

CHINESE WELLBEING

England & Wales · Charity number 1001288

Details

Other names	MERSEYSIDE CHINESE COMMUNITY DEVELOPMENT ASSOCIATION, CHINESE CARERS NETWORK, CHINESE CARERS' NETWORK, CHINESE LUNCHEON CLUB, SILK ROAD NEWS
Status	Registered
Legal form	Charitable company
Company number	02446695
Registered	1990-12-14
Register	View on the Charity Commission register

Contact

Address	23 Argyle Street Liverpool L1 5BL
Phone	01517092643
Email	info@chinesewellbeing.co.uk
Website	www.chinesewellbeing.co.uk

Activities

Objects: TO PROMOTE ANY CHARITABLE PURPOSES FOR THE BENEFIT OF THE INHABITANTS OF MERSEYSIDE IN PARTICULAR THOSE OF CHINESE ORIGIN TO PROMOTE THE EDUCATION OF PEOPLE IN THE PRINCIPLES AND PRACTICE OF GOOD CITIZENSHIP AND SERVICE TO THE COMMUNITY; TO PROMOTE AND PROVIDE SOCIAL SERVICES OF A CHARITABLE NATURE FOR THE BENEFIT PRIMARILY BUT NOT EXCLUSIVELY OF CHINESE PERSONS RESIDENT WITHIN THE AREA WITH THE OBJECTIVE OF IMPROVING THE CONDITIONS OF LIFE OF THE PERSONS TO WHOM SUCH SERVICES ARE PROVIDED; TO ADVANCE THE EDUCATION OF UNEMPLOYED PERSONS, IN PARTICULAR THOSE OF CHINESE ORIGIN, WHO ARE IN NEED OF ASSISTANCE BY PROVIDING THEM WITH VOCATIONAL TRAINING.

Activities: Our services help to keep Chinese Elders in independent living as long as possible. We provide Domiciliary Care and Respite Services, Personal Wellbeing Services, a pre and post diagnostic dementia support service. Our Evergreen Club provides health talks including Covid related and various activities which reduce social isolation, loneliness and help to improve physical and mental wellbeing.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment
- **Who:** Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** MERSEYSIDE
- Knowsley
- Liverpool City
- Sefton
- St Helens
- Wirral

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£250,947	£261,880	-	-
2024-03-31	£442,522	£496,429	-	-
2023-03-31	£422,539	£488,511	-	-
2022-03-31	£504,796	£485,591	£281,639	33
2021-03-31	£527,724	£500,911	£262,434	33

Trustees

Name	Role	Appointed
Colin Ling		2026-01-20
Dr SIMON SIU MAN KAN		
HELEN OWEN		
JAMES CROOK		2016-12-01
Kai Kwong Simon Wong		2016-12-01
OSCAR IP FCA		
STEPHEN WONG		
Timothy David Passey		2026-03-10
Xiaoxiao Hou		2024-05-09

CHINESE WELLBEING

England & Wales - Charity number 1001288

Accounts

Company Registration Number - 2446695

The Charity Registration Number is :- 1001288

Chinese Wellbeing
Report and Accounts
31 March 2025

Chinese Wellbeing

Report and accounts for the year ended 31 March 2025

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Trustees' Annual Report for the year ended 31 March 2025

The Trustees present their annual report and accounts for the year ended 31 March 2025.

As with last year we would like to record our gratitude to those organisations who provided both financial and non-financial support during the year.

These include:

Lloyds Bank Foundation England and Wales

Liverpool City Council

PH Holt

NHS Liverpool ICB

Independent Age

Pine Court Housing Association

Healthwatch (Liverpool)

Merseycare NHS

Power of Music

We continue to use our reach into the Chinese community for various engagement exercises for external agencies and to support housing associations.

Our unique ability to engage with the Chinese community for health and wellbeing issues is a strength which we continually strive to develop in an effort to remain sustainable.

Chairs Overview

Chinese Wellbeing has continued to adapt to a challenging financial environment, pursuing its strategy of bringing its costs in line with reduced income. As reported last year, it was necessary for us to withdraw from the delivery of Domiciliary Care and Respite Services since the City Council was unable to pay a viable rate for the delivery of these services; the rate offered to service providers was well below the rate recommended by the National Homecare Association. Chinese Wellbeing had been subsidising the provision of these services in Liverpool for many years, but the subsidy was approaching £5,000 per month and the gap was not bridgeable through fundraising. This presented us with some major challenges, since this contract was a key source of funding for our core costs. However, our prudence in previous years coupled with support from other funders provided us with the means to adapt over a period of time.

Note 6 in our accounts shows £13,584 redundancy costs. These relate to the restructuring following the withdrawal from domiciliary care; there are no further redundancy commitments outstanding at the balance sheet date.

As part of our focus on costs, we also looked at our accommodation needs; whilst we had benefited from a generous arrangement with our landlord for the Staten Court premises, with rising service charges these were no longer affordable – or indeed required. With the help of our Trustee Jim Crook, we were able to secure more suitable accommodation at Toxteth TV.

We end this year as a financially viable organisation, but with more to be done over the forthcoming 2 years.

This has been a painful process, with the loss of dedicated and highly competent staff, the reduction in services to some clients, and more emphasis on paid-for services.

Nevertheless, Chinese Wellbeing has continued to deliver a range of services and projects, either free-standing or in collaboration with partners. And as I said last year, the Trustees are determined to apply the wealth of experience and the status of the Chinese Wellbeing brand, in support of the Chinese community, building on the projects and collaborations that we have in hand as well as in new directions consistent with our objectives.

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In common with many voluntary sector organisations, Chinese Wellbeing has found it difficult to attract new Trustees, especially those who funding organisations would regard as bringing 'lived experience' to the board. I was therefore particularly pleased to be able to welcome Dr Xiaoxiao Hou as a new board member in the course of the year. The search continues for others with the necessary skills and attributes to add to our board to guide the future development of the charity. In addition I should also acknowledge the support and contribution from board advisors Tim Passey and Arnas Tamasauskas. Both have made available invaluable skills and experience.

I should also acknowledge and thank our former Chief Executive. As part of his plan for restructuring, Colin proposed the deletion of the Chief Executive post; the board accepted this with reluctance, and my Chair's report would be lacking if it were not to note the huge contribution that Colin has made to the development of Chinese Wellbeing and the high regard in which it is held. Thank You Colin for your input as CEO and for your ongoing support as a volunteer .

Di has stepped up as Chief Operating Officer, with other adjustments to core staff as budget and workload demand.

In conclusion, my thanks to all fellow Trustees, our Board Advisors, to our staff, and to our supporters and collaborators.

Andy Green

Reference and administrative details

The charity name.

The legal name of the charity is:- Chinese Wellbeing.

The charity is also known by its operating name, Chinese Wellbeing.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1001288.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Acts . The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 27 November 1989

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

By operation of law all, trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals.

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The principal operating address, telephone number, email and web addresses of the charity are:-

37 - 45 Windsor Street

Liverpool, L8 1XE

Telephone 0151 709 2643

Email Address info@chinesewellbeing.co.uk Web address www.Chinesewellbeing.co.uk

The registered office of the charity for Companies Act purposes is:-

23 Argyle Street

Liverpool

L1 5BL

The Trustees in office on the date the report was approved were:-

Mr Andrew Michael Green

Mrs Polly Yee-Ling Green

Dr Simon Siu Man Kan

Mr Oscar Ip

Mrs Helen Owen

Mr James Crook

Mr Stephen Wong

Mr Kai Kwong Simon Wong

XiaoXiao Hou - appointed 09/05/2024

The following persons served as Trustees during the year ended 31 March 2025 :-

The trustees who served as a trustee in the reporting period were as shown above.

All the trustees are also members of the charity.

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The objectives of the charity are set out in the Memorandum of Association of 27th November 1989 as amended by the Extraordinary General Meeting of 5th November 1990, and incorporated in the Companies Act 2006 compliant revision of the Memorandum and Articles of

Chinese Wellbeing of 2015. They are:

1. to promote the education of people in the principles and practice of good citizenship and service to the community
2. to promote and provide social services of a charitable nature for the benefit primarily but not exclusively of Chinese persons resident within the area with the objective of improving the conditions of life of the persons to whom such services are provided
3. to advance the education of unemployed persons, in particular those of Chinese origins, who are in need of assistance by providing them with vocational training

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The main activities undertaken in relation to those purposes during the year.

Chinese Wellbeing delivers a suite of services that aim to:

- Enable independent living.
- Promote physical, mental, social and economic well-being.
- Support community involvement.
- Enable a better route for community engagement.
- Advocate on behalf of our clients – and help them develop and use their own voices.
- Provide information – to clients and about the needs of our client, to Government, local agencies and the community at large.

Ensuring that the Work of the Organisation Delivers our Aims

The activities of Chinese Wellbeing are built around our experience and understanding of the specific needs of our clients which are driven by the following characteristics:

- Reluctance on the part of many in the community to seek help due to social stigma and lack of understanding about how the system works and what services are available.
- Problems in accessing and beneficially using mainstream services because of language difficulties and cultural barriers.
- A lack of knowledge and skills in self-care and self-support, particularly in the areas of mental health and preventing and managing chronic diseases.
- Social isolation due to language difficulties and disabilities, particularly amongst older people and those with learning difficulties and their carers.
- A lack of support and confidence to venture out of the 'Chinese Comfort Zone' and become involved in wider community activities.

To address these issues Chinese Wellbeing acts as a facilitator and conduit between its Service Users and their extended families and mainstream care services. We have continued to hold presentations, awareness sessions and consultation events with partners to educate the community in areas of health and wellbeing which have previously been difficult to access.

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The main activities undertaken during the year to further the charity's purpose for the public benefit.

How our Activities Deliver Public Benefit.

The activities of Chinese Wellbeing provide public benefit directly through the support that it gives to its clients, but it also provides public benefit by providing a link between the Chinese community and other agencies so that they can fulfil their obligations more cost effectively and inclusively. All the activities that Chinese Wellbeing carries out are of a social or charitable nature, undertaken to further the charitable objectives of the organisation which are set out above.

Who has Used and Benefited from our Services?

Chinese Wellbeing provides services for the benefit primarily but not exclusively of Chinese people resident within the area of Merseyside and the Liverpool City-Region. The direct beneficiaries of Chinese Wellbeing's activities are primarily those who consider themselves to be Chinese, but we also provide services to people who are not Chinese but are in need of support and are happy to receive that support from Chinese Wellbeing.

The majority of direct service users are of Chinese origin, with an age range between 55 and 95 years. The gender balance of beneficiaries using the Club services were predominantly female. Generally, most service users live alone, speak little English and live with a range of chronic illnesses and disabilities.

Our long experience and wide knowledge of the Chinese Community enables us to support other agencies and disseminate clear information for the local authorities, the NHS, Central Government, Registered Social Landlords and other charities.

We would also point out that the wider society and its institutions also benefit from our services. Chinese Wellbeing champions integration and encourages members of the Chinese community to engage; it enables social care and healthcare agencies to reach harder to access communities, thus fulfilling their own objectives and targets. Also, by enabling independent living for longer, Chinese Wellbeing helps reduce costs associated with earlier and longer hospital and care facility stays.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

The short term and longer term aims and objectives.

Plans for the Future

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- Invest in training and recruitment.

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The main achievements and performance of the charity during the year.

What Services and Activities were provided?

Services are delivered through the following key activities:

Personal Wellbeing Service

The service provides non-regulated activity via a Personal Assistant to support the client to sustain an independent life style whilst still living at home and is chargeable.

Evergreen Wellbeing Club

Evergreen continued its' activities throughout the year both face to face and online which include singing, British Gymnastics Foundation Love to Move exercise programme, Pom-pom dancing, Nordic Walking, cookery, crown green bowling, online arts and craft sessions which all help to keep people connected and stimulated.

The 'Healthy Life style sessions, included talks on cancer screening, vaccinations, energy savings, dementia, brain health, online scams, mental health, Lasting Power of Attorney's and Wills.

Birthday and seasonal events such as Christmas and Chinese New Year are important to our Club members and the community in general. Special thanks to the Mayflower Restaurant for hosting this year's Chinese New Year celebrations.

The Power of Music Fund: Music for All Grant Award

We were successful in our application for a grant for the further development and expansion of our dementia friendly choir. During the year the choir performed at the following events accompanied by Nannan Lu and our Trustee, Dr Xiaoxiao Hou on the guzheng:

Mental Health Awareness Day at Liverpool Central Library.

Evergreen Club Chinese New Year Celebration- A special performance attended by Merseyside Police officers, neighborhood managers, and distinguished guests. Participants proudly sang traditional Chinese New Year songs, embracing their heritage while connecting with the wider Liverpool community.

BBC Radio Merseyside Dementia Information event.

Special thanks to Dr Xiaoxiao Hou for her continued support and musical direction.

NHS Health & Wellbeing Dementia Project

Tea House Reminiscence®/Liverpool Chinese Dementia Network

During the period we were pleased to have been able to continue our monthly Tea House Reminiscence® and to further develop our pre and post diagnostic support services including our Chinese Dementia Support Network. Demand for our services continues to grow which is testament to the hard work of our bi-lingual Dementia Champions, Angel, Maggie and Julie in raising awareness of dementia and their efforts in reducing the social stigma which exists within the community. The Network is open to anyone who has memory problems or who has received a recent diagnosis and their family carers. Members of the Network completed the pilot Post Diagnostic Support Programme developed by Mersey Care but which was culturally adapted with support from Chinese Wellbeing. The programme was delivered in Cantonese and was well received. Mersey Care has now invited both Maggie and Angel to attend their Cognitive Stimulation Therapy training later in the year.

Tea House is a registered brand, and is open to anyone over the age of 55 years but particularly aimed at those living with dementia, or at risk of dementia and their family carers. It is a means of helping those with dementia and other memory problems. It provides a safe and memoryrich environment aimed at stimulating participants through a varied activity programme.

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Liverpool City Council Community Champion -Phase 3

The Community Champions (CCs) team was originally set up by Liverpool City Council to support community based programmes to tackle Covid 19, vaccination information, vaccine uptake and to engage with disproportionately impacted communities. During Phase 3 of the project, the focus of this work as directed by Liverpool Public Health is on childhood immunisations and vaccinations, cancer, cardiovascular disease and mental health.

Our CC helped to facilitate events supporting mental health and wellbeing and the health talks mentioned above. In collaboration with Cheshire & Wirral Partnership NHS Foundation Trust our CC made arrangements for the NHS Livewell Bus to be situated at the Chung Wah Supermarket in China Town on 6 occasions throughout the year. Chinese Wellbeing staff team provided language support. The aim was to provide easy access to seasonal vaccinations, physical health checks and for the first time, cervical screening. These events were considered a success with higher than anticipated numbers. Many thanks to Chung Wah Supermarket for supporting these events.

Independent Age: Cost of Living Support Programme

Enabled us to provide support to the over 65's to access welfare benefits and other cost of living initiatives such as energy savings and the Household Voucher Support Scheme. Funding ended under this grant in October 2024.

Independent Age: Older People's Fund

We were delighted to have been awarded a new grant from Independent Age to provide cost of living support to women over 65 from racially minoritised groups. The funding will enable Chinese Wellbeing to expand our bilingual welfare benefit support service further afield.

The grant commenced in February 2025 and is for a period of 3 years.

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Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

Governance and Structure.

Chinese Wellbeing is a company limited by guarantee and a registered charity. Membership of the organisation is open only to the Trustees and the business of Chinese Wellbeing is managed by the Trustees, who meet regularly as a Board. The trustees, act on a voluntary basis and are not in receipt of any remuneration from Chinese Wellbeing. The Articles of Association stipulate that there are to be at least 3, and no more than 15 trustees; The Board of Trustees currently numbers 9.

The Board meets on a regular 6-weekly cycle unless there are particular issues to be addressed that require additional meetings.

Advisors

The Articles of Association provide for the Board to maintain an advisory panel. In the course of the year, the organisation benefitted from retaining the services of a firm of solicitors for specific guidance in Employment Law. The Board has been further strengthened with support from Special Advisors Tim Passey, Arnas Tamasauskas and Colin Ling who continues to support the organization on a voluntary basis since stepping down as CEO in May 2024.

Recruitment and Induction of Trustees

Following our recruitment efforts through Reach Volunteering in the previous year, we appointed a new trustee Xiaoxiao Hou in July 2024.

Financial review

The charity's financial position at the end of the year ended 31 March 2025

The financial position of the charity at 31 March 2025 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2025	2024
	£	£
Net income	(10,933)	(53,907)
Unrestricted Revenue Funds available for the general purposes of the charity	150,827	161,760
Total Unrestricted Funds	150,827	161,760
Total Funds	150,827	161,760

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Trustees' Annual Report for the year ended 31 March 2025

Financial review of the position at the reporting date, 31 March 2025 .

Income

The withdrawal from domiciliary care was completed March 2024. In the last financial year approximately 34 % of our income derived from delivering community support under a Direct Payment and supporting carers under the Carers Voucher Scheme on behalf of Liverpool City Council.

Grant income accounted for 47.5% with the balance being made up of individuals paying for services supporting independent living and translation and interpretation services mainly for key stakeholders. We are continually assessing other potential areas for income generation.

Policies on reserves.

Reserves Policy

Chinese Wellbeing has been very mindful of the risk to its operations arising from pressure on public funding. The Trustees consider it to be prudent in these circumstances to keep 3 months running costs in reserve and sufficient funds for potential redundancy payments of an amount in excess of £110,000.

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Investment policy and investment objectives.

Chinese Wellbeing operates a prudent reserves policy, and a prudent investment policy. The Board of Trustees is mindful of the recent volatility and unreliability of financial products and has opted for the investment of its funds in low risk commercial products.

Details of The Independent Examiner

Tracey Pritchard BA FCA

Member of Member of Institute of Chartered Accountants in England & Wales

255 Poulton Road

Wallasey

Merseyside

CH44 4BT

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Trustees' Annual Report for the year ended 31 March 2025

Statement of the Directors' and Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 14 to 38.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016)

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 5 NOV 2025.

ANDY GREEN
Director and Trustee



Chinese Wellbeing

Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 31 March 2025

I report to the Trustees on my examination of the financial statements of the charitable company on pages 14 to 38 for the year ended 31 March 2025 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , and under the historical cost convention and the accounting policies set out on page 19.

Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report

As described on page 11, you, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a) examine the financial statements of the charity under Section 145 of the Act;
- b) follow the applicable procedures in the Directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of Independent Examiner's Statement and scope of work undertaken

Since the charitable company's gross income exceeded £250,000, the charitable company's examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am an authorised member of Member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

Chinese Wellbeing

Independent Examiner's Statement, Report and Opinion

Attention is drawn to the accounting policy stating that, notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, and in order to accord with current best practice, the Trustees have determined to prepare the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), . I concur with this approach, and any references in my report to the regulations should be read subject to this comment.

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

The gross income of the charitable company in the year ended 31 March 2025 appears to exceed the sum specified in Section 145(3) of the Act, namely £250000, and that I am qualified to act as Independent Examiner in accordance with that section by virtue of my being a qualified member of Member of Institute of Chartered Accountants in England & Wales;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:-



Tracey Pritchard BA FCA - Independent Examiner

Member of Institute of Chartered Accountants in England & Wales

255 Poulton Road
Address 2 insert on data work sheet row 37
Wallasey
Merseyside
CH44 4BT

This report was signed on 5/11/ 2025

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2025

Statement of Financial Activities (including the Income and Expenditure Account for the year ended 31 March 2025, as required by the Companies Act 2006)

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2025	2025	2025	2024
		£	£	£	£
Income & Endowments from:					
Donations & Legacies	A1	9,367	102,222	111,589	113,211
Charitable activities	A2	137,915	-	137,915	327,296
Investments	A4	1,443	-	1,443	2,015
Total income	A	148,725	102,222	250,947	442,522
Expenditure on:					
Charitable activities	B2	159,633	102,222	261,855	496,429
Total expenditure	B	159,658	102,222	261,880	496,429
Net movement in funds		(10,933)	-	(10,933)	(53,907)
Reconciliation of funds:-					
Total funds brought forward		161,760	-	161,760	215,667
Total funds carried forward		150,827	-	150,827	161,760

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 19 to 38 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2025

Chinese Wellbeing - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £
Income & Endowments from:				
Donations & Legacies	A1	28,729	84,482	113,211
Charitable activities	A2	327,296	-	327,296
Other trading activities	A3	-	-	-
Investments	A4	2,015	-	2,015
Other	A5	-	-	-
Total income	A	<u>358,040</u>	<u>84,482</u>	<u>442,522</u>
Expenditure on:				
Charitable activities	B2	411,947	84,482	496,429
Total expenditure	B	<u>411,947</u>	<u>84,482</u>	<u>496,429</u>
Net income after transfers		<u>(53,907)</u>	<u>-</u>	<u>(53,907)</u>
Net movement in funds		<u>(53,907)</u>	<u>-</u>	<u>(53,907)</u>
Reconciliation of funds:-	E			
Total funds brought forward		215,667	-	215,667
Total funds carried forward		<u>161,760</u>	<u>-</u>	<u>161,760</u>

All activities derive from continuing operations

The notes attached on pages 19 to 38 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2025

Movements in revenue and capital funds for the year ended 31 March 2025

Revenue accumulated funds

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Last year Total Funds 2024 £
Accumulated funds brought forward	161,760	-	161,760	215,667
Recognised gains and losses before transfers	(10,933)	-	(10,933)	(53,907)
	<u>150,827</u>	<u>-</u>	<u>150,827</u>	<u>161,760</u>
Closing revenue funds	<u>150,827</u>	<u>-</u>	<u>150,827</u>	<u>161,760</u>

Summary of funds

	Unrestricted and Designated funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Last Year Total Funds 2024 £
Revenue accumulated funds	150,827	-	150,827	161,760
Total funds	<u>150,827</u>	<u>-</u>	<u>150,827</u>	<u>161,760</u>

Restricted grants of £34,147 were received in advance and have been carried forward as deferred income (see note 9).

The notes attached on pages 19 to 38 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2025

**Chinese Wellbeing
Income and Expenditure Account for the year ended 31 March 2025 as required by the
Companies Act 2006**

	2025 £	2024 £
Income		
Income from operations	249,504	440,507
Interest receivable	1,443	2,015
Gross income in the year before exceptional items	<u>250,947</u>	<u>442,522</u>
Gross income in the year including exceptional items	<u>250,947</u>	<u>442,522</u>
Expenditure		
Charitable expenditure, excluding depreciation and amortisation	260,012	494,298
Depreciation and amortisation	343	451
Governance costs	1,500	1,680
Total expenditure in the year	<u>261,880</u>	<u>496,429</u>
Net income before tax in the financial year	(10,933)	(53,907)
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	<u>(10,933)</u>	<u>(53,907)</u>
Gift Aid donations made	-	-
Retained surplus for the financial year	<u>(10,933)</u>	<u>(53,907)</u>

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 19 to 38 form an integral part of these accounts.

Chinese Wellbeing - Balance Sheet as at 31 March 2025

	Note	SORP Ref	2025 £	2024 £
Fixed assets				
Tangible assets	10	A A2	1,066	1,409
Total fixed assets			<u>1,066</u>	<u>1,409</u>
Current assets				
Debtors	11	B B2	13,497	11,896
Cash at bank and in hand		B4	173,665	164,347
Total current assets			<u>187,162</u>	<u>176,243</u>
Creditors: amounts falling due within one year	12	C1	<u>(37,401)</u>	<u>(15,892)</u>
Net current assets			149,761	160,351
The total net assets of the charity			<u>150,827</u>	<u>161,760</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Unrestricted Funds

Unrestricted Revenue Funds	15	D3	150,827	161,760
			<u>150,827</u>	<u>161,760</u>
Total charity funds			<u>150,827</u>	<u>161,760</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 13.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.

ANDY GREEN



Trustee

Approved by the board of trustees on 5 NOV 2025

The notes attached on pages 19 to 38 form an integral part of these accounts.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2025

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Risks and future assumptions

The charity is a public benefit entity.

The Trustees examined the major strategic, business and operational risks that the charity faces. Following a review and assessment of these risks, the Trustees have formulated management policies and implemented internal controls to mitigate risks to the charity.

Policies relating to categories of income and income recognition.

Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Categories of Income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2025

Accounting for deferred income and income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the recipient charity, is accounted for as a liability and shown on the balance sheet as deferred income. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

Policies relating to expenditure on goods and services provided to the charity.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Policies relating to assets, liabilities and provisions and other matters.

Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Plant and machinery	33.3 % straight line
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A regular annual review of the likelihood of asset impairment is undertaken.

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Liabilities are measured at their settlement amount. A liability is recognised for the the amount the Charity anticipates it will pay to settle the deb or the amount it has received as an advance payment for goods or services it must provide.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2025

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

There are no endowment funds.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

There are no significant implications of such matters.

5 Net surplus before tax in the financial year

	2025	2024
	£	£
The net surplus before tax in the financial year is stated after charging:-		
Depreciation of owned fixed assets	343	451
Pension costs	5,549	10,840

6 Staff costs and emoluments

<i>Salary costs</i>	2025	2024
	£	£
Gross Salaries excluding trustees and key management personnel	206,478	430,620
Employer's operating costs of defined contribution pension schemes	5,549	10,840
Redundancy Payment	13,584	-
Total salaries, wages and related costs	225,611	441,460

<i>Numbers of full time employees or full time equivalents</i>	2025	2024
The average number of total staff employed in the year was	19	29
Engaged on charitable activities	19	29

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior year.

No employees received emoluments (excluding pension costs) in excess of £60,000 per annum.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2025

7 Defined contribution pension schemes

Any liabilities and assets associated with the scheme are shown under debtors and creditors.

