

REGISTERED COMPANY NUMBER: 02572955 (England and Wales)  
REGISTERED CHARITY NUMBER: 1001991

REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021  
FOR  
VIETNAMESE MENTAL HEALTH SERVICES

Leroy Reid & Co  
Chartered Certified Accountants  
and Statutory Auditors  
299 Northborough Road  
Norbury  
London  
SW16 4TR

**VIETNAMESE MENTAL HEALTH SERVICES**

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**FOR THE YEAR ENDED 31ST MARCH 2021**

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**VIETNAMESE MENTAL HEALTH SERVICES**

**REFERENCE AND ADMINISTRATIVE DETAILS**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

|                                      |   |
|--------------------------------------|---|
| <b>TRUSTEES</b>                      | Dr Angela Byrne<br>Ms Patricia Goldberg<br>Dr. Uy Hoang<br>Mrs Hong Thi Nguyen<br>Ms Tam Nguyen<br>Mr Smythy K Thiru Navugarasu<br>Ms Sui Han Lau<br>Dr. L Ly |
| <b>COMPANY SECRETARY</b>             | Mrs Hong Thi Nguyen   |
| <b>REGISTERED OFFICE</b>             | 25 Fair Street<br>Tower Bridge<br>London<br>SE1 2XF   |
| <b>REGISTERED COMPANY<br/>NUMBER</b> | 02572955 (England and Wales)  |
| <b>REGISTERED CHARITY<br/>NUMBER</b> | 1001991   |
| <b>INDEPENDENT EXAMINER</b>          | Leroy Reid & Co<br>Chartered Certified Accountants<br>and Statutory Auditors<br>299 Northborough Road<br>Norbury<br>London<br>SW16 4TR                        |

## **VIETNAMESE MENTAL HEALTH SERVICES**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The charity's objects and the principal activities of the company are the provision of serving the mental health needs of people from Vietnam in London, services provided include: outreach, informal counselling; support to mental health users/carers; day centres activities; educational/information and training to Vietnamese people about mental health issues and health/social care systems, and training to raise awareness amongst mainstream professionals about the Vietnamese culture and perspective in mental health, in order to facilitate quality and culturally sensitive services to people from Vietnam who have mental health difficulties. The Charity continues to explore new ways of improving the services provided and in this connection the planned new activity detailed below should be noted.

The charity is organised so that the trustees meet regularly to manage its affairs. There is one full time director, who both manages the day to day administration of the charity, and organises fund-raising initiatives. We are grateful to volunteers who assist with the care of the clients.

##### **Significant activities**

The main areas of the charitable activity are the provision of care and support to mentally disable people and to provide information and education to Vietnamese community.

## **VIETNAMESE MENTAL HEALTH SERVICES**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2021**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

##### **Care and support provided:**

During year 2020 -21, 15 new cases referrals received, 11 cases closed as considered stable. At the end of March 2021, services are provided to 129 active cases. Total cases are outlined as follows:

| <b><u>Diagnosis</u></b>      | <b><u>Male</u></b> | <b><u>Female</u></b> | <b><u>Total</u></b> |
|------------------------------|--------------------|----------------------|---------------------|
| Schizophrenia                | 41                 | 32                   | 73                  |
| Depression                   | 8                  | 17                   | 25                  |
| Autism & Learning Disability | 8                  | 3                    | 11                  |
| Dementia                     | 4                  | 4                    | 7                   |
| Other psychiatric problems   | 7                  | 7                    | 13                  |
|                              | <b>68</b>          | <b>63</b>            | <b>129</b>          |

Another 554 service users who were supported by Vietnamese Mental Health Services ("VMHS") service are now stable and no longer required our support.

##### **Details of service provided during the year are as follows:**

##### **Sessions**

|  |       |
|--|-------|
| Accompanying clients to outpatients appointments with GPs          | 41    |
| Accompanying clients to outpatients appointments with psychiatrist | 2     |
| Working with school for special needs children                     | 3     |
| Home visit to clients to help with Welfare Benefits/Housing        | 231   |
| Services by phone - number of phone calls                          | 2,034 |
| Cultural events Christmas & Lunar New Year parties                 | 0     |
| Outing to fruit farm   | 0     |

##### **Drop-in Day Centre**

Due to Covid-19 crisis, Day Centre; ESOL class and Group activity had been suspended until further notice.

