

EXOUSIA TRUST

England & Wales - Charity number 1002581

Details

Status Registered

Legal form Other

Registered 1991-04-24

Register [View on the Charity Commission register](#)

Contact

Address 26 Howells Road
Dunvant
Swansea
SA2 7SX

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Activities

Objects: (1)THE ADVANCEMENT OF THE CHRISIAN RELIGION EITHER IN THE UNITED KINGDOM OR OVERSEAS. (2)THE ADVANCEMENT FOR THE PUBLIC BENEFIT OF RELIGIOUS OR OTHER EDUCATION. (3)THE RELIEF OF THE AGED POOR SICK OR DISABLED

Activities: Supporting the Christian Ministry of Sean Stillman and Associated initiatives. These initiatives include: - Zac's Place which is both a facility supporting homeless and other disadvantaged individuals in the Swansea area and also a mission church community.- Rough Edges which is a social enterprise in Swansea www.Rough-Edges.org.uk

Classification

- **How:** Acts As An Umbrella Or Resource Body
- **What:** Religious Activities
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** UNITED KINGDOM AND OVERSEAS
- Australia
- Finland
- Germany
- Ireland
- Lithuania
- Netherlands
- New Zealand
- Norway
- Ukraine
- United States
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£123,901	£122,993	-	-
2024-04-05	£100,035	£103,560	-	-
2023-04-05	£84,625	£97,452	-	-
2022-04-05	£113,920	£120,641	-	-
2021-04-05	£131,205	£84,918	-	-

Trustees

Name	Role	Appointed
STEPHEN GORMAN	Chair	
ABBY GARETH HANSON		
Elizabeth Hinds		2023-12-18

EXOUSIA TRUST

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Accounts



EXOUSIA TRUST

The year April 2024 – March 2025

Charitable objectives are for the purposes of:

- (1) THE ADVANCEMENT OF THE CHRISTIAN RELIGION EITHER IN THE UNITED KINGDOM OR OVERSEAS.
- (2) THE ADVANCEMENT FOR THE PUBLIC BENEFIT OF RELIGIOUS OR OTHER EDUCATION.
- (3) THE RELIEF OF THE AGED POOR SICK OR DISABLED

Our activity for this year continued to fulfil these objectives and are outlined below.

An Overview of our Activity at Our Venue Zac's Place

Activity at our central Swansea headquarters in George Street remains a core point of delivery of our activity and service within the community.

Changes

The original vision was that Zac's Place would be a mix of Christian discipleship, the arts, and service to the poor. That vision hasn't changed but where it was seamless and cohesive before, we felt there was the potential risk of these primary activities becoming disconnected. Much of this disjointedness we felt could be traced back to lockdown and the changes that were implemented then.

In October 2024, on a retreat day, it was agreed that we would re-focus, away from being a lunch provider for anyone in need, (which became the focus during the Covid lockdowns and subsequent period), whether they be referred to us or not, back to those

at the heart of our mission originally: the homeless and most vulnerable. To accommodate people fully back inside the venue, rather than just provide takeaway But before we could open our doors properly again the building needed attention.

Building work

The kitchen, toilets and lounge, whilst needing refurbishment and repairs, were all in use, as were the upstairs office and storage spaces. The hall remained unsuitable for use at this time.

During September – October 2024 roof repairs to the main hall and guttering were undertaken. In November 2024 a new electricity supply meter was installed.

Around that time it also became necessary to repair the external fascia of the building after a council refuse lorry severely damaged it.

At the end of March 2025 work began on transforming the corridor, kitchen, and toilets area to bring them up to standard.

Zac's Place: Work with homeless and vulnerable

Food provision

Our part-time kitchen manager, Claire Thomas, continued to provide excellent meals and run the kitchen efficiently. During this period we obtained a four star rating from the local authority for our practices and facility.

Over the 12 month period we served 8458 hot meals (take away) to those who were either homeless, in housing crisis, and/or in food poverty.

From April 2024 until April 2025 we served hot lunches to up to one hundred people each day on Thursdays and Fridays – 104 days in all. The lunch bags comprised a piece of fruit, cake, a hot and/or cold drink, as well as a hot meal of choice. Each day we offered at least two options plus a vegetarian/vegan choice. The meals prepared in our tiny kitchen were very well received and we were frequently told we provided the best food in Swansea.



These meals were served via the hatch, even after lockdown ended, the lounge space being taken up with the

provisions. And as always we also provided clothes when requested, and the people of Swansea continued to be generous in their responses to our adverts asking for items.

We were able to provide this service thanks to our small but loyal group of volunteers, many of whom have been involved since the first provision at the start of lockdown. Over the period of this report, in the course of 104 days, 8458 meals were produced and given out.

Members of the Wallich Rough Sleepers Intervention Team (RSIT) continued to be on hand every morning to provide help and advice to our guests while serving a light breakfast. Over a 90 day period, January to March 2025, 819 guests/service users attended.

Clothes provision

We have continued to benefit from donations of money and items and support from individual donors, several local churches, community groups, and companies.

When clothes items were not suitable for our guests we either recycled them or passed them on to charity shops.

Support

As well as staff from the Wallich we also have visits from the sexual health nurse, the 'at risk' nurse, and the infectious disease nurse, who are all available to give advice or practical help to our guests.

We continue to work with Crisis, and individuals also go into prison and hospital visit sick members of our Zac's Place community.

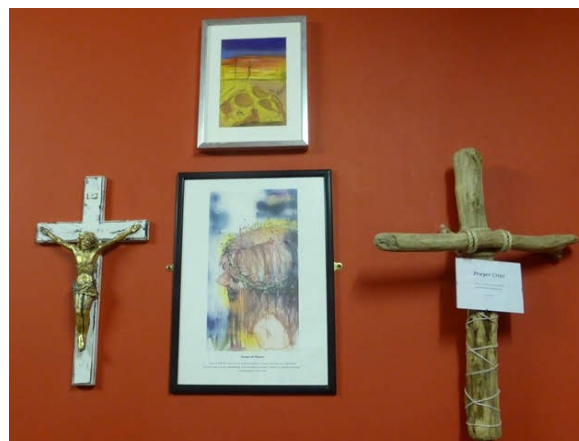
Zac's Place: A Church Community

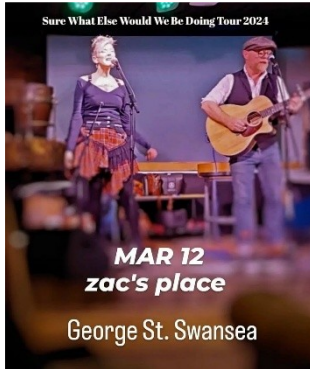
The tag-line of Zac's Place is 'Church for Ragamuffins', from Brennan Manning's book, *Ragamuffin Gospel*. Over the years the format of our church life has varied very little.

We meet, our tribal gathering, for bible study every Tuesday evening, when we look in depth at books of the bible. Everyone, of faith or not, is welcome to attend, to read aloud, even if it's hesitant or stuttering, to comment, to question, and to pray. Some of the most honest and beautiful prayers come unexpectedly following an hour of animated discussion.

At least once a month we share communion, either in the form of bread and juice, or sometimes soup and cake. All are welcome to share this time with us. We have a very faithful band of regulars, some of whom have been with us since the very early days.

As a result of Sean Stillman's Masters research dissertation, time is being spent exploring the avenue of Zac's Place developing as a specific Religious Order as part of its identity and function, in an attempt to ensure both service to the poor and Christian discipleship remain strongly connected.





Zac's Place: The arts

The Beatitudes artwork commission is currently in storage due to the unavailability of the hall space, but remains available to be placed in other venues who wish to display it.

Musicians, Sammy & Kylie Horner have continued to appear and put on a show for us in the lounge annually.

Rough Edges Charity Shop

Rough Edges has continued to open on a reduced scale due to limited numbers of volunteers and no manager in place during this period.

Despite this, it has still managed to generate some small profit and funds to support the wider work of the trust. It still also has a positive impact on the local community.

The ongoing viability of Rough Edges will be reviewed in the next financial year.

Exousia Trust Staff (All Part Time)

Sean Stillman, Minister

Stuart Hardy, Facilities Manager & Chaplain

Claire Thomas, Kitchen Manager

Trustees

James Stewart (Chair), Stephen Gorman (Treasurer), Abby Hanson, and Elizabeth Hinds continued in their roles.

Volunteers

We are hugely grateful for our small but loyal team of volunteers who, with their hard work, have enabled us to continue the work we do in the community.

At our Zac's Place venue for the provision of food, staff were supported by a team of 18 regular volunteers.

At our Zac's Place Tribal Gatherings (Bible study, prayer and act of Christian worship) we rely on 3 regular volunteers supporting staff.

At Rough Edges our volunteer numbers fell from 3 to 2.



Minister Sean Stillman

- Sean continues to be active in ministry, although now in a reduced capacity due to the progression of Parkinson's disease. In practice this has seen a reduction in pastoral responsibilities and working hours to accommodate this.
- He is concentrating on writing, broadcasting, teaching, and leadership responsibilities in ministry at Zac's Place and among motorcyclists through God's Squad CMC.

Specific highlights during this year included;

- Ongoing regular bible teaching at Zac's Place, in partnership with several others, has been maintained as core activity.
- Ongoing partnership in producing religious broadcast programming for BBC Radio Wales with regular contributions for 'Thought for the Week/Wednesday Word', 'Celebration' and a documentary for 'All Things Considered'. A particular highlight was his programme 'Parkinson's & Me' for BBC Radio Wales was subsequently nominated as a finalist in the The Sandford St. Martin broadcasting awards.
- The Trust continues to support Sean in his International leadership role with God's Squad and supported his travel to encourage these mission communities, in the UK and overseas. In addition, the continuing 75 part video teaching series on Mark's Gospel, for GSCMC, (but also available to the public), collaborating with four other Practical Theologians has been significant.

Facilities Manager Stuart Hardy

Building/venue management

Stu was responsible for overseeing and managing the venue, the emergency food provision service, the volunteers and one staff member.

This involved waste collections, venue cleaning, set up and set down for emergency food provision and for tribal gathering, shopping for food and equipment related to the emergency food provision, utilities meter reading, general maintenance, banking for Zac's Place and Rough Edges and ongoing sorting and clearance of the main hall and former office space. He also oversaw and/or carried out annual service contracts for boiler maintenance, fire equipment maintenance and portable appliance testing.

Training

In April 2024 Stu began at Waverley Abbey College studying for the Certificate of Contemporary Chaplaincy. This involved a weekly online lecture (term-times only), the completion of 6 modules, and 150 hours placement with Exousia Trust.

Pastoral

Stu began joining the Wallich Rough Sleepers Intervention Team on their morning runs once a week, 7-8am, checking in on rough sleepers throughout the city. He paid regular home visits to people related to the community associated with Zac's Place.

In May 2024, Stu was the celebrant for a funeral of a person related to the community associated with Zac's Place. He also attended funerals in July, October and November of community members associated with Zac's Place as well as hospital (ICU) visits for a person related to the community associated with Zac's Place.

He is one of the group teaching/leading at Zac's Place - A Church for Ragamuffins, Tribal Gathering.

Partnerships

We are grateful for all those who work beside us or enable us.

Alongside The Wallich, other partners included Matt's Cafe, St. Mary's Church and City Church who shared responsibility for daily food provision in the city.

The City and County of Swansea continued to support our efforts, with small grants.

God's Squad Christian Motorcycle Club also provided valuable partnership in supporting us and using our space for Christian ministry and pastoral support in the community.

Support

During this year the Trust's efforts have been funded by the support of:

- individuals, churches, community groups and crowd funding/sponsored events;
- small grants;
- a grant from the Welsh Government towards the building refurbishment;
- royalties from Sean Stillman's 'God's Biker' book (SPCK), radio writing and presenting fees (BBC Wales);
- ministry gifts from speaking engagements by various members of the team;

- income from our Rough Edges charity shop;
- Gift Aid continues to be a significant benefit.

Summing up

From last year's report: *We see people as just that, people who are valued, who have a story, with real needs and dreams. We see people as needing a community to belong to, and we see a community that can support each other and learn from each other.*

That remains as valid today as it was then.

EXOUSIA TRUST

Statement of Financial Activities

For the year ended 5th April 2025

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total This Year</u>	<u>Total Last Year</u>
<u>INCOME</u>				
Zacs Place donations received	2,935	-	2,935	4,487
Grants Received	-	24,500	24,500	2,847
Insurance Claims	5,180	-	5,180	-
Regular Donations received	66,152	-	66,152	50,548
Casual Donations	9,190	-	9,190	20,796
Royalty Income	132	-	132	515
Hire of Building	-	-	-	-
Rough Edges Project	11,429	-	11,429	16,842
Bank Interest Received	-	-	-	-
Tax Rebate from Gift Aid	4,383	-	4,383	4,000
TOTAL INCOME	99,402	24,500	123,902	100,035
<u>EXPENDITURE</u>				
Rough Edges Project Direct Costs	8,147	-	8,147	9,111
Grants/Gifts made in furtherance of objectives	382	-	382	3,160
Costs of Operating the Charity <i>Note 9</i>	84,097	194	84,291	80,863
Running costs of George Street property	14,247	13,815	28,062	7,719
Depreciation Charge	1,559	552	2,111	2,706
TOTAL EXPENDITURE	108,432	14,561	122,993	103,560
NET INCOME (EXPENDITURE)	(9,031)	9,939	908	(3,524)
Transfers Between Funds	-	-	-	-
NET INCOME (EXPENDITURE) After Transfers	(9,031)	9,939	908	(3,524)
Gains/Losses on Fixed Assets	0	(39)	(39)	-
NET MOVEMENT IN FUNDS	(9,031)	9,900	869	(3,524)
Total Funds Brought Forward	205,358	38,177	243,535	247,059
Total Funds Carried Forward	196,327	48,077	244,404	243,535

EXOUSIA TRUST

Balance Sheet

As at 5th April 2025

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total This</u> <u>Year</u>	<u>Total last</u> <u>Year</u>
<u>Fixed Assets -Tangible</u>				
George Street Property	46,735	28,265	75,000	75,000
Fixtures & Equipment	1,250	0	1,250	2,385
Motor Vehicles	5,250	0	5,250	5,888
	<u>53,235</u>	<u>28,265</u>	<u>81,500</u>	<u>83,272</u>
<u>Current Assets</u>				
Debtors - Gift Aid	4,000	0	4,000	8,065
Bank Main A/c & Cash	-8,689	19,812	11,123	6,912
Bank Zacs Place A/c	130,340	0	130,340	126,688
Bank Rough Edges A/c	19,129	0	19,129	16,985
Gateway Support A/c	0	0	0	0
Media Bank Account	837	0	837	1,095
	<u>145,617</u>	<u>19,812</u>	<u>165,429</u>	<u>159,745</u>
<u>Current Liabilities</u>				
Creditors & Accruals	1,250	0	1,250	1,200
Net Pay Control	106	0	106	-2,592
PAYE Creditor	955	0	955	661
Pension Control	214	0	214	214
	<u>2,525</u>	<u>0</u>	<u>2,525</u>	<u>-518</u>
Net Current Assets	<u>143,092</u>	<u>19,812</u>	<u>162,904</u>	<u>160,262</u>
Total Assets less Current Liabilities	196,326	48,077	244,404	243,535
Total Net Assets	<u><u>196,327</u></u>	<u><u>48,077</u></u>	<u><u>244,404</u></u>	<u><u>243,535</u></u>
<u>Fund Balances</u>				
Accumulated Fund B/f	205,358	38,177	243,535	247,059
Net movement of funds	-9,031	9,900	869	-3,524
Accumulated Fund c/f	<u><u>196,327</u></u>	<u><u>48,077</u></u>	<u><u>244,404</u></u>	<u><u>243,535</u></u>

Signed by.....