8 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

9 Deferred income - Restricted funds

<i>Current Year</i>	Opening Deferrals	Released from prior years	Received less released in year	Deferred at year end
	£	£	£	£
Innovations in Dementia - DEEP	3,987	-	-	3,987
LCC Community Champion	-	-	12,500	12,500
Independent Age Cost of Living	3,043	(3,043)	-	-
NIHR	-	-	4,500	4,500
Independent Age Older People's Fund	-	-	13,160	13,160
Total	7,030	(3,043)	30,160	34,147
			2025	2024
			£	£
These deferrals are included in creditors			34,147	7,030

<i>Prior Year</i>	Opening Deferrals	Released from prior years	Received less released in year	Deferred at year end
	£	£	£	£
Innovations in Dementia - DEEP	3,987	-	-	3,987
PH Holt	10,000	(10,000)	-	-
LCVS Health & Wellbeing	2,792	(2,792)	-	-
Community Forest Trust	2,165	(2,165)	-	-
LCC Community Champion	6,250	(6,250)	-	-
Independent Age Cost of Living	-	-	3,043	3,043
Total	25,194	(21,207)	3,043	7,030
			2024	2023
			£	£
These deferrals are included in creditors			7,030	25,194

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2025

10 Tangible fixed assets

<i>Current Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
At 1 April 2024	-	76,820	-	76,820
At 31 March 2025	<u>-</u>	<u>76,820</u>	<u>-</u>	<u>76,820</u>
Depreciation				
At 1 April 2024	-	75,411	-	75,411
Charge for the year	-	343	-	343
At 31 March 2025	<u>-</u>	<u>75,754</u>	<u>-</u>	<u>75,754</u>
Net book value				
At 31 March 2025	<u>-</u>	<u>1,066</u>	<u>-</u>	<u>1,066</u>
At 31 March 2024	<u>-</u>	<u>1,409</u>	<u>-</u>	<u>1,409</u>
<i>Prior Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
01 April 2023	-	76,820	-	76,820
Additions	-	-	-	-
31 March 2024	<u>-</u>	<u>76,820</u>	<u>-</u>	<u>76,820</u>
Depreciation				
01 April 2023	-	74,960	-	74,960
Charge for the year	-	451	-	451
31 March 2024	<u>-</u>	<u>75,411</u>	<u>-</u>	<u>75,411</u>
Net book value				
31 March 2024	<u>-</u>	<u>1,409</u>	<u>-</u>	<u>1,409</u>
01 April 2023	<u>-</u>	<u>1,860</u>	<u>-</u>	<u>1,860</u>

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2025

11 Debtors

	2025	2024
	£	£
Trade debtors	7,697	5,146
Other debtors	5,800	6,750
	<u>13,497</u>	<u>11,896</u>

12 Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals	1,635	1,620
Deferred Income - Restricted funds	34,147	7,030
PAYE, NIC VAT and other taxes	505	5,154
Other creditors	1,114	2,088
	<u>37,401</u>	<u>15,892</u>

13 Income and Expenditure account summary

	2025	2024
	£	£
At 1 April 2024	161,760	215,667
Surplus after tax for the year	(10,933)	(53,907)
At 31 March 2025	<u>150,827</u>	<u>161,760</u>

14 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2025	Unrestricted funds	Designated funds	Restricted funds	Total Funds
	£	£	£	£
Tangible Fixed Assets	1,066	-	-	1,066
Current Assets	153,015	-	34,147	187,162
Current Liabilities	(3,254)	-	(34,147)	(37,401)
	<u>150,827</u>	<u>-</u>	<u>-</u>	<u>150,827</u>

At 1 April 2024	Unrestricted funds	Designated funds	Restricted funds	Total Funds
	£	£	£	£
Tangible Fixed Assets	1,409	-	-	1,409
Current Assets	169,213	-	7,030	176,243
Current Liabilities	(8,862)	-	(7,030)	(15,892)
	<u>161,760</u>	<u>-</u>	<u>-</u>	<u>161,760</u>

Restricted grants of £34,147 were received in advance and have been carried forward as deferred income (see note 9).

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2025

15 Change in total funds over the year as shown in Note 14 , analysed by individual funds

	Funds brought forward from 2024	Movement in funds in 2025	Transfers between funds in 2025	Funds carried forward to 2026
	£	See Note 16 £	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	161,760	(10,933)	-	150,827
Total unrestricted and designated funds	161,760	(10,933)	-	150,827
Total charity funds	161,760	(10,933)	-	150,827

16 Analysis of movements in funds over the year as shown in Note 15

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2025 £	2025 £	2025 £	2025 £
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	148,725	(159,658)	-	(10,933)
<i>Restricted funds:-</i>				
LCC Community Resource Grant	15,514	(15,514)	-	-
Salford Royal NHS Trust	500	(500)	-	-
NIHR	500	(500)	-	-
LCC Community Champion	17,500	(17,500)	-	-
LCVS Health & Wellbeing	25,231	(25,231)	-	-
University of Liverpool	1,620	(1,620)	-	-
Pine Court Housing Association	1,500	(1,500)	-	-
PH Holt	10,000	(10,000)	-	-
Independent Age Older People's Fund	6,581	(6,581)	-	-
Independent Age Cost of Living	3,043	(3,043)	-	-
Independent Age - Cost of Living 2	18,253	(18,253)	-	-
Power of Music	1,980	(1,980)	-	-
	250,947	(261,880)	-	(10,933)

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2025

17 The purposes for which the funds as

Unrestricted and designated funds:-

Unrestricted Revenue Funds

These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

18 Ultimate controlling party

The charity is under the control of its legal members.

Every member of the charity is obliged to contribute such amount as may be required not exceeding £10 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

19 Donations, Grants and Legacies

	Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total Funds 2024 £
Donations and gifts from individuals				
Small donations individually less than £1000	3,037	-	3,037	2,403
Feeding Liverpool Food Aid	-	-	-	1,326
Total donations and gifts from individuals	3,037	-	3,037	3,729

Donations and gifts from individuals (Include HMRC refunds on gift aided donations) - Prior Year analysis

	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £	
Prior year	3,729	-	3,729	
	Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total Funds 2024 £
Revenue grants from government and public bodies				
Liverpool City Council	-	15,514	15,514	14,000
LCVS - NHS Health & Wellbeing	-	25,231	25,231	15,357
LCC Community Champion	-	17,500	17,500	25,000
Salford Royal NHS Trust	-	500	500	-
Community Forest Trust	-	-	-	2,165
NIHR	-	500	500	-
Postcode Neighbourhood Trust	-	-	-	25,000
Total public sector revenue grants	-	59,245	59,245	81,522

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

Revenue grants from government and public bodies - Prior Year analysis

	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £	
Prior Year	25,000	56,522	81,522	
	Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total Funds 2024 £
Revenue grants and donations from non public bodies				
Small grants individually less than £1000	-	-	-	750
Power of Music	-	1,980	1,980	-
University of Liverpool	-	1,620	1,620	-
Pine Court Housing Association	-	1,500	1,500	2,000
PH Holt	-	10,000	10,000	10,000
Independent Age	-	27,877	27,877	15,210
Total private sector revenue grants	-	42,977	42,977	27,960

Revenue grants and donations from non public bodies (Include Gift Aid donations from subsidiaries) - Prior Year analysis

	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £
Prior Year	-	27,960	27,960

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

	Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total Funds 2024 £
Carer vouchers				
LCC Carer vouchers	6,330	-	6,330	-
Total Carer vouchers	6,330	-	6,330	-

Total Donations, Grants and Legacies

<i>Current year</i>		Unrestricted Funds 2025 £	Restricted Funds 2025 £	Current Year Total Funds 2025 £	Prior Year Total Funds 2024 £
Total Donations, Grants and Legacies	A1	9,367	102,222	111,589	113,211
<i>Prior year</i>		Unrestricted Funds 2024 £	Restricted Funds 2024 £	Prior Year Total Funds 2024 £	
Total Donations, Grants and Legacies	A1	28,729	84,482	113,211	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

20 Income from charitable activities - Trading Activities

<i>Current year</i>	Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total funds 2024 £
Primary purpose and ancillary trading				
Luncheon club monies	1,480	-	1,480	726
Domicilliary and other services	136,435	-	136,435	326,570
Total Primary purpose and ancillary trading	137,915	-	137,915	327,296
<i>Prior year</i>	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £	
Primary purpose and ancillary trading				
Luncheon club monies	726	-	726	
Domicilliary and other services	326,570	-	326,570	
Total Primary purpose and ancillary trading	327,296	-	327,296	

21 Total Income from charitable activities

<i>Current year</i>	Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total Funds 2024 £
Total income from charitable trading	137,915	-	137,915	327,296
Total from charitable activities A2	137,915	-	137,915	327,296

Income from charitable activities - Prior Year analysis

<i>Prior year</i>	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £
Total income from charitable trading	327,296	-	327,296
	327,296	-	327,296

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

22 Investment income

		Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total Funds 2024 £
Bank Interest Receivable		1,443	-	1,443	2,015
Total investment income	A4	1,443	-	1,443	2,015

Investment income - Prior Year analysis

	Unrestricted Funds	Restricted Funds	Total Funds
Prior Year	2,015	-	2,015

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

23 Expenditure on charitable activities - Direct spending

<i>Current Year</i>	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds		
	2025	2025	2025	2024
	£	£	£	£
Gross wages and salaries - charitable activities	110,267	96,211	206,478	430,620
Defined contribution pension costs - charitable activities	5,549	-	5,549	10,840
Travel and Subsistence - Charitable Activities	4,691	-	4,691	16,237
Marketing and advertising of charitable services	-	-	-	101
Redundancy Payment	13,584	-	13,584	-
Training costs	1,404	-	1,404	1,641
Costs of activities and events	-	6,000	6,000	6,451
Total direct spending	135,495	102,211	237,706	465,890
<i>Prior Year</i>	Prior Year	Prior Year	Prior Year	
	Unrestricted	Restricted	Total Funds	
	Funds	Funds		
	2024	2024	2024	
	£	£	£	
Gross wages and salaries - charitable activities	347,173	83,447	430,620	
Defined contribution pension costs - charitable activities	10,840	-	10,840	
Travel and Subsistence - Charitable Activities	16,237	-	16,237	
Marketing and advertising of charitable services	101	-	101	
Training costs	1,641	-	1,641	
Costs of activities and events	5,551	900	6,451	
Total direct spending	381,543	84,347	465,890	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

24 Support costs for charitable activities

<i>Current Year</i>	Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total Funds 2024 £
<i>Premises Expenses</i>				
Rent payable under operating leases	10,006	-	10,006	12,822
Cleaning and waste management	4	-	4	-
Premises repairs, renewals and maintenance	280	-	280	-
<i>Administrative overheads</i>				
Telephone, fax and internet	2,724	-	2,724	2,329
Stationery and printing	1,102	-	1,102	1,643
Membership subscriptions	119	-	119	454
Hire of equipment	816	-	816	-
Software licences and expenses	2,072	-	2,072	4,663
Health and safety costs	-	-	-	283
Liability and contents insurance	1,931	-	1,931	3,359
Sundry expenses	-	-	-	-
Equipment, repairs, expenses and maintenance	-	-	-	122
Licences & Permits	985	-	985	414
<i>Professional fees paid to advisors other than the auditor or examiner</i>				
Other legal and professional	1,800	-	1,800	1,800
<i>Financial costs</i>				
Bank charges	467	-	467	519
Depreciation & Amortisation in total for	332	11	343	451
Support costs before reallocation	22,638	11	22,649	28,859
Total support costs - Current Year	22,638	11	22,649	28,859

The basis of allocation of costs between activities is described under accounting policies

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

	Current year Unrestricted Funds	Current year Restricted Funds	Prior Year Total Funds
<i>Prior Year</i>	2024	2024	2024
	£	£	£
<i>Premises Expenses</i>			
Rent payable under operating leases	12,822	-	12,822
<i>Administrative overheads</i>			
Telephone, fax and internet	2,329	-	2,329
Stationery and printing	1,643	-	1,643
Membership subscriptions	332	122	454
Software licences and expenses	4,663	-	4,663
Health and safety costs	283	-	283
Liability and contents insurance	3,359	-	3,359
Equipment, repairs, expenses and maintenance	122	-	122
Licences & Permits	414	-	414
<i>Professional fees paid to advisors</i>			
Other legal and professional	1,800	-	1,800
<i>Financial costs</i>			
Bank charges	519	-	519
Depreciation & Amortisation in total for	438	13	451
<i>Support costs before reallocation</i>	28,724	135	28,859
Total support costs - Prior Year	28,724	135	28,859

The basis of allocation of costs between activities is described under accounting policies

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2025 as required by the SORP 2015

25 Other Expenditure - Governance costs

	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds		
<i>Current Year</i>	2025	2025	2025	2024
	£	£	£	£
Independent Examiner's fees	1,500	-	1,500	1,680
Total Governance costs	1,500	-	1,500	1,680
	Prior Year	Prior Year	Prior Year	
	Unrestricted	Restricted	Total Funds	
	Funds	Funds		
<i>Prior Year</i>	2024	2024	2024	
	£	£	£	
Independent Examiner's fees	1,680	-	1,680	
Total Governance costs	1,680	-	1,680	

26 Total Charitable expenditure

		Current year	Current year	Current year	Prior Year
		Unrestricted	Restricted	Total Funds	Total Funds
		Funds	Funds		
<i>Current Year</i>		2025	2025	2025	2024
		£	£	£	£
Total direct spending	B2a	135,495	102,211	237,706	465,890
Total support costs	B2d	22,638	11	22,649	28,859
Total Governance costs	B2e	1,500	-	1,500	1,680
Total charitable expenditure	B2	159,633	102,222	261,855	496,429
		Prior Year	Prior Year	Prior Year	
		Unrestricted	Restricted	Total Funds	
		Funds	Funds		
<i>Prior Year</i>		2024	2024	2024	
		£	£	£	
Total direct spending	B2a	381,543	84,347	465,890	
Total support costs	B2d	28,724	135	28,859	
Total Governance costs	B2e	1,680	-	1,680	
Total charitable expenditure	B2	411,947	84,482	496,429	

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2025

This analysis is classified by activity and not by conventional nominal descriptions.

27 Analysis of income by activity

Activity	SOFA ref	2025 £	2024 £
Income from charitable activities			
Luncheon Club		14	642
Chinese Wellbeing		13,406	5,050
Community Support Service		87,953	281,315
Personal Wellbeing		36,542	40,289
Total Income from charitable activities	A2	137,915	327,296
Summary of Total Income, including the items above			
Charitable activities	A2	137,915	327,296
Donations & Legacies	A1	111,589	113,211
Investment income	A4	1,443	2,015
Total income as shown in the SOFA	A	250,947	442,522
Categories of income			
Income from exchange transactions		250,947	442,522
		250,947	442,522

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2025

28 Analysis of charitable expenditure by activity

Activity	Direct costs	Support costs	Grant funding of activities	Total	Total
	2025	2025	2025	2025	2024
	£	£	£	£	£
Luncheon Club					
Direct costs	15,528	-	-	15,528	14,955
Administrative overheads	-	-	-	-	122
Financial costs	-	11	-	11	13
Total Luncheon Club	15,528	11	-	15,539	15,090
Chinese Wellbeing					
Direct costs	79,968	-	-	79,968	67,821
Premises expenses	-	10,290	-	10,290	12,822
Administrative overheads	-	8,903	-	8,903	9,092
Professional fees	-	1,800	-	1,800	1,800
Financial costs	-	738	-	738	880
Overheads recharged	-	-	-	-	(25,402)
Total Chinese Wellbeing	79,968	21,731	-	101,699	67,013
Community Support Service					
Direct costs	121,134	-	-	121,134	360,215
Administrative overheads	-	835	-	835	3,969
Overheads recharged	-	-	-	-	20,322
Total Community Support Service	121,134	835	-	121,969	384,506

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2025

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2025	2025	2025	2025	2024
	£	£	£	£	£
Personal Wellbeing					
Direct costs	21,076	-	-	21,076	22,899
Administrative overheads	-	11	-	11	84
Financial costs	-	61	-	61	77
Overheads recharged	-	-	-	-	5,080
Total Personal Wellbeing	21,076	72	-	21,148	28,140

Summary of charitable costs by activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2025	2025	2025	2025	2024
	£	£	£	£	£
Total Luncheon Club	15,528	11	-	15,539	15,090
Total Chinese Wellbeing	79,968	21,731	-	101,699	67,013
Total Community Support Service	121,134	835	-	121,969	384,506
Total Personal Wellbeing	21,076	72	-	21,148	28,140
Total Overheads recharged	-	-	-	-	-
Total Governance costs as detailed in Note 25	-	1,500	-	1,500	1,680
Total charitable expenditure	237,706	24,149	-	261,855	496,429

The basis of allocation of costs between activities is described under accounting policies

The breakdown of this expenditure by type of spending (ie nominal classification) is detailed in note 26

Analysis of support and governance costs by charitable activities

Activity	Governance	Finance	Human Resources	Other Overheads	Total
Luncheon Club	-	11	-	-	11
Chinese Wellbeing	1,824	738	-	20,993	23,555
Community Support Service	-	-	-	835	835
Personal Wellbeing	-	61	-	11	72
Overheads recharged	-	-	-	-	-
Grand Total	1,500	810	-	21,839	24,149

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2025

29 Analysis of non charitable expenditure by activity

<i>Governance costs</i>	Governance costs 2025 £	Governance costs 2024 £
Other Expenditure - Governance costs as detailed in Note 25	<u>1,500</u>	<u>1,680</u>

CHINESE WELLBEING

England & Wales - Charity number 1001288

Accounts

Company Registration Number - 2446695

The Charity Registration Number is :- 1001288

Chinese Wellbeing
Report and Accounts
31 March 2024

Chinese Wellbeing

Report and accounts for the year ended 31 March 2024

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Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

The Trustees present their annual report and accounts for the year ended 31 March 2024.

As with last year we would like to record our gratitude to those organisations who provided both financial and non-financial support during the year.

These include:

Postcode Neighbourhood Trust
Lloyds Bank Foundation England and Wales
Liverpool City Council
PH Holt
NHS Liverpool Clinical Commissioning Group
Independent Age
Central Liverpool PCN
Pine Court Housing Association
Healthwatch (Liverpool)
Merseycare NHS
NIHR Clinical Research Network

We continue to use our reach into the Chinese community for various engagement exercises for external agencies and to support housing associations.

Our unique ability to engage with the Chinese community for health and wellbeing issues is a strength which we continually strive to develop in an effort to remain sustainable.

Chair's Overview

A year of successes as well as challenges. Through the efforts of our dedicated staff, we have maintained high quality services through the Evergreen Wellbeing Club, Tea House Reminiscence@Liverpool Chinese Dementia Network, Liverpool City Council Community Champion -Phase 3, the extended Greenspace Project, Independent Age: Cost of Living Support Programme and NIHR Clinical Research Network.

However, we have had to withdraw from the delivery of Domiciliary Care and Respite Services. This was not a matter of choice; the much publicised crisis in Social Care funding meant that the City Council was unable to pay a viable rate for the provision of these services. This has been an ongoing problem over a number of years but with the steep increases in costs associated with national and global events post 2020, Chinese Wellbeing was faced with increased costs well above its ability to fund the gap between income and outgoings despite our rigorous approach to cost efficiency. There comes a point at which there is nothing left to cut. The shortfall which we were needing to fund was approaching £10,000 per month. The trustees' decision to pull out of the provision of these services was a very difficult one, particularly since we believe that support given to our clients kept them out of publicly funded health care and residential care at a fraction of the cost that would have to be borne by the public purse had they been in publicly funded healthcare and residential care institutions. And of course, the elderly people also had a better quality of life benefitting from culturally and linguistically appropriate support, keeping them mentally engaged and physically more active. We were also mindful of the loss of our cohort of well trained and committed homecare staff. The process of withdrawing from the delivery of these services was complicated by internal difficulties faced by the City Council, but we believe that in the end our pullback was implemented professionally and with the quality that earned us our 'outstanding' status from our Care Quality Commission reviews. It has nevertheless been a bitter pill to swallow.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

The 'fallback' position was that this care would move to a system of 'direct payments' where the responsibility to source, employ and manage the care providers would fall directly onto the elderly and their relatives or friends. We anticipate there being difficulties managing things like sickness stand-ins and cover when care givers return to China for example to fulfil family obligations there. Unfortunately, Chinese Wellbeing will not be in a position to provide direct support.

Notwithstanding these difficulties, Trustees are determined to continue to apply the wealth of experience and the brand status in support of the Chinese community in other ways, and build on the projects and active collaborations that we have in hand.

It only remains for me to acknowledge the support that we have had from funding partners and collaborators, and to thank them all. I'd also like to thank my fellow trustees and those who have agreed to act as board advisors to help bring in new energies and ideas.

Andy Green

Reference and administrative details

The charity name.

The legal name of the charity is:- Chinese Wellbeing.

The charity is also known by its operating name, Chinese Wellbeing.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1001288.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Acts . The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 27 November 1989

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

By operation of law all, trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

The principal operating address, telephone number, email and web addresses of the charity are:-

85-86 Staten Court

Tradewind Square, East Village, Duke Street

Liverpool, L1 5BG

Telephone 0151 709 2643

Email Address info@chinesewellbeing.co.uk Web address www.Chinesewellbeing.co.uk

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

The Trustees in office on the date the report was approved were:-

Mr Andrew Michael Green

Mrs Polly Yee-Ling Green

Dr Simon Siu Man Kan

Mr Oscar Ip

Mrs Helen Owen

Mr James Crook

Mr Stephen Wong

Mr Kai Kwong Simon Wong

The following persons served as Trustees during the year ended 31 March 2024 :-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

All the trustees are also members of the charity.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The objectives of the charity are set out in the Memorandum of Association of 27th November 1989 as amended by the Extraordinary General Meeting of 5th November 1990, and incorporated in the Companies Act 2006 compliant revision of the Memorandum and Articles of Chinese Wellbeing of 2015. They are:

1. to promote the education of people in the principles and practice of good citizenship and service to the community
2. to promote and provide social services of a charitable nature for the benefit primarily but not exclusively of Chinese persons resident within the area with the objective of improving the conditions of life of the persons to whom such services are provided
3. to advance the education of unemployed persons, in particular those of Chinese origins, who are in need of assistance by providing them with vocational training

The main activities undertaken in relation to those purposes during the year.

Chinese Wellbeing delivers a suite of services that aim to:

- Enable independent living.
- Promote physical, mental, social and economic well-being.
- Support community involvement.
- Enable a better route for community engagement.
- Advocate on behalf of our clients – and help them develop and use their own voices.
- Provide information – to clients and about the needs of our client, to Government, local agencies and the community at large.

Ensuring that the Work of the Organisation Delivers our Aims

The activities of Chinese Wellbeing are built around our experience and understanding of the specific needs of our clients which are driven by the following characteristics:

- Reluctance on the part of many in the community to seek help due to social stigma and lack of understanding about how the system works and what services are available.
- Problems in accessing and beneficially using mainstream services because of language difficulties and cultural barriers.
- A lack of knowledge and skills in self-care and self-support, particularly in the areas of mental health and preventing and managing chronic diseases.
- Social isolation due to language difficulties and disabilities, particularly amongst older people and those with learning difficulties and their carers.
- A lack of support and confidence to venture out of the 'Chinese Comfort Zone' and become involved in wider community activities.

To address these issues Chinese Wellbeing acts as a facilitator and conduit between its Service Users and their extended families and mainstream care services. We have continued to hold presentations, awareness sessions and consultation events with partners to educate the community in areas of health and wellbeing which have previously been difficult to access.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

The main activities undertaken during the year to further the charity's purpose for the public benefit.

How our Activities Deliver Public Benefit.

The activities of Chinese Wellbeing provide public benefit directly through the support that it gives to its clients, but it also provides public benefit by providing a link between the Chinese community and other agencies so that they can fulfil their obligations more cost effectively and inclusively. All the activities that Chinese Wellbeing carries out are of a social or charitable nature, undertaken to further the charitable objectives of the organisation which are set out above.

Who has Used and Benefited from our Services?

Chinese Wellbeing provides services for the benefit primarily but not exclusively of Chinese people resident within the area of Merseyside and the Liverpool City Region. The direct beneficiaries of Chinese Wellbeing's activities are primarily those who consider themselves to be Chinese, but we also provide services to people who are not Chinese but are in need of support and are happy to receive that support from Chinese Wellbeing.

For the year ending March 2024, Chinese Wellbeing had regular contact with over 200 service users receiving Domiciliary Care, Personal Wellbeing Services, Independent Age Cost of Living Support or using Evergreen Wellbeing Club. The majority of direct service users are elderly and of Chinese origin, with an age range between 40 and 100 years. The gender balance of beneficiaries receiving personal care and support continues to remain approximately equal, while the beneficiaries using the club services were predominantly female. Generally, most service users live alone, speak little English and live with a range of chronic illnesses and disabilities.

Our long experience and wide knowledge of the Chinese Community enables us to support other agencies and disseminate clear information for the local authorities, the NHS, Central Government, Registered Social Landlords and other charities.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

The short term and longer term aims and objectives.

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- We will seek to develop successful services such as Tea House Reminiscence®, Personal Wellbeing Service and Evergreen Wellbeing Club
- Invest in training and recruitment.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

The main achievements and performance of the charity during the year.

What Services and Activities were provided?

Services are delivered through the following key activities:

Domiciliary Care and Respite Services

We have for many years provided personal care and support that is responsive and sensitive to the language and cultural needs of those who are elderly and /or with disabilities and living at home or in other types of housing. By doing so we have helped the local authority fulfil its statutory requirements to consider these issues when delivering care services, and we believe that we have also reduced costs to the public purse by keeping people out of publicly funded medical and residential facilities for longer as well as giving the elderly a better quality of life. Bilingual staff and cultural awareness ensured a specialised service which is not available elsewhere locally. However, despite Chinese Wellbeing having managed its finances and costs with extreme prudence, for many years, the hourly rate paid by the Local Authority has been insufficient to meet the full cost of care. That has meant that Chinese Wellbeing has had to subsidise the delivery of the service through fundraising and through our reserves. As a specialist provider, we are faced with some costs that major generic providers do not have, and also we do not have the economies of scale enjoyed by the larger providers. All providers have faced significantly increased costs, and with no uplift in the hourly rate offered, to properly reflect for example the National Living Wage, the gap between income and cost of service delivery has now become far too great to bridge – despite very strenuous efforts to keep costs as low as possible and seek other funding wherever possible. The Trustees key responsibility is for financial prudence and therefore they took the difficult decision to withdraw from home care. Notice of withdrawal from the service was given to the Local Authority as early as July 2023 but a failure to find alternative providers meant that service users were not fully transferred to alternative care until 1st March 2024. This also resulted in a number of redundancies in the Home Care Assistants team and a fundamental rethink of the scale, structure and activities of Chinese Wellbeing.

