

THE HIMALAYAN TRUST UK

England & Wales · Charity number 1000153

Details

Other names	SIR EDMUND HILLARY HIMALAYAN TRUST
Status	Registered
Legal form	Trust
Registered	1990-08-24
Register	View on the Charity Commission register

Contact

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Activities

Objects: A) THE RELIEF OF POVERTY AND SICKNESS OF PERSONS IN NEPAL B) THE PROTECTION AND PRESERVATION OF THE ENVIRONMENT IN PARTICULAR IN THE NATIONAL PARKS IN NEPAL AND THEIR ENVIRONS FOR THE PUBLIC BENEFIT

Activities: Dormant - all activities now operated by Himalayan Trust UK CIO which is a direct continuation of this original charity

Classification

- **How:** Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services
- **What:** Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities

Geography

- **Area of benefit:** NEPAL
- Nepal

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31		£0	£0	-
2023-12-31	£549,290	£253,455	£549,796	0
2022-12-31	£122,787	£167,232	-	-
2021-12-31	£171,557	£194,586	-	-
2020-12-31	£211,391	£176,258	-	-

Trustees

Name	Role	Appointed
Alexander Nevill		2023-12-05
Angus Neil George Macdonald		2014-06-05
GRAHAM LLOYD WRIGLEY		
JOHN TREVOR WALTON FRGS		
Kate Andrea Wolstenholme		2018-05-23
Kate Keohane		2015-10-08
Padam Simkhada		2024-04-30
REBECCA LUCY STEPHENS MBE		
Robert Craig Ross		2022-03-21
SUE LEYDEN		2012-02-01
Sabian Levander Phippen		2019-11-07
Sarah Joie Mackaness		2023-12-05
Sasja McCann		2018-05-23

THE HIMALAYAN TRUST UK

England & Wales - Charity number 1000153

Accounts



HIMALAYAN TRUST UK ANNUAL REPORT AND ACCOUNTS 2023



**Himalayan
Trust UK**

SUPPORTING THE
MOUNTAIN PEOPLE OF NEPAL

www.himalayantrust.co.uk

Trustees' annual report for the year ended 31 December 2023

The Trustees present the annual report and accounts of The Himalayan Trust UK CIO, Charity Reg No 1205379 (formerly The Himalayan Trust UK, Charity Reg No 1000153), for the year ended 31 December 2023 and confirm they comply with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Commission.

The address of the principal office of the charity is 62 Riversdale Road, London N52JZ.

The charity's bankers are HSBC.

Trustees

As at the date of approval of this report, the Trustees were as follows:

Sir Graham Wrigley KCMG (Chairman)

John Walton (Deputy Chairman, Education Programme)

Kate Wolstenholme (Treasurer)

Alex Nevill (Hon. Secretary, appointed 5 December 2023)

Dr Deborah Bartley (Health Programme, resignation recorded 5 December 2023)

Kate Keohane (Health Programme)

Timothy Keyes (Education Programme)

Sue Leyden (Mountaineering Heritage)

Angus Macdonald (Governance)

Sarah Mackaness (Education Programme, appointed 5 December 2023)

Sasja McCann (Marketing)

Prof Padam Simkhada (Health Programme, appointed 30 April 2024)

Sabian Phippen (Fundraising)

Robert Ross (Fundraising)

Rebecca Stephens (Mountaineering Heritage)

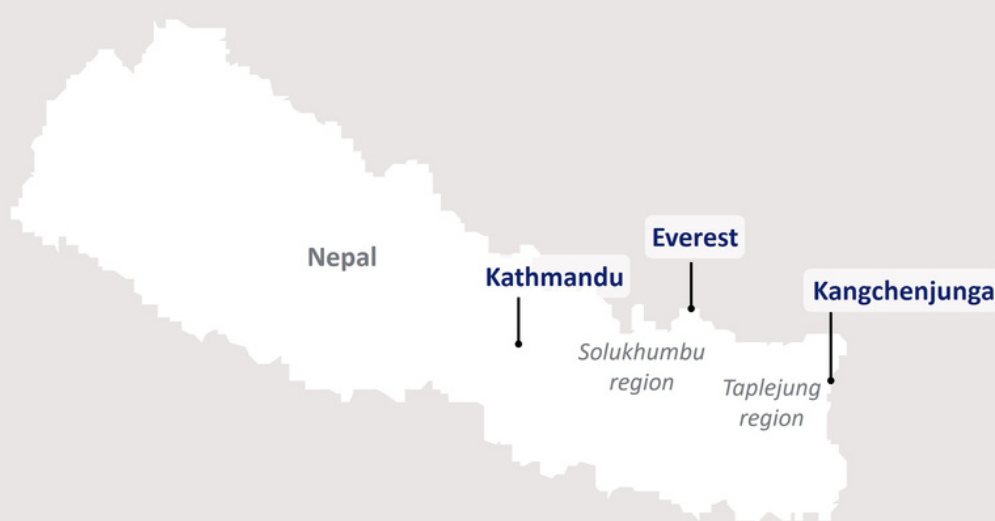
Sir Chris Bonington CBE is President of the Himalayan Trust UK, and Mary Lowe is Honorary 1953 Patron.

HIMALAYAN TRUST UK

Transforming the quality of education and improving health for Nepal's mountain people

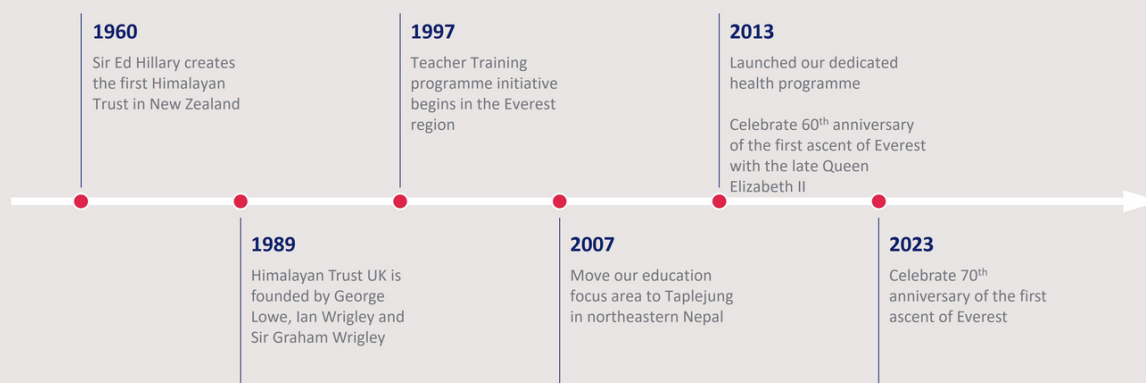
The Himalayan Trust UK has been working since 1989 to help the mountain people of Nepal. We strive to improve the health of remote communities and provide access to quality education for young people.

We started our work supporting the work of Sir Edmund Hillary and were keen supporters of the teacher training programme initiative which started in 1997 in the Solukhumbu region. The success of these early educational programmes and our link with the less developed Taplejung region prompted us to introduce an Education and Health programme in the foothills of Kanchenjunga, a much poorer mountainous region of Northeastern Nepal, from 2007.



We continue to hold to the guiding principles laid down by Sir Edmund Hillary when he founded the first Himalayan Trust in 1960

- Focus on basic infrastructure – education, health, environment
- Only do that which is requested by the mountain people
- Involve the mountain people themselves in the work – “self-help”
- Minimise all unnecessary cost and facilitate direct transfer of funds
- Look for long term sustainability and independence for the mountain people



Education programme

Our education programme has transformed school attendances in the Kangchenjunga region. Through our NGO partner, REED Nepal, we provide teachers with the skills, knowledge and resources they need to help children learn and grow. Our child centred teacher training programme is helping to create the first generation of literate and numerate children from poor families in remote mountainous areas in Nepal.

In addition, we have rebuilt or renovated school buildings and classrooms across the region which have transformed the learning environment for children and teachers.

Education trustees are fully committed to supporting the programme, visiting Nepal and the schools on a bi-annual basis, regular online calls with our project co-ordinator and also frequent meetings within the education team.



Health programme

We started a dedicated health programme in 2013. Our needs assessments revealed extremely poor health knowledge and behaviours by villagers and very poor access to health services. Our health programme, delivered together with our local partner Action For Nepal (AF Nepal), has empowered remote communities to be healthier and achieve the highest well-being.

The health trustees have a monthly zoom meeting with Dr Jangmoo Sherpa of AF Nepal who arranges our Health programme in Taplejung. Dr Kate Keohane has visited the area on a bi-annual basis since becoming a trustee to see at first hand the work that has and is being carried out.



Message from the Chairman

I am pleased to share the 2023 Annual Report of the Himalayan Trust UK.

Last year was a very important year for us for many reasons. Firstly, together with several charitable organisations with a direct link to 1953, we celebrated the 70th anniversary of the ascent of Everest in a series of events under the banner of “Everest 70”. Together with the families of Hunt, Hillary, and Tenzing we recreated the journey of 1953 starting high in the villages of Everest in Khumjung, Kunde, Namche Bazaar and Lukla. They continued to the Presidential Palace, the British Embassy, and a large event at Aloft Hotel in Kathmandu. Then, via the New Zealand High Commission in Delhi, to the Nepal Embassy in London, an audience with King Charles III at Buckingham Palace and an event at the Royal Geographical Society.

We used these events to frame a campaign to raise money for our work – inspired by Sir Edmund Hillary and his extraordinary vision in the 1960s.



His founding principles still guide us today. We are very grateful for all the donors, large and small, who have allowed us to rebuild our finances which had been depleted by the huge rebuild post the 2015 earthquake. Our commitment to the remote areas in which we work is long term – and we simply cannot commit without having these reserves. We are very grateful to you all.

Our work during this period has not slowed down – indeed we have accelerated. You can read about our Education and Health work in detail on pages 6-11. We are close to completing a strategy refresh – learning from the past and thinking of how best we can meet the new challenges and opportunities that lie ahead, in particular in the schools and health clinics in Taplejung. We continue to work to improve the education outcomes for 2,430 students in our 35 schools, and to improve the health outcomes from the two health clinics we have been supporting. The mountain slopes of Kanchenjunga are increasingly affected by climate change – we will continue to help the local communities by targeted support on school rebuild, water, sanitation and hygiene (WASH) projects, as we have done in recent years.

