

**SPINAL RESEARCH FOUNDATION**

**(A company limited by guarantee)**

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**ANNUAL REPORT AND FINANCIAL STATEMENTS**

**for the year ended 30 September 2021**

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**COMPANY NUMBER**

2536950

**CHARITY NUMBER**

1001888

**PRINCIPLE ADDRESS**

1 The Quadrant  
Wonford Road  
Exeter  
Devon  
EX2 4LE

**REGISTERED OFFICE**

Lloyds Bank Chambers  
High Street  
CREDITON  
Devon  
EX17 3AH

**ACCOUNTANTS**

H W Martin & Co LLP  
Lloyds Bank Chambers  
High Street  
CREDITON  
Devon  
EX17 3AH

**COMPANY SECRETARY**

Z Tippet

**TRUSTEES**

C R Weatherley

P Hourigan

A J S Clarke

# **SPINAL RESEARCH FOUNDATION**

## **TRUSTEES REPORT**

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### **INTRODUCTION**

The trustees submit their annual report and financial statements for the year ended 30 September 2021.

The board and the trustees are satisfied with the performance of the charity during the year and the position at 30 September 2021 and consider that the charity is in a strong position to continue its activities during the coming year, and that the charity's assets are adequate to fulfil its obligation.

### **OBJECTIVES AND ACTIVITIES OF THE CHARITY**

#### **Objects of the charity**

The objects for which the charity was founded was for the relief of patients suffering from disease or malformation affecting the spine and adjacent areas of the body.

#### **Charity's activities and achievements relevant of the charity's objectives**

The Spinal Research Foundation has used the finances gained from charitable donations and revenues from conferences to facilitate the following activities. We have had to make amendments to the future activities due to COVID-19 pandemic. The Dilemmas meeting was rescheduled for June 2021, but as a result of the COVID-19 pandemic the meeting has again been postponed and the aim is to hold the meeting in 2022. The Dilemmas meeting is not a meeting that would work via Teams or Zoom. It is a face to face meeting that unlocks ideas and collaboration relating to spine care.

A research meeting was funded to discuss ongoing projects at the Princess Elizabeth Orthopaedic Centre. We are validating the Spine Scan 3-D device with our Surface Topography Machine (DIERS 4-D).

Our research group has a grant from the British Scoliosis Research Foundation for using MRI scanning to look at the shape of scoliotic vertebrae in our patients (we have previously published on this topic in non scoliotic patients)

Funds were used to have a subscription to Survey Monkey to use for questionnaires to undertake research. It will also be useful for obtaining feedback after future Dilemmas meetings.

The Charity supported the latest Philosophical Breakfast Club meeting that was held on 7th May 2021, entitled Leading Change, with speakers from commercial, sport, military, diplomatic, medial and academic backgrounds.

The Charity is planning to help with the funding of the 17th Philip Zorab Symposium (June 2022)

The Charity is planning the next Dilemmas meeting and also the next Sporting Spine meeting.

#### **Educational events about the spine**

- i) Attendance by Professor Robert Dunn of the First Biennial International Sport and Spine Congress in Tokyo
- ii) Funded the attendance for a medical student at the British Scoliosis Society Meeting in Cardiff who presented our research on using the Spine Scan 3D and the Diers Surface Topography on normal spines

#### **Capital Purchases**

- i) No capital purchases were made during the year

## **SPINAL RESEARCH FOUNDATION**

### **TRUSTEES REPORT (continued)**

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#### **OBJECTIVES AND ACTIVITIES OF THE CHARITY (continued)**

##### **Meetings**

- i) Dilemmas in Deformity 2021 has been postponed until 2022 due to COVID-19

##### **The charity's grant making policies.**

No grants were made during the year.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is constituted as a company limited by guarantee and is therefore governed by the memorandum and articles of association. The directors of the company are also trustees of the charity.

# **SPINAL RESEARCH FOUNDATION**

## **TRUSTEES REPORT (continued)**

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### **FINANCIAL REVIEW**

#### **Policies on reserves**

The trustees have resolved to establish reserves to provide for future activities. The charity holds no investments other than cash held on deposit.

#### **Principle funding sources**

The main sources of funding are shown in the detail of the accounts. Expenditure during the year amounted to the costs of charitable activities and the administration of the charity for the year.

#### **Availability and adequacy of assets**

The trustees are satisfied that the charity's assets available are adequate to fulfil its obligations.

#### **Financial position**

The statement of Financial Activities show net outgoing resources for the year of a revenue nature of £ 26,899

The balance on the unrestricted funds account available to carry forward at 30 September 2021 was £ 68,180

#### **Share capital**

The company is limited by guarantee and therefore has no share capital.

### **TRUSTEES DURING THE YEAR**

The trustees who served during the year were:

C R Weatherley  
P Hourigan  
A J S Clarke

## SPINAL RESEARCH FOUNDATION

### TRUSTEES REPORT (continued)

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#### STATEMENT OF DIRECTORS AND TRUSTEES' RESPONSIBILITIES

Charity Law and the Companies Act require the board to prepare accounts for each financial year which gives a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing those accounts, the board are required to

- \* select suitable accounting policies and then apply them consistently;
- \* make judgements and estimates that are reasonable and prudent; and
- \* prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- \* state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained the the accounts.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the smalll companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

The trustees are also responsible for the contents of the trustees' report and the resposibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the accounts.

