THE REDBRIDGE RESPITE CARE ASSOCIATION

England & Wales · Charity number 1002873

Details

Other names	REDBRIDGE RESPITE CARE ASSOCIATION
Status	Registered
Legal form	Charitable company
Company number	02551338
Registered	1991-05-10
Register	View on the Charity Commission register

Contact

Address	Redbridge Respite 48 Padnall Road Romford RM6 5BJ
Phone	0208 599 0151
Email	info@redbridgerespitecare.org
Website	www.redbridgerespitecare.org

Activities

Objects: (I) TO PROVIDE A SERVICE IN SUPPORT OF PERSONS SUFFERING FROM MENTAL ILLNESS WHO LIVE IN THE LONDON BOROUGH OF REDBRIDGE AND SURROUNDING LOCAL AUTHORITIES BY PROVIDING STAFF WHO WILL ENABLE THE RELATIVES, FRIENDS AND OTHERS WHO HAVE THE PRIMARY RESPONSIBILITY FOR SUPPORTING SUCH PERSONS TO HAVE TEMPORARY RELIEF FROM THEIR RESPONSIBILITIES ON A REGULAR BASIS AND THEREBY TO ENHANCE THE STABILITY AND QUALITY OF THE LIVING ENVIRONMENT OF SUCH PERSONS (II) TO RELIEVE OR ASSIST IN THE RELIEF OF PEOPLE WHO ARE SUFFERING, HAVE SUFFERED, OR ARE AT RISK OF SUFFERING FROM ANY FORM OF MENTAL ILLNESS BY PROVIDING, OR CONTRIBUTING TO THE PROVISION OF, SUCH SERVICES AS MAY, FROM TIME TO TIME, BE CONSIDERED APPROPRIATE.

Activities: We provide support to people with Dementia and mental health problems and their carers, by providing a respite service and also a day centre facility.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities

Geography

- **Area of benefit:** LONDON BOROUGH OF REDBRIDGE AND SURROUNDING LOCAL AUTHORITIES
- Barking And Dagenham
- Redbridge

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£250,265	£279,892	-	-
2024-03-31	£321,339	£306,223	-	-
2023-03-31	£260,382	£257,087	-	-
2022-03-31	£230,240	£221,564	-	-
2021-03-31	£312,991	£194,596	-	-

Trustees

Name	Role	Appointed
Sandra Ann FLINN	Chair	2011-12-15
Charles Philip Ferguson		2024-10-21
Keely Georgina WOODS		2022-10-03
Sandra GALLAGHER		2024-10-21

Accounts

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company Number : 02551338

Registration Charity Number : 1002873

ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

THE REDBRIDGE RESPITE CARE ASSOCIATION

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REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2025

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Sandra Flinn (Chairperson)
Patrick Bullman (resigned 21 October 2024)
Angela Evans
Charles Philip Ferguson (appointed 21 October 2024)
Sandra Gallagher (appointed 21 October 2024)
David Jones
Keely Woods

Company registration number
02551338

Registered Charity number
1002873

Registered office
Respite House
48 Padnall Road
Chadwell Heath
Essex RM6 5BJ

Website
www.redbridgerespitecare.org

Independent examiner
Daniel Valentine, ACA, Begbies Chartered Accountants, Unit 14, Park Barn, Evegate Business Park, Smeeth Ashford TN25 6SX

Bankers
NatWest Bank – Chadwell Heath Branch

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 31 March 2025.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) published on 16 July 2014.

Objectives and activities for the public benefit

The charitable company was incorporated on 24 October 1990 and became a registered charity on 10 May 1991. Its objectives are to provide a service in support of persons suffering from mental illness who live in the London Borough of Redbridge and surrounding local authorities by providing staff who will enable the relatives, friends and others who have the primary responsibility for supporting such persons to have temporary relief from their responsibilities on a regular basis and thereby to enhance the stability and quality of the living environment of such persons (ii) to relieve or assist in the relief of people who are suffering, have suffered, or are at risk of suffering from any form of mental illness by providing, or contributing to the provision of, such services as may, from time to time, be considered appropriate

We employ fully trained support workers who provide care and information tailored to peoples' needs, which includes support at home and a day centre for people living with dementia. Our services are free of charge for Redbridge residents. For people living outside Redbridge, we provide services at competitive rates.

We support people with mental health issues, including people living with dementia, through personally targeted support, tailored to their needs, thus providing independence and well-being.

We also provide respite services to the carers of people with mental health problems living in the community.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Organisation, Structure and Governance

Redbridge Respite Care Association is a charitable company limited by guarantee. It is governed by its Memorandum and Articles of Association (revised October 2023). The trustees and directors are listed on page 1.

The charitable company is managed by the Management Committee which comprises all the trustees/directors and has the power to appoint trustees/directors at any time. The maximum number of committee members is twelve and the minimum three. All members retire at every Annual General Meeting and are eligible for re-election.

The charity's Service Manager also attends the Management Committee meetings.

Chairperson's Report

Our main funder remains the London Borough of Redbridge and the bulk of the funding goes towards providing the Day Centre, enabling carers to receive respite from their caring duties and also outreach support with those recovering from mental health issues. Our independent fund-raising efforts have been successful and allowed us to offer extra facilities to carers which are overseen by our project manager, these are usually short-term services lasting one to three years.

We continue to maintain the fabric of the premises, we rent and upgrade appliances as necessary for the comfort of our service users, this includes a new dishwasher. Our landlord has been unwell, and his affairs are currently being handled by his daughter. Displays are frequently changed to reflect the seasons and special occasions which are used to stimulate our clients.

Having got us back to a sound financial position our treasurer has stood down due to health reasons but thankfully will stay on as a trustee.

By restructuring the role, we now have a bookkeeper who will oversee our finances. We are still finding it very difficult to recruit new trustees, but we were joined mid-year by Mr. Phil Ferguson, a person known by our secretary and bookkeeper.

The service manager continues to make sure that staff training and certification is kept up to date and maintains a presence at healthcare events in and around our Borough. New contracts make sure that staff receive at least the new rates of London living wage despite getting no uplift from our council contract which is often extended rather than re-negotiated meaning that funding is soon at unrealistic levels for the expected service. This has happened again and so we have made changes which mean we will not run at a loss.

By using our funds wisely and carefully we are trying to accrue a closure fund which will be used to cover costs should we cease to operate which is something we used to have but which got used when we had financial difficulties a few years ago. Our current accountancy service agrees this is a good idea, although it will take some time to achieve.

There have been discussions with Barking & Dagenham council regarding the adjoining building which is being refurbished and is expected to open later in 2025 as a youth centre; the surrounding area is also being refurbished and we asked if it were possible to have a dropped kerb making access easier for our clients but are still awaiting a decision. Concerns were raised regarding government proposals about zero hours' contracts but as there are no changes at the moment this will be closely monitored.

Our Memorandum & Articles were finally updated and agreed and were uploaded. It was agreed that when holding online meetings in future we would use Teams as it was deemed more secure. We also agreed to meet on a bimonthly basis from September onwards as this would be less onerous for Trustees and staff alike, it was also hoped it would make attracting new trustees easier.

On behalf of the Board of Trustees I thank our staff and service manager for all their hard work throughout the past year and look forward to working with them all as we go forward in the future.

Service Manager's Report

Redbridge Respite Care Association has had another triumphant year.

We continue to provide respite and support to those who need it within our community and surrounding boroughs. We provide a dementia day centre four days a week for those diagnosed in Redbridge and we provide an outreach service for 2.5 hours each week in the homes of those who have dementia and mental health.

We resume to work closely alongside voluntary organisations, social prescribing teams, GP surgeries, NELFT, memory service, social workers, local communities and event organisers. We continue to receive a high number of referrals on a daily basis for our much need services.

Throughout the year we have attended numerous events to promote our much-needed services and to meet the local community. This gives us a great insight into what the community needs and wants.

We continue to provide our service users and local community with newsletters throughout the year keeping them updated on local events, updates on services and new projects we are providing as well as what we have been up to giving carers a look at what their loved ones have been doing while receiving our services.

As a charity we provided a trip to Brighton in the summer for service users and carers this was enjoyed by all. Carers enjoyed spending the day with their loved with the safe knowledge knowing that support staff are their if help is needed. Service users and carers enjoyed a walk on the beach, eating out at a restaurant and enjoyed the sights.

Our support workers continued to take our service users out for the day to bowling, the lake to feed the ducks, pub lunches for a 3-course meal, walks to the local parks to use the gym equipment. In the day centre service users enjoyed making festival decorations, pizza making, baking cakes, making homemade pizzas, having relaxing hand massages, having their nails painted and joining in with armchair based exercises.

Through the year we have held BBQs outside the day centre for our service users sitting under a gazebo listening to music enjoying fresh cooked BBQ food. All festivals are celebrated in the day centre this can involve making decorations, putting decorations up and eating certain foods which relate to that festival.

We fundraised for a dishwasher in the day centre and are happy to say we received all funds within two weeks. This dishwasher has made a huge difference for the day centre and is used daily.

We signed up to Redbridge Lottery which allows carers to purchase tickets at only £1 to win amazing prizes. From each ticket purchased Redbridge Respite Care receives a percentage of funds raised.

Due to the sad passing of a service user in the day centre the family kindly organised a Go Fund Me page which was set up to donate to us instead of purchasing flowers. With this money raised we purchased two dining tables and eight dining chairs for our day centre as well as numerous activities for the day centre and outreach.

We organised a twenty-week programme from fit to fun to allow our service users to attend a golf session once a week with a trained coach. This was enjoyed by all as many of our service users used to play golf many years ago.

Our new bookkeeper set up a Just Giving page for our charity for past carers, service users and public to donate, we are very pleased to say so far, we have raised £555 and its still ongoing.

We continue to work alongside New City College providing placements for Health and social Care students. Throughout the year we have had 4 students working alongside our support staff giving the students experience, confidence and knowledge of those with dementia. All students completed their placement's which helped towards their course.

Volunteers are vital for our charity, and we continue to promote for new volunteers. We currently have 6 volunteers who help in the day centre and outreach. Roles of the volunteers range from cooking, engaging with activities, befriending services users in their homes and help fundraising for our charity.

A project which we applied for called Lunch & Laughter club for senior citizens in the borough of Barking & Dagenham came to an end August 2024. This project was extremely successful providing a warm place for those to attend and have a home cooked lunch provided as well as doing various activities on that day. This project allowed senior citizens to meet those within their community and make lifelong friends.

All staff and volunteers have completed relevant training and had refresher courses in both the day centre and outreach.

We received an extension for one year from London Borough of Redbridge from 1st February 2025 till 31st January 2026.

All projects are very successful supporting numerous carers and service users within the local community and surrounding boroughs.

I would like to thank all staff, volunteers, students and board of trustees for their dedication towards our charity and making it successful for another year.

Financial Review

The charity recorded a deficit for the year of £29,627 compared to a surplus of £15,116 in the previous year. This was principally the result of prior year restricted funding being utilised. Total income decreased by £71,074 or just over 22%, while total expenditure fell by £26,331 (8.5%).

Reserves Policy

At the year-end the charity had total funds of £98,802 of which £96,707 are unrestricted and £2,095 are restricted.

