

Related Parties

The Charity has close links with Together for Children Sunderland and the Iris Learning Trust to ensure that opportunities for professional development and guidance on standards are accessed.

Public Benefit Statement

The trustees have had regard to the Charity's Commission guidance on their legal duty on public benefit, and are satisfied that the charity delivers public benefit; and due regard is paid to the guidance on public benefit when deciding on what new projects the charity should undertake.

Mission Statement

"To improve the lives of our community through health and well-being services."

The need we address and why this is important

The St Anne's Ward of Sunderland, our beneficial area, is amongst the top 13% most deprived in the country overall – with pockets within the top 7% most deprived (Indices of Deprivation 2019). This leads to high levels of poor physical, emotional and mental health. In turn, both cause and consequence of chronically unhealthy lifestyles – the ward has always had higher than average rates of obesity, poor diet, smoking and alcohol use. The impact of Covid-19: By removing the opportunity to take part in social and wellness activities, the repeated Covid 19 lockdowns have amplified and exacerbated all of the above problems. Additionally, we must add to the list a marked and significant decline in mental health brought about by the Covid pandemic. Specifically, we have witnessed:

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2021

1. More younger people presenting with mental health problems, including anxiety, stress, lost confidence and depression. Our 'front-line' observations are borne out by research undertaken by the Resolution Foundation and the Health Foundation that has identified that 1 in 5 young people are currently "struggling" with poor mental health and less than half could say that their mental health was good.
2. Vulnerable people who have been required to shield for extended periods (including older people living independently at home, disabled people and those with learning disabilities) experiencing increased loneliness, confusion and emotional turmoil as a result of prolonged social isolation.
3. The widespread prevalence of 'Post-Covid Anxiety', triggered by uncertainty about the future. NHS GP Dr. Punam Krishan recently told the BBC's 'The Social' digital platform that she has "seen a huge rise in the number of people presenting with anxiety, stress and low mood ... mental health has been impacted significantly across all age groups and backgrounds." The same research encountered feelings of "detachment from society", "being overwhelmed" and reluctance to venture out of doors, amongst respondents.
4. Mental distress is not the only consequence of the pandemic. The same BBC study also identified widespread adverse changes in levels of fitness, body weight and lifestyle habits.

A recent consultation of a representative sample of our user group proved beyond doubt that Covid 19 has had a demonstrably negative impact on mental and physical wellbeing.

REGARDING MENTAL HEALTH - 92% of the group 'agreed' or 'strongly agreed' that they had suffered increased isolation from family and friends during the pandemic, with 8 out of 10 saying that they felt more lonely as a result. 70% of the group 'agreed' or 'strongly agreed' that the pandemic had left them feeling more nervous about leaving the house. 81% of the group 'agreed' or 'strongly agreed' that the pandemic had left them feeling anxious. Nine out of ten individuals stated that the pandemic had left them feeling stressed. Overall, 67% of the group said that their mental health had declined as a result of the pandemic.

REGARDING PHYSICAL HEALTH - More than half of the group reported that, as a result of the pandemic, they were less likely to demonstrate proven indicators of long term physical health (specifically, taking regular exercise and eating a healthy diet). In both cases, 55% felt that these positive behaviours had declined.

Activities

To address the above challenges, we offer activities that promote healthy living and give people the skills required to stay mentally and physically well. We create a context where people can interact with and engage with their neighbours. And all of this combines to improve the quality of people's lives and help support their independence. Specifically:

- Our Health and Well-Being Skills Programme gives people the skills they need to maintain a healthy life. It offers activities such as 'Next Steps in Cookery' and 'Seasonal Cooking' aimed at providing kitchen confidence, cooking skills and nutritional knowledge; 'Sit and Be Fit' and 'Yoga' (focusing on physical fitness, flexibility and health); and 'Down Memory Lane' (focusing on social interaction); 'Card Craft' and 'Textiles' (focusing on manual dexterity); Gardening Club (to encourage movement, physical activity and reconnection with nature and the great outdoors).
- We host a full GP service in our building (Pennywell Medical Centre) and the health and well-being skills programme includes a clear referral pathway for our clients to access their services (i.e. we make appointments for clients, read and explain doctors' letters to them and/or accompany them to appointments if requested to do so).
- Some beneficiaries act as Peer Mentor volunteers, helping to design and deliver the programme. This gives them opportunities to meet their neighbours, increase their social interaction and build new relationships. This leads to reduced feelings of loneliness and isolation and improved emotional and mental well-being for the Peer Mentors – and contributes to improved nutrition, fitness & emotional health for the wider group.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2021

- Partnership activities with other local charities, such as Pennywell Youth Project – joint events and activities (e.g. Christmas celebration, school holiday activities); Pennywell Community Centre – joint activities (e.g. school holiday activities).

