

TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

England & Wales · Charity number 1003317

Details

Other names	TOURETTE SYNDROME (UK) ASSOCIATION, TOURETTES SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION, TOURETTES ACTION, TSA, TSA (UK)
Status	Registered
Legal form	Charitable company
Company number	02613993
Registered	1991-06-24
Register	View on the Charity Commission register

Contact

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Activities

Objects: RELIEF OF PERSONS SUFFERING FROM THE NEUROLOGICAL DISORDER KNOWN AS GILLES DE LA TOURETTE SYNDROME.

Activities: We're the only UK-wide charity dedicated to supporting those with Tourette syndrome. We provide practical advice, resources, and advocacy; deliver training within education, employment, and healthcare; build peer networks through our groups and residential weekends; campaign to tackle stigma; lobby for better NHS services; and promote research to improve treatments and quality of life.

Classification

- **How:** Makes Grants To Individuals, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£599,143	£700,855	£609,889	14
2024-03-31	£639,618	£623,227	£711,601	14
2023-03-31	£632,541	£550,303	£695,210	11
2022-03-31	£493,498	£296,350	-	-
2021-03-31	£412,429	£297,912	-	-

Trustees

Name	Role	Appointed
Marc Joseph Lewis	Chair	2020-11-29
Amanda Pape		2019-11-30
Dr Jeremy Stern		2020-11-29
Dr Tara Linda Murphy		2023-12-02
Felix Lawrence Doran Peckitt		2023-12-02
Ian Richard Ayres		2019-11-30
JIGNA PATEL		2025-12-14
Sharon Julie White		2022-12-04
Sonal Dhulashia		2022-12-04

TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

England & Wales - Charity number 1003317

Accounts

REGISTERED COMPANY NUMBER: 02613993 (England and Wales)
REGISTERED CHARITY NUMBER: 1003317

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

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for the year ended 31 March 2025

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TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

REPORT OF THE TRUSTEES
for the year ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Tourette Syndrome (UK) Association trading as Tourettes Action is a charity formed in 1981 to provide support to people living with the neurological disorder known as Gilles de la Tourette Syndrome and their families and operates as Tourettes Action.

The Charity was incorporated in 1991. The head office of the charity is in Farnborough, with staff located throughout the UK, providing support to people throughout England, Wales and Northern Ireland. Tourettes Action (TA) also has links with other Tourette Syndrome Societies throughout the UK, Europe, the United States and Canada.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

REPORT OF THE TRUSTEES
for the year ended 31 March 2025

OBJECTIVES AND ACTIVITIES

Our Vision

We envision a world where people with Gilles de la Tourette syndrome are accepted, supported, and embraced and a world that removes barriers and empowers individuals with the condition to reach their full potential.

Understanding Gilles de la Tourette syndrome

Gilles de la Tourette syndrome, known more commonly as Tourette syndrome (TS or Tourette's) is a complex, lifelong neurological condition that typically begins between the ages of 4 and 7, often peaking in early adolescence. It is genetically determined and characterised primarily by tics, which are involuntary movements or sounds.

Many individuals with TS also experience co-occurring conditions such as ADHD, OCD, autism spectrum disorder, anxiety, depression, sensory processing differences, and challenges with executive functioning (e.g., planning, organisation, decision-making).

While symptoms may lessen for around half of adults after adolescence, Tourette syndrome is a life-long condition and tics will wax and wane (come and go) throughout their lifetime.

Despite affecting approximately 1% of school-aged children, with over 300,000 children and adults in the UK needing support for the condition, Tourette syndrome still remains widely misunderstood. Misconceptions, especially around involuntary swearing (coprolalia), contribute to stigma, trivialisation and unwanted humour. These symptoms affect only 10-30% of people with TS and are not part of the diagnostic criteria. It is important to recognise that those who experience these symptoms, often find them deeply distressing and difficult to manage.

Individuals with Tourette syndrome can also experience tics that present challenges, including embarrassment, pain, injury and physical limitations, depending on their severity. This is compounded by limited public understanding and inadequate NHS support services, often leading to barriers in education, employment, and social exclusion. Some individuals also face bullying, isolation and mental health challenges because of their tics. Sadly, research indicates that individuals with TS are four times more likely to die by suicide in adulthood compared to the general population.

There is no cure for TS. Treatments range from psychological therapies to medication and Botox and, in rare cases, neurosurgery in the form of Deep Brain Stimulation. Comprehensive Behavioural Intervention for Tics (CBiT) is a promising psychological treatment, but, sadly, it is not widely available across the UK. Many individuals have no access to local treatment options, something the charity is actively campaigning to change. NICE recently completed an early value assessment looking at digital therapy for chronic tic disorders and Tourette syndrome that looked into recommending two digital therapies: ORBIT and Neupulse, more info [here](#). This work may potentially improve access to services.

Despite our efforts to raise awareness, Tourette syndrome is still frequently perceived as humorous or insignificant. In reality, it can have a profound impact on the quality of life of the person living with Tourette syndrome and their family. The combination of neurological complexity, stigma, and lack of services highlights the urgent need for greater understanding, compassion, and support.

About Tourettes Action

Tourettes Action is the UK's only national charity dedicated to supporting individuals with Tourette syndrome and their families. All our staff, volunteers and supporters are engaged and energised in driving forward our mission. Everything we do is grounded in our community's needs and informed by both the voices of our community and scientific and research-based evidence.

Our Mission

- We will support and empower people living with Tourette syndrome, and their loved ones, through comprehensive advice and support.
- We will campaign to improve services, raise awareness and understanding of Tourette syndrome, whilst stamping out the stigma associated with it.
- We will assist and promote essential research into Tourette syndrome.

Strategic Goals

Our five strategic goals were shaped by surveys within the Tourette's community, which identified a lack of awareness across all parts of society as the most significant barrier to progress.

1. To raise awareness of Tourette syndrome and reduce the stigma associated with it:

Objective: *Increase public awareness and understanding about the reality of Tourette's, and what it means to live with it.*

Activities:

- Delivering nationwide awareness campaigns reflecting our community voice.
- Sharing accurate information that is not only based on lived experience but also on recent scientific and research-based evidence about Tourette syndrome, through various media.
- Conducting educational training and workshops for parents, schools, workplaces, and healthcare professionals.

2. To reduce health inequalities for people living with Tourette syndrome:

Objective: *Campaign so that everyone with Tourette syndrome can have access to an appropriate NHS healthcare provision, regardless of their location, ethnic or cultural background or social status.*

Activities:

- Supporting community-led lobbying and parliamentary engagement.
- Participating in coalitions and steering groups to advocate for improved services.
- Ensuring representation of community voices in health policy discussions.

3. To ensure that no-one with Tourette syndrome feels alone:

Objective: *Build a network of support for people with Tourette syndrome and their families, ensuring that no one living with, or affected by the condition, feels alone.*

Activities:

- Facilitating online and in-person support groups.
- Organising residential events for families, teenagers, and adults with TS.
- Providing personalised assistance through our helpdesk.

4. To enable people with Tourette syndrome to thrive:

Objective: *Provide accessible support, advice and training, to individuals and their families, and professionals, helping people living with the condition to flourish at home, in education and in employment*

Activities:

- Developing and distributing resource guides and factsheets online.
- Advocating for those with Tourette syndrome in educational and workplace settings.
- Hosting online and in-person seminars featuring expert advice.

5. To support research into Tourette syndrome:

Objective: *Promote and assist research into the causes, treatments, and impact of Tourette syndrome, with a view to improving the lives of people with the condition.*

Activities:

- Collaborating with researchers and shared community insights.
- Developing community-defined research priorities.
- Disseminating research findings in accessible formats

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Since 1981 Tourettes Action's main aim has been to support people living with or waiting for a diagnosis for Tourette syndrome. Despite working to reduce the stigma surrounding TS, those living with the condition are aware that it is still one of the most stigmatised and misunderstood of all the neurological conditions, bringing distress to those with the condition as well as their family and friends. In all that we do, we aim to increase awareness and bring about acceptance for those living with TS, hoping to one day eradicate this stigma and bring true acceptance to those living with it.

Over the past 12 months, we have seen continued growth in engagement and visibility. We are proud of our achievements, which range from providing direct support to individuals and families, to campaigning for improved services and greater public awareness of TS.

Our reach has expanded significantly, with our message resonating across a broader audience, including educators, healthcare professionals, employers, public services, and customer-facing industries. This increased visibility ensures that the voices of those with TS are being heard and their needs better understood.

All of our activities are carried out in accordance with the Charity Commission's guidance on public benefit, and are designed to ensure that we continue to operate for the benefit of the public.

Goal 1: To raise awareness of Tourette syndrome and reduce the stigma associated with it:

Nationwide Awareness Campaign

For the third year running, we embarked on a major campaign during Tourette's Awareness Month, which ran from 15th May to 15th June. We used an external agency to manage the campaign creation, marketing and advertising. The campaign was called #TourettesHurts and its aim was to highlight the impact Tourette's can have on those with the condition and those around them. The campaign wasn't just about raising awareness of Tourette's it was about challenging misconceptions.

The campaign was informed by the views of members of the community who wanted a campaign which would help people understand the truth of the condition – and just how painful it can be both from a physical and emotional aspect. They wanted to showcase the realities of the condition but to also show that with the right support, and the understanding of the general public, the condition would be that little bit easier to live with.

This project involved designing 5 poster themes and recruiting 5 members of the TS community to appear in the posters. Each of the posters shared a different message about why #TourettesHurts: Exhaustion, Physical Pain, Lack of Medical Provision, Suppression, Social Exclusion.

The powerful poster campaign captured the imagination of the UK public. It was built from compelling headlines and visuals, whilst shining a light on real members of the Tourette's community.

The idea was to dramatize the pain of daily tics by quantifying it with bold language that everyone could understand. We landed on headlines such as:

- “My Skin catches fire every day”
- “I'm in a car crash every day”
- “I get beaten to a pulp every day”

We photographed the members and put the headlines at an angle, as if colliding with the person, amplifying the sense of discomfort.

The campaign content could not be ignored. The dark backgrounds and angled lighting added drama that threw the real expressions of pain very much into the spotlight. It challenged misconceptions and led to greater understanding of the condition that is, sadly, very much mocked and misunderstood. It gave a voice to people for whom medical provisions and research is lacking, who are ignored, mocked and often isolated. It's changed preconceptions, and in doing so, it brought about empathy and understanding to those with the condition.

The campaign reached over 2 million views through paid ads in 82 London train stations during Tourette's Awareness Month. During this time, we also successfully secured significant free advertising space across 89 high-traffic locations,

including: Piccadilly Circus, Westfield London, Nelson Street Glasgow, Bond Street Leeds, Snowhill Birmingham, Westminster Towers, Chiswick Towers, Liverpool Towers, Manchester Trinity Way and 76 cinemas throughout the UK.

We further amplified our message with a video featuring community members and 8 celebrities (Eddie Marsan, Aidy Smith, Daniel Mays, Omid Djalili, Matt Lucas, Sally Hawkins, David Morrissey, Izzy Judd) who each read lines from the poster messaging. The video was viewed over 221,000 times during the campaign.

It can be viewed here: <https://www.youtube.com/watch?v=Y8KOC863bs>

The campaign was picked up by 12 media outlets, including BBC National News and BBC Breakfast.

During the awareness month we saw a huge amount of engagement from the community, with lots of people supporting us in getting the message out there:



During awareness month our website saw nearly 13,000 visitors, and social engagement peaked at 1.1 million — far surpassing typical months.

Media

As the voice of the charity has got louder over the years, we have found that we have been able to reach new people and also gain the interest of celebrities. This year saw us recruit our first celebrity patron to the charity, Eddie Marsan. Eddie has a son with Tourette syndrome, which made his connection even more fitting. [Latest news on TS - New Charity Patron](#)

Eddie's recruitment as a patron coincided with this year's awareness campaign, which then led to multiple TV broadcasts, further enhancing our message.

Website

Our website continues to be a major source of information for people and we continue to update the site and improve the content on a regular basis. Almost 64,000 people visited our website during this period. It is continually cited as the main source of reliable information about TS and its associated conditions. We strive constantly to ensure that information is up to date and, although we don't give medical advice, we ensure that the options which might be offered at a clinic visit are fully explained. All of the information is freely downloadable and we continue to believe that this access to information is vital. The website also provides an important platform for the TS community by way of a [Blog page](#), where people can share their personal stories, giving inspiration to those on a similar journey. We regularly receive feedback that our website has been "a one stop shop" and has provided individuals with valuable information about the condition and has very often been the only form of information they have received. Our factsheets provide research-based facts on all areas of the condition, very often giving the community the answers they need.

eLearning

Our free CPD eLearning module, called Understanding Tourette syndrome, continues to be widely used and this financial year it was completed by over 2,000 individuals, many of those being in the education and health sectors. Our eLearning module is also the only Tourette syndrome module on the NHS Learning Hub and we are pleased to be featured on many Local Authority learning management systems in both English and Welsh, enabling us to further spread the message.

Socials

We continue to promote our website content, along with research news, fundraising campaigns, events, webinars and training through our social media platforms and our monthly newsletter. As of March 2025, we had almost 11,000 newsletter subscribers, a 20% increase over the prior year. During this period, we maintained our focus on our social media channels, which led to an increase in followers and engagement across all platforms. We saw an increase of just over 2,500 followers across our social platforms, with the biggest increase on Instagram and LinkedIn.

Training

This financial year, we hosted 2 workshop events: a day-long workshop in Haywards Heath for parents and carers of children with TS and a multi-day workshop in Birmingham for both health, social care and education staff, as well as parents and carers. The workshops aimed to equip the attendees with the knowledge to better support those with TS at home and in the educational and healthcare settings, giving them a thorough understanding on how TS affects those with the condition and the hidden barriers they face daily. In total, 65 individuals attended the events with 100% of attendees saying they would implement new strategies learnt from the workshop.

We have continued to provide individualised training sessions via Zoom during this financial year as the need for this has remained high. This year we delivered 97 sessions with over 7,500 attendees being present over the sessions. Training sessions were delivered to 9 community groups, 15 corporate organisations, 13 Health and Social Care teams and 60 educational establishments.

Goal 2: To reduce health inequalities for people living with Tourette syndrome

The challenges in accessing a timely diagnosis and subsequent care and treatment continue to persist. As a result, advocating for improvements in healthcare has been one of the charity's primary focuses this financial year.

NICE

We've made significant strides in our campaign for health service improvements, with one of the most notable advancements being our involvement with the NICE Committee, which began in 2023.

Our work with the NICE committee continued this year as we worked with them on the *NICE Early Value Assessment: Digital therapy for chronic tic disorders and Tourette syndrome*. Our CEO, along with two Tourettes Action board members, served on the specialist committee, ensuring that the lived experiences and voices of the TS community were central to the process.

As part of this work, our CEO worked with NICE to design and distribute a community-wide survey to better understand the challenges faced in accessing healthcare. The results were both revealing and concerning:

- 1508 people completed the survey
- 63% waited over 1 year for a diagnostic assessment
- 23% waited more than 3 years
- A staggering 13% waited over 5 years
- Over 60% had never been offered any treatment
- Only 17% were offered face-to-face behavioural therapy, despite it being the recommended first-line intervention
- 77% reported pain as a major issue, yet only 3% were offered pain management
- Of those offered CBIT, 31% are still waiting over 1 year for their initial appointment
- Nearly 32% were never assessed for co-occurring conditions, despite research showing these are common in TS

These findings underscore the urgent need for systemic change. Many respondents reported stark regional disparities in access to medical support, highlighting inconsistencies across the country.

To further amplify these concerns, we submitted a comprehensive response to the NHS 10-Year Change Plan and formally proposed a new topic to NICE: *the development of clinical guidelines for the diagnosis and management of Tourette syndrome*.

Clinical Understanding and Interest

We frequently hear from our service users that medical professionals often lack understanding, with outdated views, like the belief that "You can't have Tourette's if you don't swear," still being common. We're committed to challenging these misconceptions and, in doing so, hopefully sparking greater awareness and interest in the condition.

This year we expanded our eLearning offering, creating a new module specifically for GPs. It was created in the hope that we could educate GPs on the condition, removing many of the outdated views, which can often hinder referral and diagnosis, causing delays for many years. We are grateful to Dr Kate Szymankiewicz for giving her time to help create this.

In November, our CEO was invited to present at the National Psychiatry and Intellectual Disability Conference, where she discussed the lack of nationwide provisions for individuals with Tourette syndrome. Clinicians in attendance were keen to learn more about the condition and explore ways to improve access to support across the UK.

Advocacy

This year, we have continued to support the community in advocating for change by encouraging them to reach out to their Members of Parliament. As a result, 95 individuals used our templates to contact their MPs, leading to the submission of 7 questions in Parliament aimed at addressing these issues.

As the voice of the community grows stronger and more MPs become involved, commissioners are increasingly compelled to take action, leading many to consider implementing Tourette's services and pathways at the local level. We have collaborated with several Integrated Care Boards (ICBs) as they explore the establishment of pathways, advising on current best practice.

This year we have continued to be an active participant in a number of pressure and advocacy groups to broaden our impact and influence including the Nottingham Tourette's Steering Group, Neurodevelopmental Conditions Ministerial Advisory Group in Wales and the Neurological Alliance.

The Nottingham Tourette's steering group is a group of academics, healthcare and educational professionals, charity representatives, and lived experience advocates, who are committed to improving access to services and support for children, young people and adults with Tourette syndrome.

The NDMAG (Neurodevelopmental Conditions Ministerial Advisory Group) is a group in Wales whose aim is to assist Welsh Ministers with the direction, implementation and future evaluation of their neurodevelopmental service improvement programme. The group will assess emerging policies, strategies and legislation for their impact on neurodivergent people, their families and carers.

Being an active member of these groups ensures that the voices of the TS community are counted and recognised.

The Nottingham Steering Group started their NIHR (National Institute for Health and Care Research) funded project, in November 2023, and this project continued throughout this financial year. The aim of the project is to develop a recommended service model for children and young people with tics. Our CEO managed the Patient and Public Involvement arm of this research project, ensuring that the patient voice is front and foremost and instrumental in the final model.

In April 2024 our CEO was invited to parliament, along with other charity representatives and advocates to hear the reading of Matt Hancock's "Neurodivergent Conditions Screening Bill". She highlighted that early diagnosis is good, but it is imperative that treatment pathways are in place to support these children once a diagnosis is made.

In previous years, Tourette syndrome was very much the *'forgotten'* neuro condition but we are increasingly being offered a seat at the table, which we believe is due to campaigning from both the charity and our service users.

Goal 3: To ensure that no-one with Tourette syndrome feels alone:

Helpdesk

Our helpdesk remains our main method of personal one to one support, offering guidance and signposting to people with TS and those supporting them. This financial year we saw a notable increase in the complexity of queries received. Many people told us they felt we were their only source of hope – having spent years seeking a diagnosis or having been discharged from medical services without ongoing support.

Demand for our Helpdesk services continues to grow year on year. During this financial period, we responded to over 4,600 individual queries via email, social media platforms, phone, and LiveChat.

The Helpdesk is run by 2 members of Tourettes Action staff and supported by a dedicated group of volunteers. We are deeply grateful to our volunteers for their time, compassion, and invaluable contributions.

Residential Events

In 2024 we delivered 8 'Fest' events, to support people with TS and their families.

Of all the events we run, these provide the greatest positive impact on participant's lives. They create an environment where participants feel safe, accepted, and empowered to have fun, form meaningful friendships, and take on exciting physical challenges alongside more tranquil activities and impactful psychosocial education. While the concept is simple, the impact is profound. For many, it's one of the rare opportunities to truly belong, to feel like part of the group, not an outsider. Participants are encouraged to be themselves, connect with others in similar situations, and experience a sense of freedom

and belonging.

We delivered our usual TICfest, TEENfest and AdultFest weekends and for the second year running we delivered a 1-day TicFete event to allow families who hadn't been able to access a weekend fest event the chance to meet up. The following events ran last year:

- 5 TICfests
 - o Residential weekends for children with Tourette syndrome and family members. These were held in Somerset, Derbyshire, Newcastle, South Wales and Norfolk and were attended by 421 people.
- 1 TEENfest
 - o Residential weekend for teens with Tourette syndrome. This was held in Dorset and we accommodated 20 teens.
- 1 Adult Weekend
 - o Hosted in the Midlands, which was attended by 69 adults with Tourette syndrome.
- 1 One-day TIC-fete
 - o Delivered in November in Watford, enabling anyone from the Tourette's community to come together for a day to learn and share, feel accepted and part of a wider community. This proved very popular with over 200 attendees.

The feedback we receive shows how essential these events are for our community.

"I was blown away with what an experience TICfest was for our whole family. We came with my daughter and her 2 younger brothers and even for them it was a fantastic weekend. My daughter has never had an opportunity before this event to meet other children with Tourette's and similar struggles to her. This weekend made us feel like we had our daughter back, we haven't seen or heard her laugh and smile like she did at this weekend for a long time. The staff are all amazing and we were made to feel welcome from the moment we arrived. Her confidence was sky high after the event, she made new friends who she has kept in contact with. From this event we will have lifelong memories of us being able to enjoy family time and having fun without any worries. This is not something we regularly get to do now." TICfest parent.

87% of children attending the TICfest events state they felt happier and less anxious as they experienced what it is like to be accepted and that they are not the only ones to have Tourette's. 84% stated that their confidence has increased since attending and they now felt more able to talk and explain to people about their condition and will have a better understanding of it themselves. 89% said they were able to make friends with people who understand them, helping them to feel less isolated and alone.

Support Groups

The need for our online groups has remained high this financial year and as such we continued to support our service users providing a regular online support offering.

A wide range of online groups were held during this period. We had groups for teens with TS, adults with TS, parents of children with TS, and groups specifically for dads and male role models of those with TS, along with family groups. We facilitated 147 online groups with 671 attendees during this period, with many people reattending weekly for support and fellowship.

91% of people who attended the online groups said that since attending the group they felt more supported and less on their own, 88% said they felt part of a community and 84.5% said the group had given them and their family a network of support that they can now call on for support to help them cope in challenging times.

This year we have put substantial effort into growing our national network of face-to-face support groups that are facilitated by a wonderful group of dedicated volunteers. These groups make a significant positive impact on the Tourette syndrome community. Having these support groups creates a platform for individuals with TS, their families, and caregivers to connect, share experiences, offer mutual support, and foster a sense of belonging and understanding. There are 8 established face-to-face support groups around the country, each meeting on a monthly basis to support the TS community.

89% of people attending the face-to-face groups said that since attending the group they felt more supported and less alone, 78% said they felt more confident about their future than before they joined the group and 89% said they felt the group had given them and their family a network of support that they can now call on for support to help them cope in challenging times.

During this period, we facilitated seven music workshops at our face-to-face support groups, funded 5 Christmas parties and 4 activity sessions in the Spring. These sessions ranged from beatboxing, animal therapy, laser tag and wild science. Feedback from the group members was positive, feeling these activities give them the chance to bond as a team.

Goal 4: To enable people with Tourette syndrome to thrive:

Educational and Workplace Support and Advocacy

The need for information and support for students in school is as high as ever. Our Education Manager has spent many hours helping teachers and parents to support children struggling within education. During this period, we responded to over 900 enquiries from schools and 829 parents' enquiries regarding support around education and how best to support those with TS in the education environment.

This period we continued to receive requests for support around TS and reasonable adjustments from children's homes, community centres, wellbeing centres, social services, sports clubs and behaviour support units.

We have had more requests this year to support our Adults with TS in the workplace. During this period, we had 119 enquiries from employers wanting to understand how they can better support their workforce. We also held 50 advocacy sessions with adults with TS discussing access to work, support in the workplace, and disability and access rights, ultimately providing them with the tools to advocate for themselves in the working world. This was a 66% increase from the previous financial year

Supporting Documents

Our Tourette's ID cards are still very popular; we issued 94 this financial year. Users often tell us that the cards give them confidence to go out and travel alone – the card can explain their condition, when they are not able to.

We have had our TS passports for a number of years now, enabling people with TS to list their support needs. They are a great asset for those in education and the workplace. These were really popular this year with just over 1300 passports issued or downloaded.

Educational Seminars

We held 14 informative and educational webinars during this financial year, covering topics such as: Managing transition and change, The Neupulse Device, Autism in Girls, Educational Support, Employment and TS, Sleep, Managing Anxiety, Evidence Based Treatments, TS and FND, Anxiety and TS. These webinars were very popular and were attended by 413 people. 73% of people said they would implement new strategies learned from the webinar and 78% said they felt more informed about TS, its impact and tic management following the webinar. 71% felt more empowered and confident to seek support or make choices about their health or their family member's health following the webinar.

Factsheets

This period we also began work on expanding and updating our factsheet resources that are freely available on our website.

Small Support Grants

Due to the ongoing support of a very generous benefactor, we continue to be able to offer small grants for items, which help people to manage their TS. During this period we issued 6 grants for things such as a supporting bed and mattress, Rubik's Cubes, a tablet, a sofa bed, a shower rail and shower equipment, and a Polyphonic Analogue Synthesizer, all of which helped the individuals manage their symptoms of TS.

Goal 5: Supporting research into Tourette syndrome:

Our funded research support programme remains suspended for new applications due to lack of funding, but we continue to support and monitor progress on research projects previously committed. We do however support researchers with their studies, helping to promote and disseminate findings.

This financial year we noted a large increase of researchers studying Tourette syndrome and we supported 20 researchers in their studies, promoting their studies on our website and social media to engage participants, helping to provide insights into the lived experience of Tourette's. The promoted studies included:

- From Trauma to Tics: A Qualitative Exploration of Later-Onset Tourette's Syndrome in Adults
- Investigating the Experiences of Phonic Tics and Involuntary Vocalisation Behaviour in Adults with Tic Disorders
- How do animals benefit individuals with Tourette syndrome?
- Developmental characterization of explosive outbursts in youths with Tourette syndrome
- Are there benefits to using physiotherapeutic methods to decrease tic severity and pain levels for individuals with Tourette syndrome?
- The relationship between parental stress, stigma, resilience, and social support

- Optimising Therapy for Neurodivergent Adults: Reasonable Adjustments and Special interests and their interplay in therapy and quality of life
- Coping Strategies, Stress, and Sleep: Evaluating Their Relationships and Influence on Tic Severity in Children with Tourette Syndrome (TS)
- Exploring the EXPERiences of Accessing services and understanding Neurodevelopmental Disorders for ethnic minorities in England (EXPAND)
- Research for the Development of a Script dealing with Tourette Syndrome
- Functional Tic-Like Behaviours: Towards an Understanding of Young People's Experiences
- Self-stigma in Parents of Young People with Functional Neurological Disorders or Asthma.
- Professional's experiences of working with functional tic disorder
- Help improve access to healthcare for young people with neurodevelopmental disorders
- Designing an online intervention to improve GPs knowledge of tic disorders
- Lived Experience of TS - Exploring the success of pharmacological vs art-based intervention
- Sleep Traits in Tourette Syndrome
- Exploring the urge to tic in TS

There are several long-term projects we've supported that are now delivering exciting results:

- The wrist-worn device developed under the leadership of Professor Stephen Jackson, which provides an electrical stimulation that can have the effect of significantly reducing tics in the wearer, is now progressing toward market launch.
- ORBIT (Online Remote Behavioural Treatment for Tics), led by Professor Chris Hollis, is being developed into a scalable, patient-ready digital tool for delivery across the NHS.