The trustees' policy on reserves is to retain a Closure Reserve of £30,000 (representing funds earmarked to cover expenditure should the charity be forced to cease operation) and a General Reserve equivalent to three months operating costs (currently £70,000) to ensure an orderly winding down of services in the event funding was withdrawn.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 8th October 2025 and signed on its behalf by:

Mrs S A Flinn
Chairperson

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

I report to the charity trustees on the accounts of the charitable company for the year ended 31 March 2025, which are set out on pages 8 to 16.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2) the accounts do not accord with those accounting records; or
3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be

Mr Daniel M Valentine ACA
Begbies
Chartered Accountants
Unit 14, Park Barn
Evegate Business Park
Smeeth
Ashford
Kent TN25 6SX

8th October 2025

THE REDBRIDGE RESPITE CARE ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2025

	Note	Restricted Funds £	Unrestricted Funds £	2025 £	Restricted Funds £	Unrestricted Funds £	2024 £
Income from:							
Donations and legacies							
Donations and gift aid		-	4,421	4,421	-	2,428	2,428
Grants received	2	90,773	375	91,148	159,858	14,125	173,983
Charitable activities							
Services provided	3	-	154,260	154,260	-	144,787	144,787
Investments							
Interest received		-	436	436	-	141	141
Total income		90,773	159,492	250,265	159,858	161,481	321,339
Expenditure on:							
Charitable activities	4	160,067	119,825	279,892	139,697	166,526	306,223
Total expenditure		160,067	119,825	279,892	139,697	166,526	306,223
Net movement in funds		(69,294)	39,667	(29,627)	20,161	(5,045)	15,116
Reconciliation of funds:							
Total funds brought forward		71,389	57,040	128,429	51,228	62,085	113,313
Total funds carried forward		2,095	96,707	98,802	71,389	57,040	128,429

The notes on pages 10 to 16 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

BALANCE SHEET AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
FIXED ASSETS:					
Tangible assets	**8**		**5,128**		4,881
Intangible assets	**9**		**127**		169
CURRENT ASSETS:					
Debtors	**10**	**2,735**		4,967	
Cash at bank and in hand		**112,900**		145,476	
Total current assets		**115,635**		150,443	
LIABILITIES:					
Creditors: amounts falling due within one year:	**11**	**(22,088)**		(27,064)	
Net current assets			**93,547**		123,379
NET ASSETS			**98,802**		128,429
THE FUNDS OF THE CHARITY:					
Restricted funds	**13**		**2,095**		71,389
Unrestricted funds	**13**				
- Closure reserve		**30,000**		30,000	
- General reserve		**66,707**		27,040	
			96,707		57,040
TOTAL CHARITY FUNDS	**13**		**98,802**		128,429

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 8th October 2025 and signed on their behalf.

Mrs S A Flinn - Chairperson

The notes on pages 10 to 16 form part of these financial statements.

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Intangible - website - 25% per annum reducing balance

Tangible - fixtures, fittings and equipment - 25% per annum reducing balance

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. GRANTS RECEIVED

	Restricted £	**Unrestricted £**	**2025 £**	Restricted £	Unrestricted £	2024 £
City Bridge Trust	**48,125**	**-**	**48,125**	61,905	-	61,905
Essex Community Foundation	**-**	**-**	**-**	600	-	600
Inman Charity, The	**-**	**-**	**-**	-	5,000	5,000
London Catalyst	**-**	**-**	**-**	2,800	-	2,800
Making a Difference Locally	**-**	**-**	**-**	-	500	500
National Lottery Community Fund						
- Care 2 Care Project	**42,648**	**-**	**42,648**	84,553	-	84,553
- Lunch and Laughter Social Club	**-**	**-**	**-**	10,000	-	10,000
Redbridge Voluntary Care	**-**	**-**	**-**	-	7,500	7,500
Tesco Community grant	**-**	**375**	**375**	-	1,125	1,125
	90,773	**375**	**91,148**	159,858	14,125	173,983

3 INCOME FROM CHARITABLE ACTIVITIES

	Restricted £	**Unrestricted £**	**2025 £**	Restricted £	Unrestricted £	2024 £
Services supplied under contractual arrangements						
- London Borough of Redbridge	**-**	**139,807**	**139,807**	-	130,423	130,849
Other services	**-**	**14,453**	**14,453**	-	14,364	8,146
	-	**154,260**	**154,260**	-	144,787	138,995

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	2025 £	2024 £
Wages and salaries (note 5)	**204,916**	231,265
Pension provider costs	**331**	331
Payroll services	**3,760**	3,623
Staff travel	**6,670**	5,227
Staff training	**1,317**	2,448
Client care	**28,660**	23,642
Cleaning	**312**	638
Rent	**13,200**	13,200
Business and water rates	**1,203**	1,032
Light and heat	**2,517**	2,865
Telephone	**1,972**	1,145
Other premises expenses	**623**	520
Insurance	**2,447**	2,148
Printing, postage and stationery	**1,352**	1,296
Maintenance and equipment	**(610)**	1,934
Subscriptions	**781**	580
Computer and software costs	**1,086**	201
Website costs	**1,175**	1,080
Bank interest and charges	**365**	269
Sundry expenses	**2,098**	6,595
Depreciation	**1,685**	1,627
Amortisation	**42**	57
	275,902	301,723
Governance costs:-		
Accountancy & independent examiner's fees	**3,990**	4,500
	279,892	306,223
Allocated as following:-		
Restricted	**160,067**	139,697
Unrestricted	**119,825**	166,526
	279,892	306,223

5. EMPLOYEES

	2025 £	2024 £
Gross salaries	**197,728**	221,129
Social security costs (less Employment Allowance)	**4,411**	6,907
Pension costs	**2,777**	3,229
	204,916	231,265

The charity had 18 employees during the year to 31 March 2025 (2024: 20 employees)

No employee received employee benefits of more than £60,000 (2024: nil).

6. TAXATION

As a charity, The Redbridge Respite Care Association is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2024: nil).

7. TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees consider they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. None of the trustees received remuneration (2024: £nil).

Expenses of £70 were reimbursed to one trustee during the year (2024: £nil).

There were no other related party transactions.

8. TANGIBLE ASSETS

	Fixtures, fittings & equipment £
COST	
At 1 April 2024	27,004
Additions	1,932
At 31 March 2025	**28,936**
DEPRECIATION	
At 1 April 2024	22,123
Charge for the year	1,685
At 31 March 2025	**23,808**
NET BOOK VALUE	
At 31 March 2025	**5,128**
At 31 March 2024	4,881

9. INTANGIBLE ASSETS

	Website £
COST	
At 1 April 2024	2,040
At 31 March 2025	**2,040**
DEPRECIATION	
At 1 April 2024	1,871
Charge for the year	42
At 31 March 2025	**1,913**
NET BOOK VALUE	
At 31 March 2025	**127**
At 31 March 2024	169

10. DEBTORS

	2025	2024
	£	£
Debtors	**1,294**	908
Prepayments and accrued income	**1,441**	4,059
	2,735	4,967

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Staff pensions	**530**	846
Accruals	**21,558**	26,218
	22,088	27,064

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2025			2024		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**	Unrestricted Funds	Restricted Funds	Total Funds
	£	**£**	**£**	£	£	£
Fixed assets	**5,255**	**-**	**5,255**	5,050	-	5,050
Net current assets	**91,452**	**2,095**	**93,547**	51,990	71,389	123,379
	96,707	**2,095**	**98,802**	57,040	71,389	128,429

13. MOVEMENT IN FUNDS

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
Restricted funds:					
City Bridge Trust	28,400	48,125	(76,525)	-	-
National Lottery Community Fund					
- Care 2 Care Project	36,000	42,648	(78,648)	-	-
- Lunch and Laughter Social Club	3,500	-	(3,500)	-	-
House fund	3,489	-	(1,394)	-	2,095
	71,389	90,773	(160,067)	-	2,095
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	27,040	159,492	(119,825)	-	66,707
	57,040	159,492	(119,825)	-	96,707
	128,429	250,265	(279,892)	-	98,802

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
Restricted funds:					
City Bridge Trust	7,250	61,905	(40,755)	-	28,400
Essex Community Foundation	-	600	(600)		-
National Lottery Community Fund					
- Care 2 Care Project	36,667	84,553	(85,220)	-	36,000
- Lunch and Laughter Social Club	-	10,000	(6,500)	-	3,500
London Catalyst	-	2,800	(2,800)	-	-
House fund	7,311	-	(3,822)	-	3,489
	51,228	159,858	(139,697)	-	71,389
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	32,085	161,481	(166,526)	-	27,040
	62,085	161,481	(166,526)	-	57,040
	113,313	321,339	(306,223)	-	128,429

City Bridge Trust - towards the costs of a p/t Family Liaison Officer and p/t Wellbeing Support Worker and associated project costs to deliver an empowering wellbeing service to carers and people with dementia in Redbridge.

National Lottery Community Fund Care 2 Care - funding for a project which offers respite to carers, to enable them to feel secure knowing their loved one is cared for at home allowing them to go out and meet friends, get back to their hobbies and interests and take much needed respite for themselves.

National Lottery Community Fund Lunch & Laughter Social Club - funding to run a weekly lunch club for older people who are experiencing loneliness. The project aims to provide a warm space for people to come together and build friendship.

Essex Community Fund - funding for an activity table.

London Catalyst - funding for Treasured memories - support for unpaid carers.

House fund - private donation to be spent on service users and their daily activities.

Accounts

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company Number : 02551338

Registration Charity Number : 1002873

ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

THE REDBRIDGE RESPITE CARE ASSOCIATION

INDEX

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Sandra Flinn (Chairperson)
Patrick Bullman
Angela Evans
David Jones (Treasurer)
Barbara Wermerling (resigned 16 October 2023)
Keely Woods
Pat Young (resigned 16 October 2023)

Company registration number
02551338

Registered Charity number
1002873

Registered office
Respite House
48 Padnall Road
Chadwell Heath
Essex RM6 5BJ

Website
www.redbridgerespitecare.org

Independent examiner
Daniel Valentine, ACA, Begbies Chartered Accountants, Unit 14, Park Barn, Evegate Business Park, Smeeth Ashford TN25 6SX

Bankers
NatWest Bank – Chadwell Heath Branch

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 31 March 2024.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) published on 16 July 2014.

Objectives and activities for the public benefit

The charitable company was incorporated on 24 October 1990 and became a registered charity on 10 May 1991. Its objectives are to provide a service in support of persons suffering from mental illness who live in the London Borough of Redbridge and surrounding local authorities by providing staff who will enable the relatives, friends and others who have the primary responsibility for supporting such persons to have temporary relief from their responsibilities on a regular basis and thereby to enhance the stability and quality of the living environment of such persons (ii) to relieve or assist in the relief of people who are suffering, have suffered, or are at risk of suffering from any form of mental illness by providing, or contributing to the provision of, such services as may, from time to time, be considered appropriate

We employ fully trained support workers who provide care and information tailored to peoples' needs, which includes support at home and a day centre for people living with dementia. Our services are free of charge for Redbridge residents. For people living outside Redbridge, we provide services at competitive rates.

We support people with mental health issues, including people living with dementia, through personally targeted support, tailored to their needs, thus providing independence and well-being.

We also provide respite services to the carers of people with mental health problems living in the community.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Organisation, Structure and Governance

Redbridge Respite Care Association is a charitable company limited by guarantee. It is governed by its Memorandum and Articles of Association. The trustees and directors are listed on page 1.

The charitable company is managed by the Management Committee which comprises all the trustees/directors and has the power to appoint trustees/directors at any time. The maximum number of committee members is twelve and the minimum three. All members retire at every Annual General Meeting and are eligible for re-election.

The charity's Service Manager also attends the Management Committee meetings.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024

Chairperson's Report

We have completed another successful year despite some difficulties. It was agreed to put some of our reserve funds to good use and our treasurer was asked to find a suitable savings account or similar to achieve this result. Eventually he found a Liquidity Manager Account which would yield 1.61% PA but would require 35 days' notice if a withdrawal was necessary, so £15,000 was invested.
We were lucky to receive funds from a local charity which ceased to function on the understanding it was used for the benefit of Redbridge residents. Our successful application to our local Tesco Supermarket resulted in funding of £1,500.

A coronation party was held on 15th May but was not as well attended as previous events, so we will have to think seriously about funding this type of event in the future. A lunch and laughter club for lonely elderly residents of Barking and Dagenham where we are actually situated was begun and was very successful. A film afternoon was arranged and enjoyed by all who attended but proved very expensive and the charity facilities we hired has since closed so unfortunately it seems unlikely we will be able to repeat it. Our Service's Manager has continued to book various activities for our clients including Fit 4 Fun and Golfing sessions at a local facility.

The Stronger Together project supporting Carers has continued to attract funding for which we are very grateful.
Last year we thought we might be issued with a compulsory purchase order but thank goodness this is no longer a threat as the local borough has decided to upgrade the adjoining premises as a youth facility which should be ready for use in late 2024 or early 2025 and we have been able to build a good relationship with those working on the site. Two Trustees and a Staff member attended a planning meeting.

We realised it was necessary to update our Mem and Arts. And much time was spent in getting this right including updating the language to reflect changes in society. This took a lot longer than anticipated but the amended documents were agreed in the spring of 2024 along with a change of title from Chairman to Chairperson, and the necessary bodies were advised. One of our Trustee was able to log onto the new Charity Commission Website, My Charity Account so hopefully our continued contact will be successful in the future.

Unfortunately, two Trustees stood down at the 2023 AGM and we are still trying to replace them but it is not easy these days as not many people can afford or have the time to do voluntary work.