##### **Health/Mental health promotion**

Due to Covid-19 crisis, there was no Health Workshop was organised during the year.

Health Newsletter in English, Vietnamese and Chinese was published regularly every quarter during the year, 5 issues were published, circulating to around 1,000 individual families in the UK and Europe. Contents of Health Newsletter covering new lockdown rules; How to stay safe during Covid-19 crisis; Information on Covid Vaccines; Beware of Covid-19 Hate Crime and how to report; Census 2021 etc. During the year, we received £2,374 donation from readers.

##### **Bilingual Counselling Services**

The Project received a 3 years grant from Henry Smith Charity Starting from April 2020 to March 2023, 1st year from April 2020 to March 2021, we received 40 referrals. All clients offered assessment appointments. One was assessed but did not want to receive counselling; the clients were assessed and counselling offered to 5 clients with 6 sessions; 24 clients with 12 sessions; 4 clients with 18 sessions and one client with 24 sessions. 5 clients are on waiting list for assessment.

##### **VMHS User Forum**

Due to Covid-19 crisis and lockdown, the VMHS User Forum had no meeting during the year.

## **VIETNAMESE MENTAL HEALTH SERVICES**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2021**

#### **Supported Accommodation**

The supported accommodation in Brixton was decommissioned from April 2020. All residents were relocated to other supported accommodation or Shelter accommodation, except one client passed away due to illness.

#### **Outreach support during Covid-19 Crisis**

Support Workers were worked from home and telephone active clients every week to make sure they are OK and know how to get foods during the lockdown period. Some clients do not have telephone, our support worker visit them once a week some once every 2 weeks. For those required assistance with food supply, Support workers assisted them to get food from Super market and deliver to them.

For those required assistance to talk to their GPs, Support workers were with them while GP calls to help with languages and raise their concerns.

The result had caused 2 staff members were infected with Covid-19 in around Christmas and New Year period, both have to self-isolated for 14 days. Luckily both were recovered. This had caused pressure on other staff members who have to cover the emergency when clients requested.

In late January Hackney Council and East London NHS Foundation Trust offered vaccine to front-line worker included community and voluntary organisation workers. All workers had received Covid Vaccines.

#### **FINANCIAL REVIEW**

##### **Financial position**

The statement of Financial Activities for the year ended 31 March 2021 reports a surplus of £19,916 (2020 -£2,065) and reserve of £134,772 (2020 - £114,856).

The Vietnamese Mental Health Services Limited central management cost was refunded by Project Management cost included in the Contracts with various Local Authorities and Clinical Commissioning Groups.

The Outreach Support staff are contracted by several London Boroughs CCGs and Community Services.

The Company was grateful for the service level agreement received from Southwark CCG, and Lewisham CCG, Lambeth Adults and Community services, City & Hackney Mind Wellbeing Network; The Advocacy Project and grant awarded by Henry Smith Chairity.

The trustees would like to thank the funders for their financial support for the work of the organisation.

##### **Reserves policy**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustee and directors consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees and directors have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

##### **Going concern**

The Board have taken initial steps to consider the impact that the COVID 19 situation may have on the charity coupled with a significant uncertainty regarding funding beyond 2022 increases the risk of a potential closure of the charity and believe it is appropriate to disclose this in notes to the accounts.

## **VIETNAMESE MENTAL HEALTH SERVICES**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2021**

#### **FUTURE PLANS**

The Charity plans continuing the activities in the forth coming years subject to the satisfactory funding arrangements. The main areas that the charity will be concentrating in the future are:

1. Seeking further funding to continue offer a language and culturally appropriate counselling service for Vietnamese community.
2. We will develop a broad base of local, national and international partners who see the value of our work and are happy to fund our goals.
3. We hope to have changed the way we deliver health promotion messages to our community, including mental health and wellbeing information to help reduce stigma.
4. We will have improved the way we collect, store and report data on the work that we do, it is in line with the best practice standards and fulfils the needs of our commissioners and help to inform our future work.
5. We will have to make significant progress toward incorporating service users and carers views and voices into everything that we do.
6. We will continue to seek funding for various imaginative projects in the wellbeing service sector.

The Management Committee considered this is a success for this year 2020-21.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a private company limited by guarantee with no share capital and was incorporated on the 11th January 1991 at the Registrar of Companies ( England and Wales).