Fundraising

This year, we were delighted to welcome two new charity partners, LSP and GS1UK. Their support has significantly strengthened our efforts to raise awareness of both the condition and the charity's mission.

Our incredible fundraisers once again showed unwavering commitment and energy. Highlights from this year's fundraising activities included participation in the London, Manchester, and Hamburg Marathons, the Bristol Half Marathon, Tough Mudder, the London Landmarks Half Marathon (LLHM), Move for Tourettes, Facebook birthday fundraisers, and our Tea for Tourette's events.

Despite a 10% drop in donations, amounting to nearly £20,000, likely due to the ongoing cost of living crisis, our fundraising efforts rose to the challenge. We saw an increase of £24,460 compared to previous years, helping to offset the shortfall. We believe this uplift in fundraising engagement is a direct result of our expanded awareness initiatives and the growing recognition of our cause.

During the year, we received grants and donations for just over £182,000 from a variety of trusts and funders including BBC Children in Need, The National Lottery Community Fund - RC England Wide, The National Lottery Community Fund - Awards for All England, the Angus Lawson Memorial Trust, D'Oyly Carte Charitable Trust, Marsh Charitable Trust, Forvis Mazars Foundation UK, De Brye Charitable Trust, Hospital Saturday Fund, RSA Match funding, Miller Homes, Florence Turner Trust and CHK Foundation.

This year for the first year we took part in The BIG Give Christmas Challenge, which enabled us to double our donations during 1 week in December. We raised just over £30,000 during this campaign, with funds raised going to the running of our Helpdesk.

Looking Back

As we reflect on the last 12 months, we know we have achieved a great deal from just "being there" to campaigning for improved services for people with Tourette syndrome and better understanding of the condition. We can see that we are making progress at reaching a wider audience, such as teachers, health professionals, employers, public services and customer-facing industries, and getting our voice heard.

We are very grateful to all of our regular donors and fundraisers who continue to support us with financial contributions, even during these times of economic pressures.

There is however still so much to do to achieve transformative clinical support providing help when needed, and without social stigma so that our community are truly able to live their lives to the full.

Looking Forward

Our 5 strategic goals - to enable people with Tourette syndrome to thrive, to raise awareness of Tourette syndrome and reduce the stigma associated with it, to reduce health inequalities for those living with Tourette syndrome, to ensure that no one with Tourette syndrome feels alone, to support research into Tourette syndrome - remain and will remain at the forefront of all that we do this coming financial year.

Awareness will be key, as will pushing for health service improvements.

We are hoping it will be a big year for the Tourette's community as it will see:

- The release of the I Swear film, which is based on the true life story of campaigner John Davidson MBE.
- Digital therapies such as ORBIT and the wearable device from Neupulse getting closer to delivery and release

FINANCIAL REVIEW

Reserves policy

During the year Unrestricted funds increased by £7,363 to £502,415. There was a decrease of £109,075 to £107,474 in Restricted funds.

We still continue to hold a minimum of at least six months expenditure in reserves as we continue to have a high reliance on the generous support of a small number of donors.

To ensure that we can provide continuity in meeting our strategic priorities, for at least the next 12 months, the Trustees have designated specific funding totally £160,000 to cover the following areas of expenditure in the short to medium term:

- Provision of helpdesk and support services for a 12-month period
- Support in education for children and young people with TS in schools, and supporting adults with TS in the workplace for a 12-month period
- Improvement to the website to facilitate better access to resources and information by service users, including a website upgrade, with associated IT infrastructure updates and improvements, which has been deferred from the 2023/24 financial year for operational reasons.
- A provision for follow on expenditure on any research projects already supported and funded by the charity.

Preparation of the accounts on a Going concern basis

The Trustees are confident that Tourettes Action has sufficient funding to enable it to undertake all of its activities over the next year and on that basis the charity is a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Tourettes Syndrome (UK) Association trading as Tourettes Action, ('the charity' or 'TA'), is a company limited by guarantee and as such is governed by its Memorandum and Articles. It was incorporated on 23 May 1991.

Trustee Board

The charity is governed by the Trustee Board, which sets the strategy of the charity, ensures compliance with its charitable objectives, approves the business plan and budget annually and monitors the ongoing operational and financial performance of the charity.

Trustees are appointed after a formal recruitment process, as vacancies arise, by vote of the full Trustee Board at the AGM. Trustees are appointed for a three-year term that may be renewed twice by approval of the Board.

Recruitment of trustees is carried out with an explicit view to optimising the balance of skills and experience available to the Board. In particular, the Board seeks to ensure it has representation from people living with TS and/or their families; people with a clinical or scientific interest and expertise in TS, as well as people with business, strategic, financial and other functional skills.

The Trustee Board meets at least four times annually.

Board Committees

The board maintains three sub-committees as described below.

Finance and General Purposes Committee (F&GP)

The F&GP is chaired by the Hon.Treasurer and meets ahead of Board meetings, and at other times, and operates a delegated mandate to assist the Chief Executive in preparing budgets; to monitor financial performance by detailed review of monthly management accounts; to assist the Chief Executive in arranging and facilitating the annual independent examination and preparation and publication of statutory accounts.

The F&GP also supports the work of the Chief Executive in a wide range of operational areas including, but not limited to, HR and staffing issues, premises, administration issues and oversight of the TA's operational risks.

Research Sub-Committee (RSC)

TA's annual research funding programme remained suspended this financial year due to an unforeseen downturn in funding and as yet has not been restarted. Proposals for funding of clinical, academic scientific or social scientific work towards the understanding, management and potential cure of TS are solicited annually. To assist the Trustee Board in determining which proposals should be funded by TA, the RSC, chaired by a trustee, operates a delegated mandate to make recommendations to the Trustee Board after evaluating proposals by peer review and by reference to an expert external committee of scientific advisors, the Science Advisory Board (SAB). The RSC meets at key stages of the funding round to ensure that research proposals are fully evaluated in time for the Board to allocate grants.

The RSC continues to monitor the ongoing performance and outcomes of the projects in which it has invested.

Safeguarding and Services Sub-Committee (S&S)

The S&S Committee is chaired by a trustee and oversees and monitors TA's core service user facing provision. Trustee members include the Trustee Safeguarding Lead as well as other trustees with experience relevant to the committee's oversight responsibilities. The subcommittee is tasked with overseeing the quality and effectiveness of TA's services, ensuring that the scope of each activity remains appropriate and meets the needs of service users on an ongoing basis and that any new initiatives are established with appropriate checks and safeguards. The subcommittee is also responsible for overseeing approval, review, and compliance with all Safeguarding and related policies and monitoring Safeguarding issues on an ongoing basis. The subcommittee meets prior to quarterly Board meetings and on an ad-hoc basis if required.

Risk management

Risk management is a central responsibility of the Trustee Board.

TA adopts a structured formal approach to the identification and management of risk. A Risk Register is prepared by the CEO and reviewed, updated as necessary, and approved by the Trustee Board annually. It identifies TA's key areas of risk including: Governance, Operations, Finance, Funding, Management, Legal, and Reputation.

Each risk is assessed for Probability and Impact to produce a Gross Risk Score. Each risk is subject to mitigation and controls. The effect of mitigation and control is formally assessed and applied to the Gross Risk Score producing the Net Risk Position for each identified risk.

Advisers

In addition to the SAB (above), TA has established an external advisory panel, the TA Advisory Panel. This group (currently comprising six adults with TS) support the aims of TA and work in collaboration with the charity staff, trustees and subject experts to help TA evolve and meet the needs of our service users. Appointments to this advisory group will be made from time to time by the Chief Executive in consultation with the Board of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02613993 (England and Wales)

Registered Charity number

1003317

Registered office

The Meads Business Centre
19 Kingsmead
FARNBOROUGH
GU14 7SR

Trustees

A Bhandari (resigned 21.12.24)
Professor E Joyce
Dr E R Palmer
Dr J Stern (Honorary Medical Director)
I R Ayres (Treasurer)
G Barnett
A Pape
M Lewis (Chairman)
S Dhuashia
S White
F Peckitt
T Murphy

Company Secretary

E McNally

Independent Examiner

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey. GU9 7PT

Solicitors

Bates Welles & Braithwaite London LLP
2-6 Cannon Street
London. EC4M 6Y

Bankers

Barclays Bank plc
7-8 High Street
Ryde
Isle of Wight. PO33 2PN

Lloyds Bank PLC
120 Lewisham Street
London. SE13 6JG

Approved by order of the board of trustees on 4/12/2025 and signed on its behalf by:



I R Ayres - Trustee

I R Ayres - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

Independent examiner's report to the trustees of Tourette Syndrome (UK) Association Trading as Tourettes Action ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lance Redman

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

Date:

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	274,639	174,049	448,688	518,246
Other trading activities	3	98,623	31,292	129,915	105,485
Investment income	4	<u>20,540</u>	<u>-</u>	<u>20,540</u>	<u>15,887</u>
Total		<u>393,802</u>	<u>205,341</u>	<u>599,143</u>	<u>639,618</u>
 EXPENDITURE ON					
Raising funds	5	33,945	3,388	37,333	35,260
Charitable activities	6				
Tourettes Support		<u>352,494</u>	<u>311,028</u>	<u>663,522</u>	<u>587,967</u>
Total		<u>386,439</u>	<u>314,416</u>	<u>700,855</u>	<u>623,227</u>
 NET INCOME/(EXPENDITURE)		 7,363	 (109,075)	 (101,712)	 16,391
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>495,052</u>	<u>216,549</u>	<u>711,601</u>	<u>695,210</u>
 TOTAL FUNDS CARRIED FORWARD		 <u>502,415</u>	 <u>107,474</u>	 <u>609,889</u>	 <u>711,601</u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

BALANCE SHEET
31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	12	3,022	-	3,022	2,750
CURRENT ASSETS					
Stocks	13	11,145	-	11,145	13,560
Debtors	14	71,724	-	71,724	16,705
Cash at bank		<u>463,941</u>	<u>107,474</u>	<u>571,415</u>	<u>742,676</u>
		546,810	107,474	654,284	772,941
CREDITORS					
Amounts falling due within one year	15	(47,417)	-	(47,417)	(64,090)
		<u>499,393</u>	<u>107,474</u>	<u>606,867</u>	<u>708,851</u>
NET CURRENT ASSETS					
		<u>499,393</u>	<u>107,474</u>	<u>606,867</u>	<u>708,851</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>502,415</u>	<u>107,474</u>	<u>609,889</u>	<u>711,601</u>
NET ASSETS					
		<u>502,415</u>	<u>107,474</u>	<u>609,889</u>	<u>711,601</u>
FUNDS					
	16				
Unrestricted funds				502,415	495,052
Restricted funds				<u>107,474</u>	<u>216,549</u>
TOTAL FUNDS					
				<u>609,889</u>	<u>711,601</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

BALANCE SHEET - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 6/12/2025 and were signed on its behalf by:


.....
I R Ayres - Trustee

I R Ayres - Trustee

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

CASH FLOW STATEMENT
for the year ended 31 March 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(190,385)</u>	<u>16,505</u>
Net cash (used in)/provided by operating activities		<u>(190,385)</u>	<u>16,505</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,416)	(1,852)
Interest received		<u>20,540</u>	<u>15,887</u>
Net cash provided by investing activities		<u>19,124</u>	<u>14,035</u>
Change in cash and cash equivalents in the reporting period		(171,261)	30,540
Cash and cash equivalents at the beginning of the reporting period		<u>742,676</u>	<u>712,136</u>
Cash and cash equivalents at the end of the reporting period		<u><u>571,415</u></u>	<u><u>742,676</u></u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE CASH FLOW STATEMENT
for the year ended 31 March 2025

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025	2024
	£	£
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(101,712)	16,391
Adjustments for:		
Depreciation charges	1,144	1,353
Interest received	(20,540)	(15,887)
Decrease/(increase) in stocks	2,415	(7,503)
(Increase)/decrease in debtors	(55,019)	7,184
(Decrease)/increase in creditors	<u>(16,673)</u>	<u>14,967</u>
Net cash (used in)/provided by operations	<u>(190,385)</u>	<u>16,505</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24	Cash flow	At 31.3.25
	£	£	£
Net cash			
Cash at bank	<u>742,676</u>	<u>(171,261)</u>	<u>571,415</u>
	<u>742,676</u>	<u>(171,261)</u>	<u>571,415</u>
Total	<u>742,676</u>	<u>(171,261)</u>	<u>571,415</u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

These comprise fundraising and marketing expenditure. Charitable activities expenditure includes services to beneficiaries.

Governance costs

Comprise the costs of compliance and organisational administration, constitutional and statutory requirements and include independent reviewer's cost and legal and professional fees.

Allocation and apportionment of costs

Costs of generating funds comprise fundraising and marketing expenditure.

Charitable activities expenditure includes services to beneficiaries.

Support costs include those costs connected with the management of the charity's assets, organisational management and administration and compliance with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Computer equipment	- 25% on cost

The charity does not capitalise smaller assets of less than £500. These are included in the Statement of Financial Activities when incurred.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Leasing commitments

Rentals paid under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	176,673	196,827
Gift aid	89,656	21,482
Grants	<u>182,359</u>	<u>299,937</u>
	<u>448,688</u>	<u>518,246</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

	2025	2024
	£	£
BBC Children In Need	30,000	30,000
Basil Samuel Charitable Trust	-	10,000
Big Lottery	-	74,743
Vandervell Foundation	-	1,000
D'Oyly Carte Charitable Trust	4,000	-
William Allen Young Charitable Trust	3,000	2,000
Hofmeyr Family	-	135,000
Sir Jules Thorn Charitable Trust	-	3,000
Masonic Charitable Foundation	-	5,000
Marsh Charitable Trust	800	700
The National Lottery Community Fund - Awards for All Wales	-	16,818
The National Lottery Community Fund - Awards for All England	19,175	-
Michael Cornish Charitable Trust	-	3,200
Angus Lawson Memorial Trust	19,915	15,393
TCLF	-	2,000
WCC grant	-	684
Forvis Mazars Foundation UK	7,753	399
The National Lottery Community Fund – RC England Wide	85,916	-
De Brye Charitable Trust	3,000	-
Hospital Saturday Fund	2,000	-
RSA Match funding	300	-
Miller Homes	1,000	-
Florence Turner Trust	500	-
CHK Foundation	5,000	-
	<u>182,359</u>	<u>299,937</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Fundraising events	82,110	58,343
Sales	13,757	14,517
Webinars	1,865	1,920
Training income	16,323	16,375
Fest income	15,860	14,330
	<u>129,915</u>	<u>105,485</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

4.	INVESTMENT INCOME		
		2025	2024
		£	£
	Deposit account interest	<u>20,540</u>	<u>15,887</u>

5.	RAISING FUNDS		
	Raising donations and legacies		
		2025	2024
		£	£
	Fundraising costs	<u>37,333</u>	<u>35,260</u>

6.	CHARITABLE ACTIVITIES COSTS		
		Support costs (see note 7)	Totals
		£	£
	Tourettes Support	<u>585,141</u>	<u>78,381</u>
			<u>663,522</u>

7.	SUPPORT COSTS		
		Management	Finance
		£	£
	Tourettes Support	<u>70,229</u>	<u>432</u>
			<u>7,720</u>
			<u>78,381</u>

Support costs, included in the above, are as follows:

Management

	2025	2024
	Tourettes Support	Total activities
	£	£
Premises expenses	13,800	13,800
Insurance	2,669	1,896
Telephone	1,788	1,694
Postage and stationery	2,977	1,747
Travel & Subsistence	19,315	15,302
Website costs	1,457	1,530
Computer expenses	23,066	17,673
General repairs & renewals	721	549
Subscriptions	3,292	1,693
Depreciation of tangible assets	<u>1,144</u>	<u>1,353</u>
	<u>70,229</u>	<u>57,237</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

7. SUPPORT COSTS - continued

Finance

	2025 Tourettes Support £	2024 Total activities £
Bank charges	<u>432</u>	<u>459</u>

Governance costs

	2025 Tourettes Support £	2024 Total activities £
Board meeting costs	2,240	2,122
Independent examination	<u>5,480</u>	<u>5,200</u>
	<u>7,720</u>	<u>7,322</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	<u>1,144</u>	<u>1,353</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Board meeting travel costs were reimbursed to the following Trustees

	2025 £	2024 £
F Peckitt	106	-
E Joyce	72	-
T Murphy	<u>109</u>	<u>-</u>
	<u>287</u>	<u>-</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

10. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	345,247	309,833
Social security costs	23,642	21,270
Other pension costs	<u>11,543</u>	<u>8,410</u>
	<u>380,432</u>	<u>339,513</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Management, administration & counsellors	<u>16</u>	<u>14</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £70,000	<u>1</u>	<u>1</u>

Staff costs have been restated to show recruitment and other staff costs as a separate expense.

The key management personnel of the charity are the trustees and chief executive. The total employment costs of key management personnel total £67,750 (2024: £64,464)

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	283,475	234,771	518,246
Other trading activities	104,609	876	105,485
Investment income	<u>15,887</u>	<u>-</u>	<u>15,887</u>
Total	<u>403,971</u>	<u>235,647</u>	<u>639,618</u>
 EXPENDITURE ON			
Raising funds	31,752	3,508	35,260
Charitable activities			
Tourettes Support	<u>352,641</u>	<u>235,326</u>	<u>587,967</u>
Total	<u>384,393</u>	<u>238,834</u>	<u>623,227</u>
 NET INCOME/(EXPENDITURE)			
Transfers between funds	<u>651</u>	<u>(651)</u>	<u>-</u>
Net movement in funds	20,229	(3,838)	16,391

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	474,823	220,387	695,210
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>495,052</u>	<u>216,549</u>	<u>711,601</u>

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2024	1,732	47,502	49,234
Additions	<u> </u>	<u>1,416</u>	<u>1,416</u>
At 31 March 2025	<u>1,732</u>	<u>48,918</u>	<u>50,650</u>
DEPRECIATION			
At 1 April 2024	1,732	44,752	46,484
Charge for year	<u> </u>	<u>1,144</u>	<u>1,144</u>
At 31 March 2025	<u>1,732</u>	<u>45,896</u>	<u>47,628</u>
NET BOOK VALUE			
At 31 March 2025	<u> </u>	<u>3,022</u>	<u>3,022</u>
At 31 March 2024	<u> </u>	<u>2,750</u>	<u>2,750</u>

13. STOCKS

	2025 £	2024 £
Stocks	<u>11,145</u>	<u>13,560</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	915	800
Other debtors	17,809	5,040
Prepayments and accrued income	<u>53,000</u>	<u>10,865</u>
	<u>71,724</u>	<u>16,705</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	2,188	17,903
Social security and other taxes	5,258	6,815
Accruals and deferred income	<u>39,971</u>	<u>39,372</u>
	<u>47,417</u>	<u>64,090</u>

16. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted funds			
General fund	495,052	7,363	502,415
Restricted funds			
Daniel Katz	14,009	(1,974)	12,035
A4A Wales	16,518	(16,518)	-
Kent Group	228	-	228
Community Foundation for Surrey	711	728	1,439
West Midlands Group	1,006	(195)	811
TEENfest	7,393	(7,393)	-
A4A Tourettes Champions	2,408	(251)	2,157
TICfest	1,001	(1,001)	-
Sussex Group	707	-	707
Music Therapy Charity Trust	3,840	(3,840)	-
Cycling Jerseys	784	-	784
Adult Fests	4,659	341	5,000
New groups	4,146	(481)	3,665
Training Angus Lawson	2,000	14,265	16,265
Hofmeyr Campaigning	18,379	(18,379)	-
Hofmeyr 2023 Fest	10,219	(108)	10,111
Hofmeyr 2024 Fest	83,635	(54,171)	29,464
Hofmeyr 2024 Campaigning	44,906	(44,906)	-
Helpdesk	-	24,808	24,808
	<u>216,549</u>	<u>(109,075)</u>	<u>107,474</u>
TOTAL FUNDS	<u>711,601</u>	<u>(101,712)</u>	<u>609,889</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	393,802	(386,439)	7,363
Restricted funds			
Daniel Katz	-	(1,974)	(1,974)
BBC Children In Need	30,000	(30,000)	-
A4A Wales	-	(16,518)	(16,518)
Community Foundation for Surrey	960	(232)	728
West Midlands Group	-	(195)	(195)
TNL Community Fund	85,916	(85,916)	-
TEENfest	753	(8,146)	(7,393)
A4A Tourettes Champions	-	(251)	(251)
TICfest	10,165	(11,166)	(1,001)
Music Therapy Charity Trust	-	(3,840)	(3,840)
Adult Fests	-	341	341
New groups	-	(481)	(481)
Training Angus Lawson	19,915	(5,650)	14,265
Hofmeyr Campaigning	-	(18,379)	(18,379)
Hofmeyr 2023 Fest	-	(108)	(108)
Hofmeyr 2024 Fest	-	(54,171)	(54,171)
Hofmeyr 2024 Campaigning	-	(44,906)	(44,906)
Helpdesk	38,457	(13,649)	24,808
A4A Adult Fest	<u>19,175</u>	<u>(19,175)</u>	<u>-</u>
	<u>205,341</u>	<u>(314,416)</u>	<u>(109,075)</u>
TOTAL FUNDS	<u>599,143</u>	<u>(700,855)</u>	<u>(101,712)</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	474,823	19,578	651	495,052
Restricted funds				
Daniel Katz	15,430	(1,421)	-	14,009
BBC Children In Need	1,000	(1,000)	-	-
NE Group	854	(854)	-	-
James Tudor Trust	651	-	(651)	-
A4A Wales	5,777	10,741	-	16,518
Kent Group	394	(166)	-	228
Community Foundation for Surrey	125	586	-	711
Doris Field Charitable Trust	1,165	-	(1,165)	-
West Midlands Group	459	547	-	1,006
Hull Group	39	(39)	-	-
Essex group	1,080	(1,080)	-	-
TEENfest	5,359	10,034	(8,000)	7,393
A4A Tourettes Champions	6,200	(3,792)	-	2,408
TICfest	1,727	(726)	-	1,001
Sussex Group	707	-	-	707
Music Therapy Charity Trust	7,932	(4,092)	-	3,840
Hofmeyr 2022	160,503	(7,124)	(135,000)	18,379
Cycling Jerseys	784	-	-	784
Adult Fests	3,447	1,212	-	4,659
Accredited CPD Training	5,384	(5,384)	-	-
New groups	1,370	1,611	1,165	4,146
Training Angus Lawson	-	(6,000)	8,000	2,000
Hofmeyr Campaigning	-	(5,094)	50,000	44,906
Hofmeyr 2023 Fest	-	(74,781)	85,000	10,219
Hofmeyr 2024 Fest	-	83,635	-	83,635
	<u>220,387</u>	<u>(3,187)</u>	<u>(651)</u>	<u>216,549</u>
TOTAL FUNDS	<u>695,210</u>	<u>16,391</u>	<u>-</u>	<u>711,601</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	403,971	(384,393)	19,578
Restricted funds			
Daniel Katz	-	(1,421)	(1,421)
BBC Children In Need	30,000	(31,000)	(1,000)
NE Group	-	(854)	(854)
A4A Wales	16,818	(6,077)	10,741
Kent Group	-	(166)	(166)
Community Foundation for Surrey	713	(127)	586
West Midlands Group	847	(300)	547
Hull Group	-	(39)	(39)
Essex group	-	(1,080)	(1,080)
TNL Community Fund	59,243	(59,243)	-
TNL Adult Weekends	15,500	(15,500)	-
TEENfest	22,393	(12,359)	10,034
A4A Tourettes Champions	-	(3,792)	(3,792)
TICfest	3,200	(3,926)	(726)
Music Therapy Charity Trust	-	(4,092)	(4,092)
Hofmeyr 2022	-	(7,124)	(7,124)
Adult Fests	-	1,212	1,212
Accredited CPD Training	-	(5,384)	(5,384)
New groups	1,933	(322)	1,611
Training Angus Lawson	-	(6,000)	(6,000)
Hofmeyr Campaigning	-	(5,094)	(5,094)
Hofmeyr 2023 Fest	-	(74,781)	(74,781)
Hofmeyr 2024 Fest	<u>85,000</u>	<u>(1,365)</u>	<u>83,635</u>
	<u>235,647</u>	<u>(238,834)</u>	<u>(3,187)</u>
TOTAL FUNDS	<u>639,618</u>	<u>(623,227)</u>	<u>16,391</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

16. MOVEMENT IN FUNDS - continued

Daniel Katz	- Providing grants to improve the quality of life for people living with Tourette - syndrome
BBC Children in Need	- Part of a multi year grant to support TICfest
NE Group	- To ensure that Tourettes Action's support is accessible to people living in the North East
Awards for All Wales	- Workshops in Wales
Kent Group	- Funds for the support of people living in Kent with Tourette syndrome
Community Foundation for Surrey	- Contribution towards work to support people with Tourette syndrome living in Surrey
Doris Field charitable Trust	- Contribution towards work to support people with Tourette syndrome living in Oxfordshire
Hull Group	- To ensure that Tourettes Action's support is accessible to people living in Hull
West Midlands Group	- To ensure that Tourettes Action's support is accessible to people living in West Midlands
Essex group	To ensure that Tourettes Action's support is accessible to people living in Essex
The National Lottery	- National Lottery grant to fund a range of activities
TEENfest	- Residential weekends for teens with Tourettes syndrome
A4A Tourette's Champions	- Funding for the TS Champion programme
TICfest	- Residential weekends for children with Tourette's and their families
Adult Fests	- Residential weekends for adults with Tourette's
Sussex Group	- To ensure that Tourettes Action's support is accessible to people living in Sussex
Music therapy	- Music therapy project to support people with Tourette syndrome
Hofmeyr	- To support the planning and running of TICfests and public and political campaigning
New Groups	To ensure that Tourettes Action's support is accessible to people in various locations
Cycling Jerseys	- Donation to fund cycling jerseys for fundraisers
TNL Community Fund	- 5 year grant to support a range of activities to support people with Tourette syndrome and those around them
Angus Lawson Training	- To support annual TEENfest, delivery of training to 40 schools/educational establishments where children and young people are in need of support and updating online resources available to all
Help desk	- Funding given to support the running of Tourettes Action's helpdesk that offers confidential and impartial support to those living with Tourettes syndrome, their friends and family as well as others seeking information such as teachers and employers

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2025

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

18. DESIGNATED FUNDS

The Trustees have designated specific funding totalling (£160,000) to cover the following areas of expenditure in the short to medium term. These designated reserves will ensure we can provide continuity in meeting the charity's objectives in supporting people with Tourettes Syndrome for at least the next 12 months. The areas covered are: -

Provision of helpdesk and support services for a 12-month period

Support in education for children and teenagers with TS in schools, and supporting adults with TS in the workplace for a 12-month period

A website upgrade, with associated IT infrastructure updates and improvements

A provision for follow on expenditure on any research projects already supported by the charity

19. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	176,673	196,827
Gift aid	89,656	21,482
Grants	<u>182,359</u>	<u>299,937</u>
	448,688	518,246
Other trading activities		
Fundraising events	82,110	58,343
Sales	13,757	14,517
Webinars	1,865	1,920
Training income	16,323	16,375
Fest income	<u>15,860</u>	<u>14,330</u>
	129,915	105,485
Investment income		
Deposit account interest	<u>20,540</u>	<u>15,887</u>
Total incoming resources	599,143	639,618
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	37,333	35,260
Charitable activities		
Wages	345,247	309,833
Social security	23,642	21,270
Pensions	11,543	8,410
Research	250	250
Workshops	105,938	114,051
Cost of Sales	13,738	9,899
Advocacy	474	616
Benevolent grants	1,974	1,421
Staff Recruitment & other costs	15,039	15,550
Publicity, PR & Advertising	66,096	41,649
Exhibitions	<u>1,200</u>	<u>-</u>
	585,141	522,949
Support costs		

This page does not form part of the statutory financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2025

	2025	2024
	£	£
Support costs		
Management		
Premises expenses	13,800	13,800
Insurance	2,669	1,896
Telephone	1,788	1,694
Postage and stationery	2,977	1,747
Travel & Subsistence	19,315	15,302
Website costs	1,457	1,530
Computer expenses	23,066	17,673
General repairs & renewals	721	549
Subscriptions	3,292	1,693
Fixtures and fittings	-	6
Computer equipment	<u>1,144</u>	<u>1,347</u>
	70,229	57,237
Finance		
Bank charges	432	459
Governance costs		
Board meeting costs	2,240	2,122
Independent examination	<u>5,480</u>	<u>5,200</u>
	<u>7,720</u>	<u>7,322</u>
Total resources expended	<u>700,855</u>	<u>623,227</u>
Net (expenditure)/income	<u>(101,712)</u>	<u>16,391</u>

This page does not form part of the statutory financial statements

TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

England & Wales - Charity number 1003317

Accounts

REGISTERED COMPANY NUMBER: 02613993 (England and Wales)
REGISTERED CHARITY NUMBER: 1003317

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

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for the year ended 31 March 2024

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TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

REPORT OF THE TRUSTEES
for the year ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Tourette Syndrome (UK) Association trading as Tourettes Action is a charity formed in 1981 to provide support to people living with the neurological disorder known as Gilles de la Tourette Syndrome and their families and operates as Tourettes Action.

