

BLACK COUNTRY MENTAL HEALTH

England & Wales · Charity number 1002257

Details

Other names DUDLEY MIND

Status Registered

Legal form Charitable company

Company number [02533622](#)

Registered 1991-03-15

Register [View on the Charity Commission register](#)

Contact

Address The Hub
Bushey Fields Hospital Site
Bushey Fields Road
Dudley
West Midlands
DY1 2LZ

Phone 01384 685060

Email enquiries@blackcountrymentalhealth.org.uk

Website www.blackcountrymentalhealth.org.uk

Activities

Objects: THE OBJECTS FOR WHICH THE CHARITY IS ESTABLISHED ARE TO PROMOTE THE PRESERVATION AND MAINTENANCE OF GOOD MENTAL HEALTH AS WELL AS ASSISTING WITH THE RECOVERY OF AND PROVIDING SUPPORT FOR THOSE PEOPLE EXPERIENCING EMOTIONAL OR MENTAL DISTRESS IN THE BLACK COUNTRY (THE METROPOLITAN BOROUGHES OF DUDLEY, SANDWELL, WALSALL AND WOLVERHAMPTON) AND SUCH OTHER AREAS FROM TIME TO TIME DETERMINED BY THE BOARD OF MANAGEMENT.

Activities: We support people experiencing mental health difficulties in the community through the provision of various services either on a group basis or one to one for both adults and children. We also work to reduce stigma and discrimination by providing mental health training to individuals/companies. We have a support telephone line until 11.00 p.m. 7 days a week.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Dudley
- Sandwell
- Walsall
- Wolverhampton
- Worcestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£106,412	£95,921	-	-
2024-03-31	£79,909	£89,345	-	-
2023-03-31	£106,980	£106,787	-	-
2022-03-31	£73,958	£125,238	-	-
2021-03-31	£170,700	£148,771	-	-

Trustees

Name	Role	Appointed
DAVID RICHARD TYLER	Chair	2018-07-18
FIONA JOY LUCAS		2018-10-10
Helen Harris		2022-06-09
John Anthony Dickenson		2025-04-01
Lauren Perry		2020-10-14
Mohammed Bashir Khan		2019-10-10

BLACK COUNTRY MENTAL HEALTH

England & Wales - Charity number 1002257

Accounts

REGISTERED COMPANY NUMBER: 02533622 (England and Wales)
REGISTERED CHARITY NUMBER: 1002257

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR
BLACK COUNTRY MENTAL HEALTH

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BLACK COUNTRY MENTAL HEALTH

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FOR THE YEAR ENDED 31 MARCH 2025

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BLACK COUNTRY MENTAL HEALTH

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2025

TRUSTEES

Ms H Harris Company Director
Mr M B Khan Motor Mechanic
Ms F J Lucas Self Employed
Mr K Parsons Unemployed (resigned 11/7/2024)
Ms L Perry University Outreach Advisor
Mr D R Tyler Retired
Mr A J Walsh Service User (resigned 5/6/2024)
Mr A Khoury Architect (resigned 1/10/2024)
Mr J A Dickenson (appointed 1/4/2025)

REGISTERED OFFICE

The Hub
Bushey Fields Hospital Site
Bushey Fields Road
Dudley
West Midlands
DY1 2LZ

REGISTERED COMPANY NUMBER 02533622 (England and Wales)

REGISTERED CHARITY NUMBER 1002257

INDEPENDENT EXAMINER

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BANKERS

Handelsbanken
Ground Floor,
2 Trinity Court,
Broadlands,
Wolverhampton
WV10 6UH

SOLICITORS

FBC Manby Bowdler
6-10 George Street
Wolverhampton
WV2 4DN

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

The trustees present their report and accounts for the year ended 31 March 2025.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Black Country Mental Health are 'to promote the preservation and maintenance of good mental health as well as assisting with the recovery of and providing support for those people experiencing emotional or mental distress in the Black Country (The Metropolitan Boroughs of Dudley, Sandwell Walsall and Wolverhampton) and such other areas from time to time determined by the Board of Management'. Black Country Mental Health may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Organisational Management

This is delegated to the Chief Executive who reports to the board of trustees at each meeting. From time to time the Chief Executive may send out briefings to the trustees to keep them informed of current development.

The Team

The team at BCMH consists of a small number of paid part time staff and a large group of volunteers who help to deliver and support the services being operated. Being one team is extremely important to BCMH as each member is valued for their individual and collective input.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives Black Country Mental Health's activities and who it benefits are outlined as follows;

Awards:

We were successful in gaining the King's Award for Voluntary Service which was announced in November. This is as a direct result of the hard work that our volunteers have put into supporting people. We are now working towards being a volunteering charity with lead volunteers facilitating and managing some of the services. BCMH were runners up in the Wellbeing Workplace Awards and were the best Mental Health First Aid trainer in the West Midlands.

Bereavement and Grief Counselling:

This continues to be a much-needed service as we have been able to support a large number of adults and children through their grieving process. This service continues to be beneficial to a large number of individuals.

Counselling

We have continued to offer placement opportunities for students on Level 4, 5, 6 and 7 including trauma informed work. This has enabled us to support more people. Students come from various colleges, Universities and training companies.

Fundraising

During the year under review we were pleased to receive £12,000.00 from the Party with a Purpose arranged by Kay Hinton at Wolverhampton Racecourse with a further £9,000 being donated to Cruse. At this event we announced Dave Hill from Slade being appointed as our Ambassador.

We were also chosen as the charity for the Caribbean Golfing Society and attended their presentation dinner. In June we attended an event at Dudley College organised by Rose Cook Monk, and a concert by the Gentlemen Songsters, both of which raised money for BCMH.

We had ten runners in the London Landmarks Half Marathon in April and several runners in other event such as the Dublin Half Marathan.

We had numerous donations, some from people who we had supported and others from people who wanted to help us develop and deliver our services. We are so grateful to everyone who has donated or raised money for us during this financial year and will hopefully support us during the next one. If we have missed anyone out this is not intentional. We were pleased to welcome Toni to join us on fundraising.

Growing In the Park Horticultural Project

This project continues to be managed and operated by volunteers. It remains a source of support to manage mental health by giving the volunteers the opportunity to be in the open air in a tranquil setting and also to have some social support with each other. This project is situated in the Walled Garden at Stevens Park, Wollescote, Stourbridge. Several companies have supported us during the year by staff volunteering their time to work on the garden. Sadly, we have experienced a high volume of vandalism and theft of plants.

Jolly Joggers - Couch to 5k

This remains a popular activity which is conducted over a 12-week period with qualified and experienced volunteers in West Park, Wolverhampton. The programme combines the benefits of physical exercise with our mental wellbeing and being in the open air has an impact directly on this. At the end of the programme everyone takes part in Park Run which is the 5k element. The volunteers continue to be amazing with their encouragement for people taking part. Our Ambassador Dave Hill was able to join the last session earlier in the year and meet the volunteers and the participants.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

Peer Mentoring/Self Help groups

These have taken place throughout the year facilitated by staff and volunteers. These groups offer mutual support and the sharing of coping strategies in a confidential safe environment. People are free to attend as and when they feel they need the support. The female trauma group has continued to provide support as well as allowing the participants to develop social networks and keep in touch with each other as well as contact staff if they are needing further support. During this year the facility in Smethwick has seen an influx of people needing a wide range of support through 1:1 appointments,

Recovery Activities

A drop in facility is available on Sundays which allows for social interaction as well as the opportunity to be supported with issues which might be impeding recovery. We are looking at providing a midweek drop in facility in the next financial year.

We have continued to support the Grand Theatre by taking part in producing artwork for their pantomime production. We continue to work with a large number of people who are in employment, often in senior positions and finding work stressful as well as difficulties in balancing work and life.

Schools and Colleges

During the year we have promoted the Wellbeing Warriors training for pupils from year 4 and 5 in some Primary Schools. This has enabled pupils to work in liaison with teaching staff to support their peers when they are feeling anxious or upset.

Support Line

We have continued to offer reduced times for this. Calls are significantly reduced; however we are receiving more calls on the office telephone number out of hours now. Despite other services being in place we still have a lot of people who have been given our telephone number by paramedics, the Police, 111 and GPs. We continue to provide support through weekly calls to some people who need this. This has been taking place since Covid and there is still a great need for this. These calls have sometime brought up other issues which our volunteers have been able to work with the person towards a resolution, or we have been able to arrange counselling for them.

Workplace Wellbeing

We have continued to deliver training in the form of the Mental Health First Aid as well as general mental health awareness to several organisations and individuals. We have continued to work with some companies to promote mental health support in the workplace in particular JJX Logistics and Hill and Smith.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

FINANCIAL REVIEW

Financial position

Sources of funding

During the year, the main sources of funding were derived from delivering counselling, training, donations and fundraising together with support from a number of local companies.

Premises

The charity continues to operate from the building on the Bushey Fields Hospital site which has enabled more people to be able to travel to us as the public transport situation is much easier from the other areas of the Black Country thus allowing a better service to be provided whilst also enhancing opportunities to develop income streams. The move has improved our contacts and liaison with the NHS Trust and other Mental Health statutory providers. In the later part of the previous financial period BCMH took part in a pilot to offer 'Getting Help' to children and young people through Black Country CAMHS (Child and Adolescent Mental Health Services). This was extended into a contract through the consortium that BCMH is in partnership with, namely, The What? Centre, Phase Trust and the AOC.

Designated funds

In 2024/2025 the designated fund was reviewed, and it was decided that a more accurate figure for designated reserves was £48,071 (2024: £49,000).

Reserves

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and considering redundancy and termination costs in 2024/25 we will require a level of reserves of approximately £48,071 whilst the actual level of unrestricted reserves is £122,860.

Transactions and financial position

The Statement of Financial Activities shows income for the year of £106,412 with expenditure of £95,921 resulting in a surplus of £10,491. The balance of the accumulated fund stands at £170,285 in total consisting of £48,091 designated funds, £74,769 general unrestricted funds and £47,425 restricted funds. Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

Investment

Under the Memorandum and Articles of Association, Black Country Mental Health has the power to make any investment which the Trustees see fit. To maximize the investment opportunity on monies held in Black Country Mental Health's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved which is monitored monthly.

Risk management

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board. Risk management is an on-going process, and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact. Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

Plans for the future

The Board recognises that diversification of income is imperative, and some progress has been made in this area. Increased effort in promoting mental health training to both the public and private sectors has begun to show reward and our name is now more widely recognised in this area. We are proud to have been adopted by several local companies as their charity partner, and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2025**

There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Black Country Mental Health are now showing returns. The work with Black Country CAMHS supporting children and young people with their parents will continue into the next financial year as will the work with Talking Therapies Plus.

We are also working with a local First Aid training company to deliver Mental Health First Aid on their behalf.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Black Country Mental Health is a charitable company limited by guarantee. When incorporated as Dudley Mind in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Black Country Mental Health is governed by its Memorandum and Articles of Association as revised in 1997.

