

ESSEX DISABLED SPORTS FOUNDATION

England & Wales - Charity number 1001176

Details

Other names HARLOW HANDICAPPED SPORTS FOUNDATION

Status Registered

Legal form Trust

Registered 1990-12-13

Register [View on the Charity Commission register](#)

Contact

Address Toad Hall
New Barn Lane
Little Hallingbury
Bishop's Stortford
CM22 7PR

Phone 01279651355

Email Mikehelenjacks@aol.com

Website www.presidentssportingclub.co.uk

Activities

Objects: TO SUPPORT SUCH CHARITABLE INSTITUTION OR INSTITUTIONS ESTABLISHED FOR THE PURPOSE OF PROVIDING SPORTING FACILITIES FOR MENTALLY AND PHYSICALLY HANDICAPPED CHILDREN AS THE TRUSTEES SHALL IN THEIR DISCRETION THINK FIT

Activities: The provision of sporting activities for disabled and special needs youngsters.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Human Resources, Other Charitable Activities
- **What:** Disability, Amateur Sport
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Bedford
- Central Bedfordshire
- Essex
- Hertfordshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£81,775	£95,212	-	-
2023-10-31	£85,983	£88,397	-	-
2022-10-31	£68,160	£50,686	-	-
2021-10-31	£29,855	£6,601	-	-
2020-10-31	£38,815	£35,854	-	-

Trustees

Name	Role	Appointed
MICHAEL CHARLES JACKSON M B E		1990-10-03
SIDNEY GEORGE OSBOURN FCA		

ESSEX DISABLED SPORTS FOUNDATION

England & Wales - Charity number 1001176

Accounts

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF ESSEX DISABLED SPORTS FOUNDATION

I report on the accounts of the Foundation for the year ended 31st October 2024 which are set out on pages 5 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act;
- to follow the procedures laid down in the general direction given by the Charity Commission under section 145(5)(b) of the 2011 Charities Act;
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Charities Act and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Name: Mr Kevin Wells

Address: 10-12 Mulberry Green, Old Harlow, Essex CM17 0ET

Date: 22nd July 2025

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31ST OCTOBER 2024

Reference and administration information

Trustees

Mr S G Osbourn FCA

Mr M C Jackson MBE

Principal Address

Toad Hall, New Barn Lane, Little Hallingbury, Hertfordshire, CM22 7PR

Charity number: 1001176

Independent Examiner

Mr Kevin Wells, employed by Giess Wallis Crisp LLP, Chartered Accountants, 10-12 Mulberry Green, Old Harlow, Essex, CM17 0ET

Bankers

NatWest Bank PLC, 12 The Rows, Harlow, Essex CM20 1BZ

Report of the trustees for the year ended 31st October 2024

The trustees present their annual report and financial statements of the charity for the year ended 31st October 2024. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2005.

Structure, governance and management

The Foundation is a registered charity, number 1001176, and is constituted under a trust deed dated 3rd October 1990.

Risk Management.

The trustees have considered the major risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage those risks.

Internal risks are minimised by all cheque expenditure being authorised by two trustees. Sums are not committed on charitable expenditure unless the trustees have good reason to expect income flows to cover the charitable expenditure. Liability risks at events held by the charity are covered by relevant insurance policies being taken out. Funds are held at NatWest Bank in a current account or no notice deposit account.

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2024

Objectives and activities for the public benefit

The charity is established to provide sporting activities and opportunities for children and young adults with special needs in Essex and surrounding counties. The trustees are aided by many volunteers, to whom the trustees wish to extend their thanks. The charity works closely with many local schools and organisations that deal with children and young adults with special needs. The charity carries out its objectives by organising sports experience days, a children's sporting lunch and by making donations direct to organisations and individuals.

Activities and review of the year

The charity provided Sports Experience Days and a Sporting Awards Lunch to hundreds of children with special and educational needs during the year. The charity also makes donations direct to individuals and organisations.

Future Developments

The charity plans to continue activities as mentioned above in future years.

Financial review

The Foundation's work is reliant on fundraising and donations.

The charity has a 100% shareholding in a trading subsidiary, The Presidents Sporting Club Limited. The charity's shareholding is two ordinary shares of £1 each. The trading subsidiary covenants its profits to the charity every year, the covenanted donation for the year ended 31st October 2024 being £30,270. The trustees are satisfied with the performance of the trading subsidiary. A summary of the subsidiary's trading performance is detailed in the notes to the accounts.

Income is recognised in the Foundation's accounts when received, excepting that provision is made in the accounts for the covenanted donation to be received from the trading subsidiary.

Reserves policy

The attached financial statements show the current state of the finances which the trustees consider to be sound. The trustees consider it prudent to retain reserves they would consider to be reasonable in order to fund future charitable activity. Reserves are held on no-notice deposit at NatWest Bank, Harlow. Fundraising activities may possibly fall in the future, so having reasonable reserves now will enable charitable expenditure to remain at present levels for some time. All reserves are unrestricted funds and are utilised as and when the trustees deem reasonable to do so.

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2024

Trustees' responsibilities in relation to the financial statements

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK generally accepted accounting practice). The law applicable to charities in England and Wales requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

Select suitable accounting policies and then apply them consistently;

Observe the methods and principles of the Charities SORP;

Make judgements and estimates that are reasonable and prudent;

State whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and

Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in its operations.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ascertain to ensure the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Approved by the trustees on 22nd July 2025 and signed on their behalf by:

M C Jackson MBE

MC Jackson MBE, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2024**STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR TO 31st OCTOBER 2024****INCOME AND EXPENDITURE**

	Notes	Unrestricted Funds	Total	2023
		£	£	£
INCOMING RESOURCES				
Donations	6	76,757	76,757	84,047
Deposit Interest		5,018	5,018	1,936
Total Incoming Resources		<u>81,775</u>	<u>81,775</u>	<u>85,983</u>
COSTS OF ACTIVITIES IN FURTHERANCE OF THE CHARITY'S OBJECTIVES				
Donations	10	7,360	7,360	7,000
Children's Sporting lunch		34,076	34,076	38,014
Sports Experience Days		44,015	44,015	34,313
		<u>85,451</u>	<u>85,451</u>	<u>79,327</u>
FUNDRAISING COSTS				
Marathon Expenses		<u>9,442</u>	<u>9,442</u>	<u>9,070</u>
MANAGEMENT AND ADMINISTRATION OF THE CHARITY				
Postage and Sundries		<u>£319</u>	<u>£319</u>	<u>-</u>
TOTAL RESOURCES EXPENDED		<u>95,212</u>	<u>95,212</u>	<u>88,397</u>
NET INCOMING RESOURCES/ (RESOURCES EXPENDED) FOR THE YEAR BEING NET MOVEMENT IN FUNDS		(13,437)	(13,437)	(2,414)
FUND BALANCES BROUGHT FORWARD		<u>228,666</u>	<u>228,666</u>	<u>231,080</u>
FUND BALANCES CARRIED FORWARD		<u>215,229</u>	<u>215,229</u>	<u>228,666</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

