

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company Number : 02551338

Registration Charity Number : 1002873

ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

THE REDBRIDGE RESPITE CARE ASSOCIATION

INDEX

	Page
Reference and administrative information	1
Trustees' Annual Report	2-7
Independent examiner's report	8
Statement of financial activities	9
Balance Sheet	10
Notes to the accounts	11-17

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024**

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Sandra Flinn (Chairperson)
Patrick Bullman
Angela Evans
David Jones (Treasurer)
Barbara Wermerling (resigned 16 October 2023)
Keely Woods
Pat Young (resigned 16 October 2023)

Company registration number
02551338

Registered Charity number
1002873

Registered office
Respite House
48 Padnall Road
Chadwell Heath
Essex RM6 5BJ

Website
www.redbridgerespitecare.org

Independent examiner
Daniel Valentine, ACA, Begbies Chartered Accountants, Unit 14, Park Barn, Evegate Business Park, Smeeth
Ashford TN25 6SX

Bankers
NatWest Bank – Chadwell Heath Branch

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024**

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 31 March 2024.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) published on 16 July 2014.

Objectives and activities for the public benefit

The charitable company was incorporated on 24 October 1990 and became a registered charity on 10 May 1991. Its objectives are to provide a service in support of persons suffering from mental illness who live in the London Borough of Redbridge and surrounding local authorities by providing staff who will enable the relatives, friends and others who have the primary responsibility for supporting such persons to have temporary relief from their responsibilities on a regular basis and thereby to enhance the stability and quality of the living environment of such persons (ii) to relieve or assist in the relief of people who are suffering, have suffered, or are at risk of suffering from any form of mental illness by providing, or contributing to the provision of, such services as may, from time to time, be considered appropriate

We employ fully trained support workers who provide care and information tailored to peoples' needs, which includes support at home and a day centre for people living with dementia. Our services are free of charge for Redbridge residents. For people living outside Redbridge, we provide services at competitive rates.

We support people with mental health issues, including people living with dementia, through personally targeted support, tailored to their needs, thus providing independence and well-being.

We also provide respite services to the carers of people with mental health problems living in the community.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Organisation, Structure and Governance

Redbridge Respite Care Association is a charitable company limited by guarantee. It is governed by its Memorandum and Articles of Association. The trustees and directors are listed on page 1.

The charitable company is managed by the Management Committee which comprises all the trustees/directors and has the power to appoint trustees/directors at any time. The maximum number of committee members is twelve and the minimum three. All members retire at every Annual General Meeting and are eligible for re-election.

The charity's Service Manager also attends the Management Committee meetings.

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024**

Chairperson's Report

We have completed another successful year despite some difficulties. It was agreed to put some of our reserve funds to good use and our treasurer was asked to find a suitable savings account or similar to achieve this result. Eventually he found a Liquidity Manager Account which would yield 1.61% PA but would require 35 days' notice if a withdrawal was necessary, so £15,000 was invested.

We were lucky to receive funds from a local charity which ceased to function on the understanding it was used for the benefit of Redbridge residents. Our successful application to our local Tesco Supermarket resulted in funding of £1,500.

A coronation party was held on 15th May but was not as well attended as previous events, so we will have to think seriously about funding this type of event in the future. A lunch and laughter club for lonely elderly residents of Barking and Dagenham where we are actually situated was begun and was very successful. A film afternoon was arranged and enjoyed by all who attended but proved very expensive and the charity facilities we hired has since closed so unfortunately it seems unlikely we will be able to repeat it. Our Service's Manager has continued to book various activities for our clients including Fit 4 Fun and Golfing sessions at a local facility.

The Stronger Together project supporting Carers has continued to attract funding for which we are very grateful.

Last year we thought we might be issued with a compulsory purchase order but thank goodness this is no longer a threat as the local borough has decided to upgrade the adjoining premises as a youth facility which should be ready for use in late 2024 or early 2025 and we have been able to build a good relationship with those working on the site. Two Trustees and a Staff member attended a planning meeting.

We realised it was necessary to update our Mem and Arts. And much time was spent in getting this right including updating the language to reflect changes in society. This took a lot longer than anticipated but the amended documents were agreed in the spring of 2024 along with a change of title from Chairman to Chairperson, and the necessary bodies were advised. One of our Trustee was able to log onto the new Charity Commission Website, My Charity Account so hopefully our continued contact will be successful in the future.