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Mr D Tyler
Mr A Walsh
Ms F J Lucas
Mr M Khan
Ms L Perry
Mr A Khoury
Ms H Harris
Mr K Parsons

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisions as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarization with Black Country Mental Health's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organizational structure and related parties:

Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing:

Staff continues to be both the organization's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate. All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

The trustees' report was approved by the Board of Trustees.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

Approved by order of the board of trustees on 7 October 2025 and signed on its behalf by:



Mr D R Tyler - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BLACK COUNTRY MENTAL HEALTH**

Independent examiner's report to the trustees of Black Country Mental Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nigel Meredith
The Institute of Chartered Accountants in England and Wales

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

7 October 2025

BLACK COUNTRY MENTAL HEALTH**STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	5,125	-	5,125	6,863
Charitable activities	5				
Charitable activities		43,371	-	43,371	29,975
Other trading activities	3	51,708	4,260	55,968	29,015
Investment income	4	1,948	-	1,948	2,345
Total		<u>102,152</u>	<u>4,260</u>	<u>106,412</u>	<u>68,198</u>
EXPENDITURE ON					
Charitable activities	6				
Charitable activities		<u>90,025</u>	<u>5,896</u>	<u>95,921</u>	<u>89,345</u>
NET INCOME/(EXPENDITURE)		12,127	(1,636)	10,491	(21,147)
RECONCILIATION OF FUNDS					
Total funds brought forward		110,733	49,061	159,794	180,941
TOTAL FUNDS CARRIED FORWARD		<u>122,860</u>	<u>47,425</u>	<u>170,285</u>	<u>159,794</u>

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	12	2,873	47,425	50,298	49,061
CURRENT ASSETS					
Debtors	13	24,357	-	24,357	15,398
Cash at bank and in hand		107,115	-	107,115	110,246
		<u>131,472</u>	<u>-</u>	<u>131,472</u>	<u>125,644</u>
CREDITORS					
Amounts falling due within one year	14	(11,485)	-	(11,485)	(14,911)
NET CURRENT ASSETS		<u>119,987</u>	<u>-</u>	<u>119,987</u>	<u>110,733</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>122,860</u>	<u>47,425</u>	<u>170,285</u>	<u>159,794</u>
NET ASSETS		<u>122,860</u>	<u>47,425</u>	<u>170,285</u>	<u>159,794</u>
FUNDS	15				
Unrestricted funds				122,860	110,733
Restricted funds				47,425	49,061
TOTAL FUNDS				<u>170,285</u>	<u>159,794</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

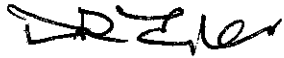
The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 October 2025 and were signed on its behalf by:



Mr D R Tyler - Trustee

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised on receipt.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings	Over the term of the lease
Leasehold property improvements	10% p.a. straight line basis
Fixtures, fittings & equipment	12.5% p.a. straight line basis
Computer equipment	33.33% p.a. straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	4,835	5,839
Other income	290	1,024
	<u>5,125</u>	<u>6,863</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Fundraising events	<u>55,968</u>	<u>29,015</u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Other participating interests	<u>1,948</u>	<u>2,345</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2025	2024
	£	£
Charitable activities	<u>43,371</u>	<u>29,975</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>92,893</u>	<u>3,028</u>	<u>95,921</u>

7. SUPPORT COSTS

	Finance £
Charitable activities	<u>3,028</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	<u>2,490</u>	<u>1,635</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

10. STAFF COSTS

	2025 £	2024 £
Wages and salaries	66,129	53,983
Social security costs	392	16
Other pension costs	339	443
	<u>66,860</u>	<u>54,442</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Charitable activities	<u>1</u>	<u>1</u>
Management and admin	<u>2</u>	<u>2</u>
	<u>3</u>	<u>3</u>

There were no employees whose annual remuneration was £60,000 or more

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2025**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	6,863	-	6,863
Charitable activities			
Charitable activities	29,975	-	29,975
Other trading activities	18,300	10,715	29,015
Investment income	2,345	-	2,345
Total	<u>57,483</u>	<u>10,715</u>	<u>68,198</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	<u>76,995</u>	<u>12,350</u>	<u>89,345</u>
NET INCOME/(EXPENDITURE)	(19,512)	(1,635)	(21,147)
RECONCILIATION OF FUNDS			
Total funds brought forward	130,245	50,696	180,941
TOTAL FUNDS CARRIED FORWARD	<u><u>110,733</u></u>	<u><u>49,061</u></u>	<u><u>159,794</u></u>

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****12. TANGIBLE FIXED ASSETS**

	Freehold property £	Long leasehold £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2024	81,768	40,354	54,643	-	176,765
Additions	-	-	-	3,727	3,727
Disposals	-	(40,354)	(54,643)	-	(94,997)
At 31 March 2025	<u>81,768</u>	<u>-</u>	<u>-</u>	<u>3,727</u>	<u>85,495</u>
DEPRECIATION					
At 1 April 2024	32,707	40,354	54,643	-	127,704
Charge for year	1,636	-	-	854	2,490
Eliminated on disposal	-	(40,354)	(54,643)	-	(94,997)
At 31 March 2025	<u>34,343</u>	<u>-</u>	<u>-</u>	<u>854</u>	<u>35,197</u>
NET BOOK VALUE					
At 31 March 2025	<u>47,425</u>	<u>-</u>	<u>-</u>	<u>2,873</u>	<u>50,298</u>
At 31 March 2024	<u>49,061</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>49,061</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	23,251	11,925
Prepayments	1,106	3,473
	<u>24,357</u>	<u>15,398</u>

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2025**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Trade creditors	260	5
Social security and other taxes	1,382	946
Accruals and deferred income	9,843	13,960
	<u>11,485</u>	<u>14,911</u>

15. MOVEMENT IN FUNDS

	At 1/4/24	Net movement in funds	At 31/3/25
	£	£	£
Unrestricted funds			
General fund	61,733	12,127	73,860
Designated Fund	49,000	-	49,000
	<u>110,733</u>	<u>12,127</u>	<u>122,860</u>
Restricted funds			
Property Fund	49,061	(1,636)	47,425
	<u>159,794</u>	<u>10,491</u>	<u>170,285</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	102,152	(90,025)	12,127
Restricted funds			
Property Fund	(1)	(1,635)	(1,636)
Marathon	1,000	(1,000)	-
Fisher Trust Garden	1,000	(1,000)	-
Get Set To Go	2,261	(2,261)	-
	<u>4,260</u>	<u>(5,896)</u>	<u>(1,636)</u>
TOTAL FUNDS	<u>106,412</u>	<u>(95,921)</u>	<u>10,491</u>

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****15. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	81,245	(19,512)	61,733
Designated Fund	49,000	-	49,000
	<u>130,245</u>	<u>(19,512)</u>	<u>110,733</u>
Restricted funds			
Property Fund	50,696	(1,635)	49,061
	<u>180,941</u>	<u>(21,147)</u>	<u>159,794</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	57,242	(76,754)	(19,512)
Fisher trust Garden	187	(187)	-
Fisher Trust Children	54	(54)	-
	<u>57,483</u>	<u>(76,995)</u>	<u>(19,512)</u>
Restricted funds			
Property Fund	-	(1,635)	(1,635)
Marathon	4,500	(4,500)	-
Finnis Scott	2,187	(2,187)	-
Edward Cadbury	1,600	(1,600)	-
Get Set To Go	2,428	(2,428)	-
	<u>10,715</u>	<u>(12,350)</u>	<u>(1,635)</u>
TOTAL FUNDS	<u>68,198</u>	<u>(89,345)</u>	<u>(21,147)</u>

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/23 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	81,245	(7,385)	73,860
Designated Fund	49,000	-	49,000
	<u>130,245</u>	<u>(7,385)</u>	<u>122,860</u>
Restricted funds			
Property Fund	50,696	(3,271)	47,425
	<u>180,941</u>	<u>(10,656)</u>	<u>170,285</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	159,394	(166,779)	(7,385)
Fisher trust Garden	187	(187)	-
Fisher Trust Children	54	(54)	-
	<u>159,635</u>	<u>(167,020)</u>	<u>(7,385)</u>
Restricted funds			
Property Fund	(1)	(3,270)	(3,271)
Marathon	5,500	(5,500)	-
Fisher Trust Garden	1,000	(1,000)	-
Finnis Scott	2,187	(2,187)	-
Edward Cadbury	1,600	(1,600)	-
Get Set To Go	4,689	(4,689)	-
	<u>14,975</u>	<u>(18,246)</u>	<u>(3,271)</u>
TOTAL FUNDS	<u>174,610</u>	<u>(185,266)</u>	<u>(10,656)</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

BLACK COUNTRY MENTAL HEALTH**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	4,835	5,839
Other income	290	1,024
	<u>5,125</u>	<u>6,863</u>
Other trading activities		
Fundraising events	55,968	29,015
Investment income		
Other participating interests	1,948	2,345
Charitable activities		
Charitable activities	43,371	29,975
	<u>106,412</u>	<u>68,198</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	66,129	53,983
Social security	392	16
Pensions	339	443
Insurance	773	1,265
Telephone	3,501	2,414
Postage and stationery	1,310	841
Advertising	375	-
Sundries	17,883	21,655
Travelling	2,191	6,457
	<u>92,893</u>	<u>87,074</u>
Support costs		
Finance		
Bank charges	539	511
Freehold property	1,635	1,635
Computer equipment	854	-
	<u>3,028</u>	<u>2,146</u>
Governance costs		
Accountancy and legal fees	-	125

This page does not form part of the statutory financial statements

BLACK COUNTRY MENTAL HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025	2024
	£	£
Total resources expended	95,921	89,345
Net income/(expenditure)	10,491	(21,147)

This page does not form part of the statutory financial statements

BLACK COUNTRY MENTAL HEALTH

England & Wales - Charity number 1002257

Accounts

REGISTERED COMPANY NUMBER: 02533622 (England and Wales)
REGISTERED CHARITY NUMBER: 1002257

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
FOR
BLACK COUNTRY MENTAL HEALTH

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BLACK COUNTRY MENTAL HEALTH

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FOR THE YEAR ENDED 31 MARCH 2024

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BLACK COUNTRY MENTAL HEALTH

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES

Mr D R Tyler Retired
Mr A Khoury Architect
Mrs H Harris Company Director
Mr M B Khan Motor Mechanic
Ms F J Lucas Self Employed
Mr P D Marsh Enterprise Architect (resigned 1/12/2023)
Mr K Parsons Unemployed (resigned 11/7/2024)
Ms L Perry University Outreach Advisor
Mr A J Walsh Unemployed (resigned 5/6/2024)

REGISTERED OFFICE

The Hub
Bushey Fields Hospital Site
Bushey Fields Road
Dudley
West Midlands
DY1 2LZ

REGISTERED COMPANY NUMBER 02533622 (England and Wales)

REGISTERED CHARITY NUMBER 1002257

INDEPENDENT EXAMINER

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BANKERS

Handelsbanken
Ground Floor,
2 Trinity Court,
Broadlands,
Wolverhampton
WV10 6UH

SOLICITORS

FBC Manby Bowdler
6-10 George Street
Wolverhampton
WV2 4DN

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

The trustees present their report and accounts for the year ended 31 March 2024.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Black Country Mental Health are 'to promote the preservation and maintenance of good mental health as well as assisting with the recovery of and providing support for those people experiencing emotional or mental distress in the Black Country (The Metropolitan Boroughs of Dudley, Sandwell Walsall and Wolverhampton) and such other areas from time to time determined by the Board of Management'.

Black Country Mental Health may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Organisational Management

This is delegated to the Chief Executive who reports to the board of trustees at each meeting. From time to time the Chief Executive may send out briefings to the trustees to keep them informed of current development.

The Team

The team at BCMH consists of a small number of paid part time staff and a large group of volunteers who help to deliver and support the services being operated. Being one team is extremely important to BCMH as each member is valued for their individual and collective input.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives Black Country Mental Health's activities and who it benefits may be categorised as follows;

Recovery Activities: A drop in facility is available on Sundays which allows for social interaction as well as the opportunity to be supported with issues which might be impeding recovery. We have continued to support the Grand Theatre by taking part in producing art and craft for their pantomime production. We have provided sessions at some of the refuges in the borough to aid the residents with their recovery. We continue to work with a large number of people who are working and finding work hard to manage.

Peer Mentoring/Self Help groups: Have taken place throughout the past financial year facilitated by staff and volunteers. These groups offer mutual support and the sharing of coping strategies in a confidential safe environment. People are able to attend as and when they feel they need the support. The female trauma group has continued to provide support as well as allowing the participants to develop social networks and keep in touch with staff and each other outside of the group through a chatroom. During this financial year we have changed the group in Sandwell at one of the foodbanks to a drop in service.

