

ENFIELD WOMENS CENTRE

England & Wales · Charity number 1002117

Details

Status Registered

Legal form Other

Registered 1991-03-05

Register [View on the Charity Commission register](#)

Contact

Address 31a Derby Road
Enfield
EN3 4AJ

Phone 02083518934

Email info@enfieldwomen.org.uk

Website www.enfieldwomen.org.uk

Activities

Objects: TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF WOMEN AND THEIR CHILDREN RESIDENT IN THE ENFIELD AREA AND IN PARTICULAR THE RELIEF OF POVERTY, THE ADVANCEMENT OF EDUCATION, THE PRESERVATION OF HEALTH AND THE PROVISION OF FACILITIES FOR RECREATION, AND LEISURE TIME OCCUPATION IN THE INTERESTS OF SOCIAL WELFARE AND IN ORDER TO IMPROVE THE CONDITIONS OF THEIR LIVES REGARDLESS OF RACE, COLOUR, RELIGIOUS BELIEFS, SEXUALITY, INCOME, CLASS, AGE AND PHYSICAL ABILITY.

Activities: Counselling, training, healthy lifestyle, walks, social activities, events, food distribution, partnership working, all to improve the status of women.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, Elderly/old People, Other Defined Groups, The General Public/mankind

Geography

- Area of benefit: ENFIELD
- Enfield

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		-	-	-
2024-03-31	£50,358	£48,954	-	-
2023-03-31	£63,714	£68,790	-	-
2022-03-31	£40,885	£41,324	-	-
2021-03-31	£47,141	£44,978	-	-
2020-03-31	£37,487	£40,777	-	-

Trustees

Name	Role	Appointed
BARBARA HELEN LE FEVRE	Chair	2011-10-05
BEVERLEY WOODS		
BRENDA LANDERS		2013-01-30
Susan Ward		2024-11-19
Yewande Bright		2021-02-16

ENFIELD WOMENS CENTRE

England & Wales - Charity number 1002117

Accounts



Annual Report

April 2023 – March 2024

**Enfield Women's Centre
Vicki Scarlett House,
31A Derby Road,
Ponders End,
Enfield,
EN3 4AJ**

0208 351 8934

info@enfieldwomen.org.uk

Registered Charity No 1002117

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Chair's Report

We continue to use Teams and Zoom a great deal for service delivery and inter-agency meetings.

This year, we have successfully offered a mix of remote and in-person services.

Demand for our services continues to increase.

Our counselling service continues to see great demand. However, we are fortunate to have a team of excellent counsellors who are able to take on the complex cases referred to us.

Likewise, The Freedom Programme has seen no let-up in demand. Referrals come from courts, social services, and voluntary and community service organisations, as well as individual women.

The food, clothing and toy bank have had another busy year.

We were delighted to be able, thanks to a local church, to distribute Christmas food and gift parcels. Our thanks go to local voluntary and community organisations, and supermarket customers, who donate to this work. On behalf of our clients, we are grateful for the generosity of the public.

My colleagues on the Management Committee are once again, due enormous and heartfelt thanks for their support during the year, ensuring that our vital work continues.

Barbara Le Fevre
Chair

Treasurer's Report

It would be wrong not to mention the pressure on the small team over the last year – they have dealt with a range of difficulties including loss of personnel who have been integral to the work over the last years. We also lost Mary midway after many years with us.

Funding continues to be sought – sometimes with more success than others. We struggle with the constant requests from funders for 'new and innovative' projects. Our core services need ongoing funding, the training, counselling, Freedom Programme are all key to helping women move on and yet we need to fight to justify their provision. We don't give up and thank our funders for their support.

Thanks to all the team and fellow trustees for another year of hard work and dedication.

Beverley Woods - Treasurer

Centre Activities This has been a year of consolidation

Long Covid project – funded via NHS Charities Together, Royal Free Trust – This covered a range of services to people who had experience of Long Covid including Counselling, Confidence Building, Support group (Compassionate Crew) and Digital Inclusion training to build confidence in accessing services and information online.

This project completed successfully in the period - contacts made are working together – we are encouraging the support group members to continue contact – and have offered the TEAMS facility to help this along.

Enfield Pathways Integrated Consortium **Funded by HM Government: Department for Levelling- Up, Housing and Communities**

Counselling continues with our team of counsellors continuing to provide sessions. This will continue as a mainstream project.

Freedom Programme

For women and girls who have experienced violence. We continue to provide a course each team. We have a wonderful new provider from Living Keys and are delighted with the work they are doing. The courses are always oversubscribed. We would like to find funding to provide an extra course each year – to run in the evenings for women who work in the day.

Referrals come from a range of professionals including courts, social services, health, children and family support, DV support professionals.

Counselling Service

Counselling continues – a constant stream of referrals from a range of Referrals from a range of professionals and agencies.

Food Distribution Project

We continue to be supported by two local Sainsbury stores. We also receive a generous donation of bread, fruit loaves, crumpets and other goods from Warburtons. Cooking Champions generously supply us with arrange of precooked and fresh foods (including fruit and vegetables) for our clients. These make a major difference to our clients.

We continue to be supported by faith groups, schools and individuals. Once again we were able to provide our clients with Christmas Hampers including a turkey, fresh foot, stuffing, treats etc. The local Body Shop collected donations of a range of beauty products and toiletries which enabled us to provide the women with a gift. Exodus Youth Works were magnificent and provided us with enough toys and games to ensure every child received a gift. It is wonderful to be part of a local community which supports one another. We thank them all and salute them for their generosity.

External activities and events

We were invited to speak at an International women's Day event by the Local Authority Women into Leadership programme at the Dugdale Centre.

Oasis Hadley Community Awards Event for writing the True to Me programme for girls which has been used by the school for some years.

White Ribbon Day 2023

One of the team attended the Borough's conference at Trent Park country club. We continue to support and promote the White Ribbon campaign. The annual vigil for women and girls who had been attacked and killed around the world was held online again. It was good to be joined by women from the community and also the statutory sector.

Acknowledgements

It is time to thank people for their help, support, donations and encouragement in enabling us to carry out the activities of the Centre. Thanking everyone who has helped and supported us can be a challenge each year in that we are always conscious that we may miss someone important. So - **thank you** to all who have helped, supported and encouraged us and apologies if you have been missed in the comments below. Do please contact us to enable us to rectify the situation.

Huge thanks to staff and customers at **Sainsbury** who have been magnificent in ensuring the donation boxes in their stores are generously filled. Many people contact us to donate direct having seen the Sainsbury boxes. These donations are welcomed by the families who are referred to us.

Edmonton Rotary Club for their much appreciate continued support for our clients. They provide us with tokens to share among our clients. They also provided us with a magnificent Santa and two elves for the Christmas event in Enfield town market place.

Thanks again to Pastor Nick and the Revival Christian Church of Enfield for the turkey hampers as well as a supply of toiletries for our clients.

No acknowledgements would be complete without mention of the help and support from the Community Development Team at the Civic, Shaun Rogan, Debbie Gates, Jany Badoye. Their prompt responses to our varying queries have helped a tremendous amount.

Louise Nicholson is due a massive vote of thanks for her continued support with our website. We often rush off emails with requests for amendments and she responds immediately helping us to promote our work.

Enfield Voluntary Action – for their invaluable support and information on a range of issues. The various fora they provide for community groups to come together to discuss concerns is invaluable.

Thank you to all our **members and individual** donors – without your support we would not be here. We also recognise that for some of you this is a big deal.

We again owe a debt of gratitude to Paul and Mick for carrying out deliveries of food to our families needing foodbank services.

Again – working with this dedicated team is a privilege, one for which I am truly grateful. So, thank you to all the Team and the Trustees for keeping the focus in these unfocussed times.

Networking and Partnerships

We value working with colleagues and partners in the Borough including a range of professionals, groups and networks/fora including Domestic Violence Against Women and Girls (VAWG) Strategic and Operational Groups, Citizens Advice Enfield, Enfield LGBT Network, Enfield Voluntary Action, Local Motion (Core Group and Mental Health sub group members) Enfield Food Alliance, Ponders End Community Development Trust, Voluntary Sector Strategy Group, North Central London CCG stakeholders group, Early Help Network, Voice It Out Women, Enfield Children's and Young People's Services, Enfield Saheli, IKWRO, Imece, Naree Shakti, Samafal Women's organisation.

This means we have an extensive list of groups and professionals to which we can refer clients for help we cannot provide . We operate knowing we cannot do everything and celebrate the vastness and variety of the people we work with.

EWC Personnel

We owe a huge debt of gratitude to the wonderful band of women who assist us in various ways including turning up to stuff envelopes, meet and greet people at events, registers, tea duty, stalls at festivals and various events, help with walks and other activities.