Trustee

Print Name.....

Dated.....

EXOUSIA TRUST

Notes to the Accounts

1. These accounts have been prepared in accordance with the the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

2. There is no change to the valuation rules and methods of accounting since last year. Accounts are prepared on an accruals basis.

3. No changes have been made to the accounts of previous years

4. Amount paid for independent examination is £700

5. **Tangible Fixed Assets** - The Bikes (motor vehicles) and George Street (property) are not depreciated annually as the value is being maintained and are revalued as appropriate. The equipment and the other vehicle are depreciated at 25% per annum on a straight line basis, as detailed in note 6.

6. Depreciation Calculation:

	Fixtures & Equipment	Property	Motor	Total
Cost at 6.4.24	25115	75000	10050	110165
additions	378	0	0	378
disposals	727	0	0	727
Cost at 5.4.25	<u>24766</u>	<u>75000</u>	<u>10050</u>	<u>109816</u>
Accumulated Depreciation 6.4.24	22730	0	4163	26893
Charge this year	1474	0	638	2111
Released on disposal	688	0	0	688
Accumulated Depreciation 5.4.25	<u>23516</u>	<u>0</u>	<u>4801</u>	<u>28317</u>
Net Book Value 5.4.25	1250	75000	5250	81499

The property is split between restricted for one off specific purchase donations and general for all other elements
The value of Equipment purchased from restricted funds is shown at Net Book Value in the Balance Sheet

7. Creditors & Accruals

	<u>This Year</u>	<u>Last Year</u>
Accounting Accrual	1250	1200

EXOUSIA TRUST

8. Restricted Funds: Are broken down as follows:

	Opening Balance	Incoming Resources	Resources Expended	Transfers between funds	Closing Balance
George Street	28265	22000	13815		36450
Food Poverty fund	9912	2500	785		11627
	38177	24500	14600	0	48077

Balances of Funds Held:	Fixed			Total
	Assets	Bank & Cash	Liabilities	
George Street	28265	8185	0	36450
Food Poverty fund	0	11627	0	11627
	28265	19812	0	48077

Fund Descriptions:

George Street - Restricted to the building Fund of the George Street Property

Food Poverty Fund - Funds received to provide emergency food and shelter for those in need, funded by City & County of Swansea's food poverty & household support funds.

9. Analysis of Expenditure

Costs of Operating the Charity	This Year	Last Year	movement
Purchases for resale	389	0	389
Salary & pension	44060	41466	2594
Bank Charges	0	37	(37)
Motor & Travel Expenses	6558	6746	(187)
Storage	0	0	0
Repairs & Maintenance	750	2156	(1405)
Stationery, Postage & Advertising	560	499	61
Small tools, Equipment, uniform	1140	1461	(321)
Telephone & Internet	1746	1564	182
Subsistence & Sundries	21397	17568	3829
Vehicle Hire	216	216	0
Events & shop costs	0	0	0
Books & Training	0	1565	(1565)
Subscriptions	1807	2853	(1047)
Insurance	3999	3207	792
Professional Fees	0	0	0
Accounting & Book keeping Fees	1668	1525	143
Uniform	0	0	0
Refreshments Purchased	0	0	0
	84291	80863	

EXOUSIA TRUST

Statement of Financial Activities

For the year ended 5th April 2025

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total This</u> <u>Year</u>	<u>Total Last</u> <u>Year</u>
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7. Creditors & Accruals

	This Year	Last Year
Accounting Accrual	<u>1250</u>	<u>1200</u>

EXOUSIA TRUST

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Bank Charges	0	37	(37)
Motor & Travel Expenses	6558	6746	(187)
Storage	0	0	0
Repairs & Maintenance	750	2156	(1405)
Stationery, Postage & Advertising	560	499	61
Small tools, Equipment, uniform	1140	1461	(321)
Telephone & Internet	1746	1564	182
Subsistence & Sundries	21397	17568	3829
Vehicle Hire	216	216	0
Events & shop costs	0	0	0
Books & Training	0	1565	(1565)
Subscriptions	1807	2853	(1047)
Insurance	3999	3207	792
Professional Fees	0	0	0
Accounting & Book keeping Fees	1668	1525	143
Uniform	0	0	0
Refreshments Purchased	0	0	0
	84291	80863	

Independent Examiner's Report to the Trustees of Exousia Trust (1002581)

I report on the accounts of the Trust for the year ended 5th April 2025, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Charities Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act);
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed.....  Nicola Jayne Lewis

Date...3rd February 2026.....



EXOUSIA TRUST

England & Wales - Charity number 1002581

Accounts

EXOUSIA TRUST REVIEW 2025



JANUARY 2025

EXOUSIA TRUST
Trustee Report



Exousia trust review

Jan 2025

Exousia trust has advanced plans for premises “changes” – to develop or replace the premises in George Street (Zac’s Place). In order to ensure the proposals remain consistent with the benefits the charity delivers to the community linked with Zac’s Place and to the wider community an effectiveness review has been carried out. This review is intended to highlight the areas that should continue to be supported through the development of the premises.

This review has two key parts:

Community Impact (details in Annex 1)

Volunteer Impact (details in Annex 2)

Exousia Trust is committed to encouraging equality, diversity and inclusion among our workforce and volunteers, and eliminating unlawful discrimination (details in Annex 3).

Community Impact

The **community impact** review identifies a number of areas where the trust has been effective, particularly with the wider community.

The Homeless, Vulnerable and Food Poverty

A key feature of the work of Exousia Trust is the interface with other local and national charities working with the homeless, vulnerable, deprived and dispossessed. In particular the charity works to bring those that would fall through the net into contact with support services. Perhaps a key quote from the review is:

“For some people Zac’s Place is the only safe haven in their lives”

It is essential that the premises continue to support the inclusion of other service providers and provides a welcoming atmosphere to those in need. To this end plans must take into account the shortfalls in the current building identified by associated service providers. A crucial aspect of the plans are that the “finish” should be welcoming rather than high specification.

The Arts

Exousia Trust has made the premises of Zac's Place available for a wide variety of artistic uses and has commissioned a number of artwork (including the Beatitudes collection recently shown at the Swansea Grand Theatre).



At present the condition of the premises is not conducive to use as an arts venue, it is important that future plans consider the ability to host small art exhibits. A number of local artists have been featured in the venue in the past, as have artists of international status. A key part of the artist involvement is the desire of the artists to associate with the ethos of Exousia Trust. Following changes we will be able to encourage more local and international artists to express support for inclusion. The changes should ensure the premises are suitable for use by performing and visual arts.

The Church Community in Swansea and Beyond

Zac's Place hosts a Christian community with a difference. It does not host Sunday services, but rather midweek "tribal gatherings". While this work is primarily inward looking – it is a focus on "our community" – it has had a profound effect on churches in Swansea, nationally and internationally. The Zac concept is related to the meeting of Jesus and Zacchaeus, where Jesus said (paraphrased) "Let's go to your place and have a meal and a chat". The church at Zac's Place is a place that the community feels is their home. This concept has driven a new movement in churches across the UK and Zac's Place has been recognised as a pioneer by main-stream churches.

The changes intended to provide a better setting for relaxed gatherings – for people to meet in their place.

Advocacy and the Media

Many of the people Exousia Trust engages with are essentially voiceless. Through the work of building a community of ragamuffins (people with diverse backgrounds and lifestyles, some of which don't mesh with "normal society" that come together to build relationships with each other) we become aware of the hidden stories. We see the



frustrations caused by the demands of society that they engage on terms “acceptable society” demands.



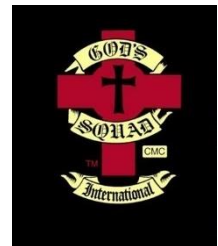
We see these voiceless as our family and have little option but to speak up for them. While we have had some success this is an area (locally and primarily nationally) that is hampered by the need to focus energy on the upkeep of a failing building. By making changes to the building our goal will be to increase worker and volunteer availability for advocacy.

Additional Community Engagement

This is perhaps the hardest area to review in terms of effectiveness. One of the ways we measure it is through the willingness of others to become involved in the work of Exousia Trust. An obvious example is the work being carried out free of charge by [Hydrock](#) in relation to the revision of the premises.

Local businesses have engaged in supporting different areas of our work, as have other faiths and local organisations.

Perhaps the key impact is the use of the venue by God’s Squad Motorcycle Club. The links between this club and many other motorcycle clubs provides a key service, particularly in relation to life events. By ensuring we have an off-road area this aspect of the use of the premises will be improved significantly by the renovations.



Volunteer impact

The **volunteer impact** review identifies a number of transformational areas of importance to the Zac’s Place community (i.e. those that associate with the work of the charity).

Attitude to others

In a survey of volunteers an important result was shown in the question “Did volunteering at Zac’s Place help you at all?”

Three areas of the survey focussed on the change in our volunteers toward those in need in the local community; all three were noted as particularly important. It can be

concluded that the volunteer activities run by Exousia Trust are changing attitudes of individuals in the local community, making the wider community of Swansea more inclusive.

Attitude to self

Looking at the response to the questionnaire in relation to the volunteers it is of note that the vast majority considered that engaging with Exousia Trust has “helped me be a more complete person”. When working with a diverse group of volunteers, some of whom suffer self-esteem issues, this is an important outcome. Zac’s Place is not simply a venue, it is a life and faith journey for the organisation and those attached to the community.

Premises

The premises needs to facilitate volunteer involvement in these positive ways, and the current building problems have restricted volunteer involvement to some extent and the change will focus on improving the ability of us to support our volunteers. The changes need to be suitable to facilitate the next stages in the journey of those involved.

Exousia Trust has a broad range of impacts on society and volunteers, impacting local, national and international society. A key factor in this is the ability of communities, other charities and organisations to see the premises as theirs, and the outcome of any changes need to facilitate the building use by friends – this must be a priority.

Over recent years water ingress and damp has reduced the ability to use parts of the premises. Over 2025 the focus will be to improve the useability of the premises primarily by improving the toilet area by preventing water ingress and improving the “warmth” and useability of these areas.

Activities

Since COVID there has been an increasing number of people being served lunch on Thursdays and Fridays, often approaching our estimated capacity of 100. Estimates are that this could be as low as 25% of the potential numbers that might need this service in Swansea. In addition it has been difficult with the numbers to create real relationships with those we serve. In 2025 we aim to make a radical change to our interface with the “family” of the unvoiced. The intention is to place focus on serving a smaller group to a greater depth.

Annex 1

Community Impact

Zac's Place Community Impact Statement

Since our inception in 1998, Zac's Place has had a very broad impact within the community of Swansea and also much further afield. With a commitment to serve and support the most vulnerable, it has demonstrated that by setting an example you can change the way a community behaves. Attitudes can be challenged that have a far-reaching impact across a whole community as stories are shared from experiences that may have otherwise been hidden.

The impact of Zac's Place within the community can be best summarised into the following areas:

The Homeless, Vulnerable and Food Poverty

For over twenty years Zac's Place has fostered relationships across the community to practically serve the needs of some of Swansea's most vulnerable people. Shortly after purchasing our venue in 2004, the old Gospel Hall in George Street, the Trust embarked on a partnership with The Wallich charity's Rough Sleepers Intervention Team which grew to develop a seven day a week breakfast provision service from Zac's Place for those who are sleeping rough or in crisis. This quickly developed into wider partnership working bringing in the NHS homeless nursing and mental health teams, addiction and recovery support agencies, Swansea Council's Housing Options, The Big issue and also in more recent years was formative in Crisis setting up in Swansea and hosting a frontline pilot scheme from the DWP. This kind of partnership working has been key in bringing the church community into key working relationships with third sector organisations, other charities, governing bodies and boards to bring practical change across the city. Other initiatives have since followed with a cross fertilisation of ideas and influence from this engagement. These include the Swansea Nightshelter, now run by Housing Justice, but was initially established by churches together in Swansea in partnership with many of the already mentioned networks. Swansea Street Pastors, Swansea Foodbank and Swansea Prison Community Chaplaincy Team have all benefitted significantly from these blossoming networks also.

Janet Keaufling QN MBE, the former nurse specialist for homeless and vulnerable adults has summed up the impact of Zac's Place by saying:

"Swansea has a great many services for homeless and vulnerable people. Unfortunately, not everyone is able to access statutory and voluntary

services. Some are excluded because of their past or current behaviour, social or financial reasons but some exclude themselves, choosing not to accept such help or support. It is on these occasions that the care offered by Zac's Place comes into its own.