ESSEX DISABLED SPORTS FOUNDATION

BALANCE SHEET AS AT 31st OCTOBER 2024

	Notes	Unrestricted Funds £	Total Funds £	Total 2023 £
CURRENT ASSETS				
Investment in Subsidiary	3	2	2	2
Debtors	7	43,136	43,136	42,781
Bank Deposit Accounts		171,591	171,591	185,383
Bank Current Account		500	500	500
		<u>215,229</u>	<u>215,229</u>	<u>228,666</u>
CREDITORS				
Creditors and Accruals	8	-	-	-
NET ASSETS	4	<u>215,229</u>	<u>215,229</u>	<u>228,666</u>
FUNDS				
UNRESTRICTED INCOME FUNDS:				
General Purpose fund	9	<u>215,229</u>	<u>215,229</u>	<u>228,666</u>

The notes set out on pages 7 to 9 form part of these accounts

Approved by the trustees on 22nd July 2025 and signed on their behalf by:

SG Osbourn FCA

SG Osbourn FCA, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2024

1. ACCOUNTING POLICIES

Basis of preparation

These financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

2. RESOURCES EXPENDED

All expenses are identified as being for the management and administration of the charity unless they are marathon expenses (included in fund raising costs) or donations, children's sporting lunch or sports experience days (included in charitable expenditure).

3. SUBSIDIARY UNDERTAKING

The charity is the 100% Shareholder (two ordinary shares of £1 each) in The Presidents Sporting Club Limited, the trading subsidiary of the charity. The subsidiary covenants its annual profits to the charity. Consolidated accounts for the charity and its subsidiary have not been prepared because in the opinion of the trustees the cost and effort of preparing consolidated accounts would be disproportionate to the benefits accruing to users of the accounts. Unaudited accounts of the Presidents Sporting Club Limited for the year to 31st October 2024 have been filed at Companies House. The trustees are not aware of any note or reservation contained in the accounts to call attention to a matter which, apart from the note or reservation, would properly have been referred to in a qualification in any audit or other statutory report on the accounts.

A summary of the results of the Presidents Sporting Club Limited as at 31st October 2024 is as follows:

	£
CALLED UP SHARE CAPITAL	2
PROFIT AND LOSS ACCOUNT	-
EQUITY SHAREHOLDERS FUNDS	<u>2</u>
	£
INTEREST RECEIVED	598
TURNOVER	101,676
COST OF SALES	<u>(69,676)</u>
GROSS PROFIT	<u>32,598</u>
ADMINISTRATIVE EXPENSES	<u>32,598</u>

Administrative expenditure includes a covenanted donation to the charity of £30,270

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31ST OCTOBER 2024

4. ANALYSIS OF NET ASSETS BY FUND

	General Purposes Fund (unrestricted)	Total
	£	£
Current Assets	215,229	215,229
Current liabilities	-	-
	<u>215,229</u>	<u>215,229</u>

5. TRUSTEES' REMUNERATION AND EXPENSES

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any trustee or to any person or persons known to be connected with any of them or to any other person.

Reimbursement of expenses properly incurred on behalf of the Charity is made to the trustees. The trading subsidiary does from time to time reimburse expenditure properly incurred on behalf of the subsidiary to a trustee of the charity in his role as an officer of the subsidiary. No remuneration is paid either to trustees of the charity or any other person by the trading subsidiary.

6. DONATIONS RECIEVABLE

	2024 £	2023 £
Covenanted donation from trading subsidiary	30,270	27,365
Others	<u>66,487</u>	<u>56,682</u>
	<u>76,757</u>	<u>84,047</u>

7. DEBTORS

	2024 £	2023 £
Covenanted donation from trading subsidiary	30,270	27,365
Prepayments	<u>12,866</u>	<u>15,416</u>
	<u>43,136</u>	<u>42,781</u>

8. CREDITORS AND ACCRUALS

	2024 £	2023 £
Other Creditors	<u>-</u>	<u>-</u>

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31ST OCTOBER 2024

9. MOVEMENT IN FUNDS

	At 01.11.2023	Net movement in funds	At 31.10.2024
	£	£	£
Unrestricted funds	228,666	(13,437)	215,229

Net movement in funds included in the above as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds income and expenditure account	81,775	95,212	(13,437)

10. DONATIONS

	2024 £	2023 £
Action for Family Carers	-	2,000
Mr & Mrs Revell	2,000	-
Harlowfields School	360	1,000
Frank Bruno Foundation	4,000	5,000
Chelmsford City FC Foundation	1,000	1,000
Rebecca Brown	-	-
	<u>£7,260</u>	<u>£7,000</u>

ESSEX DISABLED SPORTS FOUNDATION

England & Wales - Charity number 1001176

Accounts

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF ESSEX DISABLED SPORTS FOUNDATION

I report on the accounts of the Foundation for the year ended 31st October 2023 which are set out on pages 5 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act;
- to follow the procedures laid down in the general direction given by the Charity Commission under section 145(5)(b) of the 2011 Charities Act;
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Charities Act and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Name: Mr Kevin Wells

Address: 10-12 Mulberry Green, Old Harlow, Essex CM17 0ET

Date: 15th July 2024

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31ST OCTOBER 2023

Reference and administration information

Trustees

Mr S G Osbourn FCA

Mr M C Jackson MBE

Principal Address

Toad Hall, New Barn Lane, Little Hallingbury, Hertfordshire, CM22 7PR

Charity number: 1001176

Independent Examiner

Mr Kevin Wells, employed by Giess Wallis Crisp LLP, Chartered Accountants, 10-12 Mulberry Green, Old Harlow, Essex, CM17 0ET

Bankers

NatWest Bank PLC, 12 The Rows, Harlow, Essex CM20 1BZ

Report of the trustees for the year ended 31st October 2023

The trustees present their annual report and financial statements of the charity for the year ended 31st October 2023. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2005.