**This band of wonderful women is vital to us being able to provide quality, low-cost services in the borough.
A big thank you to everybody.**

Centre Personnel 2022 - 2023

Management Committee

Chairperson – Barbara Le Fevre Treasurer – Beverley Woods
Yewande Bright, Brenda Landers, Marylyn Spencer, Ann Fahy, Sue Ward

Office Team

Ginnie Landon, Laurie Dengel, Mary Bright, Rhianna Conway

Assessors & Clinical Supervisors

Cilla Hintz, Susan Snow, Ersin Osman, Amanda McDermott

Counselling Team

Sadaf Butt, Daisy Williams, Colette Bailey, Fiona Hasani, Gulsum Mankir, Helen Bennett, Jade Kelly, Melody Ableson, Ersin Osman, Rebeca Oben-Peptra, Romina Zuccolo, Samina Hussain, Susan Snow, Sarah Noel

Facilitators, Trainers and Tutors

Nadine Johnson, Ersin Osman, Susan Snow, H Bennett, Angela Campbell

Ad hoc Volunteers

Claudia Deutschmann, Hasibe Dulgeroglu, Julia Mountain, Emine Mustapha, Cardina Beckford
Marylyn Spencer, Sue Ward, Fiona Hasani, Brenda Landers, David Le Fevre, James and Paul Dengel



Enfield Women's Centre
Unaudited Financial Statements
for the year ended 31st March 2024

Charity Registration No: 1002117

Enfield Womens Centre

Contents of the Financial Statements

for the year ended 31 March 2024

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Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2024

Independent Examiner's Report on the Financial Statements

I have examined the financial statements on pages 2 to 4 which have been prepared under the historical cost convention and the accounting policies set out on page 4.

This report is made solely to the charity's Trustees as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work regarding this report.

Respective responsibilities of the trustees and examiner

The Trustees responsibilities for preparing the annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards are set out in the Statement of Trustees Responsibilities on page 2.

The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility as examiner:

- (a) to examine the financial statements under section 145 of the Act
- (b) to follow the procedures laid down in the General Directions given by Charity Commissioners; and
- (c) to state whether any particular matters have come to my attention

My examination was carried out in accordance with the general Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and report is limited to those matters set out in the statement below.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the Trustees have not met the requirements to ensure that:

- (a) proper accounting records are kept in accordance with section 130 of the Act; and
- (b) accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act



Peter Duboff
Chartered Accountant
Independent Examiner

Kingsbury House
468 Church Lane
London NW9 8UA

Dated: 31/12/2024

Enfield Women's Centre

Statement of Financial Activities

for the year ended 31 March 2024

	<u>2024</u>	<u>2023</u>
	£	£
Incoming resources		
London Borough of Enfield grant	25,000	54,393
Royal Free Charity	10,150	-
Other grants	6,204	4,465
Membership	10	-
Counselling	-	15
Sundry donations	8,925	4,841
Miscellaneous income	83	-
Bank interest received	31	-
	<hr/>	<hr/>
Total incoming resources	50,404	63,714
	<hr/> <hr/>	<hr/> <hr/>
Resources expended		
Salaries	23,164	20,969
Travel and subsistence	1,580	2,422
Counselling	3,590	9,095
Refreshments	354	173
Training	4,594	2,090
Food project	-	4,250
Events and activities	5,018	12,747
Room hire	823	3,903
IT maintenance	485	-
Electricity and water	804	2,617
Postage	88	4
Printing and stationery	1,205	2,451
RPS equipment	1,291	1,100
Membership subscriptions	216	198
Insurance	782	1,084
Independent accountant's fees	300	250
Legal and professional	950	-
Cash expenses	-	200
Telephone	1,607	2,180
Cleaning and maintenance	2,100	2,045
Sundries	-	-
Bank charges	238	107
Depreciation of garden office	546	546
Depreciation of computer equipment	359	358
	<hr/>	<hr/>
Total resources expended	50,094	68,790
	<hr/> <hr/>	<hr/> <hr/>
Net incoming resources	310	(5,076)
Fund balance brought forward	2,533	7,609
	<hr/>	<hr/>
Funds balance carried forward	£ 2,843	£ 2,533
	<hr/> <hr/>	<hr/> <hr/>

Enfield Women's Centre

Balance Sheet

At 31 March 2024

	Note	<u>2024</u> £	<u>2023</u> £
Tangible Fixed Assets	2	1,809	2,713
Current Assets			
Cash at bank and in hand		334	880
Sundry debtors	3	1,000	1,000
		1,334	120
Creditors: amounts falling due within one year	4	(300)	(300)
Net Current Assets		£ 1,034	£ (180)
Net Assets		£ 2,843	£ 2,533
Represented By:			
Unrestricted funds		2,843	2,533
Restricted funds		-	-
		2,843	2,533

The financial statements have been prepared in accordance with the Charity Commission recommended guidelines and best practice.

Approved by the Management Committee and signed on their behalf by:

Barbara le Fevre
Chairperson

B. le Fevre

Dated: 31st December 2024

Enfield Women's Centre

Notes to the Financial Statements

At 31 March 2024

1 ACCOUNTING POLICIES

BASIS OF ACCOUNTING

These accounts have been prepared under the historical cost convention and in accordance with applicable Accounting Standards. In preparing the financial statements the charity follows best practice as set out in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) and applicable UK standards and the Charities Act 2011.

INCOMING RESOURCES

All income from grants, donations, deposit interest, and similar incoming resources is recognised on a receipt basis.

Income from fund raising events is recognised based on the year in which the event takes place.

RESOURCES EXPENDED

All expenditure is recognised on a payments basis.

FUNDS

For this year funds held by the Charity are unrestricted.

2 TANGIBLE FIXED ASSETS

COST

Brought forward

Additions during the year

Garden Office £	Computer equipment	Total £
-----------------------	-----------------------	------------

12,539	1,434	13,973
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-	-	-
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Carried forward as at 31 March 2024

12,539	1,434	13,973
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DEPRECIATION

Brought forward

Charge for the year

10,902	359	11,261
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545	358	903
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Carried forward as at 31 March 2024

11,447	717	12,164
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NET BOOK VALUE

At 31 March 2024

1,092	717	1,809
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At 31 March 2023

1,637	1,075	2,712
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3 DEBTORS

Deposit held by EDF

2024 £	2023 £
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1,000	1,000
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Enfield Women's Centre

Notes to the Financial Statements (continued)

At 31 March 2024

4 CREDITORS FALLING DUE WITHIN ONE YEAR	2024	2023
	£	£
Accruals	300	300
	<u> </u>	<u> </u>

5 TAXATION

Enfield Women's Centre is a registered charity and accordingly is exempt from taxation on its income and gains where these are applied for charitable purposes.

6 RELATED PARTY TRANSACTIONS

None of the trustees were paid any expenses or remuneration by the charity during the year ended 31st March 2024.

7 DESIGNATED AND UNDESIGNATED FUNDS

All funds are undesignated.

Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2024

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Peter Duboff
Chartered Accountant
Independent Examiner

Kingsbury House
468 Church Lane
London NW9 8UA

Dated: 31/12/2024

ENFIELD WOMENS CENTRE

England & Wales - Charity number 1002117

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Annual Report

April 2022 – March 2023

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Networking and Partnership

EWC Personnel

Chair's Report 2022 -2023

Thanks to the success of the NHS vaccination programme, it would appear that in the UK, at least, Covid-19 has loosened its grip. This is with the caveat that infectious variants continue to evolve and are becoming more transmissible. However, at the time of writing, the World Health Organisation says they pose a low risk to public health, with no evidence that they currently cause more severe disease than other variants.

Remote platforms, such as Teams and Zoom, have proved so useful that we, along with many other organisations, have continued to use them throughout the year, to attend meetings and deliver services.

In the coming year, we plan to offer a mix of remote and in-person services.

Demand for our services continues to increase. In particular, our counselling service has been under great pressure. Over the past two years, adding in the complications of Long Covid, many women have seen their mental health deteriorating further.

The Freedom Programme, too, has seen a huge increase in referrals since the pandemic. These come from courts, social services, and voluntary and community service organisations.

There has been no let-up in demand for our food, clothing and toy bank. At Christmas we were able, once again, to pass on festive food and gifts to the clients at the heart of our work. This is thanks to partnerships with various local and national organisations and places of worship. We are grateful, on behalf of our clients, to all who donate.

As ever, I would like to give grateful thanks to my colleagues on the Management Committee, who continue to work unstintingly to support the critical work of the organisation.