Every weekday morning at 8 am the doors to Zac's Place open to provide an essential outreach service to those who are sleeping rough with tea, housing advice and respite from the weather. At least twice a year Zac's Place accommodates the so called "Homeless Health Days" run in conjunction with Swansea School of Medicine when homeless people can have a health check, flu vaccinations and foot care. Every Thursday evening is the coffee bar providing an opportunity to sit in the warm, have a hot drink and enjoy the fellowship of others.

For some people Zac's Place is the only safe haven in their lives. Here they find help, the love and support of others and, importantly, acceptance of who they are and the life that they are leading. It may not seem much, but for many, it is a lifeline."

Throughout the COVID pandemic (2020/21), whilst the shape of how we were able to support people changed due to coronavirus, Zac's Place remained at the forefront of creatively responding to the challenges of supporting the homeless and vulnerable, with the same commitment to partnership working. This was most notably evident in Zac's Place taking the lead, alongside Matt's Cafe and the NHS Clinical Nurse Specialist's Team for the Homeless and Vulnerable Adults, in establishing the 'Swansea Together' emergency response, to see daily food provision maintained, to all those without a home or in emergency temporary accommodation.

In the summer of 2020, **Cllr Rob Stewart**, leader of the City and County of Swansea Council thanked the volunteer workforce by saying,

"The people of Swansea needed volunteers more than ever and during this time providing food for our most vulnerable people in Swansea was vital. We have been delighted and overwhelmed by the way you responded to these unprecedented challenges ... On behalf of the Council and the people of Swansea, we thank you for everything you have done.

Swansea will not forget what you have done to support the city when it needed it the most."

Swansea City FC chairman at the time, **Trevor Birch**, added his thanks describing the effort as

"nothing short of heroic"

and with Swansea East MP, **Carolyn Harris** acknowledging that

"many would have been lost"

without this service.

Frontline engagement with many who would slip through the support networks otherwise remains an essential part of our ethos. It is also worth noting that this ongoing support has been supported with small grants from Swansea Council's Food Poverty grant scheme and Crisis. From a simple proactive response to meet the needs of some of the city's most vulnerable and marginalised, a much broader sphere of influence and engagement has emerged over a sustained period of time to help not just meet practical needs, but also influence how a community responds to crisis and challenges the stigma of homelessness and poverty.

The Arts

Since its inception as a pioneering church community that engaged with people in bars, Zac's Place has held the influence of the arts as an important voice in a community. Whether it be live music, art exhibitions, theatre performance, poetry or children's theatre and dance, Zac's Place has always made strong connections within the arts community and endeavoured to facilitate a platform and opportunity for the voice of the arts to be heard within the local community.

To this end, prior to the main hall falling into disrepair, Zac's Place was home to a children's drama and dance schools for ten years, (Jems Drama School and also Kreative Kidz Dance). We have hosted a string of fine music performances from artists such as Martyn Joseph, Barry McGuire, After the Fire, plus a host of emerging artists. We have worked in partnership with HTV Wales on a television series (2001) which saw musicians, storytellers, poets and comedians come together for a unique programme. Other in-house performances have been brought by poet and BBC Radio 4 broadcaster Stewart Henderson and Gritty productions have piloted a theatre project using professional

actors alongside those still homeless. Wales Theatre Company, run by Michael Bogdanov, used Zac's Place as an essential rehearsal space for the musical, 'Amazing Grace' (2005) and our own in-house art commission based on 'The Beatitudes' has been widely praised and exhibited publicly in Swansea Grand Theatre and Greenbelt Festival. In an interview on BBC Radio Wales, legendary music broadcaster **Bob Harris OBE** describes his evening sharing stories at Zac's Place, for the charity Let Yourself Trust, five years previously as,



"... a fabulous night ... honestly, it was one of the best gigs ever for me, I loved it ... the atmosphere that night was incredible, I always wish the best for Zac's Place and the great work they're doing there."

Zac's Place continues to be passionate about the role of an artist and the arts within our community. It is often the voice of the arts that can give a community the inspiration, and the stories, to allow its conscience to be stirred into action. The changes to our venue will enable us once again to have creative spaces available, even more so in a post Covid era that has been starved of artistic expression.

The Church Community in Swansea and Beyond

Zac's Place began and continues as a church community and charity. In 1998 we had no idea our sphere of influence would go beyond our own community. After having attracted the interest of then Archbishop of Wales, Rowan Williams, Zac's Place became a key source of influence in a new and emergent movement of new churches. It was called 'Fresh Expressions' and was initially pioneered by a partnership between the Anglican and Methodist church traditions. Within it, Zac's Place was held up as an excellent model of how a church can effectively engage with the local community and made a significant contribution to shape what has now become an accepted global movement within the mainstream church across multiple denominations. **Norman**

Ivison, former director of Communications at Fresh Expressions said of his first visit to Zac's Place.

"I knew as soon as I walked into Zac's Place I was somewhere special ... I left inspired, humbled and changed."

Zac's Place founder Sean Stillman now has opportunity to teach at centres of theological training and the story and experience of Zac's Place as a pioneering church community is well documented in academic networks in journals and books.

Locally, Zac's Place has earned its place of respect with the church community and also other faith communities. As a venue we have hosted Churches Together events for adults and young people and brought teaching and training to other churches locally in areas where we have become experienced.

Zac's Place continues to be home to a church community known as 'A Church for Ragamuffins' and is known for its welcome to all, a proactive devotional life of Christian faith and service, and pastoral and chaplaincy support to many within the community.

Lord Rowan Williams, former Archbishop of Canterbury observed early on,

"The work going forward at Zac's Place is in every way innovative, courageous and important for the community in general as well as the Christian community. I have been privileged to watch the development of this initiative over several years and would want to pay the most sincere tribute to the dedication and vision of those who have been running it."

Advocacy and the Media

Zac's Place has learned the influence of effective media. Getting stories out into the community has the power to challenge and change a community. The high-profile death of a Swansea homeless gentleman, 'Tea Cosy Pete' is one such example. Zac's Place's relational engagement with 'Pete' and the faithful retelling of his story, through our own website and reproduced in news media, advocated for seeing the value in all people, and challenged judgemental attitudes in a community, had a profound impact at the time.

Similarly, working in partnership with BBC Wales and Gritty productions, on a TV series, 'Swansea Living on the Street' (2012) enabled access to many hidden stories that also had a profound impact on changing attitudes across the whole city towards

homelessness, addiction and poverty. It is this kind of media profile and impact that is in the background to such a strong community response to the present pandemic in the city and the communal support we receive.

Zac's Place founder Sean Stillman continues to have regular broadcast opportunities on BBC Radio Wales, with output from their Religion and Ethics department. This invariably includes taking human stories and placing them into a context for listeners (who span the entire spectrum of the community profile) to be challenged and encouraged by.

Commenting on the published story of Zac's Place in Stillman's own work, BBC Radio Wales broadcaster **Roy Jenkins** comments how the

“whole story challenges us to learn from fragile people, too easily dismissed.”

Effective use of the media not only tells a story it can challenge and change a community to be more cohesive and less divisive, more inclusive and less judgemental, so it becomes more than just feeding the poor, it becomes a nourishing and flourishing environment to live in for all.

Additional Community Engagement

Zac's Place has developed slowly over time. It has had a reliable and committed support base of regular sponsors. As our reputation has become more secure and widespread, the wider community has voluntarily supported us. We very rarely make an unsolicited appeal for funds, but whole heartedly support community efforts on our behalf, such as those organised by local radio station The Wave, like their 'Cold Truth Sleep-out', or song releases by musicians, such as Steve Balsamo. Local schools have supported us by making soup, engaging pupils who are most at risk of being excluded from the mainstream teaching programme. Local restaurants such as the Uplands Diner and The Shared Plate, our local grocery stores, and countless numbers of retired friends are regular suppliers of food and tradesmen and suppliers don't simply offer discounts, but actively engage and embrace what we are doing and in turn seek our support in their own circumstances.

Zac's Place is also home to God's Squad Christian Motorcycle Club in South Wales, an International lay ministry among motorcycle enthusiasts and other fringe groups. For fifty years God's Squad has sought to be a credible expression of the Christian Church and mission on the margins of the community. Locally it continues to provide pastoral

support across a broad cross section of community members and finds itself in a unique position to challenge attitudes and gather community support for services among the poor from people that perhaps would otherwise not usually engage so easily with others.

In 2014 we opened Rough Edges in Townhill, Swansea, a Charity Shop and Workshop as an experiment to create a sustainable source of additional income. It has an added emphasis on supporting men in the community who are at risk of isolation. Ten years into this initiative, after a £5000 small grant investment, the shop turns over a profit each year which is allocated to go back into Zac's Place developments. It has seen many tonnes of items saved from landfill, being repurposed and sold and many volunteers come through, some referred via probation and other support services such as the mental health team. In its own way, it has become an important part of the local community far beyond our initial expectations and demonstrates the broad sphere of influence we have in the city.

To try and sum up the influence and impact of Zac's Place is probably best understood relationally. We have thrived on serving others relationally. We see people as just that,



people who are valued, who have a story, their story and with real needs and dreams. We see people as needing a community to belong to, and we see a community that can support each other and learn from each other. It

continues to be entirely relational. In 2021 Zac's Place founder, Sean Stillman, was awarded the Lifetime Achievement Award from the Wales Online / South Wales Evening Post Awards in

recognition for his and Zac's Place's endeavours over a sustained period of time in the community of Swansea. In addition, the Swansea Together initiative is a finalist for the 'Supporting Communities' award of the 'Welsh Housing Awards 2021' (This award



celebrates projects, initiatives and organisations who have gone above and beyond, working to support their communities during these difficult times).

Annex 2

Volunteer Impact

VOLUNTEERS WITH EXOUSIA TRUST

We have consistently been able to give volunteering opportunities to a very wide array of people from across the community, whether at Zac's Place or another of our projects, Rough Edges.

Over the years these volunteer roles at Zac's Place have typically included:

- Kitchen staff preparing and serving food
- Hospitality, making our guests welcome which can include those homeless and/or vulnerably housed
- Sorting clothes, toiletry and food donations
- Distributing clothes, toiletries and food
- Cleaning the venue
- General maintenance and decorating
- Admin support
- Advocacy for our work e.g. speaking at events, schools or fundraisers
- Technical support such as sound engineering for music/arts events

Additional volunteering roles have also been available at our Rough Edges Project since 2014 which include:

- Shop counter staff
- Shop donation sorting
- Workshop repairs and refurbishment of donations
- Drivers – Collection and deliveries from/to customers and Recycling and waste site runs

The vast majority of our volunteers are recruited via word of mouth or personal recommendation. Whilst we do have a number who engage as a result of a shared involvement with Zac's Place as a mission church community, we have consistently had committed volunteers of different faiths and none.

In a recent small survey of fifteen people who have volunteered with our food and meal provision programme in recent years, we received this feedback:

“What was your employment status whilst volunteering?”

Employment Status	Percent of responses	Number of Responses
Homemaker	13%	2
Employed	33%	5
Unemployed	0%	0
Student	0%	0
Retired	20%	3
Unable to work due to sickness	7%	1
Other	27%	4
TOTAL	100%	15

When asked what their professional background was, the response was typical of the diversity we have experienced over the years. Among the answers given were, carpenter and joiner, artist, missionary, student, veterinary medicine, executive assistant, engineering, social science researcher, dietitian, performer, tutor and local authority safeguarding manager. Outside of this survey, I know over the years we have also had volunteers who are teachers, tradesmen, musicians, social workers, students, young people on Duke of Edinburgh or Welsh Bac. placements, restaurant staff, nurses, pharmacists and counsellors among them.

There has been a general pattern that once people start volunteering with us, they do so for at least five years and the vast majority would testify to their experience as being

something of benefit to them, as well as those they are desiring to help. When asked “Did volunteering at Zac’s Place help you at all? If so, how?”, our volunteers responded with:

- 60% Made good use of my spare time (9)
- 53% Helped me to do something useful when I wasn't in a good place myself (8)
- 53% Improved my self-esteem (8)
- 87% Helped me understand the needs of others better (13)
- 80% It challenged my attitudes towards others, in a good way (12)
- 80% I felt like I was / am making a difference in the community (12)
- 47% I’m just happy to turn up and help (7)
- 0% None of the above (0)

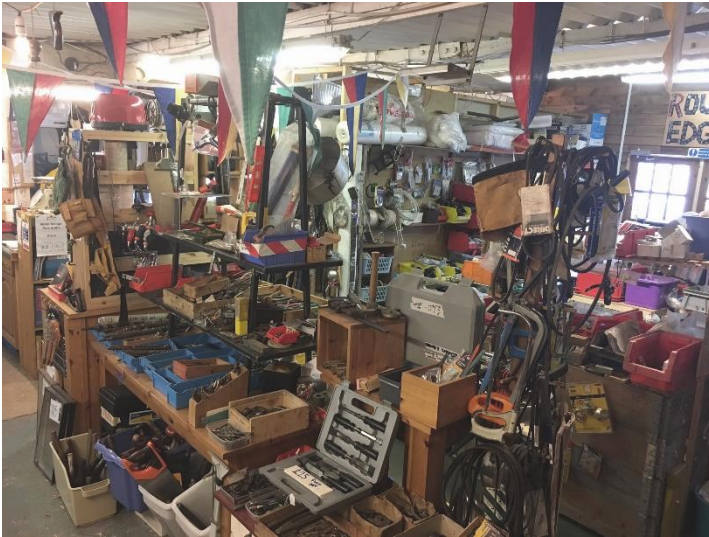
Total Respondents: 15

What is of most encouragement is seeing how our volunteers experience with us goes on to help them in their own lives. When asked “Did volunteering at Zac’s Place help you gain employment or subsequently help shape your career choices?” the feedback indicated that for several of them volunteering at Zac’s Place helped them do their present job better. This is significant when those whose careers have been helped shaped by their volunteering experience with us include those who are working with vulnerable people including Tom who is a dietitian and Lynsey who is the safe-guarding manager for Swansea Social Services. Other anecdotal evidence would also demonstrate volunteers going on to establish or become part of similar work in communities they have moved to, as a result of their experience at Zac’s Place.