Staff training has continued to be updated as necessary including the appointing of fire Marshall's. The staff continue to provide an outstanding service led by our Service's Manager who works very hard to provide an above average facility for our clients and those they care for. We give our thanks to them all and look forward to providing another year of much needed respite to all the Carers who need this facility.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024

Service Manager's Report

Redbridge Respite Care Association has had another successful year. Continuing to provide respite and support to those who need it within our community and surrounding Boroughs.

We continue to work closely alongside voluntary organisations, social prescribing teams, Redbridge support service, Age UK, GP surgeries, NELFT, Social workers and event organisers.

As a charity we continue to receive a high number of referrals on a daily basis for our much-needed services. We still work closely with social prescribing teams and GPs who promotes our services to their patients.

Throughout the year we have attended several events promoting our services to our local neighbourhood communities and surrounding boroughs. These events have been very successful and knowledgeable.

As a charity we continue to provide our service users, local authority, voluntary organisations, DRs and social prescribers our quarterly newsletter. These newsletters inform those receiving our service of upcoming events, trips, special days planned as well as advice, information and updated events.

We attended an event hosted by Ian Duncan smith MP Older people's fair at Sir James Hawkey Hall to promote our services and meet other organisations. We also attend the National Prescribing day at Ilford to celebrate the social prescribing team and to promote the services we provide.

As a charity we hosted a Kings Coronation party outside our Day centre to celebrate the coronation of our new King. This involved all our service users and local community. We provided a live singer, BBQ, cake stalls and raffles. This day was thoroughly enjoyed by all even though the weather was not on our side. To help with this party our local store Nisa donated a £500 to help with costs.

We applied to Essex Community Foundation for grants to help us purchase an activity table for our service users. We were awarded £600 towards the cost and I'm very pleased to say we have purchased the table. This has made a huge impact on our service users in the day centre as they can play games specially designed for dementia and they are on a large touch screen. This helps build confidence, provides stimulation and helps keep their minds active.

This year we attended a trip to Pollhill Garden centre in Kent. This was for all service users and carers to enjoy a day out that was Christmas themed. We also took service users and carers to the theatre to see Dolly Parton 9-5. This was enjoyed by all.

We also attended Clacton-on-Sea and Brighton, this was thoroughly enjoyed by both carers and services users.

We are continuing to work with New City College providing work placements for Health and Social care students. These placements give the students experience working alongside those with dementia and gives them confidence and experience they need to continue their education.

Two new members of staff have been employed alongside three new volunteers to help those who need our services.

Our Care 2 Care project that is funded by National Lottery is still successful and provides respite to 60 carers for year one and 80 carers in year 2. This is being run by Gurprit and Deana and four support workers. Support workers who work on this project provide respite once a week to those in peoples homes giving the carer the respite they so desperately need. This is a highly successful project and we receive numerous referrals from people wanting this service.

Our Short-term Break for people with dementia and mental health needs is funded by London Borough of Redbridge, this has successfully delivered 9,998 and 13,728 hours over the last year on respite/ day centre. These hours have provided a much-needed respite for unpaid carers as well as providing wellbeing support to our service users. The service continues to receive a high number of referrals daily.

We have received an extension for 1 year from London Borough of Redbridge from 1st February 2024 to 31st January 2025

Carers Unite funded by Awards for All, National Lottery; delivering monthly coffee mornings and drop-in sessions for carers became popular within the community. The venue was Ilford library being central to everybody in Redbridge. On these coffee mornings we had several guest speakers attend giving advice and information on services in the borough. This project has now ended, and we are currently looking for new funders to fund this coffee morning again.

Stronger Together project funded by City Bridge Trust, we provided the following:-

Over the last year we have recruited 5 Volunteers.

Wednesdays – fortnightly sing & socialise & Fortnightly wellbeing walks in the local area. We have had 45 Attendees and carers.

Thursdays – Different activities for physical and mental health wellbeing.

We have had 60 Attendees and carers.

We have organised the following trips:-

Boat trip, forest picnic, music hall theatre show, Cat café, cinema, bowling, afternoon tea, lunches out, farm visit and homing pigeon visit, crazy golf, Queen Elizabeth Hunting Lodge, Meadow Croft Christmas market, forest picnic and walks in the local area.

We have delivered many different activities for our attendees and their carers, such as:-

Beauty session, Coronation party, making truffles, arts and crafts, mediation, therapy dog visit, theatre company performances, dementia friendly shows, armchair exercise, gardening, sewing, creative writing, celebrating birthdays, summer BBQ and party, Christmas party with a nursery choir, various board games and culture days and food tasting.

We were awarded a grant from National lottery community fund for a social club called the Lunch & Laughter social club. This was for senior citizens living in Barking and Dagenham to attend once a week who were lonely, this would involve a home cooked lunch, provide activities, meet new friends and improve their mental health and well-being and get them back into their community. This project has been very successful and in high demand. Attendees have now made long life friendships and now talk and meet up outside of the group. This project has allowed us to support 50+ senior citizens and help improve their social, lives.

We continue to fund raise through Redbridge Lottery and have so far raised £1,000 towards our charity.
I would personally like to say a huge thank you to all the staff and volunteers at Redbridge Respite Care Association for their continued passion and commitment to our charity. I would also like to say a huge thank you to Deana and Gurprit for their devotion and dedication for the charity by securing many funding applications throughout the year and delivering the Care2Care project. This has been a lifeline to carers and their loved ones. I would also like to thank Kayley and her team delivering the Stronger Together project. This project has had a massive impact on both carers and service user lives.

Thank you to the board of Trustees for their continued support and dedication towards the charity.

Treasurer's Report

Fortunately, our main funders, the London Borough of Redbridge, the National Lottery and the City Bridge Trust, have continued to support us.

In addition, we receive minor support from the Redbridge Lottery and Pay-Pal giving. Occasionally, small donations come our way.

With the benefit of our total funds, we have been able to continue to run respite services at the Day Centre, offering meals and activities; an Outreach service, offering support at home; and an Engaging service at a local church hall. For all three services, whilst a client is being entertained, then the carer is freed to do what they want, a double benefit.

The third part of our makeup is of course our excellent staff, without with, we could not function. They express care, consideration and empathy to our clients. Not always easy with people suffering with dementia or Alzheimer's. Their remuneration is now tied to the London Living Wage index.

Having supported my wife, in dealing with her mother, who succumbed to increasing dementia over four years before passing away. I have personally experienced the pain and strain of looking after a loved one. I am proud and pleased to volunteer my skills of administration and finance to such an organisation.

During the year the secretary and myself, actioned a complete overhaul of the organisation's Memorandum and Articles of Association. Thus, bringing the criteria and wording thoroughly up to date. The said document has been recorded to Companies House and the Charities Commissioners as required by statue.

I had hoped to have had a replacement Treasurer before the end of the financial year, but that person has had a change of mind. I am obliged to complete this year. However, the recent diagnosis that I have cataracts in both eyes means that I will be forced to stand down in the new year.

Financial Review

The charity recorded a surplus for the year of £15,116 compared to a surplus of £3,295 in the previous year. Total income increased by £60,957 or just over 23%, while total expenditure increased by £49,136 (19%).

Reserves Policy

At the year-end the charity had total funds of £128,429 of which £57,040 are unrestricted and £71,389 are restricted.

The trustees' policy on reserves is to retain a Closure Reserve of £30,000 (representing funds earmarked to cover expenditure should the charity be forced to cease operation) and a General Reserve equivalent to three months operating costs (currently £75,000) to ensure an orderly winding down of services in the event funding was withdrawn.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 21st October 2024 and signed on its behalf by:

Mrs S A Flinn
Chairperson

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

I report to the charity trustees on the accounts of the charitable company for the year ended 31 March 2024, which are set out on pages 9 to 17.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2) the accounts do not accord with those accounting records; or
3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Daniel

Mr Daniel M Valentine ACA
Begbies
Chartered Accountants
Unit 14, Park Barn
Evegate Business Park
Smeeth
Ashford
Kent TN25 6SX

Date: 24/10/2024

THE REDBRIDGE RESPITE CARE ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted Funds £	Unrestricted Funds £	2024 £	Restricted Funds £	Unrestricted Funds £	2023 £
Income from:							
Donations and legacies							
Donations and gift aid		-	2,428	2,428	-	1,497	1,497
Grants received	2	159,858	14,125	173,983	99,690	20,000	119,690
Charitable activities							
Services provided	3	-	144,787	144,787	-	138,995	138,995
Other -							
Interest received		-	141	141	-	-	-
Miscellaneous income		-	-	-	-	200	200
Total income		159,858	161,481	321,339	99,690	160,692	260,382
Expenditure on:							
Raising funds							
Professional fund-raising costs		-	-	-	-	4,590	4,590
Charitable activities	4	139,697	166,526	306,223	79,201	173,296	252,497
Total expenditure		139,697	166,526	306,223	79,201	177,886	257,087
Net movement in funds		20,161	(5,045)	15,116	20,489	(17,194)	3,295
Reconciliation of funds:							
Total funds brought forward		51,228	62,085	113,313	30,739	79,279	110,018
Total funds carried forward		71,389	57,040	128,429	51,228	62,085	113,313

The notes on pages 11 to 17 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

BALANCE SHEET AS AT 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
FIXED ASSETS:					
Tangible assets	8		**4,881**		2,202
Intangible assets	9		**169**		226
CURRENT ASSETS:					
Debtors	10	**4,967**		372	
Cash at bank and in hand		**145,476**		135,952	
Total current assets		**150,443**		136,324	
LIABILITIES:					
Creditors: amounts falling due within one year:	11	**(27,064)**		(25,439)	
Net current assets			**123,379**		110,885
NET ASSETS			**128,429**		113,313
THE FUNDS OF THE CHARITY:					
Restricted funds	13		**71,389**		51,228
Unrestricted funds	13				
- Closure reserve		**30,000**		30,000	
- General reserve		**27,040**		32,085	
			57,040		62,085
TOTAL CHARITY FUNDS	13		**128,429**		113,313

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 21st October 2024 and signed on their behalf.

Mrs S A Flinn - Chairperson

The notes on pages 11 to 17 form part of these financial statements.

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Intangible - website - 25% per annum reducing balance

Tangible - fixtures, fittings and equipment - 25% per annum reducing balance

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. GRANTS RECEIVED

	Restricted	Unrestricted	2024	Restricted	Unrestricted	2023
	£	£	£	£	£	£
City Bridge Trust	61,905	-	61,905	57,785	-	57,785
Essex Community Foundation	600	-	600	-	-	-
Garfield Weston Foundation	-	-	-	-	20,000	20,000
Inman Charity, The	-	5,000	5,000	-	-	-
London Catalyst	2,800	-	2,800	-	-	-
Making a Difference Locally	-	500	500	-	-	-
National Lottery Community Fund						
- Care 2 Care Project	84,553	-	84,553	41,905	-	41,905
- Lunch and Laughter Social Club	10,000	-	10,000	-	-	-
Redbridge Voluntary Care	-	7,500	7,500	-	-	-
Tesco Community grant	-	1,125	1,125	-	-	-
	159,858	14,125	173,983	99,690	20,000	119,690

3 INCOME FROM CHARITABLE ACTIVITIES

	Restricted	Unrestricted	2024	Restricted	Unrestricted	2023
	£	£	£	£	£	£
Services supplied under contractual arrangements						
- London Borough of Redbridge	-	130,423	130,423	-	130,849	130,849
Other services	-	14,364	14,364	-	8,146	8,146
	-	144,787	144,787	-	138,995	138,995

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	2024 £	2023 £
Wages and salaries (note 5)	**231,265**	192,818
Pension provider costs	**331**	317
Payroll services	**3,623**	3,588
Staff travel	**5,227**	3,485
Staff training	**2,448**	2,016
Recruitment	-	60
Client care	**23,642**	16,677
Cleaning	**638**	901
Rent	**13,200**	13,200
Business and water rates	**1,032**	887
Light and heat	**2,865**	1,133
Telephone	**1,145**	779
Other premises expenses	**520**	729
Insurance	**2,148**	2,028
Printing, postage and stationery	**1,296**	2,860
Maintenance and equipment	**1,934**	163
Subscriptions	**580**	457
Computer and software costs	**201**	847
Website costs	**1,080**	905
Marketing and advertising	-	87
Bank interest and charges	**269**	355
Sundry expenses	**6,595**	2,592
Depreciation	**1,627**	734
Amortisation	**57**	76
	301,723	247,694
Governance costs:-		
Accountancy & independent examiner's fees	**4,500**	4,803
	306,223	252,497
Allocated as following:-		
Restricted	**139,697**	79,201
Unrestricted	**166,526**	173,296
	306,223	252,497

5. EMPLOYEES

	2024 £	2023 £
Gross salaries	**221,129**	185,906
Social security costs (less Employment Allowance)	**6,907**	4,459
Pension costs	**3,229**	2,453
	231,265	192,818

The charity had 20 employees during the year to 31 March 2024 (2023: 18 employees)

No employee received employee benefits of more than £60,000 (2023: nil).