Barbara Le Fevre Chair

Treasurer's Report

This year has been one where we have seen the fruits of the Centre Director's work in accessing funding for a range of projects enabling us to provide a series of activities for our clients. These have kept us busy, and we look forward to rebuilding our activities in the wake of the COVID restrictions.

I want to thank my colleagues on the Management Committee and the members of the Centre Team for bringing a sense of vibrancy and purpose back to the work we do.

It has been an exciting year, one we intend to build on for the future.

Beverley Woods - Treasurer

Centre Activities

Due to a cocktail of funding we were able to provide a range of activities in this period.

Long Covid project – funded via NHS Charities Together, Royal Free Trust – This covered a range of services to people who had experience of Long Covid including Counselling, Confidence Building, Support group (Compassionate Crew) and Digital Inclusion training to build confidence in accessing services and information online.

Topics included in the Long Covid support group discussions; Domestic Abuse, Money Saving Tips, Cooking on a Budget, Kitchen gardening, Mental health support through Journalling, Gender Identity, Walks for wellbeing, Yoga for core strength and healing, Stone painting, Bag making, Beauty products from your kitchen cupboard, Supporting others (Turkish Earthquake).

Feedback from clients doing these courses; She feels very isolated from her family and that she has no supportive relationships, lack of trust and anxiety. She could not show any emotions growing up, Relationship with husband, interacting with close family, Client has difficulty motivating herself, as she feels her sense of worth has been taken away from her. She states that this has caused her difficulty when trying to function in daily life. She had more control of how she felt and how she expressed herself compared to how she perceived herself to be.

Enfield Pathways Integrated Consortium Funded by HM Government: Department for Levelling- Up, Housing and Communities

Funding enabled us to provide 416 sessions of counselling to women in the borough by way of covering costs of Extra Clinical Assessments and Clinical Supervision.

Feedback from clients includes; Since the assessment she had come off the antidepressants and was only using the sleeping pills occasionally. Was feeling more in control. informed me that she was finding herself occasionally forgetting her anxieties and having casual conversations with other women. Mainly just through talking it out, also worked on some mindfulness techniques for the anxiety and sleepless nights. Discussing client's upbringing and comparing it to her daughter's vs other people (cultural differences in expressing feelings). She felt more of a person and more confident in her own ability to do things for herself. This helped her to develop a voice of her own to ask for what she needs and would like, particularly with her brothers.

Enfield Wellbeing Fund Grant via Enfield Voluntary Action

To help women and families reduce childhood obesity, work to prevent heart disease and diabetes and help improve life chances by providing activities and information .

By increasing access to information on healthy food and budget menus ideas together with information on reducing risk of heart disease and diabetes

1. activities carried out with our funding.

- Street dance classes for young people and parents
- Researching healthy affordable food ideas and sharing with clients
- Parents meeting at hall (hub) to share info, ideas on affordable healthy meal options
- The information was also shared with all those receiving support from the foodbank – 50+ families per week.
- Information shared included - recipes, debt advice info, where to access help with range of issues/activities – debt, housing, DV, dance and exercise classes etc.

Street dance sessions for children and including joint classes with parents – to get the family to participate in fun sessions encouraging physical activity.

Freedom Programme

For women and girls who have experienced Violence in the home. The sessions were always oversubscribed and carried out online. As always, we received referrals from a range of professionals including courts, social services, health, children and family support, DV support professionals.

Counselling Service

With the help of the extra funding from above projects as well as from Rise Mutual we were able to increase our counselling provision in the period. The extra funds enabled us to access more time from Clinical Assessors and Clinical Supervisors to meet the requirements set by the BACP. In particular we were pleased to be able to expand the dept of our multilingual provision by recruiting more counsellors form within our various communities. Referrals continue from a range of professionals and agencies.

Food Distribution Project

Sainsbury Stores in A10 and Lancaster Rod continue to collect donations on our behalf to help us meet the many families needing support. We were thankful to receive funding from two local supermarkets; Sainsbury and Tesco which enabled us to access various culturally sensitive and health aware foods. We ae operating two delivery rounds each week, one in the North of the borough and in the South. We also have people collecting in person. Each year we also work with local faith groups and other agencies to enable us to provide turkeys and hampers and gifts to the women and children we serve. Our drivers have reported

family members bursting into tears and stating that, without our service, they would not have had a Christmas.

External activities and events

Some events and activities we were invited to contribute/participate in include; We were invited by Councillor Kate Anolue to speak at a conference she organised on “Impact of Covid-19 on DA in Enfield”

A talk to Highlands School Year 10 students on DA/VAWG was delivered by our Chair, Barbara Le Fevre

We were invited to speak at a Mental Health Awareness Week event organised by Saheli.

Black History Month event at Forty Hall, Black Barn with fellow Food Alliance Members

Vintage & Craft Fair; Xmas Market and Parade in Enfield Town; Ponders End Christmas Fair, Encaf Festival at Trinity church, Macmillan community event.

Oasis Hadley Community Awards Event for writing the True to Me programme for girls which has been used by the school for some years.

Mayor's “Domestic Violence and Mental Health” Awareness Day

White Ribbon Day 2022

As before we support and promote the White Ribbon campaign. We held our annual vigil for women and girls who had been attacked and killed around the world. As in last year, this was an online event due to the Coronavirus concerns. It was good to be joined by women from the community and also the statutory sector.

Acknowledgements

It is time to thank people for their help, support, donations and encouragement in enabling us to carry out the activities of the Centre. Thanking everyone who has helped and supported us can be a challenge each year in that we are always conscious that we may miss someone important. So - **thank you** to all who have helped, supported and encouraged us and apologies if you have been missed in the comments below. Do please contact us to enable us to rectify the situation.

Again staff and customers at **Sainsbury** have been magnificent in ensuring the donation boxes in their stores are generously filled. Many people contact us to donate direct having seen the Sainsbury boxes. These donations are welcomed by the families who are referred to us.

Edmonton Rotary Club for their much appreciate continued support for our clients. They provide us with tokens to share among our clients as well as helped us acquire and install a shed to hold the food and other

donations.

As before, the people of Enfield came together to ensure we were able to bring some light to our families over the Christmas period with turkeys, hampers and gifts. These included Pastor Nick and the Revival Christian Church of Enfield and a year-long supply of food donations as well as ready meals from Tara at Exodus Youth Worx UK.

No acknowledgements would be complete without mention of the help and support from the Community Development Team at the Civic, Shaun Rogan, Debbie Gates, Jany Badoye. Their prompt responses to our varying queries have helped a tremendous amount.

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We value working with colleagues and partners in the Borough including a range of professionals, groups and networks/fora including Domestic Violence Against Women and Girls (VAWG) Strategic and Operational Groups, Citizens Advice Enfield, Enfield LGBT Network, Enfield Voluntary Action, Local Motion (Core Group and Mental Health sub group members) Enfield Food Alliance, Ponders End Community Development Trust, Voluntary Sector Strategy Group, North Central London CCG stakeholders group, Early Help Network, Voice It Out Women, Enfield Children's and Young People's Services, Enfield Saheli, IKWRO, Imece, Naree Shakti, Samafal Women's organisation.

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We owe a huge debt of gratitude to the wonderful band of women who assist us in various ways including turning up to stuff envelopes, meet and greet people at events, registers, tea duty, stalls at festivals and various events, help with walks and other activities.

**This band of wonderful women is vital to us being able to provide quality, low-cost services in the borough.
A big thank you to everybody.**

Centre Personnel 2021 - 2022

Management Committee

Chairperson – Barbara Le Fevre Treasurer – Beverley Woods
Yewande Bright, Brenda Landers, Marylyn Spencer, Ann Fahy

Office Team

Ginnie Landon, Laurie Dengel, Mary Bright,
Marylyn Spencer, Amber Conway,

Counselling Team

Clinical Supervisor Lauren Hooper

Assessors & Clinical Supervisors

Susan Snow, Ersin Osman

Counsellors

Sadaf Butt, Tessa Bennett, Sally Hartley, Javeira Khan,
Senada Gjokaj, Amanda McDermott, Daisy Williams, Collette Bailey, Fiona Hasani, Gulsum Mankir, Jade Kelly,
Melody Abelson, Rebeca Oben-Pepira, Romina Zuccolo, Samina Hussain, Sarah Noel