Unfortunately, two Trustees stood down at the 2023 AGM and we are still trying to replace them but it is not easy these days as not many people can afford or have the time to do voluntary work.

Staff training has continued to be updated as necessary including the appointing of fire Marshall's. The staff continue to provide an outstanding service led by our Service's Manager who works very hard to provide an above average facility for our clients and those they care for. We give our thanks to them all and look forward to providing another year of much needed respite to all the Carers who need this facility.

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024**

Service Manager's Report

Redbridge Respite Care Association has had another successful year. Continuing to provide respite and support to those who need it within our community and surrounding Boroughs.

We continue to work closely alongside voluntary organisations, social prescribing teams, Redbridge support service, Age UK, GP surgeries, NELFT, Social workers and event organisers.

As a charity we continue to receive a high number of referrals on a daily basis for our much-needed services. We still work closely with social prescribing teams and GPs who promotes our services to their patients.

Throughout the year we have attended several events promoting our services to our local neighbourhood communities and surrounding boroughs. These events have been very successful and knowledgeable.

As a charity we continue to provide our service users, local authority, voluntary organisations, DRs and social prescribers our quarterly newsletter. These newsletters inform those receiving our service of upcoming events, trips, special days planned as well as advice, information and updated events.

We attended an event hosted by Ian Duncan smith MP Older people's fair at Sir James Hawkey Hall to promote our services and meet other organisations. We also attend the National Prescribing day at Ilford to celebrate the social prescribing team and to promote the services we provide.

As a charity we hosted a Kings Coronation party outside our Day centre to celebrate the coronation of our new King. This involved all our service users and local community. We provided a live singer, BBQ, cake stalls and raffles. This day was thoroughly enjoyed by all even though the weather was not on our side. To help with this party our local store Nisa donated a £500 to help with costs.

We applied to Essex Community Foundation for grants to help us purchase an activity table for our service users. We were awarded £600 towards the cost and I'm very pleased to say we have purchased the table. This has made a huge impact on our service users in the day centre as they can play games specially designed for dementia and they are on a large touch screen. This helps build confidence, provides stimulation and helps keep their minds active.

This year we attended a trip to Pollhill Garden centre in Kent. This was for all service users and carers to enjoy a day out that was Christmas themed. We also took service users and carers to the theatre to see Dolly Parton 9-5. This was enjoyed by all.

We also attended Clacton-on-Sea and Brighton, this was thoroughly enjoyed by both carers and services users.

We are continuing to work with New City College providing work placements for Health and Social care students. These placements give the students experience working alongside those with dementia and gives them confidence and experience they need to continue their education.

Two new members of staff have been employed alongside three new volunteers to help those who need our services.

Our Care 2 Care project that is funded by National Lottery is still successful and provides respite to 60 carers for year one and 80 carers in year 2. This is being run by Gurprit and Deana and four support

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024**

workers. Support workers who work on this project provide respite once a week to those in peoples homes giving the carer the respite they so desperately need. This is a highly successful project and we receive numerous referrals from people wanting this service.

Our Short-term Break for people with dementia and mental health needs is funded by London Borough of Redbridge, this has successfully delivered 9,998 and 13,728 hours over the last year on respite/ day centre. These hours have provided a much-needed respite for unpaid carers as well as providing wellbeing support to our service users. The service continues to receive a high number of referrals daily.

We have received an extension for 1 year from London Borough of Redbridge from 1st February 2024 to 31st January 2025

Carers Unite funded by Awards for All, National Lottery; delivering monthly coffee mornings and drop-in sessions for carers became popular within the community. The venue was Ilford library being central to everybody in Redbridge. On these coffee mornings we had several guest speakers attend giving advice and information on services in the borough. This project has now ended, and we are currently looking for new funders to fund this coffee morning again.

Stronger Together project funded by City Bridge Trust, we provided the following:-

Over the last year we have recruited 5 Volunteers.

Wednesdays – fortnightly sing & socialise & Fortnightly wellbeing walks in the local area. We have had 45 Attendees and carers.

Thursdays – Different activities for physical and mental health wellbeing.

We have had 60 Attendees and carers.