Our vision is based on achieving long term impact, so we continue to ensure we work well with our local partners to improve their capacity on a yearly basis with rolling three-year contracts for parts of our expenditure, but all the while keeping our eye on the ten year needs of the communities we support. We believe that there are no easy or quick fixes in the mountain communities where we work.

In line with the Charity Commission best practice, we undertook a review of the Trust's legal and governance structures and concluded that the charitable incorporated organisation (CIO) legal structure is better suited to small and mid-size charities such as us. The new structure facilitates attracting major donors and it provides a more effective operational model, both of which are instrumental in ensuring we can continue to make a difference to the lives of the mountain people of Nepal.

Last, but not least, as we have done since we started as a charity in 1989, we have carried on a programme of phased succession. We bid a grateful goodbye to Dr Debbie Bartley who was, with Dr Kate Keohane, the founder of the Health Programme we operate in Taplejung. We welcome Professor Padam Simkhada, a Nepali born Public Health expert to work alongside Kate going forward. On the education side we welcome Sarah Mackaness who has deep experience in education and Nepal. Finally, to allow Sasja McCann to focus all her time on our marketing and communication work, we are delighted to have appointed Alex Nevill as our Hon. Secretary. As a former British Gurkha with a blue chip career in business he has already added value. As Chair, I am grateful to all our volunteer Trustees. We operate a "Producer Trustee" model where everyone has a clearly defined roles but come together as a team to drive the Himalayan Trust UK forward to meet our mission to improve the lives of the communities where we work in the remote mountain regions of Nepal. Each and every one shows diverse and full commitment to the organisation.

I hope you enjoy reading this report and that you can see how we are carrying on the legacy of Sir Ed Hillary in our work. Next year will be the 70th anniversary of Kanchenjunga, and we are working hard to make sure that the challenges of the communities in the shadows of the third highest mountain of the world are understood and addressed through our Trust and our partners.

Sir Graham Wrigley



IMPACT MADE IN 2023

Education Programme

Our Teacher Training programme covers 35 schools in remote villages across Kanchenjunga where travel on foot can take several hours between each village. The training programme is essential for schools to keep up to date with latest skills and techniques. The programme trains teachers to use a "child-centred approach" in the classroom – delivering inspirational lessons to capture young imaginations and rewarding children with encouragement and appreciation. We work alongside head teachers to train them in school management techniques and enable them to take a pro-active approach to their role to take full charge of their school's destiny and direction. Finally, we work with the wider local communities to make sure they understand the importance of sustainable education and to encourage them to become involved in the development of their schools.

The benefits of the training are plain to see each time we visit



The most promising results in 2023 demonstrate how much the schools have improved based on a variety of criteria set up by the REED team in the field.



Lelep, Ikhabu, Tapethok, Gola (supported since 2007) and Yamphudin (since 2015)

10 schools – excellent

12 schools – good

4 schools – average

0 school - under-performing

Khewang and Mamankhe (supported since 2019)

0 schools – excellent

5 schools – good

4 schools – average

0 schools – under-performing

This is a significant improvement and continues a very positive trend.

	2018	2019	2020	2021	2022	2023
Excellent ★★★★★	0	5	6	7	6	10
Good ★★★	11	9	11	13	16	17
Average ★	13	17	16	13	11	8
Under performing	2	7	2	2	2	0

Observation areas; – Quality of leadership, Effectiveness of training, Innovation and child-friendly teaching, Effectiveness of development plan, Suitability of facilities, Effectiveness of SMC, Effectiveness of PTA, Performance of KT/RT(own school), Community involvement, Classroom management (access & use), Students interaction and Personal hygiene & environment cleanliness. Source REED Nepal



How will this impact our strategy?

- Need for less intervention from REED for the 10 “excellent” schools , although we will continue to monitor progress and encourage further development
- Concentrate on those schools that continue to need support to bring them up to the standard of the 10 excellent schools
- Incorporate new elements in our next three-year cycle of the programme (commencing 2025) addressing the evolving needs of the schools – amongst others scholarships and vocational scholarships

Capacity building

REED Nepal has achieved greater involvement of the community showing interest in, involvement with and management of the schools. There has been significant input in the programme to give parents, community members, School Management Committee (SMC) and Parent Teacher Association (PTA) an understanding of the needs of the schools and ways in which they can ensure those needs are addressed.

Reading camps

The camps were introduced to support children post Covid. During 2023 we established 16 Reading Camps, each for 25 children, where children would attend school for 90 minutes on a Saturday morning. The extra tuition allowed children to catch up on their literacy and numeracy skills, improving the attainment levels skills of the 400 children involved.



The camps have been very successful so much so that they are being continued to support any child who would benefit from extra tuition. They are a very effective way to enable children to catch up and maintain their learning.

Libraries

During the year we provided libraries to six schools. The libraries are brightly decorated rooms holding a range of books to support the learning of all children. Each library is supplied with tables and chairs, as well as more comfortable cushions for less formal reading. They are always open so children can visit during their breaks for research purposes or for quiet reading.

It is, however, not just a case of supplying books, a carpet and furniture. In order to ensure that the most is made of the facility, we train teachers how to manage the facility, to use it as an additional resource for their teaching and to encourage children to explore the content and further develop a love of reading.



These libraries are a huge asset to the schools that we anticipate will have a very positive impact on children's ability to learn.

The Youth Volunteer Camp

This is a pioneering project designed to re-engage drop out students and reintegrate them into the education system. A Youth Volunteer worker comes from within the community and is assigned to a number of schools. They liaise between those schools and the parents of regular non-attenders. Their aim is to engage with parents, to assess the issues and emphasise the importance of their support in sending their child to school. Daily attendance is expected to increase and the camps are expected to help promote awareness to parents about the importance of providing study time at home for their children.

Child Safeguarding and Gender Equality, Disability and Social Inclusion (GESI) training

As a result of the training, teachers understand the importance of the GESI, Safeguarding and Child Rights policies that REED have created. A reporting method is being developed at school level to raise awareness about gender equality. The training has already minimised discrimination and promotes female involvement in schools' many activities.

Eco-Child Club Orientation and School Greenery

The aim is to transform schools into a green space with a range of social activities. Students gain confidence and leadership skills whilst participating in extra-curriculum activities. Students are responsible for looking after resources and senior students help junior students. Participation in the community raises awareness and supports social work programmes.



KEY PERFORMANCE INDICATORS

IMPACT AREA	IMPACT FOCUS	DESCRIPTION	2023
Access 	Attendance	Daily average student school attendance	85%
	Lessons learned	# training hours delivered to Field Officers	40
	Lessons delivered	# training hours delivered by Field Officers to schools	25,056
	Diversity and inclusion	Total % female students in schools	51%
		Total % disabled students in schools	0.1%
		# additional lesson hours and support provided to students	2,448
		Cumulative # George Band scholarship awarded	87
Attainment 	Examination pass rate	Average pass rate	71%
	Dropout rate	School dropout rate	2%
	Education completion rate	% school students completing formal education	52%
	Access to 10+2 education	# students continuing with 10+2 education	143
	Student destination	% students continuing education	50%
Educational standards 	Teacher training	Total # teaching training hours	168
	School inspection grading	Quality of education assessment score (out of 5*)	4
	Student potential leader training	# students participating in potential leader training	367
Governance	School leadership quality	Quality of leadership assessment score (out of 5*)	4
Community 	Parent, family and PTA engagement	# hours of meetings with parents during the school year	1,550
	Local government, municipality and SMC engagement	PTA rating (out of 5*)	3
		SMC rating (out of 5*)	3.5
Environment 	Building, equipment and resources	Quality of school resources assessment score (out of 5*)	4
	Environmental impact	Building/water supplies, accessibility, litter collection score (out of 5*)	4
Sustainability 	School capacity building and self-management capabilities	# schools with full intervention	8
		# schools with reduced intervention	17
		# schools with observed care and maintenance	10

*Excellent = 5; Good = 4; Satisfactory = 3; Requires improvement = 2; Poor = 1

Health Programme

The aim of our health programme is to work sustainably in close partnership with local people, to increase their capacity for the future. We base much of our work on existing local policy, with a view to villagers being empowered to continue it themselves.

Community Health Awareness Project

After having successfully completed our first Community Health Awareness Project (CHAP) in Yamphudin in 2022, we have now completed our second two-year CHAP programme in Lelep in the Phaktanglung Rural Municipality of Taplejung. The Health Post in Lelep is known as the Lungthung Health Post.

The main aim of CHAP is to raise health awareness in the community, especially in women and children. As in Yamphudin, initial meetings were held by our NGO partner AF Nepal involving local stakeholders at district, rural municipality and ward levels to ascertain existing health problems and major causes of mortality and morbidity in the community. This formed the basis to prioritise topics for community health awareness sessions.

Training was then provided to Female Community Health Volunteers (FCHVs) and Health workers to equip 16 individuals (1 male and 15 female) with the necessary knowledge and skills to implement the programme and in doing so promote positive health behaviours among the local population. The activity worked to enhance community health awareness on maternal and child health including non-communicable diseases.



Regular health mothers group meetings were conducted by the FCHVs in their communities in Lelep. The sessions were monitored continuously through the project duration to ensure that the targeted beneficiaries benefited from the programme. A total of 1,678 people attended the sessions.

Lelep School Health Programme

School health awareness sessions have been conducted in a number of 'Basic schools' (equivalent to primary schools) on personal hygiene, sanitation, hand washing and oral hygiene. The sessions reached 349 children. By targeting school children, the project aimed to establish healthy behaviour and promote health awareness from an early age.

The main aim of the activity was to set the foundation for lifelong wellbeing and disease prevention within the community.



Lelep Health Service Improvements

Shortly after we started our programme in Lelep, we carried out an assessment of Lungthung Health Post with the help of our local partner. They found that training was required by the management team as well as on clinical subjects for the Health Post staff.