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

On the 28th February 1991 the company was granted charitable status and became a registered charity by the Charity Commissioner of England and Wales.

##### **Organisational structure**

The directors of the company are also the trustees for the purpose of the charity law and under the company's Article are known as members of the Management Committee. Under the requirement of the Memorandum and Articles the members of the Management Committee are elected to serve for a period of one year which they must re-elected at the next Annual General Meeting.

The Vietnamese Mental Health Services has a Management Committee of up to nine members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the Committee has eight members from a variety of professional background relevant to the work of the charity.

A scheme delegation is in place and day to day responsibility for the provision of the services rest with the central management team consists of the Director and Finance & Administrative Officers. The Outreach team consists of five Community Mental Health Support Worker and one Hostel Support Worker. The Director provides clinical and other supervision necessary for the teams to operate and develop health and mental health services to Vietnamese communities throughout the country, Health Newsletter in English-Vietnamese-Chinese was published every quarter and distributed to all Vietnamese community organisation and around 1000 individuals.

Approved by order of the board of trustees on 11 August 2021 and signed on its behalf by:



.....  
Dr. Uy Hoang - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
VIETNAMESE MENTAL HEALTH SERVICES**

**Independent examiner's report to the trustees of Vietnamese Mental Health Services ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Leroy Reid & Co*

Ebenezer Okai, Bsc, FCCA  
Association of Chartered Certified Accountants  
Leroy Reid & Co  
Chartered Certified Accountants  
and Statutory Auditors  
299 Northborough Road  
Norbury  
London  
SW16 4TR

Date: 31/8/2021



**VIETNAMESE MENTAL HEALTH SERVICES**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

|                                    | Notes | Unrestricted<br>funds<br>£ | Restricted<br>fund<br>£ | 2021<br>Total<br>funds<br>£ | 2020<br>Total<br>funds<br>£ |
|------------------------------------|-------|----------------------------|-------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                            |                         |                             |                             |
| Donations and legacies             | 2     | 5,618                      | -                       | 5,618                       | 20,751                      |
| <b>Charitable activities</b>       | 4     |                            |                         |                             |                             |
| Mental Health Services             |       | 164,366                    | 58,409                  | 222,775                     | 207,148                     |
| Investment income                  | 3     | 413                        | -                       | 413                         | 197                         |
| Other income                       | 5     | 2,709                      | -                       | 2,709                       | 2,822                       |
| <b>Total</b>                       |       | <u>173,106</u>             | <u>58,409</u>           | <u>231,515</u>              | <u>230,918</u>              |
| <b>EXPENDITURE ON</b>              |       |                            |                         |                             |                             |
| <b>Charitable activities</b>       | 6     |                            |                         |                             |                             |
| Mental Health Services             |       | 162,346                    | 49,253                  | 211,599                     | 228,853                     |
| <b>NET INCOME</b>                  |       | <u>10,760</u>              | <u>9,156</u>            | <u>19,916</u>               | <u>2,065</u>                |
| <b>Transfers between funds</b>     | 15    | <u>1,713</u>               | <u>(1,713)</u>          | <u>-</u>                    | <u>-</u>                    |
| <b>Net movement in funds</b>       |       | <u>12,473</u>              | <u>7,443</u>            | <u>19,916</u>               | <u>2,065</u>                |
| <b>RECONCILIATION OF FUNDS</b>     |       |                            |                         |                             |                             |
| <b>Total funds brought forward</b> |       | 113,143                    | 1,713                   | 114,856                     | 112,791                     |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u>125,616</u>             | <u>9,156</u>            | <u>134,772</u>              | <u>114,856</u>              |

