



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Himalayan Trust UK

**On accounts for the year
ended**

31 December 2021

**Charity no
(if any)**

1000153

Set out on pages

Attached

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Charles Mirrington

Date:

11 October 2022

Name:

Charles Mirrington

**Relevant professional
qualification(s) or body
(if any):**

Chartered Accountant, Institute of Chartered Accountants in England and Wales

Address:

16 West Way, Petts Wood, Kent, BR5 1LW

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Report of the trustees for the year ended 31 December 2021

The Trustees of The Himalayan Trust UK (Charity Reg No 1000153) present their annual report and accounts for the year ended 31 December 2021 and confirm they comply with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Commission.

The address of the principal office of the charity is 62 Riversdale Road, London N52JZ.

Trustees

As at the date of approval of this report (except as noted), the Trustees were as follows:

Graham Wrigley (Chairman)
John Walton
Angus Macdonald
Deborah Eklund
Kate Keohane
Kate Wolstenholme
Michelle Hancock (resigned 20 June 2021)
Rebecca Stephens
Robert Ross (appointed 21 March 2022)
Rupert Band
Sabian Phippen
Sasja McCann
Sue Leyden
Timothy Keyes

Sir Chris Bonington CBE is President of the Himalayan Trust UK, and Mary Lowe is Honorary 1953 Patron.

Governance

The Trust is governed through the Restated and Amended Trust Deed relating to the Himalayan Trust UK, dated 19 April 2006.

SUPPORTING THE MOUNTAIN PEOPLE OF NEPAL

President: Sir Christian Bonington CBE | **Chairman:** Graham Wrigley | **Deputy Chairman:** John Walton | **Honorary 1953 Patron:** Mary Lowe

E: enquiries@himalayantrust.co.uk | www.himalayantrust.co.uk

Charity No. 1000153



Objectives and activities

The Himalayan Trust UK has been working since 1989 to help the mountain people of Nepal. We strive to improve health and education in the mountainous regions of Northeastern Nepal, particularly in the Taplejung region.

We hold to the guiding principles laid down by Sir Edmund Hillary when he founded the first Himalayan Trust in 1960:

- To focus on basic infrastructure – education, health, environment
- To do only that which is requested by the mountain people
- To involve the mountain people themselves in the work – “self-help”
- To minimise all unnecessary cost and to facilitate direct transfer of funds
- To look for long term sustainability and independence for the mountain people.

Financial review

In the financial year to 31 December 2021, the Trust recorded total receipts of £172k (2020: £211k), and total payments of £195k (2020: £176k). The Trust closed the year with £300k of funds (£311k as at 31 December 2020).

The Covid-19 pandemic continued to impact our work in Nepal as set out in the Education and Health sections below. Despite difficulties in travelling to Nepal during 2021, the trustees carried out regular updates by video conference to review performance and check the governance of our local partners, with travel to Nepal having resumed in 2022. Sadly, the pandemic meant we were unable to go ahead with a planned dinner to celebrate Sir Edmund Hillary’s 100th birthday, for which we collected donations of £22k during 2020. We are organising a replacement event to commemorate the 70th anniversary of the Everest ascent in 2023, but meanwhile we offered donors the option of a refund and £16k was refunded during 2021.

We are grateful to all of our donors who have continued to provide a source of funds for our important ongoing work, including notable donations from Ronan Murphy, Bain & Company, Baillie Gifford, Rupert Band, The 3Ts Charitable Trust, Kenneth Stacey and the Beatrice Laing Trust. During 2021 we also received £50,000 from Blueberry Hill Charitable Trust for the rebuild of Rani school in Phaktanglung, Taplejung which was severely impacted by a landslide in 2020. This has been presented within restricted funds.



When required, the Trust also receives restricted funds which specifically cover the costs of hosted events and any trustee expenses (although no such costs were incurred during 2021 or 2020 due to ongoing restrictions from the Covid-19 pandemic). Donors can therefore be assured that other than some minor and unavoidable administration costs (under 2% of funds raised), their donations go directly to helping the mountain people of Nepal.