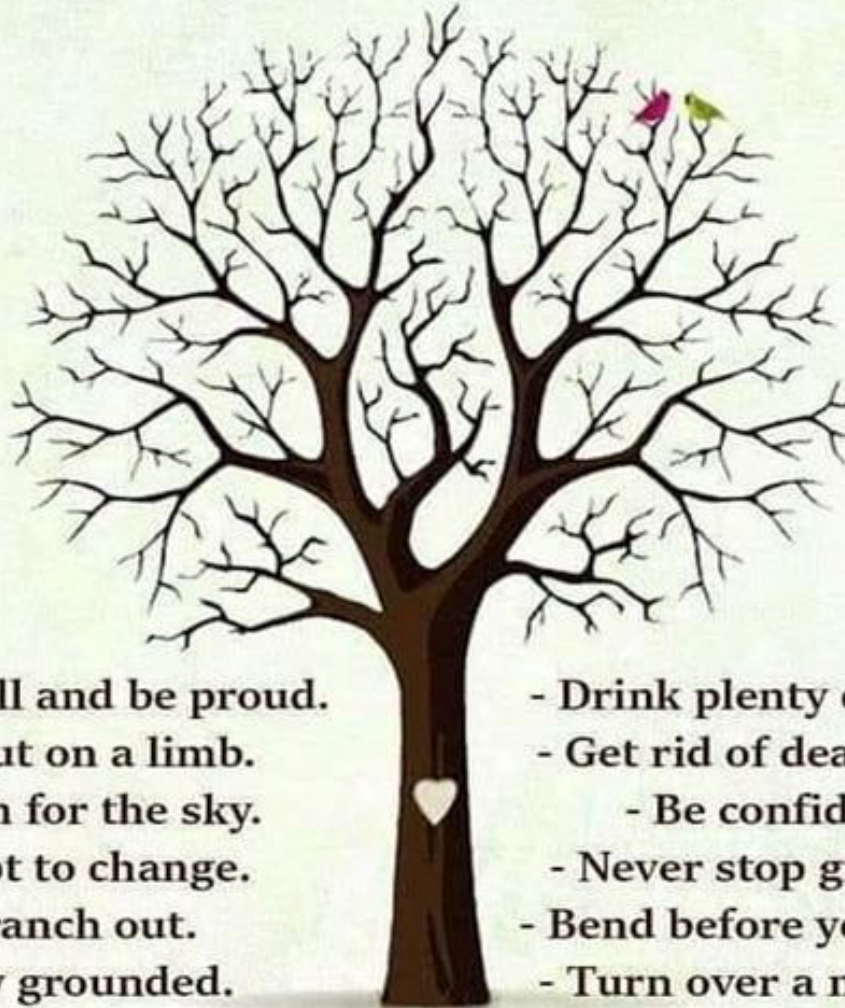
Facilitators, Trainers and Tutors

Nadine Johnson, Jade, Rhianna and Millie, Ersin Osman, Susan Snow, H Bennett, Angela Campbell

Ad hoc Volunteers

Claudia Deutschmann, Hasibe Dulgeroglu, Julia Mountain, Emine Mustapha, Jas Gosai, Cardina Beckford,
Brenda Landers, David Le Fevre, James and Paul Dengel

Advice From A Tree



- Stand tall and be proud.
- Go out on a limb.
- Reach for the sky.
- Adapt to change.
- Branch out.
- Stay grounded.
- Remember your roots.

- Drink plenty of water.
- Get rid of dead wood.
- Be confident.
- Never stop growing.
- Bend before you break.
- Turn over a new leaf.
- Enjoy the view.

Enfield Women's Centre
Unaudited Financial Statements
for the year ended 31st March 2023

Charity Registration No: 1002117

Enfield Womens Centre
Contents of the Financial Statements
for the year ended 31 March 2023

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Statement of financial activities	2
Balance sheet	3
Notes to the financial statements	4

Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2023

Independent Examiner's Report on the Financial Statements

I have examined the financial statements on pages 2 to 4 which have been prepared under the historical cost convention and the accounting policies set out on page 4.

This report is made solely to the charity's Trustees as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work regarding this report.

Respective responsibilities of the trustees and examiner

The Trustees responsibilities for preparing the annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards are set out in the Statement of Trustees Responsibilities on page 2.

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- (a) to examine the financial statements under section 145 of the Act
- (b) to follow the procedures laid down in the General Directions given by Charity Commissioners; and
- (c) to state whether any particular matters have come to my attention

My examination was carried out in accordance with the general Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and report is limited to those matters set out in the statement below.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the Trustees have not met the requirements to ensure that:

- (a) proper accounting records are kept in accordance with section 130 of the Act; and
- (b) accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act



Peter Duboff
Chartered Accountant
Independent Examiner

Kingsbury House
468 Church Lane
London NW9 8UA

Dated: 30 April 2024

Enfield Women's Centre

Statement of Financial Activities

for the year ended 31 March 2023

	<u>2023</u>	<u>2022</u>
	£	£
Incoming resources		
London Borough of Enfield grant	54,393	31,200
Job retention scheme grant		6,396
Other grants	4,465	-
Membership		40
Counselling	15	65
Sundry donations	4,841	3,184
Miscellaneous income	-	-
	<hr/>	<hr/>
Total incoming resources	63,714	40,885
	<hr/> <hr/>	<hr/> <hr/>
Resources expended		
Salaries	20,969	19,370
Travel and subsistence	2,422	1,482
Counselling	9,095	-
Refreshments	173	38
Training	2,090	1,045
Food project	4,250	-
Events and activities	12,747	5,230
Room hire	3,903	350
IT maintenance		2,008
Electricity and water	2,617	1,790
Postage	4	811
Printing and stationery	2,451	1,175
RPS equipment	1,100	1,853
Membership subscriptions	198	216
Insurance	1,084	1,269
Independent accountant's fees	250	300
Furlough fees	-	900
Cash expenses	200	-
Telephone	2,180	2,043
Cleaning and maintenance	2,045	1,374
Sundries		11
Bank charges	107	61
Depreciation of garden office	546	-
Depreciation of computer equipment	358	-
	<hr/>	<hr/>
Total resources expended	68,790	41,324
	<hr/> <hr/>	<hr/> <hr/>
Net incoming resources	(5,076)	(438)
Fund balance brought forward	7,609	8,047
	<hr/>	<hr/>
Funds balance carried forward	£ 2,533	£ 7,609
	<hr/> <hr/>	<hr/> <hr/>

Enfield Women's Centre

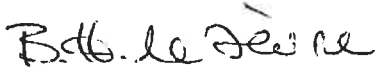
Balance Sheet

At 31 March 2023

	Note	<u>2023</u> £	<u>2022</u> £
Tangible Fixed Assets	2	2,713	-
Current Assets			
Cash at bank and in hand		880	2,920
Sundry debtors	3	1,000	4,989
		120	7,909
Creditors: amounts falling due within one year	4	(300)	(300)
Net Current Assets		£ (180)	£ 7,609
Net Assets		£ 2,533	£ 7,609
Represented By:			
Unrestricted funds		2,533	7,609
Restricted funds		-	-
		2,533	7,609

The financial statements have been prepared in accordance with the Charity Commission recommended guidelines and best practice.

Approved by the Management Committee and signed on their behalf by:

Barbara le Fevre 
Chairperson

Dated: 30 April 2024

Enfield Women's Centre

Notes to the Financial Statements

At 31 March 2023

1 ACCOUNTING POLICIES

BASIS OF ACCOUNTING

These accounts have been prepared under the historical cost convention and in accordance with applicable Accounting Standards. In preparing the financial statements the charity follows best practice as set out in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) and applicable UK standards and the Charities Act 2011.

INCOMING RESOURCES

All income from grants, donations, deposit interest, and similar incoming resources is recognised on a receipt basis.

Income from fund raising events is recognised based on the year in which the event takes place.

RESOURCES EXPENDED

All expenditure is recognised on a payments basis.

FUNDS

For this year funds held by the Charity are unrestricted.

2 TANGIBLE FIXED ASSETS

COST

	Garden Office £	Computer equipment	Total £
Brought forward	10,356		10,356
Additions during the year	2,183	1,434	3,617

Carried forward as at 31 March 2023

12,539 1,434 13,973

DEPRECIATION

Brought forward	10,356		10,356
Charge for the year	546	359	904

Carried forward as at 31 March 2023

10,902 359 11,260

NET BOOK VALUE

At 31 March 2023	1,637	1,076	2,713
------------------	-------	-------	-------

At 31 March 2022

- - -

3 DEBTORS

	2023 £	2022 £
Deposit held by EDF	1,000	1,000
Statutory maternity pay	-	3,989

1,000 4,989

Enfield Women's Centre

Notes to the Financial Statements (continued)

At 31 March 2023

4	CREDITORS FALLING DUE WITHIN ONE YEAR	2023	2022
		£	£
	Accruals	300	300
		<hr/> <hr/>	<hr/> <hr/>

5 TAXATION

Enfield Women's Centre is a registered charity and accordingly is exempt from taxation on its income and gains where these are applied for charitable purposes.