Strategic Goals

The 4 strategic goals for the organisation set out in our business plan for this period are:

1. Widen participation through developing existing services and creating new ones

We aim to expand the range and delivery activities of all our services to increase the number of people we can help, to help attract new funding and to raise our profile within the area. This will include creating brand new services alongside existing services.

2. Funding and Income Generation

Our key areas of service delivery until 2022 remain the Health and Well-Being Skills Programme and landlord activities. The key challenge for them both is the continuation of funding. A funding strategy for the organisation in general and in particular the Health and Well-Being Skills Programme is fundamental to its long-term success and the ability of the organisation to deliver activities essential to local residents and those who travel into the area to access our services.

3. Good Governance

We also need to maintain good governance of the organisation through the introduction of new local management committee members, allowing long-term committee members the opportunity to move on and making sure all committee members have the information they need to make decisions. We need to have a strategy in place for recruitment and selection of new committee members.

4. Marketing and Promotion

Finally, we need to develop and adopt a marketing strategy that includes plans for improving our website, increasing our social media presence and making sure everyone who would benefit from our services knows about our services.

Achievements and Performance

Health and Well-Being Programme

In September 2017 we were awarded 3 years of funding for this project from the Big Lottery Fund. Due to additional COVID-19 financial support this funding was extended until November 2020.

In March 2020, all our normal activities were put on hold due to the COVID-19 pandemic and our service was reconfigured to offer the following services from April 2020:

- Telephone support line: Open 9 to 5, Monday to Friday, acted as a first point of contact for isolated older and vulnerable people, such as those with learning difficulties. We offered reassurance, advice, information and friendship. The service also directed people to other resources to help them cope and stay safe – e.g. Mencap Coronavirus Easy Read guides.
- Virtual 'visiting' service: Using telephone, skype, or face time, we reached out to people in their own homes, 'visiting' them and offering companionship, the comfort of a human voice and/or face and the emotional support and cognitive stimulation of social connection.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2021

- On-line 'social gatherings': Using Zoom, or a similar platform that allows multiple online participants, we organised regular 'social gatherings'. These took the form of 'Coffee and cake' groups, etc and are very similar to some of our normal activities.
- On-line activity sessions: Again, using Zoom, we employed specialist tutors to run live mindfulness training sessions, linking up with service users in their own home. These on-line activities supported mental health and relieve anxiety, stress and loneliness.
- Delivery of emergency food parcels: We provided older local residents with regular food parcels. We did the shopping, made up the packages and dropped them off on their doorstep.

From the 10th August 2020 until 4th November 2020, we were also able to return to delivering some in-house activities similar to those we had offered prior to March 2020 alongside the services provided above.

In-house delivery started again in April 2021.

GP Service

Pennywell Medical Centre which has been based within our building since it opened in 1999 and the new delivery provider (Sunderland GP Alliance) has been delivering from our building since 2016 and will continue to do so until at least October 2025. New contractual lease arrangements with NHS Property Services Ltd were put in place in October 2017 and will run until the end of the current delivery contract in 2025 with a possibility of an extra 2 years at the end of that period. We have continued to work with the in-house primary care team engaging with patients both old and young through co-hosted themed health promotion days.

Breakout

Our summer holiday program of activities for local families and children up to the age of eleven was put on hold in March 2020, due to the COVID-19 pandemic. The expectation is that they will resume in summer 2022 but at the time of writing this is still not confirmed.

Marketing

Our new website, www.pennywellnc.org went live in April 2020.