Workplace Wellbeing: We have continued to deliver training in the form of the Mental Health First Aid as well as general mental health awareness to a number of organisations and individuals. We are also working with some companies to promote mental health support by being available at their workplace for staff to access. In particular we have been working with Hill and Smith over the past two years by having a presence at four of their companies, three in person and one remotely. During the year we have continued to support JJX Logistics.

Growing In The Park Horticultural Project: This project is now completely managed and operated by volunteers. It continues to be a source of support to manage mental health by giving the volunteers the opportunity to be in the open air in a tranquil setting and also to have some social support with each other. This project is situated in the Walled Garden at Stevens Park, Wollescote and has been supported by DWP staff volunteering on occasion and also other companies. The greenhouses have allowed us to grow seeds and plants for sale at local events and also at the project.

Jolly Joggers - Couch to 5k: This remains a popular activity which is conducted over a 12 week period with qualified and experienced volunteers in West Park, Wolverhampton. The programme combines the benefits of physical exercise with our mental wellbeing and being in the open air has an impact directly on this. At the end of the programme everyone takes part in Park Run which is the 5k element.

Bereavement and Grief Counselling: This service continues to be beneficial to a large number of individuals. Despite not being funded directly to provide this BCMH continue to accept people either by self referral or through Talking Therapies although there has not been any formal contact from them to do this. We have found that GPs and other NHS services are giving our number out. Cruse have not been taking some work so the bulk of this has fallen on BCMH,

Schools and Colleges: During the year we have promoted the Wellbeing Warriors training for pupils from year 4 at Brockmore Primary School.. This has enabled pupils to work in liaison with teaching staff to support their peers when they are feeling anxious or upset. We are continuing to seek funding to further deliver this course as the benefits are able to be seen in the way pupils manage their emotional wellbeing in Primary School but also when they transition to High School.

Support Line: We continue to offer reduced times for this. Calls are significantly reduced, however we are receiving more calls on the office telephone number out of hours now. Despite other services being in place we still have a lot of people who have been given our telephone number by paramedics, the Police, 111 and GPs.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Telephone Support: We continue to provide support through weekly calls to some people who need this. This has been taking place since Covid and there is still a great need for this. These calls have sometime brought up other issues which our volunteers have been able to work with the person towards a resolution.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

FINANCIAL REVIEW

Financial position

Sources of funding:

During the year, the main sources of funding were derived from delivering training , donations and fundraising together with support from a number of local companies.

Premises:

The charity continues to operate from the building on the Bushey Fields Hospital site has enabled more people to be able to travel to us as the public transport situation is much easier from the other areas of the Black Country thus allowing a better service to be provided whilst also enhancing opportunities to develop income streams. The move is hoped to improve our contacts and liaison with the NHS Trust and other Mental Health statutory providers. In the later part of the financial period BCMH took part in a pilot to offer 'Getting Help' to children and young people through Black Country CAMHS.

Designated funds:

In 2023/2024 the designated fund was reviewed and it was decided that a more accurate figure for designated reserves was £49,000 (2023: £49,000).

Reserves:

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and taking into account redundancy and termination costs in 2023/24 we will require a level of reserves of approximately £49,000 whilst the actual level of unrestricted reserves is £122,444.

Transactions and financial position:

The Statement of Financial Activities shows income for the year of £79,909, expenditure of £89,345 resulting in a deficit of £9,436. The balance of the accumulated fund stands at £171,505 in total consisting of £49,000 designated funds, £73,444 general unrestricted funds and £49,061 restricted funds. Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

Investment:

Under the Memorandum and Articles of Association, Black Country Mental Health has the power to make any investment which the Trustees see fit. To maximize the investment opportunity on monies held in Black Country Mental Health's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved which is monitored monthly.

Risk management:

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board. Risk management is an on-going process and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact. Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Plans for the future:

The Board recognises that diversification of income is imperative and some progress has been made in this area. Increased effort in promoting mental health training to both the public and private sectors has begun to show reward and our name is now more widely recognised in this area. We are proud to have been adopted by several local companies as their charity partner and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed. There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Black Country Mental Health are now showing returns.

Then work with Black Country CAMHS supporting children and young people with their parents will continue into the new financial year.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Black Country Mental Health is a charitable company limited by guarantee. When incorporated as Dudley Mind in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Black Country Mental Health is governed by its Memorandum and Articles of Association as revised in 1997.

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Mr K Parsons

Mr D Tyler

Mr A Walsh

Ms F J Lucas

Mr M Khan

Ms L Perry

Mr D P Marsh

Mr A Houry

Ms H Harris

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisions as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarization with Black Country Mental Health's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organizational structure and related parties:

Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing:

Staff continues to be both the organization's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate. All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

The trustees' report was approved by the Board of Trustees.

Approved by order of the board of trustees on 24 September 2024 and signed on its behalf by:

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

The trustees' report was approved by the Board of Trustees.

Approved by order of the board of trustees on 10 October 2024 and signed on its behalf by:

Mr D R Tyler - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BLACK COUNTRY MENTAL HEALTH**

Independent examiner's report to the trustees of Black Country Mental Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nigel Meredith
The Institute of Chartered Accountants in England and Wales

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

10 October 2024

BLACK COUNTRY MENTAL HEALTH**STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	67,879	8,528	76,407	104,632
Other trading activities	3	152	-	152	1,234
Investment income	4	<u>3,350</u>	<u>-</u>	<u>3,350</u>	<u>1,113</u>
Total		<u>71,381</u>	<u>8,528</u>	<u>79,909</u>	<u>106,979</u>
EXPENDITURE ON					
Charitable activities	5				
Charitable activities		<u>79,182</u>	<u>10,163</u>	<u>89,345</u>	<u>106,787</u>
NET INCOME/(EXPENDITURE)		(7,801)	(1,635)	(9,436)	192
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>130,245</u>	<u>50,696</u>	<u>180,941</u>	<u>180,749</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>122,444</u></u>	<u><u>49,061</u></u>	<u><u>171,505</u></u>	<u><u>180,941</u></u>

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET

31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	-	49,061	49,061	50,696
CURRENT ASSETS					
Debtors	12	15,398	-	15,398	3,100
Cash at bank and in hand		<u>137,628</u>	<u>-</u>	<u>137,628</u>	<u>172,698</u>
		153,026	-	153,026	175,798
CREDITORS					
Amounts falling due within one year	13	<u>(28,332)</u>	<u>-</u>	<u>(28,332)</u>	<u>(18,074)</u>
NET CURRENT ASSETS		<u>124,694</u>	<u>-</u>	<u>124,694</u>	<u>157,724</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		124,694	49,061	173,755	208,420
CREDITORS					
Amounts falling due after more than one year	14	<u>(2,250)</u>	<u>-</u>	<u>(2,250)</u>	<u>(27,479)</u>
NET ASSETS		<u>122,444</u>	<u>49,061</u>	<u>171,505</u>	<u>180,941</u>
FUNDS	16				
Unrestricted funds				122,444	130,245
Restricted funds				<u>49,061</u>	<u>50,696</u>
TOTAL FUNDS				<u>171,505</u>	<u>180,941</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET - continued
31 MARCH 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 10 October 2024 and were signed on its behalf by:

Mr D R Tyler - Trustee

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings	Over the term of the lease
Leasehold property improvements	10% p.a. straight line basis
Fixtures, fittings & equipment	12.5% p.a. straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Taxation

The charity is exempt from corporation tax on its charitable activities.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Gifts	2	(1)
Donations	32,947	35,267
Other income	<u>43,458</u>	<u>69,366</u>
	<u>76,407</u>	<u>104,632</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	<u>152</u>	<u>1,234</u>

4. INVESTMENT INCOME

	2024	2023
	£	£
Other participating interests	<u>3,350</u>	<u>1,113</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Charitable activities	<u>87,074</u>	<u>2,271</u>	<u>89,345</u>

6. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
Charitable activities	<u>2,146</u>	<u>125</u>	<u>2,271</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	<u>1,635</u>	<u>1,636</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

9. STAFF COSTS

	2024 £	2023 £
Wages and salaries	60,137	85,627
Social security costs	16	(5)
Other pension costs	<u>443</u>	<u>741</u>
	<u>60,596</u>	<u>86,363</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

9. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	2024	2023
Charitable activities	1	3
Management and admin	<u>2</u>	<u>2</u>
	<u>3</u>	<u>5</u>

There were no employees whose annual remuneration was £60,000 or more

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	85,954	18,678	104,632
Other trading activities	1,234	-	1,234
Investment income	<u>1,113</u>	<u>-</u>	<u>1,113</u>
Total	<u>88,301</u>	<u>18,678</u>	<u>106,979</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	<u>86,474</u>	<u>20,313</u>	<u>106,787</u>
NET INCOME/(EXPENDITURE)	1,827	(1,635)	192
RECONCILIATION OF FUNDS			
Total funds brought forward	128,417	52,332	180,749
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>130,244</u>	<u>50,697</u>	<u>180,941</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

11. TANGIBLE FIXED ASSETS

	Freehold property £	Long leasehold £	Fixtures and fittings £	Totals £
COST				
At 1 April 2023 and 31 March 2024	<u>81,768</u>	<u>40,354</u>	<u>54,643</u>	<u>176,765</u>
DEPRECIATION				
At 1 April 2023	31,072	40,354	54,643	126,069
Charge for year	<u>1,635</u>	<u>-</u>	<u>-</u>	<u>1,635</u>
At 31 March 2024	<u>32,707</u>	<u>40,354</u>	<u>54,643</u>	<u>127,704</u>
NET BOOK VALUE				
At 31 March 2024	<u>49,061</u>	<u>-</u>	<u>-</u>	<u>49,061</u>
At 31 March 2023	<u>50,696</u>	<u>-</u>	<u>-</u>	<u>50,696</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	11,925	2,220
Prepayments	<u>3,473</u>	<u>880</u>
	<u>15,398</u>	<u>3,100</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Bank loans and overdrafts (see note 15)	27,382	16,276
Trade creditors	4	1,064
Social security and other taxes	<u>946</u>	<u>734</u>
	<u>28,332</u>	<u>18,074</u>

14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2024	2023
	£	£
Accruals and deferred income	<u>2,250</u>	<u>27,479</u>

15. LOANS

An analysis of the maturity of loans is given below:

	2024	2023
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>27,382</u>	<u>16,276</u>

16. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	At 31/3/24
	£	£	£
Unrestricted funds			
General fund	81,245	(7,801)	73,444
Designated Fund	<u>49,000</u>	<u>-</u>	<u>49,000</u>
	130,245	(7,801)	122,444
Restricted funds			
Property Fund	<u>50,696</u>	<u>(1,635)</u>	<u>49,061</u>
	<u>180,941</u>	<u>(9,436)</u>	<u>171,505</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	68,953	(76,754)	(7,801)
Get Set To Go	<u>2,428</u>	<u>(2,428)</u>	<u>-</u>
	71,381	(79,182)	(7,801)
Restricted funds			
Property Fund	-	(1,635)	(1,635)
Marathon	4,500	(4,500)	-
Fisher Trust Garden	187	(187)	-
Fisher Trust Children	54	(54)	-
Finnis Scott	2,187	(2,187)	-
Edward Cadbury	<u>1,600</u>	<u>(1,600)</u>	<u>-</u>
	<u>8,528</u>	<u>(10,163)</u>	<u>(1,635)</u>
TOTAL FUNDS	<u><u>79,909</u></u>	<u><u>(89,345)</u></u>	<u><u>(9,436)</u></u>