6 RELATED PARTY TRANSACTIONS

None of the trustees were paid any expenses or remuneration by the charity during the year ended 31st March 2023.

7 DESIGNATED AND UNDESIGNATED FUNDS

All funds are undesignated.

Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2023

Independent Examiner's Report on the Financial Statements

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Peter Duboff
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Independent Examiner

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Dated: 30 April 2024

ENFIELD WOMENS CENTRE

England & Wales - Charity number 1002117

Accounts



Annual Report

April 2021 – March 2022

**Enfield Women's Centre
Vicki Scarlett House,
31A Derby Road,
Ponders End,
Enfield,
EN3 4AJ**

0208 351 8934

info@enfieldwomen.org.uk

Registered Charity No 1002117

Contents

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Treasurer's Report

Director's Report

Counselling

Freedom Programme

Coffee Mornings

Food Distribution Project

Connecting Enfield Women

White Ribbon

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Networking and Partnership

EWC Personnel

Poem

Chair's Report 2021 -2022

Covid-19 is still very much a feature of life this year and continues to affect how we operate.

The continuation and growth of the vaccine programme has helped the return to some measure of normality. Nonetheless, at the time of writing, highly infectious variants still put people in hospital, and it seems that 'herd immunity' will take time to become a reality.

We continue to take advantage of online platforms to deliver services, and online meetings with our colleagues, both in the sector and the wider community, have become the norm.

During this period of uncertainty, demand for our services has continued to increase, and the impending cost-of-living crisis has put even more pressure on women and their families.

More than ever this year, I need to thank the entire EWC team for their unstinting efforts on behalf of our clients. For all they do in supporting the vital work of the organisation, I would also like to thank my colleagues on the Management Committee.

Barbara Le Fevre Chair

Treasurer's Report

The current pandemic has mean that we have not had the ability to raise funds locally, with no local events being organised. We have also lost income from face-to-face activities; although small, they were a help.

We are exploring online fundraising; this is a resource issue as our tiny team already are at full stretch. A small sub-group is considering launching a series of appeals for various activities and items whilst remembering those who use our services struggle themselves.

The Team continues to meet challenges creatively and cheerfully using our scarce resources to the best of their ability. I am in constant awe of this ability of theirs.

Thank you all very much for your humour, hard work, dedication and support.

B J Woods - Treasurer

Centre Directors Report

What to say that would be different about a small group of people working to provide support services to those in most need. As always, the team have been magnificent coming in to respond to the urgent needs of women who need our support. Despite still providing services online we have a steady stream of women and their families arriving at our door seeking help; food, housing advice, needing to escape a violent situation, access to info on benefits, etc.

It has been a difficult time, balancing the needs of the team to stay safe and the needs of our clients to access support. Funding bids have been sent off and we have news that some of these have been favourably viewed. More info on those next time.

Ginnie Landon - Centre Director (Voluntary)

Counselling -

Counselling has continued online throughout the year. We have recruited more counsellors and have been able to increase the number of counsellors speaking community languages.

As with last year, the number of referrals and, in particular, via NHS IAPT and Domestic Violence professionals in all sectors, continues very high.

As more areas of life return to normal, we hope to be able to offer clients the choice of face-to-face or remote sessions.

Freedom Programme

The Freedom Programme also continued successfully online, with referrals continuing to increase. Referrals come from LBE Social Services, GPs, hospitals, counsellors, schools and community and voluntary organisations. Women are also able to self-refer. We run three courses per year, one each term. We are always oversubscribed for these courses.

The Freedom Programme examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims and survivors. The aim is to help them to make sense of and understand what has happened to them, and to move on to abuse-free lives.

Coffee mornings

Online coffee mornings continue. There is still a significant amount of concern about Coronavirus and now people are discussing how Long Covid is affecting them and their loved ones. We are collecting information on what works for people to share with others. These sessions are held weekly throughout the year, but we have noticed that numbers decline during school holidays. We are looking at options for an online activity which might include children.

Food Distribution project

Sainsbury stores on the A10 and Lancaster Road collect donations for the women we serve. Since joining the Food Alliance, our referrals have increased and we are operating two delivery rounds and pick-ups each week, one in the North and one in the South of the Borough. Many of the women need help on various issues and we offer courses on Money Management, access to advice completing forms for various benefits, etc., housing help – some women are facing no fault evictions.

Connecting Enfield Women

As a response to the high levels of outrage following the murder of Sarah Everard, women in Enfield, led by Councillor Kate Anolue, and supported by Enfield Saheli and Enfield Women's Centre, came together for support and to explore how we might work together to combat issues of extreme misogyny and support each other.

Women's groups and individuals were invited to participate to find out more, and potentially continue to be part of the process to explore this further.

Meetings have been held online to consider a way forward and Terms of Reference were agreed. Plans for various activities including a conference are to be drawn up. It has been agreed that Enfield Women's Centre will support this initiative with admin and other services as needed.

White Ribbon Day 2021

We continue to support and promote the White Ribbon campaign. We held our annual vigil for women and girls who had been attacked and killed around the world. As in last year, this was an online event due to the Coronavirus concerns. It was good to be joined by women from the community and also the statutory sector.

Acknowledgements

Once again it is time to thank people for their help, support, donations and encouragement in enabling us to carry out the activities of the Centre. We have to repeat that thanking everyone who has helped and supported us is a challenge each year in that we are always conscious that we may miss someone important. So - **thank you** to all who have helped, supported and encouraged us and apologies if you have been missed in the comments below. Do please contact us to enable us to rectify the situation.

We continue to thank staff and customers at **Sainsbury** for their wonderful support for our families via the donation boxes in their stores. This continued high-profile support has really helped and we have had individuals contact us to bring us supplies direct having seen the Sainsbury boxes. This food and other necessary items are invaluable in supporting the families who are referred to us.

Edmonton Rotary Club for their much appreciate continued support for our clients. They delighted our families with a huge donation of candy covered chocolate buttons which we packaged up as gifts. The families loved these as we added them to the Christmas Hampers.

Once again, the people of Enfield came together to ensure we were able to bring some light to our families over the Christmas period with turkeys, hampers and gifts. These included Pastor Nick and the Revival Christian Church of Enfield and a year-long supply of food donations as well as ready meals from Tara at Exodus Youth Worx UK.

Melanie Tadhunter of the British Darts Foundation who again donated a stunning amount of toys and other gifts for children.

We are always grateful for the help and support from the Community Development Team at the Civic, Shaun Rogan, Debbie Gates, Jany Badoye. Their prompt responses to our varying queries have helped a tremendous amount.

Louise Nicholson is due a massive vote of thanks for her continued support with our website. We often rush off emails with requests for amendments and she responds immediately helping us to promote our work.

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Ad hoc Volunteers

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Brenda Landers, David Le Fevre, James and Paul Dengel

If the mountain seems too big today,
Then climb a hill instead.
If the morning brings you sadness,
It's okay to stay in bed.
If the day ahead weighs heavy
And your plans feel like a curse,
There's no shame in re-arranging,
Don't make yourself feel worse.
If a shower stings like needles
And a bath feels like you'll drown,
If you haven't washed your hair for days,
Don't throw away your crown!
A day is not a lifetime,
A rest is not defeat.
Don't think of it as failure,
Just a quiet, kind retreat.
It's okay to take a moment
From an anxious, fractured mind.
The world will not stop turning
While you get realigned.
The mountain will still be there
When you want to try again,
So climb it in your own time
...and love yourself 'til then.