Benefits	Percent of responses	Number of Responses
Volunteering at Zac's Place gave me valuable experience in pursuing a new career path	13%	2
Volunteering at Zac's Place helped me to do my present job better	27%	4
This question isn't relevant	13%	2
Volunteering at Zac's Place has just helped me be a more complete person	80%	12
Total Respondents:		15

On a broader basis, some of our volunteers are referred by specialist professional bodies, such as probation services or mental health teams. Our Rough Edges project has proved particularly successful in accommodating volunteer placements for people who have very few available options open to them because of their particular health circumstances or history of criminal convictions.

Here we have been required to have a healthy relationship and clear partnering with key workers and also the Police Public Protection Unit. This has required sensitivity and wisdom and has been built on a solid reputation of trust with the relevant agencies. For those individuals who have benefitted from their experience of volunteering with us they would describe it as life changing including some who have criminal histories that make it virtually impossible for them to gain employment.



What in the initial instance can serve as an opportunity for people to get involved in something to help others, actually becomes a vessel for encouraging, informing and shaping a person to have an even greater influence within the community through their professional work as well. Possibly most satisfying, is to see how volunteering at Zac's Place helps people feel more complete. One volunteer, Claire, who is a social science researcher added that for her, when her career took her away from the area, said she missed the diverse 'family' of Zac's Place volunteers.

For us, the recruitment of volunteers has never just been about getting hands on deck to get a job done, it has been about providing an opportunity to contribute something wholly beneficial into the lives of our volunteers, as well as those we support. In doing so there is a much deeper benefit that the wider community experiences. This is possibly one reason why the work of the Trust has always attracted so much grass roots support. It has not been built on gimmicks or a sales pitch, but on relationships and real-life experiences shared informally within the community.



Annex 3

Equality, diversity and inclusion policy

EXOUSIA TRUST EQUALITY, DIVERSITY AND INCLUSION POLICY

Exousia Trust is committed to encouraging equality, diversity and inclusion among our workforce and volunteers, and eliminating unlawful discrimination.

The aim is for our workforce and volunteers to feel respected and able to give their best.

The organisation - in providing goods and/or services and/or facilities - is also committed against unlawful discrimination of customers or the public.

Our goal is that our employees and volunteers can come from all sections of society.

The policy's purpose is to:

- provide equality, fairness and respect for all in our employment or volunteering to support us, whether temporary, part-time or full-time
- not unlawfully discriminate because of the Equality Act 2010 protected characteristics of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race (including colour, nationality, and ethnic or national origin), religion or belief, sex and sexual orientation
- oppose and avoid all forms of unlawful discrimination. This includes in pay and benefits, terms and conditions of employment, dealing with grievances and discipline, dismissal, redundancy, leave for parents, requests for flexible working, and selection for employment, promotion, training or other developmental opportunities

We commit to:

- Encourage equality, diversity and inclusion in the workplace as they are essential to our service provision

Create an environment free of bullying, harassment, victimisation and unlawful discrimination, promoting dignity and respect for all, and where individual differences and the contributions of all are recognised and valued.

Responsibilities include staff and volunteers conducting themselves to help the organisation provide equal opportunities in employment, and prevent bullying, harassment, victimisation and unlawful discrimination.

All staff and volunteers should understand they can be held liable for acts of bullying, harassment, victimisation and unlawful discrimination against fellow employees, volunteers, customers, suppliers and the public

- Take seriously complaints of bullying, harassment, victimisation and unlawful discrimination by fellow employees, volunteers, customers, suppliers, visitors, the public and any others in the course of the organisation's work activities.

Such acts will be dealt with as misconduct and appropriate action will be taken. Particularly serious complaints¹ could amount to gross misconduct and lead to dismissal of staff without notice or removal of the right to volunteer.

- Make opportunities for training, development and progress available to all staff, who will be helped and encouraged to develop their full potential, so their talents and resources can be fully utilised to maximise the efficiency of the organisation.
- Decisions concerning staff being based on merit (apart from in any necessary and limited exemptions and exceptions allowed under the Equality Act).
- Review employment practices and procedures when necessary to ensure fairness, and also update them and the policy to take account of changes in the law.

The equality, diversity and inclusion policy is fully supported by the trustees.

¹ Sexual harassment may amount to both an employment rights matter and a criminal matter, such as in sexual assault allegations. In addition, harassment under the Protection from Harassment Act 1997 – which is not limited to circumstances where harassment relates to a protected characteristic – is a criminal offence.

Exousia Trust engages with customers and volunteers that may have past issues or ongoing issues, including behaviours prohibited by law. While ensuring equality we recognise that people are imperfect. We are committed to working in a manner that permits all people, irrespective of their failings, to participate to the fullest extent reasonable. To that end we commit to:

- Supporting those that may be subject to temptation
- Protecting the vulnerable should people fail

Workers, volunteers and supporters are expected:

- To be open and honest about any weakness and temptation
- To ensure each other is supported and protected
- To take responsibility for their own actions
- To ensure the vulnerable are protected

EXOUSIA TRUST

Statement of Financial Activities

For the year ended 5th April 2024

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total This Year</u>	<u>Total Last Year</u>
<u>INCOME</u>				
Zacs Place donations received	4,487	-	4,487	5,014
Grants Received	-	2,847	2,847	4,120
Insurance Claims	-	-	-	-
Regular Donations received	50,548	-	50,548	45,045
Casual Donations	33,884	-	33,884	8,942
Royalty Income	515	-	515	830
Hire of Building	-	-	-	-
Rough Edges Project	3,755	-	3,755	16,559
Bank Interest Received	-	-	-	-
Tax Rebate from Gift Aid	4,000	-	4,000	4,115
TOTAL INCOME	97,189	2,847	100,035	84,625
<u>EXPENDITURE</u>				
Rough Edges Project Direct Costs	9,111	-	9,111	9,250
Grants/Gifts made in furtherance of objectives	3,160	-	3,160	5,196
Costs of Operating the Charity <i>Note 9</i>	80,863	-	80,863	73,021
Running costs of George Street property	7,719	-	7,719	6,950
Depreciation Charge	2,062	645	2,706	3,035
TOTAL EXPENDITURE	102,915	645	103,560	97,452
NET INCOME (EXPENDITURE)	(5,726)	2,202	(3,524)	(12,827)
Transfers Between Funds	-	-	-	-
NET INCOME (EXPENDITURE) After Transfers	(5,726)	2,202	(3,524)	(12,827)
Gains/Losses on Fixed Assets	-	-	-	-
NET MOVEMENT IN FUNDS	(5,726)	2,202	(3,524)	(12,827)
Total Funds Brought Forward	211,084	35,975	247,059	259,886
Total Funds Carried Forward	205,358	38,177	243,535	247,059

EXOUSIA TRUST

Balance Sheet

As at 5th April 2024

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total This Year</u>	<u>Total last Year</u>
<u>Fixed Assets -Tangible</u>				
	<i>note 5 & 6</i>			
George Street Property	46,735	28,265	75,000	75,000
Fixtures & Equipment	1,794	591	2,385	3,068
Motor Vehicles	5,888	0	5,888	7,088
	<u>54,416</u>	<u>28,856</u>	<u>83,272</u>	<u>85,155</u>
<u>Current Assets</u>				
Debtors - Gift Aid	8,065	0	8,065	8,180
Bank Main A/c & Cash	(2,409)	9,322	6,912	16,800
Bank Zacs Place A/c	126,688	0	126,688	121,927
Bank Rough Edges A/c	16,985	0	16,985	13,668
Gateway Support A/c	0	0	0	355
Media Bank Account	1,095	0	1,095	1,453
	<u>150,423</u>	<u>9,322</u>	<u>159,745</u>	<u>162,383</u>
<u>Current Liabilities</u>				
Creditors & Accruals	1,200	0	1,200	1,000
Net Pay Control	(2,592)	0	(2,592)	(967)
PAYE Creditor	661	0	661	254
Pension Control	214	0	214	192
	<u>(518)</u>	<u>0</u>	<u>(518)</u>	<u>479</u>
Net Current Assets	<u>150,941</u>	<u>9,322</u>	<u>160,262</u>	<u>161,903</u>
Total Assets less Current Liabilities	<u>205,357</u>	<u>38,178</u>	<u>243,535</u>	<u>247,059</u>
Total Net Assets	<u>205,358</u>	<u>38,177</u>	<u>243,535</u>	<u>247,059</u>
<u>Fund Balances</u>				
Accumulated Fund B/f	211,084	35,975	247,059	259,886
Net movement of funds	(5,726)	2,202	(3,524)	(12,827)
Accumulated Fund c/f	<u>205,358</u>	<u>38,177</u>	<u>243,535</u>	<u>247,059</u>

Signed by.....

Trustee

Print Name.....

Dated.....

EXOUSIA TRUST

Notes to the Accounts

1. These accounts have been prepared in accordance with the the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

2. There is no change to the valuation rules and methods of accounting since last year. Accounts are prepared on an accruals basis.

3. No changes have been made to the accounts of previous years

4. Amount paid for independent examination is £675

5. **Tangible Fixed Assets** - The Bikes (motor vehicles) and George Street (property) are not depreciated annually as the value is being maintained and are revalued as appropriate. The equipment and the other vehicle are depreciated at 25% per annum on a straight line basis, as detailed in note 6.

6. Depreciation Calculation:

	<u>Fixtures & Equipment</u>	<u>Property</u>	<u>Motor</u>	<u>Total</u>
Cost at 6.4.23	24292	75000	10050	109342
additions	823	0	0	823
disposals	0	0	0	0
Cost at 5.4.24	<u>25115</u>	<u>75000</u>	<u>10050</u>	<u>110165</u>
Accumulated Depreciation 6.4.23	21224	0	2963	24187
Charge this year	1506	0	1200	2706
Released on disposal	0	0	0	0
Accumulated Depreciation 5.4.24	<u>22730</u>	<u>0</u>	<u>4163</u>	<u>26893</u>
Net Book Value 5.4.24	2385	75000	5887	83272

The property is split between restricted for one off specific purchase donations and general for all other elements
The value of Equipment purchased from restricted funds is shown at Net Book Value in the Balance Sheet

7. Creditors & Accruals

	<u>This Year</u>	<u>Last Year</u>
Accounting Accrual	1200	1000

EXOUSIA TRUST

8. Restricted Funds: Are broken down as follows:

	Opening Balance	Incoming Resources	Resources Expended	Transfers between funds	Closing Balance
George Street	28265	0	0	0	28265
Food Poverty fund	7710	2847	645	0	9912
	35975	2847	645	0	38177

Balances of Funds Held:	Fixed			Total
	Assets	Bank & Cash	Liabilities	
George Street	28265	0	0	28265
Food Poverty fund	591	9322	0	9912
	28856	9322	0	38177

Fund Descriptions:

George Street - Restricted to the building Fund of the George Street Property

Food Poverty Fund - Funds received to provide emergency food and shelter for those in need, funded by City & County of Swansea's food poverty & household support funds.

9. Analysis of Expenditure

Costs of Operating the Charity	This Year	Last Year	movement
Purchases for resale	0	132	(132)
Salary & pension	41466	45628	(4163)
Bank Charges	37	5	32
Motor & Travel Expenses	6746	7267	(521)
Storage	0	0	0
Repairs & Maintenance	2156	369	1786
Stationery, Postage & Advertising	499	324	175
Small tools, Equipment, uniform	1461	749	712
Telephone & Internet	1564	1455	109
Subsistence & Sundries	17568	13142	4426
Vehicle Hire	216	216	0
Events & shop costs	0	0	0
Books & Training	1565	79	1486
Subscriptions	2853	0	2853
Insurance	3207	2735	472
Professional Fees	0	0	0
Accounting & Book keeping Fees	1525	920	605
Uniform	0	0	0
Refreshments Purchased	0	0	0
	80863	73021	

Independent Examiner's Report to the Trustees of Exousia Trust (1002581)

I report on the accounts of the Trust for the year ended 5th April 2024, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Charities Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act);
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed.......... Nicola Jayne Lewis

Date...3rd February 2025.....



EXOUSIA TRUST

Statement of Financial Activities

For the year ended 5th April 2024

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total This Year</u>	<u>Total Last Year</u>
<u>INCOME</u>				
Zacs Place donations received	4,487	-	4,487	5,014
Grants Received	-	2,847	2,847	4,120
Insurance Claims	-	-	-	-
Regular Donations received	50,548	-	50,548	45,045
Casual Donations	33,884	-	33,884	8,942
Royalty Income	515	-	515	830
Hire of Building	-	-	-	-
Rough Edges Project	3,755	-	3,755	16,559
Bank Interest Received	-	-	-	-
Tax Rebate from Gift Aid	4,000	-	4,000	4,115
TOTAL INCOME	97,189	2,847	100,035	84,625
<u>EXPENDITURE</u>				
Rough Edges Project Direct Costs	9,111	-	9,111	9,250
Grants/Gifts made in furtherance of objectives	3,160	-	3,160	5,196
Costs of Operating the Charity <i>Note 9</i>	80,863	-	80,863	73,021
Running costs of George Street property	7,719	-	7,719	6,950
Depreciation Charge	2,062	645	2,706	3,035
TOTAL EXPENDITURE	102,915	645	103,560	97,452
NET INCOME (EXPENDITURE)	(5,726)	2,202	(3,524)	(12,827)
Transfers Between Funds	-	-	-	-
NET INCOME (EXPENDITURE) After Transfers	(5,726)	2,202	(3,524)	(12,827)
Gains/Losses on Fixed Assets	-	-	-	-
NET MOVEMENT IN FUNDS	(5,726)	2,202	(3,524)	(12,827)
Total Funds Brought Forward	211,084	35,975	247,059	259,886
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EXOUSIA TRUST

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As at 5th April 2024

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Signed by.....

Trustee

Print Name.....

Dated.....