The notes form part of these financial statements

**STATEMENT OF FINANCIAL POSITION**  
**31ST MARCH 2021**

|  | Notes | 2021<br>£      | 2020<br>£      |
|--|-------|----------------|----------------|
| <b>FIXED ASSETS</b>                          |       |                |                |
| Tangible assets                              | 11    | 4,208          | 6,597          |
| <b>CURRENT ASSETS</b>                        |       |                |                |
| Debtors                                      | 12    | 600            | 7,452          |
| Cash at bank and in hand                     |       | 183,710        | 124,720        |
|  |       | <u>184,310</u> | <u>132,172</u> |
| <b>CREDITORS</b>                             |       |                |                |
| Amounts falling due within one year          | 13    | (53,746)       | (23,913)       |
| <b>NET CURRENT ASSETS</b>                    |       | <u>130,564</u> | <u>108,259</u> |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | 134,772        | 114,856        |
| <b>NET ASSETS</b>                            |       | <u>134,772</u> | <u>114,856</u> |
| <b>FUNDS</b>                                 | 15    |                |                |
| Unrestricted funds:                          |       |                |                |
| General fund                                 |       | 125,616        | 113,143        |
| Restricted funds:                            |       |                |                |
| Restricted fund                              |       | 9,156          | 1,713          |
| <b>TOTAL FUNDS</b>                           |       | <u>134,772</u> | <u>114,856</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

STATEMENT OF FINANCIAL POSITION - continued  
31ST MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 August 2021 and were signed on its behalf by:



.....  
Dr. Uy Hoang - Trustee

## **VIETNAMESE MENTAL HEALTH SERVICES**

### **NOTES TO THE FINANCIAL STATEMENTS** **FOR THE YEAR ENDED 31ST MARCH 2021**

#### **1. ACCOUNTING POLICIES**

##### **BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **TANGIBLE FIXED ASSETS**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

|                       |               |
|-----------------------|---------------|
| Long leasehold        | - 50% on cost |
| Plant and machinery   | - 20% on cost |
| Fixtures and fittings | - 20% on cost |
| Computer equipment    | - 25% on cost |

##### **TAXATION**

The charity is exempt from corporation tax on its charitable activities.

##### **FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## **VIETNAMESE MENTAL HEALTH SERVICES**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **FOR THE YEAR ENDED 31ST MARCH 2021**

#### **2. DONATIONS AND LEGACIES**

|           | Unrestricted<br>funds | Restricted<br>funds | 2021<br>Total<br>funds | 2020<br>Total<br>funds |
|-----------|-----------------------|---------------------|------------------------|------------------------|
|           | £                     | £                   | £                      | £                      |
| Donations | 5,618                 | -                   | 5,618                  | 20,751                 |

#### **3. INVESTMENT INCOME**

|                          | Unrestricted<br>funds | Restricted<br>funds | 2021<br>Total<br>funds | 2020<br>Total<br>funds |
|--------------------------|-----------------------|---------------------|------------------------|------------------------|
|                          | £                     | £                   | £                      | £                      |
| Deposit account interest | 413                   | -                   | 413                    | 197                    |

#### **4. INCOME FROM CHARITABLE ACTIVITIES**

|  | Activity               | 2021<br>£      | 2020<br>£      |
|--|------------------------|----------------|----------------|
| NHS Southwark, Lewisham & Lambeth                                  | Mental Health Services | 109,869        | 109,869        |
| Lambeth Community Service  | Mental Health Services | -              | 40,800         |
| City Hackney Mind (Mental Health Wellbeing)                        | Mental Health Services | 13,672         | 14,494         |
| City & Hackney - Mind (Advocacy)                                   | Mental Health Services | -              | -              |
| Tower Hamlet Inspire Consortium - Community Option                 | Mental Health Services | -              | 2,075          |
| Tower Hamlets Inspire Consortium - Mind in Tower Hamlets & Newsham | Mental Health Services | -              | 10,054         |
| National Lottery Awards for All                                    | Mental Health Services | -              | 2,044          |
| The Henry Smith Charity  | Mental Health Services | 44,200         | -              |
| The Advocacy Project   | Mental Health Services | 4,992          | 7,592          |
| Hackney Covid grant  | Mental Health Services | 2,351          | -              |
| The Wakefield & Tetley Trust                                       | Mental Health Services | 10,000         | -              |
| The No Accommodation Network                                       | Mental Health Services | 10,000         | -              |
| Other Funds  | Mental Health Services | 101            | 20,220         |
| Souter Charitable Trust  | Mental Health Services | 5,000          | -              |
| TBC  | Mental Health Services | 5,000          | -              |
| Didymus CIO  | Mental Health Services | 4,484          | -              |
| Schroder Charity   | Mental Health Services | 4,000          | -              |
| Protection Approaches  | Mental Health Services | 3,000          | -              |
| The Carmela and Ronnie Pignate lli Foundation                      | Mental Health Services | 2,500          | -              |
| The Albert Hunt Trust  | Mental Health Services | 2,000          | -              |
| Southall Trust   | Mental Health Services | 856            | -              |
| London Catalyst  | Mental Health Services | 750            | -              |
|  |                        | <u>222,775</u> | <u>207,148</u> |