Enfield Women's Centre
Unaudited Financial Statements
for the year ended 31st March 2022

Charity Registration No: 1002117

Enfield Womens Centre
Contents of the Financial Statements
for the year ended 31 March 2022

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Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2022

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Peter Duboff
Chartered Accountant
Independent Examiner

Kingsbury House
468 Church Lane
London NW9 8UA

Dated: 25th January 2023

Enfield Women's Centre

Statement of Financial Activities

for the year ended 31 March 2022

	<u>2022</u>	<u>2021</u>
	£	£
Incoming resources		
London Borough of Enfield grant	31,200	27,000
Job retention scheme grant	6,396	13,538
Events	-	135
Membership	40	50
Counselling	65	1,785
Sundry donations	3,184	4,633
Miscellaneous income	-	-
	<hr/>	<hr/>
Total incoming resources	40,885	47,141
	<hr/> <hr/>	<hr/> <hr/>
Resources expended		
Salaries	19,370	17,546
Travel and subsistence	1,482	1,671
Counselling	-	-
Refreshments	38	118
Training	1,045	2,039
Events and activities	5,230	4,006
Room hire	350	1,180
IT maintenance	2,008	1,770
Electricity and water	1,790	2,255
Postage	811	1,318
Printing and stationery	1,175	1,359
RPS equipment	1,853	2,962
Membership subscriptions	216	216
Insurance	1,269	1,576
Independent accountant's fees	300	300
Furlough fees	900	300
Bookkeeping and administration	-	650
Telephone	2,043	2,491
Cleaning	1,374	1,000
Sundries	11	86
Bank charges	61	63
Depreciation of garden office	-	2,072
	<hr/>	<hr/>
Total resources expended	41,324	44,978
	<hr/> <hr/>	<hr/> <hr/>
Net incoming resources	(438)	2,162
Fund balance brought forward	8,047	5,885
	<hr/>	<hr/>
Funds balance carried forward	£ 7,609	£ 8,047
	<hr/> <hr/>	<hr/> <hr/>

Enfield Women's Centre

Balance Sheet

At 31 March 2022

	Note	<u>2022</u> £	<u>2021</u> £
Tangible Fixed Assets	2	-	-
		<hr/> <hr/>	<hr/> <hr/>
Current Assets			
Cash at bank and in hand		2,920	7,347
Sundry debtors	3	4,989	1,000
		<hr/>	<hr/>
		7,909	8,347
Creditors: amounts falling due within one year	4	(300)	(300)
		<hr/>	<hr/>
Net Current Assets		£ 7,609	£ 8,047
		<hr/> <hr/>	<hr/> <hr/>
Net Assets		£ 7,609	£ 8,047
		<hr/> <hr/>	<hr/> <hr/>
Represented By:			
Unrestricted funds		7,609	8,047
Restricted funds		-	-
		<hr/>	<hr/>
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		<hr/> <hr/>	<hr/> <hr/>

The financial statements have been prepared in accordance with the Charity Commission recommended guidelines and best practice.

Approved by the Management Committee and signed on their behalf by:

Barbara le Fevre

Chairperson

Dated: 24th January 2023

Enfield Women's Centre

Notes to the Financial Statements

At 31 March 2022

1 ACCOUNTING POLICIES

BASIS OF ACCOUNTING

These accounts have been prepared under the historical cost convention and in accordance with applicable Accounting Standards. In preparing the financial statements the charity follows best practice as set out in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) and applicable UK standards and the Charities Act 2011.

INCOMING RESOURCES

All income from grants, donations, deposit interest, and similar incoming resources is recognised on a receipt basis.

Income from fund raising events is recognised based on the year in which the event takes place.

RESOURCES EXPENDED

All expenditure is recognised on a payments basis.

FUNDS

For this year funds held by the Charity are unrestricted.

2 TANGIBLE FIXED ASSETS

	Garden Office £	Total £
COST		
Brought forward and as at 31 March 2022	10,356	10,356
	<hr/>	<hr/>
DEPRECIATION		
Brought forward	10,356	10,356
Charge for the year	-	-
	<hr/>	<hr/>
As at 31 March 2022	10,356	10,356
	<hr/>	<hr/>
NET BOOK VALUE		
At 31 March 2022	-	-
	<hr/>	<hr/>
At 31 March 2021	-	-
	<hr/>	<hr/>
3 DEBTORS	2022	2021
	£	£
Deposit held by EDF	1,000	1,000
Statutory maternity pay	3,989	-
	<hr/>	<hr/>
	4,989	1,000
	<hr/>	<hr/>

Enfield Women's Centre

Notes to the Financial Statements (continued)

At 31 March 2022

4	CREDITORS FALLING DUE WITHIN ONE YEAR	2022	2021
		£	£
	Accruals	300	300
		<u>300</u>	<u>300</u>

5 TAXATION

Enfield Women's Centre is a registered charity and accordingly is exempt from taxation on its income and gains where these are applied for charitable purposes.

6 RELATED PARTY TRANSACTIONS

None of the trustees were paid any expenses or remuneration by the charity during the year ended 31st March 2022.

7 DESIGNATED AND UNDESIGNATED FUNDS

All funds are undesignated.

Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2022

Independent Examiner's Report on the Financial Statements

I have examined the financial statements on pages 2 to 4 which have been prepared under the historical cost convention and the accounting policies set out on page 4.

This report is made solely to the charity's Trustees as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work regarding this report.

Respective responsibilities of the trustees and examiner

The Trustees responsibilities for preparing the annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards are set out in the Statement of Trustees Responsibilities on page 2.

The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility as examiner:


- (a) to examine the financial statements under section 145 of the Act
- (b) to follow the procedures laid down in the General Directions given by Charity Commissioners; and
- (c) to state whether any particular matters have come to my attention

My examination was carried out in accordance with the general Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and report is limited to those matters set out in the statement below.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the Trustees have not met the requirements to ensure that:

- (a) proper accounting records are kept in accordance with section 130 of the Act; and
- (b) accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act



Peter Duboff
Chartered Accountant
Independent Examiner

Kingsbury House
468 Church Lane
London NW9 8UA

Dated: 25th January 2023

ENFIELD WOMENS CENTRE

England & Wales - Charity number 1002117

Accounts



Annual Report

April 2020 – March 2021

**Enfield Women's Centre
Vicki Scarlett House,
31A Derby Road,
Ponders End,
Enfield,
EN3 4AJ**

0208 351 8934

info@enfieldwomen.org.uk

Registered Charity No 1002117

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EWC Personnel

Poem

Chair's Report 2020 -2021

No-one could dispute that this has been a year like no other. The Covid-19 pandemic has changed our lives and working in ways that might previously have seemed unimaginable. Despite the challenges that the pandemic brought, I cannot praise the team highly enough for the way they got to grips with the demands placed upon them.

It is testament to the whole team's hard work that we have adapted quickly and services have continued. Demand for our services has increased exponentially over this last year. The pandemic has exacerbated an already severe situation.

At the heart of all our work are the women and families in Enfield. Our satisfaction in knowing we are helping more women than ever is tempered by the desire to offer more

I am proud that the team rose to this challenge magnificently. My wholehearted thanks go to all team members for their support. As ever, I would like to give grateful thanks to my colleagues on the Management Committee, who continue to work unstintingly to support the critical work of the organisation.

Barbara Le Fevre Chair

Treasurer's Report

Having just recovered from a bout of Coronavirus I have to apologise for the brevity of this report.

The team have dealt magnificently with challenges in work and home including succumbing to or nursing family through Coronavirus. I know personally just how debilitating and emotionally challenging this can be.

I am grateful for the manner in which team members stepped up during this difficult time to provide an immeasurably valuable service and still keep dealing with the infrastructure demands. I know this was difficult in our tiny building.

Thank you all very much for your hard work, dedication and courage through this tough year.

B J Woods - Treasurer

Centre Directors Report

I am preparing this report towards the end of 2021 after we have all lived through eighteen months of fear, uncertainty, disruption to how we operate. This change is also represented in the format of this report. The Trustees have indicated that, due to the small size of this building and its rooms it would be inappropriate to offer face-to-face services until the situation is clearer. We discussed changes in operation with our funders and have to thank them for their support in making these changes seamless.

It is important here, to note that, the Team have been amazing, adapting to new working styles, facing the growing demands brought about by the escalation of numbers experiencing mental health and domestic violence issues as well as those unable to access food for a range of reasons. We quickly set up a delivery round, not wanting vulnerable clients to travel the borough with young children and being exposed to potentially catching Coronavirus.

Counselling -

All counselling was moved online following discussion with the British Association of Counselling and Psychotherapy and our specialist Insurers. The Team responded to this magnificently even though some of them were new in post. We noticed a sharp increase in the number of referrals and in particular via NHS IAPT and Domestic Violence professionals in all sectors.

Freedom Programme

The Freedom programme was also moved online and referrals for this have risen steeply. As a representative on the Borough VAWG Strategic Group we have noticed an increase in violence against women since the start of Lockdown.

Coffee mornings

We moved these online and offered them weekly. A group formed and discussions were held around concerns to do with Coronavirus, opening or closing of schools and parents' concerns on this, waiting for news on a vaccination/reactions to that – fear of trying and fear of not doing so.

Food Distribution project

For some years now the Sainsbury A10 and Lancaster Road have been collecting donations for the women we serve. Women used to pop in to pick up some bits after attending services here. At the start of lockdown we held a discussion and agreed that we could not ask these women and their children to traverse our large borough to access food and together with a generous volunteer driver we were able to start delivering food.