#### SMALL COMPANY EXEMPTIONS

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

#### On behalf of the board:

.....  
Mr C R Weatherley  
Trustee

.....  
Mr P Hourigan  
Trustee

.....  
Mr A J S Clarke  
Trustee

**Date**

**2022**

## **SPINAL RESEARCH FOUNDATION**

### **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES**

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I report on the accounts of the company for the year ended 30 September 2021 which are set out on pages 2 to 4.

#### **Respective responsibilities of the trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under s144.2 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- \* examine the accounts under s.145 of the 2011 Act;
- \* follow the procedures laid down in the General Directions given by the Charity Commission under s.145(5)(b) of the 2011 Act.
- \* state whether particular matters have come to my attention

#### **Basis of independent examiner's report**

My examination was carried in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**SPINAL RESEARCH FOUNDATION**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES (continued)**

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**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - \* to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - \* to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
H W Martin      FAIA  
H W Martin & Co LLP  
Lloyds Bank Chambers  
High Street  
Crediton  
Devon  
EX17 3AH

**Date**

**2022**



**STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)**  
**for the year ended 30 September 2021**

	<b>Unrestricted Funds 2020/21</b>	<b>Unrestricted Funds 2019/20</b>
<b>INCOME RESOURCES</b>		
<b>Incoming resources from generated funds</b>		
Interest received	1	20
<b>Charitable activities</b>		
Donations	3,417	1,432
Conference fees (arrears 2016)	30,000	-
Total incoming resources	<u>33,418</u>	<u>1,452</u>
<b>RESOURCES EXPENDED</b>		
<b>Charitable activities</b>		
Conference refunds	-	450
Philosophical Breakfast Meeting	5,000	-
Research costs	384	-
Travel and accomodation	-	1,999
Subsistence and meals	102	510
Training	-	60
Computer expenses \ equipment	134	151
Sundries	-	8
<b>Administrative expenses</b>		
Accountancy	900	900
Bank charges	-	6
Total resources expended	<u>6,519</u>	<u>4,084</u>
<b>NET MOVEMENT IN FUNDS</b>	<u>26,899</u>	<u>(2,632)</u>

All incoming resources and resources expended derive from continuing activities.

**BALANCE SHEET at 30 September 2021**

	NOTES	2020/21	2019/20
<b>CURRENT ASSETS</b>			
Bank current account		55,269	57,472
Bank deposit account		4,066	4,065
Debtors	4	9,745	9,745
		<u>69,080</u>	<u>71,282</u>
<b>CREDITORS:</b>			
Amounts falling due within one year	5	<u>900</u>	<u>30,000</u>
<b>NET CURRENT ASSETS/(LIABILITIES)</b>		68,180	41,282
<b>NET ASSETS</b>		<u>68,180</u>	<u>41,282</u>
<b>FUNDS</b>			
Unrestricted Funds	6	68,180	41,281
		<u>68,180</u>	<u>41,281</u>

For the year ending 30 September 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- (a) The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- (b) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Board on

2022 and signed on its behalf by:

.....  
Mr C R Weatherley  
Trustee

.....  
Mr P Hourigan  
Trustee

.....  
Mr A J S Clarke  
Trustee

## NOTES TO THE FINANCIAL STATEMENTS

### for the year ended 30 September 2021

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## 1 ACCOUNTING POLICIES

### Basis of preparation

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to the charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - Charities SORP (FRS 102) (effective 1 January 2015) - the financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for the use in a particular area for specific purposes, the use of which is restricted to that area or purpose.

Designated funds are funds which have been set aside at the discretion of the trustees for a specific purpose.

There is no formal policy of transfer between funds. Any proposed transfer between funds would be considered in the particular circumstances.

### Incoming resources

Funds received in advance and specified by the donor as relating to specific accounting periods or alternatively which are subject to conditions which are still to be met are deferred on an accruals basis to the period in which they relate. Such deferrals are shown in the notes to the accounts.

### Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category.

## 2 STATUS

The Trust is registered as a charity under the Charities Act 2006

## 3 TAXATION

The company is a registered charity and is, therefore exempt from taxation.

## 4 DEBTORS

	2020/21	2019/20
Other debtors	9,745	9,745

**NOTES TO THE FINANCIAL STATEMENTS**  
for the year ended 30 September 2021

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<b>5 CREDITORS</b>	<b>2020/21</b>	<b>2019/20</b>
Accrued conference fees	900	30,000
	<u>900</u>	<u>30,000</u>
<b>6 UNRESTRICTED FUNDS</b>		
Balance as at 1 October 2020	41,281	43,913
<b>Net movement in funds</b>	26,899	(2,632)
Balance as at 30 September 2021	<u>68,180</u>	<u>41,281</u>