The Charity was incorporated in 1991, although the head office of the charity is in Farnborough, staff are located throughout the UK and as such provide support to people throughout England, Wales and Northern Ireland. Tourettes Action (TA) also has links with other Tourette Syndrome Societies throughout the UK, Europe, the United States and Canada.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

REPORT OF THE TRUSTEES
for the year ended 31 March 2024

OBJECTIVES AND ACTIVITIES

Our Vision

We want a world where people with Gilles de la Tourette Syndrome are: **accepted, supported and embraced**. This is a world which doesn't raise barriers but enables people with the condition to reach their full potential.

What is Gilles de la Tourette Syndrome?

Gilles de la Tourette Syndrome, known more commonly as Tourette syndrome (TS or Tourette's) typically starts around the age of 4 to 7 years and tends to peak around early adolescence. It is a complex, genetically determined neurological condition of which the key features are tics, which are involuntary movements or sounds. A large number of people with the condition will also experience co-occurring features and conditions such as ADHD, OCD, ASD, anxiety, depression, sensory differences, attention difficulties and problems with their executive function, such as planning, organisation and decision making. Tourette's is a life-long condition, however around 50% of adults report that their symptoms have reduced following adolescence but will wax and wane (come and go) throughout their life.

Research shows that 1% of the school age population has TS to some degree, and that at least 300,000 children and adults require support for their condition. A major issue for many is to receive a firm diagnosis that they do indeed have TS due to lack of NHS service coverage.

Tourette's is a condition which is often misunderstood and associated with stereotypes, particularly regarding involuntary swearing and socially inappropriate behaviour. Whilst these symptoms can occur, they do not affect everyone with the condition and are not part of the diagnostic criteria. It is important to recognise that those who experience these symptoms often find managing their tics quite challenging.

Individuals with Tourette syndrome can also experience tics that present challenges, including embarrassment, pain, injury and physical limitations, depending on their severity. Additionally, a limited understanding of Tourette syndrome can create barriers for adults in the workplace and can hinder educational success for children and young people. Some may also encounter bullying and victimisation, which can affect their mental health. Sadly, research indicates that individuals with Tourette's are at a higher risk for mental health issues, being four times more likely to die by suicide in adulthood compared to the general population.

Despite our ongoing efforts to raise awareness, Tourette's is still often perceived as humorous or trivial. In reality, it can actually lead to social isolation and significant challenges for those affected. The complexities of the condition, combined with the stigma and misunderstandings surrounding it, highlight the urgent need for increased support and understanding to foster a more compassionate environment that promotes well-being and success.

There is no specific treatment for the cure or total control of TS. Treatments range from psychological therapy to medication and Botox, which all aim to minimise the worst effects of TS with varying degrees of success. For a very few with the most severe tics, neurosurgery in the form of Deep Brain Stimulation may prove useful. Psychological treatments including CBIT (Comprehensive Behaviour Intervention for Tics) is a tool that helps people with Tourette's manage their tics but this is not widely available throughout the UK. Many people with Tourette syndrome are provided with no treatment options local to them.

What is Tourettes Action?

Tourettes Action works in England, Wales and Northern Ireland and is the UK's only national charity dedicated to supporting individuals with Tourette syndrome and their families. All our staff, volunteers and supporters are engaged and energised in driving forward our mission. Everything we do is grounded in our community's needs and informed by both the voices of our community and scientific and research-based evidence.

Our Mission

- We will support and empower people living with Tourette syndrome, and their loved ones, through comprehensive advice and support.
- We will campaign to improve services, raise awareness and understanding of Tourette syndrome, whilst stamping out the stigma associated with it.
- We will assist and promote essential research into Tourette syndrome.

Our Main Activities

Tourettes Action has five strategic goals that are aligned with our mission and are at the forefront of everything we do, they are grounded in our community's needs and informed by their voices.

1. **To enable people with Tourette syndrome to thrive:** *Providing accessible support, advice and training, to individuals and their families and professionals, helping people living with Tourette's to flourish at home, in education and in employment.*
2. **To raise awareness of Tourette syndrome and reduce the stigma associated with it:** *Increasing public awareness and understanding about the reality of Tourette syndrome, and what it means to live with it.*
3. **To reduce health inequalities for those living with Tourette syndrome:** *Campaigning so that everyone with Tourette syndrome can have access to an appropriate NHS healthcare provision, regardless of their location, ethnic or cultural background or social status.*
4. **To ensure that no-one with Tourette syndrome feels alone:** *Building a network of support for people with Tourette's and their families, ensuring that no one living with or affected by Tourette syndrome feels alone.*
5. **To support research into Tourette syndrome:** *Informed by the views of our community, we will assist and promote research that examines the causes, the treatments, and the impact of Tourette syndrome, with a view to improving the lives of people with the condition.*

These goals were established in response to surveys undertaken within the Tourette's community who identified the main obstacle as an overall lack of awareness of Tourette's within all parts of society. In keeping with these goals, this financial year, our main activities were:

- Delivering a nationwide awareness campaign to truly reflect the voices of the Tourette's community, aiming to increase public awareness and understanding about the reality of Tourette syndrome, and what it means to live with it.
- Running weekend residential events for families, teenagers and adults with Tourette's, giving them a chance to meet and connect with others living with Tourette's, to build personal confidence, resilience and a sense of community.
- Developing and distributing comprehensive resource guides and factsheets that are accessible in both digital and written formats to improve knowledge and understanding of TS.
- Advocating for those living with TS e.g. for access and adaptations in schools and the workplace and within health services, together with advocacy through the press and other media.
- Providing educational support and advice for people with TS who are attending schools, colleges and universities to make the education journey, for those with TS, as smooth as possible.
- Provision of a help desk providing information and one to one support to people with TS and to their families, many of whom are in crisis.
- Holding face to face workshops and online seminars on topics of interest for people with TS and their families, to keep our community updated on the latest advice from experts.
- Conducting educational online training and face to face training workshops for education, workplace and healthcare professionals.
- Providing support in the daily lives for people living with and affected by Tourette syndrome by facilitating online support groups to provide fellowship both for themselves and their families
- Helping to facilitate face to face support groups around the country, giving those with TS a chance to meet up regularly with those in the local area for mutual support and friendship
- Offering small grants to individuals for the purchase of equipment and other items which will ameliorate the effects of TS.
- Through our website, sharing accurate information based on lived experience, and current scientific and research evidence about Tourette's.
- Supporting and facilitating researchers in their studies, providing insights into the lived experience of Tourette's, and ensuring the patient voice is heard.
- Disseminating findings of research in accessible formats to the community and stakeholders.
- Liaising with medical specialists in the TS field and offering advice to people living with TS as to the availability of specialist clinics, consultants and therapists.
- Bringing our community together to push for health service improvements and supporting them in lobbying parliament and health campaigning.
- Participating in relevant coalitions and steering groups who work together to push for improvements in health provisions for those with TS.
- Our funded programme has remained suspended for this financial year due to funding restrictions, however we continue to support, and monitor the progress and report on grants awarded in prior year funding rounds.

All of these activities are carried out in accordance with Charity Commission's guidance on public benefit and are designed to ensure that we continue to operate for the Public Benefit.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Since 1981 Tourettes Action's main aim has been to support people living with, or waiting for a diagnosis for Tourette syndrome. Despite working to reduce the stigma surrounding TS, those living with the condition are aware that it is still one of the most stigmatised and misunderstood of all the neurological conditions, bringing distress to those with the condition as well as their family and friends. In all that we do, we aim to increase awareness and bring about acceptance for those living with TS, hoping to one day eradicate this stigma and bring true acceptance to those living with it.

Raising Awareness and Reducing Stigma

Tourette's Awareness Month

This financial year, for the second year running, we delivered a nationwide awareness campaign during Tourette's Awareness Month, which ran from 15th May to 15th June. The campaign was called #ItsWhatsMakesMeTic, and it aimed to raise awareness of TS and educate the public on what Tourette's is really like, whilst reaching as many people as possible. This campaign involved recruiting 5 ambassadors with TS who all had an individual story to tell, with different levels and complexities of the condition. They shared their stories of living with TS throughout awareness month on our TikTok channel. Our aim was that everyone in our community could relate in some way to at least one of the ambassadors. This message was further amplified by creating posters and animations of the ambassadors which was shared across social channels and on a touring digivan.



On Tourettes's awareness day, the 7th June, buildings were encouraged to turn green and also share our awareness campaign on their social media channels. We saw a huge amount of engagement from the community, with lots of people supporting us in getting the message out there:

Almost 600 service users joined us in raising awareness



Our social posts on META reached 1.3 million and 1 million on TikTok



Over 40 awareness sessions held in schools



Over 30 media articles in TV, radio and paper



Many buildings turned green on awareness day



Posters displayed on bus stops, train stations and airports



The campaign achieved tremendous success, garnering enthusiastic feedback from our community while significantly bolstering growth and involvement across all facets of the charity.

Website

Our website continues to be a major source of information for people and we continue to update the site and improve the content on a regular basis. During this period our website received over 77,000 views. It is continually cited as the main source of reliable information about TS and its associated conditions. We strive constantly to ensure that information is up to date and, although we don't give medical advice, we ensure that the options which might be offered at a clinic visit are fully explained. All of the information is freely downloadable and we continue to believe that this access to information is vital. The website also provides an important platform for the TS community by way of a Blog page and YouTube video channel, where people can share their personal stories, giving inspiration to those on a similar journey. We regularly receive feedback that our website has been "a one stop shop" and has provided individuals with valuable information about the condition and has very often been the only form of information they have received.

eLearning

Our free CPD eLearning module, called Understanding Tourette Syndrome, continues to be widely used and this financial year it was completed by over 2000 individuals, many of those being in the education and health sectors. This was a 139% increase on last year completion rate. Our eLearning module is also the only Tourette syndrome module on the NHS Learning Hub and we are pleased to be featured on many Local Authority learning management systems in both English

and Welsh, enabling us to further spread the message.

Socials

We continue to promote our website content, along with research news, fundraising campaigns, events, webinars and training through our social media platforms and our monthly newsletter. As of March 2024, we had just over 9000 newsletter subscribers, a 15% increase over the prior year. During this period, we maintained our focus on our social media channels, which led to an increase in followers and engagement across all platforms. Our Facebook saw a 31% increase in followers to 14,250, Twitter saw a 5% increase to 6,250 followers and Instagram saw a 37% increase to 7,500 followers. We continued this year to work on our LinkedIn network and at the end of March 2024 we had nearly 1,400 followers, which was a 60% growth rate. This year also saw us reach a new demographic of people with our TikTok channel. At the end of this financial year we had 16,900 followers.

Media

The awareness raising from our campaign, website, eLearning module, social channels and training was further enhanced by the heart-wrenching performance of Lewis Capaldi at Glastonbury. The subsequent discussions that followed resulted in Tourettes Action being asked to comment and provide more information about Tourette syndrome to many organisations. This saw Tourettes Action and Tourette syndrome featuring on broadcast, printed and online media multiple times, which shone a light on the condition and for the first time in years brought a greater understanding.

November also saw us featuring on the Children in Need programme, where a wonderful young boy called Shay shared his story of living with Tourette Syndrome. CIN Shay's Story: <https://www.youtube.com/watch?v=6yt3BVHWVCU>

This also led to multiple TV broadcasts, further extended the reach of our message.

Training

This financial year, we expanded on our workshop offering and hosted 3 events: a day-long workshop in Wrexham for parents and carers of children with TS along with two multi-day workshops in Swansea and Halton. The multiday workshops saw us expand our training to health and social care staff and educational professionals. The first day of the workshop focused on health, social care and education staff, while the second day was dedicated to parents and carers. The workshops aimed to equip the attendees with the knowledge to better support those with TS at home and in the educational and healthcare settings, giving them a thorough understanding on how TS affects those with the condition and the hidden barriers they face daily. In total, we supported 85 parents, 72 health and social care professionals, and 21 education staff during these events.

We have continued to provide individualised training sessions via Zoom during this financial year, the need for this has continued to grow. This year we delivered 104 sessions with over 7,500 attendees being present over the sessions, a 40% increase over prior year. We also found that many other organisations were asking for training to better support those with TS, not only within education but also within the workplace and health setting. This led to bespoke training sessions being delivered to 4 community groups, 18 corporate organisations, 15 Health and Social Care teams and 67 education establishments.

Reducing health inequalities

Due to the struggles people face in accessing a timely diagnosis and follow-on care and treatment following a diagnosis, one of the main priorities of the charity has been to campaign for health improvements.

We have been making really positive progress in our campaign for health service improvements. One of the most significant developments has been our involvement with the NICE Committee as part of their technology assessment to look at Digitally-enabled therapy for chronic tic disorders and Tourette syndrome. This is a great step forward for the TS community, we are finally on the radar of NICE.

Our CEO was accepted as a professional expert on the NICE committee and two Tourettes Action board members were accepted as specialist committee members. This combination has ensured that the voices of the community are heard and represented as the work is completed.

There however still remains significant regional disparities in accessing medical support for TS, with substantial differences noted across the country. Approximately only about 10% of individuals with Tourette's are able to access Behavioural Therapy for Tics through the NHS. Furthermore, outside of London, there are minimal provisions available for those with TS, compounded by the absence of NICE clinical guidelines for the condition.

To address this issue, we have assisted the community in advocating for change by encouraging them to write to their Members of Parliament. Consequently, this financial year, 215 individuals utilised our templates to communicate with their MPs, resulting in the tabling of 12 questions in Parliament aimed at addressing these concerns.

As the voice of the community grows stronger and more MPs become involved, commissioners are increasingly

compelled to take action, leading many to consider implementing Tourette's services and pathways at the local level. We have collaborated with several Integrated Care Boards (ICBs) as they explore the establishment of pathways, advising on current best practice.

We are an active participant in a number of pressure and advocacy groups to broaden our impact and influence including the Nottingham Tourette's Steering Group, NDMAG in Wales and the Neurological Alliance.

The Nottingham Tourette's steering group is a group of academics, healthcare and educational professionals, charity representatives, and lived experience advocates, who are committed to improving access to services and support for children, young people and adults with Tourette syndrome.

The NDMAG (Neurodevelopmental Conditions Ministerial Advisory Group) is a group in Wales whose aim is to assist Welsh Ministers with the direction, implementation and future evaluation of their neurodevelopmental service improvement programme. The group will assess emerging policies, strategies and legislation for their impact on neurodivergent people, their families and carers.

Being an active member of these groups ensure that the voices of the TS community is counted and recognised.

The Nottingham Steering Group started their NIHR funded project, in November 2023. The aim of the project was to develop a recommended service model for children and young people with tics. Our CEO manages the PPI arm of this research project, ensuring that the patient voice is front and foremost and instrumental in the final model.

Ensuring no one with Tourette syndrome feels alone

Helpdesk

Our helpdesk remains our main method of personal one to one support, offering guidance and sign posting to people with TS and those supporting them. This financial year we saw a large rise in the number of people contacting us for support. The call for support continues to rise year on year and this year we provided guidance to just over 3,700 individual queries via email, social media platforms or via phone, and LiveChat. Our Helpdesk is managed and run by 2 members of Tourettes Action staff and a dedicated group of volunteers. We are very grateful to our team of volunteers for their efforts.

Residential Events

This year we delivered our usual TICfest, TEENfest and AdultFest weekends but for the first time ever we delivered a 1-day TICfest event. Each year our fest events are oversubscribed and unfortunately, we can never meet demands, the 1-day Fest enabled us to bridge this gap. It allowed previous fest participants to meet up again and also allowed people who were unsure of the fest events to try something out. Of all the events we run, these provide the greatest positive impact on participants lives. All our residential events allow participants to feel safe, accepted and have fun and form friendships providing exciting physical challenges with some quieter activities as well as some psychosocial education sessions. The concept is simple, but the impact is huge as this is often one of the few occasions that individuals can feel part of the crowd rather than the odd one out. Participants feel able to join in, be themselves and feel free associating with others in a similar situation.

This year we delivered:

- Four TICfests: Residential weekends for children with Tourette Syndrome and family members. These were held in Somerset, Derbyshire, Sussex and Norfolk and attended by 377 people.
- Two TEENfests: Residential weekends for teens with Tourette Syndrome. These were held in Worcestershire and West Yorkshire, each able to accommodate 20 teens.
- One Adult weekend: Attended by 53 adults with Tourette Syndrome and a partner/carer.
- One 1-day TICfest: Delivered in December in the West Midlands, enabling anyone from the Tourette's community to come together for a day to learn and share, feel accepted and part of a wider community. This proved very popular despite terrible weather on the day with 167 attendees.

The feedback we receive shows how essential these events are for our community.

"I cannot sum up into words what tic fest means to us as a family. It goes above and beyond an adventure weekend for the children. It is a place that has no judgment and even though most of the other people there are complete strangers you get a real sense of community and understanding as we travel on our TS journey."

95% of children attending the TICfest events state they felt happier and less anxious as they experienced what it is like to be accepted and that they are not the only ones to have Tourette's. 84% stated that their confidence has increased since attending and they now felt more able to talk and explain to people about their condition and will have a better understanding of it themselves.

Support Groups

The need for our online groups has remained high this financial year and as such we continued to support our service users providing a regular online support offering.

A wide range of online groups were held during this period. We had groups for teens with TS, adults with TS, parents of children with TS, and groups specifically for dads and male role models of those with TS. We facilitated 126 online groups with 554 attendees during this period, with many people reattending weekly for support and fellowship.

This year we have put substantial effort into growing our national network of face-to-face support groups that are facilitated by a wonderful group of dedicated volunteers. These groups make a significant positive impact on the Tourette syndrome community. Having these support groups creates a platform for individuals with TS, their families, and caregivers to connect, share experiences, offer mutual support, and foster a sense of belonging and understanding. There are 9 established face-to-face support groups around the country, each meeting on a monthly basis to support the TS community.

We facilitated two courses of music therapy in Reading this financial year, the had a positive impact on those that attended, giving them relief from tics in a safe creative place around like-minded people.

Enabling people with Tourette syndrome to thrive

Educational and Workplace Support, and Advocacy

The need for information and support for students in school is as high as ever. Schools continued to experience a high incidence of pupils presenting with the sudden onset of severe tics and many also reported that anxiety following the pandemic has continued and is causing heightened tics for many within the TS community. Our Education Manager has spent many hours helping teachers and parents to support children struggling within education. During this period, we responded to 1,437 enquiries from schools and 1,044 parents' enquiries regarding support around education and how best to support those with TS in the education environment, a staggering 18% increase from the previous year.

This period we also received just over 220 requests for support around TS and reasonable adjustments from children's homes, community centres, wellbeing centres, social services, sports clubs and behaviour support units. This is great news as we are now getting support to children with TS in all settings, not just educational settings.

We have had more requests this year to support our Adults with TS in the workplace. During this period we had 25 enquires from adults with TS and 141 enquires from employees wanting to understand how they can better support their workforce. We also held 75 advocacy sessions with adults with TS discussing access to work, support in the workplace, accessing work, disability and access rights, ultimately providing them with the tools to advocate for themselves in the working world.

Supporting Documents

Our Tourettes ID cards are still very popular, we issued 165 this financial year. Users often tell us that the cards give them confidence to go out and travel alone.

We have had our TS passports for a number of years now, enabling people with TS to list their support needs. They are a great asset for those in education and the workplace. These were really popular this year, with nearly 2,000 passports issued or downloaded, a 115% increase on last year.

Webinars

We held a series of informative and educational webinars during this financial year, covering topics such as: Tourette's and employment; How the sensory system can impact on tics; How to support those with Tourette's within school; Sleep issues in those with TS; Functional Tics and their impact; Therapy techniques for tic management. These webinars were very popular and were attended by 385 people.

This period we also began work on expanding and updating our factsheet resources that are freely available on our website.

Fundraising

Our amazing fundraisers came out in full force again this year for which we are very grateful. Our fundraising activities included: The London Marathon, the Virtual Marathon, LLHM, Move for Tourettes, Facebook birthday fundraisers and this year we held a new campaign in October called Tea for Tourettes, raising both funds and boosting awareness of the condition. This year, we experienced an increase of just over £20k in donations to the charity, from the previous year, which we attribute primarily to our heightened efforts in raising awareness and campaigning.

During the year, we received grants and donations for almost £300,000 from a variety of trusts and funders including

BBC Children in Need, The National Lottery Community Fund – RC England Wide, The National Lottery Community Fund - Awards for All Wales, Sir Jules Thorn, Michael Cornish Charitable Trust, Anton Jurgens Charitable Trust, Masonic Charitable Foundation and the Angus Lawson Memorial Trust.

Due to the ongoing support of a very generous benefactor, we continue to be able to offer small grants for items, which help people to manage their TS. During this period we issued 4 grants for things such as a desk, a computer chair, a VR headset and a digital drum kit, all of which helped the individuals manage their symptoms of TS.

Supporting research into Tourette syndrome

Our research support programme remains suspended for new applications due to lack of funding, but we continue to support and monitor progress on research projects previously committed.

This financial year we supported 7 researchers in their studies, promoting their studies on our website and social media to engage participants, helping to provide insights into the lived experience of Tourette's. The promoted studies were:

- Experiences of a functional tics diagnosis in adolescents, and their caregivers
- Exploring the nature of anxiety in children and adolescents with and without Tic disorder
- Evaluating healthcare professionals' experiences of assessing and treating tics in children and young people in the UK
- Tourette Syndrome and self-stigma - A research study examining internalisation, social support, self-esteem, and quality of life
- SATURN - Stimulant medication for ADHD and Tics – Understanding Response versus Non-stimulants- Welsh Government's Neurodivergence and Learning Disability Team Research
- Understanding the expression of everyday vocal and motor tics in adults

We continue to support the project led by Professor Stephen Jackson at Nottingham University to develop a wrist-worn device providing an imperceptible electrical stimulation that can have the effect of significantly reducing tics in the wearer and are excited about the results following the trials of the prototype device.

Looking Back

As we reflect on the last 12 months, we know we have achieved a great deal from just “being there” to campaigning for improved services for people with Tourette syndrome and better understanding of the condition. We can see that we are making progress at reaching a wider audience, such as teachers, health professionals, employers, public services and customer-facing industries, and getting our voice heard.

We are very grateful to all of our regular donors who continue to support us with financial contributions, even during these times of economic pressures. We are especially grateful for a substantial multi-year donation from the Hofmeyr family, which has enabled us both to increase the scope and impact of our campaigning as well as substantially expand and improve our offering of weekend residential events.

There is however still so much to do to achieve transformative clinical support providing help when needed, and without social stigma so that our community are truly able to live their lives to the full.

Looking Forward

Our 5 strategic goals – to enable people with Tourette syndrome to thrive, to raise awareness of Tourette syndrome and reduce the stigma associated with it, to reduce health inequalities for those living with Tourette syndrome, to ensure that no one with Tourette syndrome feels alone, to support research into Tourette syndrome – remain and will remain at the forefront of all that we do this coming financial year.

FINANCIAL REVIEW

Reserves policy

During the year Unrestricted funds increased by £20,229 to £495,052. There was a decrease of £3,838 to £216,549 in Restricted funds.

We still continue to hold a minimum of six months expenditure as reserves as we continue to have a high reliance on the generous support of a small number of donors.

To ensure that we can provide continuity in meeting our strategic priorities, for at least the next 12 months, the Trustees have designated specific funding totally £160,000 to cover the following areas of expenditure in the short to medium term:

- Provision of helpdesk and support services for a 12-month period
- Support in education for children and young people with TS in schools, and supporting adults with TS in the workplace for a 12-month period
- Improvement to the website to facilitate better access to resources and information by service users, including a website upgrade, with associated IT infrastructure updates and improvements, which has been deferred from the 2023/24 financial year for operational reasons.
- A provision for follow on expenditure on any research projects already supported and funded by the charity

Preparation of the accounts on a Going concern basis

The Trustees are confident that Tourettes Action has sufficient funding to enable it to undertake all of its activities over the next year and on that basis the charity is a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Tourettes Syndrome (UK) Association trading as Tourettes Action, ('the charity' or 'TA'), is a company limited by guarantee and as such is governed by its Memorandum and Articles. It was incorporated on 23 May 1991.

Trustee Board

The charity is governed by the Trustee Board, which sets the strategy of the charity, ensures compliance with its charitable objectives, approves the business plan and budget annually and monitors the ongoing operational and financial performance of the charity.

Trustees are appointed after a formal recruitment process, as vacancies arise, by vote of the full Trustee Board at the AGM. Trustees are appointed for a three-year term that may be renewed twice by approval of the Board.

Recruitment of trustees is carried out with an explicit view to optimising the balance of skills and experience available to the Board. In particular, the Board seeks to ensure it has representation from people living with TS and/or their families; people with a clinical or scientific interest and expertise in TS, as well as people with business, strategic, financial and other functional skills.

The Trustee Board meets at least four times annually.

Board Committees

The board maintains three sub-committees as described below..

Finance and General Purposes Committee (F&GP)

The F&GP is chaired by the Hon.Treasurer and meets ahead of Board meetings, and at other times, and operates a delegated mandate to assist the Chief Executive in preparing budgets; to monitor financial performance by detailed review of monthly management accounts; to assist the Chief Executive in arranging and facilitating the annual independent examination and preparation and publication of statutory accounts.

The F&GP also supports the work of the Chief Executive in a wide range of operational areas including, but not limited to, HR and staffing issues, premises, administration issues and oversight of the TA's operational risks.