News spread and we were receiving referrals from social services, court officers, refuge workers and others asking us to support clients who were sheltering or in other ways unable to attend in person. The borough invited us to join their local Food Alliance and we were also approached by the Marcus Rashford Children's charity to join their work.

The Borough asked us to assist with running a food hub between Christmas and the New Year for families in receipt of school lunches. This was a great success.

White Ribbon 16 Days of Action

We participated in this as we do each year. This year we held an online vigil for all women and girls who had been attacked and killed around the world. As this reporting period drew to a close, we heard of the kidnap and murder of Sarah Everard. There is more of the work following this in next year's report.

International Women's Day 2021

We had been planning events including a day with the women's section at a large local mosque but this, and other local activities we had been planning, were cancelled due to the concerns around Coronavirus

As always, I cannot complete this report without mentioning the magnificent Team we have here. It is their cheerful outlook and ability to turn to new ways of working that enables us to continue to grow and provide much needed services to our community. I am grateful to them all for taking to new ways of working – remotely and online – with barely missing a beat. Some of us found the new technology challenging and stimulating.

Ginnie Landon - Centre Director (Voluntary)

Acknowledgements

Again – working with this dedicated team is a privilege, one for which I am truly grateful. So, thank you to all the Team and the Trustees for keeping the focus in these unfocussed times.

Thanking everyone who has helped and supported us is a challenge each year in that we are always conscious that we may miss someone important. So - **thank you** to all who have helped, supported and encouraged us and apologies if you have been missed in the comments below. Do please contact us to enable us to rectify the situation.

We continue to thank staff and customers at **Sainsbury** for their wonderful support for our families via the donations boxes in their stores. This is invaluable in supporting the families who are referred to us.

Edmonton Rotary Club for the donation of 100 purple crocus bulbs; these really cheered us. We also owe thanks to them for Shopping Vouchers to share to families on our food round. Thank you also for the cost of a shed to store food donations and the team from Rotary who came to set up said shed.

People from Enfield came together to support our families including amazing hampers complete with turkeys from Pastor Nick and the Revival Christian Church of Enfield, Vita Pax parish, The Glory of the Cross Church for food donations as well as ready meals on a weekly basis from Tara at Exodus Youth Worx UK. A J Ghokani, Empire garages, Enfield for an amazing amount of donations for the foodbank We also thank a host of individuals who have donated generously and anonymously.

British Darts Foundation and HSBC Enfield Town branch for toys for Christmas delivery for our families.

We continue to be indebted to the team at the London Borough of Enfield, namely **Shaun Rogan, Niki Nicolaou (who left last September), Debbie, Jany and Salema of the LBE Third Sector Development Team** for all your help with our queries and panics. Very many thanks.

Paul at Selman Print – thanks for your rapid responses to our crazy requests.

Enfield Voluntary Action – for their invaluable support and information on a range of issues.

We are grateful to all our **members and individual** donors – without your support we would not be here. We also recognise that for some of you this is a big deal.

We owe a considerable debt to the driver who carried out our food deliveries for months until he became unwell with COVID and then Long COVID. So Paul, thank you very much and here's hoping to 21/22 being a better year for you.

Networking and Partnerships

Networking is at the root of how we can offer our clients solid support – by referring them to experts as required. The list grows as in previous years with a range of professionals, groups and networks/fora including Domestic Violence Against Women and Girls Strategic and Operational Groups, Citizens Advice Enfield, Enfield LGBT Network, Ponders End Partnership, Ponders End Community Development Trust, Voluntary Sector Strategy Group, North Central London CCG stakeholders group, Early Help Network, Enfield Saheli, IKWRO, Imece, Naree Shakti, Samafal Women’s organisation.

We sometimes are not able to attend all the groups and networks we would like to, so send a representative or we participate electronically, receiving and/or cascading information.

EWC Personnel

We owe a huge debt of gratitude to the wonderful band of women who assist us in various ways including turning up to stuff envelopes, meet and greet people at events, registers, tea duty, stalls at festivals and various events, help with walks and other activities.

**This band of wonderful women is vital to us being able to provide quality, low-cost services in the borough.
A big thank you to everybody.**

Centre Personnel 2020 - 2021

Management Committee

Chairperson – Barbara Le Fevre Treasurer – Beverley Woods
Yewande Bright, Brenda Landers, Marylyn Spencer

Office Team

Ginnie Landon, Laurie Dengel, Mary Bright,
Marylyn Spencer, Amber Conway,

Counselling Team

Clinical Supervisor Dawn Burlton

Counsellors

Sarah-Jane Andrews, Lillian Atkinson, Tessa Bennett, Mathilde Caron, Joanna Clarke-Jones, Lisa Garfield,
Senada Gjokaj, Jodi Grimmer, Maria Klatska, Amanda McDermott, Daisy Williams

Trainers and Tutors

Nadine Johnson, Janice Nunn,
Street dance – Jade, Amber and Rhianna

Ad hoc Volunteers

Claudia Deutschmann, Hasibe Dulgeroglu, Julia Mountain, Emine Mustapha, Jas Gosai, Cardina Beckford,
Brenda Landers, David Le Fevre and Paul Dengel

Starting a different pandemic

What a wonderful poem by the late Spike Milligan about smiling...let's share this around and give out some smiles 😊😊😊😊



Smiling is infectious
You catch it like the flu
When someone smiled at me today
I started smiling too
I walked around the corner
And someone saw me grin
When he smiled I realised
I had passed it on to him
I thought about the smile
And then realised its worth
A single smile like mine
Could travel round the earth
So if you feel a smile begin
Don't leave it undetected
Start an epidemic
And get the world infected.

Enfield Women's Centre
Unaudited Financial Statements
for the year ended 31st March 2021

Charity Registration No: 1002117

Enfield Womens Centre

Contents of the Financial Statements

for the year ended 31 March 2021

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Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2021

Independent Examiner's Report on the Financial Statements

I have examined the financial statements on pages 2 to 4 which have been prepared under the historical cost convention and the accounting policies set out on page 4.

This report is made solely to the charity's Trustees as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work regarding this report.

Respective responsibilities of the trustees and examiner

The Trustees responsibilities for preparing the annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards are set out in the Statement of Trustees Responsibilities on page 2.

The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility as examiner:

- (a) to examine the financial statements under section 145 of the Act
- (b) to follow the procedures laid down in the General Directions given by Charity Commissioners; and
- (c) to state whether any particular matters have come to my attention

My examination was carried out in accordance with the general Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and report is limited to those matters set out in the statement below.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the Trustees have not met the requirements to ensure that:

- (a) proper accounting records are kept in accordance with section 130 of the Act; and
- (b) accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act



Peter Duboff
Chartered Accountant
Independent Examiner

Kingsbury House
468 Church Lane
London NW9 8UA

Dated: 6/04/2022

Enfield Women's Centre

Statement of Financial Activities

for the year ended 31 March 2021

	<u>2021</u>	<u>2020</u>
	£	£
Incoming resources		
London Borough of Enfield grant	27,000	28,330
Job retention scheme grant	13,538	-
Events	135	131
Membership	50	20
Counselling	1,785	10
Sundry donations	4,633	8,726
Miscellaneous income		270
	<hr/>	<hr/>
Total incoming resources	47,141	37,487
	<hr/>	<hr/>
Resources expended		
Salaries	17,546	17,807
Travel and subsistence	1,671	214
Counselling		-
Refreshments	118	-
Training	2,039	610
Events and activities	4,006	6,804
Room hire	1,180	728
IT maintenance	1,770	1,309
Garden maintenance		260
Electricity and water	2,255	3,667
Postage	1,318	185
Printing and stationery	1,359	744
RPS equipment	2,962	40
Membership subscriptions	216	240
Insurance	1,576	1,546
Independent accountant's fees	300	300
Furlough fees	300	-
Bookkeeping and administration	650	-
Telephone	2,491	1,782
Cleaning	1,000	1,300
Cash expenses		801
Sundries	86	268
Bank charges	63	101
Depreciation of garden office	2,072	2,071
	<hr/>	<hr/>
Total resources expended	44,978	40,777
	<hr/>	<hr/>
Net incoming resources	2,162	(3,290)
Fund balance brought forward	5,885	9,175
	<hr/>	<hr/>
Funds balance carried forward	£ 8,047	£ 5,885
	<hr/>	<hr/>

Enfield Women's Centre

Balance Sheet

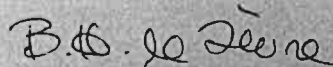
At 31 March 2021

	Note	<u>2021</u> £	<u>2020</u> £
Tangible Fixed Assets	2	-	2,072
<hr/>			
Current Assets			
Cash at bank and in hand		7,347	3,113
Sundry debtors	3	1,000	1,000
SMP recoverable	3	-	-
		<hr/>	<hr/>
		8,347	4,113
Creditors: amounts falling due within one year	4	(300)	(300)
		<hr/>	<hr/>
Net Current Assets		£ 8,047	£ 3,813
		<hr/>	<hr/>
Net Assets		£ 8,047	£ 5,885
		<hr/>	<hr/>
Represented By:			
Unrestricted funds		8,047	4,885
Restricted funds		-	1,000
		<hr/>	<hr/>
		8,047	5,885
		<hr/>	<hr/>

The financial statements have been prepared in accordance with the Charity Commission recommended guidelines and best practice.