**VIETNAMESE MENTAL HEALTH SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**5. OTHER INCOME**

|              | Unrestricted<br>funds | Restricted<br>funds | 2021<br>Total<br>funds | 2020<br>Total<br>funds |
|--------------|-----------------------|---------------------|------------------------|------------------------|
|              | £                     | £                   | £                      | £                      |
| Other income | 2,709                 | -                   | 2,709                  | 2,822                  |

**6. CHARITABLE ACTIVITIES COSTS**

|                        | Direct<br>Costs (see<br>note 7) |
|------------------------|---------------------------------|
|                        | £                               |
| Mental Health Services | 211,599                         |

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

|                                    | 2021    | 2020    |
|------------------------------------|---------|---------|
|                                    | £       | £       |
| Staff costs                        | 173,710 | 179,303 |
| Rates and water                    | 13,654  | 13,454  |
| Insurance                          | 886     | 873     |
| Light and heat                     | 2,073   | 1,585   |
| Telephone                          | 1,332   | 3,792   |
| Postage and stationery             | 4,636   | 3,508   |
| Drop in centre                     | 680     | 7,030   |
| Home visit and travelling expenses | 1,196   | 4,126   |
| Food and refreshment               | 630     | 311     |
| Publication and leaflets           | 1,645   | 883     |
| Repairs and maintenance            | 566     | 971     |
| Community mental health promotion  | -       | 286     |
| Training and education material    | 195     | 170     |
| Consultation                       | 4,740   | 5,678   |
| Clinical supervision               | 825     | 775     |
| Examiners fees                     | 1,700   | 1,700   |
| Payroll fees                       | 590     | 670     |
| Annual General Meeting             | -       | 575     |
| Bank charges                       | 152     | 236     |
| Sundry expenses                    | -       | 96      |
| Depreciation                       | 2,389   | 2,831   |
|                                    | 211,599 | 228,853 |

**VIETNAMESE MENTAL HEALTH SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                             | <b>2021</b> | <b>2020</b> |
|-----------------------------|-------------|-------------|
|                             | <b>£</b>    | <b>£</b>    |
| Depreciation - owned assets | 2,389       | 2,831       |

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2021 nor for the year ended 31st March 2020.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 31st March 2021 nor for the year ended 31st March 2020.

**10. STAFF COSTS**

|                       | <b>2021</b>    | <b>2020</b>    |
|-----------------------|----------------|----------------|
|                       | <b>£</b>       | <b>£</b>       |
| Wages and salaries    | 156,659        | 166,194        |
| Social security costs | 14,020         | 11,365         |
| Other pension costs   | 3,031          | 1,744          |
|                       | <u>173,710</u> | <u>179,303</u> |

The average monthly number of employees during the year was as follows:

|  | <b>2021</b> | <b>2020</b> |
|--|-------------|-------------|
| Direct charitable work                   | 2           | 6           |
| Management and administration of charity | 5           | 2           |
|  | <u>7</u>    | <u>8</u>    |

No employees received emoluments in excess of £60,000.

**VIETNAMESE MENTAL HEALTH SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31ST MARCH 2021**

**11. TANGIBLE FIXED ASSETS**

|  | Long<br>leasehold<br>£ | Plant and<br>machinery<br>£ | Fixtures<br>and<br>fittings<br>£ | Computer<br>equipment<br>£ | Totals<br>£ |
|--|------------------------|-----------------------------|----------------------------------|----------------------------|-------------|
| <b>COST</b>                              |                        |                             |                                  |                            |             |
| At 1st April 2020 and<br>31st March 2021 | 28,233                 | 8,980                       | 63,960                           | 49,215                     | 150,388     |
| <b>DEPRECIATION</b>                      |                        |                             |                                  |                            |             |
| At 1st April 2020                        | 28,233                 | 8,979                       | 63,960                           | 42,619                     | 143,791     |
| Charge for year                          | -                      | -                           | -                                | 2,389                      | 2,389       |
| At 31st March 2021                       | 28,233                 | 8,979                       | 63,960                           | 45,008                     | 146,180     |
| <b>NET BOOK VALUE</b>                    |                        |                             |                                  |                            |             |
| At 31st March 2021                       | -                      | 1                           | -                                | 4,207                      | 4,208       |
| At 31st March 2020                       | -                      | 1                           | -                                | 6,596                      | 6,597       |