Structure, governance and management

The Foundation is a registered charity, number 1001176, and is constituted under a trust deed dated 3rd October 1990.

Risk Management.

The trustees have considered the major risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage those risks.

Internal risks are minimised by all cheque expenditure being authorised by two trustees. Sums are not committed on charitable expenditure unless the trustees have good reason to expect income flows to cover the charitable expenditure. Liability risks at events held by the charity are covered by relevant insurance policies being taken out. Funds are held at NatWest Bank in a current account or no notice deposit account.

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2023

Objectives and activities for the public benefit

The charity is established to provide sporting activities and opportunities for children and young adults with special needs in Essex and surrounding counties. The trustees are aided by many volunteers, to whom the trustees wish to extend their thanks. The charity works closely with many local schools and organisations that deal with children and young adults with special needs. The charity carries out its objectives by organising sports experience days, a children's sporting lunch and by making donations direct to organisations and individuals.

Activities and review of the year

The charity provided Sports Experience Days and a Sporting Awards Lunch to hundreds of children with special and educational needs during the year. The charity also makes donations direct to individuals and organisations.

Future Developments

The charity plans to continue activities as mentioned above in future years.

Financial review

The Foundation's work is reliant on fundraising and donations.

The charity has a 100% shareholding in a trading subsidiary, The Presidents Sporting Club Limited. The charity's shareholding is two ordinary shares of £1 each. The trading subsidiary covenants its profits to the charity every year, the covenanted donation for the year ended 31st October 2023 being £27,365. The trustees are satisfied with the performance of the trading subsidiary. A summary of the subsidiary's trading performance is detailed in the notes to the accounts.

Income is recognised in the Foundation's accounts when received, excepting that provision is made in the accounts for the covenanted donation to be received from the trading subsidiary.

Reserves policy

The attached financial statements show the current state of the finances which the trustees consider to be sound. The trustees consider it prudent to retain reserves they would consider to be reasonable in order to fund future charitable activity. Reserves are held on no-notice deposit at NatWest Bank, Harlow. Fundraising activities may possibly fall in the future, so having reasonable reserves now will enable charitable expenditure to remain at present levels for some time. All reserves are unrestricted funds and are utilised as and when the trustees deem reasonable to do so.

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2023

Trustees' responsibilities in relation to the financial statements

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK generally accepted accounting practice). The law applicable to charities in England and Wales requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

Select suitable accounting policies and then apply them consistently;

Observe the methods and principles of the Charities SORP;

Make judgements and estimates that are reasonable and prudent;

State whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and

Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in its operations.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ascertain to ensure the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Approved by the trustees on 15th July 2024 and signed on their behalf by:

M C Jackson MBE

MC Jackson MBE, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2023**STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR TO 31st OCTOBER 2023****INCOME AND EXPENDITURE**

	Notes	Unrestricted Funds	Total	2022
INCOMING RESOURCES		£	£	£
Donations	6	84,047	84,047	67,995
Deposit Interest		1,936	1,936	165
Total Incoming Resources		<u>85,983</u>	<u>85,983</u>	<u>68,160</u>
COSTS OF ACTIVITIES IN FURTHERANCE OF THE CHARITY'S OBJECTIVES				
Donations	10	7,000	7,000	10,500
Children's Sporting lunch		38,014	38,014	1,303
Sports Experience Days		34,313	34,313	35,895
		<u>79,327</u>	<u>79,327</u>	<u>47,698</u>
FUNDRAISING COSTS				
Marathon Expenses		<u>9,070</u>	<u>9,070</u>	<u>2,988</u>
MANAGEMENT AND ADMINISTRATION OF THE CHARITY				
Postage and Sundries		-	-	-
TOTAL RESOURCES EXPENDED		<u>88,397</u>	<u>88,397</u>	<u>50,686</u>
NET INCOMING RESOURCES/ (RESOURCES EXPENDED) FOR THE YEAR BEING NET MOVEMENT IN FUNDS		(2,414)	(2,414)	17,474
FUND BALANCES BROUGHT FORWARD		<u>231,080</u>	<u>231,080</u>	<u>213,606</u>
FUND BALANCES CARRIED FORWARD		<u>228,666</u>	<u>218,666</u>	<u>231,080</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

ESSEX DISABLED SPORTS FOUNDATION

BALANCE SHEET AS AT 31st OCTOBER 2023

	Notes	Unrestricted Funds £	Total Funds £	Total 2022 £
CURRENT ASSETS				
Investment in Subsidiary	3	2	2	2
Debtors	7	42,781	42,781	59,479
Bank Deposit Account		185,383	185,383	171,099
Bank Current Account		500	500	500
		<u>228,666</u>	<u>228,666</u>	<u>231,080</u>
CREDITORS				
Creditors and Accruals	8	-	-	-
NET ASSETS	4	<u>228,666</u>	<u>228,666</u>	<u>231,080</u>
FUNDS				
UNRESTRICTED INCOME FUNDS:				
General Purpose fund	9	<u>228,666</u>	<u>228,666</u>	<u>231,080</u>

The notes set out on pages 7 to 9 form part of these accounts

Approved by the trustees on 15th July 2024 and signed on their behalf by:

SG Osbourn FCA

SG Osbourn FCA, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2023

1. ACCOUNTING POLICIES

Basis of preparation

These financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

2. RESOURCES EXPENDED

All expenses are identified as being for the management and administration of the charity unless they are marathon expenses (included in fund raising costs) or donations, children's sporting lunch or sports experience days (included in charitable expenditure).

3. SUBSIDIARY UNDERTAKING

The charity is the 100% Shareholder (two ordinary shares of £1 each) in The Presidents Sporting Club Limited, the trading subsidiary of the charity. The subsidiary covenants its annual profits to the charity. Consolidated accounts for the charity and its subsidiary have not been prepared because in the opinion of the trustees the cost and effort of preparing consolidated accounts would be disproportionate to the benefits accruing to users of the accounts. Unaudited accounts of the Presidents Sporting Club Limited for the year to 31st October 2023 have been filed at Companies House. The trustees are not aware of any note or reservation contained in the accounts to call attention to a matter which, apart from the note or reservation, would properly have been referred to in a qualification in any audit or other statutory report on the accounts.

