

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company Number : 02551338

Registration Charity Number : 1002873

ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

THE REDBRIDGE RESPITE CARE ASSOCIATION

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**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2025**

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Sandra Flinn (Chairperson)
Patrick Bullman (resigned 21 October 2024)
Angela Evans
Charles Philip Ferguson (appointed 21 October 2024)
Sandra Gallagher (appointed 21 October 2024)
David Jones
Keely Woods

Company registration number

02551338

Registered Charity number

1002873

Registered office

Respite House
48 Padnall Road
Chadwell Heath
Essex RM6 5BJ

Website

www.redbridgerespitecare.org

Independent examiner

Daniel Valentine, ACA, Begbies Chartered Accountants, Unit 14, Park Barn, Evegate Business Park, Smeeth
Ashford TN25 6SX

Bankers

NatWest Bank – Chadwell Heath Branch

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2025

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 31 March 2025.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)* published on 16 July 2014.

Objectives and activities for the public benefit

The charitable company was incorporated on 24 October 1990 and became a registered charity on 10 May 1991. Its objectives are to provide a service in support of persons suffering from mental illness who live in the London Borough of Redbridge and surrounding local authorities by providing staff who will enable the relatives, friends and others who have the primary responsibility for supporting such persons to have temporary relief from their responsibilities on a regular basis and thereby to enhance the stability and quality of the living environment of such persons (ii) to relieve or assist in the relief of people who are suffering, have suffered, or are at risk of suffering from any form of mental illness by providing, or contributing to the provision of, such services as may, from time to time, be considered appropriate

We employ fully trained support workers who provide care and information tailored to peoples' needs, which includes support at home and a day centre for people living with dementia. Our services are free of charge for Redbridge residents. For people living outside Redbridge, we provide services at competitive rates.

We support people with mental health issues, including people living with dementia, through personally targeted support, tailored to their needs, thus providing independence and well-being.

We also provide respite services to the carers of people with mental health problems living in the community.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Organisation, Structure and Governance

Redbridge Respite Care Association is a charitable company limited by guarantee. It is governed by its Memorandum and Articles of Association (revised October 2023). The trustees and directors are listed on page 1.

The charitable company is managed by the Management Committee which comprises all the trustees/directors and has the power to appoint trustees/directors at any time. The maximum number of committee members is twelve and the minimum three. All members retire at every Annual General Meeting and are eligible for re-election.

The charity's Service Manager also attends the Management Committee meetings.

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2025**

Chairperson's Report

Our main funder remains the London Borough of Redbridge and the bulk of the funding goes towards providing the Day Centre, enabling carers to receive respite from their caring duties and also outreach support with those recovering from mental health issues. Our independent fund-raising efforts have been successful and allowed us to offer extra facilities to carers which are overseen by our project manager, these are usually short-term services lasting one to three years.

We continue to maintain the fabric of the premises, we rent and upgrade appliances as necessary for the comfort of our service users, this includes a new dishwasher. Our landlord has been unwell, and his affairs are currently being handled by his daughter. Displays are frequently changed to reflect the seasons and special occasions which are used to stimulate our clients.

Having got us back to a sound financial position our treasurer has stood down due to health reasons but thankfully will stay on as a trustee.

By restructuring the role, we now have a bookkeeper who will oversee our finances. We are still finding it very difficult to recruit new trustees, but we were joined mid-year by Mr. Phil Ferguson, a person known by our secretary and bookkeeper.

The service manager continues to make sure that staff training and certification is kept up to date and maintains a presence at healthcare events in and around our Borough. New contracts make sure that staff receive at least the new rates of London living wage despite getting no uplift from our council contract which is often extended rather than re-negotiated meaning that funding is soon at unrealistic levels for the expected service. This has happened again and so we have made changes which mean we will not run at a loss.

By using our funds wisely and carefully we are trying to accrue a closure fund which will be used to cover costs should we cease to operate which is something we used to have but which got used when we had financial difficulties a few years ago. Our current accountancy service agrees this is a good idea, although it will take some time to achieve.

There have been discussions with Barking & Dagenham council regarding the adjoining building which is being refurbished and is expected to open later in 2025 as a youth centre; the surrounding area is also being refurbished and we asked if it were possible to have a dropped kerb making access easier for our clients but are still awaiting a decision. Concerns were raised regarding government proposals about zero hours' contracts but as there are no changes at the moment this will be closely monitored.

Our Memorandum & Articles were finally updated and agreed and were uploaded. It was agreed that when holding online meetings in future we would use Teams as it was deemed more secure. We also agreed to meet on a bimonthly basis from September onwards as this would be less onerous for Trustees and staff alike, it was also hoped it would make attracting new trustees easier.