Research Sub-Committee (RSC)

TA's annual research funding programme remained suspended this financial year due to an unforeseen downturn in funding and as yet has not been restarted. Proposals for funding of clinical, academic scientific or social scientific work towards the understanding, management and potential cure of TS are solicited annually. To assist the Trustee Board in determining which proposals should be funded by TA, the RSC, chaired by a trustee, operates a delegated mandate to make recommendations to the Trustee Board after evaluating proposals by peer review and by reference to an expert external committee of scientific advisors, the Science Advisory Board (SAB). The RSC meets at key stages of the funding round to ensure that research proposals are fully evaluated in time for the Board to allocate grants.

The RSC continues to monitor the ongoing performance and outcomes of the projects in which it has invested.

Safeguarding and Services Sub-Committee (S&S)

The S&S Committee is chaired by a trustee and oversees and monitors TA's core service user facing provision. Trustee members include the Trustee Safeguarding Lead as well as other trustees with experience relevant to the committee's oversight responsibilities. The subcommittee is tasked with overseeing the quality and effectiveness of TA's services, ensuring that the scope of each activity remains appropriate and meets the needs of service users on an ongoing basis and that any new initiatives are established with appropriate checks and safeguards. The subcommittee is also responsible for overseeing approval, review, and compliance with all Safeguarding and related policies and monitoring Safeguarding issues on an ongoing basis. The subcommittee meets prior to quarterly Board meetings and on an ad-hoc basis if required.

Risk management

Risk management is a central responsibility of the Trustee Board.

TA adopts a structured formal approach to the identification and management of risk. A Risk Register is prepared by the CEO and reviewed, updated as necessary, and approved by the Trustee Board annually. It identifies TA's key areas of risk including: Governance, Operations, Finance, Funding, Management, Legal, and Reputation.

Each risk is assessed for Probability and Impact to produce a Gross Risk Score. Each risk is subject to mitigation and controls. The effect of mitigation and control is formally assessed and applied to the Gross Risk Score producing the Net Risk Position for each identified risk.

Advisers

In addition to the SAB (above), TA has established an external advisory panel, the TA Advisory Panel. This group (currently comprising five adults with TS) support the aims of TA and work in collaboration with the charity staff, trustees and subject experts to help TA evolve and meet the needs of our service users. Appointments to this advisory group will be made from time to time by the Chief Executive in consultation with the Board of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
02613993 (England and Wales)

Registered Charity number
1003317

Registered office
The Meads Business Centre
19 Kingsmead
FARNBOROUGH
Hampshire
GU14 7SR

Trustees
A Bhandari
Professor E Joyce
Dr E R Palmer
Dr J Stern (Honorary Medical Director)
I R Ayres (Treasurer)
G Barnett
A Pape
M Lewis (Chairman since 4 Dec 2022)
S Dhulashia
S White
T Murphy
F Peckitt

Company Secretary
E McNally

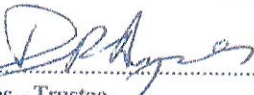
Independent Examiner
Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

Solicitors
Bates Welles & Braithwaite London LLP
2-6 Cannon Street
London
EC4M 6Y

Bankers
Barclays Bank plc
7-8 High Street
Ryde
Isle of Wight
PO33 2PN

Lloyds Bank PLC
120 Lewisham Street
London
SE13 6JG

Approved by order of the board of trustees on 23/11/2024 and signed on its behalf by:


.....
I R Ayres - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

Independent examiner's report to the trustees of Tourette Syndrome (UK) Association Trading as Tourettes Action ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Lance Redman

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

Date: 23 November 2024

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	283,475	234,771	518,246	534,607
Other trading activities	3	104,609	876	105,485	90,582
Investment income	4	<u>15,887</u>	<u>-</u>	<u>15,887</u>	<u>7,353</u>
Total		<u>403,971</u>	<u>235,647</u>	<u>639,618</u>	<u>632,542</u>
EXPENDITURE ON					
Raising funds	5	31,752	3,508	35,260	32,308
Charitable activities	6				
Tourettes Support		<u>352,641</u>	<u>235,326</u>	<u>587,967</u>	<u>517,995</u>
Total		<u>384,393</u>	<u>238,834</u>	<u>623,227</u>	<u>550,303</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	16	19,578	(3,187)	16,391	82,239
		<u>651</u>	<u>(651)</u>	<u>-</u>	<u>-</u>
Net movement in funds		20,229	(3,838)	16,391	82,239
RECONCILIATION OF FUNDS					
Total funds brought forward		474,823	220,387	695,210	612,971
		<u>474,823</u>	<u>220,387</u>	<u>695,210</u>	<u>612,971</u>
TOTAL FUNDS CARRIED FORWARD		<u>495,052</u>	<u>216,549</u>	<u>711,601</u>	<u>695,210</u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

BALANCE SHEET
31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	12	2,750	-	2,750	2,251
CURRENT ASSETS					
Stocks	13	13,560	-	13,560	6,057
Debtors	14	16,705	-	16,705	23,889
Cash at bank		<u>526,127</u>	<u>216,549</u>	<u>742,676</u>	<u>712,136</u>
		556,392	216,549	772,941	742,082
CREDITORS					
Amounts falling due within one year	15	(64,090)	-	(64,090)	(49,123)
NET CURRENT ASSETS		<u>492,302</u>	<u>216,549</u>	<u>708,851</u>	<u>692,959</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>495,052</u>	<u>216,549</u>	<u>711,601</u>	<u>695,210</u>
NET ASSETS		<u>495,052</u>	<u>216,549</u>	<u>711,601</u>	<u>695,210</u>
FUNDS	16				
Unrestricted funds				495,052	474,823
Restricted funds				<u>216,549</u>	<u>220,387</u>
TOTAL FUNDS				<u>711,601</u>	<u>695,210</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

BALANCE SHEET - continued
31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on23/11/2024.....
and were signed on its behalf by:


.....
I R Ayres - Trustee

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

CASH FLOW STATEMENT
for the year ended 31 March 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	<u>16,505</u>	<u>62,828</u>
Net cash provided by operating activities		<u>16,505</u>	<u>62,828</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,852)	(1,127)
Interest received		<u>15,887</u>	<u>7,353</u>
Net cash provided by investing activities		<u>14,035</u>	<u>6,226</u>
Change in cash and cash equivalents in the reporting period			
		30,540	69,054
Cash and cash equivalents at the beginning of the reporting period		<u>712,136</u>	<u>643,082</u>
Cash and cash equivalents at the end of the reporting period		<u><u>742,676</u></u>	<u><u>712,136</u></u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE CASH FLOW STATEMENT
for the year ended 31 March 2024

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024	2023
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	16,391	82,239
Adjustments for:		
Depreciation charges	1,353	1,512
Interest received	(15,887)	(7,353)
Increase in stocks	(7,503)	(2,743)
Decrease/(increase) in debtors	7,184	(12,327)
Increase in creditors	<u>14,967</u>	<u>1,500</u>
Net cash provided by operations	<u><u>16,505</u></u>	<u><u>62,828</u></u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23	Cash flow	At 31.3.24
	£	£	£
Net cash			
Cash at bank	<u>712,136</u>	<u>30,540</u>	<u>742,676</u>
	<u>712,136</u>	<u>30,540</u>	<u>742,676</u>
Total	<u><u>712,136</u></u>	<u><u>30,540</u></u>	<u><u>742,676</u></u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

These comprise fundraising and marketing expenditure. Charitable activities expenditure includes services to beneficiaries.

Governance costs

Comprise the costs of compliance and organisational administration, constitutional and statutory requirements and include independent reviewers cost and legal and professional fees.

Allocation and apportionment of costs

Costs of generating funds comprise fundraising and marketing expenditure.

Charitable activities expenditure includes services to beneficiaries.

Support costs include those costs connected with the management of the charity's assets, organisational management and administration and compliance with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Computer equipment	- 25% on cost

The charity does not capitalise smaller assets of less than £500. These are included in the Statement of Financial Activities when incurred.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Leasing commitments

Rentals paid under operating leases are charged to the profit and loss on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	196,827	174,212
Gift aid	21,482	41,827
Grants	<u>299,937</u>	<u>318,568</u>
	<u>518,246</u>	<u>534,607</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Children In Need	30,000	30,500
Garfield Weston Foundation	-	20,000
The National Lottery Community Fund – RC England Wide	74,743	74,108
St James Place Foundation	-	1,250
Shanly Foundation	-	2,160
Music Therapy Charity	-	1,500
Schroder Charity Trust	-	10,000
Hofmeyr Family	135,000	135,000
Sir Jules Thorn	3,000	-
Masonic Charitable Foundation	5,000	5,000
Marsh Charitable Trust	700	600
The National Lottery Community Fund - Awards for All Wales	16,818	9,000
The National Lottery Community Fund - Awards for All England	-	9,950
Radcliffe Trust	-	3,000
RG Hills Charitable Trust	-	1,500
Batchworth Trust	-	15,000
Michael Cornish Charitable Trust	3,200	-
Angus Lawson Memorial Trust	15,393	-
Anton Jurgens Charitable Trust	2,000	-
WCC grant	684	-
Mazars Charitable Trust	399	-
Other Trusts	13,000	-
	<u>299,937</u>	<u>318,568</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	58,343	65,174
Sales	14,517	12,832
Webinars	1,920	2,051
Training income	16,375	10,525
Fest income	14,330	-
	<u>105,485</u>	<u>90,582</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

4. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	<u>15,887</u>	<u>7,353</u>

5. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Fundraising costs	<u>35,260</u>	<u>32,308</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Tourettes Support	<u>522,949</u>	<u>65,018</u>	<u>587,967</u>

7. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Tourettes Support	<u>57,237</u>	<u>459</u>	<u>7,322</u>	<u>65,018</u>

Support costs, included in the above, are as follows:

Management

	2024 Tourettes Support £	2023 Total activities £
Premises expenses	13,800	13,800
Insurance	1,896	1,831
Telephone	1,694	2,071
Postage and stationery	1,747	7,541
Sundries	-	61
Travel & Subsistence	15,302	7,331
Website costs	1,530	9,228
Computer expenses	17,673	27,673
General repairs & renewals	549	3,410
Subscriptions	1,693	1,645
Depreciation of tangible and heritage assets	<u>1,353</u>	<u>1,512</u>
	<u>57,237</u>	<u>76,103</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

7. SUPPORT COSTS - continued
Finance

	2024	2023
	Tourettes	Total
	Support	activities
	£	£
Bank charges	<u>459</u>	<u>450</u>

Governance costs

	2024	2023
	Tourettes	Total
	Support	activities
	£	£
Board meeting costs	2,122	240
Independent examination	<u>5,200</u>	<u>5,608</u>
	<u>7,322</u>	<u>5,848</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>1,353</u>	<u>1,512</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

10. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	309,833	251,928
Social security costs	21,270	15,485
Other pension costs	<u>8,410</u>	<u>4,466</u>
	<u>339,513</u>	<u>271,879</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Management, administration & counsellors	<u>14</u>	<u>11</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

10. STAFF COSTS - continued

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £70,000	<u>1</u>	<u>-</u>

Staff costs have been restated to show recruitment and other staff costs as a separate expense.

The key management personnel of the charity are the trustees and the Chief Executives. The total employment costs of key management personnel total £64,464 (2023: £60,881)

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	246,733	287,874	534,607
Other trading activities	88,833	1,749	90,582
Investment income	<u>7,353</u>	<u>-</u>	<u>7,353</u>
Total	<u>342,919</u>	<u>289,623</u>	<u>632,542</u>
 EXPENDITURE ON			
Raising funds	26,061	6,247	32,308
Charitable activities			
Tourettes Support	<u>244,208</u>	<u>273,787</u>	<u>517,995</u>
Total	<u>270,269</u>	<u>280,034</u>	<u>550,303</u>
 NET INCOME	 72,650	 9,589	 82,239
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>402,173</u>	<u>210,798</u>	<u>612,971</u>
 TOTAL FUNDS CARRIED FORWARD	 <u>474,823</u>	 <u>220,387</u>	 <u>695,210</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2023	1,732	45,650	47,382
Additions	<u>-</u>	<u>1,852</u>	<u>1,852</u>
At 31 March 2024	<u>1,732</u>	<u>47,502</u>	<u>49,234</u>
DEPRECIATION			
At 1 April 2023	1,726	43,405	45,131
Charge for year	<u>6</u>	<u>1,347</u>	<u>1,353</u>
At 31 March 2024	<u>1,732</u>	<u>44,752</u>	<u>46,484</u>
NET BOOK VALUE			
At 31 March 2024	<u>-</u>	<u>2,750</u>	<u>2,750</u>
At 31 March 2023	<u>6</u>	<u>2,245</u>	<u>2,251</u>

13. STOCKS

	2024 £	2023 £
Stocks	<u>13,560</u>	<u>6,057</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	800	400
Other debtors	5,040	6,089
Prepayments and accrued income	<u>10,865</u>	<u>17,400</u>
	<u>16,705</u>	<u>23,889</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	17,903	11,316
Social security and other taxes	6,815	6,306
Accruals and deferred income	<u>39,372</u>	<u>31,501</u>
	<u>64,090</u>	<u>49,123</u>

16. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	Transfers between funds	At 31.3.24
	£	£	£	£
Unrestricted funds				
General fund	474,823	19,578	651	495,052
Restricted funds				
Daniel Katz	15,430	(1,421)	-	14,009
BBC Children In Need	1,000	(1,000)	-	-
NE Group	854	(854)	-	-
James Tudor Trust	651	-	(651)	-
TNL A4A Wales	5,777	10,741	-	16,518
Kent Group	394	(166)	-	228
Community Foundation for Surrey	125	586	-	711
Doris Field Charitable Trust	1,165	-	(1,165)	-
West Midlands Group	459	547	-	1,006
Hull Group	39	(39)	-	-
Essex group	1,080	(1,080)	-	-
Teenfest	5,359	10,034	(8,000)	7,393
TNL A4A Tourettes Champions	6,200	(3,792)	-	2,408
Ticfest	1,727	(726)	-	1,001
Sussex Group	707	-	-	707
Music Therapy Charity Trust	7,932	(4,092)	-	3,840
Hofmeyr 2022	160,503	(7,124)	(135,000)	18,379
Cycling Jerseys	784	-	-	784
Adult Fests	3,447	1,212	-	4,659
Accredited CPD Training	5,384	(5,384)	-	-
New groups	1,370	1,611	1,165	4,146
Training Angus Lawson Memorial Trust	-	(6,000)	8,000	2,000
Hofmeyr Campaigning	-	(5,094)	50,000	44,906
Hofmeyr 2023 Fest	-	(74,781)	85,000	10,219
Hofmeyr 2024 Fest	-	83,635	-	83,635
	<u>220,387</u>	<u>(3,187)</u>	<u>(651)</u>	<u>216,549</u>
TOTAL FUNDS	<u>695,210</u>	<u>16,391</u>	<u>-</u>	<u>711,601</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	403,971	(384,393)	19,578
Restricted funds			
Daniel Katz	-	(1,421)	(1,421)
BBC Children In Need	30,000	(31,000)	(1,000)
NE Group	-	(854)	(854)
TNL A4A Wales	16,818	(6,077)	10,741
Kent Group	-	(166)	(166)
Community Foundation for Surrey	713	(127)	586
West Midlands Group	847	(300)	547
Hull Group	-	(39)	(39)
Essex group	-	(1,080)	(1,080)
TNL Community Fund	59,243	(59,243)	-
TNL Adult Weekends	15,500	(15,500)	-
Teenfest	22,393	(12,359)	10,034
TNL A4A Tourettes Champions	-	(3,792)	(3,792)
Ticfest	3,200	(3,926)	(726)
Music Therapy Charity Trust	-	(4,092)	(4,092)
Hofmeyr 2022	-	(7,124)	(7,124)
Adult Fests	-	1,212	1,212
Accredited CPD Training	-	(5,384)	(5,384)
New groups	1,933	(322)	1,611
Training Angus Lawson Memorial Trust	-	(6,000)	(6,000)
Hofmeyr Campaigning	-	(5,094)	(5,094)
Hofmeyr 2023 Fest	-	(74,781)	(74,781)
Hofmeyr 2024 Fest	<u>85,000</u>	<u>(1,365)</u>	<u>83,635</u>
	<u>235,647</u>	<u>(238,834)</u>	<u>(3,187)</u>
TOTAL FUNDS	<u><u>639,618</u></u>	<u><u>(623,227)</u></u>	<u><u>16,391</u></u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	402,173	72,650	474,823
Restricted funds			
Daniel Katz	17,751	(2,321)	15,430
TLC	2,986	(2,986)	-
BBC Children In Need	-	1,000	1,000
NE Group	854	-	854
James Tudor Trust	651	-	651
Manchester Group	556	(556)	-
TNL A4A Wales	-	5,777	5,777
Kent Group	1,669	(1,275)	394
Community Foundation for Surrey	265	(140)	125
Doris Field Charitable Trust	747	(747)	-
West Midlands Group	448	11	459
Hull Group	39	-	39
Essex group	1,080	-	1,080
TNL Community Fund	2,127	(2,127)	-
TNL Teacher Training	725	(725)	-
Teenfest	2,026	3,333	5,359
TNL A4A Tourettes Champions	9,561	(3,361)	6,200
Ticfest	49,909	(48,182)	1,727
Sussex Group	223	484	707
Music Therapy Charity Trust	5,548	2,384	7,932
TNL Parent WS	3,738	(3,738)	-
Hofmeyr 2022	105,000	55,503	160,503
Hospital Saturday Fund	1,822	(1,822)	-
Oxford Group	418	747	1,165
Sir Jules Thorn	1,655	(1,655)	-
Cycling Jerseys	1,000	(216)	784
Adult Fests	-	3,447	3,447
Accredited CPD Training	-	5,384	5,384
New groups	-	1,370	1,370
	<u>210,798</u>	<u>9,589</u>	<u>220,387</u>
TOTAL FUNDS	<u>612,971</u>	<u>82,239</u>	<u>695,210</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	342,919	(270,269)	72,650
Restricted funds			
Daniel Katz	1	(2,322)	(2,321)
TLC	1,015	(4,001)	(2,986)
BBC Children In Need	30,500	(29,500)	1,000
Manchester Group	-	(556)	(556)
TNL A4A Wales	9,000	(3,223)	5,777
Kent Group	-	(1,275)	(1,275)
Community Foundation for Surrey	-	(140)	(140)
Doris Field Charitable Trust	-	(747)	(747)
West Midlands Group	250	(239)	11
TNL Community Fund	32,108	(34,235)	(2,127)
TNL Teacher Training	1,626	(2,351)	(725)
TNL Adult Weekends	15,500	(15,500)	-
Teenfest	11,249	(7,916)	3,333
TNL A4A Tourettes Champions	-	(3,361)	(3,361)
Ticfest	-	(48,182)	(48,182)
Sussex Group	484	-	484
Music Therapy Charity Trust	6,660	(4,276)	2,384
TNL Parent WS	21,021	(24,759)	(3,738)
Hofmeyr 2022	135,000	(79,497)	55,503
Hospital Saturday Fund	-	(1,822)	(1,822)
Oxford Group	-	747	747
Sir Jules Thorn	-	(1,655)	(1,655)
Cycling Jerseys	-	(216)	(216)
DBS & Safeguarding	3,853	(3,853)	-
Adult Fests	10,000	(6,553)	3,447
Accredited CPD Training	9,950	(4,566)	5,384
New groups	1,406	(36)	1,370
	<u>289,623</u>	<u>(280,034)</u>	<u>9,589</u>
TOTAL FUNDS	<u>632,542</u>	<u>(550,303)</u>	<u>82,239</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

16. MOVEMENT IN FUNDS - continued

Daniel Katz	- Providing grants to improve the quality of life for people with Tourette Syndrome
BBC Children in Need	- Part of a multi year grant to support Ticfest - To ensure that Tourettes Action's support is accessible to people living in the
NE Group	North East
Tudor Trust	- CIBIT training places for clinicians
Manchester	- Funds held on behalf of the Tourettes Action Manchester Group
Awards for All Wales	- Workshops in Wales
Kent Group	- Funds for the support of people living in Kent with Tourette Syndrome
Community Foundation for Surrey	- Contribution towards work to support people with Tourette Syndrome living in Surrey
Doris Field charitable Trust	- Contribution towards work to support people with Tourette Syndrome living in Oxfordshire
CHK Charities Ltd	- To support the work of Tourettes Action
Hull Group	- To ensure that Tourettes Action's support is accessible to people living in Hull
West Midlands Group	- To ensure that Tourettes Action's support is accessible to people living in West Midlands
Essex group	To ensure that Tourettes Action's support is accessible to people living in Essex
The National Lottery	- National Lottery grant to fund a range of activities
Teenfest	- Residential weekends for teens with Tourettes Syndrome
TNL A4A Tourettes Champions	- Funding for the TS Champion programme
Ticfest	- Restricted grants for ticfest plus designated funds allocated to ticfest
Sussex Group	- To ensure that Tourettes Action's support is accessible to people living in Sussex
Music Therapy Charity Trust	- Music therapy project to support people with Tourette Syndrome - To support the planning and running of ticfests and public and political campaigning
Hofmeyr	
Oxford Group	- To ensure that Tourettes Action's support is accessible to people living in Oxford
Cycling Jerseys	- Donation to fund cycling jerseys for fundraisers - 5 year grant to support a range of activities to support people with Tourettes Syndrome and those around them
TNL Community Fund	

Transfers between funds

A donation of £135,000 was received from Hofmeyr and £50,000 has been reallocated to campaigning with the remaining £85,000 to festivals which will be spent next year.

A grant of £10,000 was received from Angus Lawson Memorial Trust during the year for teenagers and £8,000 from this grant has been assigned to teenage training.

The remaining funds in the Oxford group from Doris Field Charitable Trust of £1,165 has been reallocated to New Groups.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2024

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

18. DESIGNATED FUNDS

The Trustees have designated specific funding totalling (£160,000) to cover the following areas of expenditure in the short to medium term. These designated reserves will ensure we can provide continuity in meeting the charity's objectives in supporting people with Tourettes Syndrome for at least the next 12 months. The areas covered are: -

Provision of helpdesk and support services for a 12-month period

Support in education for children and teenagers with TS in schools, and supporting adults with TS in the workplace for a 12-month period

A website upgrade, with associated IT infrastructure updates and improvements

A provision for follow on expenditure on any research projects already supported by the charity

19. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2024

	2024	2023
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	196,827	174,212
Gift aid	21,482	41,827
Grants	<u>299,937</u>	<u>318,568</u>
	518,246	534,607
Other trading activities		
Fundraising events	58,343	65,174
Sales	14,517	12,832
Webinars	1,920	2,051
Training income	16,375	10,525
Fest income	<u>14,330</u>	<u>-</u>
	105,485	90,582
Investment income		
Deposit account interest	<u>15,887</u>	<u>7,353</u>
Total incoming resources	639,618	632,542
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	35,260	32,308
Charitable activities		
Wages	309,833	251,928
Social security	21,270	15,485
Pensions	8,410	4,466
TA Camps	-	11,250
Research	250	250
Workshops	114,051	97,801
Cost of Sales	9,899	10,121
Advocacy	616	1,294
Benevolent grants	1,421	2,668
Staff Recruitment & other costs	15,550	17,724
Support Services	-	79
Publicity, PR & Advertising	<u>41,649</u>	<u>22,528</u>
	522,949	435,594
Support costs		
Management		
Premises expenses	13,800	13,800
Carried forward	13,800	13,800

This page does not form part of the statutory financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2024

	2024	2023
	£	£
Management		
Brought forward	13,800	13,800
Insurance	1,896	1,831
Telephone	1,694	2,071
Postage and stationery	1,747	7,541
Sundries	-	61
Travel & Subsistence	15,302	7,331
Website costs	1,530	9,228
Computer expenses	17,673	27,673
General repairs & renewals	549	3,410
Subscriptions	1,693	1,645
Fixtures and fittings	6	67
Computer equipment	<u>1,347</u>	<u>1,445</u>
	57,237	76,103
Finance		
Bank charges	459	450
Governance costs		
Board meeting costs	2,122	240
Independent examination	<u>5,200</u>	<u>5,608</u>
	<u>7,322</u>	<u>5,848</u>
Total resources expended	<u>623,227</u>	<u>550,303</u>
Net income	<u>16,391</u>	<u>82,239</u>

This page does not form part of the statutory financial statements

TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

England & Wales - Charity number 1003317

Accounts

REGISTERED COMPANY NUMBER: 02613993 (England and Wales)
REGISTERED CHARITY NUMBER: 1003317

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

HPCA Limited
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

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for the year ended 31 March 2023

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TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

REPORT OF THE TRUSTEES
for the year ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Tourette Syndrome (UK) Association trading as Tourettes Action is a charity formed in 1981 to provide support to people living with the neurological condition known as Gilles de la Tourette Syndrome and their families and operates as Tourettes Action.

The Charity was incorporated in 1991. Although the head office of the charity is in Farnborough, staff are located throughout the UK and as such provide support to people throughout England, Wales and Northern Ireland. Tourettes Action (TA) also has links with other Tourette Syndrome Societies throughout the UK, Europe, the United States and Canada.

OBJECTIVES AND ACTIVITIES

Mission and objectives

Tourettes Action provides support to, and campaigns for, people living with and affected by Gilles de la Tourette Syndrome through a wide range of support services and related activities

What is Gilles de la Tourette Syndrome?

Gilles de la Tourette Syndrome, known more commonly as Tourette Syndrome (TS or Tourette's) typically starts around the age of 6/7 years and tends to peak around early adolescence. It is a complex, genetically determined neurological condition of which the key features are tics, which are involuntary movements or sounds. A large number of people with the condition will also experience co-occurring features and conditions. Tourette's is a life-long condition, however around 50% of adults report that their symptoms have reduced following adolescence but will wax and wane (come and go) throughout their life.

Research shows that 1% of the school age population has TS to some degree, and that at least 300,000 children and adults require support for their condition. A major issue for many is to receive a firm diagnosis that they do indeed have TS due to lack of NHS service coverage.

Tourette's is a widely misunderstood and stereotyped neurological condition historically associated with or defined by swearing and socially inappropriate behaviour. Although it is true that 'coprolalia' (the clinical term for involuntary swearing), 'copropraxia' (the clinical term for involuntary obscene gestures) and 'coprographia' (the clinical term for the involuntary writing of obscene words) are symptoms of TS, they do not affect everyone with the condition and are not a criteria for diagnosis. These tics can however be very difficult to manage. Many people see Tourette's as comical or not that serious, when in reality it can be a socially isolating and physically debilitating condition.

People with TS report that their tics can often cause embarrassment, great pain, injury and physical disability depending on the severity of their tics. Children and young people with Tourette's often receive a lower than expected academic attainment, suffering often from bullying and victimisation and subsequent mental health difficulties are often reported. Sadly, research shows that those with Tourette's are also 4 times more likely to die by suicide in adulthood compared to the public at large.

There is no specific treatment for the cure or total control of TS. Treatments range from psychological therapy to medication and botox, which all aim to minimise the worst effects of TS with varying degrees of success. For a very few with the most severe tics, neurosurgery in the form of Deep Brain Stimulation may prove useful. Psychological treatments including CBIT (Comprehensive Behaviour Intervention for Tics) is a tool that helps people with Tourette's manage their tics but sadly this is not widely available throughout the UK.

What is Tourettes Action?

Tourettes Action works in England, Wales and Northern Ireland and is the leading support and research charity for people with Tourette Syndrome and their families.

Tourettes Action want people with Tourette Syndrome to receive the practical support and social acceptance they need to help them live their lives to the full and we are the go-to organisation in the UK for information and guidance on TS.