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	70,417	1,828	9,000	81,245
Designated Fund	<u>58,000</u>	<u>-</u>	<u>(9,000)</u>	<u>49,000</u>
	128,417	1,828	-	130,245
Restricted funds				
Property Fund	52,332	(1,636)	-	50,696
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u><u>180,749</u></u>	<u><u>192</u></u>	<u><u>-</u></u>	<u><u>180,941</u></u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	85,660	(83,832)	1,828
Get Set To Go	<u>2,641</u>	<u>(2,641)</u>	<u>-</u>
	88,301	(86,473)	1,828
Restricted funds			
Property Fund	(1)	(1,635)	(1,636)
Mind	7,000	(7,000)	-
Marathon	4,500	(4,500)	-
Deaf Community	3,880	(3,880)	-
Leeds Building Society	160	(160)	-
Marks and Spencer	2,175	(2,175)	-
Fisher Trust Garden	594	(594)	-
Fisher Trust Children	185	(185)	-
ASDA Children	<u>185</u>	<u>(185)</u>	<u>-</u>
	<u>18,678</u>	<u>(20,314)</u>	<u>(1,636)</u>
TOTAL FUNDS	<u>106,979</u>	<u>(106,787)</u>	<u>192</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	70,417	(5,973)	9,000	73,444
Designated Fund	<u>58,000</u>	<u>-</u>	<u>(9,000)</u>	<u>49,000</u>
	128,417	(5,973)	-	122,444
Restricted funds				
Property Fund	52,332	(3,271)	-	49,061
	<u>180,749</u>	<u>(9,244)</u>	<u>-</u>	<u>171,505</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	154,613	(160,586)	(5,973)
Get Set To Go	<u>5,069</u>	<u>(5,069)</u>	<u>-</u>
	159,682	(165,655)	(5,973)
Restricted funds			
Property Fund	(1)	(3,270)	(3,271)
Mind	7,000	(7,000)	-
Marathon	9,000	(9,000)	-
Deaf Community	3,880	(3,880)	-
Leeds Building Society	160	(160)	-
Marks and Spencer	2,175	(2,175)	-
Fisher Trust Garden	781	(781)	-
Fisher Trust Children	239	(239)	-
ASDA Children	185	(185)	-
Finnis Scott	2,187	(2,187)	-
Edward Cadbury	<u>1,600</u>	<u>(1,600)</u>	<u>-</u>
	<u>27,206</u>	<u>(30,477)</u>	<u>(3,271)</u>
TOTAL FUNDS	<u><u>186,888</u></u>	<u><u>(196,132)</u></u>	<u><u>(9,244)</u></u>

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

BLACK COUNTRY MENTAL HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	2024	2023
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	2	(1)
Donations	32,947	35,267
Other income	<u>43,458</u>	<u>69,366</u>
	76,407	104,632
Other trading activities		
Fundraising events	152	1,234
Investment income		
Other participating interests	<u>3,350</u>	<u>1,113</u>
Total incoming resources	79,909	106,979
EXPENDITURE		
Charitable activities		
Wages	60,137	85,627
Social security	16	(5)
Pensions	443	741
Rates and water	-	(3,456)
Insurance	1,265	2,144
Telephone	2,414	3,410
Postage and stationery	841	1,345
Sundries	21,655	14,446
Travelling	<u>303</u>	<u>97</u>
	87,074	104,349
Support costs		
Finance		
Bank charges	511	485
Freehold property	<u>1,635</u>	<u>1,635</u>
	2,146	2,120

This page does not form part of the statutory financial statements

BLACK COUNTRY MENTAL HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	2024	2023
	£	£
Finance		
Governance costs		
Accountancy and legal fees	<u>125</u>	<u>318</u>
Total resources expended	<u>89,345</u>	<u>106,787</u>
Net (expenditure)/income	<u>(9,436)</u>	<u>192</u>

This page does not form part of the statutory financial statements

BLACK COUNTRY MENTAL HEALTH

England & Wales - Charity number 1002257

Accounts

REGISTERED COMPANY NUMBER: 02533622 (England and Wales)
REGISTERED CHARITY NUMBER: 1002257

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
BLACK COUNTRY MENTAL HEALTH

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

BLACK COUNTRY MENTAL HEALTH

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FOR THE YEAR ENDED 31 MARCH 2023

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BLACK COUNTRY MENTAL HEALTH

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES	Ms H Harris Company Director (appointed 9/6/2022) Mr M B Khan Motor Mechanic Ms F J Lucas Self Employed Mr P D Marsh Enterprise Architect Mr K Parsons Unemployed Ms L Perry University Outreach Advisor Mr D R Tyler Retired Mr A J Walsh Service User Mr A Khoury (appointed 9/6/2022)
REGISTERED OFFICE	The Hub Bushey Fields Hospital Site Bushey Fields Road Dudley West Midlands DY1 2LZ
REGISTERED COMPANY NUMBER	02533622 (England and Wales)
REGISTERED CHARITY NUMBER	1002257
INDEPENDENT EXAMINER	Folkes Worton LLP 15-17 Church Street Stourbridge West Midlands DY8 1LU
BANKERS	Handelsbanken Ground Floor, 2 Trinity Court, Broadlands, Wolverhampton WV10 6UH
SOLICITORS	FBC Manby Bowdler 6-10 George Street Wolverhampton WV2 4DN

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

The trustees present their report and accounts for the year ended 31 March 2023.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Black Country Mental Health are 'to promote the preservation and maintenance of good mental health as well as assisting with the recovery of and providing support for those people experiencing emotional or mental distress in the Black Country (The Metropolitan Boroughs of Dudley, Sandwell Walsall and Wolverhampton) and such other areas from time to time determined by the Board of Management'.

Black Country Mental Health may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Organisational Management

This is delegated to the Chief Executive who reports to the board of trustees at each meeting.

The Team

There is only one team at Black Country Mental Health which comprises a small number of paid staff and all the volunteers who without which we could not have developed to the extent we have.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives Black Country Mental Health's activities and who it benefits may be categorised as follows;

Recovery Activities: These may be provided from time to time in the form of arts, crafts, poetry and drop in provision for social interaction.

Peer Mentoring/Self Help groups: Have taken place throughout the past financial year facilitated by staff together with volunteers. These groups offer mutual support and the sharing of coping strategies in a confidential safe environment. People are able to attend as and when they feel they need the support. The female trauma group in particular has proved to be beneficial to many. During this financial year we have started a group in Sandwell at one of the foodbanks and worked with a refuge to provide a regular group there.

Workplace Wellbeing: We have continued to deliver training in the form of the Mental Health First Aid and the i-act courses as well as general mental health awareness to a number of organisations and individuals. We are also working with some companies to promote mental health support by being available at their workplace for staff to access.

Horticultural Project: This project is now completely managed and operated by volunteers. It continues to be a source of support to manage mental health by being involved in outdoor exercise and also to be able to socialize with others whilst maintaining the walled garden at Stevens Park Wollescote. During the year two of the volunteers were successful in gaining fulltime employment with Dudley Council.

Jolly Joggers: Remains a popular couch to 5k activity which is conducted over a 12 week period with qualified and experienced volunteers in West Park, Wolverhampton.

Bereavement and Grief Counselling: Since the inception of this service we have received many self referrals as well as people being passed to us through Talking Therapies and the Perinatal mental health services. The service has also supported several people who have been bereaved through suicide.

Schools and Colleges: During the year we have promoted the Wellbeing Warriors training for pupils from years 4 and 5. This has enabled pupils to work in liaison with teaching staff to support their peers when they are feeling anxious or upset. Black Country Mental Health have also worked with Dudley College providing small short sessions around mental health.

We are still supporting the Wellbeing Collaborative with delivering their anxiety programme into schools.

Support Line: Since Covid-19 we have reduced the times of this. Calls are significantly reduced, however we are receiving more calls on the office telephone number out of hours now. Despite other services being in place we still have a lot of people who see us as the organization for support.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2023**

FINANCIAL REVIEW

Financial position

Sources of funding:

During the year, the main sources of funding were derived from Training provision, Donations and Fundraising and support from a number of local companies.

Premises:

The charity has found that the move back to the building on the Bushey Fields Hospital site has enabled the organisation to be more accessible to a wider number of people, provide a better access point by public transport and allow a better service to be provided whilst also enhancing opportunities to develop income streams. The move is hoped to improve our contacts and liaison with the NHS Trust and other Mental Health statutory providers.

Designated funds:

In 2022/2023 the designated fund was reviewed and it was decided that a more accurate figure for designated reserves was £49,000 (2022: £49,000).

Reserves:

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and taking into account redundancy and termination costs in 2022/23 we will require a level of reserves of approximately £49,000 whilst the actual level of unrestricted reserves is £131,880.

Transactions and financial position:

The Statement of Financial Activities shows income for the year of £106,980, expenditure of £106,787 resulting in a surplus of £193. The balance of the accumulated fund stands at £180,749 in total consisting of £49,000 designated funds, £82,880 general unrestricted funds and £49,061 restricted funds. Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

Investment:

Under the Memorandum and Articles of Association, Black Country Mental Health has the power to make any investment which the Trustees see fit. To maximize the investment opportunity on monies held in Black Country Mental Health's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved which is monitored monthly.

Risk management:

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board. Risk management is an on-going process and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact. Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

Plans for the future:

The Board recognises that diversification of income is imperative and some progress has been made in this area. Increased effort in promoting mental health training to both the public and private sectors has begun to show reward and our name is now more widely recognised in this area. We are proud to have been adopted by several local companies as their charity partner and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed. There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Black Country Mental Health are now showing returns.

BLACK COUNTRY MENTAL HEALTH

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Black Country Mental Health is a charitable company limited by guarantee. When incorporated as Dudley Mind in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Black Country Mental Health is governed by its Memorandum and Articles of Association as revised in 1997.

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Mr K Parsons
Mr D Tyler
Mr A Walsh
Ms F J Lucas
Mr M Khan
Ms L Perry
Mr D P Marsh
Mr A Khoury
Ms H Harris

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisions as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarization with Black Country Mental Health's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organizational structure and related parties:

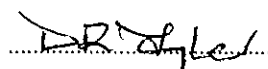
Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing:

Staff continues to be both the organization's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate. All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

The trustees' report was approved by the Board of Trustees.

Approved by order of the board of trustees on 12-10-2023 and signed on its behalf by:


.....

Mr D R Tyler - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BLACK COUNTRY MENTAL HEALTH**

Independent examiner's report to the trustees of Black Country Mental Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nigel Meredith
The Institute of Chartered Accountants in England and Wales

Folkes Worton LLP
15-17 Church Street
Stourbridge
West Midlands
DY8 1LU

Date:19.10.2023.....

BLACK COUNTRY MENTAL HEALTH

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	85,954	18,679	104,633	72,939
Other trading activities	3	1,234	-	1,234	974
Investment income	4	<u>1,113</u>	<u>-</u>	<u>1,113</u>	<u>45</u>
Total		<u>88,301</u>	<u>18,679</u>	<u>106,980</u>	<u>73,958</u>
EXPENDITURE ON					
Charitable activities	5				
Charitable activities		<u>86,474</u>	<u>20,313</u>	<u>106,787</u>	<u>125,238</u>
NET INCOME/(EXPENDITURE)		1,827	(1,634)	193	(51,280)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>130,052</u>	<u>50,696</u>	<u>180,748</u>	<u>232,029</u>
TOTAL FUNDS CARRIED FORWARD		<u>131,879</u>	<u>49,062</u>	<u>180,941</u>	<u>180,749</u>

Surplus and Deficit Account 968

Posting discrepancies were found in the reserve accounts listed below. This is because the brought forward postings in the current year are not equal to the figures carried forward by IRIS at the end of last year. Please check your postings in the brought forward account for the surplus and deficit account 968.