On behalf of the Board of Trustees I thank our staff and service manager for all their hard work throughout the past year and look forward to working with them all as we go forward in the future.

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2025**

Service Manager's Report

Redbridge Respite Care Association has had another triumphant year.

We continue to provide respite and support to those who need it within our community and surrounding boroughs. We provide a dementia day centre four days a week for those diagnosed in Redbridge and we provide an outreach service for 2.5 hours each week in the homes of those who have dementia and mental health.

We resume to work closely alongside voluntary organisations, social prescribing teams, GP surgeries, NELFT, memory service, social workers, local communities and event organisers. We continue to receive a high number of referrals on a daily basis for our much need services.

Throughout the year we have attended numerous events to promote our much-needed services and to meet the local community. This gives us a great insight into what the community needs and wants.

We continue to provide our service users and local community with newsletters throughout the year keeping them updated on local events, updates on services and new projects we are providing as well as what we have been up to giving carers a look at what their loved ones have been doing while receiving our services.

As a charity we provided a trip to Brighton in the summer for service users and carers this was enjoyed by all. Carers enjoyed spending the day with their loved with the safe knowledge knowing that support staff are their if help is needed. Service users and carers enjoyed a walk on the beach, eating out at a restaurant and enjoyed the sights.

Our support workers continued to take our service users out for the day to bowling, the lake to feed the ducks, pub lunches for a 3-course meal, walks to the local parks to use the gym equipment. In the day centre service users enjoyed making festival decorations, pizza making, baking cakes, making homemade pizzas, having relaxing hand massages, having their nails painted and joining in with armchair based exercises.

Through the year we have held BBQs outside the day centre for our service users sitting under a gazebo listening to music enjoying fresh cooked BBQ food. All festivals are celebrated in the day centre this can involve making decorations, putting decorations up and eating certain foods which relate to that festival.

We fundraised for a dishwasher in the day centre and are happy to say we received all funds within two weeks. This dishwasher has made a huge difference for the day centre and is used daily.

We signed up to Redbridge Lottery which allows carers to purchase tickets at only £1 to win amazing prizes. From each ticket purchased Redbridge Respite Care receives a percentage of funds raised.

Due to the sad passing of a service user in the day centre the family kindly organised a Go Fund Me page which was set up to donate to us instead of purchasing flowers. With this money raised we purchased two dining tables and eight dining chairs for our day centre as well as numerous activities for the day centre and outreach.

We organised a twenty-week programme from fit to fun to allow our service users to attend a golf session once a week with a trained coach. This was enjoyed by all as many of our service users used to play golf many years ago.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2025

Our new bookkeeper set up a Just Giving page for our charity for past carers, service users and public to donate, we are very pleased to say so far, we have raised £555 and its still ongoing.

We continue to work alongside New City College providing placements for Health and social Care students. Throughout the year we have had 4 students working alongside our support staff giving the students experience, confidence and knowledge of those with dementia. All students completed their placement's which helped towards their course.

Volunteers are vital for our charity, and we continue to promote for new volunteers. We currently have 6 volunteers who help in the day centre and outreach. Roles of the volunteers range from cooking, engaging with activities, befriending services users in their homes and help fundraising for our charity.

A project which we applied for called Lunch & Laughter club for senior citizens in the borough of Barking & Dagenham came to an end August 2024. This project was extremely successful providing a warm place for those to attend and have a home cooked lunch provided as well as doing various activities on that day. This project allowed senior citizens to meet those within their community and make lifelong friends.

All staff and volunteers have completed relevant training and had refresher courses in both the day centre and outreach.

We received an extension for one year from London Borough of Redbridge from 1st February 2025 till 31st January 2026.

All projects are very successful supporting numerous carers and service users within the local community and surrounding boroughs.

I would like to thank all staff, volunteers, students and board of trustees for their dedication towards our charity and making it successful for another year.

Financial Review

The charity recorded a deficit for the year of £29,627 compared to a surplus of £15,116 in the previous year. This was principally the result of prior year restricted funding being utilised. Total income decreased by £71,074 or just over 22%, while total expenditure fell by £26,331 (8.5%).

Reserves Policy

At the year-end the charity had total funds of £98,802 of which £96,707 are unrestricted and £2,095 are restricted.