During 2023 further training was given to the Health Facility management committee (HFOMC) with the aim of ensuring sustainable health care delivery and governance within the ward. We also provided logistics and equipment support to the Lelep Health Post. Six-monthly comprehensive assessments of Lelep Health Post (based on Minimum Service Standards (MSS)) showed significant improvements in governance and management practice.

Highlights of successful Health Post staff training are:

Family planning training

Training on implant removal and insertion resulting in 40 women having had implants inserted and 11 removals. The implants need to be changed every three years to ensure effective contraception.

In Nepal, cervical cancer is the most common female cancer in women aged 15-44 and the leading cause of cancer deaths. Despite these figures, currently less than 2% of women aged 30-60 in Nepal are screened, leading to most women diagnosed with cervical cancer presenting at a late stage. The national guidelines in Nepal recommend screening with visual inspection with acetic acid (VIA) every 5 years for women aged 30-60. We funded the training of VIA screening and together with our Health Awareness sessions women are beginning to come forward for screening and 190 women have now been successfully screened.

Rural Obstetric Ultrasound (ROUSG) training

We bought an ultrasound monitor for the Health Post and provided Rural Obstetric Ultrasound (ROUSG) training to a nurse trained as a skilled birth attendant (SBA). The monitor will ensure more accurate dating of pregnancies and allows for better monitoring of the growth of the foetus enabling the nurse to effectively manage and refer cases of obstetric complications as appropriate, ultimately reducing newborn and maternal morbidity and mortality. This initiative is in line with government's overall aims.

Programme Sustainability

The FHCVs report back to the health post on a monthly basis and the health workers record their data. This task is laid down by the Nepali government's protocol and we are building the CHAP on that basis to maximise sustainability.

The Lelep Health project has been instrumental in addressing critical health challenges. Through a comprehensive approach involving stakeholder coordination, targeted training programmes and proactive community engagement the project has significantly enhanced health awareness and access to quality healthcare.

Our actions, focussed on women's health needs, have contributed to better maternal and reproductive health outcomes benefitting the entire population of Lelep (2,147 of which 1,152 males and 995 females).



KEY PERFORMANCE INDICATORS

IMPACT AREA	IMPACT FOCUS	DESCRIPTION	2023
Access 	Health service provision, access and quality Maternal and neonatal care# Preventative service provision and access	# health post attendances (incl birthing centres) # staff at health posts # women achieving protocol visits for antenatal and postnatal care % total new born deliveries in a health facility % new born children vaccinated	1,004 6 52 90% 77%
Health outcomes 	Maternity, neonatal and child health	Maternity % death rate	0%
Clinical and non-clinical standards 	Health post standards	Minimal Service Standards (MSS) rating	72%
Governance	Health post management training and quality	% of target HFOMC monitoring meetings conducted % of target immunisations and outreach clinic meetings conducted Good governance and management score	83% 100% 83%
	Health post accountability, efficiency and transparency	# datasets covered by HMIS report	12
Community 	Community health awareness	% CHAP sessions held vs target CHAP sessions participant reach	94% 1,678
	School health projects	School health projects participant reach	349
Environment 	Building, equipment and resource quality and supply	Clinical Services and Management in Lungthung Health Post (MSS % score) Overall Health Post Services Management(MSS % score)	69.2% 69.4%
	Environmental impact	# solar panels installed at Yamphudin Health Post	2
Sustainability 	Sustainability and capacity building of health activities	# health posts operating independently # health posts operating with minimal intervention # health posts directly operated by AF Nepal	2 2 0

Governance

In 2022 the Trustees undertook a thorough review of the Trust's legal and governance structures in the wake of changes in the law applicable to charity structures. Working with our legal advisers we resolved to change our legal structure to a Charitable Incorporated Organisation (CIO).

We adopted a resolution in December 2023 to convert to a CIO effective from 1 January 2024. The CIO is governed through its 2023 Constitution. The existing charity will be gradually wound down and the assets transferred to the new CIO.

Policies and Procedures

As part of the CIO conversion process we undertook a full review of our policies and procedures. As we gradually convert our website to reflect the new CIO we shall update and supplement our policies for ease of access and transparency.

Our partners in Nepal

We continue to work closely with, and monitor the actions of, our partner NGOs in Nepal, REED Nepal and AF Nepal. Quarterly meetings are arranged to hear reports on progress to plan on strategy alongside spending relative to agreed budgets. Our Chair is regularly in Nepal and meets often with our NGO partners. A further field trip will be conducted in October/November 2024. In addition, we have agreed this year to conduct a formal, external structural review of REED. This will be undertaken by a reputable, regulated external consultant in Kathmandu and will report back later this year to our internal governance team and Chair. We plan to undertake a similar exercise in 2025 for AF Nepal.

Trustees

All new Trustees were appointed following an open recruitment process soliciting interested parties to apply, and a series of interviews. They have received an induction in the aims and objective of the charity as well as information on our strategy, policies and procedures.

Financial Review

Overview

In the financial year to 31 December 2023, the Trust recorded total receipts of £549k (2022: £123k), and total payments of £253k (2022: £167k). The Trust closed the year with £550k of funds (£253k as at 31 December 2022).

As stated in the Message from the Chairman, 2023 was an exceptional fundraising year for the Himalayan Trust UK as we successfully leveraged the fund-raising potential of the 70th anniversary of the first Everest ascent (Everest70) to replenish reserves which were diminished in the aftermath of the 2015 earthquake. £388k of income, and just over £300k of profit in the year arose from Everest70 fundraising, and we are deeply grateful to our supporters whose generosity contributed to this unique fundraising effort.

Aside from Everest70, we raised a further £161k during the year, of which £18k was restricted (see Reserves below). Key items of expenditure comprised £76k and £33k on our core education and health programmes respectively, as well as a further £21k on scholarships and school libraries. We also incurred non-recurring legal costs of £12k in connection with the conversion to CIO status as set out in "Governance" above.

Reserves

As at 31 December 2023 the charity held total unrestricted reserves of £550k (2022: £253k), with £55k of that amount undesignated as set out below.

FY23 was an exceptional year for the charity. The funds raised in the Everest70 initiative have allowed the reduction in reserves which had been carried since the aftermath of the 2015 earthquake to be replenished. In addition, provision has been made for the support of our future programmes increasing the security of our commitment to the communities in Nepal.

Most of our annual income comes from single donations and legacies and so is uncertain year to year. In addition, in most years the amount of our income falls short of our expenditure. It is a high priority to increase our fund-raising capacity but until this is successful, we must hold sufficient reserves to cover the structural deficits we will otherwise run for the ten- year period of our commitment.

The Everest70 proceeds have allowed us to establish appropriate reserve levels and re-establish the strong financial footing which has sustained the charity for over 30 years. The Trustees have decided to designate £450k to a Funding Deficit Reserve. The level of reserves will be reviewed on an annual basis in the light of experience including new fund raising.

In addition, £45k has been designated to a Disaster Relief Reserve, for natural and man-made disasters response, provided our Funding Deficit Reserve is fully funded.

When required, the Trust also receives restricted funds which specifically cover the costs of hosted events, trustee expenses and certain other one-off administrative expenses. In 2023 this included £77k to cover the cost of hosting fundraising events, £15k to cover strategic fundraising advice, and £3k to fund trustee expenses for travel to Nepal. Donors can therefore be assured that other than some minor and unavoidable governance and administration costs, their donations go directly to helping the mountain people of Nepal. Having considered our financial position, we remain confident of our ability to deliver on our commitments and the Trustee have therefore prepared the accounts on a going concern basis.

Investment policy

Given the significant funds that we have been able to secure during FY23 to underpin the charity's commitment to sustainable giving over a ten-year horizon, the Trustees have adopted an investment policy which seeks to deliver an incremental return over cash without subjecting the charity to unacceptable levels of volatility. As at 31 December 2023 our funds were split across a combination of funds, investment trusts, money market deposits, and instant access cash. We are in the process of increasing our exposure to return-seeking assets (40% of assets), noting that the ten year horizon applicable to our longer-term funding will allow us to absorb some equity fluctuations and take advantage of higher expected returns.

Principal risks and uncertainties

The principal risks and uncertainties facing the charity, and our planned mitigants, are summarised below:

RISK	MITIGANT
Fluctuating income levels inhibit our ability to commit to sustainable education and health programmes in the medium term	Our focus on Everest70 fundraising this year to replenish our reserves, and our prudent reserving and investment policies, together give us confidence over the sustainability and resilience of the charity. We have increased internal and external resources allocated to increase our regular fundraising.
NGO reliance	Education, health and governance trustees regularly visit Nepal and meet in person with key management at REED and AF Nepal. We review local governance, on-the-ground presence in our committed programme focus area, key person risk and succession planning, and reputational impact.
Natural and man-made disasters (including earthquakes/landslides) impact local communities and our programme of work	We are not 'first responders' and have established a disaster relief policy to pre-determine the maximum amount of our reserves we would allocate to a disaster recovery fund, noting this would be conditional on the establishment of a parallel public appeal.
Reliance on key individuals	We actively engage in Trustee succession planning, from the perspectives of education, health, governance and marketing skills, and mountaineering heritage. We have a diverse group of producer Trustees and regularly review roles and responsibilities.
Reputation	The Himalayan Trust UK has one of the longest established UK charitable relationships in Nepal. Our regulator, our donors, and the agencies with whom we work expect the highest standards of probity from us and we are acutely mindful of the origins of our work through the name of Sir Edmund Hillary and his colleagues in establishing the Himalayan Trust. We review our own actions through honest self-assessment as well as peer challenge by our Chair on an annual basis. We encourage donors or any party interested in our work and governance thereof to raise questions via a dedicated email address governance@himalayantrust.co.uk

Independent Examiner's Statement

Redhawk Consulting Limited

Independent examiner's report to the trustees of The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

I report on the accounts of The Himalayan Trust UK CIO for the year ended 31 December 2023, charity number 1205379.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants of England and Wales.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b)) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

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07713 478 641 **info@redhawkconsulting.co.uk**

Redhawk Consulting Limited

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Laura Caldwell
FCA ICAEW
28 May 2024

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The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 December 2023

(incorporating income and expenditure account)

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds £
Income					
Donations and legacies	2	145,582	94,694	240,276	122,787
Other trading activities	3	304,243	-	304,243	-
Investments	4	4,771	-	4,771	-
Total income		454,596	94,694	549,290	122,787
Expenditure					
Raising funds	5	(14,851)	(91,707)	(106,558)	(562)
Charitable activities	6	(131,190)	(2,987)	(134,177)	(160,759)
Other	7	(12,720)	-	(12,720)	(5,911)
Total expenditure		(158,761)	(94,694)	(253,455)	(167,232)
Net gains/(losses) on investments	9	1,308	-	1,308	(2,764)
Net income/(expenditure)		297,143	-	297,143	(47,209)
Net movement in funds		297,143	-	297,143	(47,209)
Reconciliation of funds					
Total funds brought forward		252,653	-	252,653	299,862
Total funds carried forward		549,796	-	549,796	252,653

All of the Charity's activities are derived from continuing activities. The statement of financial activities includes all gains and losses recognised in the current and prior year.