Whilst our Trust Deed does not specify a specific policy on reserves, the Trustees seek to ensure that the level of reserves held is always sufficient to cover at least one year's worth of future grants. Having considered our financial position, we remain confident of our ability to deliver on our commitments.

Operational review

Education:

Although the last two years with Covid-19 have added challenges to the delivery of our teacher training programme, we have managed to achieve a great deal in supporting 35 schools:

- We maintained the teacher training programme and ensured that teachers were ready as soon as schools reopened after lengthy closures.
- We maintained a learning programme for children through lockdowns with regularly transmitted radio programmes, having ensured that every child had access to a radio and home working books.
- We mobilised the teachers and the REED staff to visit children in their homes to give them additional support.
- We installed supplies of washing and hygiene products in every school so that children can maintain a good level of personal hygiene in a post Covid-19 world.
- Every child now has a lunch box so they can have nutritious food in the middle of the day, having a dramatic effect on learning outcomes.
- Following the destruction of Rani School, we rebuilt the school and ensured that it is protected from further landslides.
- We built a four-classroom block at Tapethok School enabling them to embark upon the MGML (Multi Grade Multi Level) style of teaching.
- We refurbished the girls' hostel at Lelep School, providing them with clean and secure accommodation, a fresh water supply, and a toilet and shower block with a solar heated water supply.



We have also embarked upon several initiatives in addition to the on-going teacher training programme:

- We have plans to build a new kitchen and dining facility at the Lelep girls' hostel.
- We are seeking to ensure that bright children have access to further education through a robust scholarship programme, and that all children, as they approach school leaving age, have access to a vocational course that will lead to earning opportunities within the local community.
- There are seven schools within our project area that do not have access to fresh water. This is a priority.
- We plan to create reading camps, giving children the opportunity to explore books, develop their reading skills, and enhance their learning potential.

Health:

During 2021, the pandemic continued to severely impact on our work until August. Following four years of health implementation in Yamphudin Ward, by the end of the year we succeeded in achieving all planned core work and handed responsibility over to the local community (see below).

Outside of our core health programme, we sent further PPE to all eight of our target health posts for Covid, and an oxygen concentrator and other supplies to the Rural Municipality Isolation Centre. We also installed a baby warmer in Lelep Health Post and trained staff to use it.

The central aim of our health programme is to work sustainably in close partnership with local people, to increase their capacity for the future. We base much of our work on existing local policy, with a view to villagers being empowered to continue it themselves.

This year, we supported the establishment of a local remote office for Action For Nepal (our implementing partner based in Kathmandu) and appointed a Field Officer. This succeeded in bringing the team closer to the villages.

Our focus in 2021 was the Community Health Awareness Project (CHAP). With the aims of better health knowledge and better use of the recently improved health services, Female Community Health Volunteers (FCHVs) were trained and supported to run awareness sessions in the mothers' group meetings in toles (grassroot areas of the Ward). Similarly, health post staff were trained to teach health in local schools. In total, 422 villagers and 237 schoolchildren participated; those attending were shown to have improved knowledge of antenatal care, delivery, postnatal care and looking after a newborn. School children became more aware of personal cleanliness, changes during adolescence and menstrual hygiene. Attendances at the health post had been rising throughout our work in Yamphudin, but villagers were asked not to attend



unless essential through the pandemic. However, the clear impression is that services are being used more appropriately and that CHAP has contributed to this.

In addition, we met with the management team of the Community Fund for Maternity Emergencies and supported developments to extend the help for mothers and families. We ran training for the Health Post Operation and Management Committee, and an Auxiliary Nurse Midwife from Yamphudin completed Skilled Birth Attendant training in Kathmandu, raising the quality of work and safety at the Birthing Centre. We supported health post staff to regularly collect the Health Management Information System activity data, to monitor the health post work and raise any concerns early. Governance at the health post was tightened by introducing a Special Incident Form and a system to discuss findings if necessary. The ongoing Standard Operating Procedures (SOPs) for Infection Control were reinforced, creating a safer environment for patients and staff.