Personal Wellbeing Service

This is a service introduced in April 2013 to replace the Supported Living Service which was de-commissioned by Liverpool City Council in March 2013. The service provides non-regulated activity via a Personal Assistant to support the service user to sustain an independent life style whilst still living at home and is chargeable.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

Evergreen Wellbeing Club

The year got off to a good start when we were presented with an award for 'Great and Valuable Services to the Community' presented by The High Sheriff of Merseyside, Lesley Martin-Wright. This was following a visit to the Club to see and hear first-hand about the positive impact our activities and support has on the lives of the elderly and vulnerable.

We were also pleased to welcome the Lord Lieutenant of Merseyside Mr Mark Blundell who was entertained by our members singing some of their favourite songs and had the chance to view member's latest art works.

The 'Healthy Life style sessions, included talks on cancer screening, vaccinations, lung cancer, NEA energy saving, Marie Curie End of Life talk, dementia, brain health, NIHR Clinical Research Network importance of health research, online scams, Lasting Power of Attorney's and Wills. Evergreen continued its' activities throughout the year both face to face and online which include singing, British Gymnastics Foundation Love to Move exercise programme, Pom-pom dancing, Nordic Walking, cookery, arts and craft sessions which keep people connected and stimulated. These sessions are very popular and attendance figures maintained high levels with members showing off some real artistic and creative talents. Our choir has grown in number and during the year performed to an audience at the Garden Theatre in Calderstones Park for Heritage Day which brought people together to celebrate their herit-age, community and history. In March, members performed at the Liverpool Dementia Action Alliance Dementia Information Day held at the Central Library. We have continued to run a Tablet Loan Scheme originally funded through TNL Power to Change. We have been able to offer data time for those without internet connectivity thanks to Vodafone and technical support to enable elderly members to join our online activities and re connect with friends.

Birthday and seasonal events such as Christmas and Chinese New Year are important to our Club members and the community in general. Special thanks to the Mayflower Restaurant for hosting this year's Chinese New Year celebrations.

Evergreen Club outputs for the year:

1 April 2023 – 31 March 2024

Total number of online and face to face sessions: 140

Total attendances: 2484

Total weekly Interventions i.e. telephone calls, texts, door step visits, emergency shopping trips, vaccination registrations, help with accessing the internet, medication collections: 5,533

NHS Health & Wellbeing Dementia Project

Tea House Reminiscence®/Liverpool Chinese Dementia Network

During the period we were pleased to have been able to continue our monthly Tea House Reminis-cence® and to further develop our pre and post diagnostic support services including our Chinese Dementia Support Network. Demand for our services continues to grow which is testament to the hard work of our bilingual Dementia Champions, Angel and Maggie in raising awareness of dementia and their efforts in reducing the social stigma which exists within the community. The Network is open to anyone who has memory problems or who has received a recent diagnosis and their family carers. Since commencing the services, we have re-established our partnership working with NHS Mersey Care and the Dementia Care Navigator team and have collaborated on a culturally appropriate post diagnostic support programme in Cantonese delivered over 7 sessions with the support of our Dementia Champions.

Tea House is a registered brand, and is open to anyone over the age of 55 years but particularly aimed at those living with dementia, or at risk of dementia and their family carers. It is a means of helping those with dementia and other memory problems. It provides a safe and memory-rich environment aimed at stimulating participants through a varied activity programme.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

Liverpool City Council Community Champion -Phase 3

The Community Champions (CCs) team was originally set up by Liverpool City Council to support community based programmes to tackle Covid 19, vaccination information, vaccine uptake and to engage with disproportionately impacted communities. During Phase 3 of the project, the focus of this work as directed by Liverpool Public Health was on childhood immunisations and vaccinations, cancer and mental health.

Health talks during the year included cancer screening and awareness supported by Central Liverpool PCN and North West Cancer Research. Our Community Champion helped to facilitate events supporting mental health and wellbeing. In collaboration with Cheshire & Wirral Partnership NHS Foundation Trust we arranged for the NHS Livewell Bus to be situated at the Chung Wah Super-market in June and October. Chinese Wellbeing staff team provided language support. The aim was to provide easy access to Covid-19 vaccines and physical health checks. These events were a success reporting a maximum turnout. Many thanks to Chung Wah Supermarket for supporting these events.

Greenspace Project – extended project

Funded through the Green Recovery Challenge Fund-connecting people back to nature, led by Mersey Forest in partnership with LCC, NHS, LJMU, Cheshire Wildlife Trust and the PATT Foundation. The Project provided the opportunity for Club members to explore new local green spaces. Members of the staff team undertook the necessary training and we were able to introduce Nordic Walking, with the appropriate equipment, which gave members the opportunity to learn new techniques and skills to promote and maintain fitness levels. This was extremely popular with members reporting feeling more active and socially connected.

Independent Age: Cost of Living Support Programme

Enables us to provide support to the over 65's to access welfare benefits and other cost of living initiatives such as energy savings and the Household Voucher Support Scheme.

NIHR Clinical Research Network – 5 staff members received training as Community Research Champions to help raise awareness within the community of the importance of engaging in health research. An NIHR funded community event was held in March and provided the opportunity to launch the initiative and introduce the Champions.

Plans for the Future

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- We will seek to develop successful services such as Tea House Reminiscence®, Dementia Support Network, Personal Wellbeing Service and Evergreen Club.
- Invest in training and recruitment.

Chinese Wellbeing

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Trustees' Annual Report for the year ended 31 March 2024

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

Governance and Structure.

Chinese Wellbeing is a company limited by guarantee and a registered charity. Membership of the organisation is open only to the Trustees and the business of Chinese Wellbeing is managed by the Trustees, who meet regularly as a Board. The trustees, act on a voluntary basis and are not in receipt of any remuneration from Chinese Wellbeing. The Articles of Association stipulate that there are to be at least 3, and no more than 15 trustees; The Board of Trustees currently numbers 8. The Board meets on a regular 6-weekly cycle unless there are particular issues to be addressed that require additional meetings.

Advisors

The Articles of Association provide for the Board to maintain an advisory panel. In the course of the year, the organisation benefitted from retaining the services of a firm of solicitors for specific guidance in Employment Law. We have in addition had support from Lloyds Bank Foundation Impact Support Programme through which we have been able to secure the services of a business consultant. Workshops have been held with senior management and the Board of Trustees including potential new trustees to help with the development of a new strategy including the restructure of staff teams and service provision following our exit from home care.

Recruitment and Induction of Trustees

No new trustees were appointed in the course of the year. However, through the Lloyds Bank Foundation Impact Support programme we have had support with our recruitment efforts from Reach Volunteering. As a result we received interest from 4 potential candidates who have attended Board meetings in an advisory capacity.

Financial review

The charity's financial position at the end of the year ended 31 March 2024

The financial position of the charity at 31 March 2024 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2024	2023
	£	£
Net income	(53,907)	(65,972)
Unrestricted Revenue Funds available for the general purposes of the charity	161,760	215,667
Total Unrestricted Funds	161,760	215,667
Total Funds	161,760	215,667

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2024

Financial review of the position at the reporting date, 31 March 2024 .

Income

In the last financial year approximately 63 % of our income derived from delivering domiciliary care on behalf of Liverpool City Council.

The balance is made up of grants and individuals paying for services supporting independent living. We are continually assessing other potential areas for income generation.

Policies on reserves.

Chinese Wellbeing has been very mindful of the risk to its operations arising from the recession and pressure on public funding. The Trustees consider it to be prudent in these circumstances to keep 3 months running costs in reserve and sufficient funds for potential redundancy payments in an amount in excess of £110,000 which reflects the reduced scale of operations.

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Investment policy and investment objectives.

Chinese Wellbeing operates a prudent reserves policy, and a prudent investment policy. The Board of Trustees is mindful of the recent volatility and unreliability of financial products and has opted for the investment of its funds in low risk commercial products.

Details of The Independent Examiner

Tracey Pritchard BA FCA

Member of Member of Institute of Chartered Accountants in England & Wales

255 Poulton Road

Wallasey

Merseyside

CH44 4BT

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2024

Statement of the Directors' and Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 14 to 37.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016)

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 01/10/ 2024.

ANDY GREEN
Director and Trustee



Chinese Wellbeing

Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 31 March 2024

I report to the Trustees on my examination of the financial statements of the charitable company on pages 14 to 37 for the year ended 31 March 2024 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , and under the historical cost convention and the accounting policies set out on page 19.

Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report

As described on page 11, you, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a) examine the financial statements of the charity under Section 145 of the Act;
- b) follow the applicable procedures in the Directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of Independent Examiner's Statement and scope of work undertaken

Since the charitable company's gross income exceeded £250,000, the charitable company's examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am an authorised member of Member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

Chinese Wellbeing

Independent Examiner's Statement, Report and Opinion

Attention is drawn to the accounting policy stating that, notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, and in order to accord with current best practice, the Trustees have determined to prepare the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), . I concur with this approach, and any references in my report to the regulations should be read subject to this comment.

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

The gross income of the charitable company in the year ended 31 March 2024 appears to exceed the sum specified in Section 145(3) of the Act, namely £250000, and that I am qualified to act as Independent Examiner in accordance with that section by virtue of my being a qualified member of Member of Institute of Chartered Accountants in England & Wales;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;

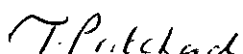
the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:-



Tracey Pritchard BA FCA - Independent Examiner

Member of Institute of Chartered Accountants in England & Wales

255 Poulton Road
Address 2 insert on data work sheet row 37
Wallasey
Merseyside
CH44 4BT

This report was signed on 10/10/ 2024

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2024

Statement of Financial Activities (including the Income and Expenditure Account for the year ended 31 March 2024, as required by the Companies Act 2006)

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2024	2024	2024	2023
		£	£	£	£
Income & Endowments from:					
Donations & Legacies	A1	28,729	84,482	113,211	76,454
Charitable activities	A2	327,296	-	327,296	344,190
Investments	A4	2,015	-	2,015	705
Total income	A	358,040	84,482	442,522	422,539
Expenditure on:					
Charitable activities	B2	411,947	84,482	496,429	488,511
Total expenditure	B	411,947	84,482	496,429	488,511
Net movement in funds		(53,907)	-	(53,907)	(65,972)
Reconciliation of funds:-					
	E				
Total funds brought forward		215,667	-	215,667	281,639
Total funds carried forward		161,760	-	161,760	215,667

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 19 to 37 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2024

Chinese Wellbeing - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2023 £	Prior Year Restricted Funds 2023 £	Prior Year Total Funds 2023 £
Income & Endowments from:				
Donations & Legacies	A1	14,575	61,879	76,454
Charitable activities	A2	344,190	-	344,190
Other trading activities	A3	1,190	-	1,190
Investments	A4	705	-	705
Other	A5	-	-	-
Total income	A	360,660	61,879	422,539
Expenditure on:				
Charitable activities	B2	426,632	61,879	488,511
Total expenditure	B	426,632	61,879	488,511
Net income after transfers		(65,972)	-	(65,972)
Net movement in funds		(65,972)	-	(65,972)
Reconciliation of funds:-				
Total funds brought forward	E	281,639	-	281,639
Total funds carried forward		215,667	-	215,667

All activities derive from continuing operations

The notes attached on pages 19 to 37 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2024

Chinese Wellbeing - Resources applied in the year ended 31 March 2024 towards fixed assets for Charity use:-

	2024 £	2023 £
Resources applied on functional fixed assets	-	(53)
Net resources available to fund charitable activities	<u>-</u>	<u>(53)</u>

The resources applied on fixed assets for charity use represents the cost of additions less proceeds of any disposals.

The notes attached on pages 19 to 37 form an integral part of these accounts.

Movements in revenue and capital funds for the year ended 31 March 2024

Revenue accumulated funds

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Last year Total Funds 2023 £
Accumulated funds brought forward	215,667	-	215,667	281,639
Recognised gains and losses before transfers	<u>(53,907)</u>	<u>-</u>	<u>(53,907)</u>	<u>(65,972)</u>
	161,760	-	161,760	215,667
Closing revenue funds	<u>161,760</u>	<u>-</u>	<u>161,760</u>	<u>215,667</u>
Summary of funds	Unrestricted and Designated funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Last Year Total Funds 2023 £
Revenue accumulated funds	161,760	-	161,760	215,667
Total funds	<u>161,760</u>	<u>-</u>	<u>161,760</u>	<u>215,667</u>

The notes attached on pages 19 to 37 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2024

**Chinese Wellbeing
Income and Expenditure Account for the year ended 31 March 2024 as required by the
Companies Act 2006**

	2024	2023
	£	£
<i>Income</i>		
Income from operations	440,507	421,834
Interest receivable	2,015	705
Gross income in the year before exceptional items	<u>442,522</u>	<u>422,539</u>
Gross income in the year including exceptional items	<u>442,522</u>	<u>422,539</u>
<i>Expenditure</i>		
Charitable expenditure, excluding depreciation and amortisation	494,298	486,339
Depreciation and amortisation	451	594
Governance costs	1,680	1,578
Total expenditure in the year	<u>496,429</u>	<u>488,511</u>
Net income before tax in the financial year	(53,907)	(65,972)
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	<u>(53,907)</u>	<u>(65,972)</u>
Gift Aid donations made	-	-
Retained surplus for the financial year	<u>(53,907)</u>	<u>(65,972)</u>

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 19 to 37 form an integral part of these accounts.

Chinese Wellbeing - Balance Sheet as at 31 March 2024

	SORP		2024	2023
	Note	Ref	£	£
Fixed assets		A		
Tangible assets	10	A2	1,409	1,860
Total fixed assets			<u>1,409</u>	<u>1,860</u>
Current assets		B		
Debtors	11	B2	11,896	12,302
Cash at bank and in hand		B4	164,347	239,400
Total current assets			<u>176,243</u>	<u>251,702</u>
Creditors: amounts falling due within one year	12	C1	<u>(15,892)</u>	<u>(37,895)</u>
Net current assets			160,351	213,807
The total net assets of the charity			<u>161,760</u>	<u>215,667</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Unrestricted Funds

Unrestricted Revenue Funds	15	D3	161,760	215,667
			<u>161,760</u>	<u>215,667</u>
Total charity funds			<u>161,760</u>	<u>215,667</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 13.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

ANDY GREEN

Trustee



Approved by the board of trustees on 01/10/2024 2024

The notes attached on pages 19 to 37 form an integral part of these accounts.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2024

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2019, applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Risks and future assumptions

The charity is a public benefit entity.

The Trustees examined the major strategic, business and operational risks that the charity faces. Following a review and assessment of these risks, the Trustees have formulated management policies and implemented internal controls to mitigate risks to the charity.

Policies relating to categories of income and income recognition.

Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Categories of Income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2024

Accounting for deferred income and income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the recipient charity, is accounted for as a liability and shown on the balance sheet as deferred income. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

Policies relating to expenditure on goods and services provided to the charity.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Policies relating to assets, liabilities and provisions and other matters.

Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Plant and machinery	33.3 % straight line
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A regular annual review of the likelihood of asset impairment is undertaken.

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Liabilities are measured at their settlement amount. A liability is recognised for the the amount the Charity anticipates it will pay to settle the deb or the amount it has received as an advance payment for goods or services it must provide.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2024

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

There are no endowment funds.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

There are no significant implications of such matters.

5 Net surplus before tax in the financial year

	2024	2023
	£	£
The net surplus before tax in the financial year is stated after charging:-		
Depreciation of owned fixed assets	451	594
Pension costs	10,840	9,895

6 Staff costs and emoluments

<i>Salary costs</i>	2024	2023
	£	£
Gross Salaries excluding trustees and key management personnel	430,620	413,102
Employer's operating costs of defined contribution pension schemes	10,840	9,895
Total salaries, wages and related costs	441,460	422,997

Numbers of full time employees or full time equivalents

	2024	2023
The average number of total staff employed in the year was	29	33
Engaged on charitable activities	29	33

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior year.

No employees received emoluments (excluding pension costs) in excess of £60,000 per annum.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2024

7 Defined contribution pension schemes

Any liabilities and assets associated with the scheme are shown under debtors and creditors.

8 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

9 Deferred income - Restricted funds

<i>Current Year</i>	Opening Deferrals	Released from prior years	Received less released in year	Deferred at year end
	£	£	£	£
Innovations in Dementia - DEEP	3,987	-	-	3,987
PH Holt	10,000	(10,000)	-	-
LCVS Health & Wellbeing	2,792	(2,792)	-	-
Community Forest Trust	2,165	(2,165)	-	-
LCC Comm Champion	6,250	(6,250)	-	-
Independent Age	-	-	3,043	3,043
Total	25,194	(21,207)	3,043	7,030

	2024	2023
	£	£
These deferrals are included in creditors	7,030	25,194

<i>Prior Year</i>	Opening Deferrals	Released from prior years	Received less released in year	Deferred at year end
	£	£	£	£
Sundry items under £1000	-	-	-	-
Innovations in Dementia - DEEP	3,987	-	-	3,987
PH Holt	-	-	10,000	10,000
LCVS Health & Wellbeing	-	-	2,792	2,792
Community Forest Trust	-	-	2,165	2,165
LCC Comm Champion	6,250	(6,250)	6,250	6,250
Total	10,237	(6,250)	21,207	25,194

	2023	2022
	£	£
These deferrals are included in creditors	25,194	10,237

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2024

10 Tangible fixed assets

<i>Current Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
At 1 April 2023	-	76,820	-	76,820
At 31 March 2024	-	76,820	-	76,820
Depreciation				
At 1 April 2023	-	74,960	-	74,960
Charge for the year	-	451	-	451
At 31 March 2024	-	75,411	-	75,411
Net book value				
At 31 March 2024	-	1,409	-	1,409
At 31 March 2023	-	1,860	-	1,860
<i>Prior Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
01 April 2022	-	76,767	-	76,767
Additions	-	53	-	53
01 April 2023	-	76,820	-	76,820
Depreciation				
01 April 2022	-	74,366	-	74,366
Charge for the year	-	594	-	594
01 April 2023	-	74,960	-	74,960
Net book value				
01 April 2023	-	1,860	-	1,860
01 April 2022	-	2,401	-	2,401

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2024

11 Debtors

	2024	2023
	£	£
Trade debtors	5,146	5,658
Prepayments and accrued income	-	-
Other debtors	6,750	6,644
Deferred tax asset (see note 58)	-	-
	<u>11,896</u>	<u>12,302</u>

12 Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals	1,620	1,620
Deferred Income - Restricted funds	7,030	25,194
PAYE, NIC VAT and other taxes	5,154	6,209
Other creditors	2,088	4,872
	<u>15,892</u>	<u>37,895</u>

13 Income and Expenditure account summary

	2024	2023
	£	£
At 1 April 2023	215,667	281,639
Surplus after tax for the year	(53,907)	(65,972)
At 31 March 2024	<u>161,760</u>	<u>215,667</u>

14 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2024

	Unrestricted funds	Designated funds	Restricted funds	Total Funds
	£	£	£	£
Tangible Fixed Assets	1,409	-	-	1,409
Current Assets	176,243	-	-	176,243
Current Liabilities	(15,892)	-	-	(15,892)
	<u>161,760</u>	<u>-</u>	<u>-</u>	<u>161,760</u>

At 1 April 2023

	Unrestricted funds	Designated funds	Restricted funds	Total Funds
	£	£	£	£
Tangible Fixed Assets	1,860	-	-	1,860
Current Assets	251,702	-	-	251,702
Current Liabilities	(37,895)	-	-	(37,895)
	<u>215,667</u>	<u>-</u>	<u>-</u>	<u>215,667</u>

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2024

15 Change in total funds over the year as shown in Note 14 , analysed by individual funds

	Funds brought forward from 2023	Movement in funds in 2024	Transfers between funds in 2024	Funds carried forward to 2025
	£	See Note 16 £	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	215,667	(53,907)	-	161,760
Total unrestricted and designated funds	215,667	(53,907)	-	161,760
Total charity funds	215,667	(53,907)	-	161,760

16 Analysis of movements in funds over the year as shown in Note 15

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2024	2024	2024	2024
	£	£	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	358,040	(411,947)	-	(53,907)
<i>Restricted funds:-</i>				
LCC Community Resource Grant	14,000	(14,000)	-	-
Nordic Walking	750	(750)	-	-
LCC Comm Champion	25,000	(25,000)	-	-
LCVS Health & Wellbeing	15,357	(15,357)	-	-
Green Recovery	2,165	(2,165)	-	-
Pine Court Housing	2,000	(2,000)	-	-
PH Holt Foundation	10,000	(10,000)	-	-
Independent Age	15,210	(15,210)	-	-
	442,522	(496,429)	-	(53,907)

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2024

17 The purposes for which the funds as

Unrestricted and designated funds:-

Unrestricted Revenue Funds

These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

18 Ultimate controlling party

The charity is under the control of its legal members.

Every member of the charity is obliged to contribute such amount as may be required not exceeding £10 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2024 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

19 Donations, Grants and Legacies

	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Donations and gifts from individuals				
Small donations individually less than £1000	2,403	-	2,403	2,370
Feeding Liverpool Food Aid	1,326	-	1,326	-
Total donations and gifts from individuals	3,729	-	3,729	2,370

Donations and gifts from individuals (Include HMRC refunds on gift aided donations) - Prior Year analysis

	Prior Year Unrestricted Funds 2023 £	Prior Year Restricted Funds 2023 £	Prior Year Total Funds 2023 £	
Prior year	2,370	-	2,370	
	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Revenue grants from government and public bodies				
LCC Community Resource Grant	-	-	-	500
Liverpool City Council	-	14,000	14,000	14,000
LCVS - NHS Health & Welbeing	-	15,357	15,357	9,773
LCC - Covid	-	-	-	1,206
LCC Comm Champion	-	25,000	25,000	25,000
UOW funding	-	-	-	3,400
Community Forrest Trust	-	2,165	2,165	8,000
Postcode Neighbourhood Trust	25,000	-	25,000	-
Total public sector revenue grants	25,000	56,522	81,522	61,879

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2024 as required by the SORP 2015

Revenue grants from government and public bodies - Prior Year analysis

	Prior Year Unrestricted Funds 2023 £	Prior Year Restricted Funds 2023 £	Prior Year Total Funds 2023 £	
Prior Year	-	61,879	61,879	
	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Revenue grants and donations from non public bodies				
Small grants individually less than £1000	-	750	750	-
Lloyds Bank Foundation England & Wales	-	-	-	2,250
Go Fund Me	-	-	-	9,955
Pine Court Housing Association	-	2,000	2,000	-
PH Holt	-	10,000	10,000	-
Independent Age	-	15,210	15,210	-
Total private sector revenue grants	-	27,960	27,960	12,205

Revenue grants and donations from non public bodies (Include Gift Aid donations from subsidiaries) - Prior Year analysis

	Prior Year Unrestricted Funds 2023 £	Prior Year Restricted Funds 2023 £	Prior Year Total Funds 2023 £
Prior Year	12,205	-	12,205

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2024 as required by the SORP 2015

Total Donations, Grants and Legacies

		Unrestricted Funds	Restricted Funds	Current Year Total Funds	Prior Year Total Funds
		2024 £	2024 £	2024 £	2023 £
<i>Current year</i>					
Total Donations, Grants and Legacies	A1	28,729	84,482	113,211	76,454
<i>Prior year</i>					
Total Donations, Grants and Legacies	A1	14,575	61,879	76,454	

20 Income from charitable activities - Trading Activities

		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total funds
		2024 £	2024 £	2024 £	2023 £
<i>Current year</i>					
Primary purpose and ancillary trading					
Luncheon club monies		726	-	726	460
Domicilliary and other services		326,570	-	326,570	343,730
Total Primary purpose and ancillary trading		327,296	-	327,296	344,190
<i>Prior year</i>					
Primary purpose and ancillary trading					
Luncheon club monies		460	-	460	
Domicilliary and other services		343,730	-	343,730	
Total Primary purpose and ancillary trading		344,190	-	344,190	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2024 as required by the SORP 2015

21 Total Income from charitable activities

<i>Current year</i>	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds		
	2024	2024	2024	2023
	£	£	£	£
Total income from charitable trading	327,296	-	327,296	344,190
Income from funders	-	-	-	-
Total from charitable activities	327,296	-	327,296	344,190

Income from charitable activities - Prior Year analysis

<i>Prior year</i>	Prior Year	Prior Year	Prior Year
	Unrestricted	Restricted	Total Funds
	Funds	Funds	
	2023	2023	2023
	£	£	£
Total income from charitable trading	344,190	-	344,190
Income from funders	-	-	-
	344,190	-	344,190

22 Income from other, non charitable, trading activities

	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds		
	2024	2024	2024	2023
	£	£	£	£
Trading activities to raise funds for the charity	-	-	-	1,190
Total from other activities	-	-	-	1,190

Income from other, non charitable, trading activities - Prior Year analysis

	Unrestricted	Restricted	Total Funds
	Funds	Funds	
Prior Year	1,190	-	1,190

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2024 as required by the SORP 2015

23 Investment income

		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2024	2024	2024	2023
		£	£	£	£
Bank Interest Receivable		2,015	-	2,015	705
Total investment income	A4	2,015	-	2,015	705

Investment income - Prior Year analysis

	Unrestricted Funds	Restricted Funds	Total Funds
Prior Year	705	-	705

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2024 as required by the SORP 2015