A summary of the results of the Presidents Sporting Club Limited as at 31st October 2023 is as follows:

	£
CALLED UP SHARE CAPITAL	2
PROFIT AND LOSS ACCOUNT	-
EQUITY SHAREHOLDERS FUNDS	<u>2</u>
	£
INTEREST RECEIVED	416
TURNOVER	88,788
COST OF SALES	<u>(60,534)</u>
GROSS PROFIT	<u>28,670</u>
ADMINISTRATIVE EXPENSES	<u>28,670</u>

Administrative expenditure includes a covenanted donation to the charity of £27,365

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31ST OCTOBER 2023

4. ANALYSIS OF NET ASSETS BY FUND

	General Purposes Fund (unrestricted)	Total
	£	£
Current Assets	228,666	228,666
Current liabilities	-	-
	<u>228,666</u>	<u>228,666</u>

5. TRUSTEES' REMUNERATION AND EXPENSES

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any trustee or to any person or persons known to be connected with any of them or to any other person.

Reimbursement of expenses properly incurred on behalf of the Charity is made to the trustees. The trading subsidiary does from time to time reimburse expenditure properly incurred on behalf of the subsidiary to a trustee of the charity in his role as an officer of the subsidiary. No remuneration is paid either to trustees of the charity or any other person by the trading subsidiary.

6. DONATIONS RECIEVABLE

	2023 £	2022 £
Covenanted donation from trading subsidiary	27,365	40,791
Others	<u>56,682</u>	<u>27,204</u>
	<u>84,047</u>	<u>67,995</u>

7. DEBTORS

	2023 £	2022 £
Covenanted donation from trading subsidiary	27,365	40,791
Prepayments	<u>15,416</u>	<u>18,688</u>
	<u>42,781</u>	<u>59,479</u>

8. CREDITORS AND ACCRUALS

	2023 £	2022 £
Other Creditors	<u>-</u>	<u>-</u>

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31ST OCTOBER 2023

9. MOVEMENT IN FUNDS

	At 01.11.2022	Net movement in funds	At 31.10.2023
	£	£	£
Unrestricted funds	231,080	(2,414)	228,660

Net movement in funds included in the above as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds income and expenditure account	85,983	88,397	(2,414)

10. DONATIONS

	2023 £	2022 £
Action for Family Carers	2,000	-
Upward With Downs	-	1,000
Drapers Academy	-	1,000
Frank Bruno Foundation	5,000	7,000
St Christopher School	-	1,000
Rebecca Brown	-	500
	<u>£7,000</u>	<u>£10,500</u>

ESSEX DISABLED SPORTS FOUNDATION

England & Wales - Charity number 1001176

Accounts

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF ESSEX DISABLED SPORTS FOUNDATION

I report on the accounts of the Foundation for the year ended 31st October 2022 which are set out on pages 5 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act;
- to follow the procedures laid down in the general direction given by the Charity Commission under section 145(5)(b) of the 2011 Charities Act;
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Charities Act and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Name: Mr Kevin Wells

Address: 10-12 Mulberry Green, Old Harlow, Essex CM17 0ET

Date: 26th June 2023

ESSEX DISABLED SPORTS FOUNDATION - YEAR ENDED 31st OCTOBER 2022

Reference and administration information

Trustees

Mr S G Osbourn FCA

Mr M C Jackson MBE

Principal Address

Toad Hall, New Barn Lane, Little Hallingbury, Hertfordshire, CM22 7PR

Charity number: 1001176

Independent Examiner

Mr Kevin Wells, employed by Giess Wallis Crisp LLP, Chartered Accountants, 10-12 Mulberry Green, Old Harlow, Essex, CM17 0ET

Bankers

NatWest Bank PLC, 12 The Rows, Harlow, Essex CM20 1BZ

Report of the trustees for the year ended 31st October 2022

The trustees present their annual report and financial statements of the charity for the year ended 31st October 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2005.

Structure, governance and management

The Foundation is a registered charity, number 1001176, and is constituted under a trust deed dated 3rd October 1990.

Risk Management.

The trustees have considered the major risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage those risks.

Internal risks are minimised by all cheque expenditure being authorised by two trustees. Sums are not committed on charitable expenditure unless the trustees have good reason to expect income flows to cover the charitable expenditure. Liability risks at events held by the charity are covered by relevant insurance policies being taken out. Funds are held at NatWest Bank in a current account or no notice deposit account.

ESSEX DISABLED SPORTS FOUNDATION - YEAR ENDED 31st OCTOBER 2022

Objectives and activities for the public benefit

The charity is established to provide sporting activities and opportunities for children and young adults with special needs in Essex and surrounding counties. The trustees are aided by many volunteers, to whom the trustees wish to extend their thanks. The charity works closely with many local schools and organisations that deal with children and young adults with special needs. The charity carries out its objectives by organising sports experience days, a children's sporting lunch and by making donations direct to organisations and individuals.

Activities and review of the year

The charity provided Sports Experience Days and a Sporting Awards Lunch to hundreds of children with special and educational needs during the year. The charity also makes donations direct to individuals and organisations.

Future Developments

The charity plans to continue activities as mentioned above in future years.

Financial review

The Foundation's work is reliant on fundraising and donations.

The charity has a 100% shareholding in a trading subsidiary, The Presidents Sporting Club Limited. The charity's shareholding is two ordinary shares of £1 each. The trading subsidiary covenants its profits to the charity every year, the covenanted donation for the year ended 31st October 2022 being £40,791. The trustees are satisfied with the performance of the trading subsidiary. A summary of the subsidiary's trading performance is detailed in the notes to the accounts.

Income is recognised in the Foundation's accounts when received, excepting that provision is made in the accounts for the covenanted donation to be received from the trading subsidiary.

Reserves policy

The attached financial statements show the current state of the finances which the trustees consider to be sound. The trustees consider it prudent to retain reserves they would consider to be reasonable in order to fund future charitable activity. Reserves are held on no-notice deposit at NatWest Bank, Harlow. Fundraising activities may possibly fall in the future, so having reasonable reserves now will enable charitable expenditure to remain at present levels for some time. All reserves are unrestricted funds and are utilised as and when the trustees deem reasonable to do so.