**12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|               | 2021<br>£ | 2020<br>£ |
|---------------|-----------|-----------|
| Other debtors | 600       | 7,452     |

**13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                  | 2021<br>£ | 2020<br>£ |
|------------------|-----------|-----------|
| Other creditors  | 15,357    | 15,357    |
| Deferred income  | 36,689    | 6,856     |
| Accrued expenses | 1,700     | 1,700     |
|                  | 53,746    | 23,913    |

**14. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

|                     | Unrestricted<br>funds<br>£ | Restricted<br>fund<br>£ | 2021<br>Total<br>funds<br>£ | 2020<br>Total<br>funds<br>£ |
|---------------------|----------------------------|-------------------------|-----------------------------|-----------------------------|
| Fixed assets        | 4,208                      | -                       | 4,208                       | 6,597                       |
| Current assets      | 175,154                    | 9,156                   | 184,310                     | 132,172                     |
| Current liabilities | (53,746)                   | -                       | (53,746)                    | (23,913)                    |
|                     | 125,616                    | 9,156                   | 134,772                     | 114,856                     |



**VIETNAMESE MENTAL HEALTH SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**15. MOVEMENT IN FUNDS**

|                           | <b>At 1.4.20<br/>£</b> | <b>Net<br/>movement<br/>in funds<br/>£</b> | <b>Transfers<br/>between<br/>funds<br/>£</b> | <b>At<br/>31.3.21<br/>£</b> |
|---------------------------|------------------------|--|--|-----------------------------|
| <b>Unrestricted funds</b> |                        |  |  |                             |
| General fund              | 113,143                | 10,760                                     | 1,713  | 125,616                     |
| <b>Restricted funds</b>   |                        |  |  |                             |
| Restricted fund           | 1,713                  | 9,156                                      | (1,713)                                      | 9,156                       |
| <b>TOTAL FUNDS</b>        | <u>114,856</u>         | <u>19,916</u>                              | <u>-</u>                                     | <u>134,772</u>              |

Net movement in funds, included in the above are as follows:

|                           | <b>Incoming<br/>resources<br/>£</b> | <b>Resources<br/>expended<br/>£</b> | <b>Movement<br/>in funds<br/>£</b> |
|---------------------------|-------------------------------------|-------------------------------------|------------------------------------|
| <b>Unrestricted funds</b> |                                     |                                     |                                    |
| General fund              | 173,106                             | (162,346)                           | 10,760                             |
| <b>Restricted funds</b>   |                                     |                                     |                                    |
| Restricted fund           | 58,409                              | (49,253)                            | 9,156                              |
| <b>TOTAL FUNDS</b>        | <u>231,515</u>                      | <u>(211,599)</u>                    | <u>19,916</u>                      |

**Comparatives for movement in funds**

|                           | <b>At 1.4.19<br/>£</b> | <b>Net<br/>movement<br/>in funds<br/>£</b> | <b>At<br/>31.3.20<br/>£</b> |
|---------------------------|------------------------|--|-----------------------------|
| <b>Unrestricted funds</b> |                        |  |                             |
| General fund              | 111,078                | 2,065                                      | 113,143                     |
| <b>Restricted funds</b>   |                        |  |                             |
| Restricted fund           | 1,713                  | -  | 1,713                       |
| <b>TOTAL FUNDS</b>        | <u>112,791</u>         | <u>2,065</u>                               | <u>114,856</u>              |

**VIETNAMESE MENTAL HEALTH SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

|                           | <b>Incoming<br/>resources<br/>£</b> | <b>Resources<br/>expended<br/>£</b> | <b>Movement<br/>in funds<br/>£</b> |
|---------------------------|-------------------------------------|-------------------------------------|------------------------------------|
| <b>Unrestricted funds</b> |                                     |                                     |                                    |
| General fund              | 225,874                             | (223,809)                           | 2,065                              |
| <b>Restricted funds</b>   |                                     |                                     |                                    |
| Restricted fund           | 5,044                               | (5,044)                             | -                                  |
| <b>TOTAL FUNDS</b>        | <u>230,918</u>                      | <u>(228,853)</u>                    | <u>2,065</u>                       |