The notes on pages 20 to 29 form part of these financial statements.

The Himalayan Trust UK CIO (Charity Registration no. 1205379)
(formerly the Himalayan Trust UK)

BALANCE SHEET

as at 31 December 2023

	Note	£	2023 £	£	2022 £
Current assets					
Investments	9,13	122,213		122,597	
Cash at bank and in hand	13	425,161		130,056	
Accrued interest	10	2,421		-	
		549,796		252,653	
Net assets			549,796		252,653
The funds of the Charity	11				
Unrestricted funds			549,796		252,653
Restricted funds			-		-
Total Charity funds			549,796		252,653

The financial statements on pages 17 to 29 were approved by the Board of Trustees on 28 May 2024 and were signed on their behalf by:



Sir Graham Wrigley
Chair of the Board of Trustees

The notes on pages 20 to 29 form part of these financial statements.

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

STATEMENT OF CASH FLOWS

for the year ended 31 December 2023

	Note	2023 £	2022 £
Net cash generated from/ (used in) operating activities	12	292,372	(47,209)
Cash flows from investment activities			
Bank interest received		2,349	-
Net cash (used in) / generated from investing activities		2,349	-
Increase / (decrease) in cash and cash equivalents in the year		294,721	(47,209)
Cash and cash equivalents at the beginning of the year		252,653	299,862
Cash and cash equivalents at the end of the year	13	547,374	252,653

The notes on pages 20 to 29 form part of these financial statements.

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS **for the year ended 31 December 2023**

1. Accounting policies

Charity information

The Himalayan Trust UK (the “Charity”) was formerly registered with the Charity Commission as a charitable trust under registration number 1000153. On 1 January 2024, the Charity was converted to a charitable incorporated organisation and is now registered as the Himalayan Trust UK CIO under registration number 1205379.

Its registered office is 62 Riversdale Road, London N5 2JZ.

The Charity seeks to contribute to the advancement of education, the relief of poverty and sickness, and the protection and preservation of the environment in Nepal.

Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

Reconciliation with previous Generally Accepted Accounting Practice

In preparing these financial statements, the Trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required.

No restatements were required.

Going concern

The Trustees consider there are no material uncertainties regarding the Charity’s ability to continue as a going concern.

The Trustees have reviewed the financial forecasts and budgets that have been prepared and are satisfied it is appropriate to prepare the annual financial statements for the Charity on a going concern basis.

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS **for the year ended 31 December 2023**

Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the Charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably, and the Charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the Charity, or the Charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Although the Charity has no employees and is run by its 'Producer Trustees', no amounts are included in the financial statements for services donated by Trustees as volunteers as these are not able to be reliably measured.

Other income is recognised in the period in which it is receivable.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity.

Costs of raising funds are costs incurred in attracting voluntary income, and costs of fundraising events.

All expenditure is inclusive of irrecoverable VAT.

Investments

Investments are included in the balance sheet at their market value.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity.

NOTES TO THE FINANCIAL STATEMENTS **for the year ended 31 December 2023**

Debtors

Trade and other debtors are recognised at the settlement amount.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Taxation

As a registered charity, the Charity is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value added tax (VAT) is not recoverable by the Charity and is therefore included in the relevant costs in the statement of financial activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The aim and use of each restricted fund is set out in the notes to the financial statements.

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 December 2023

2. Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations	96,988	-	96,988
Legacies	17,740	-	17,740
Gift and tax reclaimed	30,854	-	30,854
Restricted donations to cover trustee and fundraising expenses, including cost of events	-	94,694	94,694
	145,582	94,694	240,276

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	100,054	20,000	120,054
Legacies	-	-	-
Gift and tax reclaimed	-	-	-
Restricted donations to cover trustee expenses	-	2,733	2,733
	100,054	22,733	122,787

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 December 2023

3. Other trading activities

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Income from fundraising events	113,901	-	113,901
Fundraising auction receipts	51,308	-	51,308
Event sponsorship	139,034	-	139,034
	304,243	-	304,243
	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Funds 2022 £
Other trading activities	-	-	-

4. Investment income

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Bank interest receivable	4,771	-	4,771
	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Bank interest receivable	-	-	-

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 December 2023

5. Costs of raising funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Raising donations and legacies	1,879	14,964	16,843
Cost of fundraising events	12,972	76,743	89,715
	14,851	91,707	106,558
	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Raising donations and legacies	562	-	562
	562	-	562

6. Analysis of expenditure on charitable activities

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Education	98,590	2,987	101,577
Health	32,600	-	32,600
	131,190	2,987	134,177

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 December 2023

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Education	108,976	22,733	131,709
Health	29,050	-	29,050
	138,026	22,733	160,759

7. Other costs

	Total funds 2023 £	Total funds 2022 £
Legal and professional costs	11,815	4,967
Other expenditure	905	944
	12,720	5,911

Legal and professional costs include costs incurred in connection with the CIO conversion process, as well as £720 in respect of donated independent examination fees.

8. Trustees' remuneration

No Trustees received any remuneration during the financial year (2022: £Nil). No Trustees received any benefits in kind (2022: £Nil). Trustees received reimbursement of expenses of £2,987 (2022: £2,733) covering flights to Nepal (covered by a restricted donation). The Charity has no employees.

9. Investments

	2023 £	2022 £
Securities	122,213	122,597

During the year, there was a revaluation gain on investments of £1,308 (2022: loss of £2,764).

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 December 2023

10. Debtors

	2023 £	2022 £
Accrued interest	2,421	-
	2,421	-

11. Statement of funds

	At 1 January 2023 £	Income £	Expenditure £	Gains and (losses) £	At 31 December 2023 £
Unrestricted funds	252,653	455,996	(160,161)	1,308	549,796
Restricted funds	-	94,694	(94,694)	-	-
Total of funds	252,653	550,690	(254,855)	1,308	549,796

	At 1 January 2022 £	Income £	Expenditure £	Gains and (losses) £	At 31 December 2022 £
Unrestricted funds	299,862	100,054	(144,499)	(2,764)	252,653
Restricted funds	-	22,733	(22,733)	-	-
Total of funds	299,862	122,787	(167,232)	(2,764)	252,653

Restricted funds in FY23 relate to funds received specifically to cover the costs of fundraising events, trustee travel expenses, and one-off professional fundraising advisory costs (see note 15). Restricted funds in FY22 relate to £20,000 to rebuild and equip the hostel kitchen at Lelep School, and funds received to cover trustee travel expenses.

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 December 2023

As set out in the Financial Review, the Trustees have designated £450k of unrestricted funds to underpin our core education and health programmes over a ten-year period, and £45k to respond to natural and man-made disasters (provided our long-term commitments remain fully funded). This will be reviewed on an annual basis.

12. Reconciliation of net movement in funds to cash flow from operating activities

	2023 £	2022 £
Net income/(expense) for the year	297,143	(47,209)
Interest	(4,771)	-
Net cash generated from operating activities	292,372	(47,209)

13. Analysis of cash and cash equivalents

	2023 £	2022 £
Cash at bank and in hand	425,161	130,056
Current asset investments	122,213	122,597
Cash and cash equivalents	547,374	252,653

The Himalayan Trust UK CIO (formerly the Himalayan Trust UK)

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 December 2023

14. Analysis of prior year statement of financial activities

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Income			
Donations and legacies	100,054	22,733	122,787
Total income	100,054	22,733	122,787
Expenditure			
Raising funds	(562)	-	(562)
Charitable activities	(138,026)	(22,733)	(160,759)
Other	(5,911)	-	(5,911)
Total expenditure	(144,499)	(22,733)	(167,232)
Net losses on investments	(2,764)	-	(2,764)
Net income and net movement in funds for the year	(47,209)	-	(47,209)
Reconciliation of funds			
Total funds brought forward	299,862	-	299,862
Total funds carried forward	252,653	-	252,653

15. Related party transactions

Donations from Trustees and their related family trusts totalling £94,694 (2022: £22,733) were received during the year. These donations ensure that no deductions are necessitated from other funds raised to cover the costs of fundraising events, trustee travel expenses, and one-off professional fundraising advisory costs.



**Himalayan
Trust UK**

www.himalayantrust.co.uk

THE HIMALAYAN TRUST UK

England & Wales - Charity number 1000153

Accounts



HIMALAYAN TRUST UK ANNUAL REPORT AND ACCOUNTS 2022



**Himalayan
Trust UK**

SUPPORTING THE
MOUNTAIN PEOPLE OF NEPAL

www.himalayantrust.co.uk

HIMALAYAN TRUST UK

Transforming the quality of Education and improving Health for Nepal's mountain people

The Himalayan Trust UK has been working since 1989 to help the mountain people of Nepal. We strive to improve the health of remote communities and provide access to quality education for young people.

We started our work supporting the work of Sir Edmund Hillary and were keen supporters of the teacher training programme initiative which started in 1997 in the Solukhumbu region. The success of these early educational programmes and our link with the less developed Taplejung region prompted us to introduce an Education and Health programme in the foothills of Kanchenjunga, a much poorer mountainous region of Northeastern Nepal, from 2007.



We continue to hold to the guiding principles laid down by Sir Edmund Hillary when he founded the first Himalayan Trust in 1960

- Focus on basic infrastructure – education, health, environment
- Only do that which is requested by the mountain people
- Involve the mountain people themselves in the work – “self-help”
- Minimise all unnecessary cost and facilitate direct transfer of funds
- Look for long term sustainability and independence for the mountain people.