We have organised the following trips:-

Boat trip, forest picnic, music hall theatre show, Cat café, cinema, bowling, afternoon tea, lunches out, farm visit and homing pigeon visit, crazy golf, Queen Elizabeth Hunting Lodge, Meadow Croft Christmas market, forest picnic and walks in the local area.

We have delivered many different activities for our attendees and their carers, such as:-

Beauty session, Coronation party, making truffles, arts and crafts, mediation, therapy dog visit, theatre company performances, dementia friendly shows, armchair exercise, gardening, sewing, creative writing, celebrating birthdays, summer BBQ and party, Christmas party with a nursery choir, various board games and culture days and food tasting.

We were awarded a grant from National lottery community fund for a social club called the Lunch & Laughter social club. This was for senior citizens living in Barking and Dagenham to attend once a week who were lonely, this would involve a home cooked lunch, provide activities, meet new friends and improve their mental health and well-being and get them back into their community. This project has been very successful and in high demand. Attendees have now made long life friendships and now talk and meet up outside of the group. This project has allowed us to support 50+ senior citizens and help improve their social, lives.

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024**

We continue to fund raise through Redbridge Lottery and have so far raised £1,000 towards our charity. I would personally like to say a huge thank you to all the staff and volunteers at Redbridge Respite Care Association for their continued passion and commitment to our charity. I would also like to say a huge thank you to Deana and Gurprit for their devotion and dedication for the charity by securing many funding applications throughout the year and delivering the Care2Care project. This has been a lifeline to carers and their loved ones. I would also like to thank Kayley and her team delivering the Stronger Together project. This project has had a massive impact on both carers and service user lives.

Thank you to the board of Trustees for their continued support and dedication towards the charity.

Treasurer's Report

Fortunately, our main funders, the London Borough of Redbridge, the National Lottery and the City Bridge Trust, have continued to support us.

In addition, we receive minor support from the Redbridge Lottery and Pay-Pal giving. Occasionally, small donations come our way.

With the benefit of our total funds, we have been able to continue to run respite services at the Day Centre, offering meals and activities; an Outreach service, offering support at home; and an Engaging service at a local church hall. For all three services, whilst a client is being entertained, then the carer is freed to do what they want, a double benefit.

The third part of our makeup is of course our excellent staff, without which, we could not function. They express care, consideration and empathy to our clients. Not always easy with people suffering with dementia or Alzheimer's. Their remuneration is now tied to the London Living Wage index.

Having supported my wife, in dealing with her mother, who succumbed to increasing dementia over four years before passing away. I have personally experienced the pain and strain of looking after a loved one. I am proud and pleased to volunteer my skills of administration and finance to such an organisation.

During the year the secretary and myself, actioned a complete overhaul of the organisation's Memorandum and Articles of Association. Thus, bringing the criteria and wording thoroughly up to date. The said document has been recorded to Companies House and the Charities Commissioners as required by statute.

I had hoped to have had a replacement Treasurer before the end of the financial year, but that person has had a change of mind. I am obliged to complete this year. However, the recent diagnosis that I have cataracts in both eyes means that I will be forced to stand down in the new year.

Financial Review

The charity recorded a surplus for the year of £15,116 compared to a surplus of £3,295 in the previous year. Total income increased by £60,957 or just over 23%, while total expenditure increased by £49,136 (19%).

**REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024**

Reserves Policy

At the year-end the charity had total funds of £128,429 of which £57,040 are unrestricted and £71,389 are restricted.

The trustees' policy on reserves is to retain a Closure Reserve of £30,000 (representing funds earmarked to cover expenditure should the charity be forced to cease operation) and a General Reserve equivalent to three months operating costs (currently £75,000) to ensure an orderly winding down of services in the event funding was withdrawn.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 21st October 2024 and signed on its behalf by:

Mrs S A Flinn
Chairperson



THE REDBRIDGE RESPITE CARE ASSOCIATION

Company reg no. 02551338. Registered Charity no. 1002873.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

I report to the charity trustees on the accounts of the charitable company for the year ended 31 March 2024, which are set out on pages 9 to 17.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Daniel M Valentine ACA

Begbies
Chartered Accountants
Unit 14, Park Barn
Evegate Business Park
Smeeth
Ashford
Kent TN25 6SX