EXOUSIA TRUST

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EXOUSIA TRUST

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Refreshments Purchased	0	0	0
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Independent Examiner's Report to the Trustees of Exousia Trust (1002581)

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Signed.......... Nicola Jayne Lewis

Date...3rd February 2025.....



EXOUSIA TRUST

England & Wales - Charity number 1002581

Accounts

Sean Stillman <exousiatrust@zacsplace.org>

27/4/2023 10:55

Exousia Trust Newsletter Spring 2023

To pojali@tiscali.co.uk

[View this email in your browser](#)

Keep The Faith

The Newsletter of Exousia Trust



Spring 2023

Dear Friends

Warmest greetings and welcome to this edition of news about the various aspects of ministry that we are involved in. Many thanks for continuing to be there, interested and supportive of these activities. It means a great deal and continues to be vital in all that we endeavour to do and be.

After having to adapt and be somewhat nomadic as a church community during the various lockdowns, which saw us, (Zac's Place), use the beach, the canopy cover of the library and the expansive indoor space of St. Mary's in the city centre, it is good to be able to write that our regular Tribal Gathering is very

much back at Zac's Place every Tuesday evening, meeting once again in the lounge, and has been for quite a while now.

Currently on a Tuesday evening, we are exploring together, Paul's letter to the church community in Philippi. Back in the summer of 2020, I took up the invite to speak at the online service for Parklands Church in Swansea, and was given the topic of the second half of Philippians chapter 2 to teach on. I have recently revisited that sermon, (see YouTube link below), as I prepared for the present series at Zac's Place.

As part of my introduction, I reflected at the time how Paul was writing from his own lockdown experience, of incarceration facing an uncertain future. This was the man who had been so mobile and free to roam for so long on his mission trips. He could respond to which ever way the wind of the Holy Spirit would blow and had the capacity to take care of himself without wanting to be a burden on those he was ministering too.

Now jailed, as he wrote this letter, that freedom had gone. He needed to rely on the support of friends around and those who travelled in. Whilst he was very matter of fact about whether he lived or died, he must have had to dig deep as he wrote with so much joy to a community of friends that had been so supportive in Philippi, but also facing their own struggles.

In the summer of 2020 when I presented that teaching, I could not have guessed how much my own life would change in the next couple of years. Now, nearly three years on, I find myself studying the same passage and discover a resonance which wasn't there before. As I have come to terms with my Parkinson's diagnosis and make necessary adjustments, my circumstances are definitely changing. Whilst I may not be faced with the incarceration that Paul experienced, I do feel like my wings have been clipped, as my energy and function is not what it was. But also, like Paul, I am learning all the time how to adapt, and importantly to see how my changing circumstances might continue to serve as opportunities in service of the Lord.

So, I hope therefore, as you read these news snippets you share something of the encouragement I, and those around us feel, 'despite everything'. Very rarely does any of us feel like we actually function at optimum capacity for very long at

all, and if we waited until we did before we stepped out in faith and service, perhaps we never would. Paul didn't allow his changing circumstances steel away his passion and zeal for what the Lord had called him to do, and he found new ways of serving the emerging church communities. Some of these ways was in the letters he sent out, which of course the church has benefitted from in a colossal way - way beyond what he'll have imagined at the time.

I have always taken great encouragement from my father in sticking to the task of what the Lord had called him to as an Evangelist. Dad's earthly journey came to an end in January, after a long goodbye due to multiple cancers. As a family as we reflected on his life and sixty years of ministry, over fifty of which concentrated in prisons, I described him as a 'methodical metronome of grace'. Learning to keep going, remaining unflappable, when everything around is uncertain is a learned gift in the toughest of environments. I'm grateful for biblical examples, and physical ones alongside me who have served so well. I am also acutely aware that many of the folks we support and serve amid at Zac's Place have to really dig in to get through each day. It is in this community of the walking wounded that I see people continue to live out a very real, if sometimes very raw, life of faith in Christ. So I hope you'll see these threads of encouragement in this newsletter, the buds and signs of life poking through the earth this spring time.

In this newsletter, you'll read about an addition to our staff team at Zac's Place venue and how important this is to us maintaining the essential food provision. There's also my visit to Ukraine last October, and then onto Australia and New Zealand. We'll include a few links to things to listen to and watch and bring some feedback from the road too.

In deep appreciation on behalf of us all, and may God bless and encourage you and your loved ones.

Sean Stillman

Sean's Philippians 2 Message, 19.7.2020, at Parklands Church



Some of our crew at Zac's Place receiving a visit from the Mayor & Mayoress of Swansea during our food provision service.

This year Zac's Place is one of two Lord Mayor's charities that he is highlighting and supporting.

(Back Row L-R)

Gillian, Stuart (Facilities Manager), Steve

(Front Row L-R)

Bryan, Liz, Chris & Mike Day (Mayor of Swansea), Stuart, Claire (Kitchen Manager)

November 2022

New Staff

We are also really pleased to report that Claire Thomas has now joined us, on staff part time, as our Kitchen Manager starting last December. Claire, pictured above, has volunteered with us for a number of years and has a long history of hospitality and catering experience. She is bringing lots of new ideas, improved practice and also proving that healthy food really does taste great. We want our guests to experience good food and the kitchen to be run well. Taking on a kitchen manager enables us to maintain that, but is obviously a big step for us, but one we believe is important.

VENUE - SUPPORTING THE COMMUNITY

We continue to provide essential free hot meal provision serving in the region of 90 people each Thursday and Friday, (in partnership with other groups in the city looking after different days). Most of our guests are either street homeless, housed but without cooking facilities, in emergency B&B or in food poverty. We have been grateful to Swansea Council for some occasional small grants from their food poverty fund to assist with this provision.

Our venue also continues to be used by the local Rough Sleepers Intervention Team and others such as the NHS nursing outreach team and mental health team.

Focus Point: *We continue to need additional regular and cover volunteers for the Thursday & Friday food provision*



A video updated filmed by Parklands Church in Swansea last December for their members to learn about our story.

<https://youtu.be/vhPmrysV5bM>



UKRAINE, OCTOBER 2022

As many of you will know, we have maintained a long relationship with a community of people in Ukraine for many years. Since Sean's first visit there in 2006, a thriving chapter of God's Squad has also developed. Sean was able to make a pastoral visit to the community there in Kyiv & Lviv, at their request, to sit alongside them, listen to their stories, lament with them and share precious moments of fellowship, teaching and prayer, amid the backdrop of the tragedy that they are living in. Sean writes:

Space here doesn't permit a full explanation of this visit, but it would be fair to say, it's as difficult out there as you think it probably could be - and I didn't see the worst of things by a long way. I spent my time with people I love, some I know incredibly well and all of them were living with the reality of separation from loved ones, uncertainty about the future for them, their children, and their communities. Some are serving on the frontline as soldiers, pastors and medics, some are professionals, some are volunteers. Others work flat out in humanitarian work, some hold down their regular work if it is still available, (teachers, mechanics, doctors, builders ...), until the call up comes. Some aspects of life attempt to go as normal in some places, almost as an act of defiance to those who would crush them, but this can be a strange tension for those returning from the front line to rest with a ringing in their ears and a bloodied stench in their nostrils. The psychological rebuilding will take as long as any physical rebuild of Ukraine when the day comes.

Some feel bad that their faith is being tested and they're not sure whether they can hang on - but they manage, day by day. Just. None however, escape the tyranny of what is happening. But faith is not dead. Faith is fragile, bodies are tired, but for those I spent my time with, God remains present in their trenches, their cellars, their homes and their lives. It is a truly humbling experience. Ukraine has always, without fail, enriched me far more than I have ever felt I have them.

Many onlookers do not realise the present struggle has been going on since 2014. It is also since this time some of those we know have engaged in frontline chaplaincy and medical support as volunteers. My visits there at that time in 2014 and 2015 saw evidence of this then.

BAPTISMS & VINES

Amid all the pain and the great tragedy there are sign's of life. In my friends' Bogdan and Anya's garden grow some grape vines. They taste so sweet too, and it was under the shadows of these vines that a couple of people were baptised in a steel trailer during my visit. One was a young man from Bucha, a community that had experienced horrific destruction in the early weeks of the invasion. Despite losing so much, some would say everything, there were reasons to sing a song of hope alongside the songs of lament together.

Whilst there, Sean was able to bring some bible teaching, pastoral support and lead prayers for a volunteer medical team returning to frontline service. The images above and below show some of the God's Squad community and friends gathered for his visit, baptismal declarations of faith, sunrise commissioning prayers for the volunteer medics and the ruins of the God's Squad HQ just west of Kyiv which was destroyed in the first days of the invasion.

EXOUSIA TRUST

Statement of Financial Activities

For the year ended 5th April 2023

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total This Year</u>	<u>Total Last Year</u>	
<u>INCOME</u>					
Zacs Place donations received	5,014	-	5,014	7,519	
Grants Received	-	4,120	4,120	8,782	
Insurance Claims	-	-	-	-	
Regular Donations received	45,045	-	45,045	55,975	
Casual Donations	8,942	-	8,942	15,712	
Royalty Income	830	-	830	360	
Hire of Building	-	-	-	-	
Rough Edges Project	16,559	-	16,559	21,530	
Bank Interest Received	-	-	-	-	
Tax Rebate from Gift Aid	4,115	-	4,115	4,042	
TOTAL INCOME	80,505	4,120	84,625	113,920	
<u>EXPENDITURE</u>					
Rough Edges Project Direct Costs	9,250	-	9,250	8,898	
Grants/Gifts made in furtherance of objectives	2,429	2,768	5,196	13,267	
Costs of Operating the Charity <i>Note 8</i>	73,021	-	73,021	75,951	
Running costs of George Street property	6,950	-	6,950	19,381	
Depreciation Charge	2,390	645	3,035	3,145	
TOTAL EXPENDITURE	94,040	3,412	97,452	120,641	119,641
NET INCOME (EXPENDITURE)	(13,535)	708	(12,827)	(6,722)	
Transfers Between Funds	-	-	-	-	
NET INCOME (EXPENDITURE) After Transfers	(13,535)	708	(12,827)	(6,722)	
Gains/Losses on Fixed Assets	-	-	-	(1,000)	
NET MOVEMENT IN FUNDS	(13,535)	708	(12,827)	(7,722)	
Total Funds Brought Forward	224,619	35,267	259,886	267,608	
Total Funds Carried Forward	211,084	35,975	247,059	259,886	

EXOUSIA TRUST

Balance Sheet

As at 5th April 2023

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total This Year</u>	<u>Total last Year</u>
<u>Fixed Assets -Tangible</u>				
George Street Property	46,735	28,265	75,000	75,000
Fixtures & Equipment	1,832	1,236	3,068	4,902
Motor Vehicles	7,088	0	7,088	8,288
	55,655	29,501	85,155	88,190
<u>Current Assets</u>				
Debtors - Gift Aid	8,180	0	8,180	4,065
Bank Main A/c & Cash	10,680	6,120	16,800	28,405
Bank Zacs Place A/c	121,927	0	121,927	121,480
Bank Rough Edges A/c	13,668	0	13,668	19,053
Gateway Support A/c	0	355	355	1,002
Media Bank Account	1,453		1,453	1,217
	155,908	6,475	162,383	175,221
<u>Current Liabilities</u>				
Creditors & Accruals	33	0	33	2,583
PAYE Creditor	254	0	254	645
Pension Control	192	0	192	297
	479	0	479	3,525
Net Current Assets	155,429	6,475	161,903	171,696
Total Assets less Current Liabilities	211,083	35,976	247,059	259,886
Total Net Assets	211,084	35,975	247,059	259,886
<u>Fund Balances</u>				
Accumulated Fund B/f	224,619	35,267	259,886	267,608
Net movement of funds	-13,535	708	-12,827	-7,722
Accumulated Fund c/f	211,084	35,975	247,059	259,886

Signed by.....

Trustee

Print Name.....

Dated.....

EXOUSIA TRUST

Notes to the Accounts

1. These accounts have been prepared in accordance with the the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

2. There is no change to the valuation rules and methods of accounting since last year. Accounts are prepared on an accruals basis.

3. No changes have been made to the accounts of previous years

4. Amount paid for independent examination is £650

5. **Tangible Fixed Assets** - The Bikes (motor vehicles) and George Street (property) are not depreciated annually as the value is being maintained and are revalued as appropriate. The equipment and the other vehicle are depreciated at 25% per annum on a straight line basis, as detailed in note 6.

6. Depreciation Calculation:

	Fixtures & Equipment	Property	Motor	Total
Cost at 6.4.22	24292	75000	10050	109342
additions	0	0	0	0
disposals	0	0	0	0
Cost at 5.4.23	<u>24292</u>	<u>75000</u>	<u>10050</u>	<u>109342</u>
Accumulated Depreciation 6.4.22	19390	0	1763	21153
Charge this year	1835	0	1200	3035
Released on disposal	0	0	0	0
Accumulated Depreciation 5.4.23	<u>21224</u>	<u>0</u>	<u>2963</u>	<u>24187</u>
Net Book Value 5.4.23	3068	75000	7087	85155

The property is split between restricted for one off specific purchase donations and general for all other elements
The value of Equipment purchased from restricted funds is shown at Net Book Value in the Balance Sheet

7. Restricted Funds: Are broken down as follows:

	Opening Balance	Incoming Resources	Resources Expended	Transfers between funds	Closing Balance
George Street	28265	0	0	0	28265
Food Poverty fund	7002	4120	3412	0	7710
	<u>35267</u>	<u>4120</u>	<u>3412</u>	<u>0</u>	<u>35975</u>

	Fixed Assets		Liabilities	Total
Balances of Funds Held:	Bank & Cash			
George Street	28265	0	0	28265
Food Poverty fund	1236	6475	0	7710
	<u>29501</u>	<u>6475</u>	<u>0</u>	<u>35975</u>

Fund Descriptions:

George Street - Restricted to the building Fund of the George Street Property

Food Poverty Fund - Funds received to provide emergency food and shelter for those in need, funded by City & County of Swansea's food poverty & household support funds.