ESSEX DISABLED SPORTS FOUNDATION - YEAR ENDED 31st OCTOBER 2022

Trustees' responsibilities in relation to the financial statements

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK generally accepted accounting practice). The law applicable to charities in England and Wales requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

Select suitable accounting policies and then apply them consistently;

Observe the methods and principles of the Charities SORP;

Make judgements and estimates that are reasonable and prudent;

State whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and

Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in its operations.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ascertain to ensure the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Approved by the trustees on 26th June 2023 and signed on their behalf by:

M C Jackson MBE

MC Jackson MBE, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION - YEAR ENDED 31st OCTOBER 2022
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR TO 31st OCTOBER 2022

INCOME AND EXPENDITURE

	Notes	Unrestrict ed Funds	Total	2021
INCOMING RESOURCES		£	£	£
Donations	6	67,995	67,995	29,837
Deposit Interest		165	165	18
Total Incoming Resources		68,160	68,160	29,855

COSTS OF ACTIVITIES IN FURTHERANCE OF THE CHARITY'S OBJECTIVES

Donations	10	10,500	10,500	756
Children's Sporting lunch		1,303	1,303	-
Sports Experience Days		35,895	35,895	-
		47,698	47,698	756

**FUNDRAISING
COSTS**

Marathon Expenses		2,988	2,988	5,760
-------------------	--	-------	-------	-------

MANAGEMENT AND ADMINISTRATION OF THE CHARITY

Postage and Sundries	-	-	85
----------------------	---	---	----

TOTAL RESOURCES EXPENDED	50,686	50,686	6,601
NET INCOMING RESOURCES/ (RESOURCES EXPENDED) FOR THE YEAR BEING NET MOVEMENT IN FUNDS	17,474	17,474	23,254
FUND BALANCES BROUGHT FORWARD	213,606	213,606	190,352
FUND BALANCES CARRIED FORWARD	231,080	231,080	213,606

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

ESSEX DISABLED SPORTS FOUNDATION

BALANCE SHEET AS AT 31st OCTOBER 2022

	Notes	Unrestrict ed Funds £	2022 Total Funds £	2021 £
CURRENT ASSETS				
Investment in Subsidiary	3	2	2	2
Debtors	7	59,479	59,479	18,213
Bank Deposit Account		171,099	171,099	194,891
Bank Current Account		500	500	500
		<u>231,080</u>	<u>231,080</u>	<u>213,606</u>
CREDITORS				
Creditors and Accruals	8	-	-	-
NET ASSETS	4	<u>231,080</u>	<u>231,080</u>	<u>213,606</u>
FUNDS				
UNRESTRICTED INCOME FUNDS:				
General Purpose fund	9	<u>231,080</u>	<u>231,080</u>	<u>213,606</u>

The notes set out on pages 7 to 9 form part of these accounts

Approved by the trustees on 26th June 2023 and signed on their behalf by:

SG Osbourn FCA

SG Osbourn FCA, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2022

1. ACCOUNTING POLICIES

Basis of preparation

These financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

2. RESOURCES EXPENDED

All expenses are identified as being for the management and administration of the charity unless they are marathon expenses (included in fund raising costs) or donations, children's sporting lunch or sports experience days (included in charitable expenditure).

3. SUBSIDIARY UNDERTAKING

The charity is the 100% Shareholder (two ordinary shares of £1 each) in The Presidents Sporting Club Limited, the trading subsidiary of the charity. The subsidiary covenants its annual profits to the charity. Consolidated accounts for the charity and its subsidiary have not been prepared because in the opinion of the trustees the cost and effort of preparing consolidated accounts would be disproportionate to the benefits accruing to users of the accounts. Unaudited accounts of the Presidents Sporting Club Limited for the year to 31st October 2022 have been filed at Companies House. The trustees are not aware of any note or

reservation contained in the accounts to call attention to a matter which, apart from the note or reservation, would properly have been referred to in a qualification in any audit or other statutory report on the accounts.

A summary of the capital and reserves of the Presidents Sporting Club Limited as at 31st October 2022 is as follows:

	£
CALLED UP SHARE CAPITAL	2
PROFIT AND LOSS ACCOUNT	-
EQUITY SHAREHOLDERS FUNDS	<u>2</u>
	£
TURNOVER	109,079
COST OF SALES	65,679
GROSS PROFIT	<u>43,400</u>
ADMINISTRATIVE EXPENSES	<u>43,400</u>

Administrative expenditure includes a covenanted donation to the charity of £40,791

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31ST OCTOBER 2022

4. ANALYSIS OF NET ASSETS BY FUND

	General Purposes Fund (unrestricted)	Total
	£	£
Current Assets	231,080	231,080
Current liabilities	-	-
	<u>231,080</u>	<u>231,080</u>

5. TRUSTEES' REMUNERATION AND EXPENSES

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any trustee or to any person or persons known to be connected with any of them or to any other person.

Reimbursement of expenses properly incurred on behalf of the Charity is made to the trustees. The trading subsidiary does from time to time reimburse expenditure properly incurred on behalf of the subsidiary to a trustee of the charity in his role as an officer of the subsidiary. No remuneration is paid either to trustees of the charity or any other person by the trading subsidiary.

6. DONATIONS RECEIVABLE

	2022 £	2021 £
Covenanted donation from trading subsidiary	40,791	361
Others	27,204	29,476
	<u>67,995</u>	<u>29,837</u>

7. DEBTORS

	2022 £	2021 £
Covenanted donation from trading subsidiary	40,791	361
Prepayments	18,688	17,852
	<u>59,479</u>	<u>18,213</u>

8. CREDITORS AND ACCRUALS

	2022 £	2021 £
Other Creditors	-	-
	<u>-</u>	<u>-</u>

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31ST OCTOBER 2022

9. MOVEMENT IN FUNDS

	At 01.11.2021 £	Net movement in funds £	At 31.10.2022 £
Unrestricted funds	213,606	17,474	231,080
	<u>213,606</u>	<u>17,474</u>	<u>231,080</u>

Net movement in funds included in the above as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds income and expenditure account	68,160	50,686	17,474

10. DONATIONS

	2022 £	2021 £
Lily Beddal	-	756
Upward With Downs	1,000	-
Drapers Academy	1,000	-
Frank Bruno Foundation	7,000	-
St Christopher School	1,000	-
Rebecca Brown	500	-
	<u>10,500</u>	<u>756</u>