6. TAXATION

As a charity, The Redbridge Respite Care Association is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2023: nil).

7. TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees consider they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. None of the trustees received remuneration or were reimbursed expenses during the year (2023: no trustee and £nil of expenses).

There were no other related party transactions.

8. TANGIBLE ASSETS

	Fixtures, fittings & equipment £
COST	
At 1 April 2023	22,698
Additions	4,306
At 31 March 2024	**27,004**
DEPRECIATION	
At 1 April 2023	20,496
Charge for the year	1,627
At 31 March 2024	**22,123**
NET BOOK VALUE	
At 31 March 2024	**4,881**
At 31 March 2023	2,202

9. INTANGIBLE ASSETS

	Website £
COST	
At 1 April 2023	2,040
At 31 March 2024	**2,040**
DEPRECIATION	
At 1 April 2023	1,814
Charge for the year	57
At 31 March 2024	**1,871**
NET BOOK VALUE	
At 31 March 2024	**169**
At 31 March 2023	226

10. DEBTORS

	2024	2023
	£	£
Debtors	**908**	36
Prepayments and accrued income	**4,059**	336
	4,967	372

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Staff pensions	**846**	688
Accruals	**26,218**	24,751
	27,064	25,439

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2024			2023		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Fixed assets	**5,050**	**-**	**5,050**	2,428	-	2,428
Net current assets	**51,990**	**71,389**	**123,379**	59,657	51,228	110,885
	57,040	**71,389**	**128,429**	62,085	51,228	113,313

13. MOVEMENT IN FUNDS

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
Restricted funds:					
City Bridge Trust	7,250	61,905	(40,755)	-	28,400
Essex Community Foundation	-	600	(600)		-
National Lottery Community Fund					
- Care 2 Care Project	36,667	84,553	(85,220)	-	36,000
- Lunch and Laughter Social Club	-	10,000	(6,500)	-	3,500
London Catalyst	-	2,800	(2,800)	-	-
House fund	7,311	-	(3,822)	-	3,489
	51,228	159,858	(139,697)	-	71,389
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	32,085	161,481	(166,526)	-	27,040
	62,085	161,481	(166,526)	-	57,040
	113,313	321,339	(306,223)	-	128,429

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
Restricted funds:					
City Bridge Trust	14,839	57,785	(65,374)	-	7,250
National Lottery	-	41,905	(5,238)	-	36,667
House fund	15,900	-	(8,589)	-	7,311
	30,739	99,690	(79,201)	-	51,228
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	49,279	160,692	(177,886)	-	32,085
	79,279	160,692	(177,886)	-	62,085
	110,018	260,382	(257,087)	-	113,313

City Bridge Trust - towards the costs of a p/t Family Liaison Officer and p/t Wellbeing Support Worker and associated project costs to deliver an empowering wellbeing service to carers and people with dementia in Redbridge.

National Lottery Community Fund Care 2 Care - funding for a project which offers respite to carers, to enable them to feel secure knowing their loved one is cared for at home allowing them to go out and meet friends, get back to their hobbies and interests and take much needed respite for themselves.

National Lottery Community Fund Lunch & Laughter Social Club - funding to run a weekly lunch club for older people who are experiencing loneliness. The project aims to provide a warm space for people to come together and build friendship.

Essex Community Fund - funding for an activity table.

London Catalyst - funding for Treasured memories - support for unpaid carers.

House fund - private donation to be spent on service users and their daily activities.

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: Respite House, 48 Padnall Road, Chadwell Heath, Essex, RM6 5BJ.

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.

THE REDBRIDGE RESPITE CARE ASSOCIATION

England & Wales - Charity number 1002873

Accounts

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company Number : 02551338

Registration Charity Number : 1002873

ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

THE REDBRIDGE RESPITE CARE ASSOCIATION

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REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Sandra Flinn (Chair)
Patrick Bullman (appointed 3 October 2022)
Angela Evans
David Jones (Treasurer)
Barbara Wermerling
Keely Woods (appointed 3 October 2022)
Pat Young

Company registration number
02551338

Registered Charity number
1002873

Registered office
Respite House
48 Padnall Road
Chadwell Heath
Essex RM6 5BJ

Website
www.redbridgerespitecare.org

Independent examiner
Daniel Valentine, ACA, Begbies Chartered Accountants, Unit 14, Park Barn, Evegate Business Park, Smeeth
Ashford TN25 6SX

Bankers
NatWest Bank – Chadwell Heath Branch

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 31 March 2023.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) published on 16 July 2014.

Objectives and activities for the public benefit

The charitable company was incorporated on 24 October 1990 and became a registered charity on 10 May 1991. Its objectives are to provide a service in support of persons suffering from mental illness who live in the London Borough of Redbridge and surrounding local authorities by providing staff who will enable the relatives, friends and others who have the primary responsibility for supporting such persons to have temporary relief from their responsibilities on a regular basis and thereby to enhance the stability and quality of the living environment of such persons (ii) to relieve or assist in the relief of people who are suffering, have suffered, or are at risk of suffering from any form of mental illness by providing, or contributing to the provision of, such services as may, from time to time, be considered appropriate

We employ fully trained support workers who provide care and information tailored to peoples' needs, which includes support at home and a day centre for people living with dementia. Our services are free of charge for Redbridge residents. For people living outside Redbridge, we provide services at competitive rates.

We support people with mental health issues, including people living with dementia, through personally targeted support, tailored to their needs, thus providing independence and well-being.

We also provide respite services to the carers of people with mental health problems living in the community.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Organisation, Structure and Governance

Redbridge Respite Care Association is a charitable company limited by guarantee. It is governed by its Memorandum and Articles of Association. The trustees and directors are listed on page 1.

The charitable company is managed by the Management Committee which comprises all the trustees/directors and has the power to appoint trustees/directors at any time. The maximum number of committee members is twelve and the minimum three. All members retire at every Annual General Meeting and are eligible for re-election.

The charity's Service Manager also attends the Management Committee meetings.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2023

Chair's Report

The new year began with continuing to apply to outside funders to help provide various project for the carers and clients. We also employed a speaker of multiple languages to join our outreach team. Some staff and myself attended a Carers Support Service Consultation event put on by the local council which was well attended and its findings would be used to inform the drawing up of a new tender which has been long awaited.

Plans for a street party to celebrate the Queen's platinum jubilee later in the year were put into place and contact was made with a local church to borrow tables and chairs for the occasion.

We were still trying to open an account with NatWest bank as Metro had introduced quite high charges for some of their services, but as everything had to be done online and not all our trustees had access, we kept coming up against difficulties. Eventually in September we were told we had been successful and our new account was opened and the bulk of our money in Metro bank was transferred, so we no longer have to pay charges in order to pay staff wages. Unfortunately, it seems that charity accounts no longer exist and we have had to have a business account. What is left in the Metro bank will be treated as our donations account and will hopefully earn us some interest.

We looked at staff wages, and even though we only had a contract till the end of October 2022, wanted to pay our staff a wage that reflected their loyalty and hard work, which we had always tried to do but without an increase in our funding from LBR for many years and the continued increase in the cost of living, this was not easy. We agreed on paying the living wage from April 2022 and increasing the car travel renumeration rate.

The street party went fairly well despite the bad weather on the day and we raised some funds for our charity. We also took the opportunity to recruit new trustees. Not as successful as one would hope but we did manage to interest two people who agreed to attend the next meeting and find out more about what was involved. They later both agreed to be co-opted onto the board of trustees.

Two new ways to raise further income were introduced, namely by joining the Redbridge lottery and a Go Fund Me page, both of which have been encouraging, providing us with a small but regular income. We applied to the supermarket Tesco to be considered for their local community award scheme but did not hear back until the spring of 2023 when we were advised we would be entered into their early summer draw alongside two other local charities, so at the time of writing we are hoping for the best but even if we come third, we are guaranteed £500. We were also successful in an application to Garfield Weston to start a 1-year project called Carers Unite which will commence in January 2023. In the new year the National Lottery Community Fund awarded us a 2-year contract to continue the Care2care project. The Our City Bridge project is coming to an end and so we have applied for an extension.

Two enjoyable outings were organised by the staff during the summer, the first was a safari for clients only and the other was a trip to Brighton for clients and carers. During the heatwaves in July, it was necessary to close the Day Centre for two days because of the extreme temperatures.

After the sad death of our beloved Queen the staff at the Day Centre organised two days of activities celebrating the life and times of Queen Elizabeth II, in which our clients took an enthusiastic part. Students from a local college who are studying for a Health and Social Care Course have join us in the Day Centre to do their work experience and said they really enjoyed the experience.

We had to have the cooker repaired as we did not want to buy a new one until we knew if we successfully had a new contract in 2023 or not. With only 3 weeks left on our current contract we were finally awarded another short-term extension.

The Borough finally put out applications to tender for a new contract which they wanted returned by the middle of December 2022, giving less than twelve weeks to get everything sorted. This proved a bit of a headache as the company we thought would do the application for us pulled out at the last minute leaving us to find another company at very short notice. Also, for the first time the Borough wanted a whole lot of policies included some of which we did not have in place so this meant a lot of extra work and expense. However, the company who completed the tender for us did a very good job and in January 2023 we were awarded a new contract with the possibility of a two-year extension. Thankfully we were now able to plan with confidence. Our service manager and two of the senior staff have continued to apply for independent funding and have gained skills and confidence in this area, so raising much needed funds for all the projects we run.

It was suggested that we try to cut down our use of paper by using better technology at our committee meetings and in order to do that we have purchased an upgraded TV which we can use to screen the minutes of our meetings, this should also reduce the costs of having sensitive documents shredded in the future. We had to buy a new cooker as the old one finally stopped working and a new computer for the office was also purchased. As part of the tender, we were told we needed to offer an out of hours contact phone number so a new phone system has been installed which will do that and also bring us up to date with other changes. The tender also said we should pay staff the London living wage and this will be implemented to take effect from the new financial year bearing in mind that wages are paid a month in arrears.

We have bought a new table and chairs for the dining area at the Day Centre giving it a more homely feel.

Our Treasurer has given notice that he would like to stand down as soon as we can find a replacement.

We continue to get feedback from staff and clients regarding job/customer satisfaction and both are very positive. We are currently trying to raise funding for a lunch club for elderly and lonely folk in the immediate area surrounding the Day Centre when it is not open, so forming closer links with our neighbouring Borough.

As chairman I wish to give my thanks to our service manager who as usual has worked very hard throughout what proved to be a very stressful year and all the staff who have continued to support her. They also have shown great loyalty to the charity and as always have shown great care for all our clients, both those who use the Day Centre and those who are supported by the Outreach scheme. I would also like to thank my fellow trustees both old and new without whom we could not continue to exist.

Service Manager's Report

Another busy year with many positive changes for Redbridge Respite Care Association continuing to provide much needed respite, advise and emotional support for unpaid carers and their loved ones for those within our community.

As a charity we continue to work in partnership with voluntary organisations, doctors, social workers, social prescribing team and the wider community to promote our services.

As an organisation we have been working closely with the PCN Loxford social prescribing team and many others. We continue to receive a high number of referrals for our services. Throughout the year we have attended several networking events promoting the services we provide. We continue to provide quarterly newsletters to our carers and service users and partners informing them of any upcoming events we are hosting, general information and advice for those who need it.

Staff received a pay increase of 10.5% in April 2022 also the staff travel expenses were also increased. This is to be reviewed in 2023.

We attended a carers consultancy hosted by a voluntary organisation, this was based on unpaid carers needs and wants within the community and better access to services.

A Queen's Jubilee Street party was organised and held by us outside our day centre on 1st June 2022. Service users, carers, staff, and the local community attended and the local Redbridge councillor. The day was a huge success which allowed us to promote and work alongside our local community while celebrating the success of our Queen.