1960

Sir Ed Hillary creates the first Himalayan Trust* in New Zealand

1997

Teacher Training programme initiative begins in the Everest region

2013

Launched our dedicated health programme
Celebrate 60th anniversary of the first ascent of Everest with the late Queen Elizabeth II

1989

Himalayan Trust UK is founded by George Lowe, Ian Wrigley and Sir Graham Wrigley

2007

Move our education focus area to Taplejung in northeastern Nepal

2023

Celebrate 70th anniversary of the first ascent of Everest

Education programme

Our education programme has transformed school attendances in Taplejung. We provide teachers with the skills, knowledge and resources they need to help children learn and grow. Our child centred teacher training programme, delivered by our local partner REED Nepal, is helping to create the first generation of literate and numerate children from poor families in remote mountainous areas in Nepal. In addition, we have rebuilt or renovated school buildings and classrooms across the region which have transformed the learning environment for children and teachers. Some of our key achievements include:



Improved literacy and numeracy skills of **5,000** children (since 2007)



20,000 individual training hours delivered to equip teachers with improved teaching skills and knowledge (in 2022)



Improved **35** schools across the region (since 2007)



Held **16** post-Covid reading camps benefitting **400** children helping them to catch up (in 2022)



Provide **78** scholarships to disadvantaged children (since 2007)



Health programme

We started a dedicated Health programme in 2013. Our needs assessments revealed extremely poor health knowledge and behaviours by villagers and very poor access to health services. Our health programme, delivered together with our local partner Action For Nepal (AF Nepal), has empowered remote communities to be healthier and achieve the highest well-being. Some of our key achievements from our work include:



4.0x increase in number of trained health workers together with improved facilities in Yamphudin resulting in **100%** successful deliveries (with no maternal deaths) (since 2019)



2.6x increase to drug supplies (2015-2021)



6.5x increase in health post furniture and equipment (2015 - 2021)



126 Community Health sessions benefitting **1,456** people (2022)



75% increase in female health workers in Yamphudin (since 2015)



Message from the Chairman

I am pleased to share the 2022 Annual Report of Himalayan Trust UK. Despite the challenging couple of years we have had across the world due to the COVID-19 pandemic, I am pleased to be able to say that our work has gone from strength to strength. The Trustees, our NGO's on the ground and the communities we support have not let COVID get in the way to work together to make a difference to the lives of the people in our working area in the Taplejung region. If anything, the introduction of remote working with the help of Zoom/Teams have brought us closer together.

A group of Trustees went out in November last year, the first field trip since 2019, and were very pleased with the progress made in both our Health and Education programmes and concluded that the extended period of lockdown had not had the damaging effect we had feared.

I have just returned from a trip visiting our projects and in the 30+ years I have been involved with the Trust, I couldn't be more proud to see what we have achieved with your ongoing support!

At the time of writing we are preparing to celebrate 70 years since the first successful ascent of Mt Everest in 1953 with a worldwide programme of events. The legacy of that historic achievement lives on in the work we do today and we look forward to continue to take you on our journey making an impact to the mountain people of Nepal.

Sir Graham Wrigley



IMPACT MADE IN 2022

Education Programme

Our Teacher Training programme covers 35 schools in remote villages across Taplejung where travel can take several hours between each village. The training programme is essential for schools to keep up to date with latest skills and techniques. The programme trains teachers to use a "child-centred approach" in the classroom - delivering inspirational lessons to capture young imaginations and rewarding children with encouragement and appreciation. We work alongside head teachers to train them in school management techniques and enable them to take a pro-active approach to their role to take full charge of their school's destiny and direction. And finally, we work with the wider local communities to make sure they understand the importance of sustainable education and to encourage them to become involved in the development of their schools.



**20,000
individual
teacher
training hours**

A significant proportion of the teacher training in the past year has been focused on subject training brought about by changes to the national curriculum introduced by the Nepal Government. The training sessions were designed to ensure that schools in remote areas are not left behind and continue to provide a pertinent quality education for a modern Nepal. Other notable areas of training were on Gender Equality and Social Inclusion and Disaster Risk Reduction (particularly important in the Taplejung District where schools are vulnerable to landslides)



Learning outcomes are based on what the children achieve in their yearly exams and from continual assessment processes. The trend for most schools during 2022 showed an improvement on previous years, although the percentage level reached was slightly lower than might have been expected had COVID-19 not intervened.

Most schools are achieving a percentage level in the late 50s to early 60s, comparing favourably with national averages.

Deurali School, which introduced Multi Grade Multi Learning (MGML), achieved a learning outcome level of 79% in 2022. There are more schools planning to include MGML into their strategy plan and it is being funded where facilities are available and where educational benefits are assured.

Despite the setbacks associated with the COVID-19 pandemic on the normal functioning of schools, there has been a noted improvement in most schools.

	2018	2019	2020	2021	2022
Excellent ★★★★★	0	5	6	7	6
Good ★★★	11	9	11	13	16
Average ★	13	17	16	13	11
Under performing	2	7	2	2	2

Observation areas: - Quality of leadership, Effectiveness of training, Innovation and child-friendly teaching, Effectiveness of development plan, Suitability of facilities, Effectiveness of SMC, Effectiveness of PTA, Performance of KT/RT (own school), Community involvement, Classroom management (access & use), Students interaction and Personal hygiene & environment cleanliness Source REED Nepal



The benefits of the training are plain to see each time we visit

Reading Camp

During the COVID-19 pandemic schools were closed for two lengthy periods, one of eight months and a second for six months. During that time we put measures in place, together with REED Nepal, to ensure that children did not lose touch with their learning – radio broadcasts, home learning books and safe home visits from REED staff and teachers. Inevitably, children suffered. Now that schools are back to normal and teachers are able to assess the impact the pandemic has had on each child, there are clearly some who have suffered more than others.



**16 camps
benefitting 400
children**

During 2022 we established 16 Reading Camps, each for 25 children, where children would attend school for 90 minutes each on a Saturday morning. The extra tuition was provided by teachers who volunteered their time to allow children to catch up on their literacy and numeracy skills, improving the skills of the 400 children involved.

Scholarships

The purpose of the scholarship programme is to give disadvantaged young people the opportunity to pursue further studies to achieve their ambitions. For financial reasons, this would not be available to them without the support of a scholarship fund. We award 5 to 7 scholarships per year and, to date, have awarded 78 since we started working in Taplejung District in 2007. For many of the students it is their first taste of the world beyond Taplejung. While some are tempted to move to larger conurbations in Nepal, many students return to their home area and use their skills to support the local community and their earning capacity to support their families.



**78 scholars
since 2007**

Girls hostel in Lelep

The 52 girls that lived in the hostel at Lelep School were living in very poor and overcrowded conditions. The hostel was only really designed to accommodate 32. There were two or three to a bed and some were forced to sleep on the floor because of the lack of bed space. Windows were broken, the outside stairs to the upper floor had collapsed so access was via a wobbly plank. They had no proper water supply, their toilets were in a poor state and they had no washing facilities. They cooked their food on an earthen stove in a shack and had to spend time collecting wood each day. The one benefit of staying in the hostel was that they avoided at least four hours walking to and from school each day.

As a result of multiple funding initiatives and a combined effort of the Education and Health teams, the hostel has been completely refurbished.

- A new kitchen and dining block built with 8 gas stoves, sinks and proper storage units
- A new toilet and washing block with solar showers and changing facilities, all supplied with a bespoke water supply.



Now that the work is completed, there are 32 girls living in the hostel, with capacity for more. Some girls moved on because more schools are now offering secondary education enabling them to attend schools closer to home.



**Free up 5 study
hours per day
per student**

The benefits for the girls in the hostel is that they live comfortably. Their lives have become simpler through not having to fetch water, find wood, cook on inefficient stoves or spend hours each day walking to and from school.

As a result they have more time for study. As much as 5 hours per day! These girls now have a real opportunity to achieve their potential.

Health Programme

The central aim of our health programme is to work sustainably in close partnership with local people, to increase their capacity for the future. We base much of our work on existing local policy, with a view to villagers being empowered to continue it themselves.

After six years' of close partnership with the Yamphudin villagers, the Yamphudin Health Post with Birthing Centre Project is now successfully up and running with a fully equipped new build, trained staff, an Auxiliary Nurse Midwife and Community Medicine Assistant in place and villagers attending health promotion sessions and various other health awareness clinics. The Health Post is fully embedded in the villagers life and has been home to several successful births.

During 2022 our programme moved from Yamphudin to Lelep in the Phaktanglung Rural Municipality of Taplejung. The Health Post in Lelep is known as the Lungthung Health Post.

Community Health Awareness Project

From the start of the year initial meetings were held by AF Nepal with community stakeholders in Lelep and a selection of topics made for community health awareness sessions under our Community Health Awareness Project (CHAP).

The main aim of CHAP is to raise health awareness in the community, especially in women and children. Initial meetings with different community stakeholders were held to understand (i) Existing health problems and major causes of morbidity and mortality in the community and (ii) Priority topics on which community awareness is required.

119 community stakeholders attended the meeting of which 29 were male and a list was drawn up of priority Health Awareness sessions. This list included pregnancy and post-natal care, danger signs, care of the newborn, nutrition, hygiene, hypertension, diabetes, effects of smoking and alcohol, sexually transmitted diseases and snakebite.





**126 sessions
benefitting
1,456 people**

Training was then provided to 13 Female Community Health Volunteers (FCHV) and 3 health workers with the objective of them cascading their knowledge through the community under the supportive supervision of our field officer, based in Tapplejung.

A number of males attended the sessions which is particularly important in a male dominant society where historically the male heads of household made most of the decisions. A total of 126 community awareness sessions took place attended by 1,456 people (293 males and 1,163 females).

Lelep School Health Programme

School Health awareness sessions have been conducted in a number of Basic schools (equivalent to primary schools) on personal hygiene, sanitation, hand washing and oral hygiene.

For the higher grade students sessions have been provided on menstrual hygiene and changes during adolescence. A total of 23 sessions have been carried out in schools with 326 students attending.