24 Expenditure on charitable activities - Direct spending

		Current year	Current year	Current year	Prior Year
		Unrestricted	Restricted	Total Funds	Total Funds
		Funds	Funds		
<i>Current Year</i>		2024	2024	2024	2023
		£	£	£	£
Gross wages and salaries - charitable activities		347,173	83,447	430,620	413,102
Defined contribution pension costs - charitable activities		10,840	-	10,840	9,895
Travel and Subsistence - Charitable Activities		16,237	-	16,237	16,906
Marketing and advertising of charitable services		101	-	101	75
Training costs		1,641	-	1,641	1,935
Costs of activities and events		5,551	900	6,451	10,770
Total direct spending	B2a	381,543	84,347	465,890	452,683
<i>Prior Year</i>		Prior Year	Prior Year	Prior Year	
		Unrestricted	Restricted	Total Funds	
		Funds	Funds		
		2023	2023	2023	
		£	£	£	
Gross wages and salaries - charitable activities		360,265	52,837	413,102	
Defined contribution pension costs - charitable activities		9,895	-	9,895	
Travel and Subsistence - Charitable Activities		16,839	67	16,906	
Marketing and advertising of charitable services		75	-	75	
Training costs		1,935	-	1,935	
Costs of activities and events		1,809	8,961	10,770	
Total direct spending	B2a	390,818	61,865	452,683	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2024 as required by the SORP 2015

25 Support costs for charitable activities

<i>Current Year</i>	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	Total Funds	Total Funds
	2024	2024	2024	2023
	£	£	£	£
Premises Expenses				
Rent payable under operating leases	12,822	-	12,822	13,958
Administrative overheads				
Telephone, fax and internet	2,329	-	2,329	3,272
Stationery and printing	1,643	-	1,643	2,491
Membership subscriptions	332	122	454	677
Software licences and expenses	4,663	-	4,663	4,529
Health and safety costs	283	-	283	421
Liability and contents insurance	3,359	-	3,359	4,021
Equipment, repairs, expenses and maintenance	122	-	122	709
Licences & Permits	414	-	414	-
Professional fees paid to advisors other than the auditor or examiner				
Other legal and professional	1,800	-	1,800	3,071
Financial costs				
Bank charges	519	-	519	507
Depreciation & Amortisation in total for	438	13	451	594
Support costs before reallocation	28,724	135	28,859	34,250
Total support costs - Current Year	28,724	135	28,859	34,250
The basis of allocation of costs between activities is described under accounting policies				
<i>Prior Year</i>	Current year	Current year	Prior Year	
	Unrestricted	Restricted	Total Funds	
	Funds	Funds	Total Funds	
	2023	2023	2023	
	£	£	£	
Premises Expenses				
Rent payable under operating leases	13,958	-	13,958	
Administrative overheads				
Telephone, fax and internet	3,272	-	3,272	
Stationery and printing	2,491	-	2,491	
Membership subscriptions	677	-	677	
Software licences and expenses	4,529	-	4,529	
Health and safety costs	421	-	421	
Liability and contents insurance	4,021	-	4,021	
Equipment, repairs, expenses and maintenance	709	-	709	
Professional fees paid to advisors				
Other legal and professional	3,071	-	3,071	
Financial costs				
Bank charges	507	-	507	
Depreciation & Amortisation in total for	580	14	594	
Support costs before reallocation	34,236	14	34,250	
Total support costs - Prior Year	34,236	14	34,250	

The basis of allocation of costs between activities is described under accounting policies

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2024 as required by the SORP 2015

26 Other Expenditure - Governance costs

	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds		
<i>Current Year</i>	2024	2024	2024	2023
	£	£	£	£
Independent Examiner's fees	1,680	-	1,680	1,578
Total Governance costs	1,680	-	1,680	1,578

	Prior Year	Prior Year	Prior Year
	Unrestricted	Restricted	Total Funds
	Funds	Funds	
<i>Prior Year</i>	2023	2023	2023
	£	£	£
Independent Examiner's fees	1,578	-	1,578
Total Governance costs	1,578	-	1,578

27 Total Charitable expenditure

		Current year	Current year	Current year	Prior Year
		Unrestricted	Restricted	Total Funds	Total Funds
		Funds	Funds		
<i>Current Year</i>		2024	2024	2024	2023
		£	£	£	£
Total direct spending	B2a	381,543	84,347	465,890	452,683
Total support costs	B2d	28,724	135	28,859	34,250
Total Governance costs	B2e	1,680	-	1,680	1,578
Total charitable expenditure	B2	411,947	84,482	496,429	488,511

		Prior Year	Prior Year	Prior Year
		Unrestricted	Restricted	Total Funds
		Funds	Funds	
<i>Prior Year</i>		2023	2023	2023
		£	£	£
Total direct spending	B2a	390,818	61,865	452,683
Total support costs	B2d	34,236	14	34,250
Total Governance costs	B2e	1,578	-	1,578
Total charitable expenditure	B2	426,632	61,879	488,511

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2024

This analysis is classsified by activity and not by conventional nominal descriptions.

28 Analysis of income by activity

Activity	SOFA ref	2024 £	2023 £
Income from charitable activities			
Luncheon Club		642	460
Chinese Wellbeing		5,050	4,065
Domiciliary Service		281,315	295,372
Personal Wellbeing		40,289	44,293
Total Income from charitable activities	A2	327,296	344,190
Income from other, non charitable, trading activities			
Fundraising activities		-	1,190
Total Income from other, non charitable, trading activities	A3	-	1,190
Summary of Total Income, including the items above			
Charitable activities	A2	327,296	344,190
Other activities	A3	-	1,190
Donations & Legacies	A1	113,211	76,454
Investment income	A4	2,015	705
Total income as shown in the SOFA	A	442,522	422,539
Categories of income			
Income from exchange transactions		442,522	422,539
		442,522	422,539

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2024

29 Analysis of charitable expenditure by activity

Activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2024	2024	2024	2024	2023
	£	£	£	£	£
<i>Luncheon Club</i>					
Direct costs	14,955	-	-	14,955	26,919
Administrative overheads	-	122	-	122	-
Financial costs	-	13	-	13	14
Total Luncheon Club	14,955	135	-	15,090	26,933

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2024	2024	2024	2024	2023
	£	£	£	£	£
<i>Chinese Wellbeing</i>					
Direct costs	67,821	-	-	67,821	54,849
Premises expenses	-	12,822	-	12,822	13,958
Administrative overheads	-	9,092	-	9,092	11,885
Professional fees	-	1,800	-	1,800	1,800
Financial costs	-	880	-	880	1,087
Overheads recharged	(1,688)	(23,714)	-	(25,402)	(28,660)
Total Chinese Wellbeing	66,133	880	-	67,013	54,919

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2024	2024	2024	2024	2023
	£	£	£	£	£
<i>Domiciliary Service</i>					
Direct costs	360,215	-	-	360,215	345,432
Administrative overheads	-	3,969	-	3,969	4,215
Professional fees	-	-	-	-	1,271
Overheads recharged	1,688	18,634	-	20,322	22,928
Total Domiciliary Service	361,903	22,603	-	384,506	373,846

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2024

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2024	2024	2024	2024	2023
	£	£	£	£	£
Personal Wellbeing					
Direct costs	22,899	-	-	22,899	25,484
Administrative overheads	-	84	-	84	20
Financial costs	-	77	-	77	-
Overheads recharged	-	5,080	-	5,080	5,732
Total Personal Wellbeing	22,899	5,241	-	28,140	31,236

Summary of charitable costs by activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2024	2024	2024	2024	2023
	£	£	£	£	£
Total Luncheon Club	14,955	135	-	15,090	26,933
Total Chinese Wellbeing	66,133	880	-	67,013	54,919
Total Domiciliary Service	361,903	22,603	-	384,506	373,846
Total Personal Wellbeing	22,899	5,241	-	28,140	31,236
Total Governance costs as detailed in Note 26	-	1,680	-	1,680	1,578
Total charitable expenditure	465,890	30,539	-	496,429	488,511

The basis of allocation of costs between activities is described under accounting policies

The breakdown of this expenditure by type of spending (ie nominal classification) is detailed in note 27

Analysis of support and governance costs by charitable activities

Activity	Governance	Finance	Human Resources	Other Overheads	Total
Luncheon Club	-	13	-	122	135
Chinese Wellbeing	1,680	880	-	-	2,560
Domiciliary Service	-	-	-	22,603	22,603
Personal Wellbeing	-	77	-	5,164	5,241
Grand Total	1,680	970	-	27,889	30,539

30 Analysis of non charitable expenditure by activity

Governance costs	Governance costs 2024	Governance costs 2023
	£	£
Other Expenditure - Governance costs as detailed in Note 26	1,680	1,578

CHINESE WELLBEING

England & Wales - Charity number 1001288

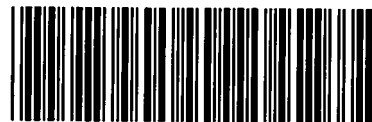
Accounts

Company Registration Number - 2446695

The Charity Registration Number is :- 1001288

Chinese Wellbeing
Report and Accounts
31 March 2023

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COMPANIES HOUSE

Chinese Wellbeing

Report and accounts for the year ended 31 March 2023

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Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

The Trustees present their Report and Accounts for the year ended 31 March 2023, which also comprises the Directors' Report required by the Companies Act 2006.

The year was very different from 2021 and 2022 being the first year after the pandemic when the care sector could return to some degree of normality.

As with last year we would like to record our gratitude to those organisations who provided both financial and non-financial support during the year.

These include :

Lloyds Bank Foundation England and Wales
Liverpool City Council
PH Holt
NHS Liverpool Clinical Commissioning Group
Central Liverpool PCN
Pine Court Housing Association
Healthwatch (Liverpool)
Liverpool School of Tropical Medicine
Merseycare NHS
Alzheimer's Research UK

We continue to use our reach into the Chinese community for various engagement exercises for external agencies and to support housing associations.

Our unique ability to engage with the Chinese community for health and wellbeing issues is a strength which we continually strive to develop in an effort to remain sustainable.

In the course of the year, Chinese Wellbeing has continued to work closely with partners and supporters in the delivery of its services. We remain grateful to those organisations who have given support – financial and otherwise, and we remain grateful for our very competent and loyal staff complement. I should also thank my fellow trustees who have consistently given their time and expertise; as has been pointed out in the body of this report, trustees are not remunerated and are not paid expenses; they have given their time freely and for free!

Chinese Wellbeing is a small charity serving a niche group of clients. That on the one hand allows us to be agile, flexible and innovative in how we approach our mission, but it also means that we can't take advantage of economies of scale that generic providers can benefit from. Looking into the forthcoming 5 years, I can see that pressures will build as nationally social care funding remains inadequate for the task. There is no longer a Chinese Social Worker based at the Royal Liverpool University Hospital, and this is already beginning to impact on the flow of care packages available to Chinese Wellbeing and awareness within the NHS of the needs of Chinese community members that might delay release from hospital, or see people taken into institutional residential care where they could be supported at home to live more independently. The issue about the rate which Liverpool City Council is able to pay for domiciliary care visits remains unresolved; the rate paid is significantly less than that recommended by the National Homecare Association, and significantly less than it costs Chinese Wellbeing to provide the service. For many years Chinese Wellbeing has 'plugged the gap' through raising funds from other sources, but with the anticipated deterioration in Local Authority budgets, higher inflation, higher interest rates and greater demand on alternative funding sources, I anticipate that some difficult decisions will have to be taken over the forthcoming months.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

On a more positive note, Chinese Wellbeing was presented with a special award by The High Sheriff of Merseyside, Lesley Martin-Wright. The award is for 'great and valuable services to the community' which we were honoured to accept at a special ceremony in The Athanaeum club in Liverpool. All of the team at Chinese Wellbeing are pleased and proud to receive the recognition and we would like to thank all of our service users for the contribution they make to all of our events and activities.

In the course of the year we had been pleased to welcome the High Sheriff of Merseyside, Lesley Martin-Wright and her husband John to meet with our Evergreen Club members. Members learned about the history of the role of High Sheriff and in return, the Club choir gave a special performance of traditional Chinese songs and were keen to display their art work particularly that which they produced in celebration of the Platinum Jubilee. Afterwards, we spent time discussing the work of the Charity and how Chinese Wellbeing supports the older members of the community. We were honoured to have such distinguished guests spend their time with us.

Andy Green
Chair of the Trustees
2023

Reference and administrative details

The charity name.

The legal name of the charity is:- Chinese Wellbeing.
The charity is also known by its operating name, Chinese Wellbeing.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1001288.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Acts . The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 27 November 1989

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

By operation of law all, trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals.

The principal operating address, telephone number, email and web addresses of the charity are:-

85-86 Staten Court

Tradewind Square, East Village, Duke Street

Liverpool, L1 5BG

Telephone 0151 709 2643

Email Address info@chinesewellbeing.co.uk Web address www.Chinesewellbeing.co.uk

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

The Trustees in office on the date the report was approved were:-

Mr Andrew Michael Green

Mrs Polly Yee-Ling Green

Dr Simon Siu Man Kan

Mr Oscar Ip

Mrs Helen Owen

Mr James Crook

Mr Stephen Wong

Mr Kai Kwong Simon Wong

The following persons served as Trustees during the year ended 31 March 2023 :-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

All the trustees are also members of the charity.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The objectives of the charity are set out in the Memorandum of Association of 27th November 1989 as amended by the Extraordinary General Meeting of 5th November 1990, and incorporated in the Companies Act 2006 compliant revision of the Memorandum and Articles of Chinese Wellbeing of 2015. They are:

1. to promote the education of people in the principles and practice of good citizenship and service to the community
2. to promote and provide social services of a charitable nature for the benefit primarily but not exclusively of Chinese persons resident within the area with the objective of improving the conditions of life of the persons to whom such services are provided
3. to advance the education of unemployed persons, in particular those of Chinese origins, who are in need of assistance by providing them with vocational training

The main activities undertaken in relation to those purposes during the year.

Aims and Focus of Our Work:

Chinese Wellbeing delivers a suite of services that aim to:

- Enable independent living.
- Promote physical, mental, social and economic well-being.
- Support community involvement.
- Enable a better route for community engagement.
- Advocate on behalf of our clients - and help them develop and use their own voices.
- Provide information - to clients and about the needs of our client, to Government, local agencies and the community at large.

Ensuring that the Work of the Organisation Delivers our Aims:

The activities of Chinese Wellbeing are built around our experience and understanding of the specific needs of our clients which are driven by the following characteristics:

- Reluctance on the part of many in the community to seek help due to social stigma and lack of understanding about how the system works and what services are available.
- Problems in accessing and beneficially using mainstream services because of language difficulties and cultural barriers.
- A lack of knowledge and skills in self-care and self-support, particularly in the areas of mental health and preventing and managing chronic diseases.
- Social isolation due to language difficulties and disabilities, particularly amongst older people and those with learning difficulties and their carers.
- A lack of support and confidence to venture out of the 'Chinese Comfort Zone 'and become involved in wide community activities.

To address these issues Chinese Wellbeing acts as a facilitator and conduit between its Service Users and their extended families and mainstream care services. We have continued to hold presentations, awareness sessions and consultation events with partners to educate the community in areas of health and wellbeing which have previously been difficult to access.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

The main activities undertaken during the year to further the charity's purpose for the public benefit.

How our Activities Deliver Public Benefit.

The activities of Chinese Wellbeing provide public benefit directly through the support that it gives to its clients, but it also provides public benefit by providing a link between the Chinese community and other agencies so that they can fulfil their obligations more cost effectively and inclusively. All the activities that Chinese Wellbeing carries out are of a social or charitable nature, undertaken to further the charitable objectives of the organisation which are set out above.

Who has Used and Benefited from our Services?

Chinese Wellbeing provides services for the benefit primarily but not exclusively of Chinese people resident within the area of Merseyside and the Liverpool City-Region. The direct beneficiaries of Chinese Wellbeing's activities are primarily those who consider themselves to be Chinese, but we also provide services to people who are not Chinese but are in need of support and are happy to receive that support from Chinese Wellbeing.

For the year ending March 2023, Chinese Wellbeing had regular contact with over 200 service users receiving Domiciliary Care, Personal Wellbeing Services or using Evergreen Wellbeing Club. The majority of direct service users are elderly and of Chinese origin, with an age range between 40 and 100 years. The gender balance of beneficiaries receiving personal care and support continues to remain approximately equal, while the beneficiaries using the club services were predominantly female. Generally, most service users live alone, speak little English and live with a range of chronic illnesses and disabilities.

Our long experience and wide knowledge of the Chinese Community enables us to support other agencies and disseminate clear information for the local authorities, the NHS, Central Government, Registered Social Landlords and other charities.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

The short term and longer term aims and objectives.

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- We will seek to develop successful services such as Tea House Reminiscence®, Personal Wellbeing Service and Evergreen Wellbeing Club
- Invest in training and recruitment.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

The main achievements and performance of the charity during the year.

What Services and Activities were provided?

Services are delivered through the following key activities:

Domiciliary Care and Respite Services

This service provides personal care and support that is responsive and sensitive to the language and cultural needs of those who are elderly and /or with disabilities and living at homes or in other types of housing. Bi-lingual staff and cultural awareness provide a specialised service which is not available elsewhere locally. This includes matching the languages and dialects of service users with care assistants, to ensure clear communication. During the year, despite very trying circumstances we continued to provide in personal care services to the Community. Appropriate Personal Protective Equipment (PPE) was worn throughout the period and protocols put in place to prevent cross infection for the protection of service users and their families and our own staff.

Personal Wellbeing Service

This is a service introduced in April 2013 to replace the Supported Living Service which was de-commissioned by Liverpool City Council in March 2013.

The service provides a Personal Assistant to support the service user to sustain an independent life style whilst still living at home. The service is chargeable and in the last year we saw an increase of 20% in income on the previous twelve months.

Evergreen Wellbeing Club

Evergreen continued its' activities throughout the year both face to face and online which include singing, Pom-pom dancing, chair based exercises, cookery, and arts and craft sessions which keep people connected and stimulated. These sessions are very popular and attendance figures main-tained high levels with members showing off some artistic and creative talents.

The local authority Community Resource Grant (CRG) was renewed at the previous year's level of £ 14k and this helped us to keep the team in place to deliver this much needed and valued support.

Health talks and events covered topics such as Diabetes, Brain Health, Dementia, Skin Cancer (North West Cancer Research) Healthy Food, Diet, and Happy Ageing (Dr Zhu, TCM Practitioner) Psychological Wellbeing (Merseycare NHS), Bowel Cancer Screening (supported by Central Liver-pool PCN) Covid Vaccinations, Energy savings, Online scams, Healthwatch Focus Group, GP Access, Feeding Liverpool and the Good Food Project.

We have continued to run a Tablet Loan Scheme originally funded through TNL Power to Change. We have been able to offer data time for those without internet connectivity and technical sup-port to enable elderly members to join our online activities and re connect with friends.

Birthday and seasonal events such as Christmas and Chinese New Year are important to our Club members and the community in general.

We were also pleased to work in collaboration with Sefton Park Palm House, Liverpool Confucius Institute, Pine Court Housing and Ms. Xiaoxiao Hou, in a special 'Arts for Health and Wellbeing' Chinese New Year event at the Palm House.

The day included cultural performances, craft sessions, Chinese calligraphy and our Evergreen Club choir singing traditional songs. The event was a huge success and attracted over 200 guests.

It was also an opportunity for Club members to proudly display their artwork in a special exhibition set up at the venue which visitors much admired.

During the year we were approached by The Brain Charity undertaking research on behalf of LCC into the needs of carers, and people being cared for with regards to future planning. We were pleased to have been given the opportunity to facilitate a number of focus groups involving our members.

The valuable insights gained will help commissioners to find better ways to support carers and people receiving care across Liverpool to plan for the future.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Evergreen Club outputs for the year:

1 April 2022 - 31 March 2023

Total number of online and face to face sessions: 152

Total attendances 2911

Total weekly Interventions i.e. telephone calls, texts, door step visits, emergency shopping trips, vaccination registrations, help with accessing the internet, medication collections 7,019

Tea House Reminiscence®

NHS Health & Wellbeing Dementia Project

During the period we were pleased to have been awarded an NHS Health & Wellbeing grant, which has enabled us to reinstate our monthly Tea House Reminiscence® and to further develop our pre and post diagnostic support services including our Chinese Dementia Support Network. Demand for our services continues to grow which is testament to the hard work of our bi-lingual Dementia Champions, Angel and Maggie in raising awareness of dementia and their efforts in reducing the social stigma which exists within the community. The Network is open to anyone who has memory problems or who has received a recent diagnosis and their family carers. Since commencing the services, we have re-established our partnership working with NHS Mersey Care and the Dementia Care Navigator team and are collaborating on a culturally appropriate post diagnostic support service to be delivered with the support of our Dementia Champions.

Tea House is a registered brand, and is open to anyone over the age of 55 years but particularly aimed at those living with dementia, or at risk of dementia and their family carers. It is a means of helping those with dementia and other memory problems. It provides a safe and memory-rich environment aimed at stimulating participants through a varied activity programme.

LCC Community Champion

Phase 2

The Community Champions (CCs) team was originally set up by LCC to support community based programmes to tackle Covid 19, vaccination information, vaccine uptake and to engage with disproportionately impacted communities.

During Phase 2 of the project, Community Innovation Teams (CITs) were developed through a partnership with LCC, Liverpool School of Tropical Medicine and Central Liverpool PCN. CIT's which were multi professional teams, were tasked with addressing low vaccine up take within wards identified as priority areas. The Champions received training in research methodologies including root cause analysis and data collection.

Chinese Wellbeing's Champion worked in the Central CIT targeting Chinese students. Events were arranged for Chinese and other international students to register their vaccination status and verify overseas vaccinations. Within the local community, our CC worked hard to raise awareness of Covid vaccines and to encourage take up within the community.

CC's have collectively addressed barriers to engagement and improved access to mainstream health services.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Greenspace Project

Funded through the Green Recovery Challenge Fund-connecting people back to nature, led by Mersey Forest in partnership with LCC, NHS, LJMU, Cheshire Wildlife Trust and the PATT Foundation. The Project provided the opportunity for Club members to explore new local green spaces. Members of the staff team undertook the necessary training and we were able to introduce Nordic Walking, with the appropriate equipment, which gave members the opportunity to learn new techniques and skills to promote and maintain fitness levels. This was extremely popular with members reporting feeling more active and socially connected.

ARUK INSPIRE Grant Project:

Promoting Awareness of Brain Health in the Chinese Community in England - led by researchers from University of Wolverhampton and University of West England

Led by a team of academic researchers, we joined forces with 4 other Chinese organisations from across the UK and helped to facilitate workshops to raise awareness of brain health and dementia within our respective communities. Our Evergreen Club Arts Group helped to co-produce tailored and culturally appropriate posters and leaflets promoting key messages on how to keep the brain healthy for local distribution. We have continued to run workshops on the importance of good brain health to help in the prevention of dementia.

Plans for the Future

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- We will seek to develop successful services such as Tea House Reminiscence®, Personal Wellbeing Service and Evergreen Wellbeing Club
- Invest in training and recruitment.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

Chinese Wellbeing is a company limited by guarantee and a registered charity. Membership of the organisation is open only to the Trustees and the business of Chinese Wellbeing is managed by the Trustees, who meet regularly as a Board. The trustees, act on a voluntary basis and are not in receipt of any remuneration from Chinese Wellbeing. The Articles of Association stipulate that there are to be at least 3, and no more than 15 trustees; The Board of Trustees currently numbers 8.

The Board meets on a regular 6-weekly cycle unless there are particular issues to be addressed that require additional meetings. During the period of the COVID pandemic, trustee meetings were conducted via Zoom, as allowed for in our governance and in some instances this remained the case for certain trustees.

Advisors

The Articles of Association provide for the Board to maintain an advisory panel. In the course of the year, the organisation benefitted from retaining the services of a firm of solicitors for specific guidance in Employment Law.

Recruitment and Induction of Trustees

No new trustees were appointed in the course of the year. The difficulty in securing trustees with the appropriate skills and culture to contribute to the work of the organisation, remains a matter of concern. Trustee recruitment is an important factor and Chinese Wellbeing maintains a vigilance for prospective candidates

Financial review

The charity's financial position at the end of the year ended 31 March 2023

The financial position of the charity at 31 March 2023 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2023	2022
	£	£
Net income	(65,972)	19,205
Unrestricted Revenue Funds available for the general purposes of the charity	215,667	281,639
Total Funds	215,667	281,639

Financial review of the position at the reporting date, 31 March 2023 .

The trustees consider the financial performance by the charity during the year to have been satisfactory.

In the last financial year approximately 60 % of our income derived from delivering domiciliary care on behalf of Liverpool City Council.

The balance is made up of grants and individuals paying for services supporting independent living. We are continually assessing other potential areas for income generation.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Policies on reserves.

Chinese Wellbeing has been very mindful of the risk to its operations arising from the recession and pressure on public funding. The Trustees consider it to be prudent in these circumstances to keep 3 months running costs in reserve and sufficient funds for potential redundancy payments £200,000

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Investment policy and investment objectives.

Chinese Wellbeing operates a prudent reserves policy, and a prudent investment policy. The Board of Trustees is mindful of the recent volatility and unreliability of financial products and has opted for the investment of its funds in low risk commercial products.

Details of The Independent Examiner

Tracey Pritchard BA FCA

Member of Institute of Chartered Accountants in England & Wales

255 Poulton Road

Wallasey

Merseyside

CH44 4BT

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Statement of the Directors Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2023

Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 15 to 39.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016)

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 21/11 2023.



ANDY GREEN
Director and Trustee

Chinese Wellbeing

Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 31 March 2023

I report to the Trustees on my examination of the financial statements of the charitable company on pages 15 to 39 for the year ended 31 March 2023 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , and under the historical cost convention and the accounting policies set out on page 20.

Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report

As described on page 11, you, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a) examine the financial statements of the charity under Section 145 of the Act;
- b) follow the applicable procedures in the Directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of Independent Examiner's Statement and scope of work undertaken

Since the charitable company's gross income exceeded £250,000, the charitable company's examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am an authorised member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

Chinese Wellbeing

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

The gross income of the charitable company in the year ended 31 March 2023 appears to exceed the sum specified in Section 145(3) of the Act, namely £250000, and that I am qualified to act as Independent Examiner in accordance with that section by virtue of my being a qualified member of Institute of Chartered Accountants in England & Wales;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;


the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:-



Tracey Pritchard BA FCA - Independent Examiner

Institute of Chartered Accountants in England & Wales

255 Poulton Road
Wallasey
Merseyside
CH44 4BT

This report was signed on 21/11/ 2023

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2023

Statement of Financial Activities (including the Income and Expenditure Account for the year ended 31 March 2023, as required by the Companies Act 2006)

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2023	2023	2023	2022
		£	£	£	£
Income & Endowments from:					
Donations & Legacies	A1	14,575	61,879	76,454	148,563
Charitable activities	A2	344,190	-	344,190	356,107
Other trading activities	A3	1,190	-	1,190	-
Investments	A4	705	-	705	126
Total income	A	360,660	61,879	422,539	504,796
Expenditure on:					
Charitable activities	B2	426,632	61,879	488,511	485,591
Total expenditure	B	426,632	61,879	488,511	485,591
Net income for the year		(65,972)	-	(65,972)	19,205
Net income after transfers	A-B-C	(65,972)	-	(65,972)	19,205
Net movement in funds		(65,972)	-	(65,972)	19,205
Reconciliation of funds:-					
Total funds brought forward	E	281,639	-	281,639	262,434
Total funds carried forward		215,667	-	215,667	281,639

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2023

Chinese Wellbeing - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £
Income & Endowments from:				
Donations & Legacies	A1	62,117	86,446	148,563
Charitable activities	A2	356,107	-	356,107
Other trading activities	A3	-	-	-
Investments	A4	126	-	126
Other	A5	-	-	-
Total income	A	<u>418,350</u>	<u>86,446</u>	<u>504,796</u>
Expenditure on:				
Charitable activities	B2	399,145	86,446	485,591
Total expenditure	B	<u>399,145</u>	<u>86,446</u>	<u>485,591</u>
Net gains on investments	B4	-	-	-
Net income for the year		19,205	-	19,205
Transfers between funds	C	-	-	-
Net income after transfers		<u>19,205</u>	<u>-</u>	<u>19,205</u>
Net movement in funds		<u>19,205</u>	<u>-</u>	<u>19,205</u>
Reconciliation of funds:-				
Total funds brought forward	E	262,434	-	262,434
Total funds carried forward		<u>281,639</u>	<u>-</u>	<u>281,639</u>

All activities derive from continuing operations

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2023

Chinese Wellbeing - Resources applied in the year ended 31 March 2023 towards fixed assets for Charity use:-

	2023 £	2022 £
Funds generated in the year as detailed in the SOFA	(65,972)	19,205
Resources applied on functional fixed assets	(53)	(96)
Other applications of funds	-	-
Net resources available to fund charitable activities	<u>(66,025)</u>	<u>19,109</u>

The resources applied on fixed assets for charity use represents the cost of additions less proceeds of any disposals.

The notes attached on pages 20 to 39 form an integral part of these accounts.

Movements in revenue and capital funds for the year ended 31 March 2023

Revenue accumulated funds

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Last year Total Funds 2022 £
Accumulated funds brought forward	281,639	-	281,639	262,434
Recognised gains and losses before transfers	<u>(65,972)</u>	<u>-</u>	<u>(65,972)</u>	<u>19,205</u>
	215,667	-	215,667	281,639
Closing revenue funds	<u>215,667</u>	<u>-</u>	<u>215,667</u>	<u>281,639</u>

Summary of funds

	Unrestricted and Designated funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Last Year Total Funds 2022 £
Revenue accumulated funds	215,667	-	215,667	281,639

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2023

**Chinese Wellbeing
Income and Expenditure Account for the year ended 31 March 2023 as required by the
Companies Act 2006**

	2023	2022
	£	£
Income		
Income from operations	421,834	504,670
Interest receivable	705	126
Other operating income	-	-
Gross income in the year before exceptional items	422,539	504,796
Gross income in the year including exceptional items	422,539	504,796
Expenditure		
Charitable expenditure, excluding depreciation and amortisation	486,339	483,205
Depreciation and amortisation	594	766
Governance costs	1,578	1,620
Realised losses on disposals of social investments which are programme related	-	-
Total expenditure in the year	488,511	485,591
Net income before tax in the financial year	(65,972)	19,205
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	(65,972)	19,205
Retained surplus for the financial year	(65,972)	19,205

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing - Balance Sheet as at 31 March 2023

	SORP		2023	2022
	Note	Ref	£	£
Fixed assets	A			
Tangible assets	9	A2	1,860	2,401
Current assets	B			
Debtors	10	B2	12,302	20,311
Cash at bank and in hand		B4	239,400	280,013
Total current assets			251,702	300,324
Creditors: amounts falling due within one year	11	C1	<u>(37,895)</u>	<u>(21,086)</u>
Net current assets			213,807	279,238
The total net assets of the charity			<u>215,667</u>	<u>281,639</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds

-

Unrestricted Funds

Unrestricted Revenue Funds	14	D3	215,667	281,639
			215,667	281,639
Total charity funds			<u>215,667</u>	<u>281,639</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 14.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.

ANDY GREEN

Trustee

Approved by the board of trustees on 21/11 2023

The notes attached on pages 20 to 39 form an integral part of these accounts.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Risks and future assumptions

The charity is a public benefit entity.

The Trustees examined the major strategic, business and operational risks that the charity faces. Following a review and assessment of these risks, the Trustees have formulated management policies and implemented internal controls to mitigate risks to the charity.

Policies relating to categories of income and income recognition.

Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Categories of Income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

Accounting for deferred income and income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the recipient charity, is accounted for as a liability and shown on the balance sheet as deferred income. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

Policies relating to expenditure on goods and services provided to the charity.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Policies relating to assets, liabilities and provisions and other matters.

Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Plant and machinery	33.3 % straight line
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A regular annual review of the likelihood of asset impairment is undertaken.

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Liabilities are measured at their settlement amount. A liability is recognised for the the amount the Charity anticipates it will pay to settle the deb or the amount it has received as an advance payment for goods or services it must provide.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

There are no endowment funds.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities. may need rewording.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

There are no significant implications of such matters.

5 Net surplus before tax in the financial year

	2023	2022
	£	£
The net surplus before tax in the financial year is stated after charging:-		
Depreciation of owned fixed assets	594	766
Pension costs	9,895	9,309

6 Staff costs and emoluments

<i>Salary costs</i>	2023	2022
	£	£
Gross Salaries	413,102	422,499
Employer's operating costs of defined contribution pension schemes	9,895	9,309
Total salaries, wages and related costs	422,997	431,808

The average number of full time and part time staff employed in the year was

33	33
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7 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

8 Deferred income - Restricted funds

<i>Current Year</i>	Opening Deferrals	Released in year	Received less released in year	Deferred at year end
	£	£	£	£
Innovations in Dementia - DEEP	3,987	-	-	3,987
PH Holt	-	-	10,000	10,000
LCVS Health & Wellbeing	-	-	2,792	2,792
Community Forest Trust	-	-	2,165	2,165
LCC Comm Champion	6,250	(6,250)	6,250	6,250
Total	10,237	(6,250)	21,207	25,194
			2023	2022
			£	£
These deferrals are included in creditors			25,194	10,237

<i>Prior Year</i>	Opening Deferrals	Released in years	Received less released in year	Deferred at year end
	£	£	£	£
TNL Power to Change	234	(234)	-	-
Innovations in Dementia - DEEP	3,987	-	-	3,987
LCC Dementia Support	3,250	(3,250)	-	-
TNL Coronavirus Community Recovery Fund	840	(840)	-	-
LCCG(SMI project)	15,333	(15,333)	-	-
LCC Comm Champion	-	(18,750)	25,000	6,250
Total	23,644	(38,407)	25,000	10,237
			2022	2021
			£	£
These deferrals are included in creditors			10,237	23,644

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

9 Tangible fixed assets

<i>Current Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
At 1 April 2022	-	76,767	-	76,767
Additions	-	53	-	53
At 31 March 2023	-	76,820	-	76,820
Depreciation				
At 1 April 2022	-	74,366	-	74,366
Charge for the year	-	594	-	594
At 31 March 2023	-	74,960	-	74,960
Net book value				
At 31 March 2023	-	1,860	-	1,860
At 31 March 2022	-	2,401	-	2,401
<i>Prior Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
01 April 2021	-	76,671	-	76,671
Additions	-	96	-	96
31 March 2022	-	76,767	-	76,767
Depreciation				
01 April 2021	-	73,600	-	73,600
Charge for the year	-	766	-	766
31 March 2022	-	74,366	-	74,366
Net book value				
31 March 2022	-	2,401	-	2,401
31 March 2021	-	3,071	-	3,071

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

10 Debtors

	2023	2022
	£	£
Trade debtors	5,658	13,491
Other debtors	6,644	6,820
	<u>12,302</u>	<u>20,311</u>

11 Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals	1,620	3,787
Deferred Income - Restricted funds	25,194	10,237
PAYE, NIC VAT and other taxes	6,209	7,062
Other creditors	4,872	-
	<u>37,895</u>	<u>21,086</u>

12 Income and Expenditure account summary

	2023	2022
	£	£
At 1 April 2022	281,639	262,434
Surplus after tax for the year	(65,972)	19,205
At 31 March 2023	<u>215,667</u>	<u>281,639</u>

13 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2023	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Tangible Fixed Assets	1,860	-	-	1,860
Current Assets	251,702	-	-	251,702
Current Liabilities	(37,895)	-	-	(37,895)
	<u>215,667</u>	<u>-</u>	<u>-</u>	<u>215,667</u>
At 1 April 2022	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Tangible Fixed Assets	2,401	-	-	2,401
Current Assets	300,324	-	-	300,324
Current Liabilities	(21,086)	-	-	(21,086)
	<u>281,639</u>	<u>-</u>	<u>-</u>	<u>281,639</u>

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

14 Change in total funds over the year as shown in Note 13 , analysed by individual funds

	Funds brought forward from 2022	Movement in funds in 2023	Transfers between funds in 2023	Funds carried forward to 2024
	£	See Note 15 £	£	£
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	281,639	(65,972)	-	215,667
Total unrestricted and designated funds	281,639	(65,972)	-	215,667
Total charity funds	281,639	(65,972)	-	215,667

15 Analysis of movements in funds over the year as shown in Note 14

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2023 £	2023 £	2023 £	2023 £
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	360,660	(426,632)	-	(65,972)
Restricted funds:-				
LCC Community Resource Grant	14,000	(14,000)	-	-
Pine Court Housing	500	(500)	-	-
LCC Comm Champion	25,000	(25,000)	-	-
LCC Covid	1,206	(1,206)	-	-
Alzheimer's Research UK	3,400	(3,400)	-	-
LCVS Health & Wellbeing	9,773	(9,773)	-	-
Community Forest Trust	8,000	(8,000)	-	-
	422,539	(488,511)	-	(65,972)

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2023

16 The purposes for which the funds as detailed in note 14 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted Revenue Funds These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

Unrestricted Revaluation Reserve This fund represents the unrestricted surplus arising on the revaluation of the charity's assets.

Restricted funds:-

Restricted Fixed Asset Funds The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.

Restricted Revaluation Reserve This fund represents the restricted surplus arising on the revaluation of the charity's assets.

17 Ultimate controlling party

The charity is under the control of its legal members.

Every member of the charity is obliged to contribute such amount as may be required not exceeding £10 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

18 Donations, Grants and Legacies

	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Donations and gifts from individuals				
Small donations individually less than £1000	2,370	-	2,370	1,457
Total donations and gifts from individuals	2,370	-	2,370	1,457

Donations and gifts from individuals (Include HMRC refunds on gift aided donations) - Prior Year analysis

	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £
Prior year	1,457	-	1,457

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Revenue grants from government and public bodies				
Small grants individually less than £1000	-	500	500	234
LCC Community Recourse Grant	-	14,000	14,000	14,000
NHS Liverpool CCG - Diabetes Inequalities LCCG (SMI)	-	-	-	10,998
LCC Dementia Support	-	-	-	15,333
LCVS	-	9,773	9,773	3,250
LCC - Covid	-	1,206	1,206	-
LCC Comm Champion	-	25,000	25,000	-
UOW funding	-	3,400	3,400	18,750
Community Forest Trust	-	8,000	8,000	-
TNL Coronavirus Community Recovery Fund	-	-	-	840
DHSC LCC ICF	-	-	-	9,052
DHSC LCC WRRF	-	-	-	13,482
DHSC WBC ICF	-	-	-	507
Total public sector revenue grants	-	61,879	61,879	86,446
Revenue grants from government and public bodies - Prior Year analysis				
	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £	
Prior Year	-	86,446	86,446	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Revenue grants and donations from non public bodies				
LCVS	-	-	-	10,000
Lloyds Bank Foundation England & Wales	2,250	-	2,250	50,000
Dementia network	-	-	-	660
Go Fund Me	9,955	-	9,955	-
Personal Wellbeing	-	-	-	-
PH Holt Grant	-	-	-	-
Total private sector revenue grants	12,205	-	12,205	60,660

Revenue grants and donations from non public bodies (Include Gift Aid donations from subsidiaries) - Prior Year analysis

	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £	
Prior Year	60,660	-	60,660	
Total Donations, Grants and Legacies				
Total Donations, Grants and Legacies A1	14,575	61,879	76,454	148,563

All the donations and gifts in the prior year were unrestricted.

<i>Prior year</i>	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Prior Year Total Funds 2022 £
Total Donations, Grants and Legacies A1	62,117	86,446	148,563

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

19 Income from charitable activities - Trading Activities

<i>Current year</i>	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total funds 2022 £
Primary purpose and ancillary trading Domiciliary and other services	343,730	-	343,730	356,107
Total Primary purpose and ancillary trading	344,190	-	344,190	356,107

20 Total Income from charitable activities

<i>Current year</i>	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Total income from charitable trading	344,190	-	344,190	356,107
Total from charitable activities A2	344,190	-	344,190	356,107

21 Investment income

	Current year Unrestricted Funds 2023 £	Current year Restricted Funds 2023 £	Current year Total Funds 2023 £	Prior Year Total Funds 2022 £
Bank Interest Receivable	705	-	705	126
Total investment income A4	705	-	705	126

Investment income - Prior Year analysis

	Unrestricted Funds	Restricted Funds	Total Funds
Prior Year	126	-	126

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

22 Other income and gains

<i>Current year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2023	2023	2023	2022
	£	£	£	£
HMRC JRS grants	-	-	-	-
Total other income	-	-	-	-

A5

23 Expenditure on charitable activities - Direct spending

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2023	2023	2023	2022
	£	£	£	£
Gross wages and salaries - charitable activities	360,264	52,837	413,102	422,499
Defined contribution pension costs - charitable activities	9,895	-	9,895	9,309
Temporary Staff - Charitable Activities	-	-	-	-
Travel and Subsistence - Charitable Activities	16,839	67	16,906	17,280
Marketing and advertising of charitable services	75	-	75	-
Training costs	1,935	-	1,935	1,090
Costs of activities and events	1,810	8,961	10,770	2,750
Total direct spending	390,818	61,865	452,683	452,928

B2a

See below for split of prior year expenditure.

<i>Prior Year</i>	Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds
	2022	2022	2022
	£	£	£
Gross wages and salaries - charitable activities	338,269	84,230	422,499
Defined contribution pension costs - charitable activities	9,309	-	9,309
Travel and Subsistence - Charitable Activities	17,280	-	17,280
Training costs	1,090	-	1,090
Costs of activities and events	1,550	1,200	2,750
Total direct spending	367,498	85,430	452,928

B2a

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

24 Support costs for charitable activities

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2023	2023	2023	2022
	£	£	£	£
<i>Premises Expenses</i>				
Rent payable under operating leases	13,958	-	13,958	10,517
<i>Administrative overheads</i>				
Telephone, fax and internet	3,272	-	3,272	3,840
Stationery and printing	2,491	-	2,491	1,668
Membership subscriptions	677	-	677	738
Software licences and computer	4,529	-	4,529	5,637
Health and safety costs	421	-	421	748
Liability and contents insurance	4,021	-	4,021	3,557
Equipment, repairs, expenses and maintenance	709	-	709	-
<i>Professional fees paid to advisors other than the auditor or examiner</i>				
Other legal and professional	3,071	-	3,071	3,451
<i>Financial costs</i>				
Bank charges	507	-	507	121
Depreciation & Amortisation in total for the period	580	14	594	766
Support costs before reallocation	34,236	14	34,250	31,043
Total support costs - Current Year	34,236	14	34,250	31,043

The basis of allocation of costs between activities is described under accounting policies

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

<i>Prior Year</i>	Unrestricted	Restricted	Total Funds
	Funds	Funds	
	2022	2022	2022
	£	£	£
<i>Premises Expenses</i>			
Rent payable under operating leases	9,517	1,000	10,517
<i>Administrative overheads</i>			
Telephone, fax and internet	3,840	-	3,840
Stationery and printing	1,668	-	1,668
Membership subscriptions	738	-	738
Software licences and computer expenses	5,637	-	5,637
Health and safety costs	748	-	748
Liability and contents insurance	3,557	-	3,557
<i>Professional fees paid to advisors</i>			
Other legal and professional	3,451	-	3,451
<i>Financial costs</i>			
Bank charges	121	-	121
Depreciation & Amortisation in total for the period	750	16	766
	<u>30,027</u>	<u>1,016</u>	<u>31,043</u>
Support costs before reallocation	<u>30,027</u>	<u>1,016</u>	<u>31,043</u>
Total support costs - Prior Year	<u>30,027</u>	<u>1,016</u>	<u>31,043</u>

The basis of allocation of costs between activities is described under accounting policies

25 Other Expenditure - Governance costs

<i>Current Year</i>	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds		
	2023	2023	2023	2022
	£	£	£	£
Independent Examiner's fees	1,578	-	1,578	1,620
Total Governance costs	<u>1,578</u>	<u>-</u>	<u>1,578</u>	<u>1,620</u>

All the expenditure in the prior year was unrestricted.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2023 as required by the SORP 2015

26 Total Charitable expenditure

		Current year	Current year	Current year	Prior Year
		Unrestricted	Restricted	Total Funds	Total Funds
<i>Current Year</i>		Funds	Funds		
		2023	2023	2023	2022
		£	£	£	£
Total direct spending	B2a	390,818	61,865	452,683	452,928
Total charitable trading costs	B2b	-	-	-	-
Total support costs	B2d	34,236	14	34,250	31,043
Total Governance costs	B2e	1,578	-	1,578	1,620
Total charitable expenditure	B2	426,632	61,879	488,511	485,591
<i>Prior Year</i>		Prior Year	Prior Year	Prior Year	
		Unrestricted	Restricted	Total Funds	
		Funds	Funds		
		2022	2022	2022	
		£	£	£	
Total direct spending	B2a	367,498	85,430	452,928	
Total charitable trading costs	B2b	-	-	-	
Total support costs	B2d	30,027	1,016	31,043	
Total Governance costs	B2e	1,620	-	1,620	
Total charitable expenditure	B2	399,145	86,446	485,591	

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2023

This analysis is classsified by activity and not by conventional nominal descriptions.

27 Analysis of income by activity

	SOFA ref	2023 £	2022 -
Activity			
Income from charitable activities			
Luncheon Club		460	-
Chinese Wellbeing		4,065	4,115
Domiciliary Service		295,372	315,404
Personal Wellbeing		44,293	36,588
Total Income from charitable activities	A2	344,190	356,107
Summary of Total Income, including the items above			
Charitable activities	A2	344,190	356,107
Other activities	A3	1,190	-
Donations & Legacies	A1	76,454	148,563
Investment income	A4	705	126
Total income as shown in the SOFA	A	422,539	504,796
Categories of income			
Income from exchange transactions		422,539	504,796

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2023

28 Analysis of charitable expenditure by activity

Activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Luncheon Club					
Direct costs	26,919	-	-	26,919	23,509
Administrative overheads	-	-	-	-	250
Financial costs	-	14	-	14	16
Total Luncheon Club	26,919	14	-	26,933	23,775
	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Chinese Wellbeing					
Direct costs	54,849	-	-	54,849	45,343
Charitable trading costs	-	-	-	-	-
Premises expenses	-	13,958	-	13,958	10,517
Administrative overheads	-	11,885	-	11,885	11,647
Professional fees	-	1,800	-	1,800	1,800
Financial costs	-	1,087	-	1,087	745
Overheads recharged	(1,017)	(27,643)	-	(28,660)	(25,355)
Total Chinese Wellbeing	53,832	1,087	-	54,919	44,697
	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Domiciliary Service					
Direct costs	345,432	-	-	345,432	363,696
Premises expenses	-	-	-	-	-
Administrative overheads	-	4,215	-	4,215	4,287
Professional fees	-	1,271	-	1,271	1,651
Overheads recharged	1,017	21,911	-	22,928	20,284
Total Domiciliary Service	346,449	27,397	-	373,846	389,918

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2023

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Personal Wellbeing					
Direct costs	25,484	-	-	25,484	20,380
Administrative overheads	-	20	-	20	4
Financial costs	-	-	-	-	126
Overheads recharged	-	5,732	-	5,732	5,071
Total Personal Wellbeing	25,484	5,752	-	31,236	25,581

Summary of charitable costs by activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Total Luncheon Club	26,919	14	-	26,933	23,775
Total Chinese Wellbeing	53,832	1,087	-	54,919	44,697
Total Domiciliary Service	346,449	27,397	-	373,846	389,918
Total Personal Wellbeing	25,484	5,752	-	31,236	25,581
Total Governance costs as detailed in Note 25	-	1,578	-	1,578	1,620
Total charitable expenditure	452,684	35,828	-	488,511	485,591

The basis of allocation of costs between activities is described under accounting policies

The breakdown of this expenditure by type of spending (ie nominal classification) is detailed in note 26

Analysis of support and governance costs by charitable activities

Activity	Governance	Finance	Human Resources	Other Overheads	Total
Luncheon Club	-	14	-	-	14
Chinese Wellbeing	1,578	1,087	-	-	2,665
Domiciliary Service	-	-	-	27,397	27,397
Personal Wellbeing	-	-	-	5,752	5,752
Grand Total	1,578	1,101	-	33,149	35,828

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2023

29 Analysis of non charitable expenditure by activity

Activity

<i>Governance costs</i>	Governance costs 2023 £	Governance costs 2022 £
Other Expenditure - Governance costs as detailed in Note 25	<u>1,578</u>	<u>1,620</u>

CHINESE WELLBEING

England & Wales - Charity number 1001288

Accounts

Company Registration Number - 2446695

The Charity Registration Number is :- 1001288

Chinese Wellbeing
Report and Accounts
31 March 2022

Chinese Wellbeing

Report and accounts for the year ended 31 March 2022

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Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

The Trustees present their Report and Accounts for the year ended 31 March 2022, which also comprises the Directors' Report required by the Companies Act 2006.

The continuing issues with Covid meant that during the year we maintained high levels of infection control in all our interactions with service users, staff and when required, the public. We are aware of only one service user being diagnosed as positive with Covid and this was after a stay in hospital.

Because of the detrimental impact on staff during the pandemic the DHSC made funding available to all social care providers to recruit and maintain staffing levels. Additional funds were also provided to ensure infection control measures were sustained along with free access to PPE.

We would like to record our gratitude to those organisations who both funded and provided non-financial support to Chinese Wellbeing during the year. These include Lloyds Bank Foundation England and Wales, Liverpool City Council and the NHS Liverpool Clinical Commissioning Group. The support of Lloyds Bank Foundation in particular enabled us to recruit a part-time Communications officer who has greatly improved our social media presence in terms of content and frequency. LBF also provided Specialist support with Marketing and Strategy consultants under their Enhance Support programme who have focused our thinking on forward planning.

We continue to use our reach into the Chinese community for various engagement exercises for external agencies and to support housing associations.

Our unique ability to engage with the Chinese community for health and wellbeing issues is a strength which we continually strive to develop in an effort to remain sustainable.

My overview last year inevitably highlighted the onset of COVID and its' impact on the course of that year and COVID has remained a key issue for the duration of 2021-2022 also. Mass vaccination came on stream and ramped up in the course of the year. Chinese Wellbeing was able to support and facilitate this process. Notwithstanding the improved capacity that the vaccines have for managing COVID, staff at Chinese Wellbeing have at all times been mindful of the risks and infection control procedures have been rigorously followed. It's a credit to the dedication of the staff that our delivery of services has been maintained throughout the year, and a credit to the professionalism of the staff that has enabled us to deliver services without incidence of COVID infection impacting on our ability to deliver. As Chair of the trustees, I'm very well aware of the benefit that the organisation derives from our competent and dedicated staff, as well as from a supportive board of trustees.

In last year's annual report, I commented on a worrying upturn in anti-Chinese sentiment stoked to some extent by some politicians on the world stage. Although this has not developed into an epidemic, it remains a matter of concern. Politicians need to be reminded that comments on the world stage can have detrimental impacts at the local community level. Whilst it is not Chinese Wellbeing's role to enter the political field, Chinese Wellbeing does have a role to play in ensuring that such impacts are highlighted and that action is taken to counter those impacts.

Chinese Wellbeing has a culture of flexibility, agility and innovation. It aims to be a competent and supportive partner in the delivery of services, and in the sharing of our experiences. These attributes are reflected in our collaborations in the course of the year. I would hope that Chinese Wellbeing is seen as an interesting and fulfilling organisation with which to be associated and that this will stand us in good stead as we seek to reinforce and refresh our board of trustees over the forthcoming years.

In terms of financial performance, Chinese Wellbeing has always been driven by financial prudence. We are very lucky to have had support from a number of external sources, some referenced in the body of this report. We end the year in a reasonably stable financial position, though we are very well aware of challenges ahead. We are ready to meet them.

Andy Green
Chair of the Trustees
2022

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

Reference and administrative details

The charity name.

The legal name of the charity is:- Chinese Wellbeing.

The charity is also known by its operating name, Chinese Wellbeing.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1001288.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Acts . The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 27 November 1989

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

By operation of law all, trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals.