EXOUSIA TRUST

8. Analysis of Expenditure

Costs of Operating the Charity	<u>This Year</u>	<u>Last Year</u>	<u>movement</u>
Purchases for resale	132	0	132
Salary & pension	45628	45417	212
Bank Charges	5	44	(39)
Motor & Travel Expenses	7267	3038	4228
Storage	0	1325	(1325)
Repairs & Maintenance	369	5605	(5236)
Stationery, Postage & Advertising	324	554	(230)
Small tools, Equipment, uniform	749	776	(26)
Telephone & Internet	1455	1308	146
Sundries	13142	13123	19
Vehicle Hire	216	216	0
Events & shop costs	0	0	0
Books & Training	79	136	(57)
Subscriptions	0	0	0
Insurance	2735	2377	358
Professional Fees	0	0	0
Accounting & Book keeping Fees	920	2032	(1112)
Uniform	0	0	0
Refreshments Purchased	0	0	0
	<u>73021</u>	<u>75951</u>	

Independent Examiner's Report to the Trustees of Exousia Trust (1002581)

I report on the accounts of the Trust for the year ended 5th April 2023, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Charities Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act);
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed.....  Nicola Jayne Lewis

Date... 14th January 2024.....



EXOUSIA TRUST

England & Wales - Charity number 1002581

Accounts

EXOUSIA TRUST REVIEW 2022

Registered Charity 1002581



JANUARY 2022

EXOUSIA TRUST
Trustee Report



Exousia Trust Review

January 2022

Exousia trust has advanced plans to develop the premises in George Street (Zac's Place). In order to ensure the property development is consistent with the benefits the charity delivers to the community linked with Zac's Place and to the wider community an effectiveness review has been carried out. This review is intended to highlight the areas that should continue to be supported through the development of the premises.

This review has two key parts:

Community Impact (details in Annex 1)

Volunteer Impact (details in Annex 2)

Community Impact

The **community impact** review identifies a number of areas where the trust has been effective, particularly with the wider community.

The Homeless, Vulnerable and Food Poverty

A key feature of the work of Exousia Trust is the interface with other local and national charities working with the homeless, vulnerable, deprived and dispossessed. In particular the charity works to bring those that would fall through the net into contact with support services. Perhaps a key quote from the review is:

“For some people Zac's Place is the only safe haven in their lives”

It is essential that the update to the premises continues to support the inclusion of other service providers and provides a welcoming atmosphere to those in need. To this end the plans take into account the shortfalls in the current building identified by associated service providers. A crucial aspect of the development is that the “finish” should be welcoming rather than high specification.

The Arts

Exousia Trust has made the premises of Zac's Place available for a wide variety of artistic uses and has commissioned a number of artwork (including the Beatitudes collection recently shown at the Swansea Grand Theatre).



At present the condition of the premises is not conducive to use as an arts venue, however the changes will create a small facility suitable for hosting events and exhibitions. A number of local artists have been featured in the venue in the past, as have artists of international status. A key part of the artist involvement is the desire of the artists to associate with the ethos of Exousia Trust. Following the renovation we will be able to encourage more local and international artists to express support for inclusion. The renovation should ensure the premises are suitable for use by performing and visual arts.

The Church Community in Swansea and Beyond

Zac's Place hosts a Christian community with a difference. It does not host Sunday services, but rather midweek "tribal gatherings". While this work is primarily inward looking – it is a focus on "our community" – it has had a profound effect on churches in Swansea, nationally and internationally. The Zac concept is related to the meeting of Jesus and Zacchaeus, where Jesus said (paraphrased) "Let's go to your place and have a meal and a chat". The church at Zac's Place is a place that the community feels is their home. This concept has driven a new movement in churches across the UK and Zac's Place has been recognised as a pioneer by main-stream churches.

The renovation is intended to provide a better setting for relaxed gatherings – for people to meet in their place.

Advocacy and the Media

Many of the people Exousia Trust engages with are essentially voiceless. Through the work of building a community of ragamuffins (people with diverse backgrounds and lifestyles, some of which don't mesh with "normal society" that come together to build relationships with each other) we become aware of the hidden stories. We see the



frustrations caused by the demands of society that they engage on terms “acceptable society” demands.



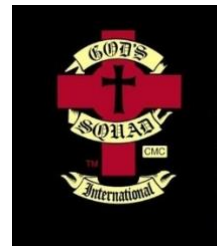
We see these voiceless as our family and have little option but to speak up for them. While we have had some success this is an area (locally and primarily nationally) that is hampered by the need to focus energy on the upkeep of a failing building. By improving the building our goal will be to increase worker and volunteer availability for advocacy.

Additional Community Engagement

This is perhaps the hardest area to review in terms of effectiveness. One of the ways we measure it is through the willingness of others to become involved in the work of Exousia Trust. An obvious example is the work being carried out free of charge by Hydrock in relation to the revision of the premises.

Local businesses have engaged in supporting different areas of our work, as have other faiths and local organisations.

Perhaps the key impact is the use of the venue by God’s Squad Motorcycle Club. The links between this club and many other motorcycle clubs provides a key service, particularly in relation to life events. By creating an off-road area this aspect of the use of the premises will be improved significantly by the renovations.



Volunteer impact

The **volunteer impact** review identifies a number of transformational areas of importance to the Zac’s Place community (i.e. those that associate with the work of the charity).

Attitude to others

In a survey of volunteers an important result was shown in the question “Did volunteering at Zac’s Place help you at all?”

Three areas of response focussed on the change in volunteers toward those in need in the local community and all were noted as particularly important. It can be concluded

that the volunteer activities run by Exousia Trust is changing attitudes of individuals in the local community, making the wider community of Swansea more inclusive.

Attitude to self

Looking at the response to the questionnaire in relation to the volunteers it is of note that the vast majority considered that engaging with Exousia Trust has “helped me be a more complete person”. When working with a diverse group of volunteers, some of which suffer self-esteem issues, this is an important outcome.

The premises needs to facilitate volunteer involvement in these positive ways, and the current building problems have restricted volunteer involvement to some extent and the renovation will improve the ability to volunteer.

Conclusion

Exousia Trust has a broad range of impacts on society and volunteers, impacting local, national and international society. A key factor in this is the ability of communities, other charities and organisations to see the premises as theirs, and the outcome of any renovation needs to facilitate the building use by friends – this must be a priority.



Annex 1

Community Impact



Zac's Place Community Impact Statement

Since our inception in 1998, Zac's Place has had a very broad impact within the community of Swansea and also much further afield. With a commitment to serve and support the most vulnerable, it has demonstrated that by setting an example you can change the way a community behaves. Attitudes can be challenged that have a far-reaching impact across a whole community as stories are shared from experiences that may have otherwise been hidden.

The impact of Zac's Place within the community can be best summarised into the following areas:

The Homeless, Vulnerable and Food Poverty

For over sixteen years Zac's Place has fostered relationships across the community to practically serve the needs of some of Swansea's most vulnerable people. Shortly after purchasing our venue in 2004, the old Gospel Hall in George Street, the Trust embarked on a partnership with The Wallich charity's Rough Sleepers Intervention Team which grew to develop a seven day a week breakfast provision service from Zac's Place for those who are sleeping rough or in crisis. This quickly developed into wider partnership working bringing in the NHS homeless nursing and mental health teams, addiction and recovery support agencies, Swansea Council's Housing Options, The Big issue and also in more recent years was formative in Crisis setting up in Swansea and hosting a frontline pilot scheme from the DWP. This kind of partnership working has been key in bringing the church community into key working relationships with third sector organisations, other charities, governing bodies and boards to bring practical change across the city. Other initiatives have since followed with a cross fertilisation of ideas and influence from this engagement. These include the Swansea Nightshelter, now run by Housing Justice, but was initially established by churches together in Swansea in partnership with many of the already mentioned networks. Swansea Street Pastors, Swansea Foodbank and Swansea Prison Community Chaplaincy Team have all benefitted significantly from these blossoming networks also.

Janet Keaufling QN MBE, the nurse specialist for homeless and vulnerable adults has summed up the impact of Zac's Place by saying:

"Swansea has a great many services for homeless and vulnerable people. Unfortunately, not everyone is able to access statutory and voluntary

services. Some are excluded because of their past or current behaviour, social or financial reasons but some exclude themselves, choosing not to accept such help or support. It is on these occasions that the care offered by Zac's Place comes into its own.

Every weekday morning at 8 am the doors to Zac's Place open to provide an essential outreach service to those who are sleeping rough with tea, housing advice and respite from the weather. At least twice a year Zac's Place accommodates the so called "Homeless Health Days" run in conjunction with Swansea School of Medicine when homeless people can have a health check, flu vaccinations and foot care. Every Thursday evening is the coffee bar providing an opportunity to sit in the warm, have a hot drink and enjoy the fellowship of others.

For some people Zac's Place is the only safe haven in their lives. Here they find help, the love and support of others and, importantly, acceptance of who they are and the life that they are leading. It may not seem much, but for many, it is a lifeline."

Throughout the past year (2020/21), whilst the shape of how we have been able to support people has changed due to coronavirus, Zac's Place has remained at the forefront of creatively responding to the challenges of supporting the homeless and vulnerable, with the same commitment to partnership working. This has been most notably evident in Zac's Place taking the lead, alongside Matt's Cafe and the NHS Clinical Nurse Specialist's Team for the Homeless and Vulnerable Adults, in establishing the 'Swansea Together' emergency response, to see daily food provision maintained, to all those without a home or in emergency temporary accommodation. At the time of writing, this is ongoing and remains a partnership of volunteer teams and professional agencies.

In the summer of 2020, **Cllr Rob Stewart**, leader of the City and County of Swansea Council thanked the volunteer workforce by saying,

"The people of Swansea needed volunteers more than ever and during this time providing food for our most vulnerable people in Swansea was vital. We have been delighted and overwhelmed by the way you responded to these unprecedented challenges ... On behalf of the Council

and the people of Swansea, we thank you for everything you have done. Swansea will not forget what you have done to support the city when it needed it the most.”

Swansea City FC chairman at the time, **Trevor Birch**, added his thanks describing the effort as

“nothing short of heroic”

and with Swansea East MP, **Carolyn Harris** acknowledging that

“many would have been lost”

without this service.

This present provision continues and remains essential frontline engagement with many who would slip through the support networks otherwise. It is also worth noting that this ongoing support has been supported with small grants from Swansea Council’s Food Poverty grant scheme and Crisis. From a simple proactive response to meet the needs of some of the city’s most vulnerable and marginalised, a much broader sphere of influence and engagement has emerged over a sustained period of time to help not just meet practical needs, but also influence how a community responds to crisis and challenge the stigma of homelessness and poverty.

The Arts

Since its inception as a pioneering church community that engaged with people in bars, Zac’s Place has held the influence of the arts as an important voice in a community. Whether it be live music, art exhibitions, theatre performance, poetry or children’s theatre and dance, Zac’s Place has always made strong connections within the arts community and endeavoured to facilitate a platform and opportunity for the voice of the arts to be heard within the local community.

To this end, prior to the main hall falling into disrepair, Zac’s Place was home to a children’s drama and dance schools for ten years, (Jems Drama School and also Kreative Kidz Dance). We have hosted a string of fine music performances from artists such as Martyn Joseph, Barry McGuire, After the Fire, plus a host of emerging artists. We have worked in partnership with HTV Wales on a television series (2001) which saw musicians, storytellers, poets and comedians come together for a unique programme. Other in-house performances have been brought by poet and BBC Radio 4 broadcaster Stewart

Henderson and Gritty productions have piloted a theatre project using professional actors alongside those still homeless. Wales Theatre Company, run by Michael Bogdanov, used Zac's Place as an essential rehearsal space for the musical, 'Amazing Grace' (2005) and our own in-house art commission based on 'The Beatitudes' has been widely praised and exhibited publicly in Swansea Grand Theatre and Greenbelt Festival.

In an interview on BBC Radio Wales, legendary music broadcaster **Bob Harris OBE** describes his evening sharing stories at Zac's Place, for the charity Let Yourself Trust, five years previously as,



"... a fabulous night ... honestly, it was one of the best gigs ever for me, I loved it ... the atmosphere that night was incredible, I always wish the best for Zac's Place and the great work they're doing there."

Zac's Place continues to be passionate about the role of an artist and the arts within our community. It is often the voice of the arts that can give a community the inspiration, and the stories, to allow its conscience to be stirred into action. The refurbishing of our venue will enable us once again to have creative spaces available, even more so in a post Covid era that has been starved of artistic expression.

The Church Community in Swansea and Beyond

Zac's Place began and continues as a church community and charity. In 1998 we had no idea our sphere of influence would go beyond our own community. After having attracted the interest of then Archbishop of Wales, Rowan Williams, Zac's Place became a key source of influence in a new and emergent movement of new churches. It was called 'Fresh Expressions' and was initially pioneered by a partnership between the Anglican and Methodist church traditions. Within it, Zac's Place was held up as an excellent model of how a church can effectively engage with the local community and made a significant contribution to shape what has now become an accepted global

movement within the mainstream church across multiple denominations. **Norman Ivison**, former director of Communications at Fresh Expressions said of his first visit to Zac's Place.

"I knew as soon as I walked into Zac's Place I was somewhere special ... I left inspired, humbled and changed."

Zac's Place founder Sean Stillman now has opportunity to teach at centres of theological training and the story and experience of Zac's Place as a pioneering church community is well documented in academic networks in journals and books.

Locally, Zac's Place has earned its place of respect with the church community and also other faith communities. As a venue we have hosted Churches Together events for adults and young people and brought teaching and training to other churches locally in areas where we have become experienced.

Zac's Place continues to be home to a church community known as 'A Church for Ragamuffins' and is known for its welcome to all, a proactive devotional life of Christian faith and service, and pastoral and chaplaincy support to many within the community.

Lord Rowan Williams, former Archbishop of Canterbury observed early on,

"The work going forward at Zac's Place is in every way innovative, courageous and important for the community in general as well as the Christian community. I have been privileged to watch the development of this initiative over several years and would want to pay the most sincere tribute to the dedication and vision of those who have been running it."