Financial Review

Against a continuing background of reduced funding across the country as a whole with the end of funding programmes, the cutting of funding from government, the impact of the COVID-19 pandemic and increased pressures on grant funders, the Centre's main priorities have been to address shortfalls in core funding, and to try to secure the sustainability of its key services by looking at our income generation strategies.

Principal Funding Sources

With regard to the core funds the Centre has been fortunate in continuing to receive support from Sunderland CCG and will continue to do so until March 2022. Taken together with rental income from Pennywell Medical Centre, this means we have been able to meet our core costs for the year.

The main source of funding for the Health and Well-Being Project this year remained the Big Lottery Fund (a 3 year Reaching Communities Grant was received in September 2017) and we received an additional 10% of the overall grant as COVID-19 emergency support.

However, other funding was received to support and expand the work of the centre. We received significant funding from the Community Foundation, Kellet Fund, Ballinger Charitable Trust, Barbour Foundation, Sir James Knott Trust and the Garfield Weston Foundation.

Pennywell Neighbourhood Centre

Trustees' Report

Year Ended 31 March 2021

Also, smaller grants and in-kind donations have also made a huge impact. This year we benefited from continued funding from the Joseph Strong Frazer Trust, small grants from the Hadrian Trust, Tesco Bags of Help, the Leathersellers' Company Charitable Fund and support from other small fundraising activities.

We also accessed funding from the government's furlough scheme and business rates grant scheme.

Investment Policy

Currently no reserves are invested and this will continue to be reviewed annually.

Reserves Policy

The Management Committee has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be approximately 6 months of running costs - which currently equates to roughly £100,000. At this level the Management Committee feel they would be able to continue the current activities of the charity in the event of a significant drop in funding until lost funding could be replaced or alternative business plans drawn up.

Plans for Future Periods

The organisation will continue working closely with Mark Butcher Associates to obtain alternative sources of funding to make sure the organisation is sustainable in the long term.

Other funding and sources of income will include rental of office space to other organisations and more advertising of the space will be required. This is especially important now that rental income from the midwife teams has been lost.

Assessing the ongoing impact of the COVID-19 pandemic on our delivery model and the sources of funding for our activities will be essential.

Joint working initiatives with Pennywell Medical Centre and other local organisations will continue to be explored and built in to future delivery models and funding requirements.

Members of the Management Committee

The members of the Management Committee who are the trustees of the Charity, and who served during the year and up to the date of this report are listed at the beginning of this report.

Statement of the Management Committee's Responsibilities for Financial Statements.

The Charities Act 2011 requires the Management Committee to keep proper records of accounts with respect to the affairs of the charity and prepare statements of account for each accounting period consisting of a statement of financial activities and a balance sheet. The Management Committee are also responsible for safeguarding the charity's assets, and hence for taking reasonable steps for the prevention and detection of error, fraud, and other irregularities.

In preparing the financial statements the Management Committee are expected to:

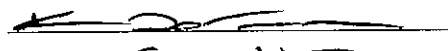
- Select suitable accounting policies and apply them consistently, making judgements and estimates that are reasonable and prudent;
- Following the recommendations of the Charity Commission and of the accounting profession with regard to the form and content of the financial statements or to disclose and explain any departures therefrom; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue to meet its objectives.

Examiner

The examiner, Mrs A. M. Henshaw of Torgersens, will be proposed for re-appointment at the Annual General Meeting.

This report was approved by the trustees on

Signed on behalf of the trustees by



Name Kevin Doherty

Date 3/1/22

Independent Examiner's Report to the Trustees of

Pennywell Neighbourhood Centre

Year Ended 31 March 2021

I report on the financial statements of the Charity for the year ended 31 March 2021 which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 ("The Charities Act") and that an independent examination is needed.