Our Main Activities

Tourettes Action has four strategic priorities that are at the forefront of everything we do:

1. To raise awareness of what is still a very misunderstood condition
2. Provide support, training and advocacy within schools, college and university and within the workplace
3. Campaign for health service improvements, as many with TS still struggle to access a diagnosis and follow-on support
4. Provide support at ground level for those living with and affected by TS

These priorities were established in response to surveys undertaken within the Tourette's community who identified the main obstacle as an overall lack of awareness of Tourette's within all parts of society. In keeping with these priorities, this financial year, our main priorities were:

- Running weekend residential events throughout the year where people with TS and their families can come together to build personal confidence, resilience and a sense of community.
- Raising awareness through the production of digital, written and other published materials to improve knowledge and understanding of TS.
- Advocating for those living with TS e.g. for access and adaptations in schools and in health services, together with advocating through the press and other media.
- Providing educational support and advice to schools, universities, teachers and parents to make the education journey for those with TS as smooth as possible.
- Provision of a support service helpdesk providing information and support to people with TS and to their families, many of whom contact us in crisis.
- Holding conferences, workshops, meetings and seminars on topics of interest to people with TS and their families. These were largely carried out online via webinars during the current financial year, however towards the end of the year we reintroduced our in-person day workshops.
- Facilitating online support groups to bring together individuals to provide fellowship both for themselves and their families.
- Providing activities for the enjoyment and development of those with TS.
- Helping facilitate a number of face-to-face support groups around the country, giving those with TS a chance to meet up regularly with those in the local area to gain support and build friendship.
- Offering small grants to individuals for the purchase of equipment and other items which will ameliorate the effects of TS.
- Encouraging and assisting research into all aspects of TS and disseminating the results as widely as possible.
- Liaising with medical specialists in the TS field and offering advice to people living with TS as to the availability of specialist units, consultants and therapists.
- Funding research into TS. Our funded programme has remained suspended for this financial year due to funding restrictions, however we continue to support, and monitor the progress and report on grants awarded in prior years.

All of these activities are carried out in accordance with Charity Commission's guidance on public benefit and are designed to ensure that we continue to operate for the Public Benefit.

ACHIEVEMENT AND PERFORMANCE

Peter Holmes

We were very sad to report the death recently of Peter Holmes.

Peter was a trustee of Tourettes Action for more than ten years until 2019, and held the role of vice-chair for a number of years. He was a true friend and supporter of the charity. A wonderful colleague, he was a man of great warmth, integrity, and kindness. He will be greatly missed.

Charitable activities

Since 1981 Tourettes Action's main aim has been to support people living with TS from pre diagnosis through the diagnosis, treatment and management of the condition. Despite working to reduce the stigma surrounding TS, those living with the condition are aware that it is still one of the most stigmatised and misunderstood of all the neurological conditions, bringing distress to those with the condition as well as their family and friends. In all that we do, we aim to increase awareness and bring about acceptance for those living with TS, hoping to one day eradicate this stigma and bring true acceptance to those living with it.

Raising Awareness

This financial year, for the first time, we embarked on a full multi-media awareness campaign during Tourette's Awareness Month, which ran from 15th May to 15th June. The campaign was called #ThisIsTourettes #ItsNotWhatYouThink, and it aimed to destigmatise Tourette's through educating and raising awareness. We wanted to show the general public what the reality of Tourette's looked like, dispelling some of the myths that surround it, whilst also bringing the community together. As part of the campaign, we created awareness posters and videos and encouraged buildings to turn green on Tourette's Awareness Day.

Over 500 service users joined us in raising awareness

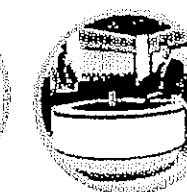
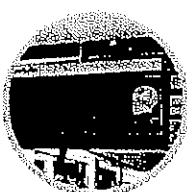
Posters displayed on bus stops, train stations and airports

Over 20 schools held awareness days

Many buildings turned green on awareness day

Our awareness video was played over 4000 times

Over 20 media articles in TV, Radio and paper



Our website continues to be a major source of information for people and we continue to update the site and improve the content on a regular basis. During this period our website received over 133,000 views. The website continues to be cited as the main source of reliable information about TS and its associated conditions. We strive constantly to ensure that information is up to date and, although we don't give medical advice, we ensure that the options which might be offered at a clinic visit are fully explained. All of the information is freely downloadable and we continue to believe that this access to information is vital. The website also provides an important platform for the TS community by way of a Blog page and YouTube video channel, where people can share their personal stories, giving inspiration to those on a similar journey. We regularly receive feedback that our website has been "a one stop shop" and has provided individuals with valuable information about the condition and has very often been the only form of information they have received.

September 2022 saw the launch of an eLearning module called Understanding Tourette Syndrome. It is a free CPD training module and between September and the end of the financial year it was completed by 838 individuals, many of those being in the education and health sectors.

We continue to promote our website content, along with research news, fundraising campaigns, events, webinars and training through our social media platforms and our monthly newsletter. As of March 2023, we had nearly 8,000 newsletter subscribers, a 68% increase over the prior year. During this period, we put a lot of effort into our social media channels and saw an increase in followers and interaction across all channels. Our Facebook saw a 19% increase in followers to 10,971, Twitter saw a 14% increase to 5971 followers and Instagram saw a huge 55% increase to 5468 followers. We also started to use the LinkedIn network and at the end of March 2023 we had 847 followers enabling us to reach a new demographic of people.

During this period, we facilitated a day-long workshop in Cardiff for Parents and Carers of children with TS, which had 40 attendees. The aim of the workshop was to equip the attendees with the knowledge of how to support those with TS better, both at home and within the education setting, giving them a thorough understanding on how TS affects those with the condition and the hidden barriers they face daily.

Campaigning

Due to the struggles people face in accessing a timely diagnosis and follow-on care and treatment following a diagnosis, one of the main priorities of the charity has been to campaign for health improvements. There are enormous regional inequalities when it comes to accessing medical support for TS with huge disparities across the country with only about 10% of people with Tourette's being able to access behavioural therapy for tics in the NHS. There are no NICE clinical guidelines for TS and are very few provisions outside of London for those with TS.

To highlight the struggles our community face with accessing a diagnosis and medical care, we created template MP letters, allowing our community to easily alert their MP of the issues they face leading to 22 questions being tabled in parliament.

In June 2022 our CEO and members of the Tourette's community met at the Department of Health and Social Care with Gillian Keegan to discuss the lack of medical provisions available to those with TS and the desperate need for NICE clinical guidelines. This meeting led to a NICE cross-agency topic prioritisation group meeting in November 2022, which included senior executives from NHS England, the Office for Health Improvement and Disparities, the Department of Health and Social Care, and NICE.

The charity works with a steering group of academics, healthcare and educational professionals, charity representatives, and lived experience advocates, who are committed to improving access to services and support for children and young people with Tourette Syndrome.

- In January 2023 January the group formulated a letter to Matt Hancock to ask him to consider adding TS to his Dyslexia Bill to ensure all neurodivergent conditions are represented equally and that they receive equal focus in teacher training provision. This led to a meeting in London with a member of Matt's team.
- In February 2023 the group completed an animation to reflect the voices and experiences of people trying to access healthcare for their tics. It is entitled #TourettesHearUs and can be found here <https://www.youtube.com/watch?v=-eXFAquFWF0>.
- The group submitted an application to NIHR: National Institute for Health and Care Research to develop a recommended service model for children and young people with tics

Ground Level Support

Our helpdesk remains our main method of personal support, offering guidance and sign posting to people with TS and those supporting them. This financial year we saw a large rise in the number of people contacting us for support. We provided guidance to just over 3,600 people via email, social media platforms or via phone, and LiveChat. The number of people we supported more than doubled compared to the previous financial year. Our Helpdesk is managed and run by 2 members of Tourettes Action staff and a dedicated group of volunteers. We are very grateful to our team of volunteers for their efforts.

This year we delivered 7 residential weekend events, during the summer months, to support people with TS and their families. Of all the events we run, these provide the greatest positive impact on participants lives. All our residential events allow participants to feel safe, accepted and have fun and form friendships providing exciting physical challenges with some quieter activities as well as some psychosocial education sessions. The concept is simple, but the impact is huge as this is often one of the few occasions that they can feel part of the crowd rather than the odd one out. Participants feel able to join in, be themselves and feel free associating with others in a similar situation.

This year we delivered:

- 4 TicFest family weekends for children with Tourette Syndrome. 172 children and 154 adults attended
- 1 AdultFest weekend for adults with Tourette Syndrome. 69 adults attended
- 2 TeenFest residential weekends for teenagers with Tourette Syndrome to attend alone without their parents or a carer. 34 teens attended

The feedback we receive shows how essential these events are for our community.

"It is life changing and it also highlights how our children wouldn't be socially isolated if there was more acceptance, understanding, support, opportunities etc in our society. Thank goodness for Tourettes Action and all the amazing people who work so hard to achieve this."

"We will forever treasure the memories of this weekend. [Our daughter] has been very isolated for a long time (no education for 2 years, no friends). I can't put into words how much this weekend means to her (and to me as Mum!); one of the things she'll take away is that everything IS possible, we "just" need support, understanding and opportunities. Thank you from the bottom of my heart."

77% of children attending the TICfest events state they had made progress in improving relationships with their peers following the Fest event and 85% stating that their confidence has increased since attending.

During the Covid-19 pandemic, we added online support groups and webinars to our service offering. The need for these groups and services has since remained high and as such we continued to support our service users providing a regular online support offering.

We held a series of informative and educational webinars during the year, covering topics such as: How Tourette's can impact sleep; Tourette's and co-occurring ADHD; Functional Tics and sudden onset of Tics; How to support those with Tourette's within school. These webinars are very popular and were attended by almost 320 people.

A wide range of online groups were held during this period. We had groups for teens with TS, adults with TS, parents of children with TS, and groups specifically for dads and male role models of those with TS. We facilitated 44 online groups with 443 attendees during this period, with many people reattending weekly for support and fellowship.

Our Tourettes ID cards are still very popular with issued 165 this financial year. Users often tell us that the cards give them confidence to go out and travel alone.

Education and Workplace Support, Training and Advocacy

The need for information and support for students in school is as high as ever. Schools continued to experience a high incidence of pupils presenting with the sudden onset of severe tics and many also reported that anxiety following the pandemic was causing heightened tics for many within the TS community. Our Education Manager has spent many hours helping teachers and parents to support children struggling within education. During this period, we responded to 990 enquiries from schools and over 1,000 parents regarding support around education and how best to support those with TS in the education environment.

This period we also received just over 250 requests for support around TS and reasonable adjustments from children's homes, community centres, wellbeing centres, social services, sports clubs and behaviour support units. This is great news as we are now getting support to children with TS in all settings, not just educational settings.

We have continued to provide individualised training sessions via Zoom during this financial year. In the last financial year we delivered 37 bespoke school training sessions, this year we delivered 39. We also found that many other organisations were asking for training to better support those with TS, not only within education but also within the workplace and health setting. This led to bespoke training sessions being delivered to 25 organisations, 8 Health and Social Care teams and 3 Community Groups.

We are very grateful to all of our regular donors who continue to support us with financial contributions, even during these times of economic pressures. We are especially grateful for a substantial multi-year donation from the Hofmeyr family, which has enabled us both to increase the scope and impact of our campaigning as well as substantially expand and improve our offering of weekend residential events.

Fundraising

As the restrictions of the pandemic completely lifted this year and life got back to normal, our amazing fundraisers came out in full force and raised a little over £76,000 at our fundraising events, for which we are very grateful. Our fundraising activities included: The London Marathon, the Virtual Marathon, LLHM, Move for Tourettes and Facebook birthday fundraisers.

During the year, we received grants and donations for more than £318,000 from a variety of trusts and funders including BBC Children in Need, The National Lottery Community Fund, Garfield Weston Foundation, 29th May 1961 Charity, Masonic Charitable Foundation, Lillie Johnson Charitable Trust, Vanderbell Foundation, Marsh Charitable Trust, Ackroyd Charitable Trust, Schroder Charity Trust, RG Hills Charitable Trust, Batchworth Trust, Award for All Wales, Award for All England, Music Therapy Charity, Radcliffe Trust and the Shanly Foundation.

Due to the ongoing support of a very generous benefactor, we continue to be able to offer small grants for items, which help people to manage their TS. During this period we issued 6 grants for things such as an orthopaedic mattress, headphones, a violin, a digital piano, a handheld console and a weighted blanket and bed, all of which helped the individuals manage their symptoms of TS.

Research Grants

Our research support programme remains suspended for new applications due to lack of funding, but we continue to support and monitor progress on research projects previously committed.

We do however continue to promote research studies on our website and social media to engage participants. This period we promoted 13 such studies:

- Test a Tic Tracker App and help development
- Experience of self-identification, diagnosis & support for adults with tic disorders
- Exploring the experiences of people who use online communities for Tourette syndrome and tics
- Geographies of Impulse
- Exploring the nature of anxiety in children and adolescents with and without a Tic disorder
- Neuro-divergent women and employment
- Exploring time perception in Tourette Syndrome
- James Lind Alliance Outpatient Service Delivery Priority Setting Partnership
- Neurodiversity in the Criminal Justice System
- Music Therapy Sessions
- Examining teacher knowledge, attitudes and the school environment when working with young people with TS in mainstream secondary schools
- Investigating the levels of social anxiety within the TS population
- An investigation into parents' experiences of adolescent sudden onset of tics and tic like attacks

We continue to support the project led by Professor Stephen Jackson at Nottingham University to develop a wrist-worn device providing an imperceptible electrical stimulation that can have the effect of significantly reducing tics in the wearer and are excited about the results following the trials of the prototype device.

What next?

Based on service user feedback our areas of focus going forward continue to be:

1. Continue to raise awareness of what is still a very misunderstood condition
2. Provide support and training within schools, college and university and within the workplace
3. Push for health service improvements, as many with TS still struggle to access a diagnosis and follow-on support
4. Provide support at ground level for those living with and affected by TS

These four things will be at the forefront of all that we do going forward in the coming financial year.

FINANCIAL REVIEW

Reserves policy

During the year Unrestricted funds increased by £72,649 to £474,823. There was an increase of £9,589 to £220,387 in Restricted funds.

We still continue to hold a minimum of six months expenditure as reserves as we continue to have a high reliance on the generous support of a small number of donors.

To ensure that we can provide continuity in meeting our strategic priorities, for at least the next 12 months, the Trustees have designated specific funding totalling £160,000 to cover the following areas of expenditure in the short to medium term:

- Provision of helpdesk and support services for a 12-month period
- Support in education for children and young people with TS in schools, and supporting adults with TS in the workplace for a 12-month period
- Improvement to the website to facilitate better access to resources and information by service users, including a website upgrade, with associated IT infrastructure updates and improvements
- A provision for follow on expenditure on any research projects already supported and funded by the charity

Preparation of the accounts on a Going concern basis

The Trustees are confident that Tourettes Action has sufficient funding to enable it to undertake all of its activities over the next year and on that basis the charity is a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Tourettes Syndrome (UK) Association trading as Tourettes Action, ('the charity' or 'TA'), is a company limited by guarantee and as such is governed by its Memorandum and Articles. It was incorporated on 23 May 1991.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustee Board

The charity is governed by the Trustee Board, which sets the strategy of the charity, ensures compliance with its charitable objectives, approves the business plan and budget annually and monitors the ongoing operational and financial performance of the charity.

Trustees are appointed after a formal recruitment process, as vacancies arise, by vote of the full Trustee Board at the AGM. Trustees are appointed for a three-year term that may be renewed twice by approval of the Board.

Recruitment of trustees is carried out with an explicit view to optimising the balance of skills and experience available to the Board. In particular, the Board seeks to ensure it has representation from people living with TS and/or their families; people with a clinical or scientific interest and expertise in TS, as well as people with business, strategic, financial and other functional skills.

The Trustee Board meets at least four times annually.

Board Committees

The board maintains three sub-committees as described below. During the year, the Board established a Safeguarding and Services Sub-committee (S&S) to enhance scrutiny of TA's service provision and to monitor and further support and strengthen TA's safeguarding responsibilities.

Finance and General Purposes Committee (F&GP)

The F&GP is chaired by the Hon. Treasurer and meets ahead of Board meetings, and at other times, and operates a delegated mandate to assist the Chief Executive in preparing budgets; to monitor financial performance by detailed review of monthly management accounts; to assist the Chief Executive in arranging and facilitating the annual independent examination and preparation and publication of statutory accounts.

The F&GP also supports the work of the Chief Executive in a wide range of operational areas including, but not limited to, HR and staffing issues, premises, administration issues and oversight of the TA's operational risks.

Research Sub-Committee (RSC)

TA's annual research funding programme remained suspended this financial year due to an unforeseen downturn in funding and as yet has not been restarted. Proposals for funding of clinical, academic scientific or social scientific work towards the understanding, management and potential cure of TS are solicited annually. To assist the Trustee Board in determining which proposals should be funded by TA, the RSC, chaired by a trustee, operates a delegated mandate to make recommendations to the Trustee Board after evaluating proposals by peer review and by reference to an expert external committee of scientific advisors, the Science Advisory Board (SAB). The RSC meets at key stages of the funding round to ensure that research proposals are fully evaluated in time for the Board to allocate grants.

The RSC continues to monitor the ongoing performance and outcomes of the projects in which it has invested.

Safeguarding and Services Sub-Committee (S&S)

The S&S Committee is chaired by a trustee and oversees and monitors TA's core service user facing provision. Trustee members include the Trustee Safeguarding Lead as well as other trustees with experience relevant to the committee's oversight responsibilities. The subcommittee is tasked with overseeing the quality and effectiveness of TA's services, ensuring that the scope of each activity remains appropriate and meets the needs of service users on an ongoing basis and that any new initiatives are established with appropriate checks and safeguards. The subcommittee is also responsible for overseeing approval, review, and compliance with all Safeguarding and related policies and monitoring Safeguarding issues on an ongoing basis. The subcommittee meets prior to quarterly Board meetings and on an ad-hoc basis if required.

Risk Management

Risk management is a central responsibility of the Trustee Board.

TA adopts a structured formal approach to the identification and management of risk. A Risk Register is prepared by the CEO and reviewed, updated as necessary, and approved by the Trustee Board annually. It identifies TA's key areas of risk including: Governance, Operations, Finance, Funding, Management, Legal, and Reputation.

Each risk is assessed for Probability and Impact to produce a Gross Risk Score. Each risk is subject to mitigation and controls. The effect of mitigation and control is formally assessed and applied to the Gross Risk Score producing the Net Risk Position for each identified risk.

Advisers

In addition to the SAB (above), TA has established an external advisory panel, the TA Advisory Panel. This group (currently comprising four adults with TS) support the aims of TA and work in collaboration with the charity staff, trustees and subject experts to help TA evolve and meet the needs of our service users. Appointments to this advisory group will be made from time to time by the Chief Executive in consultation with the Board of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
02613993 (England and Wales)

Registered Charity number
1003317

Registered office
The Meads Business Centre
19 Kingsmead
FARNBOROUGH
Hampshire
GU14 7SR

Trustees
A Bhandari
G Jackson
Professor E Joyce
Dr E R Palmer
P R Paxton (Chairman until 4 Dec 2022)
Dr J Stern (Honorary Medical Director)
I R Ayres (Treasurer)
G Barnett
A Pape
M Lewis (Chairman since 4 Dec 2022)
S Dhulashia (appointed 4 Dec 2022)
S White (appointed 4
Dec 2022)

Company Secretary
E McNally

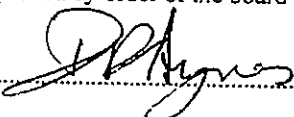
Independent Examiner
HPCA Limited
Station House
Connaught Road
Woking
Surrey
GU24 0ER

Solicitors
Bates Welles & Braithwaite London LLP
2-6 Cannon Street
London
EC4M 6Y

Bankers
Barclays Bank plc
7-8 High Street
Ryde
Isle of Wight
PO33 2PN

Lloyds Bank PLC
120 Lewisham Street
London
SE13 6JG

Approved by order of the board of trustees on 2/12/2023 and signed on its behalf by:


.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

Independent examiner's report to the trustees of Tourette Syndrome (UK) Association Trading as Tourettes Action ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

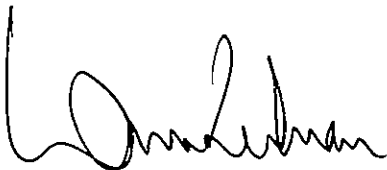
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Lance Redman

HPCA Limited
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

Date: 8 December 2023

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	246,732	287,874	534,606	429,260
Other trading activities	3	88,833	1,749	90,582	60,961
Investment income	4	<u>7,353</u>	<u>-</u>	<u>7,353</u>	<u>3,277</u>
Total		<u>342,918</u>	<u>289,623</u>	<u>632,541</u>	<u>493,498</u>
 EXPENDITURE ON					
Raising funds	5	26,061	6,247	32,308	26,884
Charitable activities	6				
Tourettes Support		<u>244,208</u>	<u>273,787</u>	<u>517,995</u>	<u>269,466</u>
Total		<u>270,269</u>	<u>280,034</u>	<u>550,303</u>	<u>296,350</u>
 NET INCOME		 72,649	 9,589	 82,238	 197,148
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>402,174</u>	<u>210,798</u>	<u>612,972</u>	<u>415,824</u>
 TOTAL FUNDS CARRIED FORWARD		 <u>474,823</u>	 <u>220,387</u>	 <u>695,210</u>	 <u>612,972</u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

BALANCE SHEET
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	12	2,251	-	2,251	2,636
CURRENT ASSETS					
Stocks	13	6,057	-	6,057	3,314
Debtors	14	23,889	-	23,889	11,563
Cash at bank		<u>491,748</u>	<u>220,387</u>	<u>712,135</u>	<u>643,082</u>
		521,694	220,387	742,081	657,959
CREDITORS					
Amounts falling due within one year	15	(49,122)	-	(49,122)	(47,623)
NET CURRENT ASSETS					
		<u>472,572</u>	<u>220,387</u>	<u>692,959</u>	<u>610,336</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>474,823</u>	<u>220,387</u>	<u>695,210</u>	<u>612,972</u>
NET ASSETS					
		<u>474,823</u>	<u>220,387</u>	<u>695,210</u>	<u>612,972</u>
FUNDS					
	16				
Unrestricted funds				474,823	402,174
Restricted funds				<u>220,387</u>	<u>210,798</u>
TOTAL FUNDS					
				<u>695,210</u>	<u>612,972</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

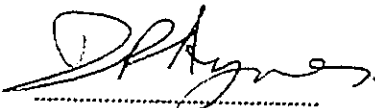
The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

BALANCE SHEET - continued
31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 2/12/2023 and were signed on its behalf by:



I R Ayres - Trustee

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

CASH FLOW STATEMENT
for the year ended 31 March 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	<u>62,827</u>	<u>125,020</u>
Net cash provided by operating activities		<u>62,827</u>	<u>125,020</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,127)	(1,298)
Interest received		<u>7,353</u>	<u>3,277</u>
Net cash provided by investing activities		<u>6,226</u>	<u>1,979</u>
Change in cash and cash equivalents in the reporting period			
Cash and cash equivalents at the beginning of the reporting period		<u>643,082</u>	<u>516,083</u>
Cash and cash equivalents at the end of the reporting period		<u>712,135</u>	<u>643,082</u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE CASH FLOW STATEMENT
for the year ended 31 March 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023	2022
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	82,238	197,148
Adjustments for:		
Depreciation charges	1,512	3,184
Interest received	(7,353)	(3,277)
Increase in stocks	(2,743)	(3,314)
Increase in debtors	(12,326)	(3,022)
Increase/(decrease) in creditors	<u>1,499</u>	<u>(65,699)</u>
Net cash provided by operations	<u><u>62,827</u></u>	<u><u>125,020</u></u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22	Cash flow	At 31.3.23
	£	£	£
Net cash			
Cash at bank	<u>643,082</u>	<u>69,053</u>	<u>712,135</u>
	<u>643,082</u>	<u>69,053</u>	<u>712,135</u>
Total	<u><u>643,082</u></u>	<u><u>69,053</u></u>	<u><u>712,135</u></u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

These comprise fundraising and marketing expenditure. Charitable activities expenditure includes services to beneficiaries.

Governance costs

Comprise the costs of compliance and organisational administration, constitutional and statutory requirements and include independent reviewers cost and legal and professional fees.

Allocation and apportionment of costs

Costs of generating funds comprise fundraising and marketing expenditure.

Charitable activities expenditure includes services to beneficiaries.

Support costs include those costs connected with the management of the charity's assets, organisational management and administration and compliance with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Computer equipment	- 25% on cost

The charity does not capitalise smaller assets of less than £500. These are included in the Statement of Financial Activities when incurred.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Leasing commitments

Rentals paid under operating leases are charged to the profit and loss on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	174,212	264,549
Gift aid	41,827	17,929
Grants	<u>318,567</u>	<u>146,782</u>
	<u>534,606</u>	<u>429,260</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

	2023 £	2022 £
Children In Need	30,500	15,000
James Tudor Trust	-	3,200
Garfield Weston	20,000	30,000
The Hospital Saturday Fund	-	2,000
St James Place Foundation	1,250	2,500
The National Lottery	74,107	67,510
Shanly Foundation	2,160	-
Rushmoor Borough Council	-	2,572
Music Therapy Charity	1,500	-
D'Oyly Carte Charitable Trust	-	3,500
Schroder Charity Trust	10,000	-
29 th May 1961 Charity	-	4,000
Grocers Charity	-	5,000
Hofmeyr Family	135,000	-
Speedomick Foundation	-	3,000
Sir Jules Thorn Charitable Trust	-	1,250
Annie Tranmer Charitable Trust	-	1,000
Lille C Johnson Charitable Trust	-	250
Masonic Charitable Foundation	5,000	5,000
TK Maxx	-	500
Marsh Charitable Trust	600	500
Awards for All Wales	9,000	-
Awards for All England	9,950	-
Radcliffe Trust	3,000	-
RG Hills Charitable Trust	1,500	-
Batchworth Trust	<u>15,000</u>	<u>-</u>
	<u>318,567</u>	<u>146,782</u>

3. OTHER TRADING ACTIVITIES

	2023 £	2022 £
Fundraising events	65,174	51,676
Sales	12,832	9,285
Webinars	2,051	-
Training income	<u>10,525</u>	<u>-</u>
	<u>90,582</u>	<u>60,961</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS – continued
for the year ended 31 March 2023

4.	INVESTMENT INCOME		2023		2022
			£		£
	Deposit account interest		<u>7,353</u>		<u>3,277</u>
5.	RAISING FUNDS				
	Raising donations and legacies				
			2023		2022
			£		£
	Fundraising costs		<u>32,308</u>		<u>26,884</u>
6.	CHARITABLE ACTIVITIES COSTS				
		Direct	Support		
		Costs	costs (see		
		£	note 7)		Totals
	Tourettes Support	<u>435,594</u>	<u>82,401</u>		<u>517,995</u>
7.	SUPPORT COSTS				
		Management	Finance	Governance	
		£	£	costs	Totals
	Tourettes Support	<u>76,103</u>	<u>450</u>	<u>5,848</u>	<u>82,401</u>

Support costs, included in the above, are as follows:

Management

	2023	2022
	Tourettes	Total
	Support	activities
	£	£
Premises expenses	13,800	13,800
Insurance	1,831	1,746
Telephone	2,071	2,637
Postage and stationery	7,541	2,547
Sundries	61	-
Travel & Subsistence	7,331	6,014
Website costs	9,228	1,574
Computer expenses	27,673	14,662
General repairs & renewals	3,410	364
Subscriptions	1,645	1,221
Depreciation of tangible and heritage assets	<u>1,512</u>	<u>3,184</u>
	<u>76,103</u>	<u>47,749</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS – continued
for the year ended 31 March 2023

7. SUPPORT COSTS – continued
Finance

	2023 Tourettes Support £	2022 Total activities £
Bank charges	<u>450</u>	<u>364</u>

Governance costs

	2023 Tourettes Support £	2022 Total activities £
Legal fees	-	771
Board meeting costs	240	1,114
Independent examination	<u>5,608</u>	<u>4,732</u>
	<u>5,848</u>	<u>6,617</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation – owned assets	<u>1,512</u>	<u>3,184</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

10. STAFF COSTS

	2023 £	2022 £
Wages and salaries	251,928	159,766
Social security costs	15,485	7,529
Other pension costs	<u>4,466</u>	<u>5,064</u>
	<u>271,879</u>	<u>172,359</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Management, administration & counsellors	<u>11</u>	<u>10</u>

No employees received emoluments in excess of £60,000.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS – continued
for the year ended 31 March 2023

10. STAFF COSTS – continued

Staff costs have been restated to show recruitment and other staff costs as a separate expense.