	Unrestricted funds £	Restricted funds £	Total funds £
Brought forward - 968/1	130,052	50,696	180,748
Carried forward	<u>128,411</u>	<u>52,338</u>	<u>180,749</u>
Difference	<u>(1,641)</u>	<u>1,642</u>	<u>1</u>

Post to relevant accounts (see ICHA chart of accounts for further details)

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH**BALANCE SHEET**
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	11	-	50,696	50,696	52,332
CURRENT ASSETS					
Debtors	12	3,100	-	3,100	3,800
Cash at bank and in hand		<u>156,422</u>	<u>-</u>	<u>156,422</u>	<u>175,392</u>
		159,522	-	159,522	179,192
CREDITORS					
Amounts falling due within one year	13	<u>(1,798)</u>	<u>-</u>	<u>(1,798)</u>	<u>(10,196)</u>
NET CURRENT ASSETS		<u>157,724</u>	<u>-</u>	<u>157,724</u>	<u>168,996</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		157,724	50,696	208,420	221,328
CREDITORS					
Amounts falling due after more than one year	14	<u>(27,479)</u>	<u>-</u>	<u>(27,479)</u>	<u>(40,579)</u>
NET ASSETS		<u>130,245</u>	<u>50,696</u>	<u>180,941</u>	<u>180,749</u>
FUNDS	15				
Unrestricted funds				131,880	128,411
Restricted funds				<u>49,061</u>	<u>52,338</u>
TOTAL FUNDS				<u>180,941</u>	<u>180,749</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

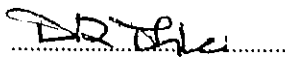
The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12.10.2023 and were signed on its behalf by:


.....
Mr D R Tyler - Trustee

The notes form part of these financial statements

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings	Over the term of the lease
Leasehold property improvements	10% p.a. straight line basis
Fixtures, fittings & equipment	12.5% p.a. straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	35,267	42,412
Other income	<u>69,366</u>	<u>30,527</u>
	<u>104,633</u>	<u>72,939</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	<u>1,234</u>	<u>974</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Other participating interests	<u>1,113</u>	<u>45</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Charitable activities	<u>104,349</u>	<u>2,438</u>	<u>106,787</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

6. SUPPORT COSTS

	Finance	Governance costs	Totals
	£	£	£
Charitable activities	<u>2,120</u>	<u>318</u>	<u>2,438</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	<u>1,636</u>	<u>1,635</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

9. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	85,627	90,084
Social security costs	(5)	1,564
Other pension costs	<u>741</u>	<u>832</u>
	<u>86,363</u>	<u>92,480</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Charitable activities	3	3
Management and admin	<u>2</u>	<u>2</u>
	<u>5</u>	<u>5</u>

There were no employees whose annual remuneration was £60,000 or more.

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	48,342	24,597	72,939
Other trading activities	974	-	974
Investment income	45	-	45
Total	<u>49,361</u>	<u>24,597</u>	<u>73,958</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	<u>99,006</u>	<u>26,232</u>	<u>125,238</u>
NET INCOME/(EXPENDITURE)	(49,645)	(1,635)	(51,280)
RECONCILIATION OF FUNDS			
Total funds brought forward	178,056	53,973	232,029
TOTAL FUNDS CARRIED FORWARD	<u>128,411</u>	<u>52,338</u>	<u>180,749</u>

11. TANGIBLE FIXED ASSETS

	Freehold property £	Long leasehold £	Fixtures and fittings £	Totals £
COST				
At 1 April 2022 and 31 March 2023	<u>81,768</u>	<u>40,354</u>	<u>54,643</u>	<u>176,765</u>
DEPRECIATION				
At 1 April 2022	29,436	40,354	54,643	124,433
Charge for year	<u>1,636</u>	-	-	<u>1,636</u>
At 31 March 2023	<u>31,072</u>	<u>40,354</u>	<u>54,643</u>	<u>126,069</u>
NET BOOK VALUE				
At 31 March 2023	<u>50,696</u>	-	-	<u>50,696</u>
At 31 March 2022	<u>52,332</u>	-	-	<u>52,332</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2023	2022
		£	£
Trade debtors		2,220	2,525
Prepayments		<u>880</u>	<u>1,275</u>
		<u>3,100</u>	<u>3,800</u>
13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2023	2022
		£	£
Trade creditors		1,064	1,845
Social security and other taxes		734	1,039
Accruals and deferred income		<u>-</u>	<u>7,312</u>
		<u>1,798</u>	<u>10,196</u>
14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR		2023	2022
		£	£
Accruals and deferred income		<u>27,479</u>	<u>40,579</u>
15. MOVEMENT IN FUNDS			
		Net	At
	At 1/4/22	movement	31/3/23
	£	in funds	£
		£	
Unrestricted funds			
General fund	81,052	1,828	82,880
Designated Fund	<u>49,000</u>	<u>-</u>	<u>49,000</u>
	130,052	1,828	131,880
Restricted funds			
Property Fund	50,696	(1,635)	49,061
	<u>180,748</u>	<u>193</u>	<u>180,941</u>

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	85,660	(83,832)	1,828
Get Set To Go	<u>2,641</u>	<u>(2,641)</u>	<u>-</u>
	88,301	(86,473)	1,828
Restricted funds			
Property Fund	-	(1,635)	(1,635)
Mind	7,000	(7,000)	-
Marathon	4,500	(4,500)	-
Deaf Community	3,880	(3,880)	-
Leeds Building Society	160	(160)	-
Marks and Spencer	2,175	(2,175)	-
Fisher Trust Garden	594	(594)	-
Fisher Trust Children	185	(185)	-
ASDA Children	<u>185</u>	<u>(185)</u>	<u>-</u>
	<u>18,679</u>	<u>(20,314)</u>	<u>(1,635)</u>
TOTAL FUNDS	<u>106,980</u>	<u>(106,787)</u>	<u>193</u>

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	109,556	(49,645)	10,500	70,411
Designated Fund	<u>68,500</u>	<u>-</u>	<u>(10,500)</u>	<u>58,000</u>
	178,056	(49,645)	-	128,411
Restricted funds				
Property Fund	53,973	(1,635)	-	52,338
	<u>53,973</u>	<u>(1,635)</u>	<u>-</u>	<u>52,338</u>
TOTAL FUNDS	<u>232,029</u>	<u>(51,280)</u>	<u>-</u>	<u>180,749</u>

BLACK COUNTRY MENTAL HEALTH**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	49,361	(99,006)	(49,645)
Restricted funds			
Property Fund	-	(1,635)	(1,635)
Dudley Active Minds	7,796	(7,796)	-
Morrisons	711	(711)	-
Mind	523	(523)	-
Marathon	4,226	(4,226)	-
Police Fund	1,256	(1,256)	-
Deaf Community	1,120	(1,120)	-
WM Project	508	(508)	-
Leeds Building Society	540	(540)	-
H Porter	250	(250)	-
Mentor-Burton Mind	617	(617)	-
Marks and Spencer	1,825	(1,825)	-
Kathleen Allen	5,225	(5,225)	-
	<u>24,597</u>	<u>(26,232)</u>	<u>(1,635)</u>
TOTAL FUNDS	<u>73,958</u>	<u>(125,238)</u>	<u>(51,280)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	109,556	(47,817)	10,500	72,239
Designated Fund	<u>68,500</u>	<u>-</u>	<u>(10,500)</u>	<u>58,000</u>
	178,056	(47,817)	-	130,239
Restricted funds				
Property Fund	<u>53,973</u>	<u>(3,270)</u>	<u>-</u>	<u>50,703</u>
TOTAL FUNDS	<u>232,029</u>	<u>(51,087)</u>	<u>-</u>	<u>180,942</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	135,021	(182,838)	(47,817)
Get Set To Go	<u>2,641</u>	<u>(2,641)</u>	-
	137,662	(185,479)	(47,817)
Restricted funds			
Property Fund	-	(3,270)	(3,270)
Dudley Active Minds	7,796	(7,796)	-
Morrisons	711	(711)	-
Mind	7,523	(7,523)	-
Marathon	8,726	(8,726)	-
Police Fund	1,256	(1,256)	-
Deaf Community	5,000	(5,000)	-
WM Project	508	(508)	-
Leeds Building Society	700	(700)	-
H Porter	250	(250)	-
Mentor-Burton Mind	617	(617)	-
Marks and Spencer	4,000	(4,000)	-
Kathleen Allen	5,225	(5,225)	-
Fisher Trust Garden	594	(594)	-
Fisher Trust Children	185	(185)	-
ASDA Children	<u>185</u>	<u>(185)</u>	-
	<u>43,276</u>	<u>(46,546)</u>	<u>(3,270)</u>
TOTAL FUNDS	<u>180,938</u>	<u>(232,025)</u>	<u>(51,087)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

BLACK COUNTRY MENTAL HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	35,267	42,412
Other income	<u>69,366</u>	<u>30,527</u>
	104,633	72,939
Other trading activities		
Fundraising events	1,234	974
Investment income		
Other participating interests	<u>1,113</u>	<u>45</u>
Total incoming resources	106,980	73,958
EXPENDITURE		
Charitable activities		
Wages	85,627	90,084
Social security	(5)	1,564
Pensions	741	832
Rates and water	(3,456)	3,456
Insurance	2,144	2,431
Telephone	3,410	3,476
Postage and stationery	1,345	1,373
Sundries	14,446	14,174
Travelling	<u>97</u>	<u>1,466</u>
	104,349	118,856
Support costs		
Finance		
Bank charges	485	534
Freehold property	<u>1,635</u>	<u>1,635</u>
	2,120	2,169
Governance costs		
Accountancy and legal fees	<u>318</u>	<u>4,213</u>
Total resources expended	<u>106,787</u>	<u>125,238</u>
Net income/(expenditure)	193	(51,280)

This page does not form part of the statutory financial statements

BLACK COUNTRY MENTAL HEALTH

England & Wales - Charity number 1002257

Accounts

Charity Registration No. 1002257

Company Registration No. 02533622 (England and Wales)

BLACK COUNTRY MENTAL HEALTH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

BLACK COUNTRY MENTAL HEALTH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr K Parsons Mr D Tyler Mr A Walsh Ms F J Lucas Mr M Khan Ms L Perry Mr D P Marsh Mr A Khoury Ms H Harris	(Appointed 17 March 2022) (Appointed 9 June 2022) (Appointed 9 June 2022)
Charity number	1002257	
Company number	02533622	
Registered office	The Hub Bushey Fields Hospital Bushey Fields Road Dudley DY1 2LZ	
Independent examiner	Neal and Co Business Services Limited Shakespeare Buildings 26 Cradley Road Cradley Heath West Midlands B64 6AG	
Bankers	Handelsbanken 63 Market Place Stourbridge DY8 1AQ	
Solicitors	FBC Manby Bowdler 6-10 George Street Wolverhampton WV2 4DN	

BLACK COUNTRY MENTAL HEALTH

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Balance sheet	8
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BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report and accounts for the year ended 31 March 2022.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The objects of Dudley Mind were 'to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment primarily in the Metropolitan Borough Of Dudley, the Wyre Forest area and throughout the Black Country and such other additional areas from time to time determined by the Board of Management in association with Mind'.

A consultation meeting was held with members and a vote decided to leave the Mind Federation. On 1st September 2021 Dudley Mind became Black Country Mental Health, 'the objects for which the charity is established are to promote the preservation and maintenance of good mental health as well as assisting with the recovery of and providing support for those people experiencing emotional or mental distress in the Black Country (the Metropolitan Boroughs of Dudley, Sandwell, Walsall and Wolverhampton) and such other areas from time to time determined by the Board of Management.

Black Country Mental Health may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Achievements and performance

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives, Black Country Mental Health's activities and who it tries to benefit may be categorised as follows:

Recovery Activities may be provided from time to time in the form of arts, crafts, music and poetry groups together with the provision of social interaction.

Peer Mentoring/Self Help groups have taken place throughout the past financial year facilitated by staff together with volunteers who have direct experience of mental ill health. These groups offer mutual support and the opportunity to share coping strategies. Peer Mentoring has been proved to offer many benefits to those attending. There is no commitment to a certain amount of time and people can attend when they feel they need more support. The latter part of the financial year saw us start new services including a female only for victims of trauma and grief/bereavement support on a one to one and group basis.

Horticultural Project: The opportunity to combine gardening with mental health support has shown to have positive results and remains a service that is important to Black Country Mental Health offering the chance to grow vegetables for themselves and also improve and manage the walled garden at Steven Park, Wollescote.