Two trips were organised for the year, one involved service users spending the day at 'Woburn Safari with support workers. This was enjoyed by all and even gave the carers a longer day of respite which was greatly appreciated. Second trip was to Brighton. This trip was for the service users and carers. The day was enjoyed by all.

We are now working in partnership with New City College providing placements for students, studying Health and Social Care level 2&3. This is still ongoing but so far, we have had 4 permanent students who attend each week at the day centre which is providing them with the skills and knowledge to use towards their education.

An application was submitted to National Lottery in June 2022 for a continuation of our previous Care 2 Care project. This project provided respite to carers of those with a Mental health or Dementia diagnosis. This involved a support worker attending their home and allowing the carer to meet friends, go out for lunch and much more. In December 2022 we were successful in being rewarded the continuation for Care2Care project this started January 2023.

We have been awarded a grant from Garfield Weston in August 2022 for a project called Carers Unite. This project is for a carers group which is held each month. This project started January 2023.

We were awarded Magic Little Grants. This was to provide beauty treatments to carers. These treatments involved mini manicures, facials, massages, and head massages.

We applied to Tesco community grant scheme, we have been successful, and our organisation will now be put forward to a customer vote in Tesco stores, voting will commence in stores 1 April 2023.

We were put forward to attend Jo Richardson Community school in Dagenham as a chosen charity for First Giving. This was for the opportunity to win £1,000 towards our charity. We attended a presentation of all chosen charities. Unfortunately, our charity was not chosen, but students would still like to fund raise for our charity. This was a fantastic opportunity for us to be involved with students and promote our services.

We have signed up to Redbridge Lottery, 50% of ticket sales sold means we receive a percentage of funds.

We have set up a Go Fund Me page, to raise funds of £100,000 to cover our costs and provided more and much needed hours of respite to the community and unpaid carers.

We have also signed up to Pay Pal from which we receive charitable donations.

We received a 4-month extension on our LBR contract from 1st October to 31st January 2023. In November our contract went out for Tender. After a very stressful few weeks we were awarded the contract for the period of 1st February 2023 to 31st January 2024 with the possibility of an extension.

With the sad passing of our Queen Elizabeth II, we hosted a celebration of her life for our day centre service users, this event was for two days involving the Queens favourite foods, looking, and discussing the history of her life and celebrating her for what she gave to our country.

I would like to say a massive thank you to Deana and Gurprit for their continued passion and commitment to our charity by always going over and beyond on their job roles and supporting me daily. I would also like to say a massive thank you to all our staff and volunteers, without your dedication towards the organisation we would not be here today delivering a fantastic service.

Thank you to the board of trustees for your continued support.

Treasurer's Report

Thankfully, the London Borough of Redbridge continues to support us financially as in our new contract commencing 1 February 2023 and staff remuneration is now tied to the London Living Wage index. Again, we have contacted other funders to help keep all of our extended services running. Our charity is assisted by the National Lottery, the City Bridge Trust, and the Garfield Weston Foundation, together with some minor contributions from the Redbridge Lottery and Pay-Pal Giving.

The charity operates in three areas, the Day Centre, the Outreach Service and in a local church running "Stronger Together" meetings. The Day Centre is open daily for dementia/alzheimer's clients for various entertainment and meals. (In total over a thousand breakfasts and dinners have been supplied).

The Outreach Service supplies a part-time staff member to visit the home of dementia/alzheimer's sufferer to help them in some way. The "Stronger Together" meetings are for both the client and their carer. For all the three functions, whilst a client is being entertained, then the carer is freed to do what they want, a double benefit. Occasionally, visits to the seaside or walks to the park are organised.

Without our trained staff, we could not function. Over time I have seen the care and support our staff give to the clients and have been impressed with their consideration and empathy. Unfortunately, having supported my wife, in dealing with her mother, who succumbed to increasing dementia over four years before passing away, I have personally experienced the pain and suffering of looking after a loved one. I have been proud and pleased, to volunteer my skills of administration and finance to such an organisation.

At long last after repeated applications, I have finally achieved a new NatWest business bank account for the charity.

I originally became involved with the charity in 2018. The five years has passed quite quickly, but having reached the age of eighty-three, the time has come for me to stand down. My eyesight though not failing, is not as good as it used to be. Looking at figures on a screen is taxing. Luckily, I have made contact with a couple of people who are keen to take over. Next year's figures will be finalised by them.

With no end on the horizon, the Ukraine / Russian war continues to cast a cloud over the Western countries, both politically and economically. We can only strive to live one day at a time.

Financial Review

The charity recorded a surplus for the year of £3,295 compared to a surplus of £8,676 in the previous year. Total income increased by £30,142 or just over 13%, while total expenditure increased by £35,523 (16%).

Reserves Policy

At the year-end the charity had total funds of £113,313 of which £62,085 are unrestricted and £51,228 are restricted.

The trustees' policy on reserves is to retain a Closure Reserve of £30,000 (representing funds earmarked to cover expenditure should the charity be forced to cease operation) and a General Reserve equivalent to three months operating costs (currently £55,000) to ensure an orderly winding down of services in the event funding was withdrawn.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2023

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on ...2nd.....Aug..... 2023 and signed on its behalf by:

Mrs S A Flinn
Chair

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

I report to the charity trustees on the accounts of the charitable company for the year ended 31 March 2023, which are set out on pages 10 to 17.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2) the accounts do not accord with those accounting records; or
3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Daniel

Mr Daniel M Valentine ACA
Begbies
Chartered Accountants
Unit 14, Park Barn
Evegate Business Park
Smeeth
Ashford
Kent TN25 6SX

Date: 7/8/2023

THE REDBRIDGE RESPITE CARE ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2023

	Note	Restricted Funds £	Unrestricted Funds £	2023 £	Restricted Funds £	Unrestricted Funds £	2022 £
Income from:							
Donations and legacies							
Donations and gift aid		-	1,497	1,497	18,750	404	19,154
Grants received	2	99,690	20,000	119,690	73,002	-	73,002
Charitable activities							
Services provided	3	-	138,995	138,995	-	138,084	138,084
Other -							
Misc Income		-	200	200	-	-	-
Total income		99,690	160,692	260,382	91,752	138,488	230,240
Expenditure on:							
Raising funds							
Professional fund-raising costs		-	4,590	4,590	-	-	-
Charitable activities	4	79,201	173,296	252,497	118,431	103,133	221,564
Total expenditure		79,201	177,886	257,087	118,431	103,133	221,564
Net movement in funds		20,489	(17,194)	3,295	(26,679)	35,355	8,676
Reconciliation of funds:							
Total funds brought forward		30,739	79,279	110,018	57,418	43,924	101,342
Total funds carried forward		51,228	62,085	113,313	30,739	79,279	110,018

The notes on pages 10 to 17 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

BALANCE SHEET AS AT 31 MARCH 2023

	Notes	2023 £	2023 £	2022 £	2022 £
FIXED ASSETS:					
Tangible assets	8		**2,202**		1,792
Intangible assets	9		**226**		302
CURRENT ASSETS:					
Debtors	10	**372**		1,047	
Cash at bank and in hand		**135,952**		129,681	
Total current assets		**136,324**		130,728	
LIABILITIES:					
Creditors: amounts falling due within one year:	11	**(25,439)**		(22,804)	
Net current assets			**110,885**		107,924
NET ASSETS			**113,313**		110,018
THE FUNDS OF THE CHARITY:					
Restricted funds	13		**51,228**		30,739
Unrestricted funds	13				
- Closure reserve		**30,000**		30,000	
- General reserve		**32,085**		49,279	
			62,085		79,279
TOTAL CHARITY FUNDS	13		**113,313**		110,018

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on ..2nd Aug... 2023 and signed on their behalf.

Mrs S A Flinn - Chair

The notes on pages 10 to 17 form part of these financial statements.

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Intangible - website - 25% per annum reducing balance

Tangible - fixtures, fittings and equipment - 25% per annum reducing balance

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. GRANTS RECEIVED

	Restricted	**Unrestricted**	**2023**	Restricted	Unrestricted	2022
	£	**£**	**£**	£	£	£
City Bridge Trust	**57,785**	**-**	**57,785**	39,225	-	39,225
National Lottery	**41,905**	**-**	**41,905**	33,777	-	33,777
Garfield Weston Foundation	**-**	**20,000**	**20,000**	-	-	-
	99,690	**20,000**	**119,690**	73,002	-	73,002

3 INCOME FROM CHARITABLE ACTIVITIES

	Restricted	**Unrestricted**	**2023**	Restricted	Unrestricted	2022
	£	**£**	**£**	£	£	£
Services supplied under contractual arrangements						
- London Borough of Redbridge	**-**	**130,849**	**130,849**	-	131,000	131,000
Other services	**-**	**8,146**	**8,146**	-	7,084	7,084
	-	**138,995**	**138,995**	-	138,084	138,084

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	2023	2022
	£	£
Wages and salaries (note 5)	**192,818**	170,307
Pension provider costs	**317**	310
Payroll services	**3,588**	3,357
Staff travel	**3,485**	4,019
Staff training	**2,016**	3,240
Recruitment	**60**	-
Client Care	**16,677**	8,690
Cleaning	**901**	711
Rent	**13,200**	13,200
Business and water rates	**887**	1,484
Light and heat	**1,133**	1,269
Telephone	**779**	1,310
Other premises expenses	**729**	776
Insurance	**2,028**	2,477
Printing, postage and stationery	**2,860**	1,645
Maintenance and equipment	**163**	219
Subscriptions	**457**	519
Computer and software costs	**847**	600
Website costs	**905**	1,080
Marketing and advertising	**87**	617
Bank interest and charges	**355**	240
Sundry expenses	**2,592**	1,285
Depreciation	**734**	598
Amortisation	**76**	101
	247,694	218,054
Governance costs:-		
Accountancy & independent examiner's fees	**4,803**	3,510
	252,497	221,564
Allocated as following:-		
Restricted	**79,201**	118,431
Unrestricted	**173,296**	103,133
	252,497	221,564

5. EMPLOYEES

	2023	2022
	£	£
Gross salaries	**185,906**	163,845
Social security costs (less Employment Allowance)	**4,459**	4,284
Pension costs	**2,453**	2,178
	192,818	170,307

The charity had 18 employees during the year to 31 March 2023 (2022: 18 employees)

No employee received employee benefits of more than £60,000 (2022: nil).

6. TAXATION

As a charity, The Redbridge Respite Care Association is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2022: nil).

7. TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees consider they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. None of the trustees received remuneration or were reimbursed expenses during the year (2022: no trustee and £nil of expenses).

There were no other related party transactions.

8. TANGIBLE ASSETS

	Fixtures, fittings & equipment £
COST	
At 1 April 2022	21,554
Additions	1,144
At 31 March 2023	**22,698**
DEPRECIATION	
At 1 April 2022	19,762
Charge for the year	734
At 31 March 2023	**20,496**
NET BOOK VALUE	
At 31 March 2023	**2,202**
At 31 March 2022	1,792

9. INTANGIBLE ASSETS

	Website £
COST	
At 1 April 2022	2,040
At 31 March 2023	**2,040**
DEPRECIATION	
At 1 April 2022	1,738
Charge for the year	76
At 31 March 2023	**1,814**
NET BOOK VALUE	
At 31 March 2023	**226**
At 31 March 2022	302

10. DEBTORS

	2023	2022
	£	£
Debtors	**36**	565
Prepayments and accrued income	**336**	482
	372	1,047

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
PAYE, NIC & pension	**688**	1,685
Accruals	**24,751**	21,119
	25,439	22,804

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2023			2022		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**	Unrestricted Funds	Restricted Funds	Total Funds
	£	**£**	**£**	£	£	£
Fixed assets	**2,428**	**-**	**2,428**	2,094	-	2,094
Net current assets	**59,657**	**51,228**	**110,885**	77,185	30,739	107,924
	62,085	**51,228**	**113,313**	79,279	30,739	110,018

13. MOVEMENT IN FUNDS

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
Restricted funds:					
City Bridge Trust	14,839	57,785	(65,374)	-	7,250
National Lottery Community Fund	-	41,905	(5,238)	-	36,667
House fund	15,900	-	(8,589)	-	7,311
	30,739	99,690	(79,201)	-	51,228
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	49,279	160,692	(177,886)	-	32,085
	79,279	160,692	(177,886)	-	62,085
	110,018	260,382	(257,087)	-	113,313

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
Restricted funds:					
City Bridge Trust	22,167	39,225	(46,553)	-	14,839
National Lottery	35,251	33,777	(69,028)	-	-
House fund	-	18,750	(2,850)	-	15,900
	57,418	91,752	(118,431)	-	30,739
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	13,924	138,488	(103,133)	-	49,279
	43,924	138,488	(103,133)	-	79,279
	101,342	230,240	(221,564)	-	110,018

City Bridge Trust - towards the costs of a p/t Family Liaison Officer and p/t Wellbeing Support Worker and associated project costs to deliver an empowering wellbeing service to carers and people with dementia in Redbridge.