The principal operating address, telephone number, email and web addresses of the charity are:-

85-86 Staten Court

Tradewind Square, East Village, Duke Street

Liverpool, L1 5BG

Telephone 0151 709 2643

Email Address info@chinesewellbeing.co.uk Web address www.Chinesewellbeing.co.uk

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

The Trustees in office on the date the report was approved were:-

Mr Andrew Michael Green

Mrs Polly Yee-Ling Green

Dr Simon Siu Man Kan

Mr Oscar Ip

Mrs Helen Owen

Mr James Crook

Mr Stephen Wong

Mr Kai Kwong Simon Wong

The following persons served as Trustees during the year ended 31 March 2022 :-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

All the trustees are also members of the charity.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The objectives of the charity are set out in the Memorandum of Association of 27th November 1989 as amended by the Extraordinary General Meeting of 5th November 1990, and incorporated in the Companies Act 2006 compliant revision of the Memorandum and Articles of Chinese Wellbeing of 2015. They are:

1. to promote the education of people in the principles and practice of good citizenship and service to the community
2. to promote and provide social services of a charitable nature for the benefit primarily but not exclusively of Chinese persons resident within the area with the objective of improving the conditions of life of the persons to whom such services are provided
3. to advance the education of unemployed persons, in particular those of Chinese origins, who are in need of assistance by providing them with vocational training

The main activities undertaken in relation to those purposes during the year.

Aims and Focus of Our Work:

Chinese Wellbeing delivers a suite of services that aim to:

- Enable independent living.
- Promote physical, mental, social and economic well-being.
- Support community involvement.
- Enable a better route for community engagement.
- Advocate on behalf of our clients - and help them develop and use their own voices.
- Provide information - to clients and about the needs of our client, to Government, local agencies and the community at large.

Ensuring that the Work of the Organisation Delivers our Aims:

The activities of Chinese Wellbeing are built around our experience and understanding of the specific needs of our clients which are driven by the following characteristics:

- Reluctance on the part of many in the community to seek help due to social stigma and lack of understanding about how the system works and what services are available.
- Problems in accessing and beneficially using mainstream services because of language difficulties and cultural barriers.
- A lack of knowledge and skills in self-care and self-support, particularly in the areas of mental health and preventing and managing chronic diseases.
- Social isolation due to language difficulties and disabilities, particularly amongst older people and those with learning difficulties and their carers.
- A lack of support and confidence to venture out of the 'Chinese Comfort Zone 'and become involved in wide community activities.

To address these issues Chinese Wellbeing acts as a facilitator and conduit between its Service Users and their extended families and mainstream care services. We have continued to hold presentations, awareness sessions and consultation events with partners to educate the community in areas of health and wellbeing which have previously been difficult to access.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

The main activities undertaken during the year to further the charity's purpose for the public benefit.

How our Activities Deliver Public Benefit.

The activities of Chinese Wellbeing provide public benefit directly through the support that it gives to its clients, but it also provides public benefit by providing a link between the Chinese community and other agencies so that they can fulfil their obligations more cost effectively and inclusively. All the activities that Chinese Wellbeing carries out are of a social or charitable nature, undertaken to further the charitable objectives of the organisation which are set out above.

Who has Used and Benefited from our Services?

Chinese Wellbeing provides services for the benefit primarily but not exclusively of Chinese people resident within the area of Merseyside and the Liverpool City-Region. The direct beneficiaries of Chinese Wellbeing's activities are primarily those who consider themselves to be Chinese, but we also provide services to people who are not Chinese but are in need of support and are happy to receive that support from Chinese Wellbeing.

For the year ending March 2022, Chinese Wellbeing had regular contact with over 200 service users receiving Domiciliary Care, Personal Wellbeing Services or using Evergreen Wellbeing Club. The majority of direct service users are elderly and of Chinese origin, with an age range between 40 and 100 years. The gender balance of beneficiaries receiving personal care and support continues to remain approximately equal, while the beneficiaries using the club services were predominantly female. Generally, most service users live alone, speak little English and live with a range of chronic illnesses and disabilities. These factors make them more vulnerable to the Covid virus and its effect on living independently.

Our long experience and wide knowledge of the Chinese Community enables us to support other agencies and disseminate clear information for the local authorities, the NHS, Central Government, Registered Social Landlords and other charities.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

The short term and longer term aims and objectives.

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- We will seek to develop successful services such as Tea House Reminiscence®, Personal Wellbeing Service and Evergreen Wellbeing Club
- Invest in training and recruitment.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

The main achievements and performance of the charity during the year.

What Services and Activities were provided?

Services are delivered through the following key activities:

Domiciliary Care and Respite Services

This service provides personal care and support that is responsive and sensitive to the language and cultural needs of those who are elderly and /or with disabilities and living at homes or in other types of housing. Bi-lingual staff and cultural awareness provide a specialised service which is not available elsewhere locally. This includes matching the languages and dialects of service users with care assistants, to ensure clear communication. During the year, despite very trying circumstances we continued to provide in personal care services to the Community. Appropriate Personal Protective Equipment (PPE) was worn throughout the period and protocols put in place to prevent cross infection for the protection of service users and their families and our own staff.

Personal Wellbeing Service

This is a service introduced in April 2013 to replace the Supported Living Service which was decommissioned by Liverpool City Council in March 2013.

The service provides a Personal Assistant to support the service user to sustain an independent life style whilst still living at home. The service is chargeable and whilst we had seen a dip in number of people using the service in the early part of the pandemic, numbers did increase as the pandemic eased.

In the last twelve months we were still a little below pre Covid level but moving in the right direction.

Evergreen Wellbeing Club

We continued online sessions throughout the year which include singing, Pom-pom dancing, chair based exercises, cookery, arts and craft sessions keeping people connected and stimulated in a fun way. These sessions proved very popular and attendance figures maintained high levels with members showing off some artistic and creative talents.

In September, we recommenced face to face activities at St Michaels Church in the City taking all necessary precautions to ensure Covid safety measures observed and followed by the group.

Once again, and fortunately, the local authority grant remained at the previous year's level of £ 14k and this helped us to keep the team in place to deliver much needed and valued support.

This included telephoning or messaging members every week to ensure the elderly members did not feel alone and isolated and to help with basic food supplies and other essentials if necessary.

Evergreen Club outputs for the year:

1 April 2021 – 31 March 2022

Total number of online and face to face sessions: 150

Total attendances 3,132

Total weekly Interventions i.e. telephone calls, texts, door step visits, emergency shopping trips, vaccination registrations, Covid testing, help with accessing the internet, medication collections 9,283

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

Tea House Reminiscence®

Tea House is a registered brand, and is open to anyone over the age of 55 years but particularly aimed at those living with dementia, or at risk of dementia and their family carers. It is a means of helping those with dementia and other memory problems. It provides a safe and memory-rich environment aimed at stimulating participants, sadly we had to suspend Tea House meetings at the start of lockdown and have not yet restarted sessions.

Dementia Network

The Network is for people living with dementia, or mild cognitive impairment and their carers. During Covid, the Network activities were transferred online and those without hardware, were given access to our tablet loan scheme and supported by staff members to access the group sessions. The Network recommenced face to face activities in September 2021.

Covid 19 Community Champion

In July 2021, we were successful in our funding application to the Liverpool City Council to become part of the Covid 19 Community Champions Network which has enabled us to continue supporting the community with health and wellbeing issues arising from the pandemic. We also continued our Covid Helpline, supported with vaccinations and testing, provided information and guidance in an accessible format and delivered health and wellbeing activities to reduce social isolation and loneliness.

In January 2022, we were pleased to become a member of the Community Innovation Team for Central Liverpool led by Liverpool School of Tropical Medicine, a project focused on reducing vaccine inequalities and vaccine hesitancy in Liverpool.

Diabetes Health Inequalities Programme

With funding support via the Liverpool Clinical Commissioning Group (LCCG) we partnered in a joint initiative between 12 VCSE delivery organisations, NHS commissioners and Liverpool Diabetes Partnership (LUHFT and Mersey Care). A Community of Practice was formed for organisations to share experiences and knowledge enabling the development of educational diabetes support programmes for delivery within the respective communities. With assistance from the Liverpool Diabetes Partnership, we developed an 8 month online programme which was well received by participants. Whilst the programme finished in March, the follow up evaluation has provided detailed evidence of the successful outcomes through adopting a community led approach to health issues.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

Chinese Wellbeing is a company limited by guarantee and a registered charity. Membership of the organisation is open only to the Trustees and the business of Chinese Wellbeing is managed by the Trustees, who meet regularly as a Board. The trustees, act on a voluntary basis and are not in receipt of any remuneration from Chinese Wellbeing. The Articles of Association stipulate that there are to be at least 3, and no more than 15 trustees; The Board of Trustees currently numbers 8.

The Board meets on a regular 6-weekly cycle unless there are particular issues to be addressed that require additional meetings. During the period of the COVID pandemic, trustee meetings have been conducted via Zoom, as allowed for in our governance.

Advisors

The Articles of Association provide for the Board to maintain an advisory panel. In the course of the year, the organisation benefitted from retaining the services of a firm of solicitors for specific guidance in Employment Law.

Recruitment and Induction of Trustees

No new trustees were appointed in the course of the year. The difficulty in securing trustees with the appropriate skills and culture to contribute to the work of the organisation, remains a matter of concern. Trustee recruitment is an important factor and Chinese Wellbeing maintains a vigilance for prospective candidates

Financial review

The charity's financial position at the end of the year ended 31 March 2022

The financial position of the charity at 31 March 2022 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2022	2021
	£	£
Net income	19,205	26,813
Unrestricted Revenue Funds available for the general purposes of the charity	281,639	262,434
Total Funds	281,639	262,434

Financial review of the position at the reporting date, 31 March 2022 .

The trustees consider the financial performance by the charity during the year to have been satisfactory. In the last financial year approximately 63 % of our income derived from delivering domiciliary care on behalf of Liverpool City Council.

The balance is made up of grants and individuals paying for services supporting independent living. We are continually assessing other potential areas for income generation.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

Policies on reserves.

Chinese Wellbeing has been very mindful of the risk to its operations arising from the recession and pressure on public funding. The Trustees consider it to be prudent in these circumstances to keep 3 months running costs in reserve and sufficient funds for potential redundancy payments £200,000

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Investment policy and investment objectives.

Chinese Wellbeing operates a prudent reserves policy, and a prudent investment policy. The Board of Trustees is mindful of the recent volatility and unreliability of financial products and has opted for the investment of its funds in low risk commercial products.

Details of The Independent Examiner

Tracey Pritchard BA FCA

Member of Institute of Chartered Accountants in England & Wales

255 Poulton Road

Wallasey

Merseyside

CH44 4BT

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022

Statement of the Directors Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2022


Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 15 to 40.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016)

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 11 Oct 2022.



ANDY GREEN
Director and Trustee

Chinese Wellbeing

Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 31 March 2022

I report to the Trustees on my examination of the financial statements of the charitable company on pages 15 to 40 for the year ended 31 March 2022 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , and under the historical cost convention and the accounting policies set out on page 20.

Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report

As described on page 11, you, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a) examine the financial statements of the charity under Section 145 of the Act;
- b) follow the applicable procedures in the Directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of Independent Examiner's Statement and scope of work undertaken

Since the charitable company's gross income exceeded £250,000, the charitable company's examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am an authorised member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

Chinese Wellbeing

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

The gross income of the charitable company in the year ended 31 March 2022 appears to exceed the sum specified in Section 145(3) of the Act, namely £250000, and that I am qualified to act as Independent Examiner in accordance with that section by virtue of my being a qualified member of Institute of Chartered Accountants in England & Wales;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;

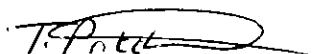
the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:-



Tracey Pritchard BA FCA - Independent Examiner

Institute of Chartered Accountants in England & Wales

255 Poulton Road
Wallasey
Merseyside
CH44 4BT

This report was signed on 18/10/ 2022

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2022

Statement of Financial Activities (Including the Income and Expenditure Account for the year ended 31 March 2022, as required by the Companies Act 2006)

	SORP Ref	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior Year Total Funds 2021 £
Income & Endowments from:					
Donations & Legacies	A1	62,117	86,446	148,563	115,599
Charitable activities	A2	356,107	-	356,107	400,446
Investments	A4	126	-	126	469
Other	A5	-	-	-	11,210
Total income	A	418,350	86,446	504,796	527,724
Expenditure on:					
Charitable activities	B2	399,145	86,446	485,591	500,911
Total expenditure	B	399,145	86,446	485,591	500,911
Net income for the year		19,205	-	19,205	26,813
Net income after transfers	A-B-C	19,205	-	19,205	26,813
Net movement in funds		19,205	-	19,205	26,813
Reconciliation of funds:-					
	E				
Total funds brought forward		262,434	-	262,434	235,621
Total funds carried forward		281,639	-	281,639	262,434

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2022

Chinese Wellbeing - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2021 £	Prior Year Restricted Funds 2021 £	Prior Year Total Funds 2021 £
Income & Endowments from:				
Donations & Legacies	A1	1,549	114,050	115,599
Charitable activities	A2	400,446	-	400,446
Other trading activities	A3	-	-	-
Investments	A4	469	-	469
Other	A5	11,210	-	11,210
Total income	A	<u>413,674</u>	<u>114,050</u>	<u>527,724</u>
Expenditure on:				
Charitable activities	B2	386,861	114,050	500,911
Total expenditure	B	<u>386,861</u>	<u>114,050</u>	<u>500,911</u>
Net gains on investments	B4	-	-	-
Net income for the year		26,813	-	26,813
Transfers between funds	C	-	-	-
Net Income after transfers		<u>26,813</u>	<u>-</u>	<u>26,813</u>
Net movement in funds		<u>26,813</u>	<u>-</u>	<u>26,813</u>
Reconciliation of funds:-				
Total funds brought forward	E	235,621	-	235,621
Total funds carried forward		<u>262,434</u>	<u>-</u>	<u>262,434</u>

All activities derive from continuing operations

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2022

Chinese Wellbeing - Resources applied in the year ended 31 March 2022 towards fixed assets for Charity use:-

	2022 £	2021 £
Funds generated in the year as detailed in the SOFA	19,205	26,813
Resources applied on functional fixed assets	(96)	-
Other applications of funds	-	-
Net resources available to fund charitable activities	<u>19,109</u>	<u>26,813</u>

The resources applied on fixed assets for charity use represents the cost of additions less proceeds of any disposals.

The notes attached on pages 20 to 40 form an integral part of these accounts.

Movements in revenue and capital funds for the year ended 31 March 2022

Revenue accumulated funds

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Last year Total Funds 2021 £
Accumulated funds brought forward	262,434	-	262,434	235,621
Recognised gains and losses before transfers	<u>19,205</u>	<u>-</u>	<u>19,205</u>	<u>26,813</u>
	281,639	-	281,639	262,434
Closing revenue funds	<u>281,639</u>	<u>-</u>	<u>281,639</u>	<u>262,434</u>

Summary of funds

	Unrestricted and Designated funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Last Year Total Funds 2021 £
Revenue accumulated funds	281,639	-	281,639	262,434

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2022

Chinese Wellbeing Income and Expenditure Account for the year ended 31 March 2022 as required by the Companies Act 2006

	2022 £	2021 £
<i>Income</i>		
Income from operations	504,670	516,045
Interest receivable	126	469
Other operating income	-	11,210
Gross income in the year before exceptional items	<u>504,796</u>	<u>527,724</u>
Gross income in the year including exceptional items	<u>504,796</u>	<u>527,724</u>
<i>Expenditure</i>		
Charitable expenditure, excluding depreciation and amortisation	483,205	498,325
Depreciation and amortisation	766	966
Governance costs	1,620	1,620
Realised losses on disposals of social investments which are programme related	-	-
Total expenditure in the year	<u>485,591</u>	<u>500,911</u>
Net income before tax in the financial year	19,205	26,813
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	<u>19,205</u>	<u>26,813</u>
Retained surplus for the financial year	<u>19,205</u>	<u>26,813</u>

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing - Balance Sheet as at 31 March 2022

	SORP		2022	2021
	Note	Ref	£	£
Fixed assets		A		
Tangible assets	9	A2	2,401	3,071
Current assets		B		
Debtors	10	B2	20,311	25,335
Cash at bank and in hand		B4	280,013	302,883
Total current assets			<u>300,324</u>	<u>328,218</u>
Creditors: amounts falling due within one year	11	C1	<u>(21,086)</u>	<u>(68,855)</u>
Net current assets			279,238	259,363
The total net assets of the charity			<u>281,639</u>	<u>262,434</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds

Unrestricted Funds

Unrestricted Revenue Funds	14	D3	281,639	262,434
			281,639	262,434
Designated Funds				
Total charity funds			<u>281,639</u>	<u>262,434</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 14.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.



ANDY GREEN

Trustee

Approved by the board of trustees on 11/04 2022

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2022

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Risks and future assumptions

The charity is a public benefit entity.

The Trustees examined the major strategic, business and operational risks that the charity faces. Following a review and assessment of these risks, the Trustees have formulated management policies and implemented internal controls to mitigate risks to the charity.

Policies relating to categories of income and Income recognition.

Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Categories of income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross before deducting any related fees or costs

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2022

Accounting for deferred income and Income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the recipient charity, is accounted for as a liability and shown on the balance sheet as deferred income. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

Policies relating to expenditure on goods and services provided to the charity.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Policies relating to assets, liabilities and provisions and other matters.

Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Plant and machinery	33.3 % straight line
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A regular annual review of the likelihood of asset impairment is undertaken.

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Liabilities are measured at their settlement amount. A liability is recognised for the the amount the Charity anticipates it will pay to settle the deb or the amount it has received as an advance payment for goods or services it must provide.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2022

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

There are no endowment funds.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities. may need rewording.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

There are no significant implications of such matters.

5 Net surplus before tax in the financial year

	2022	2021
	£	£
The net surplus before tax in the financial year is stated after charging:-		
Depreciation of owned fixed assets	766	966
Pension costs	9,309	9,477

6 Staff costs and emoluments

<i>Salary costs</i>	2022	2021
	£	£
Gross Salaries	422,499	424,486
Employer's operating costs of defined contribution pension schemes	9,309	9,477
Total salaries, wages and related costs	431,808	433,963

The average number of full time and part time staff employed in the year was

	33	33
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7 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2022

8 Deferred income - Restricted funds

<i>Current Year</i>	Opening Deferrals	Released in year	Received less released in year	Deferred at year end
	£	£	£	£
TNL Power to Change	234	(234)	-	-
Innovations in Dementia - DEEP	3,987	-	-	3,987
LCC Dementia Support	3,250	(3,250)	-	-
TNL Coronavirus Community Recovery Fund	840	(840)	-	-
LCCG(SMI project)	15,333	(15,333)	-	-
LCC Comm Champion	-	(18,750)	25,000	6,250
Total	23,644	(38,407)	25,000	10,237
			2022	2021
			£	£
These deferrals are included in creditors			10,237	23,644

<i>Prior Year</i>	Opening Deferrals	Released in years	Received less released in year	Deferred at year end
	£	£	£	£
TNL Power to Change	-	(7,166)	7,400	234
Innovations in Dementia - DEEP	3,987	-	-	3,987
LCC Dementia Support	3,250	-	-	3,250
TNL Coronavirus Community Recovery Fund	-	(47,898)	48,738	840
Personal Wellbeing	5,000	(5,000)	-	-
LCCG(SMI project)	-	-	15,333	15,333
Total	12,237	(60,064)	71,471	23,644
			2021	2020
			£	£
These deferrals are included in creditors			23,644	12,237

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2022

9 Tangible fixed assets

<i>Current Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
At 1 April 2021	-	76,671	-	76,671
Additions	-	96	-	96
At 31 March 2022	-	76,767	-	76,767
Depreciation				
At 1 April 2021	-	73,600	-	73,600
Charge for the year	-	766	-	766
At 31 March 2022	-	74,366	-	74,366
Net book value				
At 31 March 2022	-	2,401	-	2,401
At 31 March 2021	-	3,071	-	3,071
<i>Prior Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
01 April 2020	-	76,671	-	76,671
Additions	-	-	-	-
31 March 2021	-	76,671	-	76,671
Depreciation				
01 April 2020	-	72,634	-	72,634
Charge for the year	-	966	-	966
31 March 2021	-	73,600	-	73,600
Net book value				
31 March 2021	-	3,071	-	3,071
31 March 2020	-	4,037	-	4,037

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2022

10 Debtors

	2022	2021
	£	£
Trade debtors	13,491	22,462
Other debtors	6,820	2,873
	<u>20,311</u>	<u>25,335</u>

11 Creditors: amounts falling due within one year

	2022	2021
	£	£
Accruals	3,787	1,620
Deferred Income - Unrestricted & designated funds	-	35,000
Deferred Income - Restricted funds	10,237	23,644
PAYE, NIC VAT and other taxes	7,062	8,591
	<u>21,086</u>	<u>68,855</u>

12 Income and Expenditure account summary

	2022	2021
	£	£
At 1 April 2021	262,434	235,621
Surplus after tax for the year	19,205	26,813
At 31 March 2022	<u>281,639</u>	<u>262,434</u>

13 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2022	Unrestricted funds	Designated funds	Restricted funds	Total Funds
	£	£	£	£
Tangible Fixed Assets	2,401	-	-	2,401
Current Assets	300,324	-	-	300,324
Current Liabilities	(21,086)	-	-	(21,086)
	<u>281,639</u>	<u>-</u>	<u>-</u>	<u>281,639</u>
At 1 April 2021	Unrestricted funds	Designated funds	Restricted funds	Total Funds
	£	£	£	£
Tangible Fixed Assets	3,071	-	-	3,071
Current Assets	328,217	-	-	328,217
Current Liabilities	(68,855)	-	-	(68,855)
	<u>262,433</u>	<u>-</u>	<u>-</u>	<u>262,433</u>

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2022

14 Change in total funds over the year as shown in Note 13 , analysed by individual funds

	Funds brought forward from 2021	Movement In funds in 2022	Transfers between funds in 2022	Funds carried forward to 2023
	£	See Note 15 £	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	262,434	19,205	-	281,639
Total unrestricted and designated funds	262,434	19,205	-	281,639
Total charity funds	262,434	19,205	-	281,639

15 Analysis of movements in funds over the year as shown in Note 14

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2022 £	2022 £	2022 £	2022 £
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	418,350	(399,145)	-	19,205
<i>Restricted funds:-</i>				
LCC Community Resource Grant	14,000	(14,000)	-	-
LCCG (SMI Project)	15,333	(15,333)	-	-
LCC Comm Champion	18,750	(18,750)	-	-
TNL Coronavirus Community Recovery Fund	840	(840)	-	-
NHS Liverpool CCG (Diabetes Inequalities Fund)	10,998	(10,998)	-	-
TNL Power to Change	234	(234)	-	-
LCC Demetia Support	3,250	(3,250)	-	-
DHSC LCC ICF	9,052	(9,052)	-	-
DHSC LCC WRRF	13,482	(13,482)	-	-
DHSC WBC ICF	507	(507)	-	-
	504,796	(485,591)	-	19,205

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2022

16 The purposes for which the funds as detailed in note 14 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted Revenue Funds These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.

Unrestricted Revaluation Reserve This fund represents the unrestricted surplus arising on the revaluation of the charity's assets.

Restricted funds:-

Restricted Fixed Asset Funds The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.

Restricted Revaluation Reserve This fund represents the restricted surplus arising on the revaluation of the charity's assets.

17 Ultimate controlling party

The charity is under the control of its legal members.

Every member of the charity is obliged to contribute such amount as may be required not exceeding £10 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2022 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

18 Donations, Grants and Legacies

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior Year Total Funds 2021 £
Donations and gifts from individuals				
Small donations individually less than £1000	1,457	-	1,457	1,549
Total donations and gifts from Individuals	1,457	-	1,457	1,549

Donations and gifts from individuals (Include HMRC refunds on gift aided donations) - Prior Year analysis

	Prior Year Unrestricted Funds 2021 £	Prior Year Restricted Funds 2021 £	Prior Year Total Funds 2021 £
Prior year	1,549	-	1,549

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2022 as required by the SORP 2015

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior Year Total Funds 2021 £
Revenue grants from government and public bodies				
Small grants individually less than £1000	-	-	-	1,107
LCC Community Recourse Grant	-	14,000	14,000	14,000
NHS Liverpool CCG - Diabetes Inequalities LCCG (SMI)	-	10,998	10,998	-
LCC Dementia Support	-	15,333	15,333	-
DHSC Workforce Grant	-	3,250	3,250	-
LCC Comm Champion	-	-	-	2,569
Community Foundation for Merseyside (LCR Cares)	-	18,750	18,750	-
TNL Power to Change	-	-	-	2,158
TNL Coronavirus Community Recovery Fund	-	234	234	7,166
DHSC LCC ICF	-	840	840	47,898
DHSC LCC WRRF	-	9,052	9,052	12,653
DHSC WBC ICF	-	13,482	13,482	-
	-	507	507	-
Total public sector revenue grants	-	86,446	86,446	87,550
Revenue grants from government and public bodies - Prior Year analysis				
	Prior Year Unrestricted Funds 2021 £	Prior Year Restricted Funds 2021 £	Prior Year Total Funds 2021 £	
Prior Year	-	87,550	87,550	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2022 as required by the SORP 2015

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior Year Total Funds 2021 £
Revenue grants and donations from non public bodies				
LCVS	10,000	-	10,000	-
Lloyds Bank Foundation England & Wales	50,000	-	50,000	-
Dementia network	660	-	660	-
Independent Age	-	-	-	13,500
Personal Wellbeing	-	-	-	5,000
PH Holt Grant	-	-	-	8,000
Total private sector revenue grants	60,660	-	60,660	26,500

Revenue grants and donations from non public bodies (Include Gift Aid donations from subsidiaries) - Prior Year analysis

	Prior Year Unrestricted Funds 2021 £	Prior Year Restricted Funds 2021 £	Prior Year Total Funds 2021 £	
Prior Year	-	26,500	26,500	
Total Donations, Grants and Legacies				
Total Donations, Grants and Legacies A1	62,117	86,446	148,563	115,599

All the donations and gifts in the prior year were unrestricted.