Children and Young People: Over the past financial year we have had more contact with schools and colleges as well as individual children. We supported a project working with anxiety children in primary schools, The Happy Me Project, which has proved extremely successful in reducing instances of anxiety at home and in the school arena. We have also developed our Wellbeing Warriors programme training pupils in Primary Schools to recognise anxiety in their peers and be able to support them.

BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

Workplace Wellbeing: Black Country Mental Health continues to deliver training about mental health to a wide range of organisations and individuals. Where feasible trainers will have personal lived in experience of mental ill health. During the year there have been courses delivered to several public and private sector organisations through general mental health awareness training as well as delivery of the range of Mental Health First Aid Courses and the i-act for Managers course which is accredited by the Royal College of Psychiatrists. In addition, we have provided advice and support to businesses in developing a mental health strategy in the workplace to support employees.

COVID 19 Pandemic

Throughout the year we have continued to support people who contact us via our Support Line. There has particularly been an increase in males seeking help. Some of the people who contacted us in early days of Covid 19 have been supported throughout the 2021/2022 period by our volunteers who have been doing a fantastic job. The financial strain placed on families and our community has taken its toll and is increasing causing for more people to contact us.

Without that immediate response many people would have been struggling to find appropriate support at the most difficult times. The Trustees are rightly proud of the effort put in by our staff and volunteers. It has been a time when some statutory provision has not been available and the public have found it very difficult to obtain support.

Financial review

Sources of funding

During the year, the main sources of funding were derived from Training provision, Donations and Fundraising and support from a number of local companies.

Premises

The charity has found that the move back to the building on the Bushey Fields Hospital site has enabled the organisation to be more accessible to a wider number of people, provide a better access point by public transport and allow a better service to be provided whilst also enhancing opportunities to develop income streams. The move is hoped to improve our contacts and liaison with the NHS Trust and other Mental Health statutory providers.

Designated funds

In 2021/22 the designated fund was reviewed and it was decided that a more accurate figure for designated reserves was £58,000 (2021: £68,500).

Reserves

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and taking into account redundancy and termination costs in 2021/22 we will require a level of reserves of approximately £58,000 whilst the actual level of unrestricted reserves is £128,411, of which £58,000 is designated.

Transactions and financial position

The Statement of Financial Activities shows income for the year of £73,958, expenditure of £125,238 resulting in a deficit of £51,280. The balance of the accumulated fund stands at £180,749 in total consisting of £58,000 designated funds, £70,411 general unrestricted funds and £52,338 restricted funds.

Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Investment

Under the Memorandum and Articles of Association, Black Country Mental Health has the power to make any investment which the trustees see fit.

To maximise the investment opportunity on monies held in Black Country Mental Health's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved. This is monitored monthly.

Risk management

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board.

Risk management is an on-going process and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact.

Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

Plans for the future

The Board recognises that diversification of income is imperative and some progress has been made in this.

Increased effort in promoting mental health training to both the public and private sectors has begun to show rewards and our name is now more widely recognised in this area.

We are proud to have been adopted by several local companies as their charity partner and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed

There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Black Country Mental Health are now showing returns.

Structure, governance and management

Black Country Mental Health is a charitable company limited by guarantee. When incorporated as Dudley Mind in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Black Country Mental Health is governed by its Memorandum and Articles of Association as revised in 1997.

BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Ms J Braithwaite	(Resigned 13 October 2021)
Mr M Ball	(Resigned 13 October 2021)
Mr K Parsons	
Mr K Mandair	(Resigned 9 June 2022)
Mr D Tyler	
Mr A Walsh	
Ms F J Lucas	
Mr M Khan	
Ms L Perry	
Mr A Greeves	(Retired 3 May 2021)
Mr D P Marsh	(Appointed 17 March 2022)
Mr A Khoury	(Appointed 9 June 2022)
Ms H Harris	(Appointed 9 June 2022)

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisos as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarisation with Black Country Mental Health's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure and related parties

Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing

Staff continues to be both the organisation's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate.

All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

Asset cover for funds

Note 18 sets out an analysis of the assets attributable to the various funds. These assets are sufficient to meet the charity's obligations on a fund by fund basis.

BLACK COUNTRY MENTAL HEALTH

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) *FOR THE YEAR ENDED 31 MARCH 2022*

The trustees' report was approved by the Board of Trustees.

.....
Mr D Tyler
Trustee
Dated:

BLACK COUNTRY MENTAL HEALTH

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BLACK COUNTRY MENTAL HEALTH

I report on the accounts of the charity for the year ended 31 March 2022, which are set out on pages 7 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees, who are also the directors of Black Country Mental Health for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Ian Marsh FCCA
Neal and Co Business Services Limited

The Association of Chartered Certified Accountants
Shakespeare Buildings
26 Cradley Road
Cradley Heath
West Midlands
B64 6AG

Dated:

BLACK COUNTRY MENTAL HEALTH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<u>Income and endowments from:</u>					
Donations and legacies	2	28,195	14,217	42,412	123,567
Charitable activities	3	-	10,380	10,380	20,396
Other trading activities	4	974	-	974	1,647
Investments	5	45	-	45	114
Other income	6	20,147	-	20,147	24,976
Total income		<u>49,361</u>	<u>24,597</u>	<u>73,958</u>	<u>170,700</u>
<u>Expenditure on:</u>					
Charitable activities	7	<u>99,006</u>	<u>26,232</u>	<u>125,238</u>	<u>148,781</u>
Net gains on investments	10	<u>-</u>	<u>-</u>	<u>-</u>	<u>(100)</u>
Net (expenditure)/income for the year/ Net movement in funds		<u>(49,645)</u>	<u>(1,635)</u>	<u>(51,280)</u>	<u>21,819</u>
Fund balances at 1 April 2021		<u>178,056</u>	<u>53,973</u>	<u>232,029</u>	<u>210,210</u>
Fund balances at 31 March 2022		<u><u>128,411</u></u>	<u><u>52,338</u></u>	<u><u>180,749</u></u>	<u><u>232,029</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BLACK COUNTRY MENTAL HEALTH

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	12		52,332		53,967
Current assets					
Debtors	13	3,799		9,375	
Cash at bank and in hand		175,392		245,455	
		<u>179,191</u>		<u>254,830</u>	
Creditors: amounts falling due within one year	14	<u>(10,195)</u>		<u>(17,209)</u>	
Net current assets			168,996		237,621
Total assets less current liabilities			221,328		291,588
Deferred income	15		<u>(40,579)</u>		<u>(59,559)</u>
Net assets			<u>180,749</u>		<u>232,029</u>
Income funds					
Restricted funds	16		52,338		53,973
<u>Unrestricted funds</u>					
Designated funds	17	58,000		68,500	
General unrestricted funds		<u>70,411</u>		<u>109,556</u>	
			<u>128,411</u>		<u>178,056</u>
			<u>180,749</u>		<u>232,029</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees' responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on

.....
Mr D Tyler
Trustee

Company Registration No. 02533622

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Black Country Mental Health is a private company limited by guarantee incorporated in England and Wales. The registered office is The Hub, Bushey Fields Hospital, Bushey Fields Road, Dudley, DY1 2LZ.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered. Such VAT is reported as part of the expenditure to which it relates.

- Charitable expenditure comprises those costs incurred by Dudley Mind in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of Dudley Mind and include the audit fees and costs linked to the strategic management of the charity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are stated at cost less depreciation. The trustees have adopted a policy whereby freehold land and buildings are included in the accounts at valuation. The trustees have adopted a policy of revaluing land and buildings every 5 years.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings	Over the term of the lease
Leasehold property improvements	10% p.a. straight line basis
Fixtures, fittings & equipment	12.5% p.a. straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The following assets and liabilities are classified as financial instruments – debtors and creditors.

Debtors and creditors are measured at the undiscounted amount of cash or other consideration expected to be paid or received.

1.9 Retirement benefits

The pension costs charged in the accounts represent the contributions payable by the company during the year.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (Continued)

1.10 Capital grants

Specific grants in connection with capital expenditure are credited to a restricted fund if the asset purchased is subject to restrictions as to its use.

A designated fixed asset fund is created for other fixed assets funded by unrestricted grants.

Depreciation on fixed assets funded by grants is charged against the corresponding restricted or designated fund.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Donations and gifts	28,195	14,217	42,412	123,567
For the year ended 31 March 2021	<u>114,910</u>	<u>8,657</u>		<u>123,567</u>

3 Charitable activities

	2022 £	2021 £
Sales within charitable activities	<u>10,380</u>	<u>20,396</u>

4 Other trading activities

	2022 £	2021 £
Fundraising events	<u>974</u>	<u>1,647</u>

5 Investments

	2022 £	2021 £
Interest receivable	<u>45</u>	<u>114</u>

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

6 Other income

	2022	2021
	£	£
Other income	20,147	24,976

7 Charitable activities

	2022	2021
	£	£
Staff costs	86,919	92,931
Depreciation and impairment	1,635	1,635
Client services	33,501	51,032
	<u>122,055</u>	<u>145,598</u>
Share of governance costs (see note)	3,183	3,183
	<u>125,238</u>	<u>148,781</u>

Governance costs includes payments to the accountants of £3,183 (2021- £3,183) for the Independent Examination fees.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

9 Employees

Number of employees

The average monthly number employees during the year was:

	2022 Number	2021 Number
Charitable activities	3	3
Management and admin	2	2
	<u>5</u>	<u>5</u>

Employment costs

	2022 £	2021 £
Wages and salaries	84,523	87,746
Social security costs	1,564	2,427
Other pension costs	832	2,758
	<u>86,919</u>	<u>92,931</u>

There were no employees whose annual remuneration was £60,000 or more.

10 Net gains/(losses) on investments

	2022 £	2021 £
Gain/(loss) on sale of investments	<u>-</u>	<u>(100)</u>

11 Taxation

Black Country Mental Health is a registered charity and is thus exempt from tax on income and capital gains to the extent that these are applied to its charitable objects.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

12 Tangible fixed assets

	Land and buildings £	Leasehold property improvements £	Fixtures, fittings & equipment £	Total £
Cost				
At 1 April 2021	81,768	40,354	54,643	176,765
At 31 March 2022	81,768	40,354	54,643	176,765
Depreciation and impairment				
At 1 April 2021	27,801	40,354	54,643	122,798
Depreciation charged in the year	1,635	-	-	1,635
At 31 March 2022	29,436	40,354	54,643	124,433
Carrying amount				
At 31 March 2022	52,332	-	-	52,332
At 31 March 2021	53,967	-	-	53,967

The net book value of land and buildings of £52,332 (2021: £53,967) relates to a long leasehold property. In 2004 the legal title to the land passed to the Dudley Priority Health NHS Trust. The property is leased back to the charity at a peppercorn rent for fifty years. Should Dudley Priority Health NHS Trust, or its successor require the use of the property during the fifty years, compensation will be paid to Black Country Mental Health based on the number of years remaining on the lease.

13 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Trade debtors	2,524	8,151
Other debtors	-	120
Prepayments and accrued income	1,275	1,104
	3,799	9,375

14 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	1,039	1,363
Trade creditors	1,844	8,415
Accruals and deferred income	7,312	7,431
	10,195	17,209

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

15 Deferred income

	2022 £	2021 £
Other deferred income	40,579	59,559

16 Restricted funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria, are charged to the fund. The charity has the following restricted funds:

	Balance at 1 April 2021 £	Movement in funds Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Property Fund	53,973	-	(1,635)	52,338
Dudley Active Minds	-	7,796	(7,796)	-
Morrisons	-	711	(711)	-
Mind	-	523	(523)	-
Marathon	-	4,226	(4,226)	-
Police Fund	-	1,256	(1,256)	-
Deaf Community	-	1,120	(1,120)	-
WM Project	-	508	(508)	-
Leeds Building Society	-	540	(540)	-
H Porter	-	250	(250)	-
Mentor - Burton Mind	-	617	(617)	-
Marks and Spencer	-	1,825	(1,825)	-
Kathleen Allen	-	5,225	(5,225)	-

Property Fund

This fund represents donations received for the purpose of purchasing land and buildings.