National Lottery Community Fund - towards the cost of Care2Care project which offers respite to carers, to enable them to feel secure knowing their loved one is cared for at home allowing them to go out and meet friends, get back to their hobbies and interests and take much needed respite for themselves.

House fund - private donation to be spent on service users and their daily activities.

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: Respite House, 48 Padnall Road, Chadwell Heath, Essex, RM6 5BJ.

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.

Accounts

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company Number : 02551338

Registration Charity Number : 1002873

ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

THE REDBRIDGE RESPITE CARE ASSOCIATION

INDEX

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2022

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Sandra Flinn (Chair)
Angela Evans
David Jones (Treasurer)
Barbara Wermerling (appointed 1 April 2021)
Pat Young (appointed 1 April 2021)

Company registration number
02551338

Registered Charity number
1002873

Registered office
Respite House
48 Padnall Road
Chadwell Heath
Essex RM6 5BJ

Website
www.redbridgerespitecare.co.uk

Independent examiner
Daniel Valentine, ACA, Begbies Chartered Accountants, Old Printers House, Stone Street, Cranbrook, Kent, TN17 3HF

Bankers
Metro Bank – One Southampton Row, London WC1B 5HA

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 31 March 2022.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) published on 16 July 2014.

Objectives and activities for the public benefit

The charitable company was incorporated on 24 October 1990 and became a registered charity on 10 May 1991. Its objectives are to provide a service in support of persons suffering from mental illness who live in the London Borough of Redbridge and surrounding local authorities by providing staff who will enable the relatives, friends and others who have the primary responsibility for supporting such persons to have temporary relief from their responsibilities on a regular basis and thereby to enhance the stability and quality of the living environment of such persons (ii) to relieve or assist in the relief of people who are suffering, have suffered, or are at risk of suffering from any form of mental illness by providing, or contributing to the provision of, such services as may, from time to time, be considered appropriate

We employ fully trained support workers who provide care and information tailored to peoples' needs, which includes support at home and a day centre for people living with dementia. Our services are free of charge for Redbridge residents. For people living outside Redbridge, we provide services at competitive rates.

We support people with mental health issues, including people living with dementia, through personally targeted support, tailored to their needs, thus providing independence and well-being.

We also provide respite services to the carers of people with mental health problems living in the community.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Organisation, Structure and Governance

Redbridge Respite Care Association is a charitable company limited by guarantee. It is governed by its Memorandum and Articles of Association. The trustees and directors are listed on page 1.

The charitable company is managed by the Management Committee which comprises all the trustees/directors and has the power to appoint trustees/directors at any time. The maximum number of committee members is twelve and the minimum three. All members retire at every Annual General Meeting and are eligible for re-election.

The charity's Service Manager also attends the Management Committee meetings.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2022

Chair's Report

We started the year by disposing of many outdated documents using the services of the Premier Shredding Co. at a very reasonable cost giving us much needed space in our outbuilding.

Some of our funders had given extra funding during the Covid situation for which we were very grateful, unfortunately the London Borough of Redbridge did not.

Difficulties over the previous end of year examinations meant finding a new accountant who suggested for our own peace of mind he would review figures for 2020/2021 and 2019/2020 which he did. We had been asked by Companies House if we were still operating and had to clarify the situation with them and also with HMRC. We are very grateful to our treasurer for all his hard work over the past few years and are pleased to say he has been able to increase our income by the use of gift aid. He also calculated that the grant from LBR no longer covers our operating costs. He has also chased up outstanding invoices which are often for users funded by local boroughs.

We received large donations from the families of two previous service users in gratitude for the care they had received. The gift aid raised by these donations will be used to replace reserve funds which have been depleted in the past.

Thankfully Covid restrictions were finally lifted but we decided to keep many protocols in place for everyone's safety.

The London Borough of Redbridge advised that they would not be in a position to offer new tenders for care contracts until later in the year. Our current contract which has been extended again with no uplift will expire on 30th September 2022. They are planning to consult with current providers and users before putting out the tenders. We reminded them that a lot of our service users do not have access to technology so it was important to provide face to face meetings and give them plenty of warning so that they could make provision for their loved ones whilst they attended meetings. We have contacted a company who previously raised funds for us to ask them to help with the tender application process.

We have been trying to change banks but have been met with difficulties which appears to be a common problem for many small charities.

We were pleased to offer face to face Christmas celebrations which included a panto performed by a local theatre group, RahRah Theatre company and was enjoyed by all who attended.

As a thank you to our staff for all the hard work they put in during the Covid situation it was agreed to give them a Christmas bonus.

Staff have continued to attend training whether on line or most recently face to face.

It has become necessary to employ someone who speaks a variety of Asian languages which thankfully we have been able to do. We have not been so fortunate in recruiting new trustees but will continue to try.

Our outside funded projects have continued to do well. The Face2face project was due to expire in March 2022 and the City Bridge project is still being well attended after initial problems finding a venue. We are now able to offer two sessions one morning and the other in the afternoon once a week with a variety of activities which are thoroughly enjoyed by all attendees.

We had a problem with emails earlier in the year when our supplier upgraded the system and this in turn caused many problems as much of our communications these days is done using technology.

We continue to employ an average of 17 staff and support approximately 180 service users and their families with Alzheimer's or Mental health conditions and look forward to doing so for a long time to come.

Our thanks go to our service manager and all the staff who have continued to be so supportive of our charity and our trustees.

Treasurer's Report

This year has continued with Covid-19 and its various derivatives. Although the government has reduced their earlier recommended procedures, we have continued to safeguard clients using temperature checks and wide use of sanitation gels for hands and premises.

Fortunately, the London Borough of Redbridge continues to financially support us, albeit at the same level for some past seven years. Thus, due to inflation, it has tended to diminish in value and does not go as far as it originally did. In addition, this year, we have also benefited from extra funds from the National Lottery and the City Bridge Trust, which has made up the shortfall and assisted the organisation to offer further support and wellbeing activities.

Once again, Redbridge Respite Care Assoc., would not be able to function without our trained and dedicated staff, who perform their duties with care and empathy. Not always an easy task, as clients occasionally may exhibit their underlying anger or frustration and test the staff's patience.

Having supported my wife, in dealing with her mother, who succumbed to increasing dementia over four years before passing away. I have personally experienced the pain and strain of looking after a loved one. I am proud, and pleased, to volunteer my skills of administration and finance to such an organisation.

The impact of Russia, under Putin's leadership, invading Ukraine on the 24th February 2022 made little impact to the UK up to March 2022. However, it does not bode well for the following months and years. The restricted supply of gas, grain and sunflower oil, coupled with the increased costs of energy and food stocks, together with general inflation and the effects of climate change will gradually impinge on everybody.

Having experience bombing in the second world war, I am hoping that things do not go nuclear for the sake of humanity. As of now, and as of then, we can only take one day at a time.

Financial Review

The charity recorded a surplus for the year of £8,676 compared to a surplus of £118,395 in the previous year. Total income reduced by £82,751 or just over 26%, while total expenditure increased by £26,968 (14%).

Reserves Policy

At the year end the charity had total funds of £110,018 of which £79,279 are unrestricted and £30,739 are restricted.

The trustees' policy on reserves is to retain a Closure Reserve of £30,000 (representing funds earmarked to cover expenditure should the charity be forced to cease operation) and a General Reserve equivalent to three months operating costs (currently £55,000) to ensure an orderly winding down of services in the event funding was withdrawn.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 5 September 2022 and signed on its behalf by:

Mrs S A Flinn
Chair

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

I report to the charity trustees on the accounts of the charitable company for the year ended 31 March 2022, which are set out on pages 8 to 15.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2) the accounts do not accord with those accounting records; or
3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Daniel L

Mr Daniel M Valentine ACA
Begbies
Chartered Accountants
Old Printers House
Stone Street
Cranbrook
Kent TN17 3HF

Date: 12/9/2022

THE REDBRIDGE RESPITE CARE ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2022

	Note	Restricted Funds £	Unrestricted Funds £	2022 £	Restricted Funds £	Unrestricted Funds £	2021 £
Income from:							
Donations and legacies							
Donations and gift aid		18,750	404	19,154	-	1,057	1,057
Legacies		-	-	-	-	16,903	16,903
Grants received	2	73,002	-	73,002	152,313	5,000	157,313
Charitable activities							
Services provided	3	-	138,084	138,084	-	137,718	137,718
Total income		91,752	138,488	230,240	152,313	160,678	312,991
Expenditure on:							
Raising funds							
Professional fund-raising costs		-	-	-	-	22,223	22,223
Charitable activities	4	118,431	103,133	221,564	128,210	44,163	172,373
Total expenditure		118,431	103,133	221,564	128,210	66,386	194,596
Net movement in funds		(26,679)	35,355	8,676	24,103	94,292	118,395
Reconciliation of funds:							
Total funds brought forward		57,418	43,924	101,342	33,315	(50,368)	(17,053)
Total funds carried forward		30,739	79,279	110,018	57,418	43,924	101,342

The notes on pages 10 to 15 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

BALANCE SHEET AS AT 31 MARCH 2022

	Notes	2022 £	2022 £	2021 £	2021 £
FIXED ASSETS:					
Tangible assets	8		1,792		2,390
Intangible assets	9		302		403
CURRENT ASSETS:					
Debtors	10	1,047		6,240	
Cash at bank and in hand		129,681		113,483	
Total current assets		130,728		119,723	
LIABILITIES:					
Creditors: amounts falling due within one year:	11	(22,804)		(21,174)	
Net current assets			107,924		98,549
NET ASSETS			110,018		101,342
THE FUNDS OF THE CHARITY:					
Restricted funds	13		30,739		57,418
Unrestricted funds	13				
- Closure reserve		30,000		30,000	
- General reserve		49,279		13,924	
			79,279		43,924
TOTAL CHARITY FUNDS	13		110,018		101,342

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 5 September 2022 and signed on their behalf.

Mrs S A Flinn - Chair

The notes on pages 10 to 15 form part of these financial statements.

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Intangible - website - 25% per annum reducing balance

Tangible - fixtures, fittings and equipment - 25% per annum reducing balance

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. GRANTS RECEIVED

	Restricted £	**Unrestricted £**	**2022 £**	Restricted £	Unrestricted £	2021 £
CAF Covid Emergency Fund	-	-	-	9,334	-	9,334
City Bridge Trust	**39,225**	-	**39,225**	53,200	-	53,200
Edward Gostling Foundation	-	-	-	-	5,000	5,000
National Lottery	**33,777**	-	**33,777**	67,092	-	67,092
Triangle Trust 1949 Fund	-	-	-	22,687	-	22,687
	73,002	-	**73,002**	152,313	5,000	157,313

3 INCOME FROM CHARITABLE ACTIVITIES

	Restricted £	**Unrestricted £**	**2022 £**	Restricted £	Unrestricted £	2021 £
Services supplied under contractual arrangements						
- London Borough of Redbridge	-	**131,000**	**131,000**	-	131,000	131,000
Other services	-	**7,084**	**7,084**	-	6,718	6,718
	-	**138,084**	**138,084**	-	137,718	137,718

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	2022 £	2021 £
Wages and salaries (note 5)	**170,307**	131,932
Pension provider costs	**310**	310
Payroll services	**3,357**	2,963
Staff travel	**4,019**	2,249
Staff training	**3,240**	600
Client Care	**8,690**	3,227
Cleaning	**711**	593
Rent	**13,200**	12,300
Business and water rates	**1,484**	291
Light and heat	**1,269**	875
Telephone	**1,310**	1,163
Other premises expenses	**776**	1,141
Insurance	**2,477**	2,423
Printing, postage and stationery	**1,645**	1,319
Maintenance and equipment	**219**	-
Subscriptions	**519**	286
Computer and software costs	**600**	2,012
Website costs	**1,080**	2,407
Marketing and advertising	**617**	-
Bank interest and charges	**240**	5
Sundry expenses	**1,285**	456
Depreciation	**598**	797
Amortisation	**101**	134
	218,054	167,483
Governance costs:-		
Accountancy & independent examiner's fees	**3,510**	4,890
	221,564	172,373
Allocated as following:-		
Restricted	**118,431**	128,210
Unrestricted	**103,133**	44,163
	221,564	172,373

5. EMPLOYEES

	2022 £	2021 £
Gross salaries	**163,845**	128,156
Social security costs (less Employment Allowance)	**4,284**	2,085
Pension costs	**2,178**	1,691
	170,307	131,932

The charity had 18 employees during the year to 31 March 2022 (2021: 16 employees)

No employee received employee benefits of more than £60,000 (2021: nil).