Date: 24/10/2024

THE REDBRIDGE RESPITE CARE ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted Funds £	Unrestricted Funds £	2024 £	Restricted Funds £	Unrestricted Funds £	2023 £
Income from:							
Donations and legacies							
Donations and gift aid		-	2,428	2,428	-	1,497	1,497
Grants received	2	159,858	14,125	173,983	99,690	20,000	119,690
Charitable activities							
Services provided	3	-	144,787	144,787	-	138,995	138,995
Other -							
Interest received		-	141	141	-	-	-
Miscellaneous income		-	-	-	-	200	200
Total income		159,858	161,481	321,339	99,690	160,692	260,382
Expenditure on:							
Raising funds							
Professional fund-raising costs		-	-	-	-	4,590	4,590
Charitable activities	4	139,697	166,526	306,223	79,201	173,296	252,497
Total expenditure		139,697	166,526	306,223	79,201	177,886	257,087
Net movement in funds		20,161	(5,045)	15,116	20,489	(17,194)	3,295
Reconciliation of funds:							
Total funds brought forward		51,228	62,085	113,313	30,739	79,279	110,018
Total funds carried forward		71,389	57,040	128,429	51,228	62,085	113,313

The notes on pages 11 to 17 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company reg no. 02551338. Registered Charity no. 1002873.

BALANCE SHEET AS AT 31 MARCH 2024

	Notes	£	2024	£	2023	£
FIXED ASSETS:						
Tangible assets	8			4,881		2,202
Intangible assets	9			169		226
CURRENT ASSETS:						
Debtors	10		4,967		372	
Cash at bank and in hand			145,476		135,952	
Total current assets			150,443		136,324	
LIABILITIES:						
Creditors: amounts falling due within one year:	11	(27,064)		(25,439)		
Net current assets				123,379		110,885
NET ASSETS				128,429		113,313
THE FUNDS OF THE CHARITY:						
Restricted funds	13			71,389		51,228
Unrestricted funds	13					
- Closure reserve		30,000			30,000	
- General reserve		27,040			32,085	
				57,040		62,085
TOTAL CHARITY FUNDS	13			128,429		113,313

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 21st October 2024 and signed on their behalf.

Mrs S A Flinn - Chairperson



The notes on pages 11 to 17 form part of these financial statements.

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Intangible - website - 25% per annum reducing balance

Tangible - fixtures, fittings and equipment - 25% per annum reducing balance

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. GRANTS RECEIVED	Restricted £	Unrestricted £	2024 £	Restricted £	Unrestricted £	2023 £
City Bridge Trust	61,905	-	61,905	57,785	-	57,785
Essex Community Foundation	600	-	600	-	-	-
Garfield Weston Foundation	-	-	-	-	20,000	20,000
Inman Charity, The	-	5,000	5,000	-	-	-
London Catalyst	2,800	-	2,800	-	-	-
Making a Difference Locally	-	500	500	-	-	-
National Lottery Community Fund						
- Care 2 Care Project	84,553	-	84,553	41,905	-	41,905
- Lunch and Laughter Social Club	10,000	-	10,000	-	-	-
Redbridge Voluntary Care	-	7,500	7,500	-	-	-
Tesco Community grant	-	1,125	1,125	-	-	-
	159,858	14,125	173,983	99,690	20,000	119,690

3 INCOME FROM CHARITABLE ACTIVITIES	Restricted £	Unrestricted £	2024 £	Restricted £	Unrestricted £	2023 £
Services supplied under contractual arrangements						
- London Borough of Redbridge	-	130,423	130,423	-	130,849	130,849
Other services	-	14,364	14,364	-	8,146	8,146
	-	144,787	144,787	-	138,995	138,995

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	2024 £	2023 £
Wages and salaries (note 5)	231,265	192,818
Pension provider costs	331	317
Payroll services	3,623	3,588
Staff travel	5,227	3,485
Staff training	2,448	2,016
Recruitment	-	60
Client care	23,642	16,677
Cleaning	638	901
Rent	13,200	13,200
Business and water rates	1,032	887
Light and heat	2,865	1,133
Telephone	1,145	779
Other premises expenses	520	729
Insurance	2,148	2,028
Printing, postage and stationery	1,296	2,860
Maintenance and equipment	1,934	163
Subscriptions	580	457
Computer and software costs	201	847
Website costs	1,080	905
Marketing and advertising	-	87
Bank interest and charges	269	355
Sundry expenses	6,595	2,592
Depreciation	1,627	734
Amortisation	57	76
	301,723	247,694
Governance costs:-		
Accountancy & independent examiner's fees	4,500	4,803
	306,223	252,497
Allocated as following:-		
Restricted	139,697	79,201
Unrestricted	166,526	173,296
	306,223	252,497

5. EMPLOYEES

	2024 £	2023 £
Gross salaries	221,129	185,906
Social security costs (less Employment Allowance)	6,907	4,459
Pension costs	3,229	2,453
	231,265	192,818

The charity had 20 employees during the year to 31 March 2024 (2023: 18 employees)

No employee received employee benefits of more than £60,000 (2023: nil).