A current year 12 months and prior year 12 months combined position is as follows:

|                           | <b>At 1.4.19<br/>£</b> | <b>Net<br/>movement<br/>in funds<br/>£</b> | <b>Transfers<br/>between<br/>funds<br/>£</b> | <b>At<br/>31.3.21<br/>£</b> |
|---------------------------|------------------------|--|--|-----------------------------|
| <b>Unrestricted funds</b> |                        |  |  |                             |
| General fund              | 111,078                | 12,825                                     | 1,713  | 125,616                     |
| <b>Restricted funds</b>   |                        |  |  |                             |
| Restricted fund           | 1,713                  | 9,156                                      | (1,713)                                      | 9,156                       |
| <b>TOTAL FUNDS</b>        | <u>112,791</u>         | <u>21,981</u>                              | <u>-</u>                                     | <u>134,772</u>              |

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

|                           | <b>Incoming<br/>resources<br/>£</b> | <b>Resources<br/>expended<br/>£</b> | <b>Movement<br/>in funds<br/>£</b> |
|---------------------------|-------------------------------------|-------------------------------------|------------------------------------|
| <b>Unrestricted funds</b> |                                     |                                     |                                    |
| General fund              | 398,980                             | (386,155)                           | 12,825                             |
| <b>Restricted funds</b>   |                                     |                                     |                                    |
| Restricted fund           | 63,453                              | (54,297)                            | 9,156                              |
| <b>TOTAL FUNDS</b>        | <u>462,433</u>                      | <u>(440,452)</u>                    | <u>21,981</u>                      |

As part of the unrestricted fund, there is £38,993 set as designated fund. The purpose of the designated fund is for emergency redundancy for the project workers who have been with Vietnamese Mental Health Services for a certain period of time.

**VIETNAMESE MENTAL HEALTH SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2021.

**17. GOING CONCERN**

The Board have taken initial steps to consider the impact that the COVID 19 situation may have on the charity coupled with a significant uncertainty regarding funding for 2020-21 increases the risk of a potential closure of the charity and believe it is appropriate to disclose this note in the accounts.

**VIETNAMESE MENTAL HEALTH SERVICES**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

|  | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 2021<br>Total<br>funds<br>£ | 2020<br>Total<br>funds<br>£ |
|--|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS</b>                                       |                            |                          |                             |                             |
| <b>Donations and legacies</b>                                      |                            |                          |                             |                             |
| Donations  | 5,618                      | -                        | 5,618                       | 20,751                      |
| <b>Investment income</b>   |                            |                          |                             |                             |
| Deposit account interest   | 413                        | -                        | 413                         | 197                         |
| <b>Charitable activities</b>                                       |                            |                          |                             |                             |
| NHS Southwark, Lewisham & Lambeth                                  | 109,869                    | -                        | 109,869                     | 109,869                     |
| Lambeth Community Service  | -                          | -                        | -                           | 40,800                      |
| City Hackney Mind (Mental Health Wellbeing)                        | 13,672                     | -                        | 13,672                      | 14,494                      |
| City & Hackney - Mind (Advocacy)                                   | 4,992                      | -                        | 4,992                       | -                           |
| Tower Hamlet Inspire Consortium - Community Option                 | -                          | -                        | -                           | 2,075                       |
| Tower Hamlets Inspire Consortium - Mind in Tower Hamlets & Newsham | -                          | -                        | -                           | 10,054                      |
| National Lottery Awards for All                                    | -                          | -                        | -                           | 2,044                       |
| The Henry Smith Charity  | 4,019                      | 40,181                   | 44,200                      | -                           |
| The Advocacy Project   | -                          | -                        | -                           | 7,592                       |
| Hackney Covid grant  | 214                        | 2,137                    | 2,351                       | -                           |
| The Wakefield & Tetley Trust                                       | -                          | 10,000                   | 10,000                      | -                           |
| The No Accommodation Network                                       | 10,000                     | -                        | 10,000                      | -                           |
| Other Funds  | 10                         | 91                       | 101                         | 20,220                      |
| Souter Charitable Trust  | -                          | 5,000                    | 5,000                       | -                           |
| TBC  | 5,000                      | -                        | 5,000                       | -                           |
| Didymus CIO  | 4,484                      | -                        | 4,484                       | -                           |
| Schroder Charity   | 4,000                      | -                        | 4,000                       | -                           |
| Protection Approaches  | 3,000                      | -                        | 3,000                       | -                           |
| The Carmela and Ronnie Pignate Ili Foundation                      | 2,500                      | -                        | 2,500                       | -                           |
| The Albert Hunt Trust  | 1,000                      | 1,000                    | 2,000                       | -                           |
| Southall Trust   | 856                        | -                        | 856                         | -                           |
| London Catalyst  | 750                        | -                        | 750                         | -                           |
|  | <hr/> 164,366              | <hr/> 58,409             | <hr/> 222,775               | <hr/> 207,148               |
| <b>Other income</b>  |                            |                          |                             |                             |
| Other income   | 2,709                      | -                        | 2,709                       | 2,822                       |
| <b>Total incoming resources</b>                                    | <hr/> 173,106              | <hr/> 58,409             | <hr/> 231,515               | <hr/> 230,918               |
| <b>EXPENDITURE</b>   |                            |                          |                             |                             |
| <b>Charitable activities</b>                                       |                            |                          |                             |                             |
| Wages  | 116,795                    | 39,864                   | 156,659                     | 166,194                     |
| Carried forward  | 116,795                    | 39,864                   | 156,659                     | 166,194                     |