Dudley Active Minds

Funded by Postcode Lottery Fund, this initiative is to help people manage their mental wellbeing through music, horticulture, creative writing and physical activity.

Morrison's Foundation

A two year funding to provide mental health awareness in various forms to those operating within the voluntary sector and the wider community.

Mind

We had been using old IT equipment and were desperate to replenish this. Local Mind Associations were invited to apply for amounts of £5,000 to provide equipment during the lockdown in 2020.

From the amount we received we were able to purchase six laptops initially for staff. This grant made a big difference as previously any laptops we had were heavy and cumbersome.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

16 Restricted funds

(Continued)

Marathon

In 2019 a group of people ran the Birmingham half marathon for us. This was in response to the suicide of three of their friends. They specifically wanted the money to be used to offer support to others and we used money from this to extend the hours our support telephone service operated.

Police Fund

This was from the proceeds of crime and was used to provide equipment to support people attending hypnotherapy and mindfulness sessions. We were able to help with the support line costs and also purchase licences for delivering peer mentoring groups online.

Deaf Community

We were awarded some money specifically to work with this community who had experienced a lot of difficulties due to mask wearing and during lockdown. We facilitated a Deaf Talk group online with an interpreter. In addition we were able to train two deaf people as Mental Health First Aiders where they were able to join in discussions with other participants with the aid of an interpreter.

WM Project

This Money was donated to support our horticultural project at Wollescote Park.

Leeds Building Society

With the grant from them we were able to purchase a small greenhouse for the garden at The Hub, our main base and also some garden furniture to enable people we support to sit out and have discussions with staff or others.

H Porter – Funeral Directors

Donated an amount to help our work with children and young people. We have been able to use this to support young people who have been finding it difficult to reintegrate into school and college following restrictions.

Mentor – Burton Mind

Prior to leaving Mind we were involved in a project to support people in the workplace. This amount of money was a management fee to cover the input from one of the staff prior to us having to withdraw.

Marks and Spencer

This money was raised pre Covid and restricted to working with children and young people. Some of this has been utilized to train the Wellbeing Warriors and we have other schools who are interested in this programme.

Kathleen Allen

There was a small part of a legacy from the above given to us to support people in the Worcestershire area with their mental wellbeing. This has been done on a one to one basis through a staff member.

BLACK COUNTRY MENTAL HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

17 Designated funds

The income funds of the charity include the following designated funds, which have been set aside out of unrestricted funds at the discretion of the trustees for specific, but not legally binding purposes:

	Movement in funds			Balance at 31 March 2022 £
	Balance at 1 April 2021 £	Transfers in £	Transfers out £	
Designated funds (growing services and income)	68,500	-	(10,500)	58,000
	<u>68,500</u>	<u>-</u>	<u>(10,500)</u>	<u>58,000</u>

18 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 March 2022 are represented by:			
Tangible assets	-	52,332	52,332
Current assets/(liabilities)	138,411	30,585	168,996
Provisions and deferred income	(10,000)	(30,579)	(40,579)
	<u>128,411</u>	<u>52,338</u>	<u>180,749</u>

19 Financial commitments, guarantees and contingent liabilities

There were no significant contingent liabilities at the balance sheet date (2021:£Nil)

20 Related party transactions

There were no disclosable related party transactions during the year (2021- none).

BLACK COUNTRY MENTAL HEALTH

England & Wales - Charity number 1002257

Accounts

Charity Registration No. 1002257

Company Registration No. 02533622 (England and Wales)

DUDLEY MIND
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

DUDLEY MIND

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Ms J Braithwaite Mr M Ball Mr K Parsons Mr K Mandair Mr D Tyler Mr A Walsh Ms F J Lucas Mr M Khan Ms L Perry	(Appointed 14 October 2020) (Appointed 14 October 2020) (Appointed 14 October 2020)
Charity number	1002257	
Company number	02533622	
Registered office	The Mind Hub Bushey Fields Hospital Bushey Fields Road Dudley DY1 2LZ	
Independent examiner	Neal and Co Business Services Limited Shakespeare Buildings 26 Cradley Road Cradley Heath West Midlands B64 6AG	
Bankers	Handelsbanken 63 Market Place Stourbridge DY8 1AQ	
Solicitors	FBC Manby Bowdler 6-10 George Street Wolverhampton WV2 4DN	

DUDLEY MIND

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DUDLEY MIND

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and accounts for the year ended 31 March 2021.

The legal and administrative information forms part of this report.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The objects of Dudley Mind are 'to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment primarily in the Metropolitan Borough Of Dudley, the Wyre Forest area and throughout the Black Country and such other additional areas from time to time determined by the Board of Management in association with Mind'. (This is taken to mean promotion of good mental health and support to people who have mental health problems). In the year under review there have been no significant stakeholders, with income derived from a number of sources. Dudley Mind may from time to time seek grants and loans to finance capital purchases and fund specific activities, accept donations, sponsorship fees, subscriptions, legacies and bequests.

Achievements and performance

In setting our objectives and planning our activities the Trustees have given careful consideration to the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

In order to achieve its objectives, Dudley Mind's activities and who it tries to benefit may be categorised as follows:

Recovery Activities may be provided from time to time in the form of arts, crafts, music and poetry groups together with the provision of social interaction. Some of these activities have previously been funded through the Postcode Lottery.

Peer Mentoring/Self Help groups take place facilitated by staff together with people who have direct experience of mental ill health that promote mutual support and sharing of coping strategies. Dudley Mind continues to promote this type of group and has been able to demonstrate many benefits to the individuals attending.

Horticultural Project: This remains a popular service with people who wish to use gardening in the park to support and manage their mental health, to get some outdoor exercise, to socialise informally with others and to improve the walled garden at Stevens Park, Wollescote.

Workplace Wellbeing: Dudley Mind continues to deliver training about mental health to a wide range of organisations and individuals. Where feasible trainers will have personal lived in experience of mental ill health. During the year there have been courses delivered to several public and private sector organisations through general mental health awareness training as well as delivery of the range of Mental Health First Aid Courses. In addition, we have provided advice and support to businesses in developing a mental health strategy in the workplace to support employees.

DUDLEY MIND

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

COVID 19 Pandemic

The World has been rocked by the Covid 19 Pandemic and the UK has seen more than its share of infection, sadly leading to loss of life and illness to thousands of people. The financial strain placed on families and our community has taken its toll and that has been evident by the call on our services. We have been contacted by more people this year as a result of the Pandemic and our staff, under the leadership of CEO Sandra Vaughan have stepped up to provide a massive support to those in need. We manned a support line between 8am & 12midnight on Monday to Saturday and 8am-10pm on Sundays.

Without that immediate response many people would have been struggling to find appropriate support at the most difficult times. The Trustees are rightly proud of the effort put in by our staff.

Financial review

Sources of funding

During the year, the main sources of funding were derived from Training provision, Donations and Fundraising and support from a number of local companies.

Premises

The charity has completed a move to new offices at The Hub on the Bushey Fields Hospital site. This will enable the organisation to be more accessible to a wider number of people, provide a better access point by public transport and allow a better service to be provided whilst also enhancing opportunities to develop income streams. The move is hoped to improve our contacts and liaison with the NHS Trust and other Mental Health statutory providers.

Designated funds

In 2020/21 the designated fund was reviewed and it was decided that a more accurate figure for designated reserves was £68,500.

Reserves

The Trustees hold the view that a minimum of six months' salaries and operating overheads should be maintained so that any reduction in funding brought about by political change or otherwise would not have an immediate effect on the services of the charity. Under this policy and taking into account redundancy and termination costs in 2020/21 we will require a level of reserves of approximately £68,500 whilst the actual level of unrestricted reserves is £178,056, of which £68,500 is designated.

Transactions and financial position

The Statement of Financial Activities shows income for the year of £170,700, expenditure of £148,781 and loss on investment of £100 resulting in a surplus of £21,819. The balance of the accumulated fund stands at £232,029 in total consisting of £68,500 designated funds, £109,556 general unrestricted funds and £53,973 restricted funds.

Trustees maintained their intention to reduce any operating deficit through the strategy of growing services and income.

Investment

Under the Memorandum and Articles of Association, Dudley Mind has the power to make any investment which the trustees see fit.

To maximise the investment opportunity on monies held in Dudley Mind's bank accounts a fixed interest account has been operating throughout the year with Handelsbanken through a 35-day notice account. This arrangement ensures the highest level of interest reconcilable with ease of access to funds is achieved. This is monitored monthly.

DUDLEY MIND

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

Risk management

The Board has instituted and maintains a Charity Risk Assessment of the major strategic and operational risks that they face, identifying risk factors, their likelihood and impact, and control procedures to limit risk. The assessment is reviewed and updated as necessary annually by the Board.

Risk management is an on-going process and particular attention is paid to those few aspects that are identified as having a higher likelihood and/or impact.

Operational Risk is managed using our risk assessment and risk management tools as well as our Health and Safety documentation which is regularly reviewed by the Board. All serious incidents are reported periodically to the Board.

Plans for the future

The Board recognises that diversification of income is imperative and some progress has been made in this.

Increased effort in promoting mental health training to both the public and private sectors has begun to show rewards and our name is now more widely recognised in this area.

We are proud to have been adopted by several local companies as their charity partner and this has led to further enquiries for training. Interest is being shown in supporting the charity from various sectors as mental health becomes more openly discussed.

There is no doubt that the future continues to be challenging, but there are encouraging signs that the efforts being made by all involved with Dudley Mind are now showing returns.

Since the end of the financial year, Dudley Mind has decided to disaffiliate from the Mind network, with this decision taking effect on 31st August 2021. The charity believes that this is in the best interests of its stakeholders and that it will enable it to more effectively deliver services at a local level.

Structure, governance and management

Dudley Mind is a charitable company limited by guarantee. When incorporated in 1990, it took over the functions, properties and liabilities of a charity registered in 1976, known as the Dudley Association for Mental Health. Dudley Mind is governed by its Memorandum and Articles of Association as revised in 1997.

Dudley Mind is affiliated to the federation of 'Mind' by way of a Community Partnership Agreement. This requires an organisation to meet and maintain certain standards of governance and operation which in some areas go beyond that required by company and charity law. While Mind has no direct authority to regulate or control the activities of the company, failure to meet the standards laid down could result in disaffiliation and loss of the right to the use of the logo and charity title.

DUDLEY MIND

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

Board of Management ("The Board")

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Ms J Braithwaite	(Appointed 14 October 2020)
Mr M Ball	(Appointed 14 October 2020)
Mr K Parsons	
Mr K Mandair	
Mr D Tyler	
Mr A Walsh	
Ms F J Lucas	
Mr A Greeves	(Retired 3 May 2021)
Mr M Khan	
Ms L Perry	(Appointed 14 October 2020)

Every year one third of the members retire from office; the members so retiring shall be those who have been longest in office since their last election. All retiring members shall be eligible for re-election subject to certain provisos as set out in Rule 43 a) & b) of the Articles of Association.

In the appointment of members, the Board is very mindful of the need to maintain a broad cross section of professional skills and life experience relevant to its duties and obligations. Induction and training of new members is based on individual needs but will always include familiarisation with Dudley Mind's activities. Prior to appointment on the vote of board members, all potential new members are required to meet the Chair, Vice-Chair and/or Chief Executive to establish that there are no disqualifying conditions, that there is a genuine desire to help and contribute to the organisation and that the obligations and "duty of care" of a director and trustee are fully understood and accepted. Service users and ex-service users who can meet the criteria are sought after as members.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure and related parties

The Board provides the overall governance of the organisation and as such is responsible for the policy and strategic direction. It meets regularly and receives detailed reports on the financial position from the Treasurer or other appointed individual, operational reports from the Chief Executive and any other specific issues.