<i>Prior year</i>	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Prior Year Total Funds 2021 £
Total Donations, Grants and Legacies A1	1,549	114,050	115,599

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2022 as required by the SORP 2015

19 Income from charitable activities - Trading Activities

<i>Current year</i>	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior Year Total funds 2021 £
Primary purpose and ancillary trading Domiciliary and other services	356,107	-	356,107	400,446
Total Primary purpose and ancillary trading	356,107	-	356,107	400,446

20 Total Income from charitable activities

<i>Current year</i>	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior Year Total Funds 2021 £
Total income from charitable trading	356,107	-	356,107	400,446
Total from charitable activities A2	356,107	-	356,107	400,446

21 Investment income

	Current year Unrestricted Funds 2022 £	Current year Restricted Funds 2022 £	Current year Total Funds 2022 £	Prior Year Total Funds 2021 £
Bank Interest Receivable	126	-	126	469
Total investment income A4	126	-	126	469

Investment income - Prior Year analysis

	Unrestricted Funds	Restricted Funds	Total Funds
Prior Year	469	-	469

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2022 as required by the SORP 2015

22 Other income and gains

<i>Current year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2022	2022	2022	2021
	£	£	£	£
HMRC JRS grants	-	-	-	11,210
Total other income	-	-	-	11,210

23 Expenditure on charitable activities - Direct spending

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2022	2022	2022	2021
	£	£	£	£
Gross wages and salaries - charitable activities	338,268	84,230	422,499	424,486
Defined contribution pension costs - charitable activities	9,309	-	9,309	9,477
Travel and Subsistence - Charitable Activities	17,280	-	17,280	17,935
Training costs	1,090	-	1,090	1,879
Costs of activities and events	1,551	1,200	2,750	8,006
Total direct spending	367,498	85,430	452,928	461,783

See below for split of prior year expenditure.

<i>Prior Year</i>	Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds
	2021	2021	2021
	£	£	£
Gross wages and salaries - charitable activities	343,166	81,320	424,486
Defined contribution pension costs - charitable activities	9,477	-	9,477
Travel and Subsistence - Charitable Activities	16,941	994	17,935
Training costs	714	1,165	1,879
Costs of activities and events	3,990	4,016	8,006
Total direct spending	374,288	87,495	461,783

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2022 as required by the SORP 2015

24 Expenditure on charitable activities - Charitable trading

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2022	2022	2022	2021
	£	£	£	£
Cost of goods for primary purpose trading - Including movement in stock	-	-	-	-
Total charitable trading costs B2b	-	-	-	-

25 Support costs for charitable activities

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2022	2022	2022	2021
	£	£	£	£
Premises Expenses				
Rent payable under operating leases	9,517	1,000	10,517	8,000
Administrative overheads				
Telephone, fax and internet	3,840	-	3,840	2,765
Stationery and printing	1,668	-	1,668	2,155
Membership subscriptions	738	-	738	449
Software licences and computer	5,637	-	5,637	11,846
Health and safety costs	748	-	748	3,345
Liability and contents insurance	3,557	-	3,557	4,392
Professional fees paid to advisors other than the auditor or examiner				
Other legal and professional	3,451	-	3,451	3,590
Financial costs				
Bank charges	121	-	121	-
Depreciation & Amortisation in total for the period	750	16	766	966
Support costs before reallocation	30,027	1,016	31,043	37,508
Total support costs - Current Year	30,027	1,016	31,043	37,508

The basis of allocation of costs between activities is described under accounting policies

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2022 as required by the SORP 2015

<i>Prior Year</i>	Unrestricted Funds	Restricted Funds	Total Funds
	2021	2021	2021
	£	£	£
<i>Premises Expenses</i>			
Rent payable under operating leases	3,000	5,000	8,000
<i>Administrative overheads</i>			
Telephone, fax and internet	41	2,724	2,765
Stationery and printing	513	1,642	2,155
Membership subscriptions	204	245	449
Software licences and computer expenses	1,458	10,388	11,846
Health and safety costs	3,345	-	3,345
Liability and contents insurance	858	3,534	4,392
<i>Professional fees paid to advisors</i>			
Other legal and professional	600	2,990	3,590
<i>Financial costs</i>			
Depreciation & Amortisation in total for	934	32	966
<i>Support costs before reallocation</i>	10,953	26,555	37,508
Total support costs - Prior Year	10,953	26,555	37,508

The basis of allocation of costs between activities is described under accounting policies

26 Other Expenditure - Governance costs

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2022	2022	2022	2021
	£	£	£	£
Independent Examiner's fees	1,620	-	1,620	1,620
Total Governance costs	1,620	-	1,620	1,620

All the expenditure in the prior year was unrestricted.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2022 as required by the SORP 2015

27 Total Charitable expenditure

<i>Current Year</i>		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2022 £	2022 £	2022 £	2021 £
Total direct spending	B2a	367,498	85,430	452,928	461,783
Total charitable trading costs	B2b	-	-	-	-
Total support costs	B2d	30,027	1,016	31,043	37,508
Total Governance costs	B2e	1,620	-	1,620	1,620
Total charitable expenditure	B2	399,145	86,446	485,591	500,911

<i>Prior Year</i>		Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds
		2021 £	2021 £	2021 £
Total direct spending	B2a	374,288	87,495	461,783
Total charitable trading costs	B2b	-	-	-
Total support costs	B2d	10,953	26,555	37,508
Total Governance costs	B2e	1,620	-	1,620
Total charitable expenditure	B2	386,861	114,050	500,911

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2022

This analysis is classsified by activity and not by conventional nominal descriptions.

28 Analysis of income by activity

	SOFA ref	2022 £	2021 -
Activity			
Income from charitable activities			
Luncheon Club		-	-
Chinese Wellbeing		4,115	13,920
Domiciliary Service		315,404	354,453
Personal Wellbeing		36,588	43,283
Total Income from charitable activities	A2	356,107	400,446
Summary of Total Income, including the Items above			
Charitable activities	A2	356,107	400,446
Donations & Legacies	A1	148,563	115,599
Investment income	A4	126	469
Other income	A5	-	11,210
Total Income as shown in the SOFA	A	504,796	527,724
Categories of income			
Income from exchange transactions		504,796	527,724

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2022

29 Analysis of charitable expenditure by activity

Activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2022	2022	2022	2022	2021
	£	£	£	£	£
Luncheon Club					
Direct costs	23,509	-	-	23,509	22,007
Administrative overheads	-	250	-	250	
Professional fees	-	-	-	-	107
Financial costs	-	16	-	16	17
Total Luncheon Club	23,509	266	-	23,775	22,131
	Direct costs	Support costs	Grant funding of activities	Total	Total
	2022	2022	2022	2022	2021
	£	£	£	£	£
Chinese Wellbeing					
Direct costs	45,343	-	-	45,343	53,385
Charitable trading costs	-	-	-	-	-
Premises expenses	-	10,517	-	10,517	8,000
Administrative overheads	-	11,647	-	11,647	18,836
Professional fees	-	1,800	-	1,800	1,270
Financial costs	-	745	-	745	800
Overheads recharged	-1,391	(23,964)	-	(25,355)	(20,632)
Total Chinese Wellbeing	43,952	745	-	44,697	61,659
	Direct costs	Support costs	Grant funding of activities	Total	Total
	2022	2022	2022	2022	2021
	£	£	£	£	£
Domiciliary Service					
Direct costs	363,696	-	-	363,696	358,999
Premises expenses	-	-	-	-	-
Administrative overheads	-	4,287	-	4,287	5,993
Professional fees	-	1,651	-	1,651	2,320
Overheads recharged	1,391	18,893	-	20,284	18,053
Total Domiciliary Service	365,087	24,831	-	389,918	385,365

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2022

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2022	2022	2022	2022	2021
	£	£	£	£	£
Personal Wellbeing					
Direct costs	20,380	-	-	20,380	27,392
Administrative overheads	-	4	-	4	16
Financial costs	-	126	-	126	149
Overheads recharged	-	5,071	-	5,071	2,579
Total Personal Wellbeing	20,380	5,201	-	25,581	30,136

Summary of charitable costs by activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2022	2022	2022	2022	2021
	£	£	£	£	£
Total Luncheon Club	23,509	266	-	23,775	22,131
Total Chinese Wellbeing	43,952	745	-	44,697	61,659
Total Domiciliary Service	365,087	24,831	-	389,918	385,365
Total Personal Wellbeing	20,380	5,201	-	25,581	30,136
Total Overheads recharged	-	-	-	-	-
Total Governance costs as detailed in Note 26	-	1,620	-	1,620	1,620
Total charitable expenditure	452,928	32,663	-	485,591	500,911

The basis of allocation of costs between activities is described under accounting policies

The breakdown of this expenditure by type of spending (ie nominal classification) is detailed in note 27

Analysis of support and governance costs by charitable activities

Activity	Governance	Finance	Human Resources	Other Overheads	Total
Luncheon Club	-	16	-	250	266
Chinese Wellbeing	1,620	745	-	-	2,365
Domiciliary Service	-	-	-	24,831	24,831
Personal Wellbeing	-	126	-	5,075	5,201
Grand Total	1,620	887	-	30,156	32,663

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2022 30 Analysis of non charitable expenditure by activity

Activity

<i>Governance costs</i>	Governance costs 2022 £	Governance costs 2021 £
Other Expenditure - Governance costs as detailed in Note 26	<u>1,620</u>	<u>1,620</u>

CHINESE WELLBEING

England & Wales - Charity number 1001288

Accounts

Company Registration Number - 2446695

The Charity Registration Number is :- 1001288

Chinese Wellbeing
Report and Accounts
31 March 2021

Chinese Wellbeing

Report and accounts for the year ended 31 March 2021

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Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

The Trustees present their Report and Accounts for the year ended 31 March 2021, which also comprises the Directors' Report required by the Companies Act 2006.

The Trustees present their annual report and accounts for the year ended 31 March 2021.

The Covid 19 pandemic and its global and national impact on all levels of society meant that we at Chinese Wellbeing needed to change our operational approach to all interactions with staff and service users. We commenced this process in January 2020 this included wearing of PPE, use of hand sanitisers and instructions to staff and service users on infection control. This was prior to any guidance being issued by Public Health and the local authority which came several weeks later.

One implication of the pandemic to us as a charity was that some grant funds became available to bid for, as Black, Asian and Minority Ethnic (BAME) communities were identified early on as being more vulnerable to Covid.

Consequently, applications for financial assistance from Trusts were made a priority for BAME organisations and we were able to secure some funds to enable us to respond to the extraordinary situation faced – as detailed later in this report.

We would like to record our gratitude to all those organisations who both funded and provided non-financial support to Chinese Wellbeing during the year. These include Lloyds Bank Foundation England and Wales, LCVS, Independent Age, PH Holt, The National Lottery Coronavirus Community Recovery, Community Foundation for Merseyside, Liverpool City Council, Power to Change.

There is no doubt that the increased financial support from several agencies allowed us to end the year with a small surplus and we carried deferred funds forward into the new year.

Despite the sterling work of care agencies throughout the pandemic it is disappointing to note local authorities are still paying a rate for the delivery of domiciliary care which is more than £4 below the UKHCA recommended hourly rate.

We continue to use our reach into the Chinese community for various engagement exercises for external agencies and to support housing associations.

Our unique ability to engage with the Chinese community for health and wellbeing issues is a strength which we continually strive to develop in an effort to remain sustainable.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

Chair's Overview

Chinese Wellbeing continues to benefit from a highly competent and dedicated complement of staff, and a supportive board of trustees. It remains a privilege for me to work with them, as Chair of the Trustees.

This annual report covers an enormously challenging period – arguably a period in which we have been required to face a situation which has not been faced since the great ‘Spanish ‘flu’ pandemic of 1918. In some ways the Chinese communities and Chinese Wellbeing have been better prepared than some; with the recent experience of SARS, and the excellent

communication through friends and family in China as events began to unfold in 2019, we at Chinese Wellbeing were able to move quickly to put in place operational procedures and also to secure some early supplies of basic PPE to ensure we protected both our staff and services

users. Despite that, COVID has had a great impact on the communities that we serve. There has been a growing problem of isolation as opportunities for face to face socialising have been

curtailed, and also many elderly Chinese people fear going out. Sadly, there has been an upsurge in anti-Chinese sentiment stoked by some politicians on the world stage, and that has resulted in some hate crime. This is something that needs to be addressed by the Police and others before it takes root.

In general, Chinese Wellbeing has shown itself to be adaptable and agile in the way in which it has addressed the situation. With the help of funders referenced earlier in this report, we have maintained and adapted our services – and for that I have to acknowledge the hard work and innovative approaches from our staff.

Notwithstanding the welcome specific funding that we have been able to secure in the light of COVID, funding remains an issue; as has been mentioned earlier, funding for domiciliary care packages falls significantly below that which is regarded as sustainable; this is an issue for Central Government to resolve.

We look forward to a new year, still wrestling with COVID and the impact of a number of years of central government imposed austerity – and the downstream costs to society that implies. But perversely, Chinese Wellbeing ends the year in a good position, ready to face the challenges ahead.

Andy Green

Chair of Trustees

CHINESE WELLBEING

2021

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

Reference and administrative details

The charity name.

The legal name of the charity is:- Chinese Wellbeing.

The charity is also known by its operating name, Chinese Wellbeing.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1001288.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Acts . The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 27 November 1989

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

By operation of law all, trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals.

The principal operating address, telephone number, email and web addresses of the charity are:-

85-86 Staten Court

Tradewind Square, East Village, Duke Street

Liverpool, L1 5BG

Telephone 0151 709 2643

Email Address info@chinesewellbeing.co.uk Web address www.Chinesewellbeing.co.uk

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

The Trustees in office on the date the report was approved were:-

Mr Andrew Michael Green

Mrs Polly Yee-Ling Green

Dr Simon Siu Man Kan

Mr Oscar Ip

Mrs Helen Owen

Mr James Crook

Mr Stephen Wong

Mr Kai Kwong Simon Wong

The following persons served as Trustees during the year ended 31 March 2021 :-

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the accounts.

All the trustees are also members of the charity.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The objectives of the charity are set out in the Memorandum of Association of 27th November 1989 as amended by the Extraordinary General Meeting of 5th November 1990, and incorporated in the Companies Act 2006 compliant revision of the Memorandum and Articles of Chinese Wellbeing of 2015. They are:

1. to promote the education of people in the principles and practice of good citizenship and service to the community
2. to promote and provide social services of a charitable nature for the benefit primarily but not exclusively of Chinese persons resident within the area with the objective of improving the conditions of life of the persons to whom such services are provided
3. to advance the education of unemployed persons, in particular those of Chinese origins, who are in need of assistance by providing them with vocational training

The main activities undertaken in relation to those purposes during the year.

Aims and Focus of Our Work:

Chinese Wellbeing delivers a suite of services that aim to:

- Enable independent living.
- Promote physical, mental, social and economic well-being.
- Support community involvement.
- Enable a better route for community engagement.
- Advocate on behalf of our clients - and help them develop and use their own voices.
- Provide information - to clients and about the needs of our client, to Government, local agencies and the community at large.

Ensuring that the Work of the Organisation Delivers our Aims:

The activities of Chinese Wellbeing are built around our experience and understanding of the specific needs of our clients which are driven by the following characteristics:

- Reluctance on the part of many in the community to seek help due to social stigma and lack of understanding about how the system works and what services are available.
- Problems in accessing and beneficially using mainstream services because of language difficulties and cultural barriers.
- A lack of knowledge and skills in self-care and self-support, particularly in the areas of mental health and preventing and managing chronic diseases.
- Social isolation due to language difficulties and disabilities, particularly amongst older people and those with learning difficulties and their carers.
- A lack of support and confidence to venture out of the 'Chinese Comfort Zone' and become involved in wider community activities.

To address these issues Chinese Wellbeing acts as a facilitator and conduit between its Service Users and their extended families and mainstream care services. We have continued to hold presentations, awareness sessions and consultation events with partners to educate the community in areas of health and wellbeing which have previously been difficult to access.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

The main activities undertaken during the year to further the charity's purpose for the public benefit.

How our Activities Deliver Public Benefit.

The activities of Chinese Wellbeing provide public benefit directly through the support that it gives to its clients, but it also provides public benefit by providing a link between the Chinese community and other agencies so that they can fulfil their obligations more cost effectively and inclusively. All the activities that Chinese Wellbeing carries out are of a social or charitable nature, undertaken to further the charitable objectives of the organisation which are set out above.

Who has Used and Benefited from our Services?

Chinese Wellbeing provides services for the benefit primarily but not exclusively of Chinese people resident within the area of Merseyside. The direct beneficiaries of Chinese Wellbeing's activities are primarily those who consider themselves to be Chinese, but we also provide services to people who are not Chinese but are in need of support and are happy to receive that support from Chinese Wellbeing.

For the year ending March 2021, Chinese Wellbeing had regular contact with nearly 200 service users receiving Domiciliary Care, Personal Wellbeing Services or using Evergreen Wellbeing Club. The majority of direct service users are elderly and of Chinese origin, with an age range between 30 and 100 years. The gender balance of beneficiaries receiving personal care and support was approximately equal, while the beneficiaries using the club services were predominantly female. Generally, most service users live alone, speak little English and live with a range of chronic illnesses and disabilities. These factors made them more vulnerable to the Covid virus and its wide ranging effect on daily living.

More than ever our experience and knowledge of the Chinese Community enabled us to support other agencies and disseminate clear information for the local authorities, the NHS, Central Government, Registered Social Landlords and other charities.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

The short term and longer term aims and objectives.

- Continue to develop Health and Wellbeing activities.
- Continue to explore commercial opportunities to generate revenue either as a one off project or preferably in a more sustainable service offering.
- We will consider all opportunities to apply our expertise across a wider geography.
- We will continue to work towards securing dedicated and customised space to enable our activities to be better provided and more easily accessed by our clients.
- We will seek to improve collaborative working with agencies with which we might have synergies.
- We will seek to develop successful services such as Tea House Reminiscence®, Personal Wellbeing Service and Evergreen Wellbeing Club
- Invest in training and recruitment.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

The main achievements and performance of the charity during the year.

What Services and Activities were provided?

Services are delivered through the following key activities:

Domiciliary Care and Respite Services

This service provides personal care and support that is responsive and sensitive to the language and cultural needs of those who are elderly and /or with disabilities and living at homes or in other types of housing.

Bi-lingual staff and cultural awareness provide a specialised service which is not available elsewhere locally. This includes matching the languages and dialects of service users with care assistants, to ensure clear communication. During the year, despite very trying circumstances we continued to provide in excess of 400 hours per week in personal care services to the Community. Appropriate Personal Protective Equipment (PPE) was worn throughout the period and protocols put in place to prevent cross infection for the protection of service users and their families and our own staff.

Personal Wellbeing Service

This is a service introduced in April 2013 to replace the Supported Living Service which was de-commissioned by Liverpool City Council in March 2013.

The service provides a Personal Assistant to support the service user to sustain an independent life style whilst still living at home. The service is chargeable and whilst we had seen a dip in number of people using the service at the beginning of the year, which we attributed to the pandemic, the take-up of the service recovered to the numbers seen previously of up to 20 each month either on a regular contract or spot purchase.

Evergreen Wellbeing Club

The Evergreen Club manager adapted to the Covid lockdown and very quickly introduced online sessions which included singing, Pom-pom dancing, chair based exercises, cookery, arts and craft sessions keeping people connected and stimulated in a fun way.

Fortunately, the local authority grant remained at the previous year's level of £ 14k and this helped us to keep the team in place to deliver much needed support.

This included telephoning or messaging members every week to ensure the elderly members did not feel alone and isolated and to help with basic food supplies and other essentials if necessary. We were averaging 100 calls per week but were being asked if we could call more frequently and talk for longer by those with no other support mechanism.

Evergreen Wellbeing Club was used to facilitate many of the services developed through the following Covid Projects:

British Gymnastic Foundation Love to Move programme

An exercise programme originating from Japan and proven to improve cognitive functioning.

Pine Court Housing funded Chinese Wellbeing to work with Love to Move to successfully adapt the programme to a Chinese audience over a 12-week period.

Two members of the team successfully undertook the training and were licensed to deliver this programme, we commenced sessions funded by Pine Court Housing but these had to be suspended when the Covid lockdown was implemented.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

Covid Projects

Community Foundation for Merseyside –LCR Cares Helpline June- August

We successfully applied for funding to increase the capacity of our existing staff to enable an extension of our telephone contact service to reach those most in need during lockdown.

The majority of our service users do not speak English which provides a barrier to accessing mainstream services. The funding allowed us to increase online activities and develop flyers and posters which were distributed to all service users and throughout the community. Members were encouraged to pick up the phone and chat, in confidence, if they felt lonely or isolated.

Online and telephone forums such as Zoom and WeChat were used to raise awareness of hate crime and members encouraged to report incidents either directly to the police, third party reporting centres or Chinese Wellbeing Helpline, open 5 days per week. Chinese Wellbeing joined the National Hate Crime Initiative led by the Chinese Welfare Trust.

PH Holt

PH Holt provided funds to cover core costs (four months) to facilitate the adaptation of services to online forums and to help to alleviate the shortfall in income from PWS.

Independent Age

This grant enabled us to bring back our Personal Wellbeing Manager from furlough and recommence our crisis intervention work exacerbated due to the pandemic.

We had maintained regular phone contact with our most vulnerable service users but recognised the need to assess their mental wellbeing through face to face contact either in their home or the office subject to prevailing Covid restrictions.

Prior to the UK going in to lockdown, many of our services users started to withdraw from group activities due to news from China of the emerging pandemic. We were aware that we had a cohort of 60 service users who had not been able to access our online activities and stay connected. This funding enabled us to be more proactive to address the gaps in mainstream service provision.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

The National Lottery (TNL) Coronavirus Community Recovery Fund
Breaking Barriers Improving Minds:

Funding enabled the recruitment of a new member to the team and to increase capacity within existing staff teams including the return of a staff member from furlough. This improved our ability to respond to the emerging needs of our elderly community members as follows:

- Translated shielding letters to ensure understanding of the changing restrictions and the mainstream support available
- Provided essential updates to all members throughout lockdown on Covid 19 Government Guidance and checked individual understanding
- Upskilled members to improve digital access including education on internet safety protocols and emerging Covid 19 scams
- Enabled the continuation of a Mandarin/Cantonese Covid-19 Support helpline which included support for victims of hate crime
- Maintained weekly welfare telephone calls/doorstep visits and shopping for the most vulnerable.
- Introduced welfare checks at home to check on mental wellbeing and to help reduce feelings of social isolation and loneliness
- Supported with welfare benefit applications, Blue Badges, TV Licenses, Bus passes
- Delivered activity packs to encourage mental stimulation for those unable to access online activities
- Accompanied the elderly to testing sites and for vaccinations
- Delivered Christmas meals to the most vulnerable working in collaboration with The Florrie
- Part funded Chinese food parcels to the most vulnerable elderly service users in collaboration with The Florrie
- Part funded Chinese food parcels to the most vulnerable elderly service users in collaboration with The Consul General of the People's Republic of China.

We received Covid 19 guidance updates from Public Health England, Liverpool City Council, Liverpool Clinical Commissioning Group, Care Workforce, Care Quality Commission & Liverpool Community and Voluntary Service. The information was disseminated to community members through our contact system and wider networks. Publications and marketing messages in Chinese, when available, were circulated to staff teams and via digital networks.

TNL Covid 19 Community Led Organisations Recovery Scheme (CCLORS) Power to Change

The funding was used for the purchase of 20 tablets plus connectivity which enabled the development of a Tablet Loan Scheme so members could connect to our weekly online activities to reduce social isolation and loneliness and improve mental health and wellbeing.

Evergreen Club outputs for the year:

1 April 2020 - 31 March 2021

Total number of online sessions: 149

Total attendances 3,076

Total weekly Interventions i.e. telephone calls, texts, door step visits, emergency shopping trips, vaccination registrations, Covid testing, help with accessing the internet, medication collections 9,730

Tea House Reminiscence®

Tea House is a registered brand, and is a means of helping those with dementia and other memory problems. It provides a safe and memory-rich environment aimed at stimulating participants, sadly we had to suspend Tea House meetings at the start of lockdown and have not yet restarted sessions.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

Chinese Wellbeing is a company limited by guarantee and a registered charity. Membership of the organisation is open only to the Trustees and the business of Chinese Wellbeing is managed by the Trustees, who meet regularly as a Board. The trustees, act on a voluntary basis and are not in receipt of any remuneration from Chinese Wellbeing. The Articles of Association stipulate that there are to be at least 3, and no more than 15 trustees; The Board of Trustees currently numbers 8.

The Board meets on a regular 6-weekly cycle unless there are particular issues to be addressed that require additional meetings. During the period of the COVID pandemic, trustee meetings have been conducted via Zoom, as allowed for in our governance.

Advisors

The Articles of Association provide for the Board to maintain an advisory panel. In the course of the year, the organisation benefitted from retaining the services of a firm of solicitors for specific guidance in Employment Law.

Recruitment and Induction of Trustees

No new trustees were appointed in the course of the year. The difficulty in securing trustees with the appropriate skills and culture to contribute to the work of the organisation, remains a matter of concern. Trustee recruitment is an important factor and Chinese Wellbeing maintains a vigilance for prospective candidates

Financial review

The charity's financial position at the end of the year ended 31 March 2021

The financial position of the charity at 31 March 2021 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2021	2020
	£	£
Net income	26,813	(12,139)
Unrestricted Revenue Funds available for the general purposes of the charity	262,434	235,621
Total Funds	262,434	235,621

Financial review of the position at the reporting date, 31 March 2021 .

The trustees consider the financial performance by the charity during the year to have been satisfactory. Approximately 77 % of our income derives from delivering domiciliary care on behalf of Liverpool City Council. The balance is made up of grants and individuals paying for services supporting independent living. We are continually assessing other potential areas for income generation.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

Policies on reserves.

Chinese Wellbeing has been very mindful of the risk to its operations arising from the recession and pressure on public funding. The Trustees consider it to be prudent in these circumstances to keep 3 months running costs in reserve and sufficient funds for potential redundancy payments £200,000

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Investment policy and investment objectives.