It is my responsibility to:

- ◆ examine the financial statements under section 145 of the 2011 Act;
- ◆ to follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- ◆ to state whether any particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- ◆ to keep accounting records in accordance with section 130 of the 2011 Act; and
- ◆ to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



A. M. Henshaw FCCA
Torgersens
Chartered Accountants
Somerford Buildings
Norfolk Street
Sunderland
SR1 1EE

Date: 10/01/22

Pennywell Neighbourhood Centre

Unaudited Statement of Financial Activities

Year Ended 31 March 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Income and Expenditure					
Income					
Income from generated funds					
Donations and legacies	2a	96,276	38,236	134,512	102,277
Income from investment	2b	27,600	-	27,600	45,600
Income from charitable activities	3	127,451	407	127,858	36,420
Total income		<u>251,327</u>	<u>38,643</u>	<u>289,970</u>	<u>184,297</u>
Expenditure					
Expenditure on charitable activities	4	(160,634)	(57,375)	(218,009)	(195,917)
Total expenditure		<u>(160,634)</u>	<u>(57,375)</u>	<u>(218,009)</u>	<u>(195,917)</u>
Net income/(expenditure)		90,693	(18,732)	71,961	(11,620)
Transfers					
Transfers between funds	13	-	-	-	-
Net movements on funds		<u>90,693</u>	<u>(18,732)</u>	<u>71,961</u>	<u>(11,620)</u>
Total funds brought forward		320,421	54,503	374,924	386,544
Total funds carried forward		<u>411,114</u>	<u>35,771</u>	<u>446,885</u>	<u>374,924</u>

The notes on pages 11 to 20 form part of these unaudited financial statements

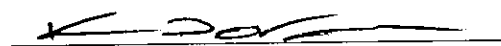
Pennywell Neighbourhood Centre

Unaudited Balance Sheet

As at 31 March 2021

	Note	2021 £	2021 £	2020 £	2020 £
Fixed Assets					
Tangible assets	8		268,691		283,897
Investments	9		1		1
			<u>268,692</u>		<u>283,898</u>
Current Assets					
Debtors	10	18,602		81,702	
Cash at bank and in hand		212,568		133,499	
Total current assets		<u>231,170</u>		<u>215,201</u>	
Liabilities					
Creditors: Amounts falling due within one year	11	<u>52,977</u>		<u>124,175</u>	
Net current assets			178,193		91,026
Total net assets			<u>446,885</u>		<u>374,924</u>
Unrestricted funds	12				
General fund		142,423		36,524	
Designated funds		268,691		283,897	320,421
			<u>411,114</u>		
Restricted funds					
Revenue	13		35,771		54,503
			<u>446,885</u>		<u>374,924</u>

These unaudited financial statements were approved by members of the committee on the 5/1/22 and are signed on their behalf by:


Trustee

Name 

The notes on pages 11 to 20 form part of these unaudited financial statements

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

1 Accounting Policies

Basis of Preparation

These unaudited financial statements have been prepared under the historical cost convention and in accordance with:

- i) the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) issued in January 2015 (SORP 2015)
- ii) the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
- iii) the Charities Act 2011.

The unaudited financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these unaudited financial statements are rounded to the nearest £.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Consolidation

In the opinion of the trustees the charity and its subsidiary undertakings comprise a small group.

The charity has taken advantage of the exemptions from preparing consolidated financial statements as specified under paragraph 139(2) of the Charities Act 2011.

Fund Accounting

Funds held by the charity are used for:

Unrestricted funds comprise those funds which the trustees are free to use in accordance with the charitable objectives.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are funds which are to be used for specific purposes as laid down by the donor or by specific terms of the appeal under which the funds are raised. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

Donations and Legacies

Donations and legacies are recognised in the Statement of Financial Activities when they are received.

Grants Receivable

All grant income is recognised on the receivable basis. Grants relating to core costs are shown under Income from Generated Funds, whilst grants receivable to specific activities or projects are shown under Income from Charitable Activities.

In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

When income from the grant is received that has time-related conditions attached and the charity is not entitled to spend that income in advance of its budgeted year(s) without the further prior approval of the grant-maker then the grant is deferred.

Income from Investments

Bank interest is included in the Statement of Financial Activities on the accruals basis.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

1 Accounting Policies (*continued*)

Leased Assets

The company acts as a lessor of its land and buildings. Rentals received under these operating leases are recognised as income on a straight-line basis over the lease term.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All direct costs have been attributed to one of the specific activities as set out in note 4 to these unaudited financial statements.

Support costs included in expenditure are allocated in specific activities on the basis set out in note 4 in these unaudited financial statements.

Fixed Assets

All fixed assets are initially recorded at cost. The trustees have agreed to capitalise assets of more than £300; any assets below £300 will be included as expenditure in the statement of financial activities.