Lelep Health Service Improvements

Shortly after we started our programme in Lelep, AF Nepal carried out an assessment of Lungthung Health Post. They found that training was required by the management team as well as on clinical subjects for the Health Post staff.

During the year the Health Facility Operation and Management Committee (HFOMC) received Capacity-strengthening training and, on a repeat assessment in November, scores for Governance and Management had improved.

Training on Contraceptive Implants was also supplied to one of the health staff, which will give women options on contraceptive methods.

Programme Sustainability

The FCHV's report back to the health post on a monthly basis and their data is recorded by the health workers. This is a task of the FCHV as laid down by the Nepal government's protocol and we are building CHAP on that basis to maximise sustainability.

The activities conducted in Lelep are in line with the Nepal Government's programme which we are supporting and conducting effectively in the remote, mountainous communities. This has been done to ensure that the project activities are sustained once the project is phased out, like we did in Yamphudin.

Scholarships



Meet a scholarship recipient who is now working in the remote Olangchungola Health Post. She travelled for two days to meet some of our Trustees on a recent field trip and thanked us for the support we gave to her.

It is always rewarding to meet these young people, who genuinely appreciate the opportunities they have been given, but it is doubly rewarding when they come back to work in a health post or school that is part of our wider programme.

Governance

Himalayan Trust UK is governed through the Restated and Amended Trust Deed relating to the Himalayan Trust UK, dated 19 April 2006.

Our partners on the ground

An ongoing and important aspect of our work around Governance is ensuring that our local partner NGOs, REED Nepal and Action For Nepal, both based in Kathmandu, are discharging their responsibilities effectively and in accordance with best practices consistent with our, and your, expectations. To this end we instigate regular, usually quarterly, zoom or phone calls with their leadership teams to assess progress to plan and obtain updates on capital expenditure versus planned budget as well as receive reports on any concerns or incidents. Should these occur, there would be a documented escalation process resulting in further investigation by the Chair and the Trustee responsible for Governance. In November, post re-opening of Nepal after COVID, we were pleased to be able to reconnect in person with our NGO partners. A significant part of these meetings focused on strategy, policies and procedures and reporting.

Both NGO's regularly coordinate with the district and community stakeholders of Taplejung, giving us the information we need to help decide how best to make an impact to the lives of the communities we support. They both now have a Field Officer post in place in Taplejung with the aim to help collect data, provide supportive supervision of our programmes and regularly report back with invaluable local knowledge from the field to our NGO's and in turn to our Trustees in the UK.

FINANCIAL REVIEW AND ACCOUNTS

The Trustees of Himalayan Trust UK (Charity Reg No 1000153) present their annual report and accounts for the year ended 31 December 2022 and confirm they comply with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Commission.

In the financial year to 31 December 2022, the Trust recorded total receipts of £123k (2021: £172k), and total payments of £167k (2020: £195k). The Trust closed the year with £253k of funds (£300k as at 31 December 2021).

We are grateful to all of our donors who have continued to provide a source of funds for our important ongoing work, including notable donations in 2022 from the **Beatrice Laing Trust, the Blueberry Hill Charitable Trust, the 3Ts Charitable Trust, Stuart Bygrave and Keith Pickard**.

When required, the Trust also receives restricted funds which specifically cover the costs of hosted events and any trustee expenses. Donors can therefore be assured that other than some minor and unavoidable governance and administration costs, their donations go directly to helping the mountain people of Nepal.

Sadly, the COVID-19 pandemic meant we were unable to go ahead with a planned dinner to celebrate Sir Edmund Hillary's 100th birthday, for which we collected donations of £22k during 2020. We offered donors the option of a refund and £16k was refunded during 2021. We are delighted that during 2023, we will be hosting a number of events to celebrate the 70th anniversary of the first ascent of Everest and expect these to provide a significant uplift to our reserves position. Whilst our Trust Deed does not specify a specific policy on reserves, the Trustees seek to ensure that the level of reserves held is always sufficient to cover at least two year's worth of future committed grants. Having considered our financial position, we remain confident of our ability to deliver on our commitments.

Trustees

As at the date of approval of this report, the Trustees were as follows:

Sir Graham Wrigley KCMG (Chairman)
John Walton (Deputy Chairman, Education Programme)
Angus Macdonald (Governance)
Deborah Eklund (Health Programme)
Kate Keohane (Health Programme)
Kate Wolstenholme (Treasurer)
Rebecca Stephens

Robert Ross (Fundraising, appointed 21 March 2022)
Rupert Band (retired 7 December 2022)
Sabian Phippen (Fundraising)
Sasja McCann (Hon. Secretary and Marketing)
Sue Leyden
Timothy Keyes (Education)

Sir Chris Bonington CBE is President of the Himalayan Trust UK, and Mary Lowe is Honorary 1953 Patron.

The address of the principal office of the charity is 62 Riversdale Road, London N52JZ.

Independent Examiner's Statement

The Independent Examiner's Report on the 2022 accounts is filed with the Charity Commission and is unqualified.

Receipts and Payments

To the nearest £		Unrestricted funds	Restricted funds	Total funds	
				Year ended 31 Dec 2022	Year ended 31 Dec 2021
Receipts					
Donations		100,054	22,733	122,787	154,910
Legacies		-	-	-	16,647
Subtotal		100,054	22,733	122,787	171,557
Payments					
Rani School rebuild		5,200	-	5,200	50,500
Lelep Girls Hostel		-	20,000	20,000	-
Himalayan Trust Nepal		-	-	-	5,025
Education grants		76,600	-	76,600	69,162
Health grants		29,050	-	29,050	43,330
Water supply grant		10,800	-	10,800	-
Scholarships		6,386	-	6,386	7,783
Donation to visitor centres		9,990	-	9,990	-
Refund of Fundraising Events income		-	-	-	15,600
Administration expenses		6,473	2,733	9,206	3,186
Subtotal		144,499	22,733	167,232	194,586
Excess (deficit) of receipts over payments for the year		(44,445)	-	(44,445)	(23,029)
Increase/(decrease) in value of investments		(2,764)	-	(2,764)	12,126
Increase/(decrease) in funds for the year		(47,209)	-	(47,209)	(10,903)
Funds at 1 January		299,862	-	299,862	310,765
Funds at 31 December		252,653	-	252,653	299,862

Statement of assets and liabilities at the end of the period

To the nearest £		Unrestricted funds	Restricted funds	Total funds	
				Year ended 31 Dec 2022	Year ended 31 Dec 2021
Cash funds	Cash at bank	87,765	-	87,765	132,210
	Total cash funds	87,765	-	87,765	132,210
Investment assets (at fair value)	Cash	42,291	-	42,291	41,451
	Unit Trusts	46,266	-	46,266	47,673
	Equities	76,331	-	76,331	78,528
	Total Investment assets	164,888	-	164,888	167,652
Total assets		252,653	-	252,653	299,862

Basis of preparation: The Trust prepares receipts and payments accounts on a cash basis, except that investment assets are held at fair value. Dividends received during the year are reinvested in the investment portfolio and included within 'increase/(decrease) in value of investments'. Short term cash held as part of the investment portfolio is also shown within investment assets.

The restricted funds related to £20,000 from the Beatrice Laing Trust to rebuild and equip the hostel kitchen at Lelep School, and £2,733 from Blueberry Hill Charitable Trust to cover trustee travel expenses. Restricted funds in the prior year related to £50,000 from Blueberry Hill Charitable Trust for the rebuild of Rani school in Phaktanglung, Taplejung.



Kate Wolstenholme, Treasurer
2 May 2023



**Himalayan
Trust UK**

www.himalayantrust.co.uk



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Himalayan Trust UK

On accounts for the year
ended

31 December 2022

Charity no
(if any)

1000153

Set out on pages

Attached

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Charles Mirrington

Date:

2 May 2023

Name:

Charles Mirrington

Relevant professional
qualification(s) or body
(if any):

Chartered Accountant, Institute of Chartered Accountants in England and Wales

Address:

16 West Way, Petts Wood, Kent, BR5 1LW

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

THE HIMALAYAN TRUST UK

England & Wales - Charity number 1000153

Accounts



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Himalayan Trust UK

**On accounts for the year
ended**

31 December 2021

**Charity no
(if any)**

1000153

Set out on pages

Attached

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 11 October 2022

Name: Charles Mirrington

**Relevant professional
qualification(s) or body
(if any):**

Chartered Accountant, Institute of Chartered Accountants in England and Wales

Address:

16 West Way, Petts Wood, Kent, BR5 1LW

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Report of the trustees for the year ended 31 December 2021

The Trustees of The Himalayan Trust UK (Charity Reg No 1000153) present their annual report and accounts for the year ended 31 December 2021 and confirm they comply with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Commission.

The address of the principal office of the charity is 62 Riversdale Road, London N52JZ.

Trustees

As at the date of approval of this report (except as noted), the Trustees were as follows:

Graham Wrigley (Chairman)
John Walton
Angus Macdonald
Deborah Eklund
Kate Keohane
Kate Wolstenholme
Michelle Hancock (resigned 20 June 2021)
Rebecca Stephens
Robert Ross (appointed 21 March 2022)
Rupert Band
Sabian Phippen
Sasja McCann
Sue Leyden
Timothy Keyes

Sir Chris Bonington CBE is President of the Himalayan Trust UK, and Mary Lowe is Honorary 1953 Patron.

Governance

The Trust is governed through the Restated and Amended Trust Deed relating to the Himalayan Trust UK, dated 19 April 2006.

SUPPORTING THE MOUNTAIN PEOPLE OF NEPAL

President: Sir Christian Bonington CBE | **Chairman:** Graham Wrigley | **Deputy Chairman:** John Walton | **Honorary 1953 Patron:** Mary Lowe

E: enquiries@himalayantrust.co.uk | www.himalayantrust.co.uk

Charity No. 1000153



Objectives and activities

The Himalayan Trust UK has been working since 1989 to help the mountain people of Nepal. We strive to improve health and education in the mountainous regions of Northeastern Nepal, particularly in the Taplejung region.