The trustees' policy on reserves is to retain a Closure Reserve of £30,000 (representing funds earmarked to cover expenditure should the charity be forced to cease operation) and a General Reserve equivalent to three months operating costs (currently £70,000) to ensure an orderly winding down of services in the event funding was withdrawn.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2025**

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:


- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 8th October 2025 and signed on its behalf by:



**Mrs S A Flinn
Chairperson**

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company reg no. 02551338. Registered Charity no. 1002873.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

I report to the charity trustees on the accounts of the charitable company for the year ended 31 March 2025, which are set out on pages 8 to 16.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be



Mr Daniel M Valentine ACA

Begbies
Chartered Accountants
Unit 14, Park Barn
Evegate Business Park
Smeeth
Ashford
Kent TN25 6SX

8th October 2025

THE REDBRIDGE RESPITE CARE ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2025

	Note	Restricted Funds £	Unrestricted Funds £	2025 £	Restricted Funds £	Unrestricted Funds £	2024 £
Income from:							
Donations and legacies							
Donations and gift aid		-	4,421	4,421	-	2,428	2,428
Grants received	2	90,773	375	91,148	159,858	14,125	173,983
Charitable activities							
Services provided	3	-	154,260	154,260	-	144,787	144,787
Investments							
Interest received		-	436	436	-	141	141
Total income		90,773	159,492	250,265	159,858	161,481	321,339
Expenditure on:							
Charitable activities	4	160,067	119,825	279,892	139,697	166,526	306,223
Total expenditure		160,067	119,825	279,892	139,697	166,526	306,223
Net movement in funds		(69,294)	39,667	(29,627)	20,161	(5,045)	15,116
Reconciliation of funds:							
Total funds brought forward		71,389	57,040	128,429	51,228	62,085	113,313
Total funds carried forward		2,095	96,707	98,802	71,389	57,040	128,429

The notes on pages 10 to 16 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company reg no. 02551338. Registered Charity no. 1002873.

BALANCE SHEET AS AT 31 MARCH 2025

	Notes	2025 £	2024 £
FIXED ASSETS:			
Tangible assets	8	5,128	4,881
Intangible assets	9	127	169
CURRENT ASSETS:			
Debtors	10	2,735	4,967
Cash at bank and in hand		112,900	145,476
Total current assets		<u>115,635</u>	<u>150,443</u>
LIABILITIES:			
Creditors: amounts falling due within one year:	11	(22,088)	(27,064)
Net current assets		<u>93,547</u>	<u>123,379</u>
NET ASSETS		<u><u>98,802</u></u>	<u><u>128,429</u></u>
THE FUNDS OF THE CHARITY:			
Restricted funds	13	2,095	71,389
Unrestricted funds	13		
- Closure reserve		30,000	30,000
- General reserve		66,707	27,040
		<u>96,707</u>	<u>57,040</u>
TOTAL CHARITY FUNDS	13	<u><u>98,802</u></u>	<u><u>128,429</u></u>

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 8th October 2025 and signed on their behalf.



Mrs S A Flinn - Chairperson

The notes on pages 10 to 16 form part of these financial statements.

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Intangible - website - 25% per annum reducing balance

Tangible - fixtures, fittings and equipment - 25% per annum reducing balance

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. GRANTS RECEIVED	Restricted £	Unrestricted £	2025 £	Restricted £	Unrestricted £	2024 £
City Bridge Trust	48,125	-	48,125	61,905	-	61,905
Essex Community Foundation	-	-	-	600	-	600
Inman Charity, The	-	-	-	-	5,000	5,000
London Catalyst	-	-	-	2,800	-	2,800
Making a Difference Locally	-	-	-	-	500	500
National Lottery Community Fund						
- Care 2 Care Project	42,648	-	42,648	84,553	-	84,553
- Lunch and Laughter Social Club	-	-	-	10,000	-	10,000
Redbridge Voluntary Care	-	-	-	-	7,500	7,500
Tesco Community grant	-	375	375	-	1,125	1,125
	90,773	375	91,148	159,858	14,125	173,983

3 INCOME FROM CHARITABLE ACTIVITIES	Restricted £	Unrestricted £	2025 £	Restricted £	Unrestricted £	2024 £
Services supplied under contractual arrangements						
- London Borough of Redbridge	-	139,807	139,807	-	130,423	130,849
Other services	-	14,453	14,453	-	14,364	8,146
	-	154,260	154,260	-	144,787	138,995