The key management personnel of the charity are the trustees and Chief Executive. The total employment costs of key management personnel total £60,881 (2022: £25,096)

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	201,895	227,365	429,260
Other trading activities	58,179	2,782	60,961
Investment income	<u>3,277</u>	<u>-</u>	<u>3,277</u>
Total	<u>263,351</u>	<u>230,147</u>	<u>493,498</u>
EXPENDITURE ON			
Raising funds	23,017	3,867	26,884
Charitable activities			
Tourettes Support	<u>148,381</u>	<u>121,085</u>	<u>269,466</u>
Total	<u>171,398</u>	<u>124,952</u>	<u>296,350</u>
NET INCOME	91,954	105,194	197,148
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>310,220</u>	<u>105,604</u>	<u>415,824</u>
TOTAL FUNDS CARRIED FORWARD	<u>402,174</u>	<u>210,798</u>	<u>612,972</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS – continued
for the year ended 31 March 2023

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2022	1,732	44,523	46,255
Additions	<u>-</u>	<u>1,127</u>	<u>1,127</u>
At 31 March 2023	<u>1,732</u>	<u>45,650</u>	<u>47,382</u>
DEPRECIATION			
At 1 April 2022	1,659	41,960	43,619
Charge for year	<u>67</u>	<u>1,445</u>	<u>1,512</u>
At 31 March 2023	<u>1,726</u>	<u>43,405</u>	<u>45,131</u>
NET BOOK VALUE			
At 31 March 2023	<u>6</u>	<u>2,245</u>	<u>2,251</u>
At 31 March 2022	<u>73</u>	<u>2,563</u>	<u>2,636</u>

13. STOCKS

	2023 £	2022 £
Stocks	<u>6,057</u>	<u>3,314</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	400	-
Other debtors	6,089	2,842
Prepayments and accrued income	<u>17,400</u>	<u>8,721</u>
	<u>23,889</u>	<u>11,563</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS – continued
for the year ended 31 March 2023

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	11,315	5,681
Social security and other taxes	6,306	5,571
Accruals and deferred income	<u>31,501</u>	<u>36,371</u>
	<u>49,122</u>	<u>47,623</u>

16. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
Unrestricted funds			
General fund	402,174	(87,351)	314,823
Designated fund			
Included in Reserves policy in trustees report	-	<u>160,000</u>	<u>160,000</u>
	<u>402,174</u>	<u>72,649</u>	<u>474,823</u>
Restricted funds			
Daniel Katz	17,751	(2,321)	15,430
TLC	2,986	(2,986)	-
BBC Children In Need	-	1,000	1,000
NE Group	854	-	854
James Tudor Trust	651	-	651
Manchester Group	556	(556)	-
A4A Wales	-	5,777	5,777
Kent Group	1,669	(1,275)	394
Community Foundation for Surrey	265	(140)	125
Doris Field Charitable Trust	747	(747)	-
West Midlands Group	448	11	459
Hull Group	39	-	39
Essex group	1,080	-	1,080
TNL Community Fund	2,127	(2,127)	-
TNL Teacher Training	725	(725)	-
Teenfest	2,026	3,333	5,359
A4A Tourettes Champions	9,561	(3,361)	6,200
Tiefest	49,909	(48,182)	1,727
Sussex Group	223	484	707
Music Therapy Charity	5,548	2,384	7,932
TNL Parent WS	3,738	(3,738)	-
Hofmeyr Family	105,000	55,503	160,503
Hospital Saturday Fund	1,822	(1,822)	-
Oxford Group	418	747	1,165
Suzanne Dobson Award	1,655	(1,655)	-
Cycling Jerseys	1,000	(216)	784
Adult Fests	-	3,447	3,447
Accredited CPD Training	-	5,384	5,384
New groups	-	<u>1,370</u>	<u>1,370</u>
	<u>210,798</u>	<u>9,589</u>	<u>220,387</u>
TOTAL FUNDS	<u>612,972</u>	<u>82,238</u>	<u>695,210</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	342,918	(270,269)	72,649
Restricted funds			
Daniel Katz	-	(2,321)	(2,321)
TLC	1,015	(4,001)	(2,986)
BBC Children In Need	30,500	(29,500)	1,000
Manchester Group	-	(556)	(556)
A4A Wales	9,000	(3,223)	5,777
Kent Group	-	(1,275)	(1,275)
Community Foundation for Surrey	-	(140)	(140)
Doris Field Charitable Trust	-	(747)	(747)
West Midlands Group	250	(239)	11
TNL Community Fund	32,108	(34,235)	(2,127)
TNL Teacher Training	1,626	(2,351)	(725)
TNL Adult Weekends	15,500	(15,500)	-
Teenfest	11,249	(7,916)	3,333
A4A Tourettes Champions	-	(3,361)	(3,361)
Ticfest	-	(48,182)	(48,182)
Sussex Group	484	-	484
Music Therapy Charity	6,660	(4,276)	2,384
TNL Parent WS	21,021	(24,759)	(3,738)
Hofmeyr Family	135,000	(79,497)	55,503
Hospital Saturday Fund	-	(1,822)	(1,822)
Oxford Group	-	747	747
Suzanne Dobson Award	-	(1,655)	(1,655)
Cycling Jerseys	-	(216)	(216)
DBS & Safeguarding	3,853	(3,853)	-
Adult Fests	10,000	(6,553)	3,447
Accredited CPD Training	9,950	(4,566)	5,384
New groups	1,406	(36)	1,370
	<u>289,623</u>	<u>(280,034)</u>	<u>9,589</u>
TOTAL FUNDS	<u>632,541</u>	<u>(550,303)</u>	<u>82,238</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023

16. **MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	310,220	91,954	-	402,174
Restricted funds				
Daniel Katz	40,604	(22,853)	-	17,751
TLC	2,986	-	-	2,986
BBC Children In Need	34,059	(26,969)	(7,090)	-
NE Group	854	-	-	854
James Tudor Trust	651	-	-	651
Manchester Group	1,834	(1,277)	-	557
Kent Group	1,869	(200)	-	1,669
Community Foundation for Surrey	846	(581)	-	265
Doris Field Charitable Trust	747	-	-	747
West Midlands Group	341	107	-	448
CHK Charities Limited	1,353	-	(1,353)	-
Hull Group	39	-	-	39
Essex group	178	902	-	1,080
TNL Community Fund	-	2,127	-	2,127
TNL Teacher Training	-	724	-	724
TNL Adult Weekends	5,188	(5,188)	-	-
Teenfest	-	673	1,353	2,026
A4A Tourettes Champions	9,561	-	-	9,561
Ticfest	10,187	32,632	7,090	49,909
Sussex Group	446	(223)	-	223
Music Therapy Charity	2,048	3,500	-	5,548
D'Oyly Carte Charitable Trust	2,000	(2,000)	-	-
TNL Parent WS	-	3,738	-	3,738
Hofmeyr Family	-	105,000	-	105,000
Hospital Saturday Fund	-	1,822	-	1,822
Oxford Group	(10,187)	10,605	-	418
Suzanne Dobson Award	-	1,655	-	1,655
Cycling Jerseys	-	1,000	-	1,000
	<u>105,604</u>	<u>105,194</u>	<u>-</u>	<u>210,798</u>
TOTAL FUNDS	<u>415,824</u>	<u>197,148</u>	<u>-</u>	<u>612,972</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS – continued
for the year ended 31 March 2023

16. **MOVEMENT IN FUNDS – continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	263,352	(171,398)	91,954
Restricted funds			
Daniel Katz	(20,001)	(2,852)	(22,853)
BBC Children In Need	15,000	(41,969)	(26,969)
James Tudor Trust	3,200	(3,200)	-
Manchester Group	1,569	(2,846)	(1,277)
Kent Group	-	(200)	(200)
Community Foundation for Surrey	-	(581)	(581)
West Midlands Group	124	(17)	107
Essex group	902	-	902
TNL Community Fund	32,710	(30,583)	2,127
TNL Teacher Training	5,200	(4,476)	724
TNL Adult Weekends	14,000	(19,188)	(5,188)
Teenfest	5,500	(4,827)	673
Ticfest	43,000	(10,368)	32,632
Sussex Group	-	(223)	(223)
Music Therapy Charity	3,500	-	3,500
D'Oyly Carte Charitable Trust	-	(2,000)	(2,000)
TNL Parent WS	15,600	(11,862)	3,738
Hofmeyr Family	105,000	-	105,000
Hospital Saturday Fund	2,000	(178)	1,822
Oxford Group	187	10,418	10,605
Suzanne Dobson Award	1,655	-	1,655
Cycling Jerseys	1,000	-	1,000
	<u>230,146</u>	<u>(124,952)</u>	<u>105,194</u>
TOTAL FUNDS	<u>493,498</u>	<u>(296,350)</u>	<u>197,148</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023

16. MOVEMENT IN FUNDS - continued

Daniel Katz	- Providing grants to improve the quality of life for sufferers of Tourette - Syndrome
TLC	- Funds held on behalf of the Tourette Action Borders Group
Award for All	- Grant to support Ticfest Wales
BBC Children in Need	- Part of a multi year grant to support Ticfest To ensure that Tourettes Action's support is accessible to people living in the North East
NE Group	- CIBIT training places for clinicians
James Tudor Trust	- Funds held on behalf of the Tourettes Action Manchester Group
Manchester	- Workshops in Wales
Awards for All Wales	- Funds for the support of people living in Kent with Tourette Syndrome
Kent Group	- Contribution towards work to support people with Tourette Syndrome living in Surrey
Community Foundation for Surrey	- Contribution towards work to support people with Tourette Syndrome living in Oxfordshire
Doris Field charitable Trust	- Funds for the support of people living in West midlands with Tourette Syndrome
West Midlands	- To support the work of Tourettes Action
CHK Charities Ltd	- To ensure that Tourettes Action's support is accessible to people living in Hull
Hull Group	- To ensure that Tourettes Action's support is accessible to people living in West Midlands
West Midlands Group	To ensure that Tourettes Action's support is accessible to people living in Essex
Essex group	- National Lottery grant to fund a range of activities
The National Lottery	- Residential weekends for teens with Tourettes Syndrome
Teenfest	
A4A Tourettes	- Funding for the TS Champion programme
Champions	- Restricted grants for tickfest plus designated funds allocated to ticfest
Ticfest	- To ensure that Tourettes Action's support is accessible to people living in Sussex
Sussex Group	- Music therapy project to support people with Tourette Syndrome
Music therapy Charity Trust	
Hofmeyr	- To support the planning and running of tickfests and public and political campaigning - to provide support & social acceptance to enable tourettes sufferers to live full lives
Hospital Saturday	- To ensure that Tourettes Action's support is accessible to people living in Oxford
Oxford Group	- Funds raised in memory of Suzanne Dobson to fund the Tourettes Action Creativity Award event
Suzanne Dobson Award	- Donation to fund cycling jerseys for fundraisers
Cycling Jerseys	- 5 year grant to support a range of activities to support people with Tourettes Syndrome and those around them
TNL Community Fund	- Music Therapy Project
Shanly Foundation	

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2023

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

18. DESIGNATED FUNDS

In 2016/17 the Trustees agreed to designate £210,000 towards the treatment and management of Tourette Syndrome. The remaining balance at the year was £11,675 (2022: £11,675).

A subcommittee of the Board, The Research Sub Committee, evaluate recommendations from the Scientific Advisory Board which are then presented to the Board of Trustees for a decision as to which applications to fund.

The Scientific Advisory Board comprises of senior professionals with a background in Tourette Syndrome and a patient representative.

19. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2023

	2023	2022
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	174,212	264,549
Gift aid	41,827	17,929
Grants	<u>318,567</u>	<u>146,782</u>
	534,606	429,260
Other trading activities		
Fundraising events	65,174	51,676
Sales	12,832	9,285
Webinars	2,051	-
Training income	<u>10,525</u>	<u>-</u>
	90,582	60,961
Investment income		
Deposit account interest	<u>7,353</u>	<u>3,277</u>
Total incoming resources	632,541	493,498
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	32,308	26,884
Charitable activities		
Wages	251,928	159,766
Social security	15,485	7,529
Pensions	4,466	5,064
TA Camps	11,250	-
Research	250	(38,577)
Workshops	97,801	64,054
Cost of Sales	10,121	1,232
Advocacy	1,294	718
Benevolent grants	2,668	2,852
Staff Recruitment & other costs	17,724	9,812
Support Services	79	408
Publicity, PR & Advertising	<u>22,528</u>	<u>1,878</u>
	435,594	214,736
Support costs		
Management		
Premises expenses	13,800	13,800
Carried forward	13,800	13,800

This page does not form part of the statutory financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2023

	2023	2022
	£	£
Management		
Brought forward	13,800	13,800
Insurance	1,831	1,746
Telephone	2,071	2,637
Postage and stationery	7,541	2,547
Sundries	61	-
Travel & Subsistence	7,331	6,014
Website costs	9,228	1,574
Computer expenses	27,673	14,662
General repairs & renewals	3,410	364
Subscriptions	1,645	1,221
Fixtures and fittings	67	67
Computer equipment	<u>1,445</u>	<u>3,117</u>
	76,103	47,749
Finance		
Bank charges	450	364
Governance costs		
Legal fees	-	771
Board meeting costs	240	1,114
Independent examination	<u>5,608</u>	<u>4,732</u>
	<u>5,848</u>	<u>6,617</u>
Total resources expended	<u>550,303</u>	<u>296,350</u>
Net income	<u>82,238</u>	<u>197,148</u>

This page does not form part of the statutory financial statements

TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

England & Wales - Charity number 1003317

Accounts

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

HPCA Limited
Chartered Accountants
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

CONTENTS OF THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

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TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

REPORT OF THE TRUSTEES
for the year ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Tourette Syndrome (UK) Association trading as Tourettes Action is a charity formed in 1981 to provide support to people living with the neurological disorder known as Gilles de la Tourette Syndrome and their families and operates as Tourettes Action.

The Charity was incorporated in 1991, although the head office of the charity is in Farnborough, staff are located throughout the UK and as such provide support to people throughout England, Wales and Northern Ireland. Tourettes Action (TA) also has links with other Tourette Syndrome Societies throughout the UK, Europe, the United States and Canada.

OBJECTIVES AND ACTIVITIES

Mission and objectives

Tourettes Action provides support to those living with and affected by Gilles de la Tourette Syndrome through a wide range of support services.

What is Gilles de la Tourette Syndrome?

Gilles de la Tourette Syndrome, known more commonly as Tourette Syndrome (TS or Tourette's) typically starts around the age of 6/7 years and tends to peak around early adolescence. It is a complex, genetically determined neurological condition of which the key features are tics, which are involuntary movements or sounds. A large number of people with the condition will also experience co-occurring features and conditions. Tourette's is a life-long condition, however around 50% of adults report that their symptoms have reduced following adolescence but will wax and wane (come and go) throughout their life.

Research shows that 1% of the school age population has TS to some degree, and that at least 300,000 children and adults require support for their condition. A major issue for many is to receive a firm diagnosis that they do indeed have TS, and a major activity for the future is to increase knowledge so that a diagnosis can be given.

Tourette's is perhaps the most publicly misunderstood of all the neurological conditions, many people think Tourette's is a swearing condition that is behavioural. Although it is true that 'coprolalia' – the clinical term for involuntary swearing – is a symptom of TS, it doesn't affect everyone and it is **NOT** a criteria for diagnosis. It can however be one of the most difficult tics to manage. Many people see Tourette's as comical and not that serious, when in reality it can be an extremely debilitating condition.

People with TS have both involuntary vocal (sounds) and motor (movements) tics, which often cause embarrassment and great pain depending on the severity of the tic. A small number of people cause themselves significant physical harm as a consequence of their tics. There is no specific medication for the cure or total control of TS. Treatments use a variety of drugs to minimise the worst effects with varying degrees of success, and for a very few Deep Brain Stimulation may prove useful. Psychological treatments including CBIT (Comprehensive Behaviour Intervention for Tics) is a tool that helps people with Tourette's manage their tics.

What is Tourettes Action?

Tourettes Action works in England, Wales and Northern Ireland and is the leading support and research charity for people with Tourette Syndrome and their families.

Tourettes Action want people with Tourette Syndrome to receive the practical support and social acceptance they need to help them live their lives to the full.

Covid-19 pandemic

The impact of covid continued throughout this financial year, with many face-to-face events continuing to run virtually. Our priority was to ensure that our services continued or adapted where necessary, in-line with covid restrictions. The following measures were put in place to support this:

- Staff continued working mostly from home.
- Face to face meetings and activities conducted virtually.
- Provided support via online groups and webinars to our service users when covid restrictions prevented otherwise.

Our Main Activities

- Raise awareness through the production of written and other published materials to improve the knowledge and understanding of TS. Tourettes Action is the go-to organisation in the UK for information on TS.
- Advocating for those living from TS to the statutory authorities e.g. schools and the health service, together with press and other media to improve the lives of those with TS.
- Provision of helpline support by phone, email and an online live chat service providing information and support to people with TS and their families.
- Running a befriending service to support people living with TS.
- Providing educational support and advice to schools, teachers and parents.
- Holding conferences, meetings and seminars on topics of interest to people with TS and their families. These were largely carried out online during the current financial year.
- Encouraging and assisting research into all aspects of TS and disseminating the results as widely as possible.
- Facilitating online support groups to bring together individuals to provide fellowship both for themselves and their families.
- Providing workshops and activities for the enjoyment and development of those with TS. These continued to be carried out online in the form of webinars and online groups.
- Liaising with medical specialists in the TS field and offering advice to people living with TS as to the availability of specialist units, consultants and therapists.
- Offering small grants to individuals for the purchase of equipment and other items which will ameliorate the effects of TS.
- Running weekend residential events throughout the year where people with TS and their families can come together to build personal confidence, resilience and a sense of community.
- Funding research into TS. Our programme has remained suspended for this financial year due to funding restrictions, however we continue to monitor the progress of grants awarded in prior years.

All of these activities are carried out in accordance with Charity Commission's guidance on public benefit and are designed to ensure that we continue to operate for the Public Benefit.

ACHIEVEMENT AND PERFORMANCE

SUZANNE DOBSON, Chief Executive 2009-2021

Suzanne Dobson, the CEO for more than a decade, sadly died on 21st July 2021 after a short illness. Suzanne led the charity through a remarkable period of transformation and growth for which not only the trustees but countless people with TS across the UK are very grateful. During this sad and difficult period, the charity continued to run without a CEO, relying heavily on the trustees to steer the charity, until a new CEO, Emma McNally, was appointed at the end of January 2022.

Charitable activities

Since 1981 Tourettes Action's main aim has been to support people living with TS from pre diagnosis through the diagnosis, treatment and management of the condition. Despite working to reduce the stigma surrounding TS, those living with the condition are aware that it is still one of the most stigmatised of the neurological conditions bringing distress to those with the condition as well as their family and friends. In all that we do, we aim to increase awareness and bring about acceptance for those living with TS, hoping to one day eradicate this stigma.

Our helpdesk is our main method of personal support, offering guidance and sign posting to people with TS and those supporting them. The LiveChat service continues to be the most popular method of supporting people, with over 1,200 LiveChat conversations throughout this financial year. In addition to this, we also had more than 900 people contacting us via our call back service, emails, and social platforms. We are very grateful for the efforts of our small but dedicated group of volunteers who help to run these services along with staff members.

Covid-19 restrictions remained in place for a lot of the year and many feeling uneasy about meeting face to face, we continued supporting our service users with online groups and webinars. Even when restrictions started to ease, the need for these groups and services remained high.

A range of online groups were held for teens with TS, adults with TS, parents of children with TS, and for dads and male role models of those with TS. We facilitated 174 online groups during this period, with many people reattending weekly for support and fellowship.

We held a series of informative and educational webinars during the year, which were attended by almost 700 people.

Our website continues to be a major source of information for people and we continue to update the site and improve the content. During this period our website was visited 182,480 times, compared to 176,495 in the previous financial year. The website continues to be cited as the main source of reliable information about TS and its associated conditions. We strive constantly to ensure that information is up to date and, although we don't give medical advice, we ensure that the options which might be offered at a clinic visit are fully explained. All of the information is freely downloadable and we continue to believe that this access to information is vital. The website also provides an important platform for the TS community by way of a Blog page and YouTube video channel, where people can share their personal stories, giving inspiration to those on a similar journey.

We continue to promote our website content, along with research news, fundraising campaigns, events, webinars and training, through our social media platforms and our monthly newsletter. As of March 2022, our newsletter subscribers totalled 4716, in comparison to 3636 subscribers at the end of March 2021. During this period, we put a lot of effort into our social media channels and as of March 2022 we had 9187 followers on Facebook, 5255 followers on Twitter and 3532 followers on Instagram, a large increase from the previous year, enabling us to reach a new demographic of people.

The need for information and support for students in school is as high as ever. Schools continued to experience a high incidence of pupils presenting with the sudden onset of severe tics and many also reported that anxiety following the pandemic was causing heightened tics for many within the TS community. Our Education Manager has spent many hours helping teachers and parents to support children struggling within school. During this period, we were contacted 1167 times from schools and 996 from parents regarding support around education and how best to support those with TS in the school environment.

Our support around TS and reasonable adjustments that can help has also been requested from children's homes, community centres, wellbeing centres, social services, sports clubs and behaviour support units. This is great news as we are now getting support to children with TS in all settings, not just schools.

We have continued to develop new content for the website including a free online teacher training presentation. Individualised training is also provided to schools, during this period we have delivered 37 bespoke school training sessions.

Our Tourettes ID cards are still very popular, we issued 220 this financial year. Users often told us that the cards gave them confidence to go out and travel alone.

We were pleased that this year we were able to reinstate our residential weekend events to support people with TS and their families following them previously being cancelled due to the pandemic.

We delivered 8 events:

- 4 TICfest events – residential family weekends for children with Tourette Syndrome
 - o 187 children (including siblings) attended from 105 families
- 2 AdultFest events – residential weekends for adults with Tourette Syndrome
 - o 90 adults attended the weekends
- 2 TeenFest events – residential weekends for teenagers with Tourette Syndrome to attend alone without their parent or carer
 - o 22 teens attended the weekends

All our residential events allow the individuals to fully relax and associate with others in a similar situation, providing exciting physical challenges with some quieter activities as well as some psychosocial education sessions.

Of all the events we run, the fest events continue to impact positively on participants lives. 85% of children attending the TICfest events state they had made significant progress in improving relationships with their peers following the fest event and 94% stating that their confidence has increased since attending.

We are very grateful to all of our regular donors who continue to support us with financial contributions, even during these times of economic pressures. We were especially grateful for a substantial multi-year donation from the Hofmeyr family, which will enable us both to increase the scope and impact of our campaigning as well as substantially expand and improve our offering of weekend residential events.

As some of the restrictions of the pandemic eased, we were able to focus more on our fundraising channels and as such a little over £68,000 was raised by our amazing fundraisers at our fundraising events. Our fundraising activities included: The London Marathon, the Virtual Marathon, LLHM, Festival of Gaming, Move for Tourettes and Facebook birthday fundraisers.

During the year, we received grants and donations for more than £146,000 from a variety of trusts and funders including BBC Children in Need, The National Lottery Community Fund, Garfield Weston Foundation, Rushmoor Borough Council, Sir Jules Thorn Charitable Trust, Speedomick Foundation, 29th May 1961 Charity, Marsh Charitable Trust, James Tudor Foundation, Annie Tranmer Charitable Trust, Masonic Charitable Foundation, Lillie Johnson Charitable Trust, Grocers Charity, Hospital Saturday Fund, TK Maxx and Homesense Foundation, D'Oyly Carte Charitable Trust and St James's Place Foundation.

Due to the ongoing support of a very generous benefactor, we continue to be able to offer small grants for items, which help people to manage their TS. During this period we issued 6 grants for things such as mixing decks, singing lessons, an iPad and pen and a trampoline, all of which helped the individuals manage the symptoms of TS.

Research Grants

Our research support programme remains suspended for new applications due to lack of funding, but we continue to support and monitor progress on research projects previously committed

We have however continued to promote research studies on our website and social media to engage participants. This period we promoted 8 such studies:

- Using Online communities for TS & Tic Disorders – Nottingham University
- Producing resources for mental health and wellbeing – Oxford University
- Eating behaviours in adults with TS – University of Herts
- The voice: Mechanisms of Identity and Change – UCL
- Pain and Tics – Nottingham University
- Exploring the views of school staff and parents of children with TS with regards to the support schools provide – Cardiff University
- Research into how movement control develops in TS – Nottingham University
- Research highlighting safety requirements of Neurodiverse fans at live sporting events – National Centre for social research
- An investigation into parents' experiences of adolescent sudden onset of tics – University of Herts

We are particularly excited about a project that TA has part-funded, led by Professor Stephen Jackson at Nottingham University to develop a wrist-worn device providing an imperceptible electrical stimulation that can have the effect of significantly reducing tics in the wearer. The prototype consumer device has been designed and will be taken through trials and, if successful, produced for use by Neurotherapeutics Ltd, a spin-out company at the University of Nottingham.

What next?

We surveyed our service users at the start of 2022, when our new CEO joined us and we have used this feedback to clarify our areas of focus going forward as the following:

- Continue to raise awareness of what is still a very misunderstood condition
- Provide support and training within schools, college and university and within the workplace
- Push for health service improvements, as many with TS still struggle to access a diagnosis and follow-on support
- Provide support at ground level for those living with and affected by TS

These four things will be at the forefront of all that we do going forward.

To deliver these effectively we will need to bring in new initiatives and new staff members to support these and part of these will be financed from existing reserves.

FINANCIAL REVIEW

Reserves policy

During the year Unrestricted funds increased by £91,954 to £402,174 mainly due to reductions in all areas of expenditure and the absence of a CEO for a period of 6 months, whilst there was an increase of £105,194 to £210,798 in Restricted funds.

As mentioned above with the new initiatives we are planning the current level of unrestricted funds will reduce in the coming years.