In December 2021, the Yamphudin Health Project was officially handed over to the local community. The Ward Chair sincerely thanked the Himalayan Trust UK, Action For Nepal and our sponsors. The community pledged to look after the new health post building, work to maintain standards at the health post and to continue the community work, including CHAP. The FCHV who chairs the Community Fund noted the complete change in maternity knowledge and behaviour that our project has achieved. Now that women are better educated on health and there is a well-equipped Birthing Centre with well-trained staff, women are attending antenatal care and planning to deliver there. We look forward to continuing informal links with these villagers whom we have got to know so well and supporting them as appropriate, while we move to Lelep next year.

Throughout 2021, we have consciously worked to have no negative impact on the physical environment.



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Himalayan Trust UK	1000153
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CC16a

Receipts and payments accounts

For the period from	01-Jan-21	To	31-Dec-21
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Section A Receipts and payments

To the nearest £	Unrestricted funds	Restricted funds	Total funds	Last year
			Year ended 31 Dec 2021	Year ended 31 Dec 2020
Receipts				
Donations	104,910	50,000	154,910	148,076
Fund Raising Events income	-	-	-	21,850
Tax Recovery	-	-	-	4,272
Legacies	16,647	-	16,647	37,193
	-	-	-	-
Sub total	121,557	50,000	171,557	211,391
Payments				
Laxmi School Mamankhe	-	-	-	15,325
Rani School rebuild	500	50,000	50,500	-
Saraswati School Tapethok	-	-	-	30,000
Himalayan Trust Nepal	5,025	-	5,025	5,000
Education grants	69,162	-	69,162	94,179
Health grants	43,330	-	43,330	22,387
Scholarships	7,783	-	7,783	7,000
Refund of Fund Raising Events income	15,600	-	15,600	-
Administration expenses	3,186	-	3,186	2,367
Sub total	144,586	50,000	194,586	176,258
Excess/(deficit) of receipts over payments for the year	- 23,029	-	- 23,029	35,133
Increase/(decrease) in value of investments	12,126	-	12,126	5,051
Increase/(decrease) in funds for the year	- 10,903	-	- 10,903	40,184
Funds at 1 January	310,765	-	310,765	270,582
Funds at 31 December	299,862	-	299,862	310,765

Section B Statement of assets and liabilities at the end of the period

To the nearest £		Unrestricted funds	Restricted funds	Total (31 Dec 2021)	Total (31 Dec 2020)
Cash funds	Cash at bank	132,210	-	132,210	155,239
	Total cash funds	132,210	-	132,210	155,239
Investment assets (at fair value)	Cash	41,451	-	41,451	40,748
	Unit Trusts	47,673	-	47,673	43,634
	Equities	78,528	-	78,528	71,144
	Total investment assets	167,652	-	167,652	155,526
Total Assets		299,862	-	299,862	310,765

Basis of preparation

The Trust prepares receipts and payments accounts on a cash basis, except that investment assets are held at fair value. Dividends received during the year are reinvested in the investment portfolio and included within 'increase/(decrease) in value of investments'. Short term cash held as part of the investment portfolio is also shown within investment assets.

The restricted funds related to £50,000 from Blueberry Hill Charitable Trust for the rebuild of Rani school in Phaktanglung, Taplejung. Restricted funds in the prior year related to the Paul Samuel memorial fund which was used to fund the rebuild of the Laxmi Secondary School in Mamankhe, and to donations from the Beatrice Laing Trust and Kirby Laing Foundation for the construction of a classroom block at Saraswati Lower Secondary School in Tapethok.

Signature

Print Name

Kate Wolstenholme

Date of approval

11 October 2022