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	2025 £	2024 £
Wages and salaries (note 5)	204,916	231,265
Pension provider costs	331	331
Payroll services	3,760	3,623
Staff travel	6,670	5,227
Staff training	1,317	2,448
Client care	28,660	23,642
Cleaning	312	638
Rent	13,200	13,200
Business and water rates	1,203	1,032
Light and heat	2,517	2,865
Telephone	1,972	1,145
Other premises expenses	623	520
Insurance	2,447	2,148
Printing, postage and stationery	1,352	1,296
Maintenance and equipment	(610)	1,934
Subscriptions	781	580
Computer and software costs	1,086	201
Website costs	1,175	1,080
Bank interest and charges	365	269
Sundry expenses	2,098	6,595
Depreciation	1,685	1,627
Amortisation	42	57
	275,902	301,723
Governance costs:-		
Accountancy & independent examiner's fees	3,990	4,500
	279,892	306,223
Allocated as following:-		
Restricted	160,067	139,697
Unrestricted	119,825	166,526
	279,892	306,223

5. EMPLOYEES

	2025 £	2024 £
Gross salaries	197,728	221,129
Social security costs (less Employment Allowance)	4,411	6,907
Pension costs	2,777	3,229
	204,916	231,265

The charity had 18 employees during the year to 31 March 2025 (2024: 20 employees)

No employee received employee benefits of more than £60,000 (2024: nil).

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

6. TAXATION

As a charity, The Redbridge Respite Care Association is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2024: nil).

7. TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees consider they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. None of the trustees received remuneration (2024: £nil).

Expenses of £70 were reimbursed to one trustee during the year (2024: £nil).

There were no other related party transactions.

8. TANGIBLE ASSETS

**Fixtures,
fittings &
equipment
£**

COST

At 1 April 2024

27,004

Additions

1,932

At 31 March 2025

28,936

DEPRECIATION

At 1 April 2024

22,123

Charge for the year

1,685

At 31 March 2025

23,808

NET BOOK VALUE

At 31 March 2025

5,128

At 31 March 2024

4,881

9. INTANGIBLE ASSETS

**Website
£**

COST

At 1 April 2024

2,040

At 31 March 2025

2,040

DEPRECIATION

At 1 April 2024

1,871

Charge for the year

42

At 31 March 2025

1,913

NET BOOK VALUE

At 31 March 2025

127

At 31 March 2024

169

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

10. DEBTORS

	2025	2024
	£	£
Debtors	1,294	908
Prepayments and accrued income	1,441	4,059
	2,735	4,967

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Staff pensions	530	846
Accruals	21,558	26,218
	22,088	27,064

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2025			2024		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Funds	Funds	Funds	Funds	Funds	Funds
	£	£	£	£	£	£
Fixed assets	5,255	-	5,255	5,050	-	5,050
Net current assets	91,452	2,095	93,547	51,990	71,389	123,379
	96,707	2,095	98,802	57,040	71,389	128,429

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

13. MOVEMENT IN FUNDS

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
Restricted funds:					
City Bridge Trust	28,400	48,125	(76,525)	-	-
National Lottery Community Fund					
- Care 2 Care Project	36,000	42,648	(78,648)	-	-
- Lunch and Laughter Social Club	3,500	-	(3,500)	-	-
House fund	3,489	-	(1,394)	-	2,095
	71,389	90,773	(160,067)	-	2,095
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	27,040	159,492	(119,825)	-	66,707
	57,040	159,492	(119,825)	-	96,707
	128,429	250,265	(279,892)	-	98,802

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Restricted funds:					
City Bridge Trust	7,250	61,905	(40,755)	-	28,400
Essex Community Foundation	-	600	(600)	-	-
National Lottery Community Fund					
- Care 2 Care Project	36,667	84,553	(85,220)	-	36,000
- Lunch and Laughter Social Club	-	10,000	(6,500)	-	3,500
London Catalyst	-	2,800	(2,800)	-	-
House fund	7,311	-	(3,822)	-	3,489
	51,228	159,858	(139,697)	-	71,389
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	32,085	161,481	(166,526)	-	27,040
	62,085	161,481	(166,526)	-	57,040
	113,313	321,339	(306,223)	-	128,429

City Bridge Trust - towards the costs of a p/t Family Liaison Officer and p/t Wellbeing Support Worker and associated project costs to deliver an empowering wellbeing service to carers and people with dementia in Redbridge.

National Lottery Community Fund Care 2 Care - funding for a project which offers respite to carers, to enable them to feel secure knowing their loved one is cared for at home allowing them to go out and meet friends, get back to their hobbies and interests and take much needed respite for themselves.

National Lottery Community Fund Lunch & Laughter Social Club - funding to run a weekly lunch club for older people who are experiencing loneliness. The project aims to provide a warm space for people to come together and build friendship.

Essex Community Fund - funding for an activity table.

London Catalyst - funding for Treasured memories - support for unpaid carers.

House fund - private donation to be spent on service users and their daily activities.