Advocacy and the Media

Zac's Place has learned the influence of effective media. Getting stories out into the community has the power to challenge and change a community. The high-profile death of a Swansea homeless gentleman, 'Tea Cosy Pete' is one such example. Zac's Place's relational engagement with 'Pete' and the faithful retelling of his story, through our own website¹ and reproduced in news media, advocated for seeing the value in all people,

¹ See <http://www.zacsplace.org/zacs-2/is-anyone-listening/>

and challenged judgemental attitudes in a community, had a profound impact at the time.

Similarly, working in partnership with BBC Wales and Gritty productions, on a TV series, 'Swansea Living on the Street' (2012) enabled access to many hidden stories that also had a profound impact on changing attitudes across the whole city towards homelessness, addiction and poverty. It is this kind of media profile and impact that is in the background to such a strong community response to the present pandemic in the city and the communal support we receive.

Zac's Place founder Sean Stillman continues to have regular broadcast opportunities on BBC Radio Wales, with output from their Religion and Ethics department. This invariably includes taking human stories and placing them into a context for listeners (who span the entire spectrum of the community profile) to be challenged and encouraged by.

Commenting on the published story of Zac's Place in Stillman's own work, BBC Radio Wales broadcaster **Roy Jenkins** comments how the

"whole story challenges us to learn from fragile people, too easily dismissed."

Effective use of the media not only tells a story it can challenge and change a community to be more cohesive and less divisive, more inclusive and less judgemental, so it becomes more than just feeding the poor, it becomes a nourishing and flourishing environment to live in for all.

Additional Community Engagement

Zac's Place has developed slowly over time. It has had a reliable and committed support base of regular sponsors. As our reputation has become more secure and widespread, the wider community has voluntarily supported us. We very rarely make an unsolicited appeal for funds, but whole heartedly support community efforts on our behalf, such as those organised by local radio station The Wave, like their 'Cold Truth Sleep-out', or song releases by musicians, such as Steve Balsamo as was the case this past Christmas. Local schools support us by making soup, often engaging pupils who are most at risk of being excluded from the mainstream teaching programme. Local restaurants such as the Uplands Diner and The Shared Plate, our local grocery stores, and countless numbers of retired friends are regular suppliers of food and tradesmen and suppliers don't simply

offer discounts, but actively engage and embrace what we are doing and in turn seek our support in their own circumstances.

Zac's Place is also home to God's Squad Christian Motorcycle Club in South Wales, an International lay ministry among motorcycle enthusiasts and other fringe groups. For nearly fifty years God's Squad has sought to be a credible expression of the Christian Church and mission on the margins of the community. Locally it continues to provide pastoral support across a broad cross section of community members and finds itself in a unique position to challenge attitudes and gather community support for services among the poor from people that perhaps would otherwise not usually engage so easily with others.

In 2014 we opened Rough Edges in Townhill, Swansea, a Charity Shop and Workshop as an experiment to create a sustainable source of additional income. It has an added emphasis on supporting men in the community who are at risk of isolation. Six years into this initiative, after a £5000 small grant investment, the shop turns over £24,000 per year, with approximately £7,000 profit per year allocated to go back into Zac's Place developments. It has seen many tonnes of items saved from landfill, being repurposed and sold and many volunteers come through, some referred via probation and other support services such as the mental health team. In its own way, it has become an important part of the local community far beyond our initial expectations and demonstrates the broad sphere of influence we have in the city.

To try and sum up the influence and impact of Zac's Place is probably best understood



relationally. We have thrived on serving others relationally. We see people as just that, people who are valued, who have a story, their story and with real needs and dreams. We see people as needing a community to belong to, and we see a community that can support each other and learn from each other. It continues to be



entirely relational. In 2021 Zac's Place founder, Sean Stillman, was awarded the Lifetime Achievement Award from the Wales Online / South Wales Evening Post Awards in recognition for his and Zac's Place's endeavours over a sustained period of time in the community of Swansea. In addition, the Swansea Together initiative is a finalist for the 'Supporting Communities' award of the 'Welsh Housing Awards 2021' (This award celebrates projects, initiatives and organisations who have gone above and beyond, working to support their communities during these difficult times).

Annex 2

Volunteer Impact



VOLUNTEERS WITH EXOUSIA TRUST

We have consistently been able to give volunteering opportunities to a very wide array of people from across the community, whether at Zac's Place or another of our projects, Rough Edges.

Over the years these volunteer roles at Zac's Place have typically included:

- Kitchen staff preparing and serving food
- Hospitality, making our guests welcome which can include those homeless and/or vulnerably housed
- Sorting clothes, toiletry and food donations
- Distributing clothes, toiletries and food
- Cleaning the venue
- General maintenance and decorating
- Admin support
- Advocacy for our work e.g. speaking at events, schools or fundraisers
- Technical support such as sound engineering for music/arts events

Additional volunteering roles have also been available at our Rough Edges Project since 2014 which include:

- Shop counter staff
- Shop donation sorting
- Workshop repairs and refurbishment of donations
- Drivers – Collection and deliveries from/to customers and Recycling and waste site runs

The vast majority of our volunteers are recruited via word of mouth or personal recommendation. Whilst we do have a number who engage as a result of a shared involvement with Zac's Place as a mission church community, we have consistently had committed volunteers of different faiths and none.

In a recent small survey of fifteen people who have volunteered with our food and meal provision programme in recent years, we received this feedback:

“What was your employment status whilst volunteering?”

Employment Status	Percent of responses	Number of Responses
Homemaker	13%	2
Employed	33%	5
Unemployed	0%	0
Student	0%	0
Retired	20%	3
Unable to work due to sickness	7%	1
Other	27%	4
TOTAL	100%	15

When asked what their professional background was, the response was typical of the diversity we have experienced over the years. Among the answers given were, carpenter and joiner, artist, missionary, student, veterinary medicine, executive assistant, engineering, social science researcher, dietitian, performer, tutor and local authority safeguarding manager. Outside of this survey, I know over the years we have also had volunteers who are teachers, tradesmen, musicians, social workers, students, young people on Duke of Edinburgh or Welsh Bac. placements, restaurant staff, nurses, pharmacists and counsellors among them.

There has been a general pattern that once people start volunteering with us, they do so for at least five years and the vast majority would testify to their experience as being

something of benefit to them, as well as those they are desiring to help. When asked “Did volunteering at Zac’s Place help you at all? If so, how?”, our volunteers responded with:

- 60% Made good use of my spare time (9)
- 53% Helped me to do something useful when I wasn't in a good place myself (8)
- 53% Improved my self-esteem (8)
- 87% Helped me understand the needs of others better (13)
- 80% It challenged my attitudes towards others, in a good way (12)
- 80% I felt like I was / am making a difference in the community (12)
- 47% I’m just happy to turn up and help (7)
- 0% None of the above (0)

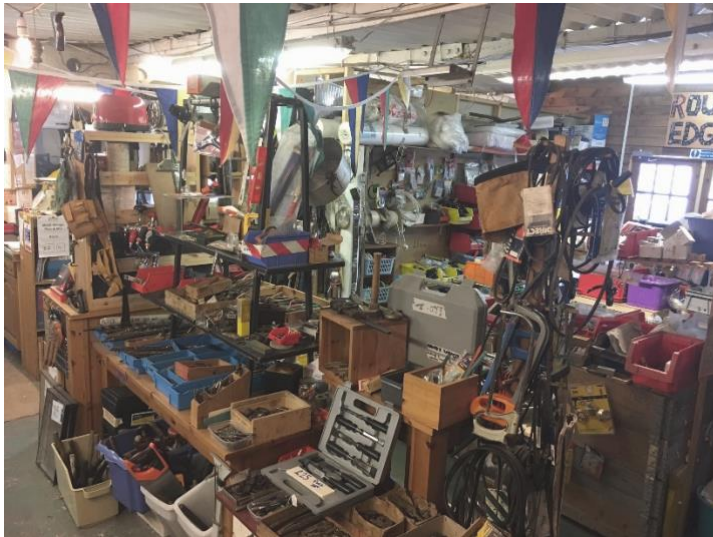
Total Respondents: 15

What is of most encouragement is seeing how our volunteers experience with us goes on to help them in their own lives. When asked “Did volunteering at Zac’s Place help you gain employment or subsequently help shape your career choices?” the feedback indicated that for several of them volunteering at Zac’s Place helped them do their present job better. This is significant when those whose careers have been helped shaped by their volunteering experience with us include those who are working with vulnerable people including Tom who is a dietitian and Lynsey who is the safe-guarding manager for Swansea Social Services. Other anecdotal evidence would also demonstrate volunteers going on to establish or become part of similar work in communities they have moved to, as a result of their experience at Zac’s Place.

Benefits	Percent of responses	Number of Responses
Volunteering at Zac's Place gave me valuable experience in pursuing a new career path	13%	2
Volunteering at Zac's Place helped me to do my present job better	27%	4
This question isn't relevant	13%	2
Volunteering at Zac's Place has just helped me be a more complete person	80%	12
Total Respondents:		15

On a broader basis, some of our volunteers are referred by specialist professional bodies, such as probation services or mental health teams. Our Rough Edges project has proved particularly successful in accommodating volunteer placements for people who have very few available options open to them because of their particular health circumstances or history of criminal convictions.

Here we have been required to have a healthy relationship and clear partnering with key workers and also the Police Public Protection Unit. This has required sensitivity and wisdom and has been built on a solid reputation of trust with the relevant agencies. For those individuals who have benefitted from their experience of volunteering with us



they would describe it as life changing and in the case of 'OP', nothing short of life saving. Whilst his criminal history and age make it virtually impossible for him to gain employment, he volunteers at our Rough Edges project several days a week in the workshop and takes responsibility for keeping our van on the road. For him it has been a lifeline even since his period of being on licence has ended.

What in the initial instance can serve as an opportunity for people to get involved in something to help others, actually becomes a vessel for encouraging, informing and shaping a person to have an even greater influence within the community through their professional work as well. Possibly most satisfying, is to see how volunteering at Zac's Place helps people feel more complete. One volunteer, Claire, who is a social science researcher added that for her, when her career took her away from the area, said she missed the diverse 'family' of Zac's Place volunteers.

For us, the recruitment of volunteers has never just been about getting hands on deck to get a job done, it has been about providing an opportunity to contribute something wholly beneficial into the lives of our volunteers, as well as those we support. In doing so there is a much deeper benefit that the wider community experiences. This is possibly one reason why the work of the Trust has always attracted so much grass roots support.



It has not been built on gimmicks or a sales pitch, but on relationships and real-life experiences shared informally within the community.

.....

For info:

<http://www.zacsplace.org/about-us/equality-diversity-and-inclusion-policy/>

Statement of Financial Activities

For the year ended 5th April 2022

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total This Year</u>	<u>Total Last Year</u>
<u>INCOME</u>				
Zacs Place donations received	7,519	-	7,519	35,352
Grants Received	-	8,782	8,782	22,351
Insurance Claims	-	-	-	-
Regular Donations received	55,975	-	55,975	39,915
Casual Donations	15,712	-	15,712	12,518
Royalty Income	360	-	360	1,743
Hire of Building	-	-	-	-
Rough Edges Project	21,530	-	21,530	13,281
Bank Interest Received	-	-	-	-
Tax Rebate from Gift Aid	4,042	-	4,042	6,046
RBS Loan for Building Purchase	-	-	-	-
TOTAL INCOME	105,138	8,782	113,920	131,205
<u>EXPENDITURE</u>				
Rough Edges Project Direct Costs	8,898	-	8,898	10,131
Grants/Gifts made in furtherance of objectives	10,477	2,790	13,267	10,526
Costs of Operating the Charity <i>Note 8</i>	73,433	2,518	75,951	54,495
Running costs of George Street property	19,381	-	19,381	6,408
Depreciation Charge	2,500	645	3,145	2,075
TOTAL EXPENDITURE	114,689	5,952	120,641	83,635
NET INCOME (EXPENDITURE)	(9,551)	2,829	(6,722)	47,570
Transfers Between Funds	-	-	-	-
NET INCOME (EXPENDITURE) After Transfers	(9,551)	2,829	(6,722)	47,570
Gains/Losses on Fixed Assets	(1,000)	-	(1,000)	(1,283)
NET MOVEMENT IN FUNDS	(10,551)	2,829	(7,722)	46,287
Total Funds Brought Forward	235,170	32,438	267,608	221,321
Total Funds Carried Forward	224,618	35,267	259,886	267,608

EXOUSIA TRUST

Balance Sheet

As at 5th April 2022

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total This</u> <u>Year</u>	<u>Total Last</u> <u>Year</u>
<u>Fixed Assets -Tangible</u>				
George Street Property	46,735	28,265	75,000	75,000
Fixtures & Equipment	3,022	1,880	4,902	4,372
Motor Vehicles	8,288	0	8,288	10,488
	<u>58,044</u>	<u>30,145</u>	<u>88,190</u>	<u>89,860</u>
<u>Current Assets</u>				
Debtors - Gift Aid	4,065	0	4,065	6,046
Bank Main A/c & Cash	24,285	4,119	28,405	47,016
Bank Zacs Place A/c	121,480	0	121,480	115,703
Bank Rough Edges A/c	19,053	0	19,053	7,434
Gateway Support A/c	0	1,002	1,002	3,454
Media Bank Account	1,217		1,217	857
	<u>170,099</u>	<u>5,122</u>	<u>175,221</u>	<u>180,509</u>
<u>Current Liabilities</u>				
Creditors & Accruals	2,583	0	2,583	2,070
PAYE Creditor	645	0	645	491
Pension Control	297	0	297	200
	<u>3,525</u>	<u>0</u>	<u>3,525</u>	<u>2,761</u>
Net Current Assets	<u>166,574</u>	<u>5,122</u>	<u>171,696</u>	<u>177,748</u>
Total Assets less Current Liabilities	<u>224,619</u>	<u>35,267</u>	<u>259,886</u>	<u>267,608</u>
Total Net Assets	<u>224,619</u>	<u>35,267</u>	<u>259,886</u>	<u>267,608</u>
<u>Fund Balances</u>				
Accumulated Fund B/f	235,170	32,438	267,608	221,321
Net movement of funds	-10,551	2,829	-7,722	46,287
Accumulated Fund c/f	<u>224,619</u>	<u>35,267</u>	<u>259,886</u>	<u>267,608</u>

Signed by.....