This page does not form part of the statutory financial statements

**VIETNAMESE MENTAL HEALTH SERVICES**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

|                                       | <b>Unrestricted<br/>funds<br/>£</b> | <b>Restricted<br/>funds<br/>£</b> | <b>2021<br/>Total<br/>funds<br/>£</b> | <b>2020<br/>Total<br/>funds<br/>£</b> |
|---------------------------------------|-------------------------------------|-----------------------------------|---------------------------------------|---------------------------------------|
| <b>Charitable activities</b>          |                                     |                                   |                                       |                                       |
| Brought forward                       | 116,795                             | 39,864                            | 156,659                               | 166,194                               |
| Social security                       | 11,998                              | 2,022                             | 14,020                                | 11,365                                |
| Pensions                              | 3,031                               | -                                 | 3,031                                 | 1,744                                 |
| Rates and water                       | 11,125                              | 2,529                             | 13,654                                | 13,454                                |
| Insurance                             | 586                                 | 300                               | 886                                   | 873                                   |
| Light and heat                        | 1,736                               | 337                               | 2,073                                 | 1,585                                 |
| Telephone                             | 1,132                               | 200                               | 1,332                                 | 3,792                                 |
| Postage and stationery                | 4,211                               | 425                               | 4,636                                 | 3,508                                 |
| Drop in centre                        | 680                                 | -                                 | 680                                   | 7,030                                 |
| Home visit and travelling expenses    | 340                                 | 856                               | 1,196                                 | 4,126                                 |
| Food and refreshment                  | 630                                 | -                                 | 630                                   | 311                                   |
| Publication and leaflets              | 245                                 | 1,400                             | 1,645                                 | 883                                   |
| Repairs and maintenance               | 566                                 | -                                 | 566                                   | 971                                   |
| Community mental health promotion     | -                                   | -                                 | -                                     | 286                                   |
| Training and education material       | -                                   | 195                               | 195                                   | 170                                   |
| Consultation                          | 4,740                               | -                                 | 4,740                                 | 5,678                                 |
| Clinical supervision                  | -                                   | 825                               | 825                                   | 775                                   |
| Examiners fees                        | 1,400                               | 300                               | 1,700                                 | 1,700                                 |
| Payroll fees                          | 590                                 | -                                 | 590                                   | 670                                   |
| Annual General Meeting                | -                                   | -                                 | -                                     | 575                                   |
| Bank charges                          | 152                                 | -                                 | 152                                   | 236                                   |
| Sundry expenses                       | -                                   | -                                 | -                                     | 96                                    |
| Depreciation of tangible fixed assets | 2,389                               | -                                 | 2,389                                 | 2,831                                 |
|                                       | <u>162,346</u>                      | <u>49,253</u>                     | <u>211,599</u>                        | <u>228,853</u>                        |
| <b>Total resources expended</b>       | <u>162,346</u>                      | <u>49,253</u>                     | <u>211,599</u>                        | <u>228,853</u>                        |
| <b>Net income</b>                     | <u>10,760</u>                       | <u>9,156</u>                      | <u>19,916</u>                         | <u>2,065</u>                          |