ESSEX DISABLED SPORTS FOUNDATION

England & Wales - Charity number 1001176

Accounts

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF ESSEX DISABLED SPORTS FOUNDATION

I report on the accounts of the Foundation for the year ended 31st October 2021 which are set out on pages 5 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Charities Act;
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Charities Act and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Charities Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Name: Mr Kevin Wells
Address: 10-12 Mulberry Green, Old Harlow, Essex, CM17 0ET
Date: 20th July 2022

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2021

Reference and administrative information

Trustees

Mr S G Osbourn FCA
Mr M C Jackson MBE

Principal Address

Toad Hall, New Barn Lane, Little Hallingbury, Hertfordshire, CM22 7PR

Charity number: 1001176

Independent Examiner

Mr Kevin Wells, employed by Giess Wallis Crisp LLP, Chartered Accountants, 10-12 Mulberry Green, Old Harlow, Essex, CM17 0ET

Bankers

NatWest Bank plc, 12 The Rows, Harlow, Essex, CM20 1BZ

Report of the trustees for the year ended 31st October 2021

The trustees present their annual report and financial statements of the charity for the year ended 31st October 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2005.

Structure, governance and management

The Foundation is a registered charity, number 1001176, and is constituted under a trust deed dated 3rd October 1990.

Risk management

The trustees have considered the major risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage those risks.

Internal risks are minimised by all cheque expenditure being authorised by two trustees. Sums are not committed on charitable expenditure unless the trustees have good reason to expect income flows to cover the charitable expenditure. Liability risks at events held by the charity are covered by relevant insurance policies being taken out. Funds are held at NatWest Bank in a current account or no-notice deposit account.

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2021

Objectives and activities for the public benefit

The charity is established to provide sporting activities and opportunities for children and young adults with special needs in Essex and surrounding counties. The trustees are aided by many volunteers, to whom the trustees wish to extend their thanks. The charity works closely with many local schools and organisations that deal with children and young adults with special needs. The charity carries out its objects by organising sports experience days, a children's sporting lunch and by making donations direct to organisations and individuals.

Activities and review of the year

Unfortunately, due to the pandemic we were unable to hold Sports Experience Days or the Children's Christmas Sporting Lunch this year.

Future developments

The charity plans to continue activities as mentioned above in future years.

Financial review

The Foundation's work is reliant on fundraising and donations.

The charity has a 100% shareholding in a trading subsidiary, The Presidents Sporting Club Limited. The charity's shareholding is two ordinary shares of £1 each. The trading subsidiary covenants its profits to the charity every year, the covenanted donation for the year ended 31st October 2021 being £361. The trustees the trading performance of the subsidiary was impacted by the pandemic. A summary of the subsidiary's trading performance is detailed in the notes to the accounts.

Income is recognised in the Foundation's accounts when received, excepting that provision is made in the accounts for the covenanted donation to be received from the trading subsidiary.

Reserves policy

The attached financial statements show the current state of the finances which the trustees consider to be sound. The trustees consider it prudent to retain reserves they would consider to be reasonable in order to fund future charitable activity. Reserves are held on no-notice deposit at NatWest Bank, Harlow. Fundraising activities may possibly fall in the future, so having reasonable reserves now will enable charitable expenditure to remain at present levels for some time. All reserves are unrestricted funds and are utilised as and when the trustees deem reasonable to do so.

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2021

Trustees' responsibilities in relation to the financial statements

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK generally accepted accounting practice). The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

select suitable account policies and then apply them consistently;

observe the methods and principles of the Charities SORP;

make judgements and estimates that are reasonable and prudent;

state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and

prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its operations.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ascertain to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Approved by the trustees on 20th July 2022 and signed on their behalf by:

M C Jackson MBE

M C Jackson MBE, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR TO 31st OCTOBER 2021

INCOME AND EXPENDITURE

	Notes	Unrestricted Funds	Total	2020
INCOMING RESOURCES		£	£	£
Donations	6	29,837	29,837	38,650
Deposit Interest		18	18	165
TOTAL INCOMING RESOURCES		29,855	29,855	38,815
COSTS OF ACTIVITIES IN FURTHERANCE OF THE CHARITY'S OBJECTIVES				
Donations	10	756	756	920
Children's Sporting Lunch		-	-	31,187
Sports Experience Days		-	-	-
		756	756	32,107
FUND RAISING COSTS				
Marathon Expenses		5,760	5,760	3,584
MANAGEMENT AND ADMINISTRATION OF THE CHARITY				
Travel		-	-	158
Postage & Sundries		85	85	5
		85	85	163
TOTAL RESOURCES EXPENDED		6,601	6,601	35,854
NET INCOMING RESOURCES/ (RESOURCES EXPENDED) FOR THE YEAR BEING NET MOVEMENT IN FUNDS		23,254	23,254	2,961
FUND BALANCES BROUGHT FORWARD		190,352	190,352	187,391
FUND BALANCES CARRIED FORWARD		213,606	213,606	190,352

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.
The notes on pages 7 to 9 form part of these accounts.

ESSEX DISABLED SPORTS FOUNDATION

BALANCE SHEET AS AT 31st OCTOBER 2021

	Notes	Unrestricted Funds	2021 Total Funds	2020
CURRENT ASSETS		£	£	£
Investment in Subsidiary	3	2	2	2
Debtors	7	18,213	18,213	21,071
Bank Deposit Account		194,891	194,891	168,979
Bank Current Account		500	500	500
		213,606	213,606	190,552
CREDITORS				
Creditors and Accruals	8	-	-	200
NET ASSETS	4	213,606	213,606	190,352
FUNDS				
UNRESTRICTED INCOME FUNDS:				
General Purposes Fund	9	213,606	213,606	190,352

The notes set out on pages 7 to 9 form part of these accounts

Approved by the trustees on 20th July 2022 and signed on their behalf by:

S G Osbourn FCA

S G Osbourn FCA, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2021

1. ACCOUNTING POLICIES

Basis of preparation

These financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

2. RESOURCES EXPENDED

All expenses are identified as being for the management and administration of the charity unless they are marathon expenses (included in fund raising costs) or donations, children's sporting lunch or sports experience days (included in charitable expenditure).