Trustee

Print Name.....

Dated.....

EXOUSIA TRUST

Notes to the Accounts

1. These accounts have been prepared in accordance with the the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

2. There is no change to the valuation rules and methods of accounting since last year. Accounts are prepared on an accruals basis.

3. No changes have been made to the accounts of previous years

4. Amount paid for independent examination is £630

5. **Tangible Fixed Assets** - The Bikes (motor vehicles) and George Street (property) are not depreciated annually as the value is being maintained and are revalued as appropriate. The equipment and the other vehicle are depreciate at 25% per annum on a straight line basis, as detailed in note 6.

6. Depreciation Calculation:

	Fixtures & Equipment	Property	Motor	Total
Cost at 6.4.21	21817	75000	11050	107867
additions	2475	0	5250	7725
disposals	0	0	6250	6250
Cost at 5.4.22	24292	75000	10050	109342
Accumulated Depreciation 6.4.21	17445	0	563	18007
Charge this year	1945	0	1200	3145
Released on disposal	0	0	0	0
Accumulated Depreciation 5.4.22	19390	0	1763	21152
Net Book Value 5.4.22	4902	75000	8288	88190

The property is split between restricted for one off specific purchase donations and general for all other elements
The value of Equipment purchased from restricted funds is shown at Net Book Value in the Balance Sheet

7. Restricted Funds: Are broken down as follows:

	Opening Balance	Incoming Resources	Resources Expended	Transfers between funds	Closing Balance
George Street	28265	0	0	0	28265
Covid-19 relief fund	4173	8782	5952	0	7002
	32438	8782	5952	0	35267

Balances of Funds Held:	Fixed Assets	Bank & Cash	Liabilities	Total
George Street	28265	0	0	28265
Covid-19 relief fund	1880	5122	0	7002
	30145	5122	0	35267

Fund Descriptions:

George Street - Restricted to the building Fund of the George Street Property

Covid relief Fund - Funds received to provide emergency food and shelter for those in need.

8. Analysis of Expenditure

Costs of Operating the Charity	<u>This Year</u>	<u>Last Year</u>	<u>movement</u>
Purchases for resale	0	536	(536)
Salary & pension	45417	32732	12685
Bank Charges	44	0	44
Motor & Travel Expenses	3038	4232	(1193)
Storage	1325	1325	0
Repairs & Maintenance	5605	1075	4530
Stationery, Postage & Advertising	554	508	46
Small tools, Equipment, uniform	776	5207	(4431)
Telephone & Internet	1308	1262	47
Sundries	13123	3989	9134
Vehicle Hire	216	216	0
Zacs Place Expenses	0	0	0
Events & shop costs	0	0	0
Books & Training	136	603	(467)
Subscriptions	0	0	0
Insurance	2377	1512	865
Professional Fees	0	0	0
Accounting & Book keeping Fees	2032	1298	734
Uniform	0	0	0
Refreshments Purchased	0	0	0
	<u>75951</u>	<u>54494</u>	

Independent Examiner's Report to the Trustees of Exousia Trust (1002581)

I report on the accounts of the Trust for the year ended 5th April 2022, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Charities Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act);
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed..........Nicola Jayne Lewis

Date...27th January 2023.....



EXOUSIA TRUST

England & Wales - Charity number 1002581

Accounts

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Keep The Faith

The Newsletter of Exousia Trust



Spring 2021

News Extra

Hello friends

We just wanted to drop you a very short note with a couple of news items that may be of interest. As the first signs of Spring emerge, we hope you find some encouragement in this short update.

The first of which is a link to a **BBC Radio Wales** programme that I presented, along with Jayne a few weeks ago. It is only available on the BBC website and BBC Sounds App until about the 9th of March. The BBC continues to produce a regular act of worship programme, but need to record them differently at the moment, which means we have this additional opportunity occasionally. We recorded it from my study at Zac's Place, connected online to a producer in Cardiff and continue to learn new things in the process! The link is below. (28 mins)

Also following is a somewhat more informal, and very cold, link to a video devotional on **'The Parable of the Sower'** that I did as part of a weekly series, shared around God's Squad members internationally. It is mainly shared via [social media](#) pages, but I'll include a YouTube link for it. (Apx 10 mins)

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provision continues, as does the weekly bible study on 'Zoom'. We have also had some really helpful financial support from Swansea Council's Food Poverty Fund to help pay for food and some new freezers and other items. Martyn Josphe's ['Let Yourself Trust'](#) has also given us another substantial grant of £15,000 with the vast majority of it going towards our renovation fund.

We continue to be grateful for the provision of support from our regular sponsors and these and other additional, and sometimes unexpected gifts really do make a big difference.

Rough Edges has obviously had to remain closed during lockdowns, but a few of the crew have been working hard behind the scenes to reorganise the workshop and stock. The shop will reopen as soon as it is safe to do so.

I'll send out another letter in due course, but wanted to send this one out before the BBC link expires!

With deep appreciation as always and prayers that you will know God's blessing and peace in your own life and circumstances.

Sean Stillman

See links below . . .

BBC Radio Wales - 'Celebration' 7 Feb 2020

Video - 'The Parable of the Sower'

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EMERGENCY FOOD PROVISION

FOR PEOPLE WHO ARE VULNERABLY HOUSED

Monday

Matt's Cafe (Matthew's House),
82 High St, SA1 1LW

Tuesday

Matt's Cafe (Matthew's House),
82 High St, SA1 1LW

Wednesday

St. Mary's Church,
St. Mary's Square SA1 3LP

Thursday

Zac's Place, George Street, SA1 4HH

Friday

Zac's Place, George Street, SA1 4HH

Saturday

i58 (City Church),
Dyfatty Street, SA1 1QQ

Sunday

Matt's Cafe (Matthew's House),
82 High St, SA1 1LW

Takeaway service

**11.30am - 1.00pm
Every Day!**

We are trying our best to keep you safe and well fed during the current crisis.

If you have any symptoms of coronavirus **do not** visit any venue. Message us for support in another way.

Only use this provision if you are in need.

Social distancing and sanitising measures are in place at each venue. You must stick to these rules.

Please respect each venue and their volunteers. Help us to keep everyone (including you) as safe as possible.

For more information email friends@matthewshouse.org.uk or message 07708 115903



Zac's Place Twitter



Main Website



Zac's Place Facebook Page



Rough Edges Facebook



Rough Edges Website

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Our mailing address is:

info@zacsplace.org

www.zacsplace.org

www.Rough-Edges.org.uk

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Exousia Trust · Zac's Place · 38-39 George Street · Swansea, Wales SA1 4HH · United Kingdom



EXOUSIA TRUST

For the year ended 5th April 2021

Statement of Financial Activities

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>Funds</u>	<u>last year</u>
Incoming Resources				
Donations, Legacies & Similar Incoming resources				
Zacs Place donations received	35352		35352	9648
Grants Received	0	22351	22351	0
Insurance Claims	0		0	0
Regular Donations received	39915		39915	39395
Casual Donations	12518		12518	15675
Royalty Income	1743		1743	1655
Ministry gifts received	0		0	0
Incoming Resources from Operating Activities				
a) in furtherance of the charity's objectives				
Hire of Building	0		0	0
b) for generating funds				
Rough Edges Project	13281		13281	21951
Investment Income				
Bank Interest Received	0		0	0
Other Incoming Resources				
IR online Incentive	0		0	0
Tax Rebate from Covenant/Gift Aid	6046		6046	4073
TOTAL INCOMING RESOURCES	108854	22351	131205	92396
Resources Expended				
Costs of generating Funds				
Rough Edges Project Direct Costs	10131		10131	10814
Charitable Expenditure				
Grants/Gifts in furtherance of objectives	8	10518	10526	598
Management, Administration & Ministry Note 8	45590	7606	53196	47858
Running costs of George Street property	6408		6408	7195
Loss on Sale of Asset	1283		1283	-600
Depreciation Charge	2022	54	2075	3499
Professional Fees	0		0	0
Accounting & Book keeping Fees	1298		1298	1313
TOTAL RESOURCES EXPENDED	66740	18178	84918	70677
NET INCOMING RESOURCES Before transfers	42114	4173	46287	21720
Transfers Between Funds	0		0	0
NET INCOMING RESOURCES After transfers	42114	4173	46287	21720
Gains/Losses on Fixed Assets	0		0	0
NET MOVEMENT IN FUNDS	42114	4173	46287	21720
Total Funds Brought Forward	193056	28265	221321	199601
Total Funds Carried Forward	235170	32438	267608	221321

EXOUSIA TRUST

For the year ended 5th April 2021

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total Funds</u>	<u>last year</u>
Balance Sheet				
As at 5th April 2021				
<u>Fixed Assets -Tangible</u>				
	note 6			
George Street Property	46735	28265	75000	75000
Fixtures & Equipment	1847	2525	4372	3063
Motor Vehicles	10488		10488	7515
	<u>59070</u>	<u>30790</u>	<u>89860</u>	<u>85578</u>
<u>Current Assets</u>				
Debtors - Gift Aid	6046		6046	4058
Bank Main A/c & Cash	46822	194	47016	59588
Bank Zacs Place A/c	115703		115703	29897
Bank Rough Edges A/c	7434		7434	43513
Gateway Support A/c	2000	1454	3454	0
Media Bank Account	857		857	1650
	<u>178861</u>	<u>1648</u>	<u>180509</u>	<u>138706</u>
<u>Current Liabilities</u>				
Creditors & Accruals	2070		2070	1751
PAYE Creditor	491		491	1011
Pension Control	200		200	200
Loan repayments due in 1 year	0		0	0
	<u>2761</u>	<u>0</u>	<u>2761</u>	<u>2962</u>
Net Current Assets	<u>176100</u>	<u>1648</u>	<u>177748</u>	<u>135743</u>
Total Assets less Current Liabilities	<u>235170</u>	<u>32438</u>	<u>267608</u>	<u>221321</u>
Creditors Falling due after 1 year (Mortgage)	0	0	0	0
Total Net Assets	<u><u>235170</u></u>	<u><u>32438</u></u>	<u><u>267608</u></u>	<u><u>221321</u></u>
<u>Fund Balances</u>				
Accumulated Fund B/f	193056	28265	221321	199601
Net movement of funds	42114	4173	46287	21720
Accumulated Fund c/f	<u><u>235170</u></u>	<u><u>32438</u></u>	<u><u>267608</u></u>	<u><u>221321</u></u>

Signed by.....

Trustee

Print Name.....

Dated.....

EXOUSIA TRUST

For the year ended 5th April 2021

Notes to the Accounts

1. These accounts have been prepared in accordance with the the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

2. There is no change to the valuation rules and methods of accounting since last year.

3. No changes have been made to the accounts of previous years

4. Amount paid for independent examination is £600

5. **Tangible Fixed Assets** - The Bikes (motor vehicles) and George Street (property) are not depreciated annually as the value is being maintained and are revalued as appropriate. The equipment and the other vehicle are depreciated at 25% per annum on a straight line basis, as detailed in note 6.

6. Depreciation Calculation:

	Fixtures & Equipment	Property	Motor	Total
Cost at 6.4.20	20385	75000	10550	105935
additions	3176	0	4800	7976
disposals	1744	0	4300	6044
Cost at 5.4.21	<u>21817</u>	<u>75000</u>	<u>11050</u>	<u>107867</u>
Accumulated Depreciation 6.4.20	17322	0	3035	20357
Charge this year	1513	0	563	2075
Released on disposal	1390	0	3035	4425
Accumulated Depreciation 5.4.21	<u>17445</u>	<u>0</u>	<u>563</u>	<u>18007</u>
Net Book Value 5.4.21	4372	75000	10488	89860

The property is split between restricted for one off specific purchase donations and general for all other elements
The value of Equipment purchased from restricted funds is shown at Net Book Value in the Balance Sheet

7. Restricted Funds: Are broken down as follows:

	Opening Balance	Incoming Resources	Resources Expended	Transfers between funds	Closing Balance
George Street	28265	0	0	0	28265
Covid-19 relief fund	0	22351	18178		4173
	<u>28265</u>	<u>22351</u>	<u>18178</u>	<u>0 0</u>	<u>32438</u>

Balances of Funds Held:	Fixed Assets	Bank & Cash	Liabilities	Total
George Street	28265	0	0	28265
Covid-19 relief fund	2525	1648	0	4173
	<u>30790</u>	<u>1648</u>	<u>0</u>	<u>32438</u>

Fund Descriptions:

George Street - Restricted to the building Fund of the George Street Property

Covid relief Fund - Funds received to provide emergency food and shelter for those in need. Funded by City and County of Swansea £7600 and Crisis UK £4700.

EXOUSIA TRUST

For the year ended 5th April 2021

8. Analysis of Expenditure

Management, Administration & Ministry	<u>This Year</u>	<u>Last Year</u>	<u>movement</u>
Purchases for resale	536	799	-263
Salary & pension	32732	32400	332
Bank Charges	0	0	0
Motor & Travel Expenses	4232	7611	-3379
Storage	1325	1325	0
Repairs & Maintenance	1075	725	350
Stationery, Postage & Advertising	508	305	203
Small tools, Equipment, uniform	5207	62	5145
Telephone & Internet	1262	1156	106
Sundries	3989	1058	2931
Vehicle Hire	216	216	0
Zacs Place Expenses	0	0	0
Events & shop costs	0	0	0
Books & Training	603	528	75
Subscriptions	0	0	0
Insurance	1512	1675	-163
Costs associated with purchase of property	0	0	0
Interest on Loan on George Street Property	0	0	0
Improvements To George Street property	0	0	0
Professional Fees	0	0	0
Uniform	0	0	0
Refreshments Purchased	0	0	0
	<u>53196</u>	<u>47858</u>	

!

Independent Examiner's Report to the Trustees of Exousia Trust (1002581)

I report on the accounts of the Trust for the year ended 5th April 2021, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Charities Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act);
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed..........Nicola Jayne Lewis

Date...7th March 2022.....