We hold to the guiding principles laid down by Sir Edmund Hillary when he founded the first Himalayan Trust in 1960:

- To focus on basic infrastructure – education, health, environment
- To do only that which is requested by the mountain people
- To involve the mountain people themselves in the work – “self-help”
- To minimise all unnecessary cost and to facilitate direct transfer of funds
- To look for long term sustainability and independence for the mountain people.

Financial review

In the financial year to 31 December 2021, the Trust recorded total receipts of £172k (2020: £211k), and total payments of £195k (2020: £176k). The Trust closed the year with £300k of funds (£311k as at 31 December 2020).

The Covid-19 pandemic continued to impact our work in Nepal as set out in the Education and Health sections below. Despite difficulties in travelling to Nepal during 2021, the trustees carried out regular updates by video conference to review performance and check the governance of our local partners, with travel to Nepal having resumed in 2022. Sadly, the pandemic meant we were unable to go ahead with a planned dinner to celebrate Sir Edmund Hillary’s 100th birthday, for which we collected donations of £22k during 2020. We are organising a replacement event to commemorate the 70th anniversary of the Everest ascent in 2023, but meanwhile we offered donors the option of a refund and £16k was refunded during 2021.

We are grateful to all of our donors who have continued to provide a source of funds for our important ongoing work, including notable donations from Ronan Murphy, Bain & Company, Baillie Gifford, Rupert Band, The 3Ts Charitable Trust, Kenneth Stacey and the Beatrice Laing Trust. During 2021 we also received £50,000 from Blueberry Hill Charitable Trust for the rebuild of Rani school in Phaktanglung, Taplejung which was severely impacted by a landslide in 2020. This has been presented within restricted funds.



When required, the Trust also receives restricted funds which specifically cover the costs of hosted events and any trustee expenses (although no such costs were incurred during 2021 or 2020 due to ongoing restrictions from the Covid-19 pandemic). Donors can therefore be assured that other than some minor and unavoidable administration costs (under 2% of funds raised), their donations go directly to helping the mountain people of Nepal.

Whilst our Trust Deed does not specify a specific policy on reserves, the Trustees seek to ensure that the level of reserves held is always sufficient to cover at least one year's worth of future grants. Having considered our financial position, we remain confident of our ability to deliver on our commitments.

Operational review

Education:

Although the last two years with Covid-19 have added challenges to the delivery of our teacher training programme, we have managed to achieve a great deal in supporting 35 schools:

- We maintained the teacher training programme and ensured that teachers were ready as soon as schools reopened after lengthy closures.
- We maintained a learning programme for children through lockdowns with regularly transmitted radio programmes, having ensured that every child had access to a radio and home working books.
- We mobilised the teachers and the REED staff to visit children in their homes to give them additional support.
- We installed supplies of washing and hygiene products in every school so that children can maintain a good level of personal hygiene in a post Covid-19 world.
- Every child now has a lunch box so they can have nutritious food in the middle of the day, having a dramatic effect on learning outcomes.
- Following the destruction of Rani School, we rebuilt the school and ensured that it is protected from further landslides.
- We built a four-classroom block at Tapethok School enabling them to embark upon the MGML (Multi Grade Multi Level) style of teaching.
- We refurbished the girls' hostel at Lelep School, providing them with clean and secure accommodation, a fresh water supply, and a toilet and shower block with a solar heated water supply.



We have also embarked upon several initiatives in addition to the on-going teacher training programme:

- We have plans to build a new kitchen and dining facility at the Lelep girls' hostel.
- We are seeking to ensure that bright children have access to further education through a robust scholarship programme, and that all children, as they approach school leaving age, have access to a vocational course that will lead to earning opportunities within the local community.
- There are seven schools within our project area that do not have access to fresh water. This is a priority.
- We plan to create reading camps, giving children the opportunity to explore books, develop their reading skills, and enhance their learning potential.

Health:

During 2021, the pandemic continued to severely impact on our work until August. Following four years of health implementation in Yamphudin Ward, by the end of the year we succeeded in achieving all planned core work and handed responsibility over to the local community (see below).

Outside of our core health programme, we sent further PPE to all eight of our target health posts for Covid, and an oxygen concentrator and other supplies to the Rural Municipality Isolation Centre. We also installed a baby warmer in Lelep Health Post and trained staff to use it.

The central aim of our health programme is to work sustainably in close partnership with local people, to increase their capacity for the future. We base much of our work on existing local policy, with a view to villagers being empowered to continue it themselves.

This year, we supported the establishment of a local remote office for Action For Nepal (our implementing partner based in Kathmandu) and appointed a Field Officer. This succeeded in bringing the team closer to the villages.

Our focus in 2021 was the Community Health Awareness Project (CHAP). With the aims of better health knowledge and better use of the recently improved health services, Female Community Health Volunteers (FCHVs) were trained and supported to run awareness sessions in the mothers' group meetings in toles (grassroot areas of the Ward). Similarly, health post staff were trained to teach health in local schools. In total, 422 villagers and 237 schoolchildren participated; those attending were shown to have improved knowledge of antenatal care, delivery, postnatal care and looking after a newborn. School children became more aware of personal cleanliness, changes during adolescence and menstrual hygiene. Attendances at the health post had been rising throughout our work in Yamphudin, but villagers were asked not to attend



unless essential through the pandemic. However, the clear impression is that services are being used more appropriately and that CHAP has contributed to this.

In addition, we met with the management team of the Community Fund for Maternity Emergencies and supported developments to extend the help for mothers and families. We ran training for the Health Post Operation and Management Committee, and an Auxiliary Nurse Midwife from Yamphudin completed Skilled Birth Attendant training in Kathmandu, raising the quality of work and safety at the Birthing Centre. We supported health post staff to regularly collect the Health Management Information System activity data, to monitor the health post work and raise any concerns early. Governance at the health post was tightened by introducing a Special Incident Form and a system to discuss findings if necessary. The ongoing Standard Operating Procedures (SOPs) for Infection Control were reinforced, creating a safer environment for patients and staff.

In December 2021, the Yamphudin Health Project was officially handed over to the local community. The Ward Chair sincerely thanked the Himalayan Trust UK, Action For Nepal and our sponsors. The community pledged to look after the new health post building, work to maintain standards at the health post and to continue the community work, including CHAP. The FCHV who chairs the Community Fund noted the complete change in maternity knowledge and behaviour that our project has achieved. Now that women are better educated on health and there is a well-equipped Birthing Centre with well-trained staff, women are attending antenatal care and planning to deliver there. We look forward to continuing informal links with these villagers whom we have got to know so well and supporting them as appropriate, while we move to Lelep next year.

Throughout 2021, we have consciously worked to have no negative impact on the physical environment.



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Himalayan Trust UK	1000153
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CC16a

Receipts and payments accounts

For the period from	01-Jan-21	To	31-Dec-21
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Section A Receipts and payments

To the nearest £	Unrestricted funds	Restricted funds	Total funds	Last year
			Year ended 31 Dec 2021	Year ended 31 Dec 2020
Receipts				
Donations	104,910	50,000	154,910	148,076
Fund Raising Events income	-	-	-	21,850
Tax Recovery	-	-	-	4,272
Legacies	16,647	-	16,647	37,193
	-	-	-	-
Sub total	121,557	50,000	171,557	211,391
Payments				
Laxmi School Mamankhe	-	-	-	15,325
Rani School rebuild	500	50,000	50,500	-
Saraswati School Tapethok	-	-	-	30,000
Himalayan Trust Nepal	5,025	-	5,025	5,000
Education grants	69,162	-	69,162	94,179
Health grants	43,330	-	43,330	22,387
Scholarships	7,783	-	7,783	7,000
Refund of Fund Raising Events income	15,600	-	15,600	-
Administration expenses	3,186	-	3,186	2,367
Sub total	144,586	50,000	194,586	176,258
Excess/(deficit) of receipts over payments for the year	- 23,029	-	- 23,029	35,133
Increase/(decrease) in value of investments	12,126	-	12,126	5,051
Increase/(decrease) in funds for the year	- 10,903	-	- 10,903	40,184
Funds at 1 January	310,765	-	310,765	270,582
Funds at 31 December	299,862	-	299,862	310,765

Section B Statement of assets and liabilities at the end of the period

To the nearest £		Unrestricted funds	Restricted funds	Total (31 Dec 2021)	Total (31 Dec 2020)
Cash funds	Cash at bank	132,210	-	132,210	155,239
	Total cash funds	132,210	-	132,210	155,239
Investment assets (at fair value)	Cash	41,451	-	41,451	40,748
	Unit Trusts	47,673	-	47,673	43,634
	Equities	78,528	-	78,528	71,144
	Total investment assets	167,652	-	167,652	155,526
Total Assets		299,862	-	299,862	310,765

Basis of preparation

The Trust prepares receipts and payments accounts on a cash basis, except that investment assets are held at fair value. Dividends received during the year are reinvested in the investment portfolio and included within 'increase/(decrease) in value of investments'. Short term cash held as part of the investment portfolio is also shown within investment assets.

The restricted funds related to £50,000 from Blueberry Hill Charitable Trust for the rebuild of Rani school in Phaktanglung, Taplejung. Restricted funds in the prior year related to the Paul Samuel memorial fund which was used to fund the rebuild of the Laxmi Secondary School in Mamankhe, and to donations from the Beatrice Laing Trust and Kirby Laing Foundation for the construction of a classroom block at Saraswati Lower Secondary School in Tapethok.

Signature

Print Name

Kate Wolstenholme

Date of approval

11 October 2022

Accounts



Report of the trustees for the year ended 31 December 2020

The Trustees of The Himalayan Trust UK (Charity Reg No 1000153) present their annual report and accounts for the year ended 31 December 2020 and confirm they comply with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Commission.

The address of the principal office of the charity is 62 Riversdale Road, London N52JZ.

Trustees

As at the date of approval of this report (except as noted), the Trustees were as follows:

Graham Wrigley (Chairman)
John Walton
Angus Macdonald
Deborah Eklund
Kate Keohane
Kate Wolstenholme
Michelle Hancock (resigned 20 June 2021)
Rebecca Stephens
Rupert Band
Sabian Phippen
Sasja McCann
Sue Leyden
Timothy Keyes

Sir Chris Bonington CBE is President of the Himalayan Trust UK, and Mary Lowe is Honorary 1953 Patron.