6. TAXATION

As a charity, The Redbridge Respite Care Association is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2021: nil).

7. TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

The trustees consider they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. None of the trustees received remuneration or were reimbursed expenses during the year (2021: no trustee and £nil of expenses).

There were no other related party transactions.

8. TANGIBLE ASSETS

	Fixtures, fittings & equipment £
COST	
At 1 April 2021	21,554
At 31 March 2022	**21,554**
DEPRECIATION	
At 1 April 2021	19,164
Charge for the year	598
At 31 March 2022	**19,762**
NET BOOK VALUE	
At 31 March 2022	**1,792**
At 31 March 2021	2,390

9. INTANGIBLE ASSETS

	Website £
COST	
At 1 April 2021	2,040
At 31 March 2022	**2,040**
DEPRECIATION	
At 1 April 2021	1,637
Charge for the year	101
At 31 March 2022	**1,738**
NET BOOK VALUE	
At 31 March 2022	**302**
At 31 March 2021	403

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

10. DEBTORS

	2022 £	2021 £
Debtors	**565**	2,439
Prepayments and accrued income	**482**	3,801
	1,047	6,240

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
PAYE, NIC & pension	**1,685**	1,198
Accruals	**21,119**	19,976
	22,804	21,174

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2022			2021		
	Unrestricted Funds £	**Restricted Funds £**	**Total Funds £**	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fixed assets	**2,094**	**-**	**2,094**	2,793	-	2,793
Net current assets	**77,185**	**30,739**	**107,924**	41,131	57,418	98,549
	79,279	**30,739**	**110,018**	43,924	57,418	101,342

13. MOVEMENT IN FUNDS

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
Restricted funds:					
City Bridge Trust	22,167	39,225	(46,553)	-	14,839
National Lottery	35,251	33,777	(69,028)	-	-
House fund	-	18,750	(2,850)	-	15,900
	57,418	91,752	(118,431)	-	30,739
Unrestricted funds:					
Closure reserve	30,000	-	-	-	30,000
General reserve	13,924	138,488	(103,133)	-	49,279
	43,924	138,488	(103,133)	-	79,279
	101,342	230,240	(221,564)	-	110,018

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
Restricted funds:					
CAF Covid Emergency Fund	-	9,334	(9,334)	-	-
City Bridge Trust	-	53,200	(31,033)	-	22,167
National Lottery	33,315	67,092	(65,156)	-	35,251
Triangle Trust 1949 Fund	-	22,687	(22,687)	-	-
	33,315	152,313	(128,210)	-	57,418
Unrestricted funds:					
Closure reserve	-	-	-	30,000	30,000
General reserve	(50,368)	160,678	(66,386)	(30,000)	13,924
	(50,368)	160,678	(66,386)	-	43,924
	(17,053)	312,991	(194,596)	-	101,342

National Lottery - towards the cost of a project outreach Co-ordinator and Assistant Project Co-ordinator and associated project costs to deliver community outreach support to people living with Dementia or experiencing mental health conditions.

City Bridge Trust - towards the costs of a p/t Family Liaison Officer and p/t Wellbeing Support Worker and associated project costs to deliver an empowering wellbeing service to carers and people with dementia in Redbridge.

House fund - private donation to be spent on service users and their daily activities.

14. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: Respite House, 48 Padnall Road, Chadwell Heath, Essex, RM6 5BJ.

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.

THE REDBRIDGE RESPITE CARE ASSOCIATION

England & Wales - Charity number 1002873

Accounts

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company Number : 02551338

Registration Charity Number : 1002873

ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

THE REDBRIDGE RESPITE CARE ASSOCIATION

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REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees and directors

Sandra Flinn (Chair)
Angela Evans
Jenny Garner (resigned 31 March 2021)
David Jones (Treasurer)
Kate O'Neil (resigned 31 December 2019)
Barbara Wermerling (appointed 1 April 2021)
Pat Young (appointed 1 April 2021)

Company registration number
02551338

Registered Charity number
1002873

Registered office
Respite House
48 Padnall Road
Chadwell Heath
Essex RM6 5BJ

Website
www.redbridgerespitecare.co.uk

Independent examiner
Daniel Valentine, ACA, Begbies Chartered Accountants, Old Printers House, Stone Street, Cranbrook, Kent, TN17 3HF

Bankers
Metro Bank – One Southampton Row, London WC1B 5HA

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees, who are also members and directors of the charitable company for the purposes of the Companies Act, submit their annual report and accounts for the year ended 31 March 2021.

The Trustees confirm that the Annual Report and Accounts have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) published on 16 July 2014.

Objectives and activities for the public benefit

The charitable company was incorporated on 24 October 1990 and became a registered charity on 10 May 1991. Its objectives are to provide a service in support of persons suffering from mental illness who live in the London Borough of Redbridge and surrounding local authorities by providing staff who will enable the relatives, friends and others who have the primary responsibility for supporting such persons to have temporary relief from their responsibilities on a regular basis and thereby to enhance the stability and quality of the living environment of such persons (ii) to relieve or assist in the relief of people who are suffering, have suffered, or are at risk of suffering from any form of mental illness by providing, or contributing to the provision of, such services as may, from time to time, be considered appropriate

We employ fully trained support workers who provide care and information tailored to peoples' needs, which includes support at home and a day centre for people living with dementia. Our services are free of charge for Redbridge residents. For people living outside Redbridge we provide services at competitive rates.

We support people with mental health issues, including people living with dementia, through personally targeted support, tailored to their needs, thus providing independence and well-being.

We also provide respite services to the carers of people with mental health problems living in the community.

The charity's trustees have complied with their duty in Section 17(5) of the 2011 Charities Act to have due regard to public benefit guidance published by the Charity Commission.

Organisation, Structure and Governance

Redbridge Respite Care Association is a charitable company limited by guarantee. It is governed by its Memorandum and Articles of Association. The trustees and directors are listed on page 1.

The charitable company is managed by the Management Committee which comprises all the trustees/directors and has the power to appoint trustees/directors at any time. The maximum number of committee members is twelve and the minimum three. All members retire at every Annual General Meeting and are eligible for re-election.

The charity's Service Manager also attends the Management Committee meetings.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2021

Chair's Report

The pandemic which begun in the spring of 2020 meant we were still unable to open the Day Centre until late June of that year, however our Service Manager had organised a system of support for any client who was self-isolating which included shopping, medicine collection and or a telephone call for moral support and later by "Zoom" meetings. Our outreach team also continued to work adjusting their service to fall into line with Covid safe restrictions and using PPE where necessary. The queues at shops meant everything took longer than usual and hours of support had to be adjusted accordingly.

Committee meetings could not be held face to face and we had to set up Zoom meetings instead, which was not perfect as some Trustees did not have access. However, it was the best we could do in the circumstances as the charities activities still needed to be overseen and monitored. The Service Manager sent written reports to those who could not join in on Zoom. When restrictions were lifted in the summer, we able to meet in the open next to the RRCA premises which was good as there was much that needed to be discussed and it was better to do that face to face. We were still having difficulties with Metro Bank in getting DJ added as a signatory, they kept changing advice on what evidence they wanted and so it was decided to change banks as soon as it was possible as they are not set up to pay wages without a complicated procedure. However, most banks are not booking face to face meetings due to Covid restrictions, so this has proved impossible so far. Our Treasurer drew up a proposed plan for getting RRCA back into the black after a few years of struggling financially.

The fund raising activities which had been planned for 2020 had to be cancelled except for a sponsored walk which took place early in March which raised a good sum, then an ex-client left RRCA some money in her will and this will be used to boost our closure reserve which has unfortunately been depleted recently.

Many members of staff had to change their way of working during the shutdown, but they did this without complaint and often completing training where necessary, mainly on-line of course. The centre was able to re-open on 29th June 2020 after a deep clean and with reduced numbers so that we were Covid compliant. Clients had their temperature taken at the entrance which was recorded and again when they left. Carers were not allowed to enter the building and clients had to travel by private means not taxis. Hand washing/ sanitising was carried out throughout the day. Unfortunately, during the lockdown, we lost some service users, either to full time care facilities or self-isolating and one passed away.

We were advised by our landlord that he was expecting the property to be compulsorily purchased at some time in the future but he could give no idea when. He also wanted to increase our rent from January 2021 if we were still open. We had asked about a rent reduction whilst we were closed due to government imposed restrictions but he said any reduction would have to be repaid so it was not financially helpful to us at that time and we continued in the usual manner.

Our contract with LBR which had already been extended three times (originally expired March 31st 2018) was due to expire at the end of September 2020 and we did not find out until the last minute that they had decided to extend again for 12 months until September 2021, but of course with no financial uplift!

We had not heard from KO'N for more than 12 months so she was not re-elected at the AGM which was postponed from September to October but we were pleased to confirm Pat Young as a Trustee and would like to attract more but in the present circumstances this is not proving easy.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2021

Unfortunately, the examined report of our finances was not available for the AGM but as this is not unusual, we agreed it would be accepted at the next committee meeting.

A short lockdown came into force in November and it was hoped to open before Christmas but a new variant of the virus meant all Christmas activities had to be cancelled and we, as many other facilities have not been able to reopen as the lockdown was extended until well into the new year. We reverted to on-line and telephone support, as we had done back in Spring 2020. David Jones contacted the accountant and arranged for an extension as reports would usually be up loaded to both Company House and the Charities Commission by the end of the year. Unfortunately, this report has been taking a lot longer to obtain than usual and still was not completed by 31st March 2021. The work we had previously done with our fundraiser finally paid off and the money received enabled us to provide iPads to clients who needed to them to access our support and provide food hampers to those who needed them most. Unfortunately, our administrator resigned at the end of December as we had had to reduce her hours. The work she did has been split between other members of staff.

The service manager arranged for all staff to have their 1st vaccine before the Day Centre re-opened on 22nd March 2021 after a second deep clean and clients are being contacted to find out their status and requirements and as before it will be reduced numbers until we are advised by the government that everything has returned to something approaching normality.

I would like to extend my thanks to all the staff at RRCA who have continued to provide a safe service to all our clients despite the many difficulties this year has brought and I look forward to seeing everyone soon. Thanks also to my fellow trustees who have continued to oversee the running of the Charity in very difficult circumstances, especially our treasurer who has not had the co-operation we would look for in the accountants we appointed to oversee the financial report and examination of the year ending March 2020. We will not be using them in the future.

Treasurer's Report

This year has been a challenging experience for us all. Using government guidelines, our priority has been to protect and support our clients, their carers' and our staff. The Day Centre activity has been shut for most of the year losing us important income, but continued in use as our administration base.

We have managed to maintain a revised Outreach service by utilizing flexible staff and using the technology of Zoom for intercommunications. Hand sanitation, extra cleaning procedures for our premises and personnel temperature checks have been introduced.

Our staff have shown adaptability and resourcefulness, ably encouraged by our Services Manager (Miss Jenny Garner).

Suitable food parcels, hand sanitation and beauty products have been dispatched from time to time.

Although the Borough of Redbridge has financially supported Redbridge Respite Care Association since its conception in 1990 and fortunately continues to do so; its financial benefit has been supplied at a fixed amount over the last six years. This has meant due to the yearly inflation, increasingly it has not covered our payroll costs etc.

REDBRIDGE RESPITE CARE ASSOCIATION
TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2021

As a short-term measure one of our Trustees (Mrs Ann Flinn) supported the Association with her own money, which has since been repaid.

However, because of this growing short-fall we made a number of applications to potential charity funders, during the year ending March 2019 in order to boost our income. The Service Manager's work with this has taken two years to come to full fruition and very fortunately it has mainly fallen on this year to bring us revenue streams from: -
The National Lottery
The City Bridge Trust
The Triangle Trust (1949 Fund)
Charities Aid Foundation and
The Edward Gostling Foundation

This extra support has helped to keep us solvent.