We still continue to hold a minimum of six months expenditure as reserves as we continue to have a high reliance on the generous support of a small number of donors.

Preparation of the accounts on a Going concern basis

The Trustees are confident that Tourettes Action has sufficient funding to enable it to undertake all of its activities over the next year and on that basis the charity is a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Tourettes Syndrome (UK) Association, trading as Tourettes Action, ('the charity' or 'TA'), is a company limited by guarantee and as such is governed by its Memorandum and Articles. It was incorporated on 23 May 1991.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustee Board

The charity is governed by the Trustee Board, which sets the strategy of the charity, ensures compliance with its charitable objectives, approves the business plan and budget annually and monitors the ongoing operational and financial performance of the charity.

Trustees are appointed after a formal recruitment process, as vacancies arise, by vote of the full Trustee Board at the AGM. Trustees are appointed for a three-year term that may be renewed twice by approval of the Board.

Recruitment of trustees is carried out with an explicit view to optimising the balance of skills and experience available to the Board. In particular, the Board seeks to ensure it has representation from people living with TS and/or their families; people with a clinical or scientific interest and expertise in TS, as well as people with business, strategic, financial and other functional skills.

The Trustee Board meets at least four times annually.

Board Committees

The board maintains two sub-committees. The *Financial and General Purpose Committee (F & GP)* that meets with greater frequency than the full Trustee Board. The *Research Sub-committee (RSC)* that meets only to consider the grant applications.

Finance and General Purposes Committee (F&GP)

The F&GP is chaired by the Hon. Treasurer and meets ahead of Board meetings, and at other times, and operates a delegated mandate to assist the Chief Executive in preparing budgets; to monitor financial performance by detailed review of monthly management accounts; to assist the Chief Executive in arranging and facilitating the annual independent examination and preparation and publication of statutory accounts.

The F&GP also supports the work of the Chief Executive in a wide range of operational areas including, but not limited to, HR and staffing issues, administration issues and office moves.

Research Sub-Committee (RSC)

TA's annual research funding programme was suspended during the last financial year due to an unforeseen downturn in funding and as yet has not been restarted. Proposals for funding of clinical, academic scientific or social scientific work towards the understanding, management and potential cure of TS are solicited annually. To assist the Trustee Board in determining which proposals should be funded by TA, the RSC, chaired by a trustee, operates a delegated mandate to make recommendations to the Trustee Board after evaluating proposals by peer review and by reference to an expert external committee of scientific advisors, the Science Advisory Board (SAB). The RSC meets at key stages of the funding round to ensure that research proposals are fully evaluated in time for the Board to allocate grants.

TA monitors the ongoing performance and outcomes of the projects in which it has invested.

Advisers

In addition to the SAB (above), TA is in the process of establishing an external advisory panel of experts in a range of areas who support the aims of TA and who are willing to place their expertise at the disposal of TA from time to time without becoming members of the formal governance structure of the charity. Appointment to this advisory group will be made from time to time by the Trustee Board.

Risk Management

Risk management is a central responsibility of the Trustee Board.

TA adopts a structured formal approach to the identification and management of risk. A Risk Register is prepared by the CEO and reviewed, updated as necessary, and approved by the Trustee Board annually. It identifies risks under a range of key headings including: Governance, Operations, Finance, Funding, Management, Legal, and Reputation.

Each risk is assessed for Probability and Impact to produce a Gross Risk Score. Each risk is subject to mitigation and controls. The effect of mitigation and control is formally assessed and applied to the Gross Risk Score producing the Net Risk Position for each identified risk.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
02613993 (England and Wales)

Registered Charity number
1003317

Registered office
The Meads Business Centre
19 Kingsmead
FARNBOROUGH
Hampshire
GU14 7SR

Trustees
A Bhandari
G Jackson
Professor E Joyce
Dr E R Palmer
P R Paxton Chairman
Dr J Stern Honorary Medical Director
I R Ayres Treasurer
D Masters (resigned 12.9.21)
G Barnett
A Pape
M Shao
M Lewis

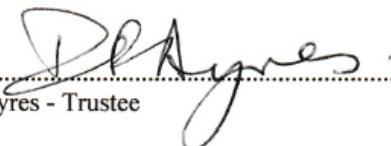
Company Secretaries
I R Ayres (resigned 13.3.22)
E McNally (appointed 11.2.22)

Independent Examiner
HPCA Limited
Chartered Accountants
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

Solicitors
Bates Welles & Braithwaite London LLP
2-6 Cannon Street
London
EC4M 6Y

Bankers
Lloyds Banking Group
25 Gresham Street
London
EC2V 7HN

Approved by order of the board of trustees on ...4/12/2022..... and signed on its behalf by:


.....
I R Ayres - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION**

Independent examiner's report to the trustees of Tourette Syndrome (UK) Association Trading as Tourettes Action ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACA, FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lance Redman
ACA, FCCA
HPCA Limited
Chartered Accountants
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

Date:

4 December 2022

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	201,895	227,364	429,259	356,068
Other trading activities	3	58,179	2,782	60,961	52,948
Investment income	4	<u>3,278</u>	<u>-</u>	<u>3,278</u>	<u>3,413</u>
Total		<u>263,352</u>	<u>230,146</u>	<u>493,498</u>	<u>412,429</u>
 EXPENDITURE ON					
Raising funds	5	23,017	3,867	26,884	22,502
Charitable activities	6				
Tourettes Support		<u>148,381</u>	<u>121,085</u>	<u>269,466</u>	<u>275,410</u>
Total		<u>171,398</u>	<u>124,952</u>	<u>296,350</u>	<u>297,912</u>
 NET INCOME		 91,954	 105,194	 197,148	 114,517
 RECONCILIATION OF FUNDS					
Total funds brought forward		 <u>310,220</u>	 <u>105,604</u>	 <u>415,824</u>	 <u>301,307</u>
 TOTAL FUNDS CARRIED FORWARD		 <u>402,174</u>	 <u>210,798</u>	 <u>612,972</u>	 <u>415,824</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

BALANCE SHEET
31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	12	2,636	-	2,636	4,522
CURRENT ASSETS					
Stocks	13	3,314	-	3,314	-
Debtors	14	11,563	10,869	22,432	8,541
Cash at bank		<u>432,284</u>	<u>199,929</u>	<u>632,213</u>	<u>516,083</u>
		447,161	210,798	657,959	524,624
CREDITORS					
Amounts falling due within one year	15	(47,623)	-	(47,623)	(113,322)
		<u>399,538</u>	<u>210,798</u>	<u>610,336</u>	<u>411,302</u>
NET CURRENT ASSETS					
		402,174	210,798	612,972	415,824
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>402,174</u>	<u>210,798</u>	<u>612,972</u>	<u>415,824</u>
NET ASSETS					
		<u>402,174</u>	<u>210,798</u>	<u>612,972</u>	<u>415,824</u>
FUNDS					
	16				
Unrestricted funds				402,174	310,220
Restricted funds				<u>210,798</u>	<u>105,604</u>
TOTAL FUNDS					
				<u>612,972</u>	<u>415,824</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

BALANCE SHEET - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 4/12/2022 and were signed on its behalf by:


.....
I R Ayres - Trustee

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

These comprise fundraising and marketing expenditure. Charitable activities expenditure includes services to beneficiaries.

Governance costs

Comprise the costs of compliance and organisational administration, constitutional and statutory requirements and include independent reviewers cost and legal and professional fees.

Allocation and apportionment of costs

Costs of generating funds comprise fundraising and marketing expenditure.

Charitable activities expenditure includes services to beneficiaries.

Support costs include those costs connected with the management of the charity's assets, organisational management and administration and compliance with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Computer equipment	- 25% on cost

The charity does not capitalise smaller assets of less than £500. These are included in the Statement of Financial Activities when incurred.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Leasing commitments

Rentals paid under operating leases are charged to the profit and loss on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	264,548	173,118
Gift aid	17,929	16,508
Grants	<u>146,782</u>	<u>166,442</u>
	<u>429,259</u>	<u>356,068</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Children In Need	15,000	30,000
Tudor Trust	3,200	-
Garfield Weston	30,000	20,000
The Hospital Saturday Fund	2,000	-
Boshier Hintion Foundation	-	848
Michael & Anna Wix Charitable Trust	-	200
Sobell Foundation	-	5,000
St James Place Foundation	2,500	-
Vandervell Foundation	-	1,000
The National Lottery	67,510	67,106
Rushmoor Borough Council	2,572	10,336
D'Oylycarte Charitable Trust	3,500	3,000
Job Retention Scheme	-	19,952
Ashroder	-	5,000
29th May 1961 Charity	4,000	4,000
Grocers Charity	5,000	-
Speedomick Foundation	3,000	-
Sir Jules Thorn Charitable Trust	1,250	-
Annie Tranmer Charitable Trust	1,000	-
Lille C Johnson Charitable Trust	250	-
Masonic Charitable Foundation	5,000	-
TK Maxx	500	-
Marsh Charitable Trust	<u>500</u>	<u>-</u>
	<u>146,782</u>	<u>166,442</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	51,676	46,896
Sales	<u>9,285</u>	<u>6,052</u>
	<u>60,961</u>	<u>52,948</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	<u>3,278</u>	<u>3,413</u>

5. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Fundraising costs	<u>26,884</u>	<u>22,502</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 7)	Totals
	£	£	£
Tourettes Support	<u>214,736</u>	<u>54,730</u>	<u>269,466</u>

7. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Tourettes Support	<u>47,749</u>	<u>364</u>	<u>6,617</u>	<u>54,730</u>

Support costs, included in the above, are as follows:

Management

	2022	2021
	Tourettes Support	Total activities
	£	£
Premises expenses	13,800	15,086
Insurance	1,746	1,962
Telephone	2,637	3,190
Postage and stationery	2,547	2,449
Travel & Subsistence	6,014	414
Website costs	1,574	1,690
Computer expenses	14,662	9,019
Accountancy	-	(38)
General repairs & renewals	<u>364</u>	<u>347</u>
Carried forward	43,344	34,119

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

7. SUPPORT COSTS - continued

Management - continued

	2022 Tourettes Support £	2021 Total activities £
Brought forward	43,344	34,119
Subscriptions	1,221	1,644
Depreciation of tangible and heritage assets	<u>3,184</u>	<u>3,208</u>
	<u>47,749</u>	<u>38,971</u>

Finance

	2022 Tourettes Support £	2021 Total activities £
Bank charges	<u>364</u>	<u>292</u>

Governance costs

	2022 Tourettes Support £	2021 Total activities £
Legal fees	771	720
Board meeting costs	1,114	600
Independent examination	<u>4,732</u>	<u>4,180</u>
	<u>6,617</u>	<u>5,500</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Depreciation - owned assets	<u>3,184</u>	<u>3,208</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

10. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	159,766	197,757
Social security costs	7,529	12,690
Other pension costs	<u>5,064</u>	<u>2,477</u>
	<u>172,359</u>	<u>212,924</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Management, administration & counsellors	<u>10</u>	<u>8</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
£60,001 - £70,000	<u>-</u>	<u>1</u>

Staff costs have been restated to show recruitment and other staff costs as a separate expense.

The key management personnel of the charity are the trustees and chief executive. The total employment costs of key management personnel total £25,096 (2021: £68,524). It should be noted that from July 2021 to January 2022 the charity did not have a chief executive in place and this role was covered by trustees.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	228,914	127,154	356,068
Other trading activities	51,789	1,159	52,948
Investment income	<u>3,413</u>	<u>-</u>	<u>3,413</u>
Total	<u>284,116</u>	<u>128,313</u>	<u>412,429</u>
EXPENDITURE ON			
Raising funds	21,502	1,000	22,502
Charitable activities			
Tourettes Support	<u>178,515</u>	<u>96,895</u>	<u>275,410</u>
Total	<u>200,017</u>	<u>97,895</u>	<u>297,912</u>
NET INCOME	84,099	30,418	114,517
RECONCILIATION OF FUNDS			
Total funds brought forward	226,121	75,186	301,307

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
	<u>£</u>	<u>£</u>	<u>£</u>
TOTAL FUNDS CARRIED FORWARD	<u>310,220</u>	<u>105,604</u>	<u>415,824</u>

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2021	1,732	43,225	44,957
Additions	<u>-</u>	<u>1,298</u>	<u>1,298</u>
At 31 March 2022	<u>1,732</u>	<u>44,523</u>	<u>46,255</u>
DEPRECIATION			
At 1 April 2021	1,592	38,843	40,435
Charge for year	<u>67</u>	<u>3,117</u>	<u>3,184</u>
At 31 March 2022	<u>1,659</u>	<u>41,960</u>	<u>43,619</u>
NET BOOK VALUE			
At 31 March 2022	<u>73</u>	<u>2,563</u>	<u>2,636</u>
At 31 March 2021	<u>140</u>	<u>4,382</u>	<u>4,522</u>

13. STOCKS

	2022 £	2021 £
Stocks	<u>3,314</u>	<u>-</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	2,842	940
Prepayments and accrued income	<u>19,590</u>	<u>7,601</u>
	<u>22,432</u>	<u>8,541</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	5,681	11,721
Social security and other taxes	5,571	3,205
Accruals and deferred income	<u>36,371</u>	<u>98,396</u>
	<u>47,623</u>	<u>113,322</u>

16. MOVEMENT IN FUNDS

	At 1.4.21	Net movement	Transfers between funds	At 31.3.22
	£	in funds	£	£
Unrestricted funds				
General fund	310,220	91,954	-	402,174
Restricted funds				
Daniel Katz	40,604	(22,853)	-	17,751
TLC	2,986	-	-	2,986
BBC Children In Need	34,059	(26,969)	(7,090)	-
NE Group	854	-	-	854
Tudor Trust	651	-	-	651
Manchester Group	1,834	(1,277)	-	557
Kent Group	1,869	(200)	-	1,669
Community Foundation for Surrey	846	(581)	-	265
Doris Field Charitable Trust	747	-	-	747
West Midlands Group	341	107	-	448
CHK Charities Limited	1,353	-	(1,353)	-
Hull Group	39	-	-	39
Essex group	178	902	-	1,080
TNL Community Fund	-	2,127	-	2,127
TNL Teacher Training	-	724	-	724
TNL Adult Weekends	5,188	(5,188)	-	-
Teenfest	-	673	1,353	2,026
A4A Tourettes Champions	9,561	-	-	9,561
Ticfest	-	42,819	7,090	49,909
Sussex Group	446	(223)	-	223
Music Therapy	2,048	3,500	-	5,548
D'Oylycarte Chaitable Trust	2,000	(2,000)	-	-
TNL Parent WS	-	3,738	-	3,738
The Hofmeyr family	-	105,000	-	105,000
Hospital Saturday Fund	-	1,822	-	1,822
Oxford Group	-	418	-	418
Suzanne Dobson Award	-	1,655	-	1,655
Cycling Jerseys	-	1,000	-	1,000
	<u>105,604</u>	<u>105,194</u>	<u>-</u>	<u>210,798</u>
TOTAL FUNDS	<u>415,824</u>	<u>197,148</u>	<u>-</u>	<u>612,972</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	263,352	(171,398)	91,954
Restricted funds			
Daniel Katz	(20,001)	(2,852)	(22,853)
BBC Children In Need	15,000	(41,969)	(26,969)
Tudor Trust	3,200	(3,200)	-
Manchester Group	1,569	(2,846)	(1,277)
Kent Group	-	(200)	(200)
Community Foundation for Surrey	-	(581)	(581)
West Midlands Group	124	(17)	107
Essex group	902	-	902
TNL Community Fund	32,710	(30,583)	2,127
TNL Teacher Training	5,200	(4,476)	724
TNL Adult Weekends	14,000	(19,188)	(5,188)
Teenfest	5,500	(4,827)	673
Ticfest	43,000	(181)	42,819
Sussex Group	-	(223)	(223)
Music Therapy	3,500	-	3,500
D'Oylycarte Chaitable Trust	-	(2,000)	(2,000)
TNL Parent WS	15,600	(11,862)	3,738
The Hofmeyr family	105,000	-	105,000
Hospital Saturday Fund	2,000	(178)	1,822
Oxford Group	187	231	418
Suzanne Dobson Award	1,655	-	1,655
Cycling Jerseys	1,000	-	1,000
	<u>230,146</u>	<u>(124,952)</u>	<u>105,194</u>
TOTAL FUNDS	<u>493,498</u>	<u>(296,350)</u>	<u>197,148</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	226,121	84,099	-	310,220
Restricted funds				
Daniel Katz	25,039	15,565	-	40,604
Awards for All	1	(1)	-	-
TLC	2,986	-	-	2,986
BBC Children In Need	4,157	29,902	-	34,059
NE Group	854	-	-	854
Tudor Trust	651	-	-	651
Manchester Group	1,610	224	-	1,834
Sobell Foundation	5,000	(5,000)	-	-
Kent Group	2,013	(144)	-	1,869
Community Foundation for Surrey	817	29	-	846
Doris Field Charitable Trust	747	-	-	747
West Midlands Group	341	-	-	341
CHK Charities Limited	1,353	-	-	1,353
Hull Group	39	-	-	39
Essex group	178	-	-	178
TNL Community Fund	1,883	(1,883)	-	-
TNL Teacher Training	(864)	-	864	-
TNL Diagnosed	5,309	(4,445)	(864)	-
TNL Adult Weekends	13,115	(7,927)	-	5,188
A4A Tourettes Champions	9,561	-	-	9,561
Sussex Group	396	50	-	446
Music Therapy	-	2,048	-	2,048
D'Oylycarte Chaitable Trust	-	2,000	-	2,000
	<u>75,186</u>	<u>30,418</u>	<u>-</u>	<u>105,604</u>
TOTAL FUNDS	<u>301,307</u>	<u>114,517</u>	<u>-</u>	<u>415,824</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	284,116	(200,017)	84,099
Restricted funds			
Daniel Katz	20,000	(4,435)	15,565
Awards for All	-	(1)	(1)
BBC Children In Need	30,000	(98)	29,902
Manchester Group	889	(665)	224
Sobell Foundation	5,000	(10,000)	(5,000)
Kent Group	-	(144)	(144)
Community Foundation for Surrey	220	(191)	29
TNL Community Fund	32,306	(34,189)	(1,883)
TNL Teacher Training	5,200	(5,200)	-
TNL Diagnosed	15,600	(20,045)	(4,445)
TNL Adult Weekends	14,000	(21,927)	(7,927)
Sussex Group	50	-	50
Music Therapy	2,048	-	2,048
D'Oylycarte Chaitable Trust	3,000	(1,000)	2,000
	<u>128,313</u>	<u>(97,895)</u>	<u>30,418</u>
TOTAL FUNDS	<u>412,429</u>	<u>(297,912)</u>	<u>114,517</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

16. MOVEMENT IN FUNDS - continued

Daniel Katz	- Providing grants to improve the quality of life for sufferers of Tourette - Syndrome
TLC	- Funds held on behalf of the Tourette Action Borders Group
Award for All	- Grant to support Ticfest Wales
BBC Children in Need	- Part of a multi year grant to support Ticfest
NE Group	To ensure that Tourettes Action's support is accessible to people living in the North East
Tudor Trust	- CIBIT training places for clinicians
Manchester	- Funds held on behalf of the Tourettes Action Manchester Group
Sobell Foundation	- Part of a multi year grant to support Ticfest
Kent Group	- Funds for the support of people living in Kent with Tourette Syndrome
Community Foundation for Surrey	- Contribution towards work to support people with Tourette Syndrome living in Surrey
Doris Field charitable Trust	- Contribution towards work to support people with Tourette Syndrome living in Oxfordshire
West Midlands	- Funds for the support of people living in West midlands with Tourette Syndrome
CHK Charities Ltd	- To support the work of Tourettes Action
Hull Group	- To ensure that Tourettes Action's support is accessible to people living in Hull
West Midlands Group	- To ensure that Tourettes Action's support is accessible to people living in West Midlands
Essex group	To ensure that Tourettes Action's support is accessible to people living in Essex
The National Lottery	- National Lottery grant to fund a range of activities
Teenfest	- Supporting a programme of annual Ticfest events for children with Tourettes and their families
A4A Tourettes Champions	- Funding for the TS Champion programme
Ticfest	- Restricted grants for Ticfest plus designated funds allocated to Ticfest
Sussex Group	- To ensure that Tourettes Action's support is accessible to people living in Sussex
Music therapy	- Music therapy project to support people with Tourette Syndrome
D'Oylycarte Charitable Trust	- Social media & communication during the pandemic
The Hofmeyr family	- To support the planning and running of Ticfests and public and political campaigning
Hospital Saturday	- To provide support & social acceptance to enable people with Tourettes to live full lives
Oxford Group	- To ensure that Tourettes Action's support is accessible to people living in Oxford
Suzanne Dobson Award	- Funds raised in memory of Suzanne Dobson to fund the Tourettes Action Creativity Award event
Cycling Jerseys	- Donation to fund cycling jerseys for fundraisers

Transfers between funds

Transfers were made from restricted funds to unrestricted funds to cover certain costs paid out of expenses.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

18. DESIGNATED FUNDS

In 2016/17 the Trustees agreed to designate £210,000 towards the treatment and management of Tourette Syndrome. The balance remaining at the commencement of the year was £96,102 and, during the current year £45,850 has been spent and £38,577 was released as the researcher did not reapply for the grant after covid 19 lock down. There remains a balance £11,675 which will be spent in 2022/23.

A subcommittee of the Board, The Research Sub Committee, evaluate recommendations from the Scientific Advisory Board which are then presented to the Board of Trustees for a decision as to which applications to fund.

The Scientific Advisory Board comprises of senior professionals with a background in Tourette Syndrome and a patient representative.

19. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	264,548	173,118
Gift aid	17,929	16,508
Grants	<u>146,782</u>	<u>166,442</u>
	429,259	356,068
Other trading activities		
Fundraising events	51,676	46,896
Sales	<u>9,285</u>	<u>6,052</u>
	60,961	52,948
Investment income		
Deposit account interest	<u>3,278</u>	<u>3,413</u>
Total incoming resources	493,498	412,429
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	26,884	22,502
Charitable activities		
Wages	159,766	197,757
Social security	7,529	12,690
Pensions	5,064	2,477
Research	(38,577)	(1,380)
Workshops	64,054	4,930
Cost of Sales	1,232	2,715
Advocacy	718	2,301
Benevolent grants	2,852	4,435
Staff Recruitment & other costs	9,812	3,985
Support Services	408	626
Publicity, PR & Advertising	<u>1,878</u>	<u>111</u>
	214,736	230,647
Support costs		
Management		
Premises expenses	13,800	15,086
Insurance	1,746	1,962
Telephone	2,637	3,190
Postage and stationery	2,547	2,449
Travel & Subsistence	6,014	414
Website costs	1,574	1,690
Carried forward	28,318	24,791

This page does not form part of the statutory financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2022

	2022 £	2021 £
Management		
Brought forward	28,318	24,791
Computer expenses	14,662	9,019
Accountancy	-	(38)
General repairs & renewals	364	347
Subscriptions	1,221	1,644
Fixtures and fittings	67	67
Computer equipment	<u>3,117</u>	<u>3,141</u>
	47,749	38,971
Finance		
Bank charges	364	292
Governance costs		
Legal fees	771	720
Board meeting costs	1,114	600
Independent examination	<u>4,732</u>	<u>4,180</u>
	<u>6,617</u>	<u>5,500</u>
Total resources expended	<u>296,350</u>	<u>297,912</u>
Net income	<u>197,148</u>	<u>114,517</u>

This page does not form part of the statutory financial statements

This page does not form part of the statutory financial statements

TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

England & Wales - Charity number 1003317

Accounts

REGISTERED COMPANY NUMBER: 02613993 (England and Wales)
REGISTERED CHARITY NUMBER: 1003317

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

HPCA Limited
Chartered Accountants
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

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for the year ended 31 March 2021

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TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

REPORT OF THE TRUSTEES
for the year ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Tourette Syndrome (UK) Association trading as Tourettes Action is a charity formed in 1981 for the relief of people suffering from the neurological disorder known as Gilles de la Tourette Syndrome and operates as Tourettes Action.

The Charity was incorporated in 1991 and is now based in Farnborough although the remit of the charity is nationwide. Tourettes Action (TA) has links with other Tourette Syndrome Societies throughout Europe, the United States and Canada.

OBJECTIVES AND ACTIVITIES

Mission and objectives

Usually Tourette Syndrome (TS or Tourettes) is diagnosed in the early years but can be identified in older children and occasionally begins in adulthood. TS often worsens throughout adolescence and for about 50% starts to abate in late teens or early adulthood. Research shows that 1% of the school age population has TS to some degree, and that at least 300,000 children and adults require support for their condition. A major issue for many is to receive a firm diagnosis that they do indeed have TS, and a major activity for the future is to increase knowledge so that a diagnosis can be given.

Tourettes is perhaps the most publicly misunderstood of all the neurological conditions and has considerable stigma attached with regard to involuntary swearing, known as Coprolalia. About 10% of the Tourettes population have Coprolalia and a similar number Echolalia, where people repeat words, whilst the majority of people with TS have other vocal tics of varying severity. Motor tics - involuntary actions - not only cause individuals embarrassment but occasionally great pain depending on the severity of the movement. A small number of people cause themselves significant physical harm as a consequence of their tics. There is no specific medication for the cure or total control of TS. Treatments use a variety of drugs to minimise the worst effects with varying degrees of success, and for a very few Deep Brain Stimulation may prove useful. Psychological treatments including CBIT (Comprehensive Behaviour Intervention for Tics) is a tool that helps people with Tourettes manage their tics.

Tourettes Action provides a wide range of support for sufferers of all ages through our printed materials, personal support and website.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

REPORT OF THE TRUSTEES
for the year ended 31 March 2021

What is Tourettes Action?

Tourettes Action is the UK's leading support and research charity for people with Tourette Syndrome and their families.

We want people with Tourette Syndrome to receive the practical support and social acceptance they need to help them live their lives to the full.

Covid-19 pandemic

This financial year saw the start of the Covid-19 pandemic. Our priority has been to maintain our service provision, keep our staff and service users safe, and to reduce costs where possible. To this end a number of measures were put into place including

- Furloughing of staff members.
- Staff working from home.
- Face to face meetings and activities conducted virtually.
- Cancellation of events which could not be hosted virtually.

Our Main Activities

- Producing written and other published materials to improve the knowledge and understanding of TS.
- Promoting the needs of those suffering from TS to the statutory authorities e.g. schools and the health service, together with press and other media to improve the lives of those with TS.
- Providing a telephone helpline and online chat service to provide information and basic support.
- Running a befriending service to support people living with TS
- Holding conferences, meetings and seminars on topics of interest to people with TS and their families; - largely carried out online during the current financial year due to the Covid-19 pandemic.
- Encouraging and assisting research into all aspects of TS and disseminating the results as widely as possible.
- Bringing together individuals to provide fellowship both for themselves and their families. During this financial year online support groups were formed.
- Providing workshops and activities for the enjoyment and development of those with TS. These have been carried out online in the form of webinars and online groups.
- Liaising with medical specialists in the TS field and offering advice to TS sufferers as to the availability of specialist units.
- Offering small grants to individuals for the purchase of equipment and other items which will ameliorate the effects of TS.
- Funding research into the treatment and cure of TS. Our programme has been suspended for this financial year due to funding restrictions.
- Providing educational support to schools and teachers.