Governance

The Trust is governed through the Restated and Amended Trust Deed relating to the Himalayan Trust UK, dated 19 April 2006.

SUPPORTING THE MOUNTAIN PEOPLE OF NEPAL

President: Sir Christian Bonington CBE | **Chairman:** Graham Wrigley | **Deputy Chairman:** John Walton | **Honorary 1953 Patron:** Mary Lowe

E: enquiries@himalayantrust.co.uk | **www:** www.himalayantrust.co.uk

Charity No. 1000153



Objectives and activities

The Himalayan Trust UK has been working since 1989 to help the mountain people of Nepal. We strive to improve health and education in the mountainous regions of Northeastern Nepal, particularly in the Taplejung region.

We hold to the guiding principles laid down by Sir Edmund Hillary when he founded the first Himalayan Trust in 1960:

- To focus on basic infrastructure – education, health, environment
- To do only that which is requested by the mountain people
- To involve the mountain people themselves in the work – “self-help”
- To minimise all unnecessary cost and to facilitate direct transfer of funds
- To look for long term sustainability and independence for the mountain people.

Financial review

In the financial year to 31 December 2020, the Trust recorded total receipts of £211k (2019: £147k), and total payments of £176k (2019: £197k). The Trust closed the year with £311k of funds (£271k as at 31 December 2019).

Whilst our Trust Deed does not specify a specific policy on reserves, the Trustees seek to ensure that the level of reserves held is always sufficient to cover at least one year's worth of future grants.

In 2018, we established a fund in memory of Paul Samuel, to enable the rebuild of Laxmi Secondary School in Mamankhe, a remote mountainous village in Northeastern Nepal. We are delighted that during 2020 we completed the rebuild in Paul's memory; any further funds raised are available for the ongoing health and education programmes of the Trust, including the continuing education programme in Mamankhe.

During 2020 we were grateful to receive £15,000 each from the Beatrice Laing Trust and Kirby Laing Foundation towards the construction of a new four classroom block at Saraswati Lower Secondary School in Tapethok, which has been presented within restricted funds. We are also grateful that the Beatrice Laing Trust continues to contribute on an annual basis to the running costs of the Yamphudin Health post.

Each year the Trust also receives restricted funds which specifically cover the costs of our annual Royal Geographic Society lecture, and any trustee expenses, although due



to the Covid-19 pandemic no such costs were incurred during 2020 (2019: £5k). Donors from the general public therefore know that, other than some minor and unavoidable administration costs (under 2% of funds raised), their incremental donations go directly to helping the mountain people of Nepal.

Operational review

Education:

2020 and the Covid-19 pandemic brought about significant disruption to our core programme. With schools closed and restrictions on movement imposed it became very difficult to function normally. An additional difficulty was the fact that a number of the Taplejung team contracted Covid-19, resulting in a depleted team in the field for a period of time.

There were two areas of focus throughout the pandemic:

1. To maintain some form of educational programme for children

The team were focused on producing home working books for every child at every level, to be distributed by the REED (Rural Education and Environment Development Centre) team and teachers to every household. This distribution programme enabled teachers and the REED team to discuss the importance of educational continuity with parents, to ensure that their children were given the time and the space to concentrate on schoolwork.

In addition, the REED team produced a whole series of radio programmes to be broadcast on local radio, with many repeat broadcasts, covering particular areas of the curriculum at all levels. Times of broadcast were publicised and where children did not have access to a radio, they were advised to link up safely with another child that did have access. Where necessary, REED purchased radios to be distributed to households so that all children were able to access the programmes.

When possible, teachers would visit communities distributing reading books and holding outdoor reading sessions for groups of children.

2. To ensure that when schools were open, they were adequately hygiene prepared.

During the first lockdown, all schools were provided with multiple washing kits, posters and information boards relating to personal hygiene.



When schools reopened after the first lockdown teachers spent a lot of time ensuring that the personal hygiene message was not only being learnt by the children but was being sent home to parents.

The second lockdown allowed us, with significant help from the health team, to refine and improve the personal hygiene provision in each school, linking schools to health post teams who would reinforce the message both at school and in the home. These measures are now in place and ready for schools returning.

We have had a number of dynamic projects throughout the year that have been affected to some degree by the pandemic.

The project to build four classrooms at Tapethok School has made good progress but the final touches have been delayed by Covid-19, brought about by restrictions in movement and the transport of materials. The work was suspended by the Rural Municipality to safeguard the workforce and community.

The refurbishment of the girls' hostel and the construction of a toilet and shower block at Lelep is 90% complete. As soon as movement restrictions are lifted, the work will be completed.

Despite all the difficulties faced during the year, the REED team have been entirely focused on ensuring that every child has access to education. They have worked tirelessly and have motivated head teachers, teachers and School Management Committees (SMCs) to support children and families in the community, and to ensure that when schools are able to open, they will be ready.

Health:

During 2020, the Covid-19 pandemic meant that we limited our core health programme in Yamphudin and postponed the roll-out of activities for Lelep. However, we designed and implemented a comprehensive Covid response for the Yamphudin Health Post and community, and for other health posts covering a wider area.

Under our core programme in Yamphudin, we completed the Standard Operating Procedures (SOPs) on Infectious Diseases for the Health Post and Birthing Centre, delivered guidelines on this topic with PPE (see below) and trained the staff remotely when mobile signals allowed. We sent medical drugs and supplies to the health post. Monitoring and evaluation of the health post work continued, with regular data reports. Also, we maintained the community fund for maternity emergencies and referrals.



Through our Covid response, we provided emergency PPE, cleaning materials and stretchers by jeep and porters, to six health posts in two Rural Municipalities. With these deliveries, we sent a staff manual on how to use PPE and Covid care. As for the SOPs, we trained staff remotely on Covid when we were able. In Yamphudin, we set up an advice system linking villagers and health workers by mobile phones and facilitated referrals to the District Hospital.

Given Covid, we were unable this year to implement in Yamphudin our Community Health Awareness Project (CHAP), that will compliment and support the progress made at the health post. In 2021, we look forward to at least starting CHAP and assessing the feasibility of rolling out activities to Lelep the following year. Going forward, we will keep a strong focus on protecting and improving achievements in Yamphudin, both in the community and at its health post.

Covid-19

The global Covid-19 pandemic has continued to impact our work in Nepal as set out in the Education and Health sections above. Despite difficulties in travelling to Nepal, the trustees have carried out regular updates by video conference.

Sadly, the pandemic meant we were unable to go ahead with a planned dinner to celebrate Sir Edmund Hillary's 100th birthday, for which we collected donations of £22k during 2020. We are organising a replacement event to commemorate the 70th anniversary of the Everest ascent in 2023, but meanwhile we offered donors the option of a refund and £16k has been refunded to date during 2021.

Whilst we are cognisant of the changed funding environment, we are grateful to our donors who have continued to provide a source of funds for our important ongoing work. Having considered our financial position, we remain confident of our ability to deliver on our commitments.



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Himalayan Trust UK

1000153

Receipts and payments accounts

For the period
from

01-Jan-20

To

31-Dec-20

CC16a

Section A Receipts and payments

To the nearest £

	Unrestricted funds	Restricted funds	Total funds Year ended 31 Dec 2020	Last year Year ended 31 Dec 2019
Receipts				
Donations	118,076	30,000	148,076	122,995
Fund Raising Events income	21,850		21,850	12,384
Tax Recovery	4,272		4,272	5,970
Investment Income			-	-
Legacies	37,193		37,193	5,403
			-	-
			-	-
			-	-
Sub total	181,391	30,000	211,391	146,752
Payments				
Laxmi School Mamankhe	4,605	10,720	15,325	88,800
Saraswati School Tapethok		30,000	30,000	-
Himalayan Trust Nepal	5,000		5,000	-
Education grants	94,179		94,179	92,200
Health grants	22,387		22,387	6,400
Scholarships	7,000		7,000	2,000
Fundraising Events Costs			-	4,651
Administration expenses	2,367		2,367	2,537
Sub total	135,538	40,720	176,258	196,588
Excess/(deficit) of receipts over payments for the year	45,853	- 10,720	35,133	- 49,836
Increase/(decrease) in value of investments	5,051	-	5,051	18,157
Increase/(decrease) in funds for the year	50,904	- 10,720	40,184	31,679
Funds at 1 January	259,862	10,720	270,582	302,261
Funds at 31 December	310,765	0	310,765	270,582

Section B Statement of assets and liabilities at the end of the period

To the nearest £

	Unrestricted funds	Restricted funds	Total (31 Dec 2020)	Total (31 Dec 2019)
Cash funds				
Cash at bank	155,239	0	155,239	120,107
Total cash funds	155,239	0	155,239	120,107
Investment assets (at fair value)				
Cash	40,748	-	40,748	40,154
Unit Trusts	43,634	-	43,634	44,465
Equities	71,144	-	71,144	65,856
		-		
Total investment assets	155,526	-	155,526	150,475
Total Assets	310,765	0	310,765	270,582

check

Basis of preparation

The Trust prepares receipts and payments accounts on a cash basis, except that investment assets are held at fair value. Dividends received during the year are reinvested in the investment portfolio and included within 'increase/(decrease) in value of investments'. Short term cash held as part of the investment portfolio is also shown within investment assets.

The restricted funds related to the Paul Samuel memorial fund which was used to fund the rebuild of the Laxmi Secondary School in Mamankhe, and to donations from the Beatrice Laing Trust and Kirby Laing Foundation for the construction of a classroom block at Saraswati Lower Secondary School in Tapethok.

Signature

Print Name

Kate Wolstenholme

Date of
approval

27 October 2021



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Himalayan Trust UK

**On accounts for the year
ended**

31 December 2020

**Charity no
(if any)**

1000153

Set out on pages

Attached

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD MM YYYY.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Charles Mirrington

Date: 27 October 2021

Name: Charles Mirrington

**Relevant professional
qualification(s) or body
(if any):**

Chartered Accountant, Institute of Chartered Accountants in England and Wales

Address: 16 West Way, Petts Wood, Kent, BR5 1LW

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.