3. SUBSIDIARY UNDERTAKING

The charity is the 100% shareholder (two ordinary shares of £1 each) in The Presidents Sporting Club Limited, the trading subsidiary of the charity. The subsidiary covenants its annual profits to the charity. Consolidated accounts for the charity and its subsidiary have not been prepared because in the opinion of the trustees the cost and effort of preparing consolidated accounts would be disproportionate to the benefits accruing to users of the accounts. Unaudited accounts of The Presidents Sporting Club Limited for the year to 31st October 2021 have been filed at Companies House. The Trustees are not aware of any note or reservation contained in the accounts to call attention to a matter which, apart from the note or reservation, would properly have been referred to in a qualification in any audit or other statutory report on the accounts.

A summary of the capital and reserves of the Presidents Sporting Club Limited as at 31st October 2021 is as follows:

	£
CALLED UP SHARE CAPITAL	2
PROFIT AND LOSS ACCOUNT	-
EQUITY SHAREHOLDERS' FUNDS	<u>2</u>
	£
TURNOVER	-
COST OF SALES	-
GROSS PROFIT	<u>-</u>
ADMINISTRATIVE EXPENSES	<u>- (net)</u>

Administrative expenditure includes a covenanted donation to the charity of £361.

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2021

4. ANALYSIS OF NET ASSETS BY FUND

	General Purposes Fund (unrestricted)	Total
	£	£
Current Assets	213,606	213,606
Current Liabilities	-	-
	<u>213,606</u>	<u>190,352</u>

5. TRUSTEES' REMUNERATION AND EXPENSES

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any trustee or to any person or persons known to be connected with any of them.

Reimbursement of expenses incurred on behalf of the Charity of £- (2020 £215) to Mr M C Jackson MBE was made during the year. The trading subsidiary does from time to time reimburse expenditure properly incurred on behalf of the subsidiary to trustees of the charity in their roles as officers of the subsidiary. No remuneration is paid either to trustees of the charity or any other person by the trading subsidiary.

6. DONATIONS RECEIVABLE

	2021	2020
	£	£
Covenanted donation from trading subsidiary	361	16,319
Others	29,476	22,331
	<u>29,837</u>	<u>38,650</u>

7. DEBTORS

	2021	2020
	£	£
Covenanted donation from trading subsidiary	361	16,319
Prepayments & debtors	17,852	4,752
	<u>18,213</u>	<u>21,071</u>

8. CREDITORS AND ACCRUALS

	2021	2020
	£	£
Other creditors	-	200

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2021

9. MOVEMENT IN FUNDS

	At 1.11.2020	Net movement in funds	At 31.10.2021
	£	£	£
Unrestricted funds	<u>190,352</u>	<u>23,254</u>	<u>213,606</u>

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in fund
	£	£	£
Unrestricted funds income and expenditure account	29,855	6,601	23,254

10. DONATIONS

	2021	2020
	£	£
Lily Beddall	756	-
Leukaemia Research	-	512
Ollie Hopkins	-	408

ESSEX DISABLED SPORTS FOUNDATION

England & Wales - Charity number 1001176

Accounts

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF ESSEX DISABLED SPORTS FOUNDATION

I report on the accounts of the Foundation for the year ended 31st October 2020 which are set out on pages 5 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Charities Act;
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Charities Act and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Charities Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Name: Mr Kevin Wells
Address: 10-12 Mulberry Green, Old Harlow, Essex, CM17 0ET
Date: 27th July 2021

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2020

Reference and administrative information

Trustees

Mr S G Osbourn FCA
Mr M C Jackson MBE

Principal Address

Toad Hall, New Barn Lane, Little Hallingbury, Hertfordshire, CM22 7PR

Charity number: 1001176

Independent Examiner

Mr Kevin Wells, employed by Giess Wallis Crisp LLP, Chartered Accountants, 10-12 Mulberry Green, Old Harlow, Essex, CM17 0ET

Bankers

NatWest Bank plc, 12 The Rows, Harlow, Essex, CM20 1BZ

Report of the trustees for the year ended 31st October 2020

The trustees present their annual report and financial statements of the charity for the year ended 31st October 2020. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice: Accounting and Reporting by Charities published in 2005.

Structure, governance and management

The Foundation is a registered charity, number 1001176, and is constituted under a trust deed dated 3rd October 1990.

Risk management

The trustees have considered the major risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage those risks.

Internal risks are minimised by all cheque expenditure being authorised by two trustees. Sums are not committed on charitable expenditure unless the trustees have good reason to expect income flows to cover the charitable expenditure. Liability risks at events held by the charity are covered by relevant insurance policies being taken out. Funds are held at NatWest Bank in a current account or no-notice deposit account.

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31ST OCTOBER 2020

Objectives and activities for the public benefit

The charity is established to provide sporting activities and opportunities for children and young adults with special needs in Essex and surrounding counties. The trustees are aided by many volunteers, to whom the trustees wish to extend their thanks. The charity works closely with many local schools and organisations that deal with children and young adults with special needs. The charity carries out its objects by organising sports experience days, a children's sporting lunch and by making donations direct to organisations and individuals.

Activities and review of the year

Unfortunately, due to the pandemic we were unable to hold sports experience days this year.

An integral element of our programme each year is the Christmas Children's Sporting Lunch and this year over 600 children with special needs together with their helpers from special schools attended. The highlight of the lunch is an award ceremony to some of the children who have made significant achievements in sport. This is to recognise endeavour rather than elitism.

Future developments

The charity plans to continue activities as outlined above in future years.

Financial review

The Foundation's work is reliant on fundraising and donations.

The charity has a 100% shareholding in a trading subsidiary, The Presidents Sporting Club Limited. The charity's shareholding is two ordinary shares of £1 each. The trading subsidiary covenants its profits to the charity every year, the covenanted donation for the year ended 31st October 2020 being £16,319. The trustees consider the trading performance of the subsidiary to be satisfactory. A summary of the subsidiary's trading performance is detailed in the notes to the accounts.

Income is recognised in the Foundation's accounts when received, excepting that provision is made in the accounts for the covenanted donation to be received from the trading subsidiary.

Reserves policy

The attached financial statements show the current state of the finances which the trustees consider to be sound. The trustees consider it prudent to retain reserves they would consider to be reasonable in order to fund future charitable activity. Reserves are held on no-notice deposit at NatWest Bank, Harlow. Fundraising activities may possibly fall in the future, so having reasonable reserves now will enable charitable expenditure to remain at present levels for some time. All reserves are unrestricted funds and are utilised as and when the trustees deem reasonable to do so.