Management of the day-to-day operational duties, service provision, staff management is delegated to the Chief Executive. The freedom to act allowed by this delegation may be circumscribed in some areas, for example the company has prescribed financial regulations governing spending limits.

Staffing

Staff continues to be both the organisation's greatest asset and its greatest expense. They have continued to show great dedication to their work in improving mental health despite an uncertain funding climate.

All staff members receive support from their line manager. Training is provided as identified for specific job roles including data protection (GDPR).

Asset cover for funds

Note 20 sets out an analysis of the assets attributable to the various funds. These assets are sufficient to meet the charity's obligations on a fund by fund basis.

DUDLEY MIND

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The trustees' report was approved by the Board of Trustees.

D Tyler

Mr D Tyler

Trustee

Dated: *25th August 2021*

DUDLEY MIND

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DUDLEY MIND

I report on the accounts of the charity for the year ended 31 March 2021, which are set out on pages 7 to 18.

Respective responsibilities of trustees and examiner

The charity's trustees, who are also the directors of Dudley Mind for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Ian Marsh FCCA
Neal and Co Business Services Limited

The Association of Chartered Certified Accountants
Shakespeare Buildings
26 Cradley Road
Cradley Heath
West Midlands
B64 6AG

Dated: 27/8/21

DUDLEY MIND

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<u>Income and endowments from:</u>					
Donations and legacies	2	114,910	8,657	123,567	20,421
Charitable activities	3	-	20,396	20,396	13,608
Other trading activities	4	1,647	-	1,647	12,427
Investments	5	114	-	114	276
Other income	6	24,976	-	24,976	54,279
Total income		141,647	29,053	170,700	101,011
<u>Expenditure on:</u>					
Charitable activities	7	119,837	28,944	148,781	144,053
Net gains on investments	10	(100)	-	(100)	-
Net incoming/(outgoing) resources before transfers		21,710	109	21,819	(43,042)
Gross transfers between funds		1,744	(1,744)	-	-
Net income/(expenditure) for the year/ Net movement in funds		23,454	(1,635)	21,819	(43,042)
Fund balances at 1 April 2020		154,602	55,608	210,210	253,252
Fund balances at 31 March 2021		178,056	53,973	232,029	210,210

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DUDLEY MIND

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	12		53,967		55,603
Investments	13		-		100
			<u>53,967</u>		<u>55,703</u>
Current assets					
Debtors	14	9,375		8,725	
Cash at bank and in hand		245,455		248,091	
		<u>254,830</u>		<u>256,816</u>	
Creditors: amounts falling due within one year	15	(17,209)		(8,990)	
Net current assets			237,621		247,826
Total assets less current liabilities			<u>291,588</u>		<u>303,529</u>
Deferred income	16		(59,559)		(93,319)
Net assets			<u>232,029</u>		<u>210,210</u>
Income funds					
Restricted funds	17		53,973		55,608
<u>Unrestricted funds</u>					
Designated funds	18	68,500		63,500	
General unrestricted funds		109,556		91,102	
		<u>178,056</u>		<u>154,602</u>	
			<u>232,029</u>		<u>210,210</u>

DUDLEY MIND

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2021

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees' responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on *25th August 2021*

..... *D Tyler*

Mr D Tyler
Trustee

Company Registration No. 02533622

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Dudley Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is The Mind Hub, Bushey Fields Hospital, Bushey Fields Road, Dudley, DY1 2LZ.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered. Such VAT is reported as part of the expenditure to which it relates.

- Charitable expenditure comprises those costs incurred by Dudley Mind in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of Dudley Mind and include the audit fees and costs linked to the strategic management of the charity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are stated at cost less depreciation. The trustees have adopted a policy whereby freehold land and buildings are included in the accounts at valuation. The trustees have adopted a policy of revaluing land and buildings every 5 years.

The trustees have adopted a policy whereby fixed assets costing less than £500 are not capitalised.

Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings	Over the term of the lease
Leasehold property improvements	10% p.a. straight line basis
Fixtures, fittings & equipment	12.5% p.a. straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

A subsidiary is an entity controlled by the charity. Control is the power to govern the financial and operating policies of the entity so as to obtain benefits from its activities.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The following assets and liabilities are classified as financial instruments – debtors and creditors.

Debtors and creditors are measured at the undiscounted amount of cash or other consideration expected to be paid or received.

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (Continued)

1.10 Retirement benefits

The pension costs charged in the accounts represent the contributions payable by the company during the year.

1.11 Capital grants

Specific grants in connection with capital expenditure are credited to a restricted fund if the asset purchased is subject to restrictions as to its use.

A designated fixed asset fund is created for other fixed assets funded by unrestricted grants.

Depreciation on fixed assets funded by grants is charged against the corresponding restricted or designated fund.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2021	Total 2020
	£	£	£	£
Donations and gifts	114,910	8,657	123,567	20,421
For the year ended 31 March 2020	<u>20,421</u>	<u>-</u>		<u>20,421</u>

3 Charitable activities

	2021 £	2020 £
Sales within charitable activities	<u>20,396</u>	<u>13,608</u>

4 Other trading activities

	2021 £	2020 £
Fundraising events	<u>1,647</u>	<u>12,427</u>

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

5 Investments

	2021	2020
	£	£
Interest receivable	114	276

6 Other income

	Unrestricted funds	Restricted funds	Total 2021	Total 2020
	£	£	£	£
Net gain on disposal of tangible fixed assets	-	-	-	19,014
Other income	24,976	-	24,976	35,265
	<u>24,976</u>	<u>-</u>	<u>24,976</u>	<u>54,279</u>
For the year ended 31 March 2020	<u>48,921</u>	<u>5,358</u>		<u>54,279</u>

7 Charitable activities

	2021	2020
	£	£
Staff costs	92,931	100,812
Depreciation and impairment	1,635	2,531
Client services	51,032	37,527
	<u>145,598</u>	<u>140,870</u>
Share of governance costs (see note)	3,183	3,183
	<u>148,781</u>	<u>144,053</u>

Governance costs includes payments to the accountants of £3,183 (2020- £3,183) for the Independent Examination fees.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

9 Employees

Number of employees

The average monthly number employees during the year was:

	2021 Number	2020 Number
Charitable activities	3	3
Management and admin	2	3
	<u>5</u>	<u>6</u>

Employment costs

	2021 £	2020 £
Wages and salaries	87,746	96,093
Social security costs	2,427	3,021
Other pension costs	2,758	1,698
	<u>92,931</u>	<u>100,812</u>

There were no employees whose annual remuneration was £60,000 or more.

10 Net gains/(losses) on investments

	2021 £	2020 £
Gain/(loss) on sale of investments	<u>(100)</u>	<u>-</u>

11 Taxation

Dudley Mind is a registered charity and is thus exempt from tax on income and capital gains to the extent that these are applied to its charitable objects.

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

12 Tangible fixed assets

	Land and buildings £	Leasehold property improvements £	Fixtures, fittings & equipment £	Total £
Cost				
At 1 April 2020	81,768	40,354	54,643	176,765
At 31 March 2021	81,768	40,354	54,643	176,765
Depreciation and impairment				
At 1 April 2020	26,166	40,354	54,643	121,163
Depreciation charged in the year	1,635	-	-	1,635
At 31 March 2021	27,801	40,354	54,643	122,798
Carrying amount				
At 31 March 2021	53,967	-	-	53,967
At 31 March 2020	55,603	-	-	55,603

The net book value of land and buildings of £53,967 (2020: £55,603) relates to a long leasehold property. In 2004 the legal title to the land passed to the Dudley Priority Health NHS Trust. The property is leased back to the charity at a peppercorn rent for fifty years. Should Dudley Priority Health NHS Trust, or its successor require the use of the property during the fifty years, compensation will be paid to Dudley Mind based on the number of years remaining on the lease.

13 Fixed asset investments

		Other investments
Cost or valuation		
At 31 March 2021		100
Disposals		(100)
At 31 March 2021		-
Carrying amount		
At 31 March 2021		-
At 31 March 2020		100
Other investments comprise:	Notes	2021 £
Investments in subsidiaries		100
		2020 £

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

14 Debtors

	2021	2020
	£	£
Amounts falling due within one year:		
Trade debtors	8,151	3,598
Amounts due from subsidiary undertakings	-	4,394
Other debtors	120	-
Prepayments and accrued income	1,104	733
	<u>9,375</u>	<u>8,725</u>

15 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other taxation and social security	1,363	1,370
Trade creditors	8,415	4,527
Other creditors	-	93
Accruals and deferred income	7,431	3,000
	<u>17,209</u>	<u>8,990</u>

16 Deferred income

	2021	2020
	£	£
Other deferred income	<u>59,559</u>	<u>93,319</u>

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

17 Restricted funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria, are charged to the fund. The charity has the following restricted funds:

	Movement in funds				
	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
	£	£	£	£	£
Property Fund	55,608	-	(1,635)	-	53,973
Dudley Active Minds	-	1,466	(1,466)	-	-
Morrison's	-	4,533	(4,533)	-	-
Horticulture Project	-	145	(145)	-	-
Mind	-	4,477	(4,477)	-	-
Marathon	-	4,035	(4,035)	-	-
Pears	-	9,150	(7,406)	(1,744)	-
Police Fund	-	1,944	(1,944)	-	-
CVS	-	3,303	(3,303)	-	-

Property Fund

This fund represents donations received for the purpose of purchasing land and buildings.

Dudley Active Minds

Funded by Postcode Lottery Fund, this initiative is to help those with mental health problems through music, horticulture, creative writing and sport.

Morrison's Foundation

A two year funding to provide mental health awareness in various forms to those operating within the voluntary sector.

Horticulture Project

This remains a popular service with people who wish to use volunteer gardening in the park to aid mental health, to get some outdoor exercise, to socialise informally with others and to improve the walled garden at Stevens Park, Wollescote.

Mind

We had been using old IT equipment and were desperate to replenish this. Local Mind Associations were invited to apply for amounts of £5,000 to provide equipment during the lockdown in 2020.

From the amount we received we were able to purchase six laptops initially for staff. This grant made a big difference as previously any laptops we had were heavy and cumbersome.

Marathan

In 2019 a group of people ran the Birmingham half marathon for us. This was in response to the suicide of three of their friends. They specifically wanted the money to be used to offer support to others and we used money from this to extend the hours our support telephone service operated.

Pears

There was an opportunity to have money from Pears being administered through National Mind and we were able to set up some short term peer mentoring groups for a period of between 2/3 months.

These were: LGBTQ+, BAME, Deaf Talk, Support with an anxious child and Carers Support.

DUDLEY MIND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

17 Restricted funds

(Continued)

Police Fund

This was from the proceeds of crime and was used to provide equipment to support people attending hypnotherapy and mindfulness sessions. We were able to help with the support line costs and also purchase licences for delivering peer mentoring groups online.

CVS

This was money provided for Workforce development. This was used to arrange suicide and self harming training, counselling and also some digital support.

18 Designated funds

The income funds of the charity include the following designated funds, which have been set aside out of unrestricted funds at the discretion of the trustees for specific, but not legally binding purposes:

	Movement in funds			Balance at 31 March 2021 £
	Balance at 1 April 2020 £	Transfers in £	Transfers out £	
Designated funds (growing services and income)	63,500	5,000	-	68,500
	<u>63,500</u>	<u>5,000</u>	<u>-</u>	<u>68,500</u>

19 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 March 2021 are represented by:			
Tangible assets	-	53,967	53,967
Current assets/(liabilities)	195,852	41,769	237,621
Provisions and deferred income	(17,796)	(41,763)	(59,559)
	<u>178,056</u>	<u>53,973</u>	<u>232,029</u>

20 Financial commitments, guarantees and contingent liabilities

There were no significant contingent liabilities at the balance sheet date (2020:£Nil)

21 Related party transactions

There were no disclosable related party transactions during the year (2020- none).