Chinese Wellbeing operates a prudent reserves policy, and a prudent investment policy. The Board of Trustees is mindful of the recent volatility and unreliability of financial products and has opted for the investment of its funds in low risk commercial products.

Details of The Independent Examiner

Tracey Pritchard BA FCA

Member of Institute of Chartered Accountants in England & Wales

255 Poulton Road

Wallasey

Merseyside

CH44 4BT

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

Statement of the Directors Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

Chinese Wellbeing

Company Registration Number - 2446695

Trustees' Annual Report for the year ended 31 March 2021

Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 15 to 40.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016)

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 30 November 2021.

ANDY GREEN
Director and Trustee

Chinese Wellbeing

Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 31 March 2021

I report to the Trustees on my examination of the financial statements of the charitable company on pages 15 to 40 for the year ended 31 March 2021 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , and under the historical cost convention and the accounting policies set out on page 20.

Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report

As described on page 10, you, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a) examine the financial statements of the charity under Section 145 of the Act;
- b) follow the applicable procedures in the Directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of Independent Examiner's Statement and scope of work undertaken

Since the charitable company's gross income exceeded £250,000, the charitable company's examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am an authorised member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

Chinese Wellbeing

Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

The gross income of the charitable company in the year ended 31 March 2021 appears to exceed the sum specified in Section 145(3) of the Act, namely £250000, and that I am qualified to act as Independent Examiner in accordance with that section by virtue of my being a qualified member of Institute of Chartered Accountants in England & Wales;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:-

Tracey Pritchard BA FCA - Independent Examiner

Institute of Chartered Accountants in England & Wales

255 Poulton Road
Wallasey
Merseyside
CH44 4BT

This report was signed on 30 November 2021

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2021

Statement of Financial Activities (including the Income and Expenditure Account for the year ended 31 March 2021, as required by the Companies Act 2006)

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2021 £	2021 £	2021 £	2020 £
Income & Endowments from:					
Donations & Legacies	A1	1,549	114,050	115,599	54,405
Charitable activities	A2	400,446	-	400,446	391,654
Investments	A4	469	-	469	863
Other	A5	11,210	-	11,210	-
Total income	A	<u>413,674</u>	<u>114,050</u>	<u>527,724</u>	<u>446,922</u>
Expenditure on:					
Charitable activities	B2	386,861	114,050	500,911	459,061
Total expenditure	B	<u>386,861</u>	<u>114,050</u>	<u>500,911</u>	<u>459,061</u>
Net income for the year		<u>26,813</u>	<u>-</u>	<u>26,813</u>	<u>(12,139)</u>
Net income after transfers	A-B-C	<u>26,813</u>	<u>-</u>	<u>26,813</u>	<u>(12,139)</u>
Net movement in funds		<u>26,813</u>	<u>-</u>	<u>26,813</u>	<u>(12,139)</u>
Reconciliation of funds:-					
	E				
Total funds brought forward		235,621	-	235,621	247,760
Total funds carried forward		<u>262,434</u>	<u>-</u>	<u>262,434</u>	<u>235,621</u>

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2021

Chinese Wellbeing - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2020 £	Prior Year Restricted Funds 2020 £	Prior Year Total Funds 2020 £
Income & Endowments from:				
Donations & Legacies	A1	4,519	49,886	54,405
Charitable activities	A2	391,654	-	391,654
Other trading activities	A3	-	-	-
Investments	A4	863	-	863
Other	A5	-	-	-
Total income	A	<u>397,036</u>	<u>49,886</u>	<u>446,922</u>
Expenditure on:				
Charitable activities	B2	409,175	49,886	459,061
Total expenditure	B	<u>409,175</u>	<u>49,886</u>	<u>459,061</u>
Net gains on investments	B4	-	-	-
Net income for the year		(12,139)	-	(12,139)
Transfers between funds	C	-	-	-
Net income after transfers		<u>(12,139)</u>	<u>-</u>	<u>(12,139)</u>
Net movement in funds		<u>(12,139)</u>	<u>-</u>	<u>(12,139)</u>
Reconciliation of funds:-	E			
Total funds brought forward		247,760	-	247,760
Total funds carried forward		<u>235,621</u>	<u>-</u>	<u>235,621</u>

All activities derive from continuing operations

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2021

Chinese Wellbeing - Resources applied in the year ended 31 March 2021 towards fixed assets for Charity use:-

	2021 £	2020 £
Funds generated in the year as detailed in the SOFA	26,813	(12,139)
Resources applied on functional fixed assets	-	(2)
Other applications of funds	-	-
Net resources available to fund charitable activities	<u>26,813</u>	<u>(12,141)</u>

The resources applied on fixed assets for charity use represents the cost of additions less proceeds of any disposals.

The notes attached on pages 20 to 40 form an integral part of these accounts.

Movements in revenue and capital funds for the year ended 31 March 2021

Revenue accumulated funds

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last year Total Funds 2020 £
Accumulated funds brought forward	235,621	-	235,621	247,760
Recognised gains and losses before transfers	<u>26,813</u>	-	<u>26,813</u>	<u>(12,139)</u>
	262,434	-	262,434	235,621
Closing revenue funds	<u>262,434</u>	<u>-</u>	<u>262,434</u>	<u>235,621</u>

Summary of funds

	Unrestricted and Designated funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last Year Total Funds 2020 £
Revenue accumulated funds	262,434	-	262,434	235,621

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing - Statement of Financial Activities for the year ended 31 March 2021

Chinese Wellbeing Income and Expenditure Account for the year ended 31 March 2021 as required by the Companies Act 2006

	2021 £	2020 £
Income		
Income from operations	516,045	446,059
Interest receivable	469	863
Other operating income	11,210	-
Gross income in the year before exceptional items	527,724	446,922
Gross income in the year including exceptional items	527,724	446,922
Expenditure		
Charitable expenditure, excluding depreciation and amortisation	498,325	456,281
Depreciation and amortisation	966	1,280
Governance costs	1,620	1,500
Realised losses on disposals of social investments which are programme related	-	-
Total expenditure in the year	500,911	459,061
Net income before tax in the financial year	26,813	(12,139)
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	26,813	(12,139)
Retained surplus for the financial year	26,813	(12,139)

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing - Balance Sheet as at 31 March 2021

	SORP		2021	2020
	Note	Ref	£	£
Fixed assets		A		
Tangible assets	9	A2	3,071	4,037
Current assets		B		
Debtors	10	B2	25,335	11,077
Cash at bank and in hand		B4	302,883	242,963
Total current assets			<u>328,218</u>	<u>254,040</u>
Creditors: amounts falling due within one year	11	C1	<u>(68,855)</u>	<u>(22,456)</u>
Net current assets			259,363	231,584
The total net assets of the charity			<u>262,434</u>	<u>235,621</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds

-

Unrestricted Funds

Unrestricted Revenue Funds	14	D3	262,434	235,621
			<u>262,434</u>	<u>235,621</u>
Designated Funds				
Total charity funds			<u>262,434</u>	<u>235,621</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 14.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.

ANDY GREEN

Trustee

Approved by the board of trustees on 30 November 2021

The notes attached on pages 20 to 40 form an integral part of these accounts.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Risks and future assumptions

The charity is a public benefit entity.

The Trustees examined the major strategic, business and operational risks that the charity faces. Following a review and assessment of these risks, the Trustees have formulated management policies and implemented internal controls to mitigate risks to the charity.

Policies relating to categories of income and income recognition.

Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Categories of Income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

Accounting for deferred income and income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the recipient charity, is accounted for as a liability and shown on the balance sheet as deferred income. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

Policies relating to expenditure on goods and services provided to the charity.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Policies relating to assets, liabilities and provisions and other matters.

Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Plant and machinery	33.3 % straight line
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A regular annual review of the likelihood of asset impairment is undertaken.

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Liabilities are measured at their settlement amount. A liability is recognised for the the amount the Charity anticipates it will pay to settle the deb or the amount it has received as an advance payment for goods or services it must provide.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

There are no endowment funds.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities. may need rewording.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

There are no significant implications of such matters.

5 Net surplus before tax in the financial year

	2021 £	2020 £
The net surplus before tax in the financial year is stated after charging:-		
Depreciation of owned fixed assets	966	1,280
Pension costs	9,477	9,095

6 Staff costs and emoluments

Salary costs	2021	2020
	£	£
Gross Salaries	424,486	391,100
Employer's operating costs of defined contribution pension schemes	9,477	9,095
Total salaries, wages and related costs	433,963	400,195

The average number of full time and part time staff employed in the year was

	33	33
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7 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

8 Deferred income - Restricted funds

<i>Current Year</i>	Opening Deferrals	Released in year	Received less released in year	Deferred at year end
	£	£	£	£
TNL Power to Change		(7,166)	7,400	234
Innovations in Dementia - DEEP	3,987		-	3,987
LCC Dementia Support	3,250			3,250
TNL Coronavirus Community Recovery Fund	-	(47,898)	48,738	840
Personal Wellbeing	5,000	(5,000)	-	-
LCCG(SMI project)	-	-	15,333	15,333
Total	12,237	(60,064)	71,471	23,644
			2021	2020
			£	£
These deferrals are included in creditors			23,644	12,237

<i>Prior Year</i>	Opening Deferrals	Released in years	Received less released in year	Deferred at year end
	£	£	£	£
Lloyds Bank Foundation E & W Transition project	18,273	(18,273)		-
Innovations in Dementia - DEEP	7,350	(3,363)		3,987
LCC Dementia Support			3,250	3,250
UWE	2,500	(2,500)		-
Personal Wellbeing	5,200	(200)		5,000
Total	33,323	(24,336)	3,250	12,237
			2020	2019
			£	£
These deferrals are included in creditors			12,237	33,323

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

9 Tangible fixed assets

<i>Current Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
At 1 April 2020	-	76,671	-	76,671
Additions	-	-	-	-
At 31 March 2021	-	76,671	-	76,671
Depreciation				
At 1 April 2020	-	72,634	-	72,634
Charge for the year	-	966	-	966
At 31 March 2021	-	73,600	-	73,600
Net book value				
At 31 March 2021	-	3,071	-	3,071
At 31 March 2020	-	4,037	-	4,037
<i>Prior Year</i>	Land and Buildings	Plant & Machinery	Motor Vehicles	Total
	£	£	£	£
Cost				
02 April 2019	-	76,669	-	76,669
Additions	-	2	-	2
31 March 2020	-	76,671	-	76,671
Depreciation				
02 April 2019	-	71,354	-	71,354
Charge for the year	-	1,280	-	1,280
31 March 2020	-	72,634	-	72,634
Net book value				
31 March 2020	-	4,037	-	4,037
01 April 2019	-	5,315	-	5,315

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

10 Debtors

	2021	2020
	£	£
Trade debtors	22,462	7,709
Other debtors	2,873	3,368
	25,335	11,077

11 Creditors: amounts falling due within one year

	2021	2020
	£	£
Accruals	1,620	1,500
Deferred Income - Unrestricted & designated funds	35,000	-
Deferred Income - Restricted funds	23,644	12,237
PAYE, NIC VAT and other taxes	8,591	8,719
	68,855	22,456

12 Income and Expenditure account summary

	2021	2020
	£	£
At 1 April 2020	235,621	247,760
Surplus after tax for the year	26,813	(12,139)
At 31 March 2021	262,434	235,621

13 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2021

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Tangible Fixed Assets	3,071	-	-	3,071
Current Assets	328,218	-	-	328,218
Current Liabilities	(68,855)	-	-	(68,855)
	262,434	-	-	262,434

At 1 April 2020

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Tangible Fixed Assets	4,037	-	-	4,037
Current Assets	254,039	-	-	254,039
Current Liabilities	(22,456)	-	-	(22,456)
	235,620	-	-	235,620

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

14 Change in total funds over the year as shown in Note 13 , analysed by individual funds

	Funds brought forward from 2020	Movement in funds in 2021	Transfers between funds in 2021	Funds carried forward to 2022
	£	See Note 15 £	See Note 0 £	£
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	235,621	26,813	-	262,434
Total unrestricted and designated funds	235,621	26,813	-	262,434
Total charity funds	235,621	26,813	-	262,434

15 Analysis of movements in funds over the year as shown in Note 14

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2021 £	2021 £	2021 £	2021 £
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	413,674	(386,861)	-	26,813
Restricted funds:-				
LCC Community Resource Grant	14,000	(14,000)	-	-
DHSC Infection Control Fund	13,759	(13,759)	-	-
PH Holt Grant	8,000	(8,000)	-	-
DHSC Workforce grant	2,569	(2,569)	-	-
TNL Coronavirus Community Recovery Fund	47,898	(47,898)	-	-
Personal wellbeing	5,000	(5,000)	-	-
TNL Power to Change	7,166	(7,166)	-	-
Independent Age	13,500	(13,500)	-	-
Community Foundation for Merseyside (LCR Cares)	2,158	(2,158)	-	-
	527,724	(500,911)	-	26,813

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

16 Analysis of expenditure of selected restricted funds over the year as shown in note 15

	2021
	£
<i>PH Holt Grant</i>	
Salary includes on costs	4,550
Contribution to rent	1,000
Insurance contribution	500
Telephone/Internet contribution	1,500
Professional fees	450
Total	<u>8,000</u>
<i>Independent Age</i>	
Salary includes on costs	13,500
Total	<u>13,500</u>
<i>TNL Power to Change</i>	
Equipment	5,789
Internet	383
Travel	994
Total	<u>7,166</u>
<i>Community Foundation for Merseyside (LCR Cares)</i>	
Salary includes on costs	2,158
Total	<u>2,158</u>
<i>TNL Coronavirus Community Recovery Fund</i>	
Salary includes on costs	25,784
Insurances	3,034
Computer costs	2,573
DBS	440
Food parcels/online activities	1,907
Internet/Phone	1,224
Licensing Zoom	244
Printing, postage and stationery	1,642
Project activities	885
Repairs and renewals	1,676
Professional services	2,100
Translation	1,224
Contribution to rent	4,000
Training	1,165
Total	<u>47,898</u>

Chinese Wellbeing

Notes to the Accounts for the year ended 31 March 2021

17 The purposes for which the funds

Unrestricted and designated funds:-

Unrestricted Revenue Funds	These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.
Unrestricted Revaluation Reserve	This fund represents the unrestricted surplus arising on the revaluation of the charity's assets.

Restricted funds:-

Restricted Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.
Restricted Revaluation Reserve	This fund represents the restricted surplus arising on the revaluation of the charity's assets.

18 Ultimate controlling party

The charity is under the control of its legal members.

Every member of the charity is obliged to contribute such amount as may be required not exceeding £10 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

19 Donations, Grants and Legacies

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Donations and gifts from individuals				
Small donations individually less than £1000	1,549	-	1,549	2,519
Medicash	-	-	-	2,000
Total donations and gifts from individuals	1,549	-	1,549	4,519

Donations and gifts from individuals (Include HMRC refunds on gift aided donations) - Prior Year analysis

	Prior Year Unrestricted Funds 2020 £	Prior Year Restricted Funds 2020 £	Prior Year Total Funds 2020 £
Prior year	4,519	-	4,519

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Revenue grants from government and public bodies				
Small grants individually less than £1000	-	1,107	1,107	-
LCC Community Recourse Grant	-	14,000	14,000	14,000
UWE	-	-	-	2,500
LCC Dementia Support	-	-	-	9,750
DHSC Infection Control Fund	-	12,653	12,653	-
DHSC Workforce Grant	-	2,569	2,569	-
Community Foundation for Merseyside (LCR Cares)	-	2,158	2,158	-
TNL Power to Change	-	7,166	7,166	-
TNL Coronavirus Community Recovery Fund	-	47,898	47,898	-
Total public sector revenue grants	-	87,550	87,550	26,250
Revenue grants from government and public bodies - Prior Year analysis				
	Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds	
	2020	2020	2020	
	£	£	£	
Prior Year	-	26,250	26,250	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Revenue grants and donations from non public bodies				
Pine Court Housing	-	-	-	2,000
Lloyds Bank Foundation England & Wales	-	-	-	18,273
Innovation in Dementia	-	-	-	3,363
Independent Age	-	13,500	13,500	-
Personal Wellbeing	-	5,000	5,000	-
PH Holt Grant	-	8,000	8,000	-
Total private sector revenue grants	-	26,500	26,500	23,636
Revenue grants and donations from non public bodies (Include Gift Aid donations from subsidiaries) - Prior Year analysis				
	Prior Year Unrestricted Funds 2020 £	Prior Year Restricted Funds 2020 £	Prior Year Total Funds 2020 £	
Prior Year	-	23,636	23,636	
Total Donations, Grants and Legacies				
Total Donations, Grants and Legacies A1	1,549	114,050	115,599	54,405
All the donations and gifts in the prior year were unrestricted.				
Prior year	Unrestricted Funds 2020 £	Restricted Funds 2020 £	Prior Year Total Funds 2020 £	
Total Donations, Grants and Legacies A1	4,519	49,886	54,405	

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

20 Income from charitable activities - Trading Activities

<i>Current year</i>	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total funds 2020 £
Primary purpose and ancillary trading				
Domicilliary and other services	400,446	-	400,446	391,654
Total Primary purpose and ancillary trading	400,446	-	400,446	391,654

21 Total Income from charitable activities

<i>Current year</i>	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Total income from charitable trading	400,446	-	400,446	391,654
Total from charitable activities A2	400,446	-	400,446	391,654

22 Investment income

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Bank Interest Receivable	469	-	469	863
Total investment income A4	469	-	469	863

Investment income - Prior Year analysis

	Unrestricted Funds	Restricted Funds	Total Funds
Prior Year	863	-	863

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

23 Other income and gains

<i>Current year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
HMRC JRS grants	11,210	-	11,210	-
Total other income	11,210	-	11,210	-

A5

24 Expenditure on charitable activities - Direct spending

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Gross wages and salaries - charitable activities	343,165	81,320	424,486	391,100
Defined contribution pension costs - charitable activities	9,477	-	9,477	9,095
Travel and Subsistence - Charitable Activities	16,941	994	17,935	17,879
Marketing and advertising of charitable services	-	-	-	-
Recruitment expenses	-	-	-	-
Training costs	714	1,165	1,879	4,731
Costs of activities and events	3,991	4,016	8,006	7,381
Total direct spending	374,288	87,495	461,783	430,186

B2a

See below for split of prior year expenditure.

<i>Prior Year</i>	Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds
	2020	2020	2020
	£	£	£
Gross wages and salaries - charitable activities	347,470	43,630	391,100
Defined contribution pension costs - charitable activities	8,895	200	9,095
Travel and Subsistence - Charitable Activities	17,721	158	17,879
Training costs	4,731	-	4,731
Costs of activities and events	1,595	5,786	7,381
Total direct spending	380,412	49,774	430,186

B2a

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

25 Expenditure on charitable activities - Charitable trading

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Cost of goods for primary purpose trading - Including movement in stock	-	-	-	-
Total charitable trading costs B2b	-	-	-	-

26 Support costs for charitable activities

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Premises Expenses				
Rent payable under operating leases	3,000	5,000	8,000	8,000
Cleaning and waste management	-	-	-	19
Administrative overheads				
Telephone, fax and internet	40	2,724	2,764	2,383
Stationery and printing	513	1,642	2,155	2,426
Subscriptions to periodicals	205	245	450	711
Software licences and computer	1,458	10,388	11,846	3,612
Health and safety costs	3,345	-	3,345	1,117
Staff health plan	-	-	-	1,700
Liability and contents insurance	858	3,534	4,392	2,345
Professional fees paid to advisors other than the auditor or examiner				
Other legal and professional	600	2,990	3,590	3,767
Financial costs				
Bank charges	-	-	-	15
Depreciation & Amortisation in total for the period	934	32	966	1,280
Support costs before reallocation	10,953	26,555	37,508	27,375
Total support costs - Current Year	10,953	26,555	37,508	27,375

The basis of allocation of costs between activities is described under accounting policies

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

<i>Prior Year</i>	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds
	Funds	Funds	Total Funds
	2021	2021	2020
	£	£	£
Premises Expenses			
Rent payable under operating leases	8,000	-	8,000
Cleaning and waste management	19	-	19
Administrative overheads			
Telephone, fax and internet	2,382	1	2,383
Stationery and printing	2,418	8	2,426
Subscriptions to periodicals	711	-	711
Software licences and computer expenses	3,612	-	3,612
Health and safety costs	1,033	84	1,117
Staff health plan	1,700	-	1,700
Liability and contents insurance	2,345	-	2,345
Professional fees paid to advisors			
Other legal and professional	3,767	-	3,767
Financial costs			
Bank charges	15	-	15
Depreciation & Amortisation in total for	1,261	19	1,280
Support costs before reallocation	27,263	112	27,375
Total support costs - Prior Year	27,263	112	27,375

The basis of allocation of costs between activities is described under accounting policies

27 Other Expenditure - Governance costs

<i>Current Year</i>	Current year	Current year	Current year	Prior Year
	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	Total Funds	Total Funds
	2021	2021	2021	2020
	£	£	£	£
Independent Examiner's fees	1,620	-	1,620	1,500
Total Governance costs	1,620	-	1,620	1,500

All the expenditure in the prior year was unrestricted.

Chinese Wellbeing

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

28 Total Charitable expenditure

		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
<i>Current Year</i>		2021	2021	2021	2020
		£	£	£	£
Total direct spending	B2a	374,288	87,495	461,783	430,186
Total charitable trading costs	B2b	-	-	-	-
Total support costs	B2d	10,953	26,555	37,508	27,375
Total Governance costs	B2e	1,620	-	1,620	1,500
Total charitable expenditure	B2	386,861	114,050	500,911	459,061
		Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds	
<i>Prior Year</i>		2020	2020	2020	
		£	£	£	
Total direct spending	B2a	380,412	49,774	430,186	
Total charitable trading costs	B2b	-	-	-	
Total support costs	B2d	27,263	112	27,375	
Total Governance costs	B2e	1,500	-	1,500	
Total charitable expenditure	B2	409,175	49,886	459,061	

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2021

This analysis is classified by activity and not by conventional nominal descriptions.

28 Analysis of income by activity

	SOFA ref	2021 £	2020 -
Activity			
Income from charitable activities			
Luncheon Club		-	-
Chinese Wellbeing		13,921	5,952
Domiciliary Service		354,453	340,881
Personal Wellbeing		43,283	44,821
Total Income from charitable activities	A2	400,447	391,654
Summary of Total Income, including the items above			
Charitable activities	A2	400,447	391,654
Donations & Legacies	A1	115,599	54,406
Investment income	A4	469	863
Other income	A5	11,210	-
Total income as shown in the SOFA	A	527,725	446,923
Categories of income			
Income from exchange transactions		527,725	446,923

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2021

29 Analysis of charitable expenditure by activity

Activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2021	2021	2021	2021	2020
	£	£	£	£	£
Luncheon Club					
Direct costs	22,007	-	-	22,007	15,979
Administrative overheads	-	107	-	107	
Professional fees	-	-	-	-	104
Financial costs	-	17	-	17	19
Total Luncheon Club	22,007	124	-	22,131	16,102
	Direct costs	Support costs	Grant funding of activities	Total	Total
	2021	2021	2021	2021	2020
	£	£	£	£	£
Chinese Wellbeing					
Direct costs	53,385	-	-	53,385	41,357
Charitable trading costs	-	-	-	-	-
Premises expenses	-	8,000	-	8,000	8,019
Administrative overheads	-	18,836	-	18,836	12,724
Professional fees	-	1,270	-	1,270	484
Financial costs	-	800	-	800	1,081
Overheads recharged	0	(20,632)	-	(20,632)	(19,986)
Total Chinese Wellbeing	53,385	8,274	-	61,659	43,679
	Direct costs	Support costs	Grant funding of activities	Total	Total
	2021	2021	2021	2021	2020
	£	£	£	£	£
Domiciliary Service					
Direct costs	358,999	-	-	358,999	347,912
Premises expenses	-	-	-	-	-
Administrative overheads	-	5,993	-	5,993	1,570
Professional fees	-	2,320	-	2,320	3,179
Overheads recharged	-	18,053	-	18,053	17,766
Total Domiciliary Service	358,999	26,366	-	385,365	370,427

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2021

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2021	2021	2021	2021	2020
	£	£	£	£	£
Personal Wellbeing					
Direct costs	27,392	-	-	27,392	24,937
Administrative overheads	-	16	-	16	
Financial costs	-	149	-	149	194
Overheads recharged	-	2,579	-	2,579	2,220
Total Personal Wellbeing	27,392	2,744	-	30,136	27,351

Summary of charitable costs by activity

	Direct costs	Support costs	Grant funding of activities	Total	Total
	2021	2021	2021	2021	2020
	£	£	£	£	£
Total Luncheon Club	22,007	124	-	22,131	16,102
Total Chinese Wellbeing	53,385	8,274	-	61,659	43,679
Total Domiciliary Service	358,999	26,366	-	385,365	370,427
Total Personal Wellbeing	27,392	2,744	-	30,136	27,351
Total Overheads recharged	-	-	-	-	-
Total Governance costs as detailed in Note 27	-	1,620	-	1,620	1,500
Total charitable expenditure	461,783	39,128	-	500,911	459,061

The basis of allocation of costs between activities is described under accounting policies

The breakdown of this expenditure by type of spending (ie nominal classification) is detailed in note 28

Analysis of support and governance costs by charitable activities

Activity	Governance	Finance	Human Resources	Other Overheads	Total
Luncheon Club	-	17	-	107	124
Chinese Wellbeing	1,620	800	-	7,474	9,894
Domiciliary Service	-	-	-	26,366	26,366
Personal Wellbeing	-	149	-	2,595	2,744
Grand Total	1,620	966	-	36,542	39,128

Chinese Wellbeing

Activity analysis of Income and expenditure for the for the year ended 31 March 2021 30 Analysis of non charitable expenditure by activity

Activity

<i>Governance costs</i>	Governance costs 2021 £	Governance costs 2020 £
Other Expenditure - Governance costs as detailed in Note 27	<u>1,620</u>	<u>1,500</u>