Donated assets are capitalised at their market value, as estimated by the trustees, when they are received. The corresponding credit is included within donations and legacies under Income from Generated Funds.

Depreciation

Depreciation is calculated to write off the cost, less estimated residual value, of tangible fixed assets over their estimated useful lives. The annual depreciation rates and methods used are as follows:-

Buildings	-	2% straight line
Furniture, fixtures and fittings	-	15% reducing balance
Office and general equipment	-	15% & 25% reducing balance

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities on a straight-line basis over the period of the lease.

Pension Costs

The charity operates a defined contribution pension scheme for employees. The annual contributions payable are charged to the SOFA.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

2a	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
		£	£	£	£
	Grants Receivable				
	Sunderland Teaching CCG	54,276	-	54,276	-
	The Hadrian's Trust	1,000	-	1,000	1,000
	Garfield Weston	10,000	-	10,000	1,500
	Ballinger Trust	-	500	500	9,512
	The Community Foundation	5,000	15,546	20,546	18,951
	Big Lottery Fund	-	21,190	21,190	71,314
	Leathersellers Charitable Fund	-	1,000	1,000	-
	Sir James Knott Trust	5,000	-	5,000	-
	CAF	3,000	-	3,000	-
	Tesco Bags of Help	500	-	500	-
	Percey Hedley 1990 Trust	500	-	500	-
	Joseph Strong Frazer Trust	1,000	-	1,000	-
	Bernica Foundation	5,000	-	5,000	-
	The Bailey Thomas Charitable Fund	3,000	-	3,000	-
	The Edward Gostling Fundation	5,000	-	5,000	-
	Barbour Foundation	3,000	-	3,000	-
		<u>96,276</u>	<u>38,236</u>	<u>134,512</u>	<u>102,277</u>

The income from donations and legacies for the charity was £134,512 (2020: £102,277) of which £96,276 was unrestricted (2020: £10,512) and £38,236 restricted (2020: £91,765).

2b	Income from Investments	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
		£	£	£	£
	PNC recharge	-	-	-	-
	Rent				
	- Pennywell Medical Centre	27,600	-	27,600	27,600
	- City Hospital Sunderland – Midwives	-	-	-	18,000
		<u>27,600</u>	<u>-</u>	<u>27,600</u>	<u>45,600</u>

The income from investment for the charity was £27,600 (2020: £45,600) which was unrestricted in the current and previous year.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

3	Income from Charitable Activities	Unrestricted	Restricted	Total	Total Funds
		Funds	Funds	Funds	2020
		£	£	£	£
	User Contributions	-	407	407	9,265
	Pennywell Medical Centre – running costs	29,041	-	29,041	27,155
	Business Rates Grant	25,000	-	25,000	-
	Job Retention Scheme	73,410	-	73,410	-
		<u>127,451</u>	<u>407</u>	<u>127,858</u>	<u>36,420</u>

The income from charitable activities for the charity was £127,858 (2020: £36,420) of which £127,451 was unrestricted (2020: £36,420) and £407 was restricted (2020: £nil).