It also, goes to say that without our sympathetic and caring staff we could not operate. Having supported my wife's mother, who had increasing dementia over four years before passing away. I have personally felt the pain and drain of energy needed to be given in such circumstances. I am proud, and pleased, to volunteer my skills of administration and finance to such an organisation.

Financial Review

The charity recorded a surplus for the year of £118,395 compared to a deficit of £52,944 in the previous year - a positive change of £171,339. Total income increased by £69,057 or just over 28%, while total expenditure decreased by £102,282 (34%).

Reserves Policy

At the year end the charity had total funds of 101,342 of which £43,924 are unrestricted and £57,418 restricted.

The trustees' policy on reserves is to retain a Closure Reserve of £30,000 (representing funds earmarked to cover expenditure should the charity be forced to cease operation) and a General Reserve equivalent to three months operating costs (currently £43,000) to ensure an orderly winding down of services in the event funding was withdrawn.

Risk management

The trustees are responsible for identifying the major risks to which the Charity is exposed and ensuring that steps are taken to manage those risks.

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors for the purposes of company law) are responsible for the preparation of the Annual Report and the financial statements in accordance with UK Generally Accepted Accounting Practice (UK Accounting Standards and applicable law). The financial statements are required to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity, including its income and expenditure, for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue operations.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014 and in accordance with the special provisions of the Companies Act 2006 relating to small companies (section 419(2)).

This report was approved by the board on 4th Oct 2021 and signed on its behalf by:

Mrs S A Flinn
Chair

THE REDBRIDGE RESPITE CARE ASSOCIATION

Company reg no. 02551338. Registered Charity no. 1002873.

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

I report to the charity trustees on the accounts of the charitable company for the year ended 31 March 2021, which are set out on pages 8 to 15.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2) the accounts do not accord with those accounting records; or
3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Daniel

Mr Daniel M Valentine ACA
Begbies
Chartered Accountants
Old Printers House
Stone Street
Cranbrook
Kent TN17 3HF

Date: 11/10/2021

THE REDBRIDGE RESPITE CARE ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2021

	Note	Restricted Funds £	Unrestricted Funds £	2021 £	Restricted Funds £	Unrestricted Funds £	Re-stated 2020 £
Income from:							
Donations and legacies							
Donations		-	1,057	1,057	-	5,456	5,456
Legacies		-	16,903	16,903	-	-	-
Grants received	2	152,313	5,000	157,313	78,541	-	78,541
Charitable activities							
Services provided	3	-	137,718	137,718	-	159,937	159,937
Total income		152,313	160,678	312,991	78,541	165,393	243,934
Expenditure on:							
Raising funds							
Professional fund-raising costs		-	22,223	22,223	-	39,349	39,349
Charitable activities	4	128,210	44,163	172,373	50,292	207,237	257,529
Total expenditure		128,210	66,386	194,596	50,292	246,586	296,878
Net income		24,103	94,292	118,395	28,249	(81,193)	(52,944)
Transfers between funds		-	-	-	-	-	-
Net movement in funds		24,103	94,292	118,395	28,249	(81,193)	(52,944)
Reconciliation of funds:							
Total funds brought forward (as previously stated)		5,066	(25,851)	(20,785)			
Prior year adjustment	13	28,249	(24,517)	3,732			
Total funds brought forward (as re-stated)		33,315	(50,368)	(17,053)	5,066	30,825	35,891
Total funds carried forward		57,418	43,924	101,342	33,315	(50,368)	(17,053)

The notes on pages 10 to 15 form part of these financial statements.

The Statement of Financial Activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

THE REDBRIDGE RESPITE CARE ASSOCIATION
Company reg no. 02551338. Registered Charity no. 1002873.

BALANCE SHEET AS AT 31 MARCH 2021

	Notes	2021 £	2021 £	Re-stated 2020 £	Re-stated 2020 £
FIXED ASSETS:					
Tangible assets	8		2,390		3,187
Intangible assets	9		403		537
CURRENT ASSETS:					
Debtors	10	6,240		4,620	
Cash at bank and in hand		113,483		4,079	
Total current assets		119,723		8,699	
LIABILITIES:					
Creditors: amounts falling due within one year:	11	(21,174)		(29,476)	
Net current assets			98,549		(20,777)
NET ASSETS			101,342		(17,053)
THE FUNDS OF THE CHARITY:					
Restricted funds	14		57,418		33,315
Unrestricted funds	14				
- Closure reserve		30,000		-	
- General reserve		13,924		(50,368)	
			43,924		(50,368)
TOTAL CHARITY FUNDS	14		101,342		(17,053)

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year in question the charitable company was entitled to exemption from an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Act.

The trustees/directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the Trustees on 4th Oct 2021 and signed on their behalf.

Mrs S A Flinn - Chair

The notes on pages 10 to 15 form part of these financial statements.

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding period.

(a) Basis of accounting and assessment of going concern

The financial statements of the charity have been prepared in accordance with *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland* (Charities SORP (FRS 102)) published on 16 July 2014, the *Financial Reporting Standard applicable in the UK and Republic of Ireland* (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of grants. Further details can be found in note 13.

(c) Income recognition

All income is included in the statement of financial activities when the charity is entitled to the income, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of grants, donations and gifts.

Investment income is included when receivable.

(d) Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES CONTINUED

(e) Depreciation

Depreciation has been computed to write off the cost to residual value over their useful lives at the following rates:-

Intangible - website - 25% per annum reducing balance

Tangible - fixtures, fittings and equipment - 25% per annum reducing balance

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. GRANTS RECEIVED

	Restricted £	Unrestricted £	2021 £	Restricted £	Unrestricted £	2020 £
CAF Covid Emergency Fund	9,334	-	9,334	-	-	-
City Bridge Trust	53,200	-	53,200	-	-	-
Edward Gostling Foundation	-	5,000	5,000	-	-	-
National Lottery	67,092	-	67,092	68,785	-	68,785
National Lottery - Awards for All	-	-	-	9,756	-	9,756
Triangle Trust 1949 Fund	22,687	-	22,687	-	-	-
	152,313	5,000	157,313	78,541	-	78,541

3 INCOME FROM CHARITABLE ACTIVITIES

	Restricted £	Unrestricted £	2021 £	Restricted £	Unrestricted £	2020 £
Services supplied under contractual arrangements						
- London Borough of Redbridge	-	131,000	131,000	-	131,270	131,270
Other services		6,718	6,718	-	28,667	28,667
	-	137,718	137,718	-	159,937	159,937

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

4. EXPENDITURE ON CHARITABLE ACTIVITIES

	2021 £	Re-stated 2020 £
Wages and salaries (note 5)	**131,932**	213,824
Pension provider costs	**310**	295
Payroll services	**2,963**	3,451
Staff travel	**2,249**	4,555
Staff training	**600**	1,844
Recruitment	**-**	670
Client Care	**3,227**	5,616
Cleaning	**593**	711
Rent	**12,300**	12,000
Rates	**291**	338
Light and heat	**875**	756
Telephone	**1,163**	978
Other premises expenses	**1,141**	187
Insurance	**2,423**	2,194
Printing, postage and stationery	**1,319**	1,253
Maintenance and equipment	**-**	130
Subscriptions	**286**	139
Software costs	**2,012**	556
Website costs	**2,407**	1,505
Bank interest and charges	**5**	-
Sundry expenses	**456**	1,626
Depreciation	**797**	1,062
Amortisation	**134**	179
	167,483	253,869
Governance costs:-		
Accountancy & independent examiner's fees	**4,890**	3,660
	172,373	257,529
Allocated as following:-		
Restricted	**128,210**	50,292
Unrestricted	**44,163**	207,237
	172,373	257,529

5. EMPLOYEES

	2021 £	Re-stated 2020 £
Gross salaries	**128,156**	204,828
Social security costs (less Employment Allowance)	**2,085**	6,491
Pension costs	**1,691**	2,505
	131,932	213,824

The charity had 16 employees during the year to 31 March 2021 (2020: 19 employees)

No employee received employee benefits of more than £60,000 (2020: nil).

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

6. TAXATION

As a charity, The Redbridge Respite Care Association is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity (2020: nil).

7. TRUSTEES REMUNERATION AND RELATED PARTY TRANSACTIONS

None of the trustees received remuneration or were reimbursed expenses during the year (2020: no trustee and £nil of expenses).

The interest free loan of £10,000 from Mrs S Flinn was fully repaid in the year.

There were no other related party transactions.

8. TANGIBLE ASSETS

	Fixtures, fittings & equipment £
COST	
At 1 April 2020	21,554
At 31 March 2021	**21,554**
DEPRECIATION	
At 1 April 2020	18,367
Charge for the year	797
At 31 March 2021	**19,164**
NET BOOK VALUE	
At 31 March 2021	**2,390**
At 31 March 2020	3,187

9. INTANGIBLE ASSETS

	Website £
COST	
At 1 April 2020	2,040
At 31 March 2021	**2,040**
DEPRECIATION	
At 1 April 2020	1,503
Charge for the year	134
At 31 March 2021	**1,637**
NET BOOK VALUE	
At 31 March 2021	**403**
At 31 March 2020	537

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

10. DEBTORS

	2021	Re-stated 2020
	£	£
Debtors	**2,439**	4,433
Prepayments and accrued income	**3,801**	187
	6,240	4,620

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	Re-stated 2020
	£	£
Loan from trustee	-	10,000
PAYE, NIC & pension	**1,198**	2,017
Accruals	**19,976**	17,459
	21,174	29,476

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2021			Re-stated 2020		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Fixed assets	**2,793**	-	**2,793**	3,724	-	3,724
Net current assets	**41,131**	**57,418**	**98,549**	(54,092)	33,315	(20,777)
	43,924	**57,418**	**101,342**	(50,368)	33,315	(17,053)

13. PRIOR YEAR ADJUSTMENT

The prior-year Fund balances have been re-stated and a prior year adjustment of £3,732 (£28,249 restricted & £(24,517) unrestricted) has been made.

THE REDBRIDGE RESPITE CARE ASSOCIATION

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

14. MOVEMENT IN FUNDS

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
Restricted funds:					
CAF Covid Emergency Fund	-	9,334	(9,334)	-	-
City Bridge Trust	-	53,200	(31,033)	-	22,167
National Lottery	33,315	67,092	(65,156)	-	35,251
Triangle Trust 1949 Fund	-	22,687	(22,687)	-	-
	33,315	152,313	(128,210)	-	57,418
Unrestricted funds:					
Closure reserve	-	-	-	30,000	30,000
General reserve	(50,368)	160,678	(66,386)	(30,000)	13,924
	(50,368)	160,678	(66,386)	-	43,924
	(17,053)	312,991	(194,596)	-	101,342

	At 1 April 2019	Income	Re-stated Expenditure	Transfers	At 31 March 2020
	£	£	£	£	£
Restricted funds:					
Carers direct service	4,948	-	(4,948)	-	-
National Lottery	-	68,785	(35,470)	-	33,315
National Lottery - Awards for All	-	9,756	(9,756)	-	-
Reaching communities	118	-	(118)	(118)	-
	5,066	78,541	(50,292)	(118)	33,315
Unrestricted funds:					
Closure reserve	30,000	-	-	(30,000)	-
General reserve	825	165,393	(246,586)	30,000	(50,368)
	30,825	165,393	(246,586)	-	(50,368)
	35,891	243,934	(296,878)	(118)	(17,053)

National Lottery - towards the cost of a project outreach Co-ordinator and Assistant Project Co-ordinator and associated project costs to deliver community outreach support to people living with Dementia or experiencing mental health conditions.

City Bridge Trust - towards the costs of a p/t Family Liaison Officer and p/t Wellbeing Support Worker and associated project costs to deliver an empowering wellbeing service to carers and people with dementia in Redbridge.

Triangle Trust 1949 Fund - towards the cost in providing food parcels, wellbeing/mindfulness activities, carers hampers and weekly wellbeing calls

CAF Covid Emergency Fund - towards helping the charity recover from the COVID-19 pandemic.

15. LIMITED BY GUARANTEE AND REGISTERED OFFICE

The charity is a company limited by guarantee registered in England and Wales. The registered office is: Respite House, 48 Padnall Road, Chadwell Heath, Essex, RM6 5BJ.

Every member promises, if the charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity while the contributor was a member.