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

6. TAXATION

As a charity, The Redbridge Respite Care Association is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2023: nil).

7. TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees consider they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. None of the trustees received remuneration or were reimbursed expenses during the year (2023: no trustee and £nil of expenses).

There were no other related party transactions.

8. TANGIBLE ASSETS

Fixtures,
fittings &
equipment
£

COST

At 1 April 2023

22,698

Additions

4,306

At 31 March 2024

27,004

DEPRECIATION

At 1 April 2023

20,496

Charge for the year

1,627

At 31 March 2024

22,123

NET BOOK VALUE

At 31 March 2024

4,881

At 31 March 2023

2,202

9. INTANGIBLE ASSETS

Website
£

COST

At 1 April 2023

2,040

At 31 March 2024

2,040

DEPRECIATION

At 1 April 2023

1,814

Charge for the year

57

At 31 March 2024

1,871

NET BOOK VALUE

At 31 March 2024

169

At 31 March 2023

226

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

10. DEBTORS	2024 £	2023 £
Debtors	908	36
Prepayments and accrued income	4,059	336
	<u>4,967</u>	<u>372</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2024 £	2023 £
Staff pensions	846	688
Accruals	26,218	24,751
	<u>27,064</u>	<u>25,439</u>

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2024			2023		
	Unrestricted Funds £	Restricted Funds £	Total Funds £	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fixed assets	5,050	-	5,050	2,428	-	2,428
Net current assets	51,990	71,389	123,379	59,657	51,228	110,885
	<u>57,040</u>	<u>71,389</u>	<u>128,429</u>	<u>62,085</u>	<u>51,228</u>	<u>113,313</u>

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

13. MOVEMENT IN FUNDS

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Restricted funds:					
City Bridge Trust	7,250	61,905	(40,755)	-	28,400
Essex Community Foundation	-	600	(600)	-	-
National Lottery Community Fund					
- Care 2 Care Project	36,667	84,553	(85,220)	-	36,000
- Lunch and Laughter Social Club	-	10,000	(6,500)	-	3,500
London Catalyst	-	2,800	(2,800)	-	-
House fund	7,311	-	(3,822)	-	3,489
	51,228	159,858	(139,697)	-	71,389
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	32,085	161,481	(166,526)	-	27,040
	62,085	161,481	(166,526)	-	57,040
	113,313	321,339	(306,223)	-	128,429
	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Restricted funds:					
City Bridge Trust	14,839	57,785	(65,374)	-	7,250
National Lottery	-	41,905	(5,238)	-	36,667
House fund	15,900	-	(8,589)	-	7,311
	30,739	99,690	(79,201)	-	51,228
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	49,279	160,692	(177,886)	-	32,085
	79,279	160,692	(177,886)	-	62,085
	110,018	260,382	(257,087)	-	113,313

City Bridge Trust - towards the costs of a p/t Family Liaison Officer and p/t Wellbeing Support Worker and associated project costs to deliver an empowering wellbeing service to carers and people with dementia in Redbridge.

National Lottery Community Fund Care 2 Care - funding for a project which offers respite to carers, to enable them to feel secure knowing their loved one is cared for at home allowing them to go out and meet friends, get back to their hobbies and interests and take much needed respite for themselves.

National Lottery Community Fund Lunch & Laughter Social Club - funding to run a weekly lunch club for older people who are experiencing loneliness. The project aims to provide a warm space for people to come together and build friendship.

Essex Community Fund - funding for an activity table.

London Catalyst - funding for Treasured memories - support for unpaid carers.

House fund - private donation to be spent on service users and their daily activities.

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: Respite House, 48 Padnall Road, Chadwell Heath, Essex, RM6 5BJ.

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.