Pennywell Neighbourhood Centre

Statement of Financial Activities

Year Ended 31 March 2021

4 Total Expenditure

	Basis of allocation	Health and Family Support £	Other Activities £	Total 2021 £	Total 2020 £
Costs directly allocated to activities					
Wages & Salaries	Direct	55,179	11,662	66,841	64,643
Equipment	Direct	-	-	-	143
Rates & Water	Direct	-	486	486	1,588
Light & Heat	Direct	-	5,962	5,962	6,539
Insurance	Direct	-	827	827	553
Repairs & Renewals	Direct	-	5,661	5,661	4,933
Programme Costs	Direct	2,196	-	2,196	5,791
Travel	Direct	-	-	-	-
Printing, Postage & Stationery	Direct	-	-	-	-
Cleaning	Direct	-	433	433	2,109
Telephone	Direct	-	-	-	-
Miscellaneous Costs	Direct	-	153	153	148
Staff Development	Direct	-	-	-	-
Depreciation	Direct	-	-	-	-
Legal & Professional Fees	Direct	-	-	-	2,000
Support costs allocated to activities					
Wages & Salaries	1	57,550	-	57,550	53,492
Wages Support Costs	1	24,879	-	24,879	-
Equipment	1	549	-	549	643
Rates & Water	1	486	-	486	804
Light & Heat	1	5,963	-	5,963	6,539
Insurance	1	4,676	-	4,676	2,993
Repairs & Renewals	1	5,780	-	5,780	5,292
Programme Costs	1	254	-	254	1,349
Travel	1	-	-	-	123
Printing, Postage & Stationery	1	121	-	121	507
Cleaning	1	788	-	788	1,935
Telephone	1	1,326	-	1,326	1,510
Miscellaneous Costs	1	326	-	326	174
Staff Development	1	-	-	-	811
Bank charges and interest	1	-	-	-	-
Accountancy fees	1	4,032	-	4,032	4,716
Legal & Professional Fees	1	12,889	-	12,889	9,327
Depreciation & Loss on Disposal	1	15,831	-	15,831	17,255
		<u>192,825</u>	<u>25,184</u>	<u>218,009</u>	<u>195,917</u>

Other activities comprise direct costs in relation to Pennywell Medical Centre.

The expenditure on charitable activities for the charity was £218,009 (2020: £195,917) of which £160,634 was unrestricted (2020: £133,785) and £57,375 was restricted (2020: £62,132).

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

5	Staff Costs	Total Funds 2021 £	Total Funds 2020 £
	Staff costs were as follows:		
	Wages and salaries	114,599	108,040
	Social security costs	5,259	5,669
	Pension costs	4,533	4,426
		<u>124,391</u>	<u>118,135</u>

No employee received in excess of £ 60,000 during the current or preceding year.

The key management personnel of the charity comprise the trustees, the chief executive, and the community education project co-ordinator. The total employee benefits of the key management personnel of the charity were £73,579 (2020: £72,869).

The average monthly number of employees during the year was as follows:

Direct project workers	2	2
Management and administration	<u>11</u>	<u>12</u>

6 Trustees Remuneration

Trustees received no remuneration and were reimbursed £nil (2020: £nil) for travel expenses during the year.

7 Taxation

The charity considers its activities to be exempt from corporation tax by virtue of Section 466 of the Corporation Taxes Act 2010.

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

8	Tangible Fixed Assets		Furniture, fixtures & fittings	Office & general equipment	Total
		Buildings			
	Cost	£	£	£	£
	At 1 April 2020	704,814	83,523	48,211	836,548
	Additions	-	-	625	625
	Disposals	-	-	-	-
	At 31 March 2021	<u>704,814</u>	<u>83,523</u>	<u>48,836</u>	<u>837,173</u>
	Depreciation				
	At 1 April 2020	468,892	37,311	46,448	552,651
	Charge for the year	8,318	6,933	580	15,831
	Disposals	-	-	-	-
	At 31 March 2021	<u>477,210</u>	<u>44,244</u>	<u>47,028</u>	<u>568,482</u>
	Net Book Value				
	At 31 March 2021	<u>227,604</u>	<u>39,279</u>	<u>1,808</u>	<u>268,691</u>
	At 31 March 2020	<u>235,922</u>	<u>46,212</u>	<u>1,763</u>	<u>283,897</u>
9.	Fixed Asset Investments				
				Shares in group undertakings	
	Cost			£	
	At 1 April 2020 to 31 March 2021			<u>1</u>	
	Net Book Value				
	At 31 March 2021			<u>1</u>	
	At 31 March 2020			<u>1</u>	

The charity holds 20% or more of the issued share capital of the companies listed below:

	Country of incorporation	Shareholding	Proportion held	Nature of business
Subsidiary undertakings				
PNC Services Limited	England	Ordinary Shares	100%	Provision of premises management services
Aggregate Capital & Reserves				
				2021 £
PNC Services Limited				<u>3,182</u>
				2020 £
				<u>17,569</u>
Profit/(Loss) for the Year				
PNC Services Limited				<u>(14,387)</u>
				<u>(5,884)</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