All of these activities are carried out in accordance with Charity Commission's guidance on public benefit and are designed to ensure that we continue to operate for the Public Benefit.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

REPORT OF THE TRUSTEES
for the year ended 31 March 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Since 1981 Tourettes Action's main aim has been to support people living with TS from pre diagnosis through the diagnosis, treatment and management of the condition. Despite working to reduce the stigma surrounding TS, those living with the condition are aware that it is still one of the most stigmatised of the neurological conditions bringing distress to those with the condition as well as their family and friends.

The Livechat service continues to be the most popular method of supporting people, with over 1,300 Livechat conversations throughout the year. With more than 800 people contacting us via our helpline, emails, or via Facebook we continue to be very grateful for the efforts of our small but dedicated group of staff and volunteers.

With Covid-19 stopping all physical group meetings and workshops Tourettes Action moved online where feasible:

A range of online groups were held for pre-teens, teens, parents and families, and for dads and male role models.

A series of informative Webinars were held during the year, attended by over 1,100 people.

Our website continues to be a major source of information for people and we are continually updating the site and improving the content. The website continues to be cited as the main source of reliable information about TS and its associated conditions. We strive constantly to ensure that information is up to date and, although we don't give medical advice, that the options which might be offered at a clinic visit are fully explained. All of the information is freely downloadable and we continue to believe that this access to information is vital. The website also provides an important platform for the TS community by way of a Blog page and YouTube video channel, where people can share their personal stories, giving inspiration to those on a similar journey.

The need for information and support for students in school is as high as ever and the pandemic has brought about new challenges for our Education Manager. Both online teaching during periods of school closures during lockdowns and the return to school after lockdown proved difficult for many with TS. Added to that, schools have experienced a high incidence of pupils presenting with the sudden onset of severe tics. We have, therefore, spent many hours supporting teachers and parents to support children struggling to receive the correct support. To replace Teacher Workshops, we have held a series of Webinars which have proved very popular. We have continued to develop new content for the website including free online teacher training. Individualised training is provided to schools.

Our popular TICfest, TEENfest events and adult weekends were cancelled due to the pandemic.

We are very grateful to all of our regular donors who continue to support us with financial contributions. The pandemic has had a huge impact on fundraising in the charity sector with events including the 2020 London Marathon cancelled. We have worked hard to develop our fundraising activities during the year with an amazing £45,000 raised by individuals. Fundraising activities included: The 2.6 challenge, Move For Tourettes, Facebook birthday fundraisers and the TA Appeal.

During the year, we received grants and donations for more than £147,000 from a variety of trusts and funders including BBC Children in Need, The National Lottery Community Fund, Garfield Weston Foundation, Sobell Foundation, Schroder Charity Trust and 29th May 1961 Charity.

As of 31 March 2021, our newsletter subscribers totalled 3,636, a 52% increase on the same period last year. The newsletter includes dates for events, webinars and training, research news and fundraising campaigns.

Opera-tic: Opera company, Second Movement, in partnership with TA and composer Michael Betteridge have created a 15-scene digital opera that will be screened at a TA adult weekend in October 2021. A group of adults with TS were involved in the creation, performance and recording of the opera which draws on their stories and experiences.

Charitable activities

Due to the ongoing support of a very generous benefactor we continue to be able to offer small grants for items which help people to manage their TS. Examples include a drum kit to distract or a reinforced bed for a child whose tics are so strong that a normal bed will not survive.

Research Grants

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

REPORT OF THE TRUSTEES
for the year ended 31 March 2021

Our research programme remains suspended due to a lack of funding. We are particularly excited about a project that TA has part-funded, led by Professor Stephen Jackson at Nottingham University to develop a wrist-worn device providing an imperceptible electrical stimulation that can have the effect of significantly reducing tics in the wearer. The prototype consumer device has been designed and will be taken through trials and, if successful, produced for use by Neurotherapeutics Ltd, a spin-out company at the University of Nottingham.

What next?

The Covid 19 crisis continues to impact Tourettes Action along with the rest of the world. The Board and the staff have implemented plans which have enabled us to continue to offer support via our usual channels, and via an extensive range of online support groups.

With the relaxation of Covid-19 restrictions, we have been able to go ahead with TICfests, TEENfests and Adult weekends over the summer of 2021.

TA is currently celebrating its 40th anniversary.

As the financial risks associated with the Covid-19 pandemic have receded, TA has designated surplus financial reserves to be used for a number of specific projects to further deliver on TA's strategic goals over the next 2-3 years.

FINANCIAL REVIEW

Reserves policy

During the year Unrestricted funds increased by £84,099 to £310,220 mainly due to reductions in all areas of expenditure, whilst there was an increase of £30,418 to £105,604 in Restricted funds.

We still continue to hold a minimum of six months expenditure as reserves as we continue to have a high reliance on the generous support of a small number of donors.

Preparation of the accounts on a Going concern basis

Despite the current Covid 19 crisis the Trustees are confident that Tourettes Action has sufficient funding to enable it to undertake all of its activities over the next year and on that basis the charity is a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Tourettes Syndrome (UK) Association trading as Tourettes Action, ('the charity' or 'TA'), is a company limited by guarantee and as such is governed by its Memorandum and Articles. It was incorporated on 23 May 1991.

SUZANNE DOBSON, Chief Executive 2009-2021

We are very sad to report that Suzanne Dobson, our chief executive for more than a decade, died on 21st July 2021 after a short illness. Suzanne led the charity through a remarkable period of transformation and growth for which not only the trustees but countless people with TS across the UK are very grateful.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

REPORT OF THE TRUSTEES
for the year ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustee Board

The charity is governed by the Trustee Board, which sets the strategy of the charity, ensures compliance with its charitable objectives, approves the business plan and budget annually and monitors the ongoing operational and financial performance of the charity.

Trustees are appointed after a formal recruitment process, as vacancies arise, by vote of the full Trustee Board at the AGM. Trustees are appointed for a three-year term that may be renewed twice by approval of the Board.

Recruitment of trustees is carried out with an explicit view to optimising the balance of skills and experience available to the Board. In particular, the Board seeks to ensure it has representation from people living with TS and/or their families; people with a clinical or scientific interest and expertise in TS, as well as people with business, strategic, financial and other functional skills.

The Trustee Board meets at least four times annually.

Board Committees

The board maintains two sub-committees. Financial and General Purpose Committee meets with greater frequency than the full Trustee Board. The Research Sub-committee meets only to consider the grant applications.

Finance and General Purposes Committee (F&GP)

The F&GP is chaired by the Hon.Treasurer and meets ahead of Board meetings, and at other times, and operates a delegated mandate to assist the Chief Executive in preparing budgets; to monitor financial performance by detailed review of monthly management accounts; to assist the Chief Executive in arranging and facilitating the annual independent examination and preparation and publication of statutory accounts.

The F&GP also supports the work of the Chief Executive in a wide range of operational areas including, but not limited to, HR and staffing issues, administration issues and office moves.

Research Sub-Committee (RSC)

TA's annual research funding programme was suspended during the year due to an unforeseen downturn in funding. Proposals for funding of clinical, academic scientific or social scientific work towards the understanding, management and potential cure of TS are solicited annually. To assist the Trustee Board in determining which proposals should be funded by TA, the RSC, chaired by a trustee, operates a delegated mandate to make recommendations to the Trustee Board after evaluating proposals by peer review and by reference to an expert external committee of scientific advisors, the Science Advisory Board (SAB). The RSC meets at key stages of the funding round to ensure that research proposals are fully evaluated in time for the Board to allocate grants.

TA monitors the ongoing performance and outcomes of the projects in which it has invested.

Advisers

In addition to the SAB (above), TA is in the process of establishing an external advisory panel of experts in a range of areas who support the aims of TA and who are willing to place their expertise at the disposal of TA from time to time without becoming members of the formal governance structure of the charity. Appointment to this advisory group will be made from time to time by the Trustee Board.

Risk Management

Risk management is a central responsibility of the Trustee Board.

TA adopts a structured formal approach to the identification and management of risk. A Risk Register is prepared by the CEO and reviewed, updated as necessary, and approved by the Trustee Board annually. It identifies risks under a range of key headings including: Governance, Operations, Finance, Funding, Management, Legal, and Reputation.

Each risk is assessed for Probability and Impact to produce a Gross Risk Score. Each risk is subject to mitigation and controls. The effect of mitigation and control is formally assessed and applied to the Gross Risk Score producing the Net Risk Position for each identified risk.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02613993 (England and Wales)

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

REPORT OF THE TRUSTEES
for the year ended 31 March 2021

Registered Charity number
1003317

Registered office
The Meads Business Centre
19 Kingsmead
FARNBOROUGH
Hampshire
GU14 7SR

Trustees		
A Bhandari		
Professor G Jackson		
Professor E Joyce		
R Ovens	Treasurer	(resigned 29.11.20)
Dr E R Palmer		
P R Paxton	Chairman	
Dr J Stern Honorary Medical Director		(appointed 29.11.20)
I R Ayres	Treasurer	
D Masters		(resigned 12.9.21)
G Barnett		
A Pape		
M Shao		
M Lewis		(appointed 29.11.20)

Company Secretary
I R Ayres

Independent Examiner
HPCA Limited
Chartered Accountants
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

Solicitors
Bates Welles & Braithwaite London LLP
2-6 Cannon Street
London
EC4M 6Y

Bankers
Barclays Bank plc
7-8 High Street
Ryde
Isle of Wight
PO33 2PN

CHANGE OF NAME

The charitable company passed a special resolution on 25 January 2021 changing its name from Tourette Syndrome (UK) Association to Tourette Syndrome (UK) Association Trading as Tourettes Action.

Approved by order of the board of trustees on 28/11/2021 and signed on its behalf by:

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

REPORT OF THE TRUSTEES
for the year ended 31 March 2021



.....
I R Ayres - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

Independent examiner's report to the trustees of Tourette Syndrome (UK) Association Trading as Tourettes Action ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACA, FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Lance Redman
ACA, FCCA
HPCA Limited
Chartered Accountants
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

Date: 7 December 2021

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	228,914	127,154	356,068	416,067
Other trading activities	3	51,789	1,159	52,948	33,495
Investment income	4	<u>3,413</u>	<u>-</u>	<u>3,413</u>	<u>5,789</u>
Total		284,116	128,313	412,429	455,351
 EXPENDITURE ON					
Raising funds	5	21,502	1,000	22,502	22,767
Charitable activities Tourettes Support	6	178,515	96,895	275,410	476,408
Total		<u>200,017</u>	<u>97,895</u>	<u>297,912</u>	<u>499,175</u>
NET INCOME/(EXPENDITURE)		84,099	30,418	114,517	(43,824)
 RECONCILIATION OF FUNDS					
Total funds brought forward		226,121	75,186	301,307	345,131
TOTAL FUNDS CARRIED FORWARD		<u>310,220</u>	<u>105,604</u>	<u>415,824</u>	<u>301,307</u>

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

BALANCE SHEET
31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	12	4,522	-	4,522	7,295
CURRENT ASSETS					
Debtors	13	8,541	-	8,541	16,874
Cash at bank		<u>410,479</u>	<u>105,604</u>	<u>516,083</u>	<u>439,945</u>
		419,020	105,604	524,624	456,819
CREDITORS					
Amounts falling due within one year	14	(113,322)	-	(113,322)	(162,807)
NET CURRENT ASSETS		<u>305,698</u>	<u>105,604</u>	<u>411,302</u>	<u>294,012</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>310,220</u>	<u>105,604</u>	<u>415,824</u>	<u>301,307</u>
NET ASSETS		<u>310,220</u>	<u>105,604</u>	<u>415,824</u>	<u>301,307</u>
FUNDS	15				
Unrestricted funds				310,220	226,121
Restricted funds				<u>105,604</u>	<u>75,186</u>
TOTAL FUNDS				<u>415,824</u>	<u>301,307</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.


The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

BALANCE SHEET - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28/11/2021 and were signed on its behalf by:


.....
I R Ayres - Trustee

The notes form part of these financial statements

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

These comprise fundraising and marketing expenditure. Charitable activities expenditure includes services to beneficiaries.

Governance costs

Comprise the costs of compliance and organisational administration, constitutional and statutory requirements and include independent reviewers cost and legal and professional fees.

Allocation and apportionment of costs

Costs of generating funds comprise fundraising and marketing expenditure.

Charitable activities expenditure includes services to beneficiaries.

Support costs include those costs connected with the management of the charity's assets, organisational management and administration and compliance with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Computer equipment	- 25% on cost

The charity does not capitalise smaller assets of less than £500. These are included in the Statement of Financial Activities when incurred.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Leasing commitments

Rentals paid under operating leases are charged to the profit and loss on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	173,118	277,465
Gift aid	16,508	13,972
Grants	<u>166,442</u>	<u>124,630</u>
	<u>356,068</u>	<u>416,067</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Children In Need	30,000	28,500
Garfield Weston	20,000	-
The Hospital Saturday Fund	-	2,000
Boshier Hinton Foundation	848	-
Michael & Anna Wix Charitable Trust	200	-
Sobell Foundation	5,000	5,000
UKH Foundation	-	5,000
John Ackroyd Charitable Trust	-	1,250
Vandervell Foundation	1,000	-
The National Lottery	67,106	80,880
Shanly Foundation	-	2,000
Rushmoor Borough Council	10,336	-
D'Oylycarte Charitable Trust	3,000	-
Job Retention Scheme	19,952	-
Ashroder	5,000	-
29th May 1961 Charity	<u>4,000</u>	<u>-</u>
	<u>166,442</u>	<u>124,630</u>

TOURETTE SYNDROME (UK) ASSOCIATION
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NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	46,896	28,942
Sales	<u>6,052</u>	<u>4,553</u>
	<u>52,948</u>	<u>33,495</u>

4. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	<u>3,413</u>	<u>5,789</u>

5. RAISING FUNDS

Raising donations and legacies

	2021	2020
	£	£
Fundraising costs	<u>22,502</u>	<u>22,767</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Tourettes Support	<u>230,647</u>	<u>44,763</u>	<u>275,410</u>

7. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Tourettes Support	<u>38,971</u>	<u>292</u>	<u>5,500</u>	<u>44,763</u>

Support costs, included in the above, are as follows:

Management

	2021 Tourettes Support £	2020 Tourettes Support £
Trustees' expenses	-	507
Premises expenses	15,086	16,319
Insurance	1,962	1,956
Telephone	3,190	3,617
Postage and stationery	2,449	2,406
Travel & Subsistence	414	15,913
Website costs	<u>1,690</u>	<u>1,889</u>
Carried forward	24,791	42,607

TOURETTE SYNDROME (UK) ASSOCIATION
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PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

7. **SUPPORT COSTS - continued**

Management - continued

	2021 Tourettes Support £	2020 Tourettes Support £
Brought forward	24,791	42,607
Computer expenses	9,019	9,053
Accountancy	(38)	1,233
General repairs & renewals	347	864
Subscriptions	1,644	1,538
Depreciation of tangible and heritage assets	<u>3,208</u>	<u>3,049</u>
	<u>38,971</u>	<u>58,344</u>

Finance

	2021 Tourettes Support £	2020 Tourettes Support £
Bank charges	<u>292</u>	<u>339</u>

Governance costs

	2021 Tourettes Support £	2020 Tourettes Support £
Legal fees	720	-
Board meeting costs	600	2,469
Independent examination	<u>4,180</u>	<u>4,050</u>
	<u>5,500</u>	<u>6,519</u>

8. **NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation - owned assets	<u>3,208</u>	<u>3,049</u>

TOURETTE SYNDROME (UK) ASSOCIATION
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NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

	2021	2020
	£	£
Trustees' expenses	<u>-</u>	<u>507</u>

10. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	197,757	206,597
Social security costs	12,690	15,195
Other pension costs	<u>2,477</u>	<u>5,274</u>
	<u>212,924</u>	<u>227,066</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Management, administration & counsellors	<u>8</u>	<u>8</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2021	2020
£60,001 - £70,000	<u>1</u>	<u>1</u>

Staff costs have been restated to show recruitment and other staff costs as a separate expense.

The key management personnel of the charity are the trustees and chief executive. The total employment costs of key management personnel total £68,524 (2020: £72,111)

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	299,687	116,380	416,067
Other trading activities	29,205	4,290	33,495
Investment income	<u>5,789</u>	<u>-</u>	<u>5,789</u>
Total	334,681	120,670	455,351
EXPENDITURE ON			
Raising funds	13,784	8,983	22,767
Charitable activities			
Tourettes Support	379,364	97,044	476,408

TOURETTE SYNDROME (UK) ASSOCIATION
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NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Total	393,148	106,027	499,175
NET INCOME/(EXPENDITURE)	(58,467)	14,643	(43,824)
RECONCILIATION OF FUNDS			
Total funds brought forward	284,588	60,543	345,131
TOTAL FUNDS CARRIED FORWARD	<u>226,121</u>	<u>75,186</u>	<u>301,307</u>

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2020	1,732	42,790	44,522
Additions	-	435	435
At 31 March 2021	<u>1,732</u>	<u>43,225</u>	<u>44,957</u>
DEPRECIATION			
At 1 April 2020	1,525	35,702	37,227
Charge for year	67	3,141	3,208
At 31 March 2021	<u>1,592</u>	<u>38,843</u>	<u>40,435</u>
NET BOOK VALUE			
At 31 March 2021	<u>140</u>	<u>4,382</u>	<u>4,522</u>
At 31 March 2020	<u>207</u>	<u>7,088</u>	<u>7,295</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	-	10
Other debtors	940	1,799
Prepayments and accrued income	7,601	15,065
	<u>8,541</u>	<u>16,874</u>

TOURETTE SYNDROME (UK) ASSOCIATION
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NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	11,721	21,633
Social security and other taxes	3,205	4,413
Accruals and deferred income	<u>98,396</u>	<u>136,761</u>
	<u>113,322</u>	<u>162,807</u>

15. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	Transfers between funds	At 31.3.21
	£	£	£	£
Unrestricted funds				
General fund	226,121	84,099	-	310,220
Restricted funds				
Daniel Katz	25,039	15,565	-	40,604
Awards for All	1	(1)	-	-
TLC	2,986	-	-	2,986
BBC Children In Need	4,157	29,902	-	34,059
NE Group	854	-	-	854
Tudor Trust	651	-	-	651
Manchester Group	1,610	224	-	1,834
Sobell Foundation	5,000	(5,000)	-	-
Kent Group	2,013	(144)	-	1,869
Community Foundation for Surrey	817	29	-	846
Doris Field Charitable Trust	747	-	-	747
West Midlands Group	341	-	-	341
CHK Charities Limited	1,353	-	-	1,353
Hull Group	39	-	-	39
Essex group	178	-	-	178
TNL Community Fund	1,883	(1,883)	-	-
TNL Teacher Training	(864)	-	864	-
TNL Diagnosed	5,309	(4,445)	(864)	-
TNL Adult Weekends	13,115	(7,927)	-	5,188
A4A Tourettes Champions	9,561	-	-	9,561
Sussex Group	396	50	-	446
Music Therapy	-	2,048	-	2,048
D'Oylycarte Chaitable Trust	-	2,000	-	2,000
	<u>75,186</u>	<u>30,418</u>	<u>-</u>	<u>105,604</u>
TOTAL FUNDS	<u>301,307</u>	<u>114,517</u>	<u>-</u>	<u>415,824</u>

TOURETTE SYNDROME (UK) ASSOCIATION
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NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. **MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	284,116	(200,017)	84,099
Restricted funds			
Daniel Katz	20,000	(4,435)	15,565
Awards for All	-	(1)	(1)
BBC Children In Need	30,000	(98)	29,902
Manchester Group	889	(665)	224
Sobell Foundation	5,000	(10,000)	(5,000)
Kent Group	-	(144)	(144)
Community Foundation for Surrey	220	(191)	29
TNL Community Fund	32,306	(34,189)	(1,883)
TNL Teacher Training	5,200	(5,200)	-
TNL Diagnosed	15,600	(20,045)	(4,445)
TNL Adult Weekends	14,000	(21,927)	(7,927)
Sussex Group	50	-	50
Music Therapy	2,048	-	2,048
D'Oylycarte Chaitable Trust	3,000	(1,000)	2,000
	<u>128,313</u>	<u>(97,895)</u>	<u>30,418</u>
TOTAL FUNDS	<u>412,429</u>	<u>(297,912)</u>	<u>114,517</u>

TOURETTE SYNDROME (UK) ASSOCIATION
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NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. **MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	284,588	(58,467)	226,121
Restricted funds			
Daniel Katz	28,148	(3,109)	25,039
Awards for All	6,502	(6,501)	1
TLC	4,653	(1,667)	2,986
BBC Children In Need	10,456	(6,299)	4,157
NE Group	854	-	854
Tudor Trust	651	-	651
Manchester Group	706	904	1,610
Kent Group	1,808	205	2,013
Community Foundation for Surrey	368	449	817
Doris Field Charitable Trust	847	(100)	747
West Midlands Group	333	8	341
CHK Charities Limited	3,000	(1,647)	1,353
Shanly Foundation	2,000	(2,000)	-
Hull Group	39	-	39
Essex group	178	-	178
TNL Community Fund	-	1,883	1,883
TNL Teacher Training	-	(864)	(864)
TNL Diagnosed	-	5,309	5,309
TNL Adult Weekends	-	13,115	13,115
A4A Tourettes Champions	-	9,561	9,561
Ticfest	-	5,000	5,000
Sussex Group	-	396	396
	<u>60,543</u>	<u>14,643</u>	<u>75,186</u>
TOTAL FUNDS	<u>345,131</u>	<u>(43,824)</u>	<u>301,307</u>

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	334,681	(393,148)	(58,467)
Restricted funds			
Daniel Katz	-	(3,109)	(3,109)
Awards for All	-	(6,501)	(6,501)
TLC	698	(2,365)	(1,667)
BBC Children In Need	28,500	(34,799)	(6,299)
Manchester Group	1,800	(896)	904
Kent Group	344	(139)	205
Community Foundation for Surrey	966	(517)	449
Doris Field Charitable Trust	-	(100)	(100)
West Midlands Group	56	(48)	8
CHK Charities Limited	2,000	(3,647)	(1,647)
Shanly Foundation	-	(2,000)	(2,000)
TNL Community Fund	36,080	(34,197)	1,883
TNL Teacher Training	5,200	(6,064)	(864)
TNL Diagnosed	15,600	(10,291)	5,309
TNL Adult Weekends	14,000	(885)	13,115
A4A Tourettes Champions	10,000	(439)	9,561
Ticfest	5,000	-	5,000
Sussex Group	426	(30)	396
	<u>120,670</u>	<u>(106,027)</u>	<u>14,643</u>
TOTAL FUNDS	<u>455,351</u>	<u>(499,175)</u>	<u>(43,824)</u>

TOURETTE SYNDROME (UK) ASSOCIATION
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NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

15. MOVEMENT IN FUNDS - continued

Daniel Katz	- Providing grants to improve the quality of life for sufferers of Tourette Syndrome
TLC	- Funds held on behalf of the Tourette Action Borders Group
Award for All	- Grant to support Ticfest Wales
BBC Children in Need	- Part of a multi year grant to support Ticfest
Manchester	- Funds held on behalf of the Tourettes Action Manchester Group
Sobell Foundation	- Part of a multi year grant to support Ticfest
Kent Group	- Funds for the support of people living in Kent with Tourette Syndrome
Shanly foundation	- Grant to support Ticfest
Garfield Weston Foundation	- Grant to support the work of Tourettes Action
Community Foundation for Surrey	- Contribution towards work to support people with Tourette Syndrome living in Surrey
	- Contribution towards work to support people with Tourette Syndrome living in Oxfordshire
Doris Field charitable Trust	- Funds for the support of people living in West midlands with Tourette Syndrome
West Midlands	
James Tudor	- Grant to support TARN a link between researchers, academics and clinicians who see and treat patients with tics
CHK Charities Ltd	- To support the work of Tourettes Action
Hull Group	- To ensure that Tourettes Action's support is accessible to people living in Hull
West Midlands Group	- To ensure that Tourettes Action's support is accessible to people living in West Midlands
Essex group	To ensure that Tourettes Action's support is accessible to people living in Essex
North East Group	- To ensure that Tourettes Action's support is accessible to people living in North East
The National Lottery	- National Lottery grant to fund a range of activities
Sussex Group	- To ensure that Tourettes Action's support is accessible to people living in Sussex
Music therapy	- Music therapy project to support people with Tourette Syndrome
D'Oylycarte Charitable Trust	- Social media & communication during the pandemic

Transfers between funds

Transfers were made from unrestricted funds to restricted funds to cover certain costs paid out of expenses.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

17. DESIGNATED FUNDS

In 2016/17 the Trustees agreed to designate £210,000 towards research into the treatment and management of Tourette Syndrome. The balance remaining at the commencement of the year was £47,730 and, during the current year £49,149 has been spent and £1,703 was refunded. The trustees have allocated a further £52,022 to support research into Tourette Syndrome. There remains a balance £52,306 which will be spent in 2021/22.

A subcommittee of the Board, The Research Sub Committee, evaluate recommendations from the Scientific Advisory Board which are then presented to the Board of Trustees for a decision as to which applications to fund.

The Scientific Advisory Board comprises of senior professionals with a background in Tourette Syndrome and a patient representative.

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NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2021

18. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital.

TOURETTE SYNDROME (UK) ASSOCIATION
TRADING AS TOURETTES ACTION
PREVIOUSLY KNOWN AS TOURETTE SYNDROME (UK) ASSOCIATION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	173,118	277,465
Gift aid	16,508	13,972
Grants	<u>166,442</u>	<u>124,630</u>
	356,068	416,067
Other trading activities		
Fundraising events	46,896	28,942
Sales	<u>6,052</u>	<u>4,553</u>
	52,948	33,495
Investment income		
Deposit account interest	<u>3,413</u>	<u>5,789</u>
Total incoming resources	412,429	455,351
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	22,502	22,767
Charitable activities		
Wages	197,757	206,597
Social security	12,690	15,195
Pensions	2,477	5,274
Cost of Groups	-	5,196
Research	(1,380)	116,212
Workshops	4,930	43,486
Cost of Sales	2,715	2,969
Advocacy	2,301	3,775
Benevolent grants	4,435	3,109
Staff Recruitment & other costs	3,985	7,125
Support Services	626	640
Publicity, PR & Advertising	<u>111</u>	<u>1,628</u>
	230,647	411,206
Support costs		
Management		
Trustees' expenses	-	507
Premises expenses	15,086	16,319
Insurance	1,962	1,956
Carried forward	17,048	18,782

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TOURETTE SYNDROME (UK) ASSOCIATION
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DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2021

	2021	2020
	£	£
Management		
Brought forward	17,048	18,782
Telephone	3,190	3,617
Postage and stationery	2,449	2,406
Travel & Subsistence	414	15,913
Website costs	1,690	1,889
Computer expenses	9,019	9,053
Accountancy	(38)	1,233
General repairs & renewals	347	864
Subscriptions	1,644	1,538
Fixtures and fittings	67	56
Computer equipment	<u>3,141</u>	<u>2,993</u>
	38,971	58,344
Finance		
Bank charges	292	339
Governance costs		
Legal fees	720	-
Board meeting costs	600	2,469
Independent examination	<u>4,180</u>	<u>4,050</u>
	<u>5,500</u>	<u>6,519</u>
Total resources expended	<u>297,912</u>	<u>499,175</u>
Net income/(expenditure)	<u>114,517</u>	<u>(43,824)</u>

This page does not form part of the statutory financial statements