Approved by the Management Committee and signed on their behalf by:

Barbara le Fevre



Chairperson

Dated:

5th April 2022

Enfield Women's Centre

Notes to the Financial Statements

At 31 March 2021

1 ACCOUNTING POLICIES

BASIS OF ACCOUNTING

These accounts have been prepared under the historical cost convention and in accordance with applicable Accounting Standards. In preparing the financial statements the charity follows best practice as set out in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) and applicable UK standards and the Charities Act 2011.

INCOMING RESOURCES

All income from grants, donations, deposit interest, and similar incoming resources is recognised on a receipt basis.

Income from fund raising events is recognised based on the year in which the event takes place.

RESOURCES EXPENDED

All expenditure is recognised on a payments basis.

FUNDS

For this year funds held by the Charity are unrestricted.

2 TANGIBLE FIXED ASSETS	Garden Office £	Total £
COST		
Brought forward and as at 31 March 2021	10,356	10,356
	=====	=====
DEPRECIATION		
Brought forward	6,213	6,213
Charge for the year	2,071	2,071
	-----	-----
As at 31 March 2021	8,284	8,284
	=====	=====
NET BOOK VALUE		
At 31 March 2021	2,072	2,072
	=====	=====
At 31 March 2020	4,143	4,143
	=====	=====
3 DEBTORS	2021 £	2020 £
Deposit held by EDF	1,000	1,000
	-----	-----
	1,000	1,000
	=====	=====

Enfield Women's Centre

Notes to the Financial Statements (continued)

At 31 March 2021

4 CREDITORS FALLING DUE WITHIN ONE YEAR	2021	2020
	£	£
Accruals	300	300
	<u>300</u>	<u>300</u>

5 TAXATION

Enfield Women's Centre is a registered charity and accordingly is exempt from taxation on its income and gains where these are applied for charitable purposes.

6 RELATED PARTY TRANSACTIONS

None of the trustees were paid any expenses or remuneration by the charity during the year ended 31st March 2021.

7 DESIGNATED AND UNDESIGNATED FUNDS

All funds are undesignated.

Enfield Women's Centre

Balance Sheet

At 31 March 2021

	Note	<u>2021</u> £	<u>2020</u> £
Tangible Fixed Assets	2	-	2,072
		<hr/> <hr/>	<hr/> <hr/>
Current Assets			
Cash at bank and in hand		7,347	3,113
Sundry debtors	3	1,000	1,000
SMP recoverable	3	-	-
		<hr/>	<hr/>
		8,347	4,113
Creditors: amounts falling due within one year	4	(300)	(300)
		<hr/>	<hr/>
Net Current Assets		£ 8,047	£ 3,813
		<hr/> <hr/>	<hr/> <hr/>
Net Assets		£ 8,047	£ 5,885
		<hr/> <hr/>	<hr/> <hr/>
Represented By:			
Unrestricted funds		8,047	4,885
Restricted funds		-	1,000
		<hr/>	<hr/>
		8,047	5,885
		<hr/> <hr/>	<hr/> <hr/>

The financial statements have been prepared in accordance with the Charity Commission recommended guidelines and best practice.

Approved by the Management Committee and signed on their behalf by:

Barbara le Fevre

Chairperson

Dated:

Enfield Women's Centre
Unaudited Financial Statements
for the year ended 31st March 2021

Charity Registration No: 1002117

Enfield Womens Centre
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for the year ended 31 March 2021

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Enfield Women's Centre (Charity no: 1002117)

Year ended 31st March 2021

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Peter Duboff
Chartered Accountant
Independent Examiner

Kingsbury House
468 Church Lane
London NW9 8UA

Dated: 06-Apr-22

Enfield Women's Centre

Statement of Financial Activities

for the year ended 31 March 2021

	<u>2021</u>	<u>2020</u>
	£	£
Incoming resources		
London Borough of Enfield grant	27,000	28,330
Job retention scheme grant	13,538	-
Events	135	131
Membership	50	20
Counselling	1,785	10
Sundry donations	4,633	8,726
Miscellaneous income	-	270
	<hr/>	<hr/>
Total incoming resources	47,141	37,487
	<hr/>	<hr/>
Resources expended		
Salaries	17,546	17,807
Travel and subsistence	1,671	214
Counselling	-	-
Refreshments	118	-
Training	2,039	610
Events and activities	4,006	6,804
Room hire	1,180	728
IT maintenance	1,770	1,309
Garden maintenance	-	260
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Independent accountant's fees	300	300
Furlough fees	300	-
Bookkeeping and administration	650	-
Telephone	2,491	1,782
Cleaning	1,000	1,300
Cash expenses	-	801
Sundries	86	268
Bank charges	63	101
Depreciation of garden office	2,072	2,071
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Total resources expended	44,978	40,777
	<hr/>	<hr/>
Net incoming resources	2,162	(3,290)
Fund balance brought forward	5,885	9,175
	<hr/>	<hr/>
Funds balance carried forward	£ 8,047	£ 5,885
	<hr/>	<hr/>

Enfield Women's Centre

Balance Sheet

At 31 March 2021

	Note	<u>2021</u> £	<u>2020</u> £
Tangible Fixed Assets	2	-	2,072
		<hr/> <hr/>	<hr/> <hr/>
Current Assets			
Cash at bank and in hand		7,347	3,113
Sundry debtors	3	1,000	1,000
		<hr/>	<hr/>
		8,347	4,113
Creditors: amounts falling due within one year	4	(300)	(300)
		<hr/>	<hr/>
Net Current Assets		£ 8,047	£ 3,813
		<hr/> <hr/>	<hr/> <hr/>
Net Assets		£ 8,047	£ 5,885
		<hr/> <hr/>	<hr/> <hr/>
Represented By:			
Unrestricted funds		8,047	4,885
Restricted funds		-	1,000
		<hr/>	<hr/>
		8,047	5,885
		<hr/> <hr/>	<hr/> <hr/>

The financial statements have been prepared in accordance with the Charity Commission recommended guidelines and best practice.

Approved by the Management Committee and signed on their behalf by:

Barbara le Fevre

Chairperson

Dated: 05-Apr-22

Enfield Women's Centre

Notes to the Financial Statements

At 31 March 2021

1 ACCOUNTING POLICIES

BASIS OF ACCOUNTING

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All income from grants, donations, deposit interest, and similar incoming resources is recognised on a receipt basis.

Income from fund raising events is recognised based on the year in which the event takes place.

RESOURCES EXPENDED

All expenditure is recognised on a payments basis.

FUNDS

For this year funds held by the Charity are unrestricted.

2 TANGIBLE FIXED ASSETS

	Garden Office £	Total £
COST		
Brought forward and as at 31 March 2021	10,356	10,356
	<hr/> <hr/>	<hr/> <hr/>
DEPRECIATION		
Brought forward	6,213	6,213
Charge for the year	2,071	2,071
	<hr/>	<hr/>
As at 31 March 2021	8,284	8,284
	<hr/> <hr/>	<hr/> <hr/>
NET BOOK VALUE		
At 31 March 2021	2,072	2,072
	<hr/> <hr/>	<hr/> <hr/>
At 31 March 2020	4,143	4,143
	<hr/> <hr/>	<hr/> <hr/>
3 DEBTORS	2021	2020
	£	£
Deposit held by EDF	1,000	1,000
	<hr/>	<hr/>
	1,000	1,000
	<hr/> <hr/>	<hr/> <hr/>

Enfield Women's Centre

Notes to the Financial Statements (continued)

At 31 March 2021

4 CREDITORS FALLING DUE WITHIN ONE YEAR	2021	2020
	£	£
Accruals	300	300
	<u> </u>	<u> </u>

5 TAXATION

Enfield Women's Centre is a registered charity and accordingly is exempt from taxation on its income and gains where these are applied for charitable purposes.

6 RELATED PARTY TRANSACTIONS

None of the trustees were paid any expenses or remuneration by the charity during the year ended 31st March 2021.

7 DESIGNATED AND UNDESIGNATED FUNDS

All funds are undesignated.