ESSEX DISABLED SPORTS FOUNDATION – YEAR ENDED 31st OCTOBER 2020

Trustees' responsibilities in relation to the financial statements

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK generally accepted accounting practice). The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

select suitable account policies and then apply them consistently;

observe the methods and principles of the Charities SORP;

make judgements and estimates that are reasonable and prudent;

state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and

prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its operations.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ascertain to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Approved by the trustees on 27th July 2021 and signed on their behalf by:

M C Jackson MBE

M C Jackson MBE, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR TO 31st OCTOBER 2020

INCOME AND EXPENDITURE

	Notes	Unrestricted Funds	Total	2019
INCOMING RESOURCES		£	£	£
Donations	6	38,650	38,650	90,818
Deposit Interest		165	165	314
TOTAL INCOMING RESOURCES		38,815	38,815	91,132

COSTS OF ACTIVITIES IN FURTHERANCE OF THE CHARITY'S OBJECTIVES

Donations	10	920	920	4,500
Children's Sporting Lunch		31,187	31,187	29,338
Sports Experience Days		-	-	29,903
		32,107	32,107	63,741

FUND RAISING COSTS

Marathon Expenses		3,584	3,584	8,472
-------------------	--	--------------	--------------	--------------

MANAGEMENT AND ADMINISTRATION OF THE CHARITY

Travel		158	158	-
Postage & Sundries		5	5	1,762
		163	163	1,762

TOTAL RESOURCES EXPENDED

NET INCOMING RESOURCES/ (RESOURCES EXPENDED) FOR THE YEAR BEING NET MOVEMENT IN FUNDS

FUND BALANCES BROUGHT FORWARD

FUND BALANCES CARRIED FORWARD

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes on pages 7 to 9 form part of these accounts.

ESSEX DISABLED SPORTS FOUNDATION

BALANCE SHEET AS AT 31st OCTOBER 2020

	Notes	Unrestricted Funds	2020 Total Funds	2019
CURRENT ASSETS		£	£	£
Investment in Subsidiary	3	2	2	2
Debtors	7	21,071	21,071	25,583
Bank Deposit Account		168,979	168,979	161,306
Bank Current Account		500	500	500
		190,552	190,552	187,391
CREDITORS				
Creditors and Accruals	8	200	200	-
NET ASSETS	4	190,352	190,352	187,391
FUNDS				
UNRESTRICTED INCOME FUNDS:				
General Purposes Fund	9	190,352	190,352	187,391

The notes set out on pages 7 to 9 form part of these accounts

Approved by the trustees on 27th July 2021 and signed on their behalf by:

S G Osbourn FCA

S G Osbourn FCA, TRUSTEE

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2020

1. ACCOUNTING POLICIES

Basis of preparation

These financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued in March 2005 and applicable UK Accounting Standards and the Charities Act 2011.

2. RESOURCES EXPENDED

All expenses are identified as being for the management and administration of the charity unless they are marathon expenses (included in fund raising costs) or donations, children's sporting lunch or sports experience days (included in charitable expenditure).

3. SUBSIDIARY UNDERTAKING

The charity is the 100% shareholder (two ordinary shares of £1 each) in The Presidents Sporting Club Limited, the trading subsidiary of the charity. The subsidiary covenants its annual profits to the charity. Consolidated accounts for the charity and its subsidiary have not been prepared because in the opinion of the trustees the cost and effort of preparing consolidated accounts would be disproportionate to the benefits accruing to users of the accounts. Unaudited accounts of The Presidents Sporting Club Limited for the year to 31st October 2020 have been filed at Companies House. The Trustees are not aware of any note or reservation contained in the accounts to call attention to a matter which, apart from the note or reservation, would properly have been referred to in a qualification in any audit or other statutory report on the accounts.

A summary of the capital and reserves of the Presidents Sporting Club Limited as at 31st October 2020 is as follows:

	£
CALLED UP SHARE CAPITAL	2
PROFIT AND LOSS ACCOUNT	=
EQUITY SHAREHOLDERS' FUNDS	<u>2</u>
	£
TURNOVER	40,959
COST OF SALES	23,390
GROSS PROFIT	<u>17,569</u>
ADMINISTRATIVE EXPENSES	<u>17,569</u>

Administrative expenditure includes a covenanted donation to the charity of £16,319.

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2020

4. ANALYSIS OF NET ASSETS BY FUND

	General Purposes Fund (unrestricted)	Total
	£	£
Current Assets	190,552	190,552
Current Liabilities	200	200
	<u>190,352</u>	<u>190,352</u>

5. TRUSTEES' REMUNERATION AND EXPENSES

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any trustee or to any person or persons known to be connected with any of them.

Reimbursement of expenses incurred on behalf of the Charity of £215 (2019 £1,727) to Mr M C Jackson MBE was made during the year. The trading subsidiary does from time to time reimburse expenditure properly incurred on behalf of the subsidiary to trustees of the charity in their roles as officers of the subsidiary. No remuneration is paid either to trustees of the charity or any other person by the trading subsidiary.

6. DONATIONS RECEIVABLE

	2020	2019
	£	£
Covenanted donation from trading subsidiary	16,319	17,663
Others	22,331	73,155
	<u>38,650</u>	<u>90,818</u>

7. DEBTORS

	2020	2019
	£	£
Covenanted donation from trading subsidiary	16,319	17,663
Prepayments & debtors	4,752	7,920
	<u>21,071</u>	<u>25,583</u>

8. CREDITORS AND ACCRUALS

	2020	2019
	£	£
Other creditors	<u>200</u>	<u>-</u>

ESSEX DISABLED SPORTS FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR TO 31st OCTOBER 2020

9. MOVEMENT IN FUNDS

	At 1.11.2019	Net movement in funds	At 31.10.2020
	£	£	£
Unrestricted funds	<u>187,391</u>	<u>2,961</u>	<u>190,352</u>

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in fund
	£	£	£
Unrestricted funds income and expenditure account	38,815	35,854	2,961

10. DONATIONS

	2020	2019
	£	£
Helen Thompson	-	3,500
Esme O'Connell	-	1,000
Ollie Hopkins	408	-
Leukaemia Research	512	-