10. Debtors				2021	2020
				£	£
Other debtors				7,025	75,485
Prepayments & accrued income				11,577	6,217
				<u>18,602</u>	<u>81,702</u>
11. Creditors: Amounts falling due within one year				2021	2020
				£	£
Other creditors				19,021	20,992
Accruals & deferred grant income				33,956	103,183
				<u>52,977</u>	<u>124,175</u>
12. Unrestricted Funds				Transfers	At 31
	At 1 April	Income	Expenditure	between	March
	2020			funds	2021
	£	£	£	£	£
PNC Fund	<u>36,524</u>	<u>222,286</u>	<u>(119,619)</u>	<u>3,232</u>	<u>142,423</u>
Designated Funds					
PMC Fund	-	29,041	(25,184)	(3,857)	-
Capital Fund	283,897	-	(15,831)	625	268,691
	<u>283,897</u>	<u>29,041</u>	<u>(41,015)</u>	<u>(3,232)</u>	<u>268,691</u>
Total Unrestricted Funds	<u>320,421</u>	<u>251,327</u>	<u>(160,634)</u>	<u>-</u>	<u>411,114</u>
Unrestricted Funds – movement in previous year				Transfers	At 31
	At 1 April	Income	Expenditure	between	March
	2019			funds	2020
	£	£	£	£	£
PNC Fund	<u>61,751</u>	<u>65,357</u>	<u>(90,215)</u>	<u>(369)</u>	<u>36,524</u>
Designated Funds					
PMC Fund	-	27,175	(26,315)	(860)	-
Capital Fund	299,923	-	(17,255)	1,229	283,897
	<u>299,923</u>	<u>27,175</u>	<u>(43,570)</u>	<u>369</u>	<u>283,897</u>
Total Unrestricted Funds	<u>361,674</u>	<u>92,532</u>	<u>(133,785)</u>	<u>-</u>	<u>320,421</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

12. Unrestricted Funds (continued)

Purposes of Designated Funds

PMC Fund

This represents funds received from Pennywell Medical Centre in lieu of premises costs incurred by themselves that are paid for by the charity.

Capital Fund

This represents the net book value of tangible fixed assets. Transfers are in respect of capital expenditure.

13	Restricted Funds	At 1 April 2020 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2021 £
	Revenue Funds					
	Breakout	10,928	-	-	-	10,928
	Family Support – Adult	43,575	38,643	(57,375)	-	24,843
	Total Restricted Funds	<u>54,503</u>	<u>38,643</u>	<u>(57,375)</u>	<u>-</u>	<u>35,771</u>
	Restricted Funds – movement in previous year					
		At 1 April 2019 £	Income £	Expenditure £	Transfers between Funds £	At 31 March 2020 £
	Revenue Funds					
	Breakout	11,945	-	(1,017)	-	10,928
	Family Support – Adult	12,925	91,765	(61,115)	-	43,575
	Total Restricted Funds	<u>24,870</u>	<u>91,765</u>	<u>(62,132)</u>	<u>-</u>	<u>54,503</u>

Pennywell Neighbourhood Centre

Notes to the Unaudited Financial Statements

Year Ended 31 March 2021

13 Restricted Funds (continued)

Purposes of Restricted Funds

Breakout	This represents funds received to provide parents and children aged 5 to 11 with a programme of school holiday activities.
Family Support	This represents funds received towards the costs of providing support to families and parents in the community and work with men and women around confidence building and stress management.

14 Analysis of Net Assets Between Funds

	Unrestricted Funds		Restricted Funds	Total
	PNC	Designated		
	£	£	£	£
Tangible fixed assets	-	268,691	-	268,691
Investments	1	-	-	1
Debtors & prepayments	18,602	-	-	18,602
Cash at bank	176,797	-	35,771	212,568
Creditors	(52,977)	-	-	(52,977)
	<u>142,423</u>	<u>268,691</u>	<u>35,771</u>	<u>446,885</u>

Analysis of Net Assets Between Funds – prior year

	Unrestricted Funds		Restricted Funds	Total
	PNC	Designated		
	£	£	£	£
Tangible fixed assets	-	283,897	-	283,897
Investments	1	-	-	1
Debtors & prepayments	81,702	-	-	81,702
Cash at bank	78,996	-	54,503	133,499
Creditors	(124,175)	-	-	(124,175)
	<u>36,524</u>	<u>283,897</u>	<u>54,503</u>	<u>374,924</u>